



**Dr. Saumendu Mohanty**

Reg. No : 15939

Printed on: 24 Dec'2022, 03:34 PM

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**

**PLEASE CONTACT: MOBILE NO 8118052202**

ଜରୁରୀ କାଳୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨) ଯୋଗାଯୋଗ କରନ୍ତୁ



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446 / SANJUKTA PARIDA / 42 Yrs / F / 152 Cms / 85 Kg Date: 24-Dec-2022 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:20	0:20	00.0	00.0	01.0	074	42 %	113/70	083	00	
Standing	00:35	0:15	00.0	00.0	01.0	068	38 %	113/70	076	00	
HV	00:53	0:18	00.0	00.0	01.0	070	39 %	113/70	079	00	
ExStart	01:10	0:17	00.0	00.0	01.0	073	41 %	113/70	082	00	
BRUCE Stage 1	04:10	3:00	01.7	10.0	04.7	140	79 %	115/72	161	00	
BRUCE Stage 2	07:10	3:00	02.5	12.0	07.1	165	93 %	117/74	193	00	
PeakEx	08:11	1:01	03.4	14.0	08.2	169	95 %	117/74	197	00	
Recovery	08:41	0:30	01.1	00.0	04.2	163	92 %	117/74	190	00	
Recovery	09:11	1:00	01.1	00.0	01.2	140	79 %	116/74	162	00	
Recovery	11:11	3:00	00.0	00.0	01.0	100	56 %	114/72	114	00	
Recovery	13:19	5:08	00.0	00.0	01.0	099	56 %	112/70	110	00	

**FINDINGS :**

Exercise Time : 07:01  
 Max HR Attained : 169 bpm 95% of Target 178  
 Max BP Attained : 117/74  
 Max WorkLoad Attained : 8.2 Fair response to induced stress  
 Test End Reasons : Test Complete

**REPORT :**

Dr. M.K. HOITA  
 M.B.S.  
 REGD No. 6913





446 / SANJUKTA PARIDA / 42 Yrs / F / 152 Cms / 85 Kg Date: 24-Dec-2022 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:20	0:20	00.0	00.0	01.0	074	42 %	113/70	083	00	
Standing	00:35	0:15	00.0	00.0	01.0	068	38 %	113/70	076	00	
HV	00:53	0:18	00.0	00.0	01.0	070	39 %	113/70	079	00	
ExStart	01:10	0:17	00.0	00.0	01.0	073	41 %	113/70	082	00	
BRUCE Stage 1	04:10	3:00	01.7	10.0	04.7	140	79 %	115/72	161	00	
BRUCE Stage 2	07:10	3:00	02.5	12.0	07.1	165	93 %	117/74	193	00	
PeakEx	08:11	1:01	03.4	14.0	08.2	169	95 %	117/74	197	00	
Recovery	08:41	0:30	01.1	00.0	04.2	163	92 %	117/74	190	00	
Recovery	09:11	1:00	01.1	00.0	01.2	140	79 %	116/74	162	00	
Recovery	11:11	3:00	00.0	00.0	01.0	100	56 %	114/72	114	00	
Recovery	13:19	5:08	00.0	00.0	01.0	099	56 %	112/70	110	00	

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 Test End Reasons : Test Complete

**REPORT :**

Dr. M.K. HOITA  
 M.B.S.  
 REGD No. 6913



**ZENA HEALTHCARE**

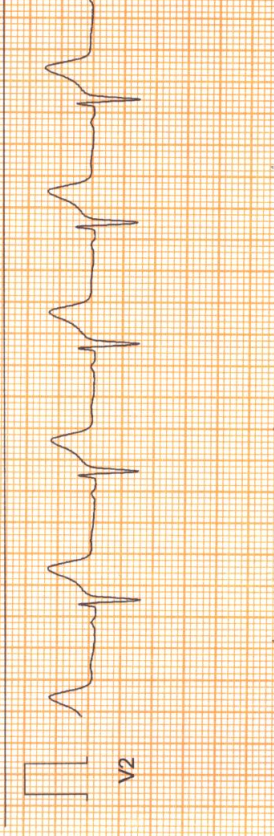
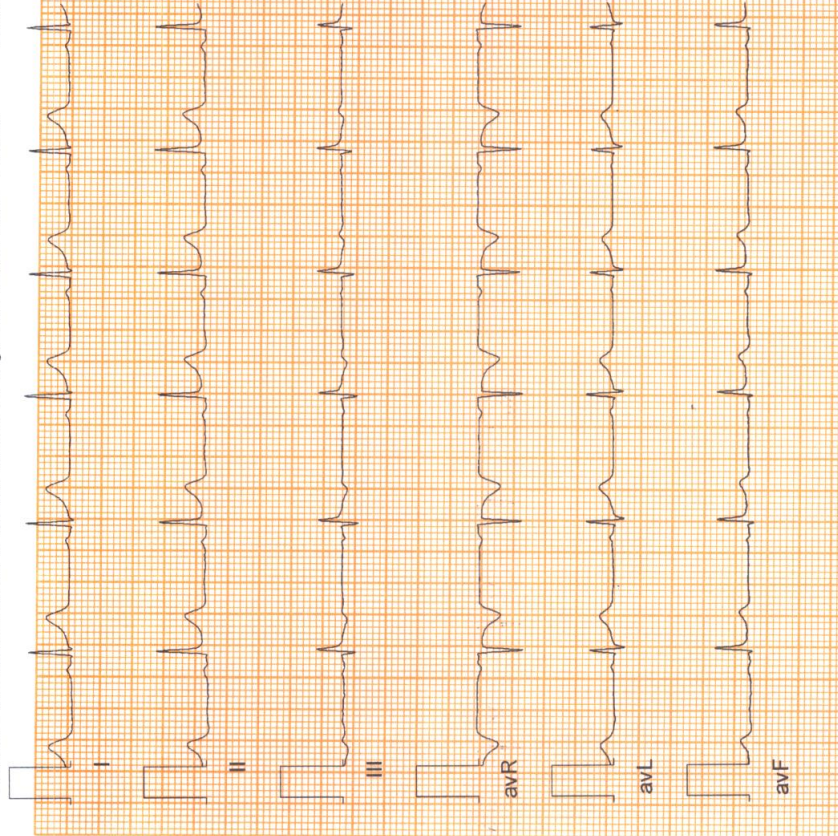
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE:Supine(0:20)



Date: 24 - 12 - 2022 12:34:00 PM METs: 1.0 HR: 74 Target HR: 42% of 178 BP: 113/70 ExTime: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

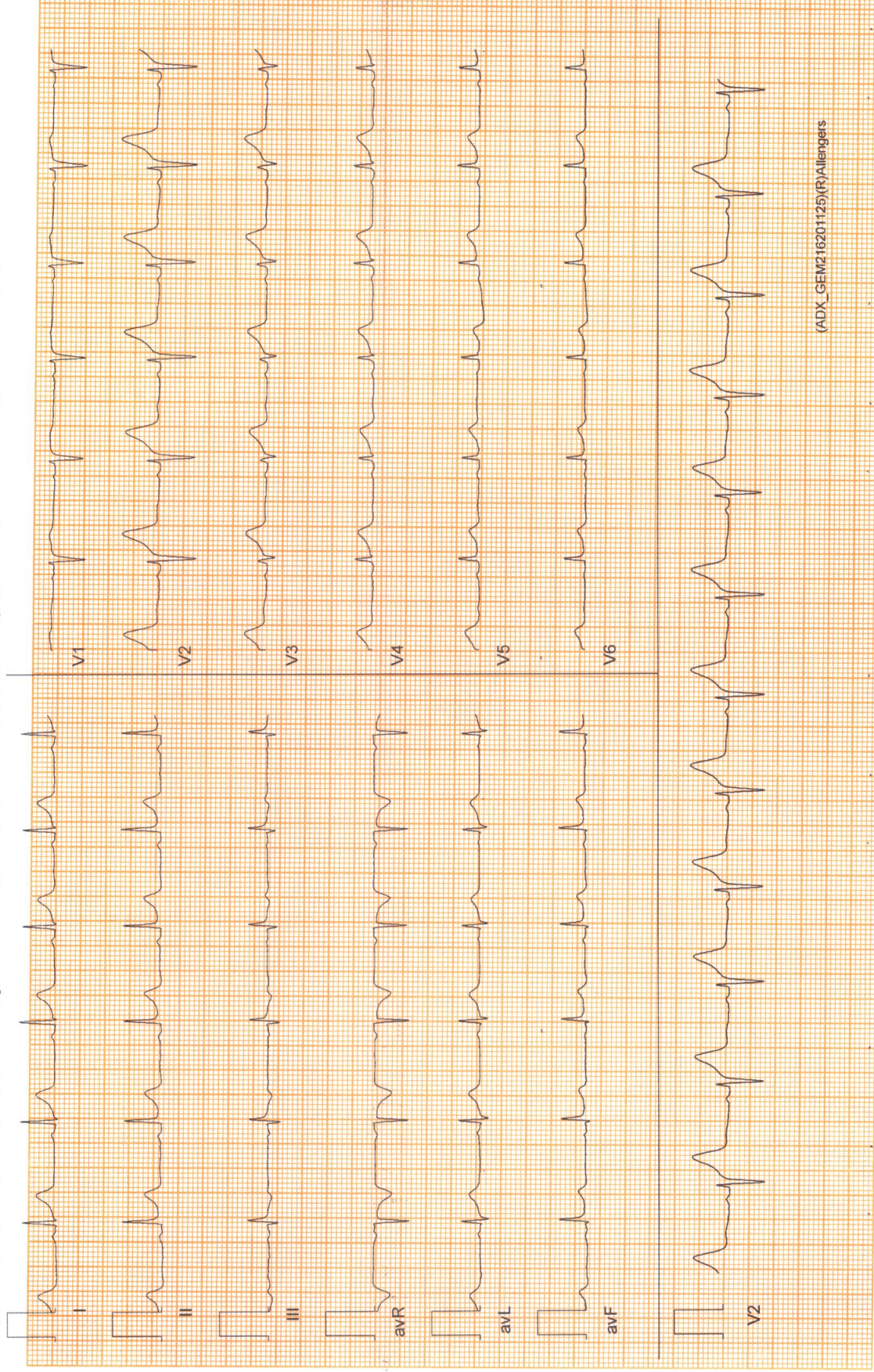
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE:Supine(0:20)



Date: 24 - 12 - 2022 12:34:00 PM METs: 1.0 HR: 74 Target HR: 42% of 178 BP: 113/70 ExTime: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

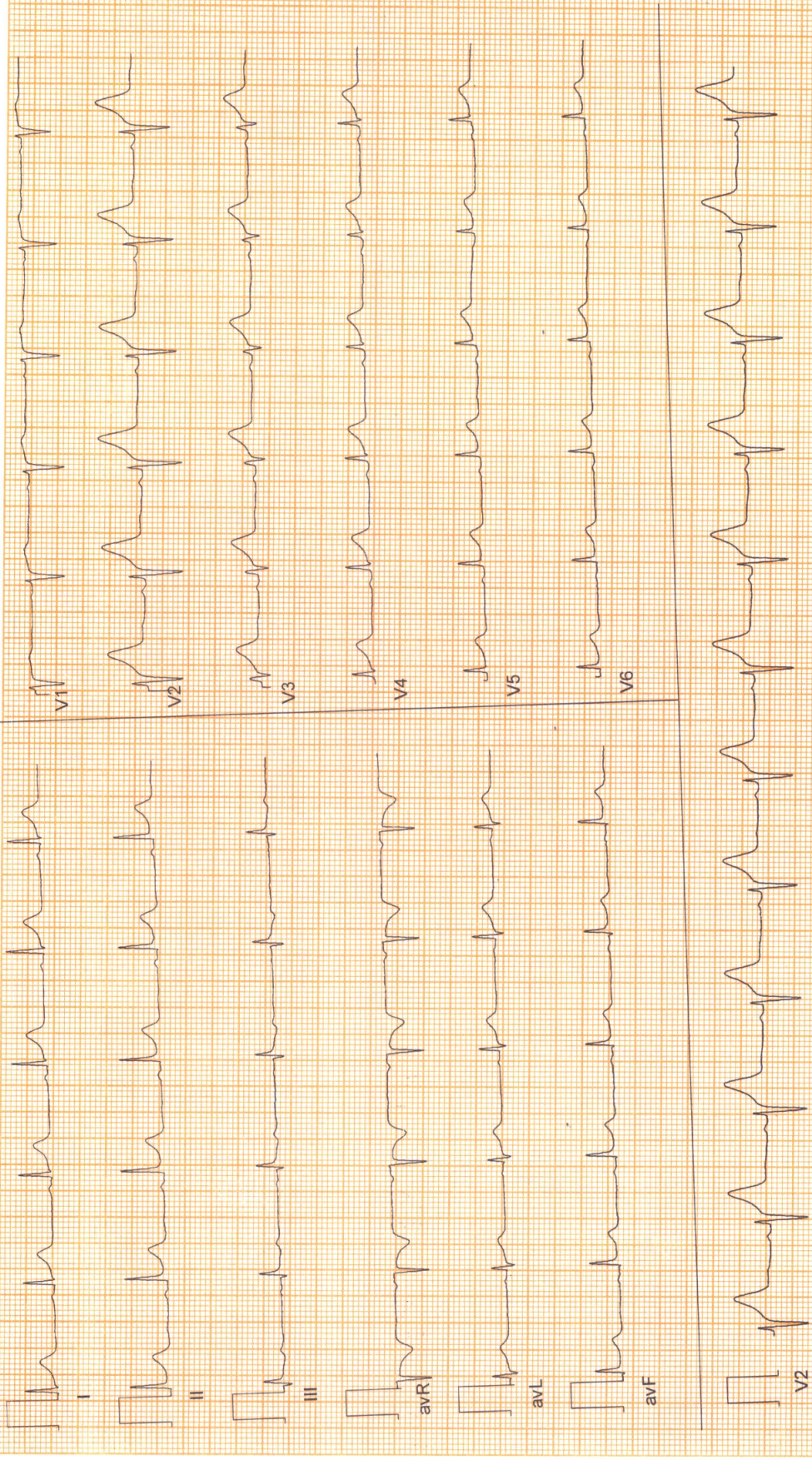
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE: Standing(0:15)



Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 68 Target HR : 38% of 178 BP : 113/70





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

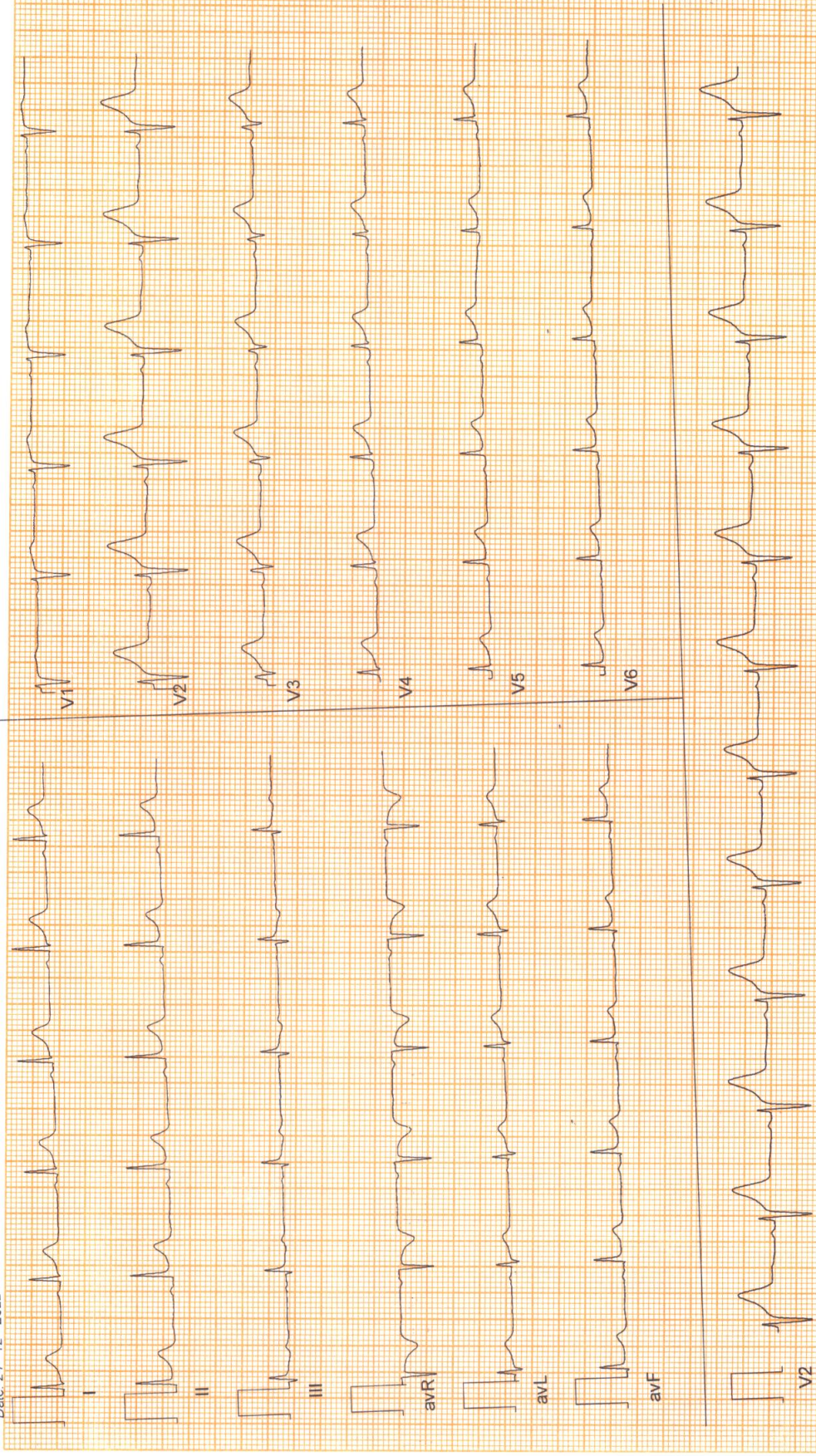
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE: Standing(0:15)



Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

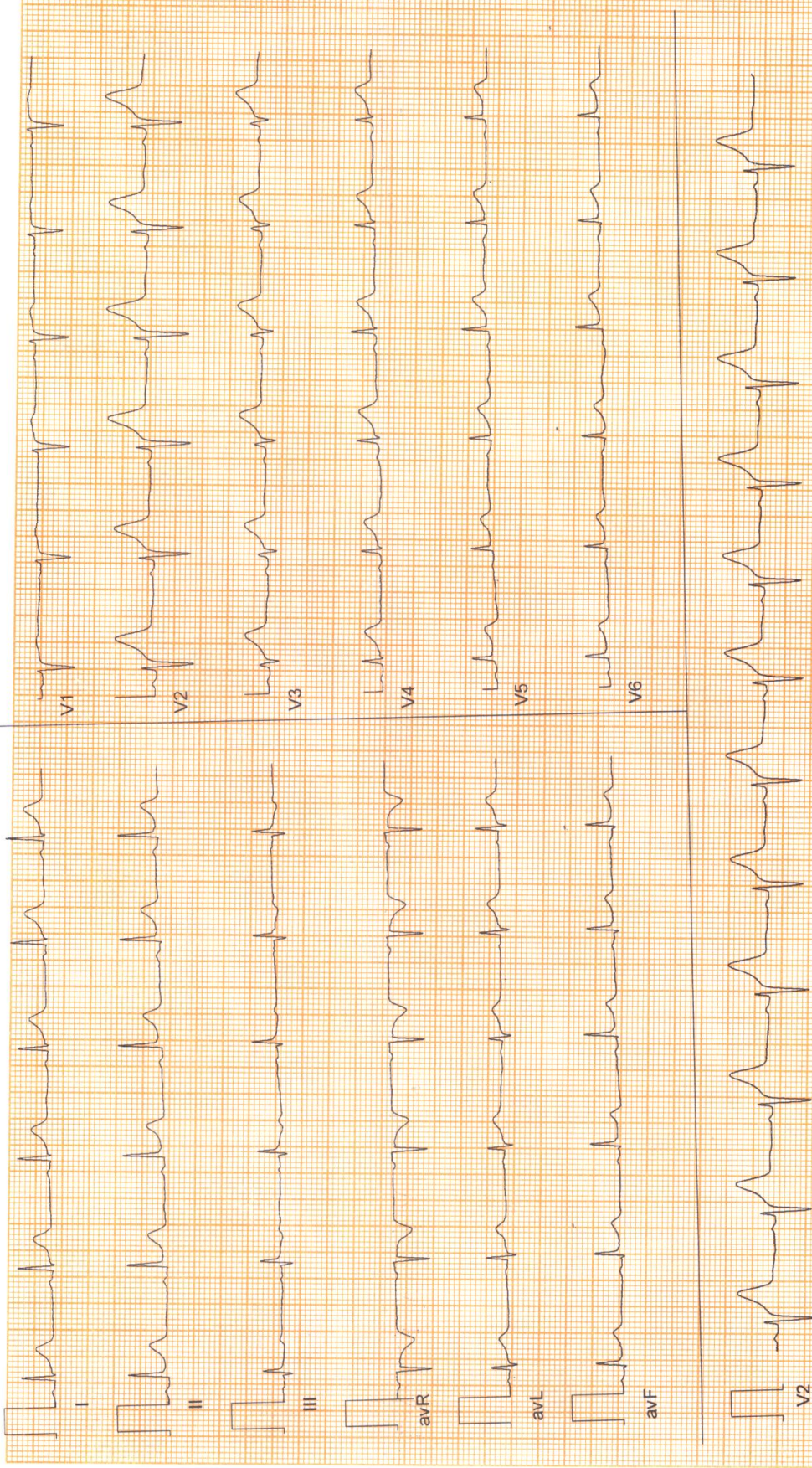
Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 68 Target HR : 38% of 178 BP : 113/70







Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 70 Target HR : 39% of 178 BP : 113/70 ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz

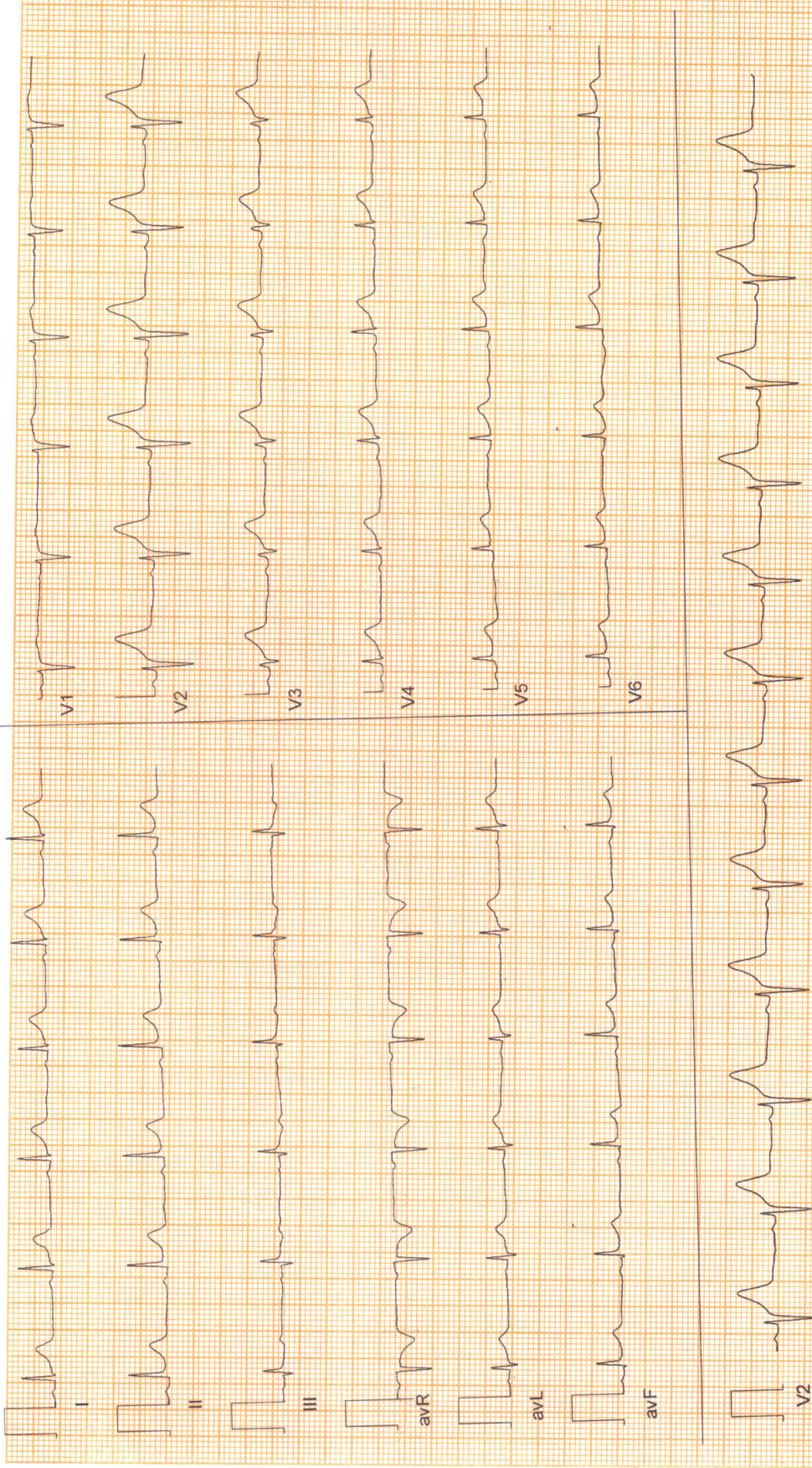






Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 70 Target HR : 39% of 178 BP : 113/70

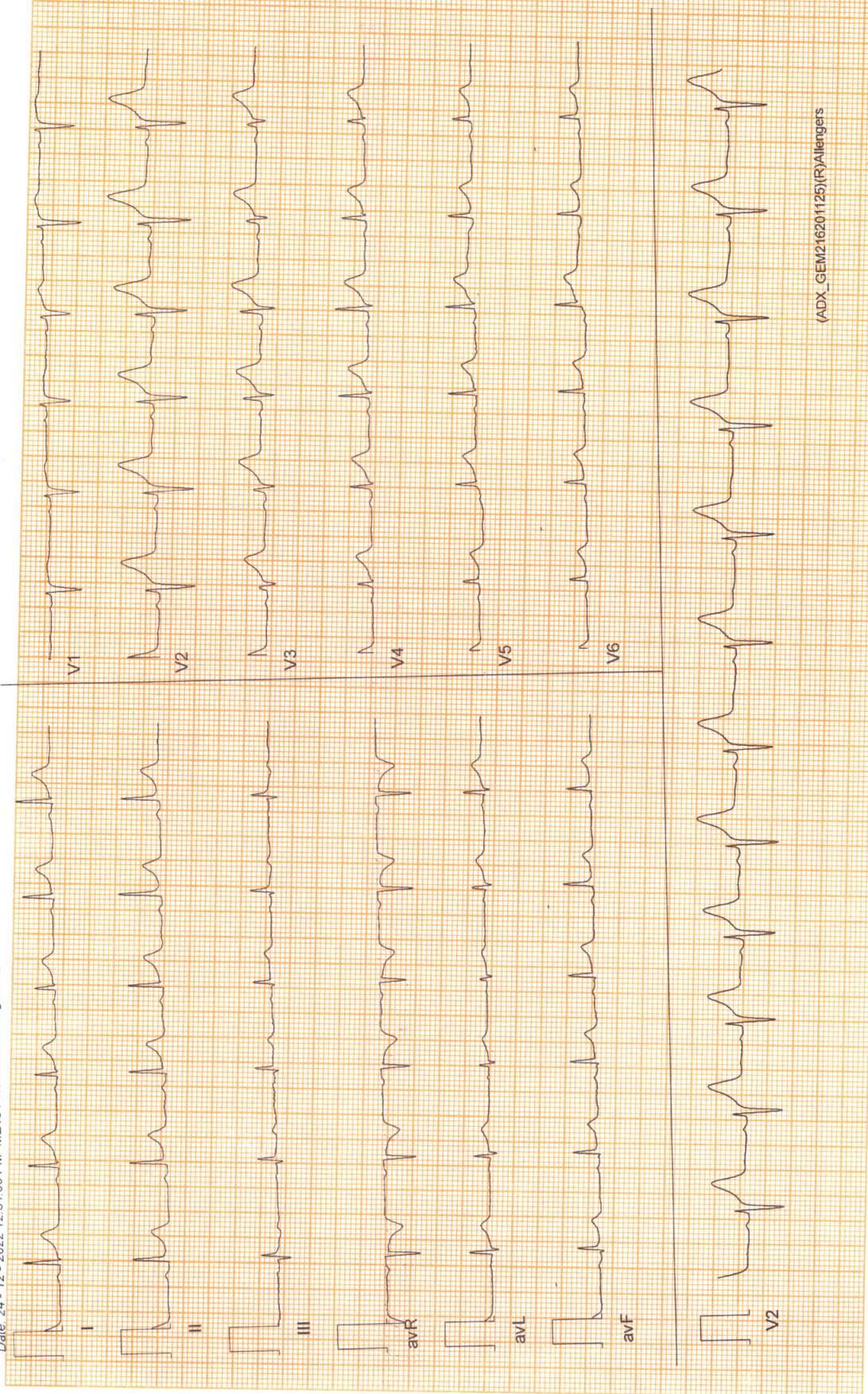
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz







