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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PANKAJ TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 52 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9893 \*JLC9893\*  
**Reg. Date** : 10-Dec-2022 9:36 am  
**Report Date** : 10-Dec-2022 3:20 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## BIOCHEMISTRY

TEST	RESULT	NORMAL VALUES
Blood Urea Nitrogen (BUN)	13.00	5 - 20 mg/dl
BLOOD SUGAR FASTING	105	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion)
URINE SUGAR (Fasting)	Absent	

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:  
 Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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 PRANALI

DR. BHAVINI KAMDAR  
 MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	5.0	mg%	Male : 3.4 - 7.0 mg%

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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

----- End of Report -----

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# HEALTHCARE

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	120	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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# HEALTHCARE

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**Sex :** MALE **Age :** 52 Years  
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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.77	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	47.5	%	Male : 37 - 51 %
MCV	82.30	fl	80- 96 fl
MCH	<b>26.10</b>	pg	27 - 32 pg
MCHC	<b>31.70</b>	gm%	32 - 37 gm%
RDW	13.6	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	9150	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	53	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	03	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	292000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	1.03	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	52		
eGFR	80.60	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	180	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	134	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	48	mg / dl	40 - 60 mg / dl
VLDL	26.80	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	<b>105.20</b>	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.75		< 5
LDL / HDL	2.19		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PANKAJ TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE    **Age** : 52 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9893 \*JLC9893\*  
**Reg. Date** : 10-Dec-2022 9:36 am  
**Report Date** : 10-Dec-2022 3:20 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.6	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.26	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.34	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	25.20	U / L	Up to 49 U / L
S.G.O.T.	18.40	U / L	Up to 46 U / L
Alkaline Phosphatase	150	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.21	gm / dl	6 - 8 gm / dl
Albumin	4.71	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.50	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.88		1.0- 2.3
GGT	29	IU/L	5 - 50 IU/L

----- End of Report -----

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DR. BHAVINI KAMDAR  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PANKAJ TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 52 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9893 \*JLC9893\*  
**Reg. Date** : 10-Dec-2022 9:36 am  
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## PROSTATE SPECIFIC ANTIGEN (P.S.A.)

TEST	RESULT	UNITS	NORMAL VALUES
Prostate Specific Antigen	0.85	ng/ml	< 40 years 0.21 to 1.72 ng/ml 40 - 49 0.27 to 2.19 ng/ml 50 - 59 0.27 to 3.42 ng/ml 60 - 69 0.22 to 6.16 ng/ml > 69 0.21 to 6.77 ng/ml

**Method** : EIA  
**Interpretation** :

PSA exists in serum mainly in two forms, complexed to alpha-1 -anti-chymotrypsin and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PANKAJ TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 52 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9893 \*JLC9893\*  
**Reg. Date** : 10-Dec-2022 9:36 am  
**Report Date** : 10-Dec-2022 2:34 pm  
**Print Date** : 12-Dec-2022 6:04 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PANKAJ TANDEL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 52 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JLC9893 \*JLC9893\*  
**Reg. Date** : 10-Dec-2022 9:36 am  
**Report Date** : 10-Dec-2022 6:56 pm  
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**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ] Method	97.94 ELFA	ng/dl	55 - 180 ng/dl
T4 [ Thyroxine ] Method	5.58 ELFA	ug/dl	4.66 - 10.50 ug/dl
TSH [Thyroid Stimulating Hormone] Method	3.30 ELFA	uIU/mL	0.25 - 5.0 uIU/mL

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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**Health Check up Booking Confirmed Request(bobE19782),Package Code-  
PKG10000242, Beneficiary Code-52495**

Mediwheel &lt;customercare@policywheel.com&gt;

Wed, Dec 7, 2022 at 6:15 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;

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Email:wellness@mediwheel.in

**Hi Healthcare Medical Centre And Diagnostic,**Diagnostic/Hospital Location :1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute,  
Borivali West, Mumbai- 400092 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name :** PKG10000242**Beneficiary Name :** MR. TANDEL PANKAJ PARSHURAM**Member Age :** 51**Member Gender :** Male**Member Relation :** Employee**Package Name :** Medi-Wheel Metro Full Body Health Checkup Male Above 40**Location :** MUMBAI,Maharashtra-400002**Contact Details :** 8692059305**Booking Date :** 08-11-2022**Appointment Date :** 10-12-2022**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

