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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS ALKA TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 51 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9895 \*JLC9895\*  
**Reg. Date** : 10-Dec-2022 9:38 am  
**Report Date** : 10-Dec-2022 2:05 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	101.3	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion)
Blood Urea Nitrogen (BUN)	9.00		5 - 20 mg/dl
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	4.23	mg%	Female : 2.4 - 5.7 mg%

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 Print Date : 12-Dec-2022 6:04 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

----- End of Report -----

\* RECHECKED & CONFIRMED

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**Print Date** : 12-Dec-2022 6:04 pm

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	118	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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**Lab No.** : JLC9895 \*JLC9895\*  
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**Report Date** : 10-Dec-2022 5:29 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	10.6	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.59	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	34.6	%	Female : 32 - 47 %
MCV	75.40	fl	80- 96 fl
MCH	23.10	pg	27 - 32 pg
MCHC	30.60	gm%	32 - 37 gm%
RDW	14.2	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	6140	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	60	%	40 - 75
Lymphocytes	36	%	20 - 40
Eosinophils	02	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	292000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Hypochromasia (mild), Microcytosis (mild)		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	40	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.73	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	51		
eGFR	89.33	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	230	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	155	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	31.00	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	154.00	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	5.11		< 5
LDL / HDL	3.42		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

\*Result rechecked.

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS ALKA TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 51 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9895 \*JLC9895\*  
**Reg. Date** : 10-Dec-2022 9:38 am  
**Report Date** : 10-Dec-2022 3:21 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.6	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.12	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.48	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	10.00	U / L	Up to 49 U / L
S.G.O.T.	16.30	U / L	Up to 46 U / L
Alkaline Phosphatase	110	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.21	gm / dl	6 - 8 gm / dl
Albumin	4.12	gm / dl	3.2 - 5.5 gm / dl
Globulin	3.09	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.33		1.0- 2.3
GGT	25	IU/L	5 - 50 IU/L

----- End of Report -----

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DR. BHAVINI KAMDAR  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS ALKA TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 51 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9895 \*JLC9895\*  
**Reg. Date** : 10-Dec-2022 9:38 am  
**Report Date** : 10-Dec-2022 2:35 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf /hpf
Epithelial Cells	2-3/ hpf /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 51 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9895 \*JLC9895\*  
**Reg. Date** : 10-Dec-2022 9:38 am  
**Report Date** : 10-Dec-2022 2:34 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Colour	Brown
Form ( Consistency )	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<b>CHEMICAL EXAMINATION</b>	
Reaction	Acidic
Occult Blood	Absent
<b>MICROSCOPIC EXAMINATION</b>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen

----- End of Report -----

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS ALKA TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 51 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9895 \*JLC9895\*  
**Reg. Date** : 10-Dec-2022 9:38 am  
**Report Date** : 10-Dec-2022 7:07 pm  
**Print Date** : 12-Dec-2022 6:04 pm

**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	107.94	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	5.74	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	1.56	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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**Health Check up Booking Confirmed Request(bobS19783),Package Code-  
PKG10000243, Beneficiary Code-52495**

Mediwheel &lt;customercare@policywheel.com&gt;

Wed, Dec 7, 2022 at 6:14 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;

**Mediwheel**  
...Your wellness partner**011-41195959****Email:wellness@mediwheel.in****Hi Healthcare Medical Centre And Diagnostic,**Diagnostic/Hospital Location :1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute,  
Borivali West, Mumbai- 400092 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name :** PKG10000243**Beneficiary Name :** Alka Pankaj Tandel**Member Age :** 50**Member Gender :** Female**Member Relation :** Spouse**Package Name :** Medi-Wheel Metro Full Body Health Checkup Female Above 40**Location :** MUMBAI,Maharashtra-400002**Contact Details :** 8692059305**Booking Date :** 08-11-2022**Appointment Date :** 10-12-2022**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.