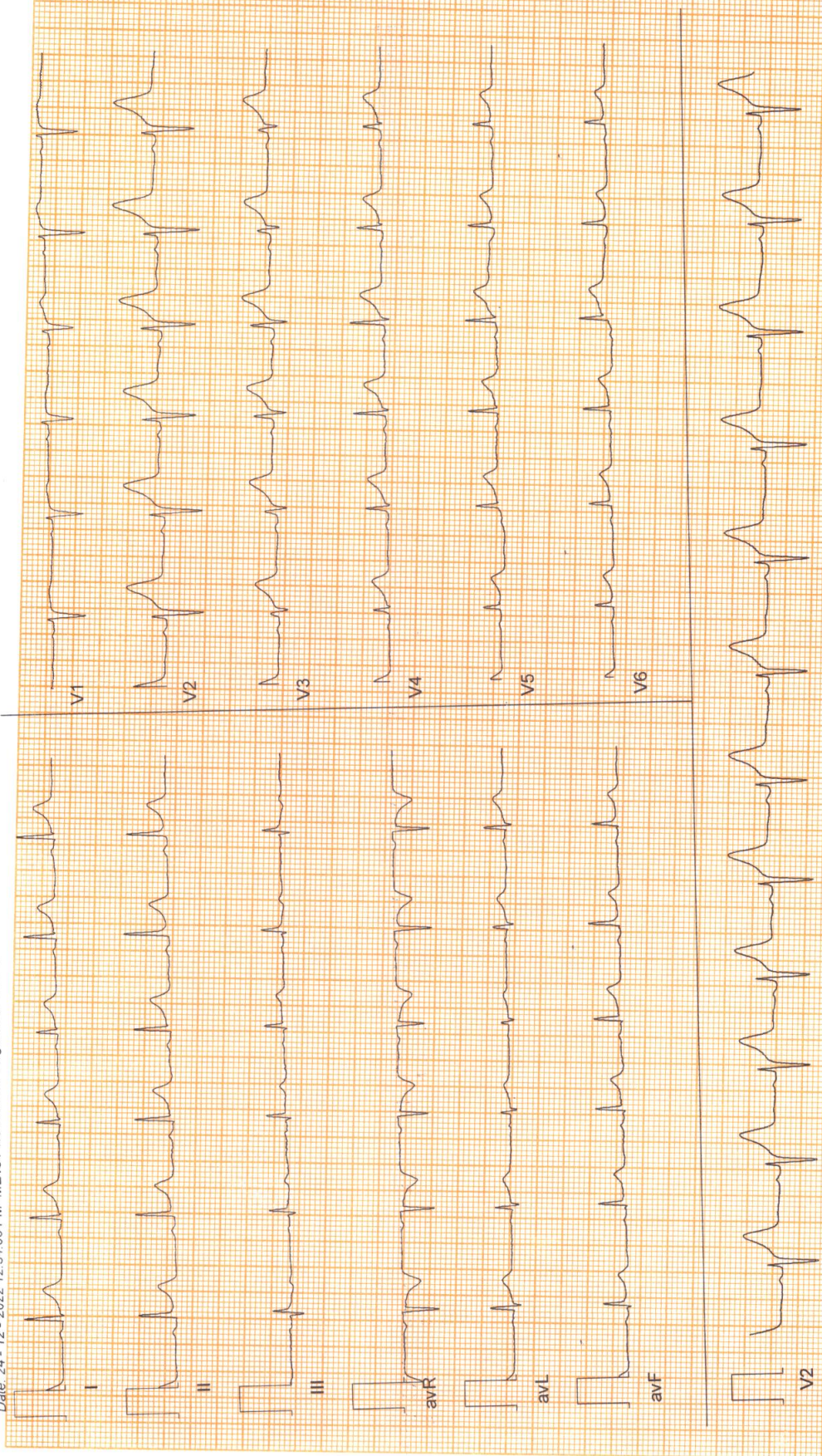
Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 73 Target HR : 41% of 178 BP : 113/70 ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz







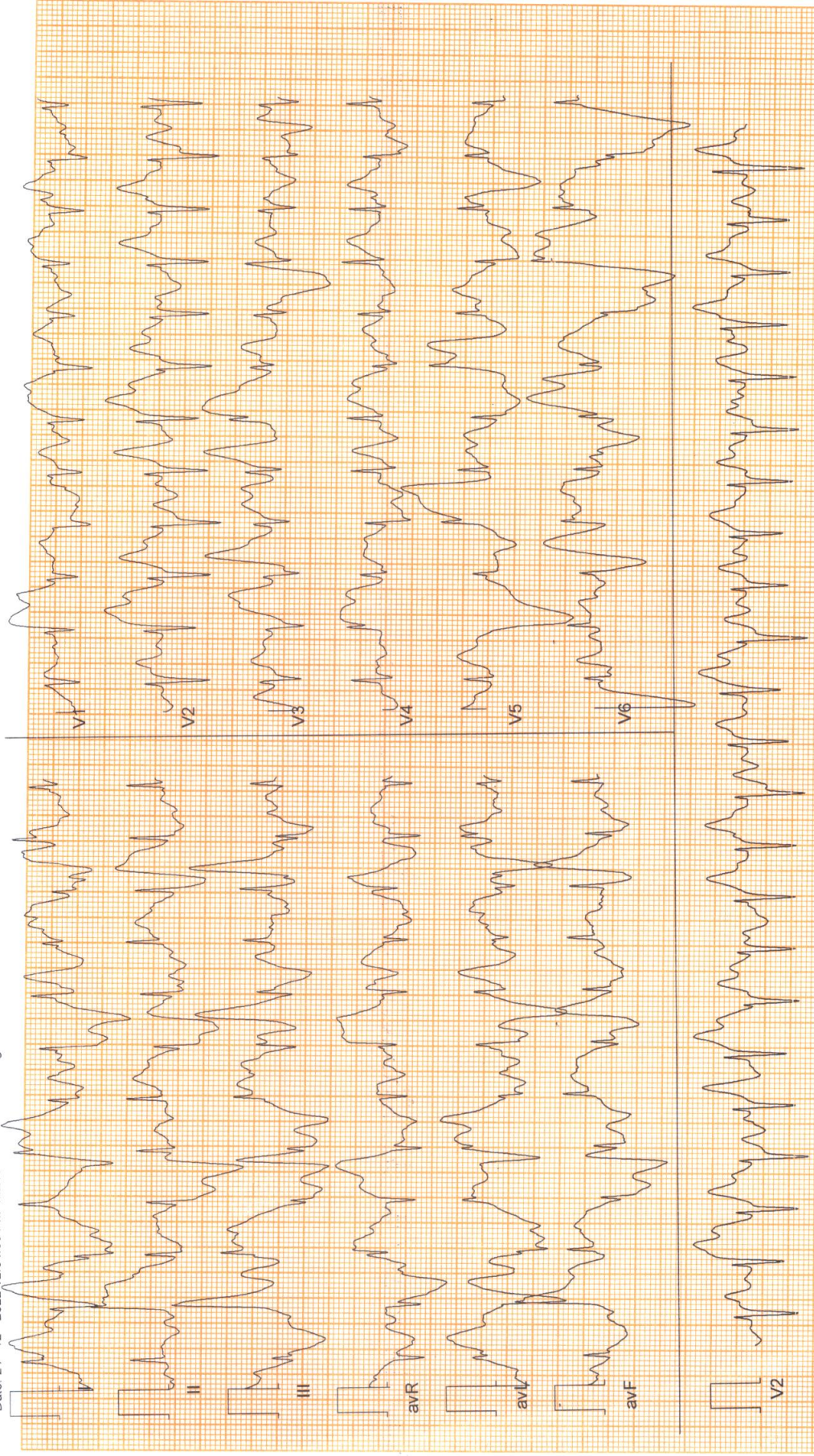
Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 73 Target HR : 41% of 178 BP : 113/70 ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz







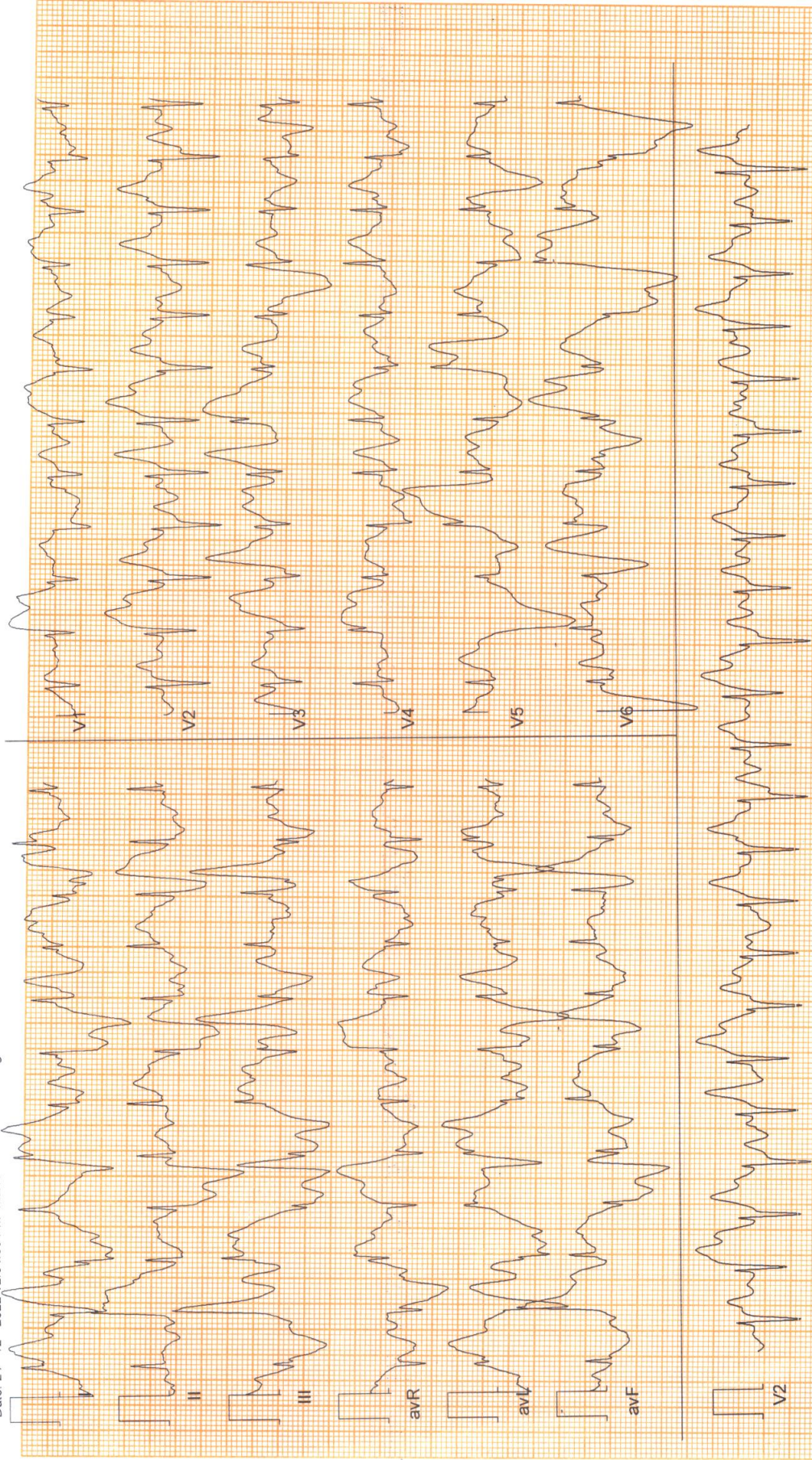
Date: 24 - 12 - 2022 12:34:00 PM METs : 4.7 HR : 140 Target HR : 79% of 178 BP : 115/72 Ex Time : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Watch On/ HF 0.05 Hz/LF 35 Hz







Date: 24 - 12 - 2022 12:34:00 PM METs : 4.7 HR : 140 Target HR : 79% of 178 BP : 115/72 Ex Time : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Watch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

