Apollo
TOUCHING LIVES

Apollo Clinic VASHI

MEDICAL SUMMARY

NAME:	Mr. Anand Tochan	UHID:	
AGE:	40	DATE OF HEALTHCHECK:	9-12-2023
GENDER:	M		

HEIGHT:	169	MARITAL STATUS:	M
WEIGHT:	85.9	NO OF CHILDREN:	2
BMI:	30.1		

C/O: Headache – 10 days, Itching around neck

K/C/O:

PRESENT MEDICATION: — No.

P/M/H: — No

P/S/H: — No

ALLERGY: — No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

ALCOHOL: — Social –

TOBACCO/PAN:

FAMILY HISTORY FATHER: — NAD

MOTHER: — NAD

O/E:

LYMPHADENOPATHY: —

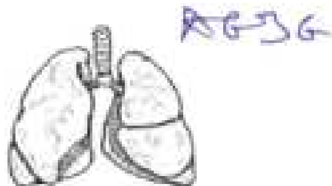
BP: 110/70 PULSE: — 76/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: ++

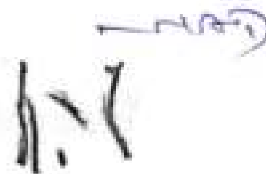
TEMPERATURE: SCARS:

OEDEMA: — No

S/E:
RS: AEBE



P/A: — NAD



CVS: S1S2 +

Extremities & Spine: — NAD

ENT: — NAD

CNS: Conscious, oriented

Skin: — NAD Scalp – Fungal infn

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Vashi : M/S. Indira Health & Lifestyle Pvt. Ltd. The Emerald, 1st Floor, Plot No. 195, Sector - 12, Besides Neel Siddhi Tower, Vashi - Navi Mumbai - 400703.
Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

Name: Anand Trehan	Age: 40	Date of Health check-up: 9/12/2023

Findings and Recommendation:

Findings:-

Dyslipidemia Total Cholesterol 208mg/dl

X-ray Chest Cardiomegaly

ECG LAD

USG gr I Fatty liver

Recommendation:-

Low fat diet

Consult Cardiologist for further evaluation

PPDani

Signature:

DR. PRADNYA P. DANI (M.B.B.S) Reg. No. 87541

Consultant –

Apollo

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OPHTHALMIC EVALUATION

UHID No.: ____________ Date : 9/12/23

Name : Mr. Anand Kumar Trehan Age : 40 yrs Gender : Male/~~Female~~

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6.

Near : Right Eye ____________ Left Eye ____________

With Correction :

Distance: Right Eye ____________ Left Eye ____________

Near : Right Eye N-6 Left Eye N-6.

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near	+0.50	—	—	—	N-6	+0.50	—	—	—	N6.

Colour Vision : (BE) - WNL

Anterior Segment Examination : (BE). - WNL

Pupils : (BE) - WNL

Fundus : (BE). - WNL

Intraocular Pressure : ____________

Diagnosis : (BE) - WNL

Advice : ____________

Re-Check on ____________ (This Prescription needs verification every year)

Dr. Sagorika Dey

(Consultant Ophthalmologist)

DR. SAGORIKA DEY

MBBS, DOMS

REGN NO: 2008/04/1182

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

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VASHI

DENTAL CHECKUP

Name: Anand Trehan.	MR NO:
Age/Gender : 40 / M	Date: 9/12/23

Medical history: ☐ Diabetes ☐ Hypertension ☐ ______________

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility				
Caries (Cavities)				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces	✓	✓	✓	✓
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVICED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction	✓	✓	✓	✓

Oral Prophylaxis: ☐ Scaling & polishing
Orthodontic Advice for Braces: ☐ Yes /☐ No
Prosthetic Advice to Replace Missing Teeth: ☐ Denture ☐ Bridge ☐ Implant
Oral Habits: ☐ Tobacco ☐ Cigarette ☐ Others since ___ years
☐ Advice to quit any form of tobacco as it can cause cancer.
Other Findings: ______________

Adv OPG.

[signature]

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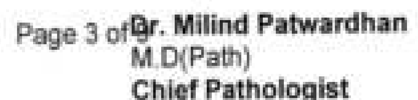
Apollo Clinic VASHI

Name	: Mr. Anand Kumar Trehan	Gender	: Male	Age	: 40 Years
UHID	: FVAH 9694	Bill No	:	Lab No	: V-2155-23
Ref. by	: SELF	Sample Col.Dt	: 09/12/2023 8:30		
Barcode No	: 9278	Reported On	: 09/12/2023 18:05		