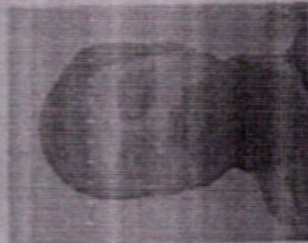
We request you to facilitate the employee on priority.





भारत सरकार

GOVERNMENT OF INDIA



पंकज परशुराम तांदेल

Pankaj Parshuram Tandell

जन्म वर्ष / Year of Birth : 1970

पुरुष / Male



4840 0011 5629

आधार - सामान्य माणसाचा अधिकार

*Pankaj*

**HEALTHCARE**  
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Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 092  
Tel :- 28996565 / 28996535

*N*  
**Dr. NIPUR RAI**  
MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643



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NAME	MR PANKAJ TANDEL	DATE	10/12/2022
HEIGHT: 165 CMS	WEIGHT :75 KGS	AGE	52 YRS
REFERRED BY	MEDIWHEEL	SEX	MALE

**PRESENT COMPLAINT: NIL**

**CURRENT MEDICATION: NIL**

**PAST HISTORY : NIL**

**ALLERGY: NIL      HABITS: NIL      APPETITE: GOOD**

**SLEEP: GOOD      BLADDER: NAD      BOWEL: NAD**

**FAMILY HISTORY: FATHER HAD HEART DISEASE**

**GENERAL EXAMINATION:**

**P: 92/MIN      BP: 130/80 MM OF HG**

**PALLOR: NIL      ICTERUS: NIL**

**OEDEMA: NIL      OTHERS: NAD**

**RS: NAD**

**CVS: NAD**

**PA: NAD**

**CNS: NAD**

**INVESTIGATION:**

**ADVICE-**

*fit for employment*

*[Signature]*

**DR. D.L. MEHTA [M.D.]**  
MBBS DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No. 2018115843

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- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389







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**DENTAL CHECK UP**

NAME	Mrs Pankaj Tandel	DATE	10/12/2022
REFERRED BY	Mediwealth	AGE - YRS	52
		SEX	M

CHIEF COMPLAINT :	N.M.
PAST DENTAL HISTORY :	N.M.
HABITS :	Alcohol on occasion.
ORAL EXAMINATION :	Average hygiene Gum healthy Teeth healthy
TREATMENT :	

**HEALTHCARE**  
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**DR TEJANG SHINDE**  
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## OPHTHALMIC REPORT

NAME <b>Pankaj Tandel</b>	DATE <b>10/12/2022</b>
R- NO	AGE <b>52</b>
REF. BY DR.	SEX <b>Male</b>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	<b>6/9</b>	<b>6/9</b>
V.A. WITH GLASSES:	<b>6/6</b>	<b>6/6</b>
ANTERIOR SEGMENT EXAMINATION:		

FUNDUS:

COLOUR VISION: (ISHIHARA CHART) **Normal** **Normal**

OCULAR MOVEMENTS: **Normal** **Normal**

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<b>+0.75</b>			<b>-2.5</b>		
NEAR	<b>+2.5</b>			<b>+2.5</b>		

CLINICAL IMPRESSION:  
ADVICE:

**HEALTHCARE**  
Medical Centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 092  
Tel: 28996565 / 28996535

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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



