



BHAILAL AMIN
GENERAL HOSPITAL



CONCLUSION OF HEALTH CHECKUP

ECU Number	: 2703	MR Number	: 23204012	Patient Name	: MEENAKSHI GUPTA
Age	: 30	Sex	: Female	Height	: 150
Weight	: 56	Ideal Weight	: 52	BMI	: 24.89
Date	: 04/04/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



BHAILAL AMIN GENERAL HOSPITAL



ECU Number : 2703 MR Number : 23204012 Patient Name : MEENAKSHI GUPTA
Age : 30 Sex : Female Height : 150
Weight : 56 Ideal Weight : 52 BMI : 24.89
Date : 04/04/2023

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : MOTHER: HYPERTENSION

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 110/70 mm Hg

Pulse : 72/MIN REG

Others : SPO2-98%

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :





BHAILAL AMIN GENERAL HOSPITAL



ECU Number : 2703
Age : 30
Weight : 56
Date : 04/04/2023

MR Number : 23204012
Sex : Female
Ideal Weight : 52

Patient Name : MEENAKSHI GUPTA
Height : 150
BMI : 24.89

Ophthalmic Check Up :	Right	Left
Ext Exam		NIL
Vision Without Glasses	6/6	6/6
Vision With Glasses	N.6	N.6
Final Correction	14.6	14.6
Fundus	NORMAL	
Colour Vision	NORMAL	
Advice	NIL	

Orthopaedic Check Up :

Ortho Consultation
Ortho Advice

ENT Check Up :

Ear
Nose
Throat
Hearing Test
ENT Advice

General Surgery Check Up :

General Surgery
Abdominal Lump
Hernia
External Genitals
PVR
Proctoscopy
Any Other
Surgical Advice



**BHAILAL AMIN
GENERAL HOSPITAL**



ECU Number : 2703

Age : 30

Weight : 56

Date : 04/04/2023

MR Number : 23204012

Sex : Female

Ideal Weight : 52

Patient Name : MEENAKSHI GUPTA

Height : 150

BMI : 24.89

Gynaec Check Up :

OBSTETRIC HISTORY -

MENSTRUAL HISTORY

PRESENT MENSTRUAL CYCLE LMP=1/4/2023

PAST MENSTRUAL CYCLE

CHIEF COMPLAINTS

PA SOFT

PS NAD

PV NAD

BREAST EXAMINATION RIGHT NORMAL, BOIL ON LEFT BREAST

BREAST EXAMINATION LEFT NORMAL, BOIL ON LEFT BREAST

PAPSMEAR NOT TAKEN

BMD

MAMMOGRAPHY

ADVICE FOLLOW UP WITH REPORT

Dietary Assessment

ECU Number : 2703 MR Number : 23204012 Patient Name: MEENAKSHI GUPTA
Age : 30 Sex : Female Height : 150
Weight : 56 Ideal Weight : 52 BMI : 24.89
Date : 04/04/2023

Body Type : Normal / Underweight / Overweight

Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional

Frequency of consuming Sweets : / Day / or occasional

Frequency of consuming outside food : / Day / Week or occasional

Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 servings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Mrs. MEENAKSHI GUPTA
 Gender / Age : Female / 30 Years 4 Months
 MR No / Bill No. : 23204012 / 241000515
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 118850
 Request Date : 04/04/2023 08:03 AM
 Collection Date : 04/04/2023 08:02 AM
 Approval Date : 04/04/2023 03:01 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	12.7	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.94	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	39.0	%	36 - 46
Mean Corpuscular Volume (MCV)	78.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	25.7	pg	27 - 32
MCH Concentration (MCHC)	32.6	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	14.7	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	42.7	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	5.96	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	63	%	40 - 80
Lymphocytes	32	%	20 - 40
Eosinophils	1	%	1 - 6
Monocytes	4	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.72	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.89	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.11	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.20	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.04	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.0	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	148	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	9	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

365 Days / 24 Hours Laboratory Services

Home Collection Facility Available
(Mon To Sat 8:00 am to 5:00 pm)



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GENERAL HOSPITAL

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mrs. MEENAKSHI GUPTA	Type	: OPD
Gender / Age	: Female / 30 Years 4 Months	Request No.	: 118850
MR No / Bill No.	: 23204012 / 241000515	Request Date	: 04/04/2023 08:03 AM
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. MEENAKSHI GUPTA
Gender / Age : Female / 30 Years 4 Months
MR No / Bill No. : 23204012 / 241000515
Consultant : Dr. Manish Mittal
Location : OPD