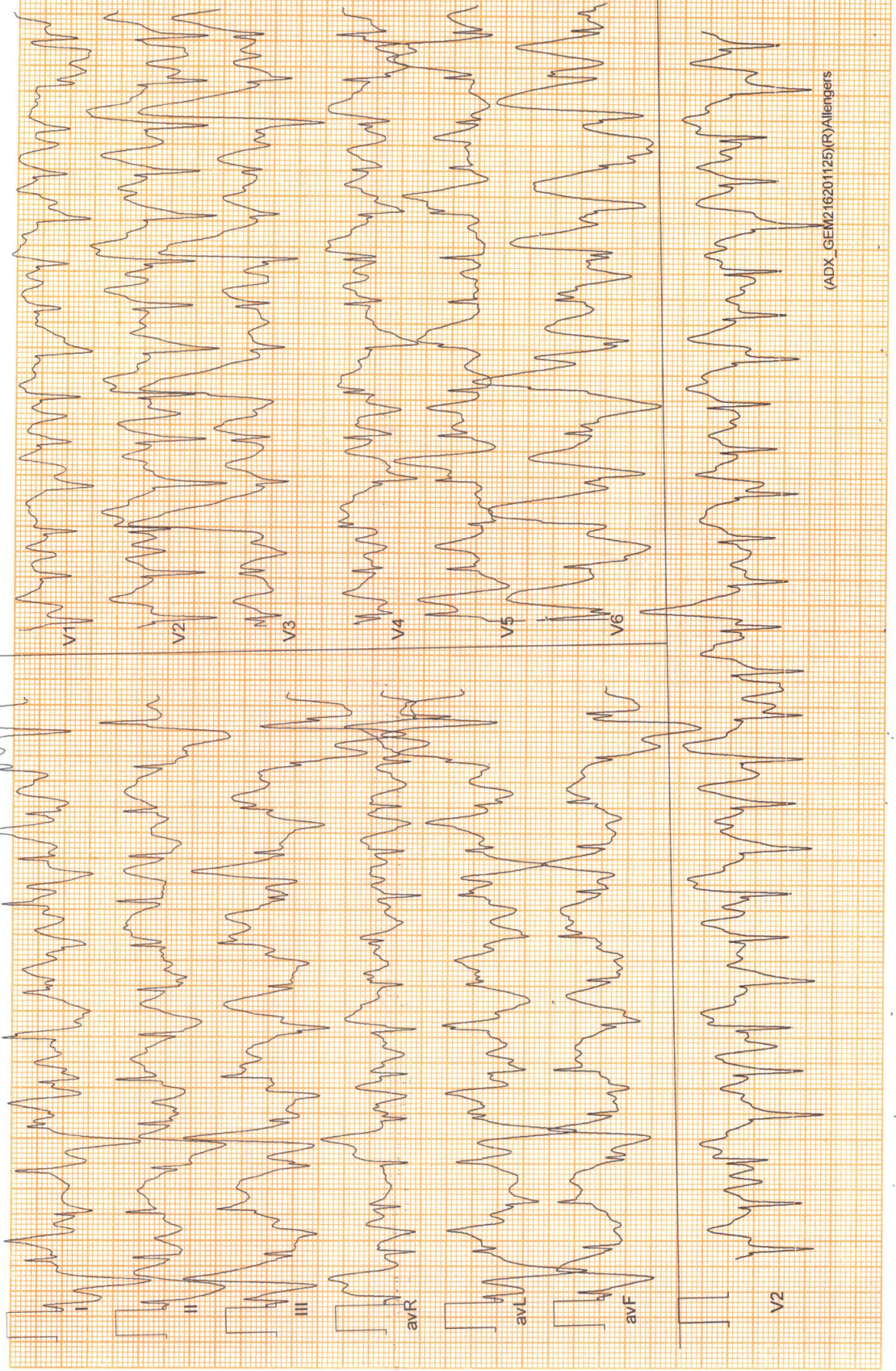
**SAHIDNAGAR, BHUBANESWAR**

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE: Stage 2(3:00)



Date: 24 - 12 - 2022 12:34:00 PM METs: 7.1 HR: 165 Target HR: 93% of 178 BP: 117/74  
Ex Time: 06:00 2.5 mph/12.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

**SAHIDNAGAR, BHUBANESWAR**

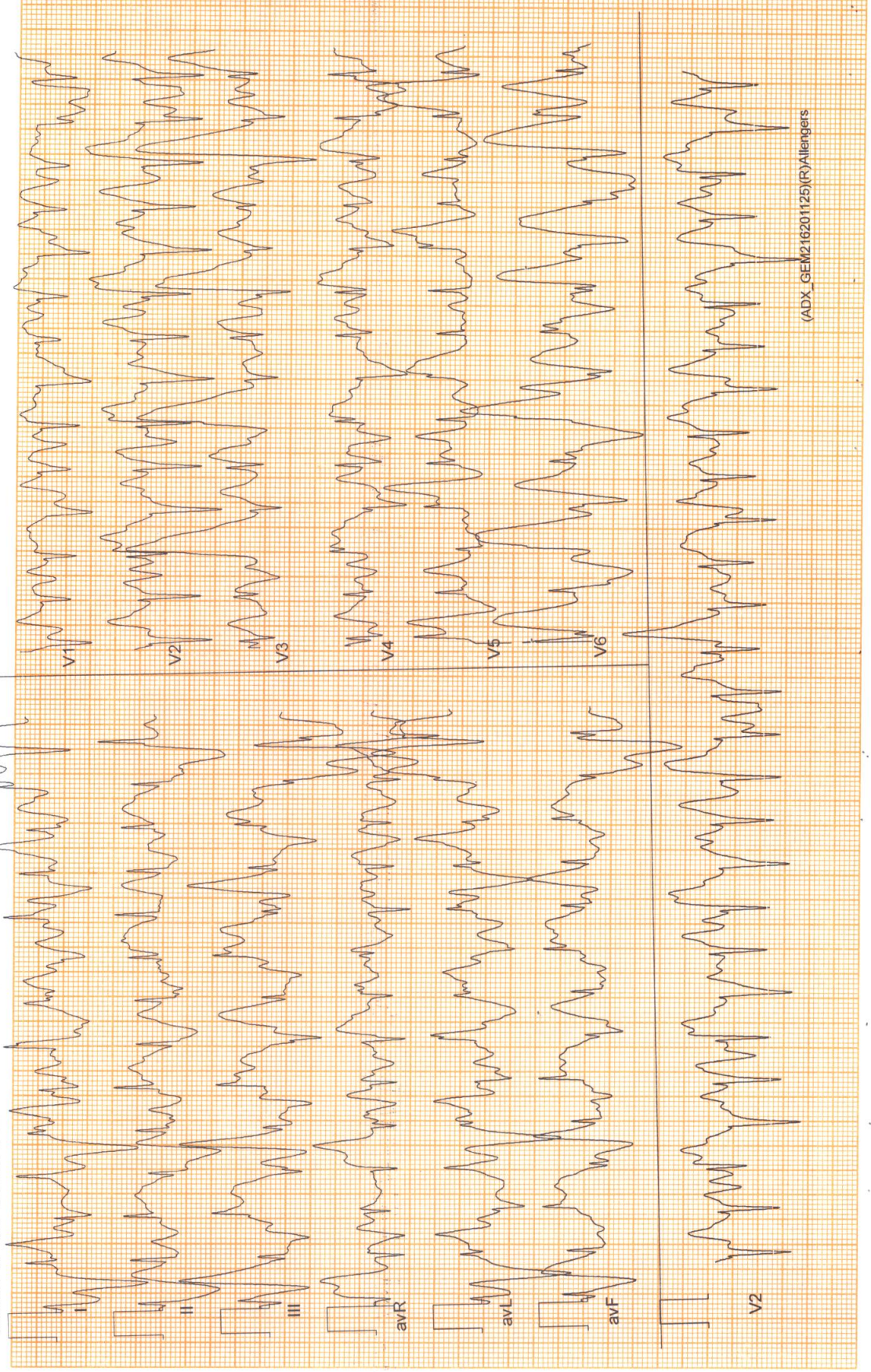
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
BRUCE: Stage 2(3:00)



Date: 24 - 12 - 2022 12:34:00 PM METs: 7.1 HR: 165 Target HR: 93% of 178 BP: 117/74

Ex Time: 06:00 2.5 mph/12.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

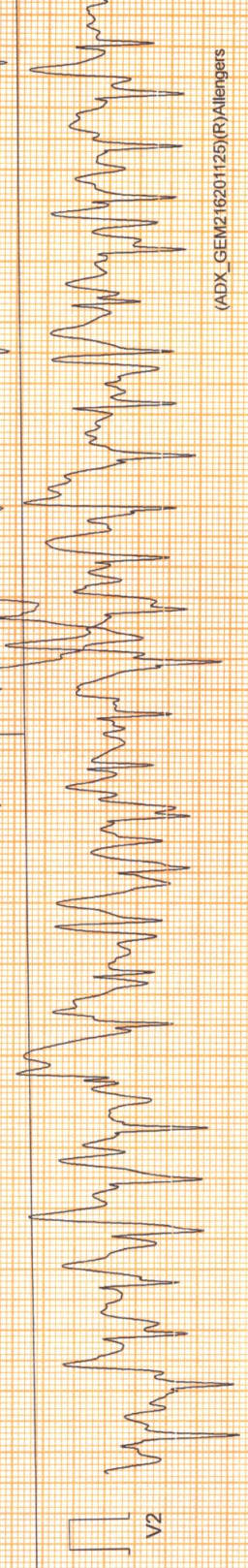
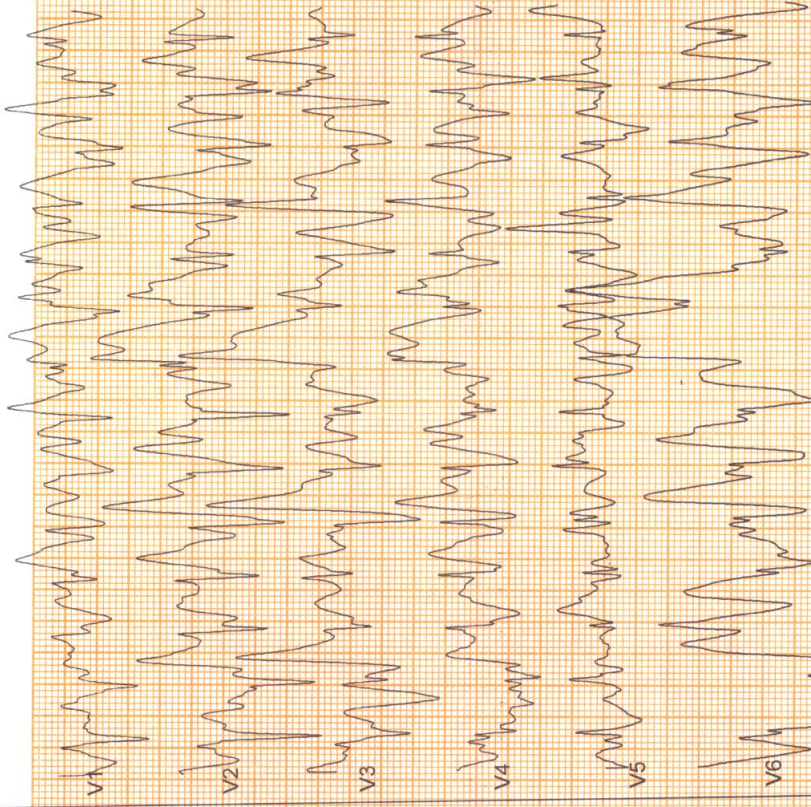
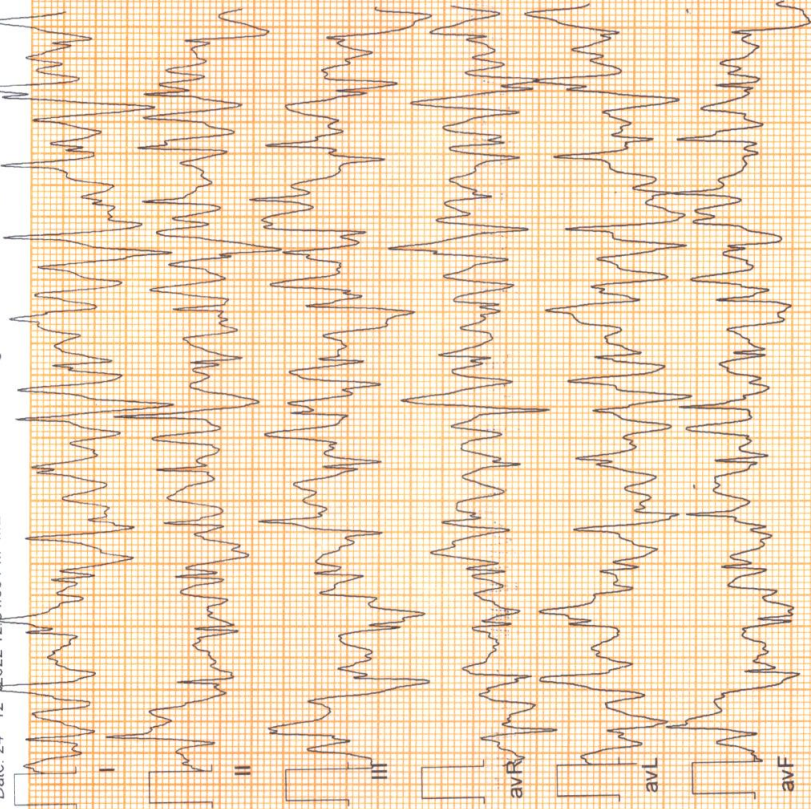
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
PeakEx



Date: 24 - 12 - 2022 12:34:00 PM METs : 8.2 HR : 169 Target HR : 95% of 178 BP : 117/74  
Ext Time : 07:01 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