# ELECTROCARDIOGRAM (ECG)

MR PANKAJ TANDEL  
 EJLC9893 10-Dec-2022  
  
 ECG

PATIENT MR PANKAJ TANDEL AGE 52 SEX M

REF. BY DR. MEDI WHEEL DATE 10.12.2022

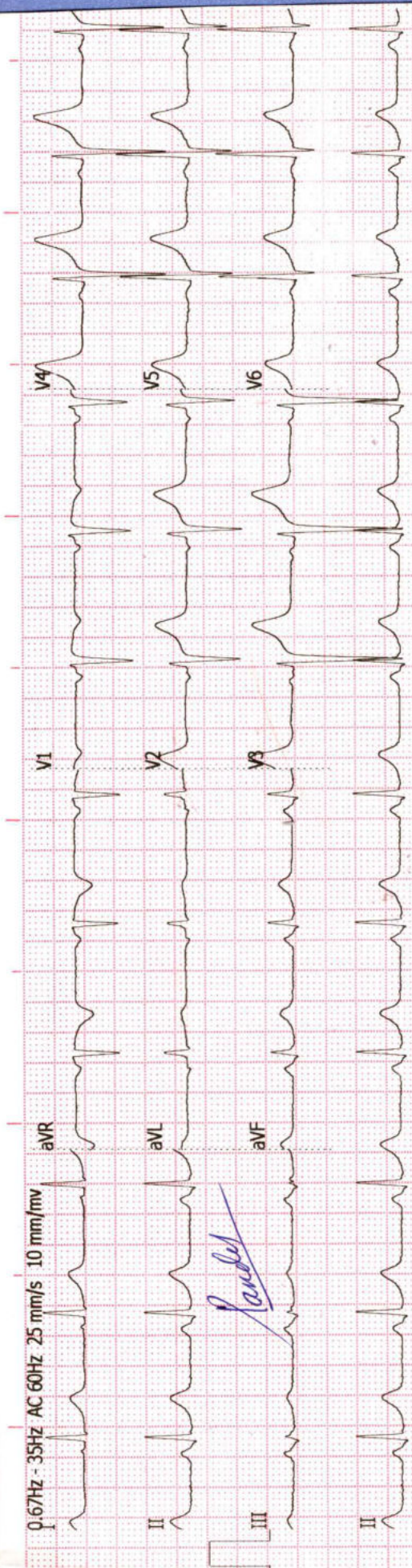
INTERPRETATION : low

Dr. *[Signature]*  
 Dr. **NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDGG)  
 Reg. No. - 2018115643

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0.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



HEALTHCARE

UNI V03.3.04(20170908)



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 72 bpm

Ventricular Rate : 72 bpm

Rhythm : by

Mechanism : .....

Voltage : .....

REMARKS & CONCLUSIONS : low

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : ✓

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR PANKAJ TANDEL	DATE	10.12.2022
		AGE	52 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

**X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

*Foy*  
**DR. SUDHANSHU SAXENA**  
**CONS. RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
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- FULL BODY HEALTH CHECK-UPS
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NAME	MR PANKAJ TANDEL	DATE	10.12.2022
REF. BY	MEDIWHEEL	AGE	52 YRS
		SEX	MALE

### REAL TIME ABDOMINAL SONOGRAPHY SHOWS

Note: Excessive bowel gas shadowing noted in the abdomen.

**LIVER :** Liver is normal in size showing bright parenchymal echotexture. There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is partially distended. The gall bladder wall of normal thickness. No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

(a) Right kidney measures: 9.6 x 4.7 cms

(b) Left kidney measures: 10.9 x 4.3 cms.

**SPLEEN :** The spleen is mildly enlarged in size (12.7 cm) with homogenous parenchymal echotexture. No focal lesions are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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<b>NAME</b>	<b>MR PANKAJ TANDEL</b>	<b>DATE</b>	<b>10.12.2022</b>
<b>REF. BY</b>	<b>MEDIWHEEL</b>	<b>AGE</b>	<b>52 YRS</b>
		<b>SEX</b>	<b>MALE</b>

**PROSTATE :** Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.  
It measures: 4.0 x 2.8 x 2.9 cms  
It weighs: 17 gms.

