

Name : Mrs. AYANTIKA DAS (37 /F)

Date : 12/02/2022

Address : VILL,PO-GOPALPUR, SUB-BASIRHAT,PS-HAROA, NORTH 24 PARGANAS, NORTH
24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001569381

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40
YRS WITH TMT/ECHO)

AHC No : AMHLAH142111



CHIEF COMPLAINTS

For corporate health checkup
C/O Plantar fasciitis x 6 months.
C/O Skin rashes both hands x 2 days (non pruritic).
PRESENT KNOWN ILLNESS:-
H/O Hypothyroidism - 14 years, on medication.
H/O Dyspepsia - 3 years, on medication PRN.

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

Nil.

:14/02/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, FLATULENCE AND
DYSPEPSIA - Present occasional, BOWEL HABITS
- Regular.

Genitourinary system

FREQUENCY - Normal.

Gynaec history

P1+0, LSCS, LCB - 2012, LMP - 26th January,
Cycle - Regular.

Central nervous system

HEADACHE - Present occasional, during
dyspepsia, GIDDINESS - Present occasional, No
H/O Syncope, No neck pain, no tinnitus, MEMORY
& CONCENTRATION - Normal, SLEEP - Normal.

Eyes

VISION - Normal.

ENT

HEARING - Normal.

Skin

Rash on both hands.

Weight

Steady.



Present medications

Tab. Eltroxin (50 mcg) - 1 tab daily. Tab. Occasional
zintac (150 mg) - PRN.



Past medical history

Typhoid - in childhood.



Surgical history

Lower segment - 2012
caesarean section

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Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active

Family history

Father - alive
Mother - alive
Brothers - 1
Diabetes - paternal grandmother,paternal grandfather
Hypertension - father,paternal grandmother,paternal grandfather,uncle,aunt
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION

General

Build - over weight
Height (in cms) - 158
Weight (in Kgs) - 68
BMI - 27.24
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 74
Rhythm - Normal
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 82
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Scars - Operative scar present.

Central nervous system

No neurological deficit

Skin

No significant finding

Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

Ophthalmology consultation

Ophthalmology findings - Consultant's notes attached

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.2	g/dl	●	12.0-15.0
RBC COUNT	4.14	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.4	%	●	36-46
MCV	87.9	fl	●	83-101
MCH	29.4	pg	●	27-32
MCHC	33.4	%	●	31.5-34.5
RDW	12.9	%	●	11.8-14.0
WBC Count	7300	/cu mm	●	4000-10000
Platelet Count	2.22	lacs/cu mm	●	1.5-4.0
Neutrophils	47	%	●	40-80
Lymphocytes	44 *	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	17	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	80	U/L	●	42-98
AST (SGOT) - SERUM	18	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	145	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 12 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.3 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 86 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 93 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 111 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.8 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.4 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 41 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 91 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 13 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.3 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.3 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3:1.0 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2200538
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

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TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Bulky uterus.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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