भारत सरकार

GOVERNMENT OF INDIA



अलका पंकज तोंडेल

Alka Pankaj Tandel

जन्म तारीख/DOB: 05/10/1971

महिला/ FEMALE

Mobile No: 9172000631

**4912 2853 0952**

माझे आधार, माझी ओळख

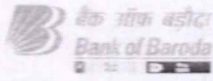
Issue Date: 17/03/2012

**HEALTHCARE**  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumber - 400 092  
Tel :- 28996565 / 28996535

**Dr. NUPUR RAI**  
MBBS; DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2016115643

Alka Tandel





To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	ALKA PANKAJTANDEL
DATE OF BIRTH	05-10-1972
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	10-12-2022
BOOKING REFERENCE NO.	22D60458100031752S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. TANDEL PANKAJ PARSHURAM
EMPLOYEE EC NO.	60458
EMPLOYEE DESIGNATION	JOINT MANAGER
EMPLOYEE PLACE OF WORK	VANGAON
EMPLOYEE BIRTHDATE	24-01-1970

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **25-11-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



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NAME	MRS ALKA TANDEL	DATE	10/12/2022
HEIGHT: 147 CMS	WEIGHT :54 KGS	AGE	51 YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
<b>PRESENT COMPLAINT: NIL</b>			
<b>CURRENT MEDICATION: NIL</b>			
<b>PAST HISTORY : NIL</b>			
<b>ALLERGY: NIL</b>		<b>HABITS: NIL</b>	
<b>SLEEP: GOOD</b>		<b>APPETITE: GOOD</b>	
<b>BLADDER: NAD</b>		<b>BOWEL: NAD</b>	
<b>FAMILY HISTORY: MOTHER HAS HTN &amp; DM</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P: 90/MIN      BP: 110/60 MM OF HG		Avoid oily food.	
PALLOR: NIL      ICTERUS: NIL		T. Pressure 5 (0-0-0) 1 month	
OEDEMA: NIL      OTHERS: NAD		fit for employment	
RS: NAD		 <b>DR. NUPUR RAI</b> <b>DR. Y. L. MEHTA (M.D.)</b> Reg. No.. 2018115643	
CVS: NAD			
PA: NAD			
CNS: NAD			
<b>INVESTIGATION:</b>			

**HEALTHCARE**  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 092

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- GOREGAON (EAST)** - SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** - UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389



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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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NAME	Mrs. Alka Tandel	DATE	10/12/2022
PATIENT ID		AGE	51
REFERRED BY		SEX	F

### GYNAEC / OBST. CHECK-UP

PRESENT COMPLAINTS: Nil

CURRENT MEDICATION: Nil

PRESENT MENSTRUAL HISTORY: Absent of Mense since last 3 months.

GYNAEC HISTORY: G4 A2 L2 LMP: 3 month ago.

OBST HISTORY: LD
FTND
FTCS

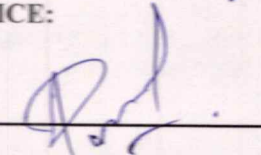
PS EXAM:
----------

PV EXAM: UTERUS: { Normal
FORNICES:

PAP SMEAR:

BREAST EXAM: Soft, No any palpable mass.

ADVICE:

DR.   
(GYNAEC & OBSTETRICS)

**HEALTHCARE**  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 092  
Tel :- 28996565 / 28996535

- |                         |  |
|-------------------------|--|
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**DENTAL CHECK UP**

NAME	Mrs. Alka Pandel	DATE	10/12/2022
REFERRED BY	Mediwheel	AGE - YRS	51
		SEX	F

CHIEF COMPLAINT : Nil.

PAST DENTAL HISTORY : Molar teeth extracted long time ago.

HABITS : Nil.

ORAL EXAMINATION : Rt lower 2nd molar has cavities ⊕. Gums healthy.

TREATMENT : Adv. Dental cleaning & Root canal.

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Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 032  
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## OPHTHALMIC REPORT

NAME *Alka Tandew*

R- NO

REF. BY DR.