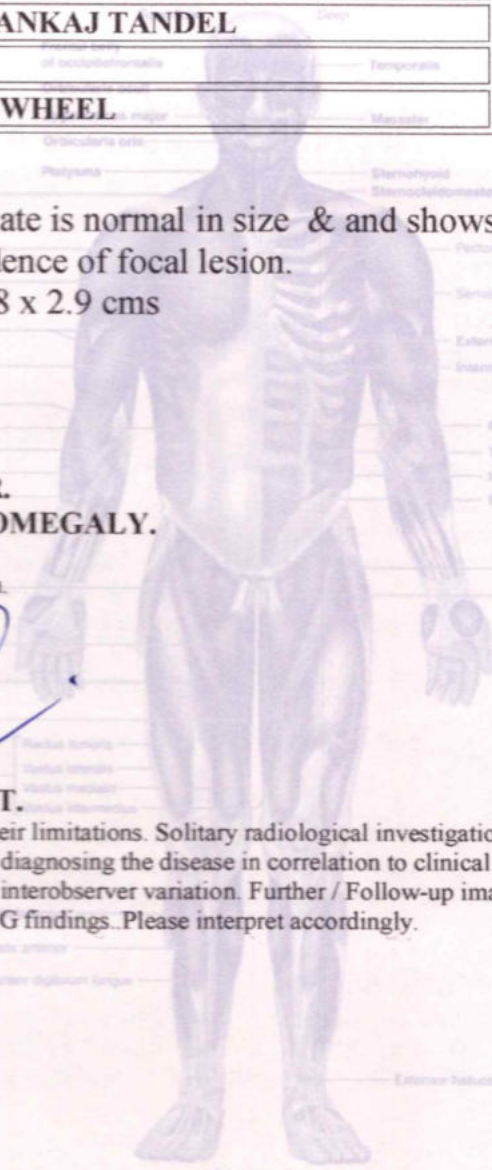
**IMPRESSION :**

- **FATTY LIVER.**
- **MILD SPLENOMEGALY.**

Suggest : Clinical correlation.

**DR. BHAVESH GORI**  
**CONS. RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.



(a) Anterior view

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# HEALTHCARE BORIVALI

**MR PANKAJ TANDEL**

ID : 796  
 DATE : 10/12/2022  
 AGE/SEX : 52 / M  
 HT/WT : 165 / 75  
 REF. BY : MEDIMWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION FOR INSURANCE  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET'S
								II	VI	V5	
SUPINE					90	130 / 80	117	0.9	0.5	1.7	
STANDING					92	130 / 80	119	0.9	0.5	1.6	
HYPERVENT					93	130 / 80	120	1	0.8	1.8	
Stage 1	2:55	0:15	2.7	10	131	130 / 80	170	0.4	0.7	2	4.67
Stage 2	5:55	2:55	4	12	159	140 / 90	222	0.7	0.7	3.5	7.04
PK-EXERCISE	6:9	0:9	5.4	14	160	140 / 90	224	-0.1	0.9	2.8	
RECOVERY	7:32	1:15			118	140 / 90	165	1.9	0.7	3.3	
RECOVERY	8:19	2:2			116	140 / 90	162	1.2	0.7	2.2	
RECOVERY	9:12	2:55			106	140 / 90	148	0.8	0.9	1.4	
RECOVERY	11:10	4:53			102	130 / 90	132	0.1	0.6	0.8	

**RESULTS**

EXERCISE DURATION : 6:9  
 MAX HEART RATE : 160 bpm  
 MAX BLOOD PRESSURE : 140 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
**IMPRESSIONS** :  
 Fair effort tolerance  
 No angina,  
 No arrhythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible ischaemia.

MAX WORK LOAD : 7.25 METS

**HEALTHCARE**  
 Medical centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai - 400 092  
 Tel :- 28996565 / 28996535

Technician : 1

**DR. NOPUR RAI**  
 MBBS, DIPLOMA IN RADIOLOGY (PDDCC)  
 Reg. No. 2018110043

( MD )