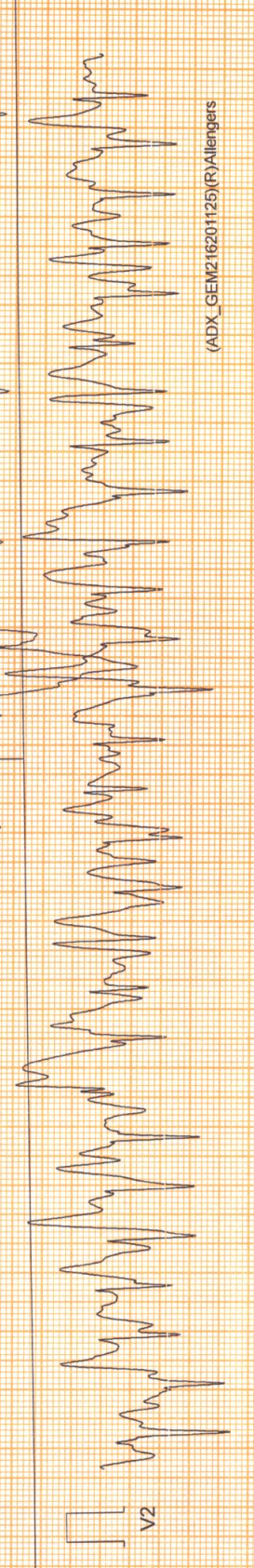
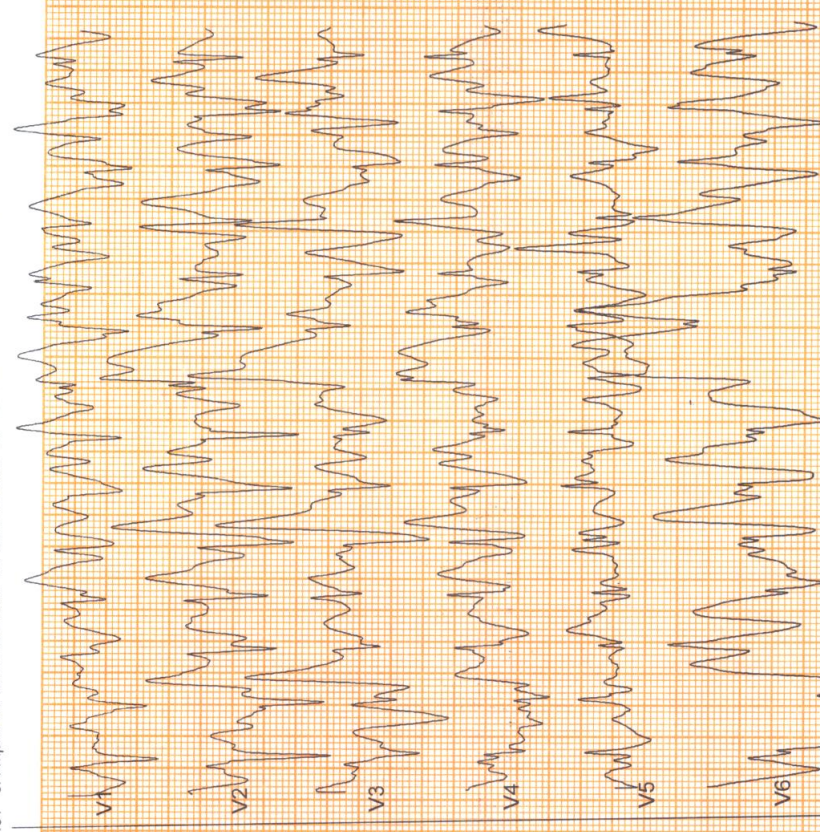
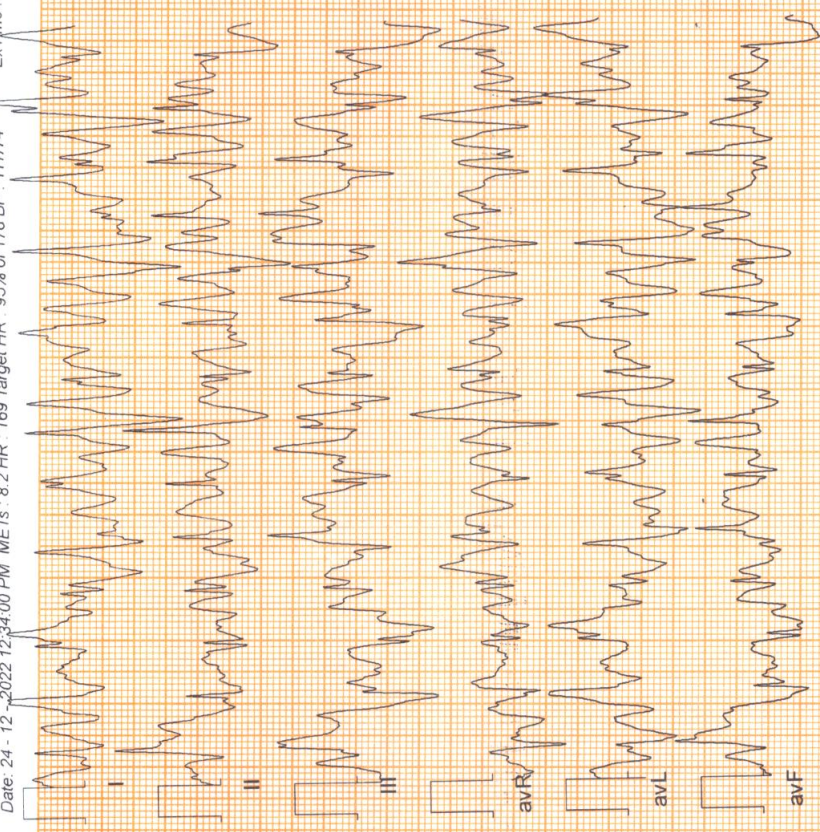
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**  
PeakEx



Date: 24 - 12 - 2022 12:34:00 PM METs : 8.2 HR : 169 Target HR : 95% of 178 BP : 117/74 Ext Time : 07:01 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

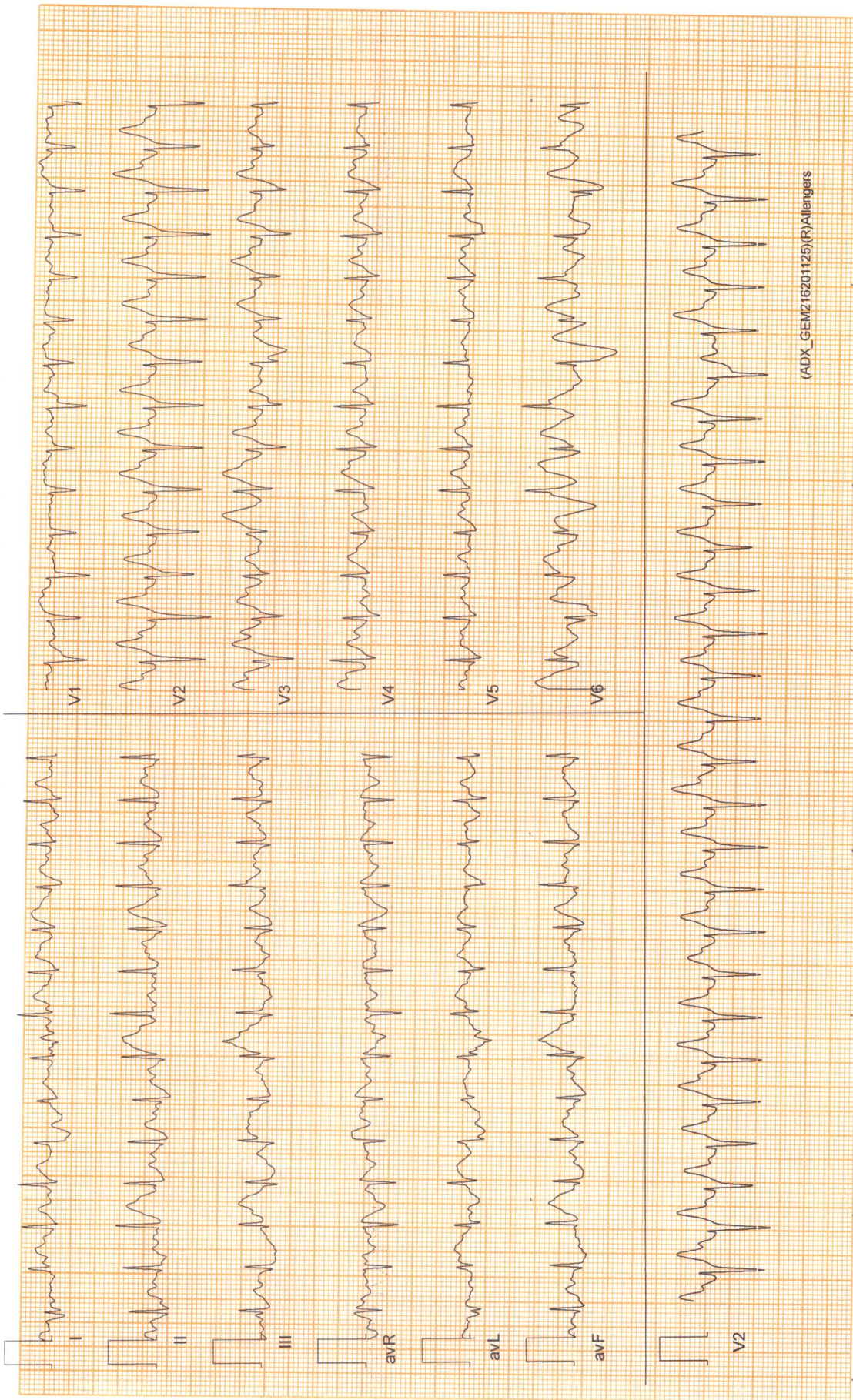
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**

Recovery(0:30)



Date: 24 - 12 - 2022 12:34:00 PM METs : 4.2 HR : 163 Target HR : 92% of 178 BP : 117/74 ExTime : 07:01 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

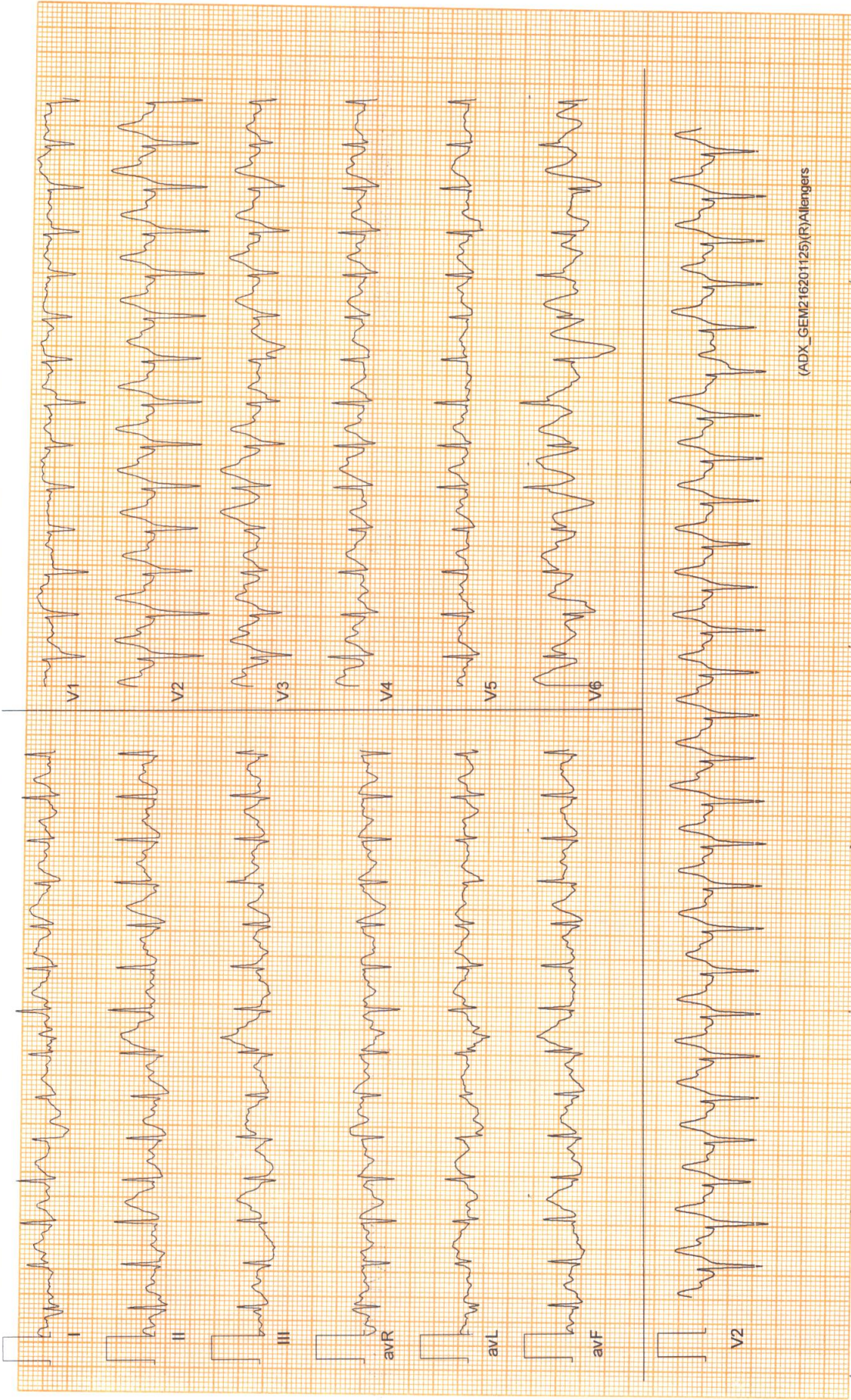
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**

Recovery(0:30)



Date: 24 - 12 - 2022 12:34:00 PM METs : 4.2 HR : 163 Target HR : 92% of 178 BP : 117/74 Ex Time : 07:01 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