DATE *10/12/2012*

AGE *51*

SEX *Female.*

RIGHT EYE

LEFT EYE

V.A. WITHOUT GLASSES:

*6/24*

*6/24*

V.A. WITH GLASSES:

*6/6*

*6/6*

ANTERIOR SEGMENT EXAMINATION:

FUNDUS:

COLOUR VISION:  
(ISHIHARA CHART)

*Normal*

*Normal*

OCULAR MOVEMENTS:

RETINOSCOPY:

Prescription:

DISTANCE

NEAR

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>+2.00</i>	<i>-0.5</i>	<i>120°</i>	<i>+2.00</i>	<i>+0.5</i>	<i>80°</i>
NEAR	<i>+2.5</i>			<i>+2.5</i>		

CLINICAL IMPRESSION:

ADVICE:

**HEALTHCARE**  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 042  
Tel: 28996565 / 28996533

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NAME	MRS ALKA TANDEL	DATE	10.12.2022
REF. BY DR	MEDIWHEEL	AGE	51 YRS
		SEX	FEMALE

### X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

#### IMPRESSION :

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

*SS*  
**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS ALKA TANDEL	DATE	10.12.2022
		AGE	51 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

## REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,

Note: Excessive bowel gas shadowing noted in the abdomen.

**LIVER :** Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is partially distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 10.1 x 3.4 cms

(b) Left kidney measures: 10.9 x 4.6 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

### UTERUS (TVS):

Uterus is anteverted and bulky. There is evidence of multiple intramural fibroids in anterior and posterior myometrium. Largest measuring approximately 4.8 x 4.3 cm in anterior myometrium.

Endometrial lining (7 mm) appears normal. No evidence of focal lesion.

Uterus measures: 9.0 x 8.3 x 6.1 cms.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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NAME	MRS ALKA TANDEL	DATE	10.12.2022
REF. BY DR	MEDIWHEEL	AGE	51YRS
		SEX	FEMALE

### ADNEXA :

Right ovary is not well visualized.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 2.6 x 1.5 cm.

No evidence of free fluid.

### IMPRESSION :

- **BULKY UTERUS WITH FIBROIDS.**

SUGGEST: CLINICAL CORRELATION.

**DR. BHAVESH GORI**  
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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NAME	MRS ALKA TANDEL	DATE	10.12.2022
INVESTIGATION	SONO MAMMO	AGE	51 YRS
REF. BY DR.	MEDIWHEEL	SEX	FEMALE

**SONOMAMMOGRAPHY OF BOTH BREASTS**

Breast tissue is predominantly fibro-glandular parenchyma..

There is no focal hypo or hyperechoic solid / cystic lesion in right breast.

**There is oval hypo-isoechoic wider than tall lesion with well defined margins situated at 4 O'clock position in left breast. The lesion measures approximately 18 x 10 mm in dimension. No significant vascularity is noted on color Doppler. No calcification seen.**

The retromammary region is normal.No dilated tubular structure seen.

There is evidence of a small normal morphology lymphnode seen in right axilla measuring approx 13 x 6 mm. There is no appreciable lymphnode in left axilla.

**IMPRESSION:**

**THE MORPHOLOGY OF LESION IN LEFT BREAST FAVORS FIBROADENOM (BIRADS III PROBABLY BENGIN).**

**Suggest: Clinical correlation/ SOS FNAC/ Mammography.**

DR. BHAVESH GORI

CONS. RADIOLOGIST.