# HEALTHCARE BORIVALLI

MR PANKAJ TANDEL  
 I.D. 796  
 Age 52/M  
 Date 10/12/2022

RATE 160bpm  
 B.P. 140/90

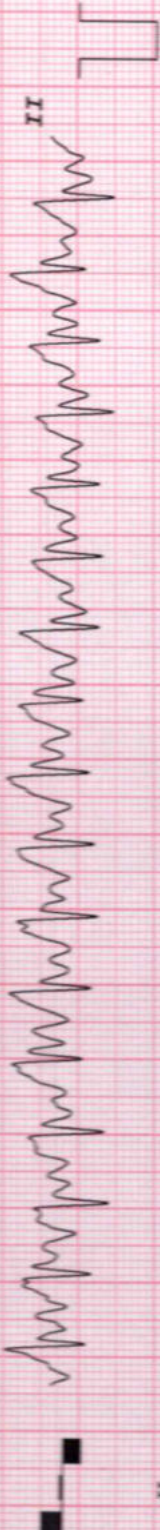
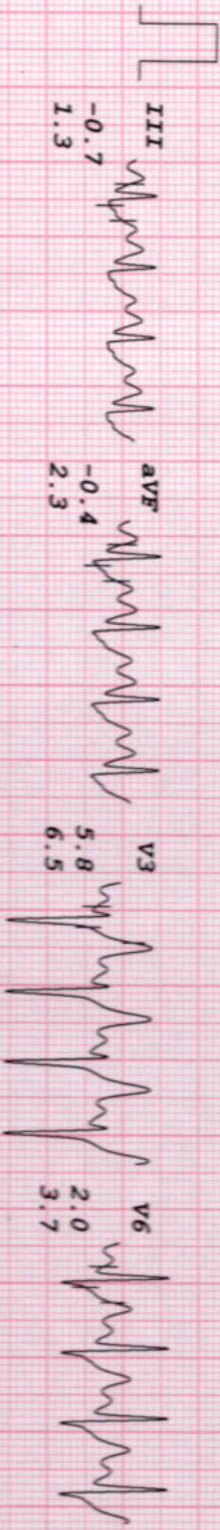
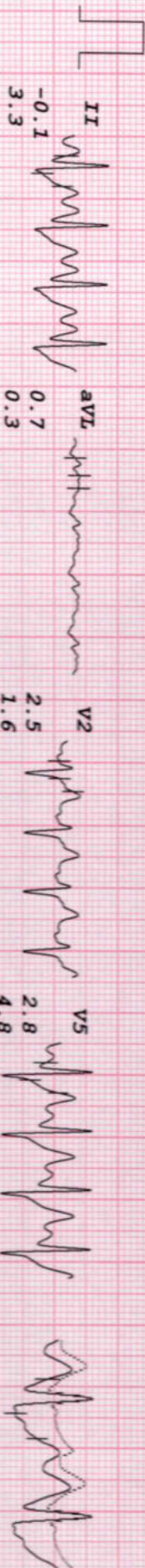
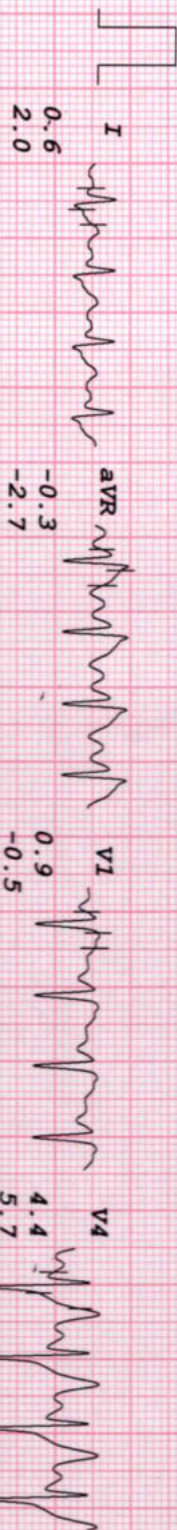
Bruce  
 PK-EXERCISE  
 TOTAL TIME 6:09  
 PHASE TIME 0:09