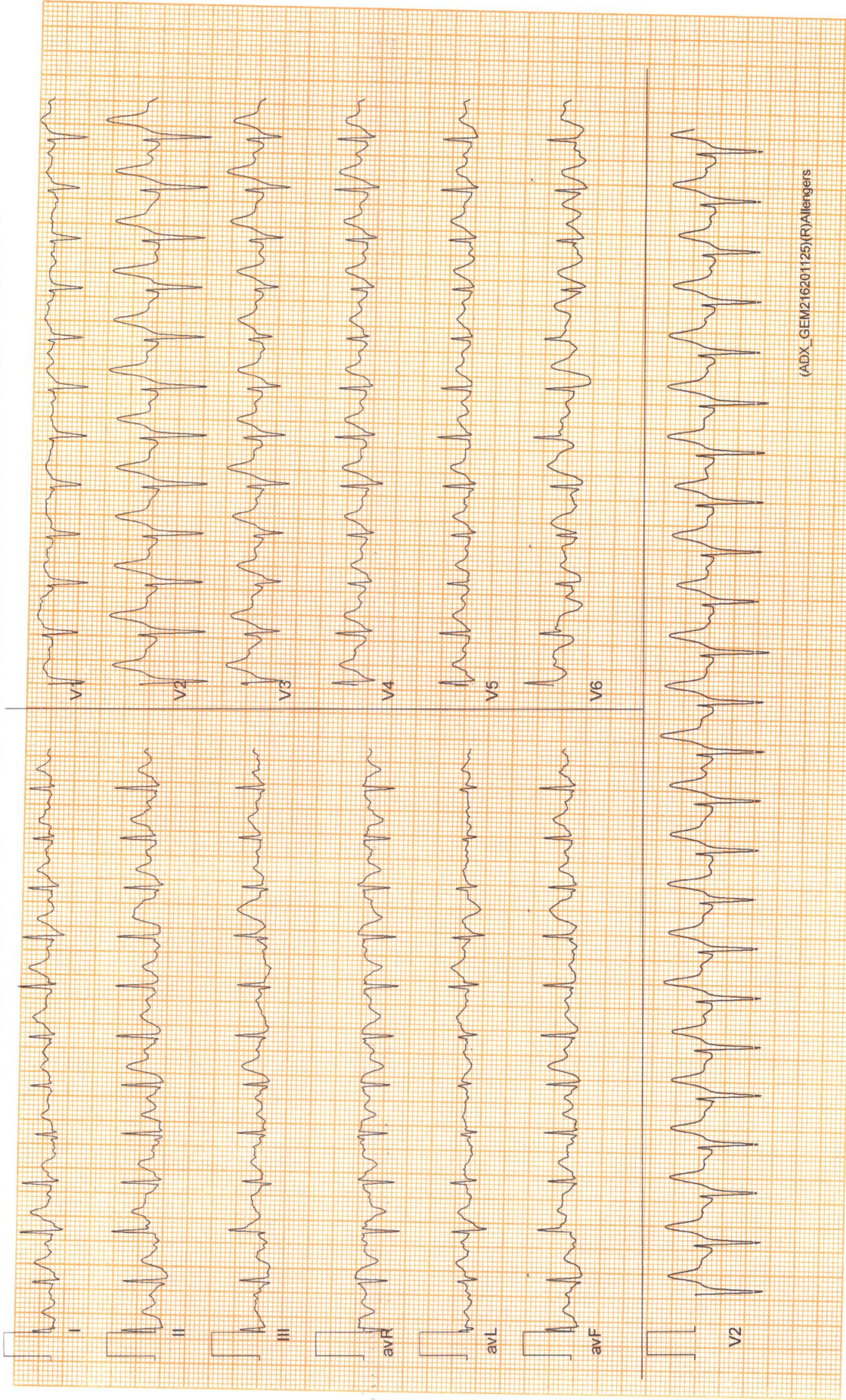
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**

Recovery(1:00)



Date: 24 - 12 - 2022 12:34:00 PM METs : 1.2 HR : 140 Target HR : 79% of 178 BP : 116/74 ExTime : 07:01 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC Onr Notch Onr HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)RVAIengergs



**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

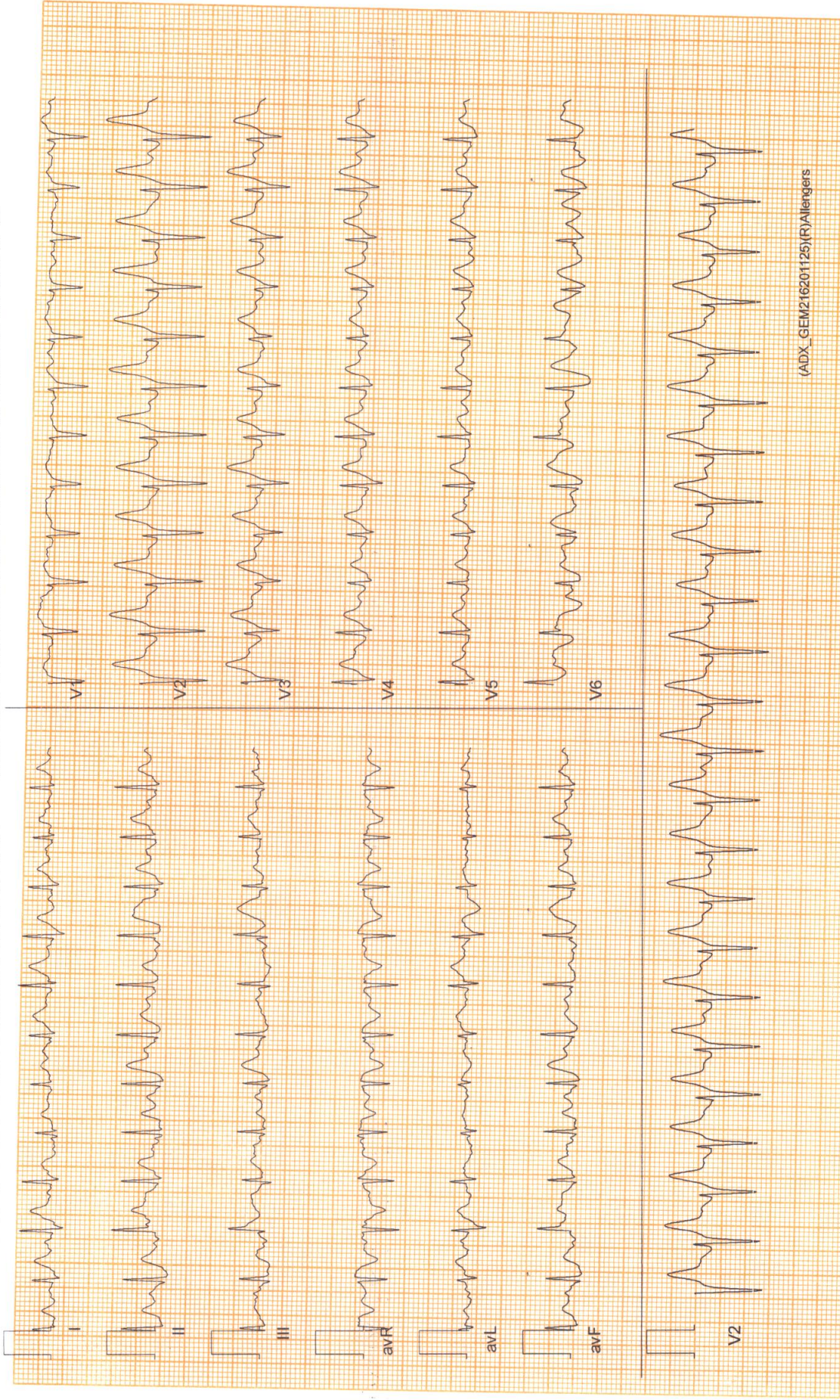
446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm**

Recovery(1:00)



Date: 24 - 12 - 2022 12:34:00 PM METs : 1.2 HR : 140 Target HR : 79% of 178 BP : 116/74 ExTime : 07:01 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)RVAIenglers



**ZENA HEALTHCARE**

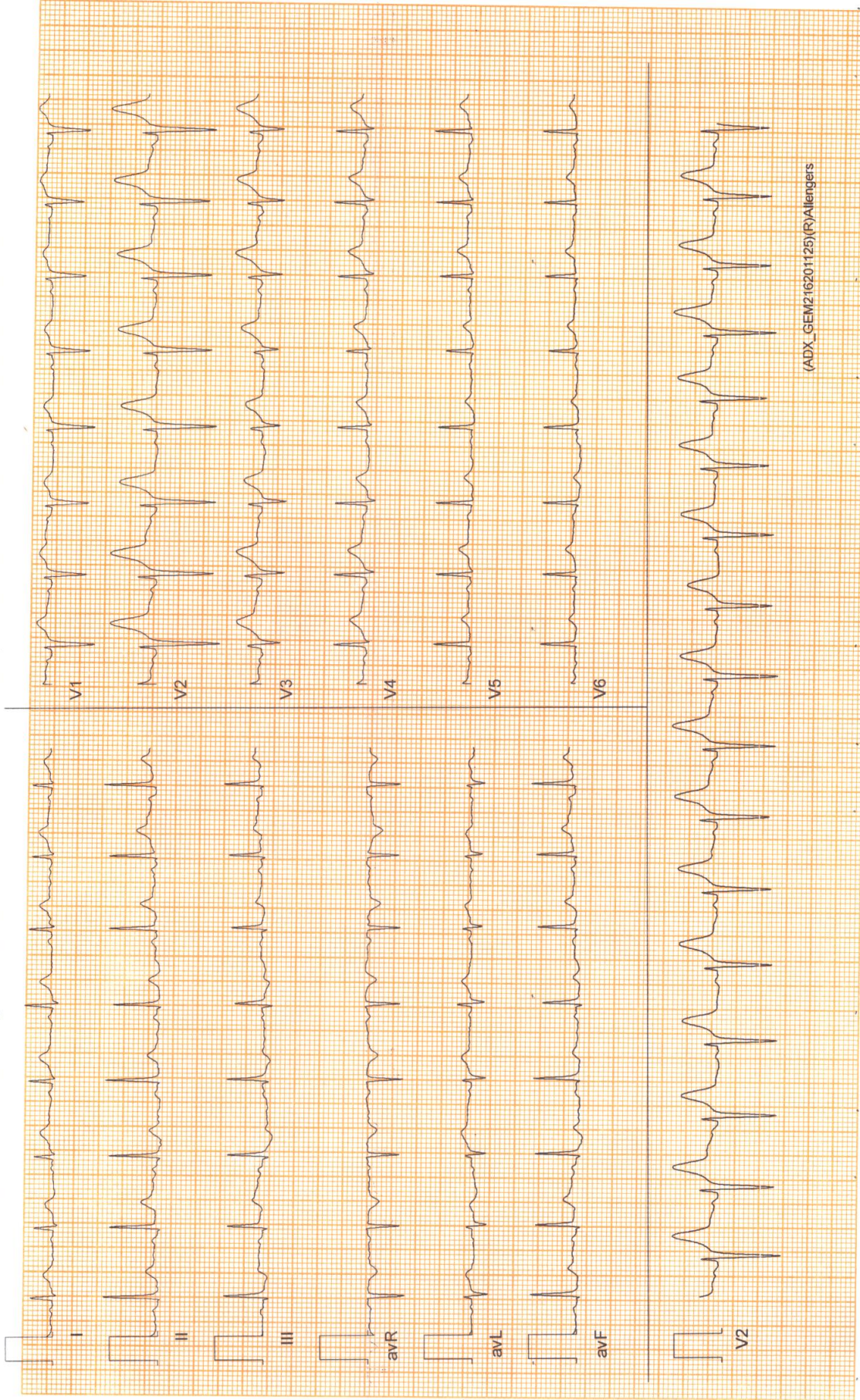
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm  
Recovery(3:00)**



Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 100 Target HR : 56% of 178 BP : 114/72 ExTime : 07:01 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX\_GEM216201125)(R)/Iengets



**ZENA HEALTHCARE**

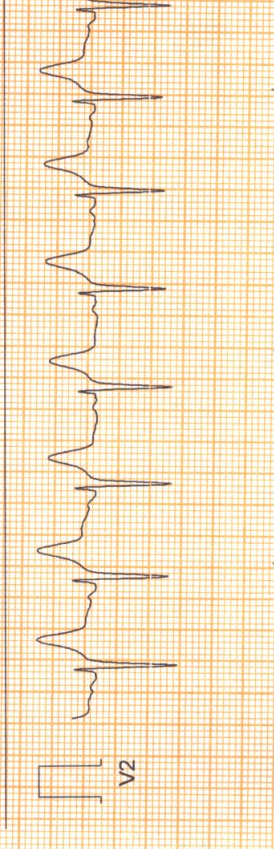
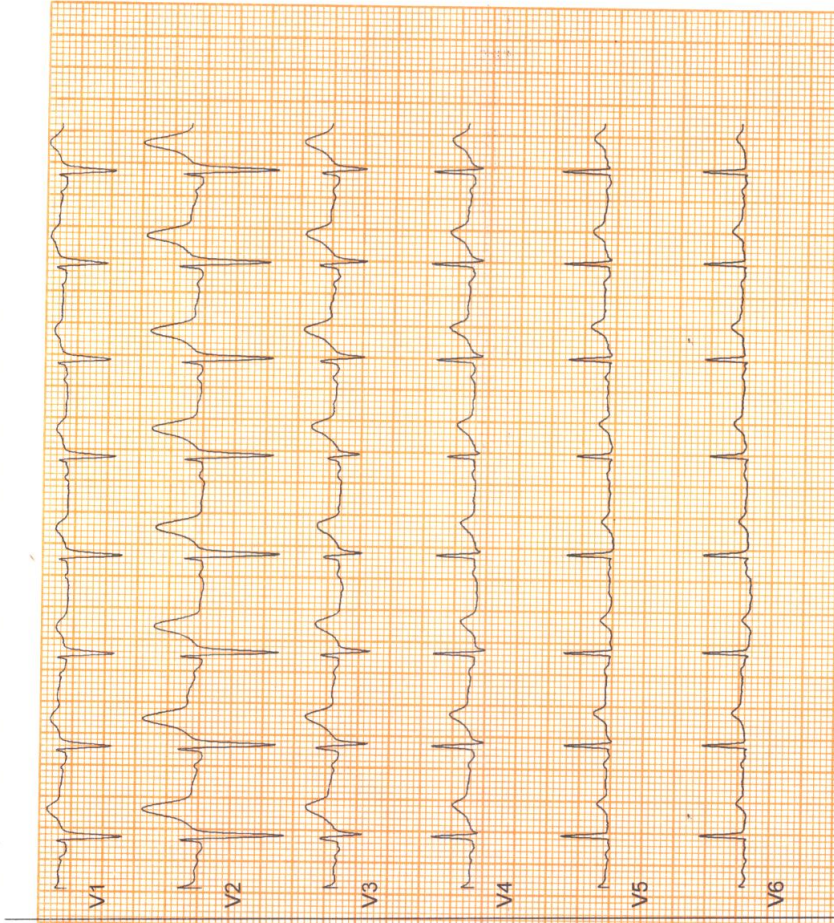
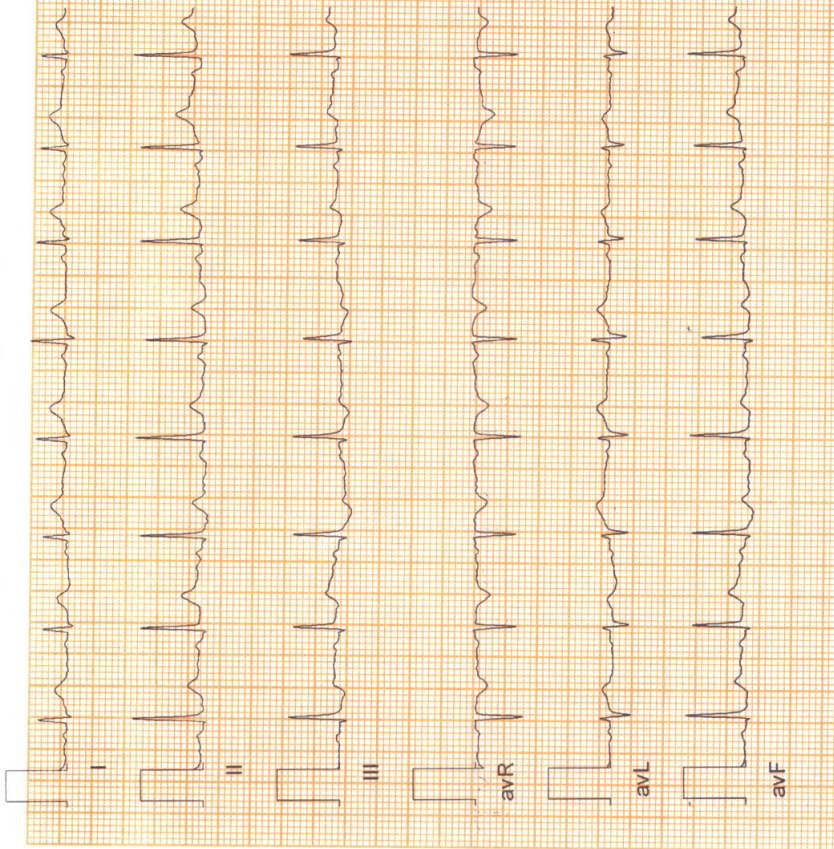
SAHIDNAGAR, BHUBANESWAR