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
Haemoglobin(Colorimetric method)	15.4	g/dl	13 - 18
RBC Count (Impedance)	5.22	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	48.3	%	35 - 55
MCV:(Calculated)	92.4	fl	78 - 98
MCH:(Calculated)	29.4	pg	26 - 34
MCHC:(Calculated)	31.8	gm/dl	30 - 36
RDW-CV:	14.5	%	11.5 - 16.5
Total Leucocyte count(Impedance)	7740	/cumm.	4000 - 10500
Neutrophils:	70	%	40 - 75
Lymphocytes:	23	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	3.02	Lakhs/c.mm	1.5 - 4.5
MPV	9.1	fl	6.0 - 11.0
ESR(Westergren Method)	07	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination) RBCs:	Normochromic,Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		



Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name	: Mr. Anand Kumar Trehan	Gender	: Male	Age	: 40 Years
UHID	: FVAH 9694	Bill No	:	Lab No	: V-2155-23
Ref. by	: SELF	Sample Col.Dt	: 09/12/2023 8:30		
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TEST	RESULTS
	Blood Grouping (ABO & Rh)-WB(EDTA) Serum
ABO Group:	**:B:**
Rh Type:	**Positive**
Method :	Matrix gel card method (forward and reverse)
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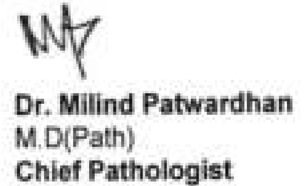

Pooja Surve
Entered By

Ms Kaveri Gaonkar
Verified By

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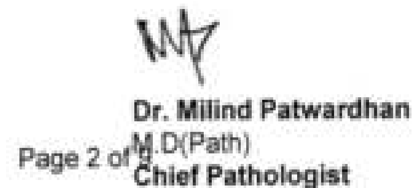
TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	106	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Post Prandial Plasma Glucose :	112	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)

Method : Hexokinase



Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

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M.D(Path)
Chief Pathologist

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Name	: Mr. Anand Kumar Trehan	Gender	: Male	Age	: 40 Years
UHID	: FVAH 9694	Bill No	:	Lab No	: V-2155-23
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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin :	5.6	%	Normal <5.7 % Pre Diabetic 5.7 - 6.5 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %
Mean Blood Glucose :	114.02	mg/dL	

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
* Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

Ms Kaveri Gaonkar **Entered By**	**Ms Kaveri Gaonkar** **Verified By**	**Dr. Milind Patwardhan** M.D(Path) **Chief Pathologist**

End of Report

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LIPID PROFILE - Serum			
S. Cholesterol(Oxidase)	208	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	167	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	33.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	**38.6**	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	136	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	**5.4**		3.5 - 5
Ratio of LDL/HDL	3.5		2.5 - 3.5

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LFT(Liver Function Tests)-Serum

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
S.Total Protein (Biuret method)	7.82	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.49	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.33	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.35		0.9 - 2
S.Total Bilirubin (DPD):	0.61	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.19	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.42	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	21	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	28	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	103	U/L	40 - 129
S.GGT(IFCC Kinetic):	32	U/L	11 - 50

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Ref. by	: SELF	Sample Col.Dt	: 09/12/2023 8:30		
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
	Thyroid (T3,T4,TSH)- Serum		
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.21	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	97.98	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	3.78	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyrodism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY		
S.Urea(Urease Method)	23.0	mg/dl	10.0 - 45.0
BUN (Calculated)	10.73	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	1.00	mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	10.73		9:1 - 23:1
S.Uric Acid(Uricase Method)	5.9	mg/dl	3.4 - 7.0

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URINE REPORT

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
QUANTITY	15	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent
CHEMICAL EXAMINATION(Strip Method)			
REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.005		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent
MICROSCOPIC EXAMINATION			
PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Anand, Trehan
9694