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- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MRS ALKA TANDEL  
EJLC9895 10-Dec-2022



ECG

# ELECTROCARDIOGRAM (ECG)

PATIENT MRS ALKA TANDEL AGE 51 SEX F

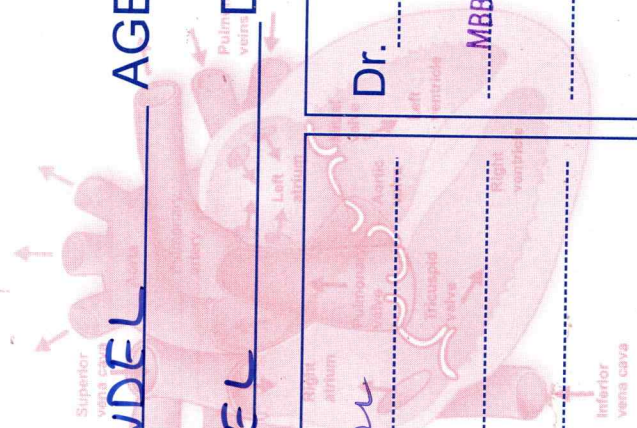
REF. BY DR. MEDI WHEEL DATE 12.10.2022

INTERPRETATION : normal

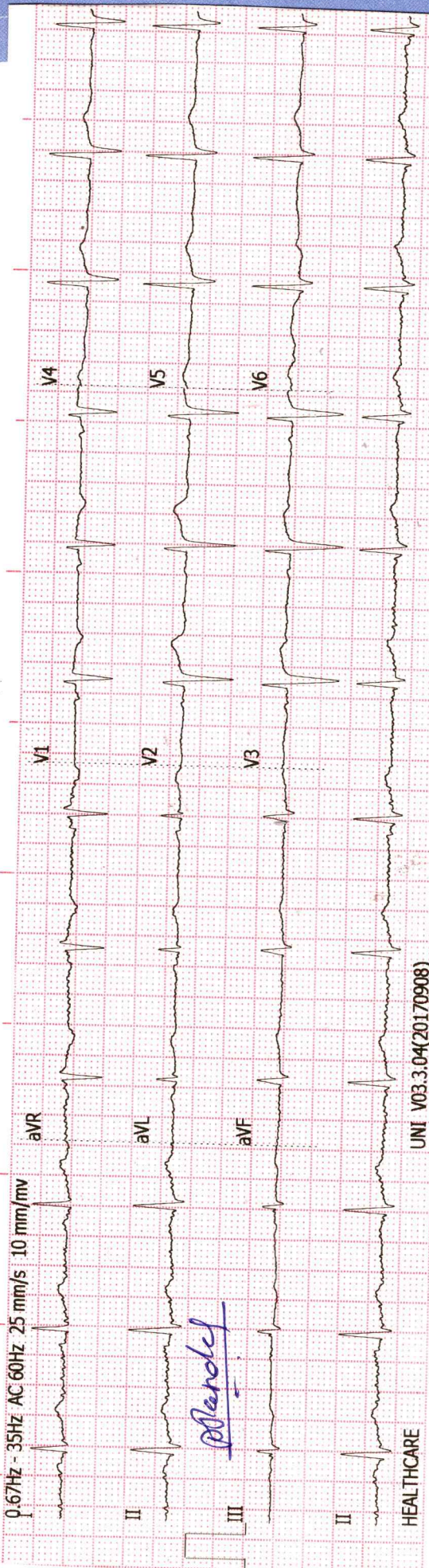
Dr. any

**DR. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643

**HEALTHCARE**  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400092  
Tel - 28996565 / 28996535







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HEALTHCARE

History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 76 bpm

Ventricular Rate : 74

Rhythm : 4

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : 2

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

None



# HEALTHCARE BORIVALLI

**MRS AIKA TANDEL**

ID : 797  
 DATE : 10/12/2022  
 AGE/SEX : 51 / F  
 HT/WT : 147 / 54  
 REF. BY : MEDIWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					84	110 / 60	92	0.4	0.3	0.4	
STANDING					81	110 / 60	89	0.2	0.2	0.4	
HYPERVENT					79	110 / 60	86	0.1	0.2	0.2	
Stage 1	2:55	2:55	2.7	10	146	120 / 70	175	-0.8	0.5	-0.6	4.67
Stage 2	5:55	2:55	4	12	162	140 / 70	226	0.1	0.2	0	7.04
PK-EXERCISE	6:14	0:14	5.4	14	162	140 / 70	226	0.1	0.1	0	
RECOVERY	7:27	1:5			110	140 / 70	154	1.2	0.4	0.7	7.33
RECOVERY	8:27	2:5			92	130 / 70	119	0.3	0.8	-0.2	
RECOVERY	9:17	2:55			96	120 / 70	115	-0.6	0.6	-0.5	
RECOVERY	10:7	3:45			85	120 / 70	102	-0.9	0.6	-0.5	