446 / SANJUKTA PARIDA / 42 Yrs / Female / 152 Cm / 85 Kg

**6 x 2 + Rhythm  
Recovery(3:00)**



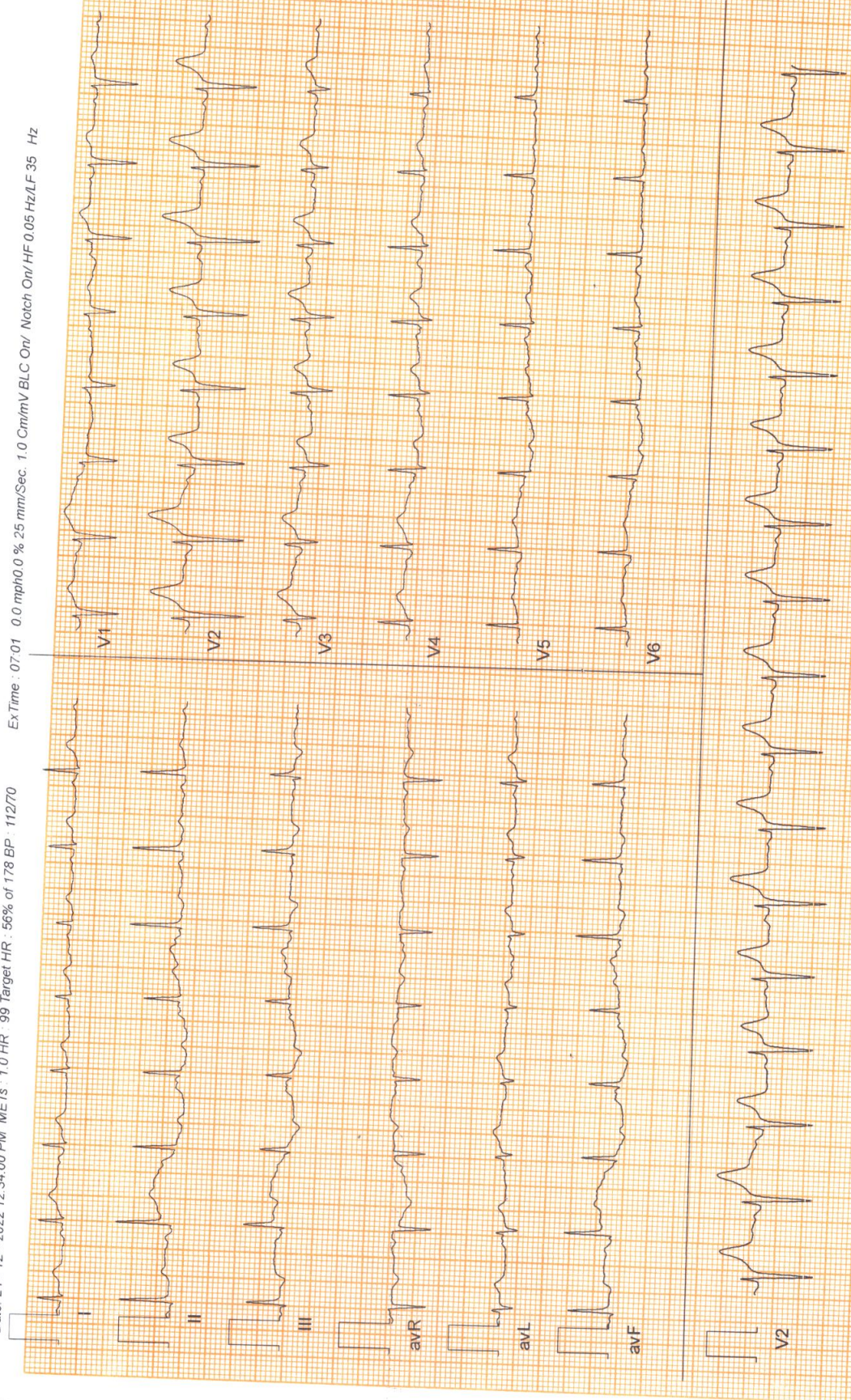
Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 100 Target HR : 56% of 178 BP : 114/72 ExTime : 07:01 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz







Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 99 Target HR : 56% of 178 BP : 112/70 Ex Time : 07:01 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

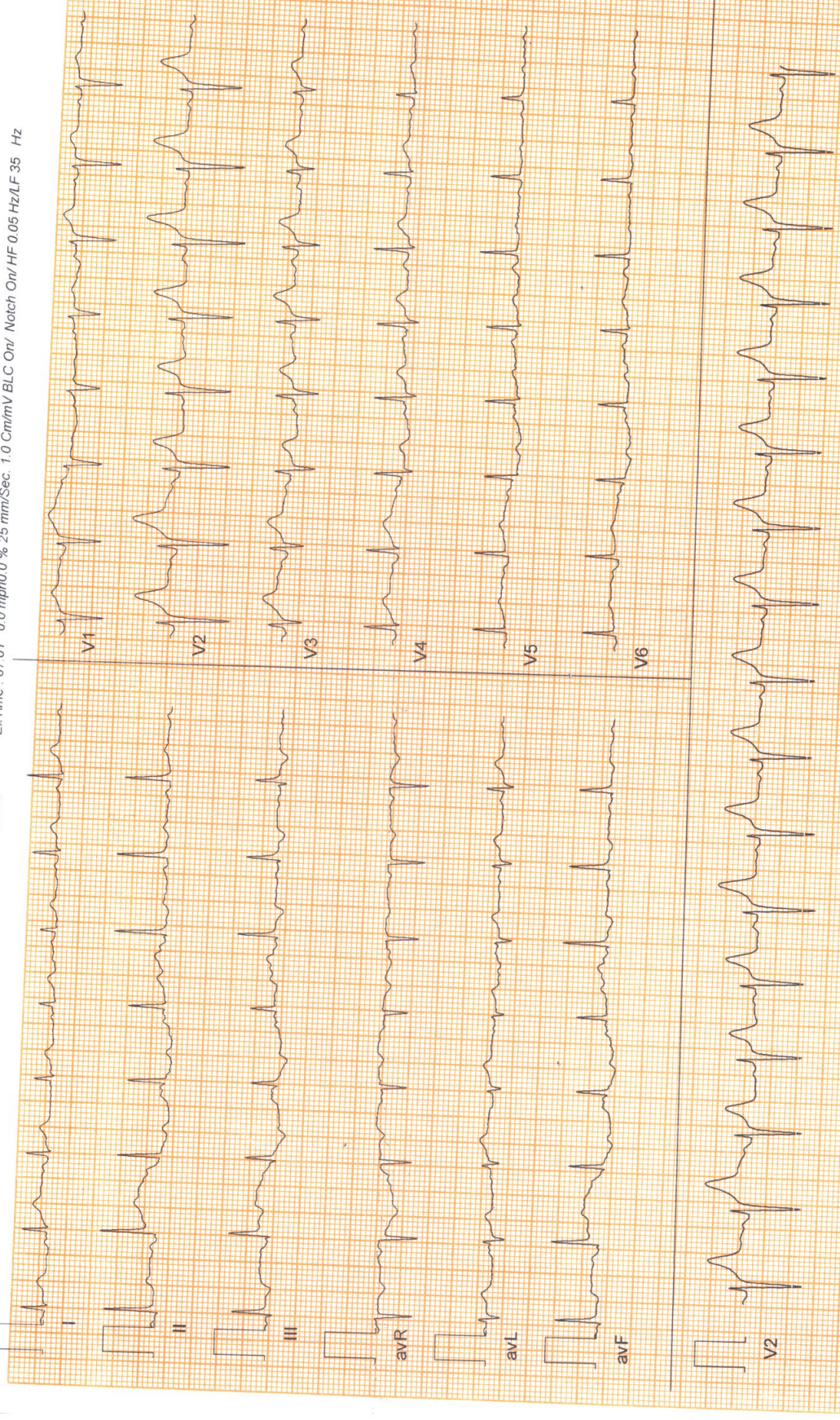




6 x 2 + Rhythm Recovery(5.08)



Date: 24 - 12 - 2022 12:34:00 PM METs : 1.0 HR : 99 Target HR : 56% of 178 BP : 112/70  
Ex Time : 07:01 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz







**MEDICAL REPORT**

NAME

Date :- 24.12.2022

Mrs. SANJUKTA PARIDA

**MEDICAL INFORMATION**

Height:- 152cm	Age:- 52yrs
Weight:- 85kg	Sex:- FeMale
Blood Pressure:- 120/80mmhg	Pulse:-80 /min

Body Mass Index(BMI)

36

**Physical Fitness certificate**

This is to certify that Mrs.SANJUKTA PARIDA aged 42yrs ,  
reports are Normal and I have found his FIT.

Signature



For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**





**MEDICAL REPORT**

NAME

Date :- 24.12.2022

Mrs. SANJUKTA PARIDA

**MEDICAL INFORMATION**

Height:- 152cm	Age:- 52yrs
Weight:- 85kg	Sex:- FeMale
Blood Pressure:- 120/80mmhg	Pulse:-80 /min

Body Mass Index(BMI)

36

**Physical Fitness certificate**

This is to certify that Mrs.SANJUKTA PARIDA aged 42yrs ,  
reports are Normal and I have found his FIT.

Signature



For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**



ID: 500362 CASE: SANJUKTA PARIDA  
AGE: 41 Y M D FEMALE  
Cms: K9

24/12/2022 14:24:10  
ZENA HEALTHCARE  
PLOT-119, SAHIDNAGAR, BHUBANESWAR

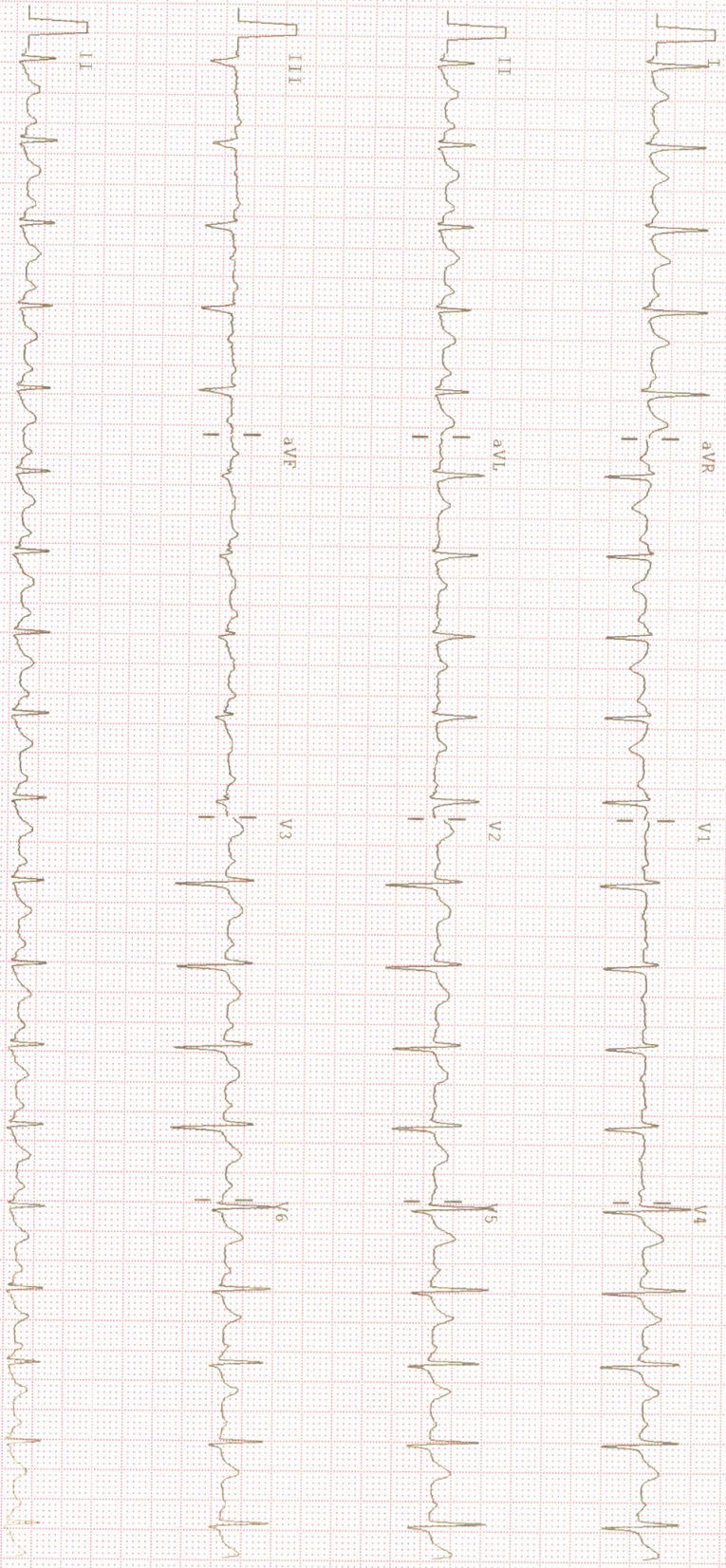
RATE: 111 bpm SINUS TACHYCARDIA  
P-R: 536 ms  
P-R: 140 ms  
QRS: 78 ms  
QT: 312 ms  
QTc: 401 ms