ST @ 10mm/mv  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III













# HEALTHCARE BORIVALLI

MR PANKAJ TANDEL  
 I.D. 796  
 Age 52/M  
 Date 10/12/2022

RATE 106bpm  
 B.P. 140/90

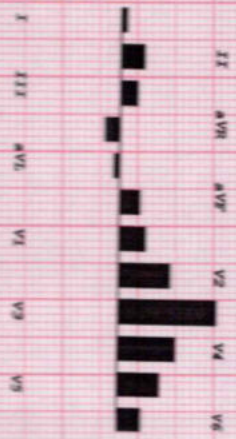
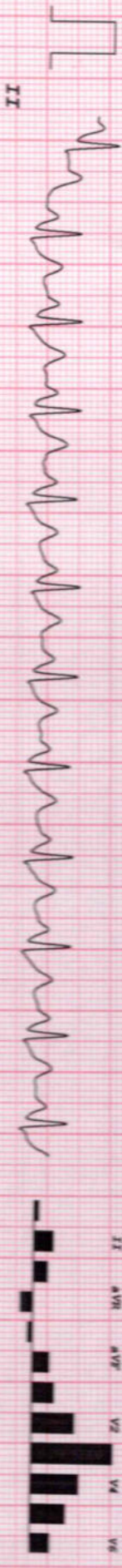
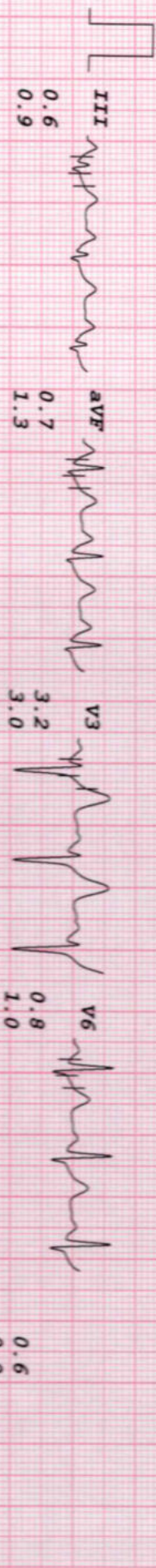
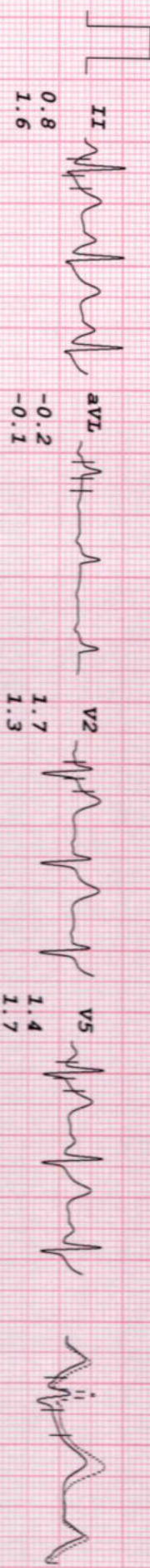
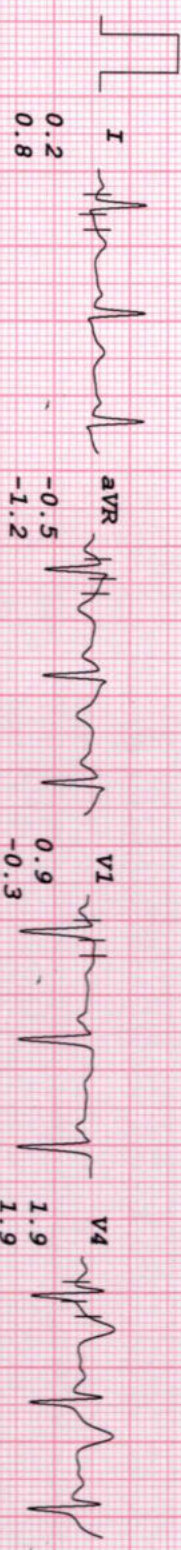
Brice  
 RECOVERY  
 TOTAL TIME 9:12  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE BORIVALLI

MR PANKAJ TANDEL  
 I.D. 796  
 Age 52/M  
 Date 10/12/2022

RATE 102bpm  
 B.P. 130/90

Brice  
 RECOVERY  
 TOTAL TIME 11:10  
 PHASE TIME 4:53

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

MAG. X 2

III