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Request No. : 118850
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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. MEENAKSHI GUPTA
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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	81	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	90	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

---- End of Report ----

Dr. Sejal Odedra
M.D.Pathology

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.2	%	
estimated Average Glucose (e AG) *	102.54	mg/dL	

*(Method:**By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.*** Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.**Guidelines for Interpretation:**Indicated Glycemic control of previous 2-3 months*

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

--- End of Report ---

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides <i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>	60	mg/dL	1 - 150
			< 150 Normal 150-199 Borderline High 200-499 High > 499 Very High
Total Cholesterol <i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>	174	mg/dL	1 - 200
			<200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High
HDL Cholesterol <i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>	68	mg/dL	40 - 60
			< 40 Low > 60 High
Non HDL Cholesterol (calculated) <i>(Non- HDL Cholesterol)</i>	106	mg/dL	1 - 130
			< 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High
LDL Cholesterol <i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>	95	mg/dL	1 - 100
			< 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High
VLDL Cholesterol (calculated)	12	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.4		2.1 - 3.5
T. Ch./HDL Ch. Ratio	2.56		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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M.D.Pathology



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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.51	mg/dL	0 - 1
Bilirubin - Direct	0.10	mg/dL	0 - 0.3
Bilirubin - Indirect	0.41	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	18	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	24	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	80	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	17	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	7.74	gm/dL	6.4 - 8.2
Albumin	3.61	gm/dL	3.4 - 5
Globulin	4.13	gm/dL	3 - 3.2
A : G Ratio	0.87		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

---- End of Report ----

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M.D.Pathology



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 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 118850
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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	17	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.57	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	2.8	mg/dL	2.2 - 5.8

---- End of Report ----

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.44	ng/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	8.69	mcg/dL	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1 - 2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	1.58	microIU/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

--- End of Report ---

Dr. Sejal Odedra
M.D.Pathology



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 Gender / Age : Female / 30 Years 4 Months
 MR No / Bill No. : 23204012 / 241000515
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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	50	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		



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Dr. Sejal Odedra
M.D.Pathology



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23204012 Report Date : 04/04/2023
Request No. : 190059714 04/04/2023 8.03 AM
Patient Name : Mrs. MEENAKSHI GUPTA
Gender / Age : Female / 30 Years 4 Months

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

X-Ray Chest AP

Both lung fields are clear.
Both costophrenic sinuses appear clear.
Heart size is normal.
Hilar shadows show no obvious abnormality.
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist





DEPARTMENT OF DIAGNOSTIC RADIOLOGY

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23204012 Report Date : 04/04/2023
Request No. : 190059655 04/04/2023 8.03 AM
Patient Name : Mrs. MEENAKSHI GUPTA
Gender / Age : Female / 30 Years 4 Months

USG : Abdomen (Excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 55 mm.
A.P. : 32 mm.

Both ovaries reveal small follicles.

Urinary bladder is well distended and appears normal.
No ascites.

COMMENT:

No obvious abnormality seen.

Kindly correlate clinically

Hasani

Dr.Pruna C Hasani, MD
Consultant Radiologist



• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 • NOT VALID FOR MEDICO-LEGAL PURPOSES
 • CLINICAL CORRELATION RECOMMENDED

Patient No. : 23204012 Report Date : 04/04/2023
Request No. : 190059711 04/04/2023 8.03 AM
Patient Name : Mrs. MEENAKSHI GUPTA
Gender / Age : Female / 30 Years 4 Months


Echo Color Doppler

MITRAL VALVE : NORMAL
AORTIC VALVE : TRILEAFLET, NORMAL
TRICUSPID VALVE : NORMAL, NO TR,
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,
LVEF=60%
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL

COLOUR/DOPPLER : NO LV diastolic dysfunction
FLOW MAPPING : NO MR, TR, NO PAH

FINAL CONCLUSION:

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO LV DIASTOLIC DYSFUNCTION
6. NO MR, TR, NO PULMONARY HYPERTENSION , (IVC COLLAPSING)
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.


Dr. V C CHAUHAN
Consultant Cardiologist

Name: Mrs. meenakshi Gupta
Patient ID: ECU/23204012

04.04.2023 09:15:49
Standard 12-lead

Date of birth: Female
Height: Female
Weight: Undefined
Ethnicity: Unknown
Pacemaker: Unknown

Visit ID
Room
Medication
Order ID
Ord. prov.
Ord. prot.