-AXIS--  
P: 51°  
QRS: 00°  
T: 20°

12-LEAD REPORT FORMAT 3x4+1L SQ

REF:

DR:



25mm/sec 10mm/mV Notch: ON RLC: ON 0.05-35Hz ALLEGERS PISCES 1012 VER-1.91 CLINICALLY CORRELATE THE FINDINGS



ID: 500362 CASE: SANJUKTA PARIDA  
AGE: 41 Y M D FEMALE  
Cms: K9

24/12/2022 14:24:10  
ZENA HEALTHCARE  
PLOT-119, SAHIDNAGAR, BHUBANESWAR

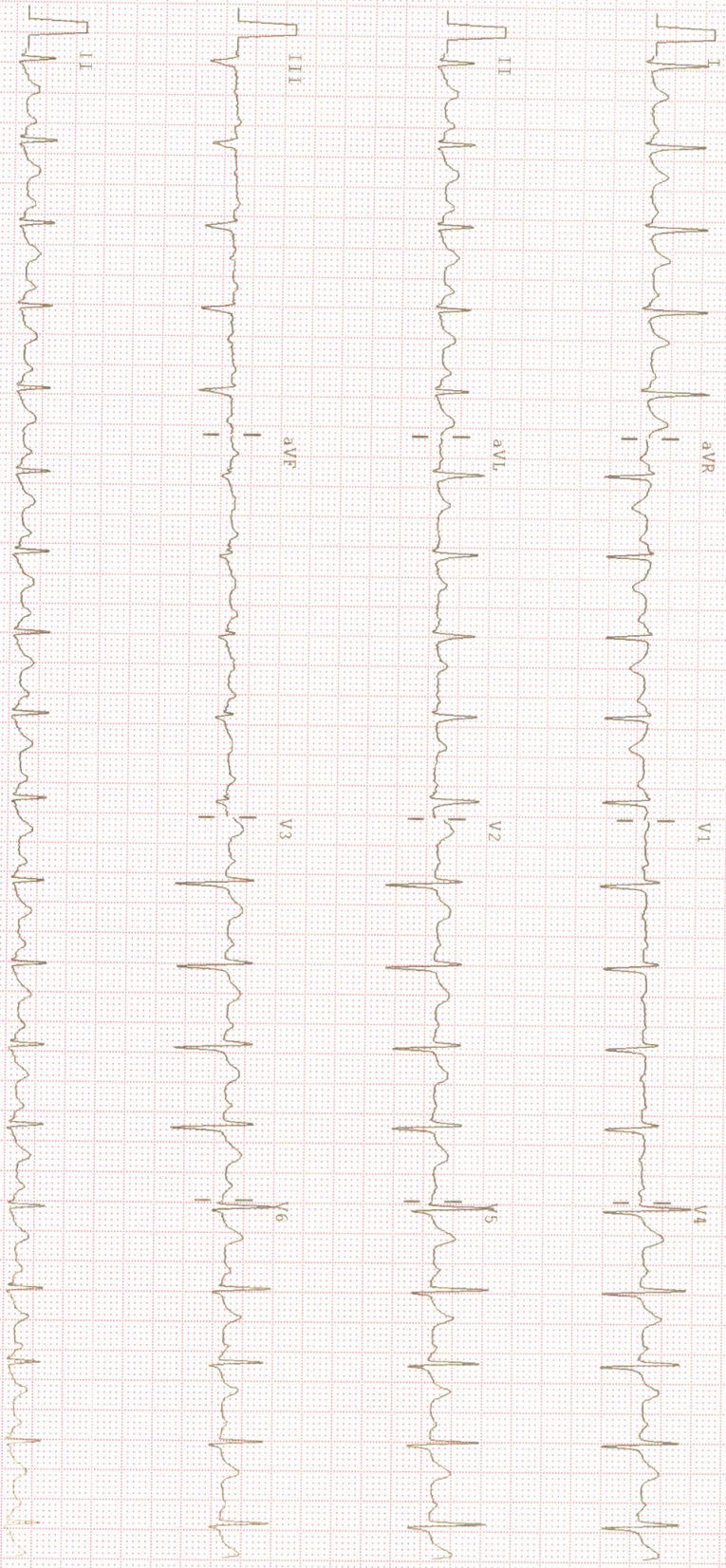
RATE	111 bpm	SINUS TACHYCARDIA
P-R	536 ms	
P-R	140 ms	
QRS	78 ms	
QT	312 ms	
QTc	401 ms	

-AXIS-	51°
P	00°
QRS	00°
T	20°

12-LEAD REPORT FORMAT 3x4+1L SQ

REF:

DR:



25mm/sec 10mm/mV Notch: ON R1C: ON 0.05-35Hz ALLEGERS PISCES 1012-VER-1.91 CLINICALLY CORRELATE THE FINDINGS





**Patient Name :** MRS. SANJUKTA PARIDA

**Age / Gender :** 42 years / Female

**Patient ID :** 14640

**Referral :** MEDI WHEEL

**Collection Time :** 24/12/2022, 11:57 AM

**Reporting Time :** 25/12/2022, 05:01 PM

**Sample ID :**



16778

Test Description	Value(s)	Reference Range	Unit
<b><u>Glucose, Fasting (FBS)</u></b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	75.66	75 - 115	mg/dL
<b><u>Glucose, Post Prandial (PP)</u></b>			
Blood Glucose-Post Prandial Method : Hexokinase	78.9	70 - 140	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	16.2	10 - 50	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uricase, Colorimetric	3.78	3.4 - 7.0	mg/dL
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.95	0.60 - 1.30	mg/dL

\*\*END OF REPORT\*\*

Lab technician

**Dr.Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 1 of 1





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Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b>	9	0 - 20	mm/hr
---	---	--------	-------

Method : EDTA Whole Blood, Manual Westergren

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing)

"A"

Method : Manual-Hemagglutination

RhD Factor (Rh Typing)

Positive

Method : Manual hemagglutination

\*\*END OF REPORT\*\*

Lab technician

*Moh*  
**Dr.Kundan Kumar Sahoo**  
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**Age / Gender :** 42 years / Female

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**Referral :** MEDI WHEEL

**Collection Time :** 24/12/2022, 11:57 AM

**Reporting Time :** 25/12/2022, 04:58 PM

**Sample ID :**



16778

Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	2.36	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.25	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.94	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyrotoxic ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

\*\*END OF REPORT\*\*

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16778

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Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyrotoxic ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
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# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Regd. No. : 1834

**Patient Name :** MRS. SANJUKTA PARIDA

**Age / Gender :** 42 years / Female

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16778

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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Page 2 of 2



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**Sample ID :**



16778

Test Description	Value(s)	Reference Range	Unit
<b><u>Lipid Profile</u></b>			
Cholesterol-Total Method : Spectrophotometry	174.2	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	90.4	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	41.2	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	114.92	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	18.08	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.23	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.79	2.5 - 3.5	
<b>Note:</b> 8-10 hours fasting sample is required.			

\*\*END OF REPORT\*\*

Lab technician

  
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16778

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

**Chemical Examination**

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician

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Sample ID :



16778

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.62		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	114.59	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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**Reporting Time :** 25/12/2022, 05:00 PM

**Sample ID :**



16778

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab technician

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**Patient ID :** 14640

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**Collection Time :** 24/12/2022, 11:57 AM  
**Reporting Time :** 25/12/2022, 05:01 PM  
**Sample ID :**



16778

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	12.6	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	3.84	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	37.4	36 - 46	%
Mean Cell Volume (MCV)	97.40	83 - 101	fL
Mean Cell Haemoglobin (MCH)	<b>32.81</b>	27 - 32	pg
Mean Corpuscular Hb Conc. (MCHC)	33.69	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	12.5	11.6 - 14.0	%
Total Leucocytes (WBC) Count	6100	4000-10000	cell/cu.mm
Neutrophils	63	40 - 80	%
Lymphocytes	32	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	<b>00</b>	1-2	%
Platelet Count	297	150 - 410	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	9.2	7.2 - 11.7	fL
PCT	0.27	0.2 - 0.5	%
PDW	<b>17.1</b>	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

*Dr. Kundan Kumar Sahoo*  
**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
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16778

Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.94	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.18	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.76	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	25.3	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	34.2	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.12	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	106.2	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.85	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.77	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.08	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.22	1.2 - 2.2	

\*\*END OF REPORT\*\*

Lab technician

*Moh*  
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Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-SANJUKTA PARIDA  
AGE:-41YRS  
Patient ID:-5

REFERRAL:- MEDICHEEL  
DATE:-24.12.2022  
SEX:-FEMALE

**CHEST X-RAY PA VIEW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*

**Dr. Bhagaban Pradhan  
M.D. (Radio diagnosis)  
Consultant Radiologist**

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	Sph	Cyl	Axis	Vision
Distant	+0.50	-0.50	140	6/6
Near	+1.50	-0.50	140	N6

	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	6/6
Near	+1.00	--	--	N6

## EXAMINATION

R/OD
<b>VA:</b> UCVA - 6/9 UCVA Near- N10
<b>IOP:</b> 17 at 12:52 PM
<b>Appearance:</b> Normal
<b>Appendages:</b> Normal
<b>Conjunctiva:</b> Normal
<b>Cornea:</b> Size/Shape/Surface Normal
<b>Anterior Chamber:</b> Normal depth, No cells/flare
<b>Pupil:</b> Round shape, Normal direct & Consensual reflex
<b>Iris:</b> Within normal Limits
<b>Lens:</b> Clear, Crystalline, Central
<b>Extra Ocular Movements:</b> Unilateral and Binocular movements full and normal
<b>Fundus:</b> Media-Clear, CupRatio-0.3, PVD-Absent, OptDiscSize-Medium, OpticDisc-healthy, Bloodvessel-normal, Macula-Foveal Reflex, Foveal Reflex- Present , Fundus-within normal limits

L/OS
<b>VA:</b> UCVA - 6/6 UCVA Near- N10
<b>IOP:</b> 20 at 12:52 PM
<b>Appearance:</b> Normal
<b>Appendages:</b> Normal
<b>Conjunctiva:</b> Normal
<b>Cornea:</b> Size/Shape/Surface Normal
<b>Anterior Chamber:</b> Normal depth, No cells/flare
<b>Pupil:</b> Round shape, Normal direct & Consensual reflex
<b>Iris:</b> Within normal Limits
<b>Lens:</b> Clear, Crystalline, Central
<b>Extra Ocular Movements:</b> Unilateral and Binocular movements full and normal
<b>Fundus:</b> Media-Clear, PVD-Absent, OptDiscSize-Medium, CupRatio-0.3, OpticDisc-healthy, Bloodvessel-normal, Macula-Foveal Reflex, Foveal Reflex-Present , Fundus-within normal limits

## DIAGNOSIS

1. Presbyopia - H52.4

## ADVICE :

## Medication(Rx)

### New:

Sr No.	Name	Quantity	Frequency	Duration	Eye	Instruction
1	SENSEYES PLUS - EYEDROPS	1	4 times a day	1 Months	Both Eyes	

**For Followup :** - Visit Dr. SAUMENDU MOHANTY for review as and when necessary

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**

**PLEASE CONTACT: MOBILE NO 8118052202**

ଜରୁରୀ କାଳୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨) ଯୋଗାଯୋଗ କରନ୍ତୁ



<b>Patient :</b>	<b>MRS. SANJUKTA PARIDA</b>	<b>Doctor :</b>	<b>Dr. SAUMENDU MOHANTY</b>
<b>Age/Sex :</b>	42 Years /Female	<b>Facility :</b>	Dr. Agarwal's Health Care Ltd, Bhubaneswar
<b>Contact :</b>	8249231696	<b>Appt. Dt :</b>	24 Dec'22
<b>MR No. :</b>	BHU/32784/22	<b>Note Dt :</b>	24 Dec'22

## OPD SUMMARY

### HISTORY

#### Chief Complaints :

- Blurring/Diminution of vision in Both Eye since 1 month - Near.
- Headache/Strain since 1 month - discontinued

**Ophthalmic History :** None

#### Systemic History :

- Diabetes - FBS-149mm/dl on 14-12-2022, not on rx
- Hypertension since 1 year - on rx

**Allergies :** None

### REFRACTION

R/OD		
<b>Keratometry:</b>		
		Axis
Kh	44.25	180
Kv	45.00	90

Auto Refraction:			
	Sph	Cyl	Axis
Dry	+1.00	-0.50	140
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Dilated	--	--	--
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**Dry Refraction:**

L/OS		
<b>Keratometry:</b>		
		Axis
Kh	44.25	165
Kv	44.75	75

Auto Refraction:			
	Sph	Cyl	Axis
Dry	+0.50	-0.25	130
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Dilated	--	--	--
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**Dry Refraction:**

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**

**PLEASE CONTACT: MOBILE NO 8118052202**

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