**RESULTS**

EXERCISE DURATION : 6:14  
 MAX HEART RATE : 163 bpm  
 MAX BLOOD PRESSURE : 140 / 70 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
**IMPRESSIONS** :  
 Fair effort tolerance  
 No angina,  
 No arrythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible Ischemia,

MAX WORK LOAD : 7.33 METS

**HEALTHCARE**  
 Medical centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivalli (West), Mumbai - 400 092  
 Tel :- 28996565 / 28996535

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PDDCC)  
 Reg. No. 2018115643

Technician : 1

( MD )



# HEALTHCARE BORIVALLI

MRS ALKA TANDEL  
I.D. 797  
Age 51/F  
Date 10/12/2022

RATE 84bpm  
B.P. 110/60

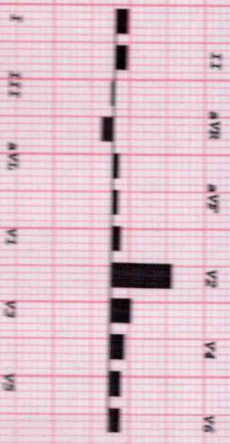
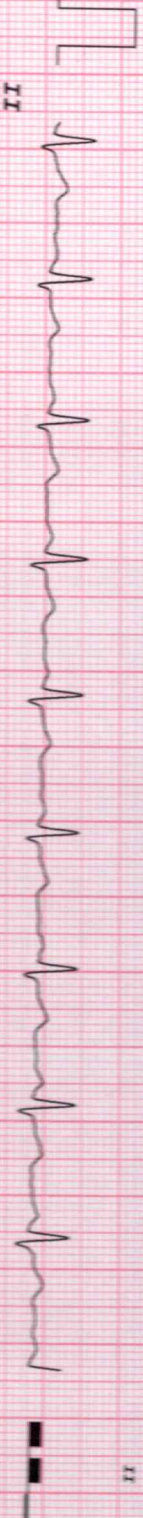
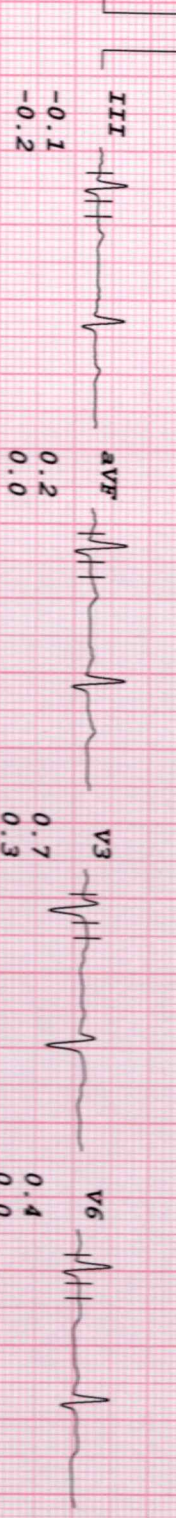
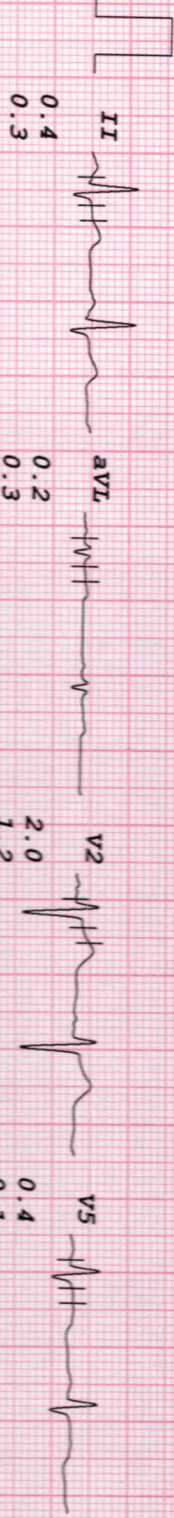
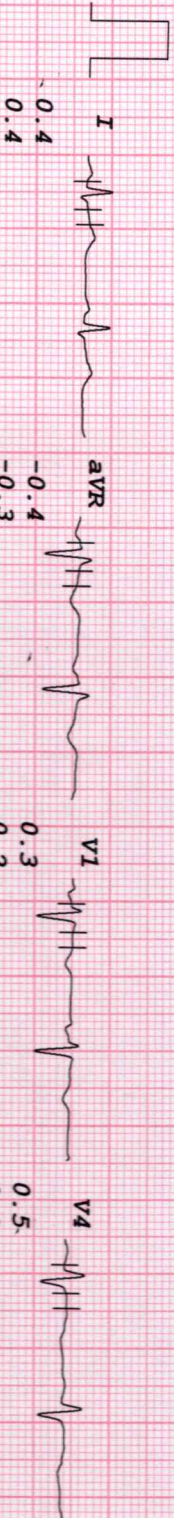
PRETEST  
SUPINE