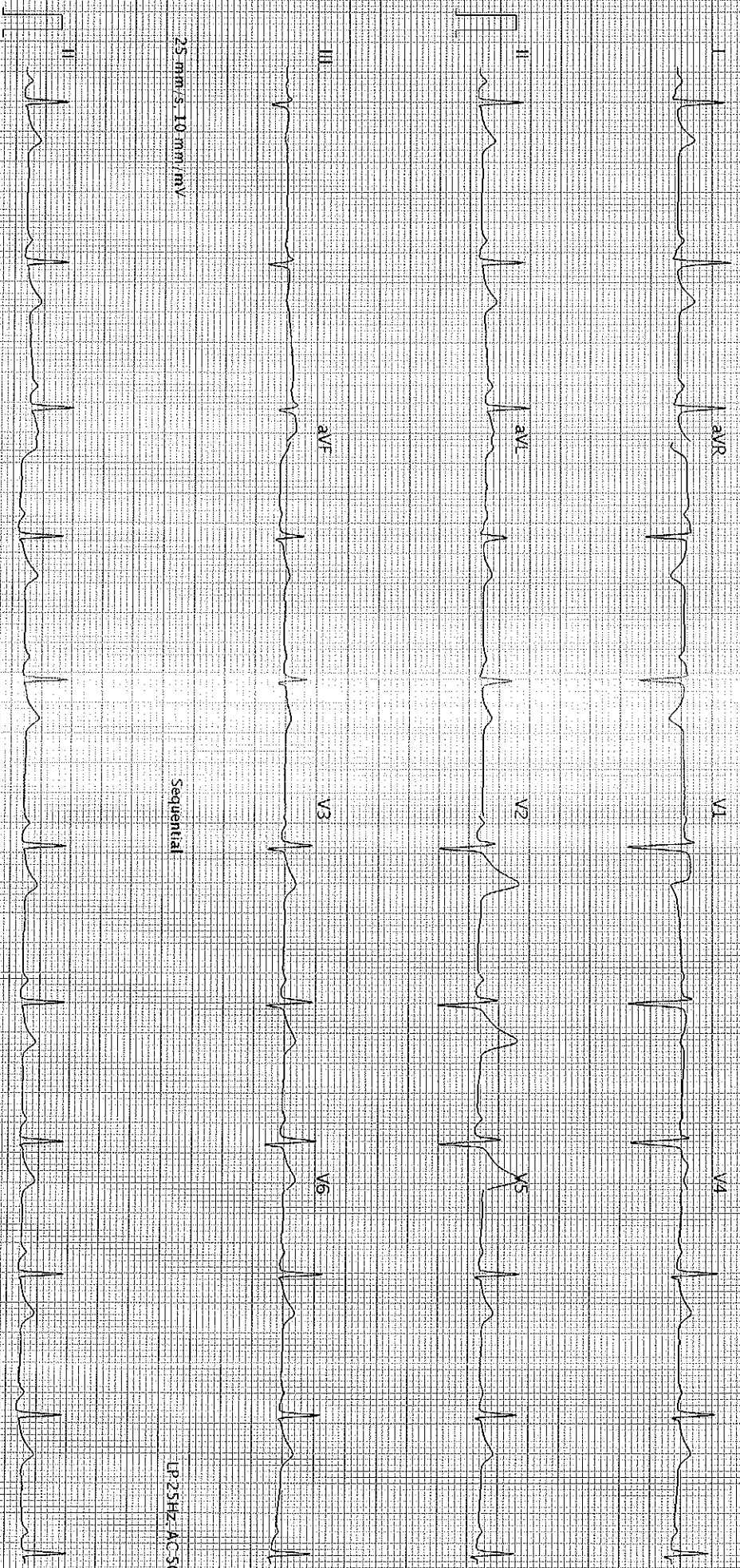
HR 63 bpm
RR 95.5 ms
PR 104 ms
P axis 25°
QRS axis 19°
T axis 21°
QTcB 394 ms

Indication
Remark

Normal

Normal

Sinus rhythm
Normal electrical axis
Normal ECG
Unconfirmed report



25 mm/s, 10 mm/mV

Sequential

LP 25HZ AC 50HZ

25 mm/s, 10 mm/mV

LP 25HZ AC 50HZ

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Page 1 of 1