40 Years

Male

09.12.2023 9:03:00
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703

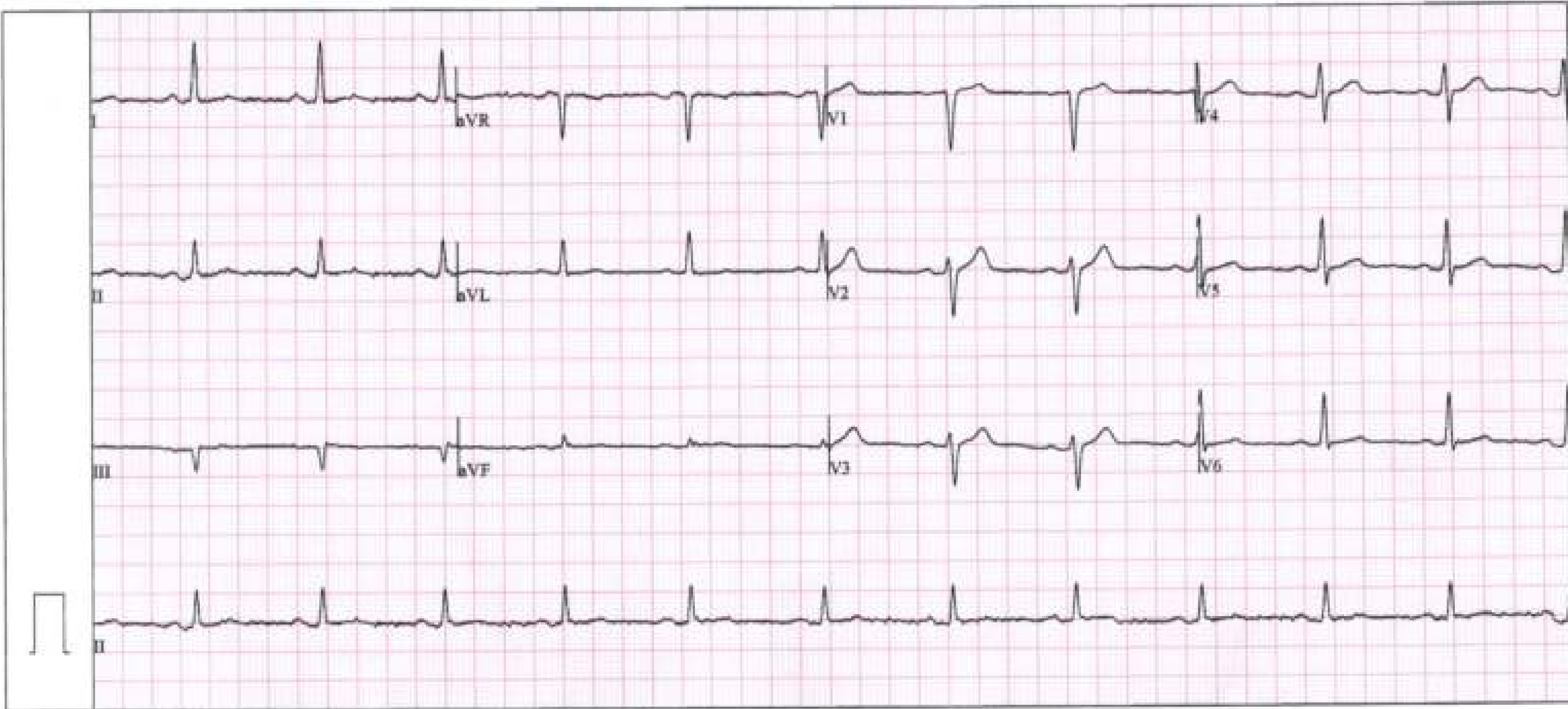
71 bpm
-- / -- mmHg

Weak left Axis Deviation

Dr. Chaitanya K. Kulkarni
Consultant Physician
MBBS, DNB Medicine
Reg. No. - 2014/04/1349

QRS : 84 ms
QT / QTcBaz : 346 / 375 ms
PR : 154 ms
P : 76 ms
RR / PP : 846 / 845 ms
P / QRS / T : 16 / 14 / 38 degrees

Normal sinus rhythm
Normal ECG



GE MAC2000 1.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz

Unconfirmed
4x2.5x3_25_R1

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VASHI

2 D Transthoracic Echocardiography and Colour Doppler

PATIENT'S NAME	ANAND K TREHAN	AGE :- 40 y/M
UHID	9694	DATE :- 09-12-23

ECHO FINDINGS

Normal sized Cardiac Chambers

No Regional Wall Motion Abnormality

LVEF is 60%

Normal Diastolic Function

Normal Valves Morphology and Function

No PAH

IAS & IVS Intact

No Thrombus/ Vegetation/ Pericardial Effusion

Normal IVC size and collapsibility

DR PRASHANT PAWAR

MBBS, DNB (MED), DNB (CARDIOLOGY)

AFESC (EUROPE) , FSCAI (USA)

INTERVENTIONAL CARDIOLOGIST

MEASUREMENTS (mm)

LA	34
AORTA	27
LVID (d)	40
LVID (s)	24
IVS (d)	10
PW (d)	12
LVEF %	60 %

COLOUR DOPPLER

E	0.6
A	0.6
E/A	1.4
AOPG	2.7 mm hg
PVMAX	0.7 m/sec
RA	29 mm
RV	18 mm

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PATIENT'S NAME	ANAND K TREHAN	AGE :- 40Y/M
UHID	9694	9 Dec 2023

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
Cardiomegaly seen.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- **Cardiomegaly seen.**

DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	ANAND K TREHAN	AGE :- 40y/M
UHID NO	9694	9 Dec 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows bright echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 11.4 x 4.0 cm. **LEFT KIDNEY** measures 11.3 x 4.5 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **Grade I fatty liver.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQURE CLINICAL CO-RELATION BEFORE ANY APPLICATION.

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