ST @ 10mm/mv  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III

















# HEALTHCARE BORIVALLI

MRS ALKA TANDEL  
I.D. 797  
Age 51/F  
Date 10/12/2022

RATE 162bpm  
B.P. 140/70

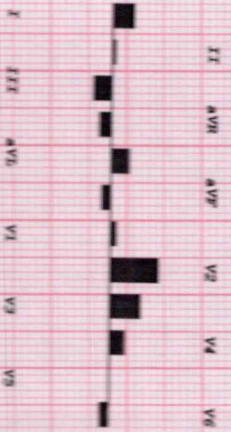
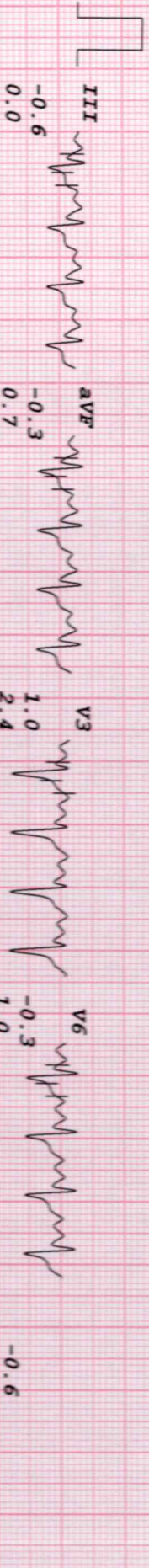
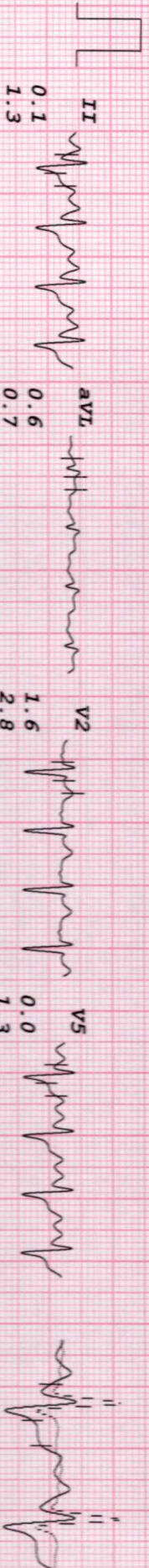
Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mv  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III









# HEALTHCARE BORIVALLI

MRS AIKA TANDEL  
I.D. 797  
Age 51/F  
Date 10/12/2022

RATE 110bpm  
B.P. 140/70

Bruce  
RECOVERY  
TOTAL TIME 7:27  
PHASE TIME 1:05

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III

