



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

E.N.T

23/7/22

Soumendea Swain
32/ male

Ear - Normal.
Nose - Normal.
Throat - Normal.
E.N.T - Normal.



For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-SOUMENDRA SWAIN
AGE:-32YRS
Patient ID:-3

REFERRAL:-MEDI-WHEEL
DATE:-23.07.2022
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



EYE REPORT

NAME : SOUMENDRA SWAIN

DATE : 23.07.2022

AGE : 32 YRS

SEX : MALE

WITH GLASSES

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

Dr. M.K. HOTA
M.B.B.S. M.S. (E.N.T)
REGD No.-6993
SIGNATURE

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:05 PM

Sample ID :



14668

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.8	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	41	42 - 52	%
Mean Cell Volume (MCV)	85.42	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.50	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	32.20	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.7	11.5 - 14.0	%
Total Leucocytes (WBC) Count	8,960	4000-10000	cell/cu.mm
Neutrophils	72	40 - 80	%
Lymphocytes	24	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	278	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	9.4	7.2 - 11.7	fL
PCT	0.27	0.2 - 0.5	%
PDW	16.6	9.0 - 17.0	%

END OF REPORT

Lab technician

K. Sahoo
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN
Age / Gender : 32 years / Male
Patient ID : 12206

Referral : mediwheel
Collection Time : 23/07/2022, 11:41 AM
Reporting Time : 23/07/2022, 02:06 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	116.0	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	124.0	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.66	0.60 - 1.30	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	14.6	10 - 50	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.6	3.4 - 7.0	mg/dL

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



बैंक ऑफ़ बड़ौदा
Bank of Baroda



नाम : सौमेन्द्र स्वाई
Name : **Soumendra Swain**
कर्मचारी कूट क्र. : 125232
E.C. No. : 125232

जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder



Patient Name : MR. SOUMENDRA SWAIN
Age / Gender : 32 years / Male
Patient ID : 12206

Referral : mediwheel
Collection Time : 23/07/2022, 11:41 AM
Reporting Time : 23/07/2022, 02:06 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	06	0 - 15	mm/hr
---	----	--------	-------

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"
RhD Factor (Rh Typing) Method : Manual hemagglutination	Negative

END OF REPORT

Lab technician

Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:07 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	0.98	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	7.06	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.16	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:11 PM

Sample ID :



14668

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Urine(R/M) Routine Examination of Urine

General Examination

Colour	straw	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Ketones (Acetone)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
Bile salts	Absent	Absent	

Microscopic Examination

Red blood cells	NIL	0-4	/hpf
Pus cells (WBCs)	5 - 7/HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

Wah
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN
Age / Gender : 32 years / Male
Patient ID : 12206

Referral : mediwheel
Collection Time : 23/07/2022, 11:41 AM
Reporting Time : 23/07/2022, 02:12 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.7		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	116.89	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:12 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:13 PM

Sample ID :



14668

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Total Protein Method : Serum, Biuret, reagent blank end point	7.12	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.50	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.62	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	0.97	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Grof	0.65	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.15	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.50	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	19	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	26	3 - 35	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	143.0	80 - 306	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	07	< 55	U/L

END OF REPORT

Lab technician

K. Sahoo
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 02:14 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	169	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	112	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.25	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	104.35	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	22.40	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.47	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

Sahoo
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. SOUMENDRA SWAIN

Age / Gender : 32 years / Male

Patient ID : 12206

Referral : mediwheel

Collection Time : 23/07/2022, 11:41 AM

Reporting Time : 23/07/2022, 07:37 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
PSA(Prostate Specific Antigen)-Free			
PSA (Prostate - Specific Antigen) Method : CLIA	0.20	0.0-0.25	ng/mL

Interpretation & Remarks:

- Normal results do not eliminate the possibility of prostate cancer.
- Values obtained with different assay methods or kits may be different and cannot be used interchangeably.
- Tumor markers are not specific for malignancy. Test results cannot be interpreted as absolute evidence for the presence or absence of malignant disease.
- Specimens drawn from patients undergoing prostate manipulation, especially needle biopsy and transurethral specimens are drawn before these procedures are performed.
- The percentage of free PSA can be used to estimate how likely it is that a biopsy will show cancer.
- If the percentage of free PSA is higher than 25%, the likelihood of prostate cancer is about 8%.
- If the percentage of free PSA is less than 10%, then the likelihood of prostate cancer rises to 56%.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health

Page 1 of 1



192 / SOUMENDRA SWAIN / 32 Yrs / M / 167 Cms / 70 Kg Date: 23-Jul-2022 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Suprinte	00:18	0:18	00.0	00.0	01.0	082	44%	120/80	098	00	
Standing	00:35	0:17	00.0	00.0	01.0	080	43%	120/80	096	00	
HV	00:53	0:18	00.0	00.0	01.0	084	45%	120/80	100	00	
ExStart	01:10	0:17	00.0	00.0	01.0	084	45%	120/80	100	00	
BRUCE Stage 1	04:10	3:00	01.7	10.0	04.7	175	93%	122/82	213	00	
BRUCE Stage 2	07:10	3:00	02.5	12.0	07.1	184	98%	123/84	226	00	
PeakEx	07:19	0:09	03.4	14.0	07.3	185	98%	123/84	227	00	
Recovery	07:49	0:30	01.1	00.0	04.2	183	97%	123/84	225	00	
Recovery	08:19	1:00	01.1	00.0	01.2	181	96%	122/84	220	00	
Recovery	10:19	3:00	00.0	00.0	01.0	120	64%	121/82	145	00	
Recovery	12:27	5:08	00.0	00.0	01.0	106	56%	120/81	127	00	

FINDINGS :

Exercise Time : 06:09
 Max HR Attained : 185 bpm 98% of Target 188
 Max BP Attained : 123/84
 Max Workload Attained : 7.3 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

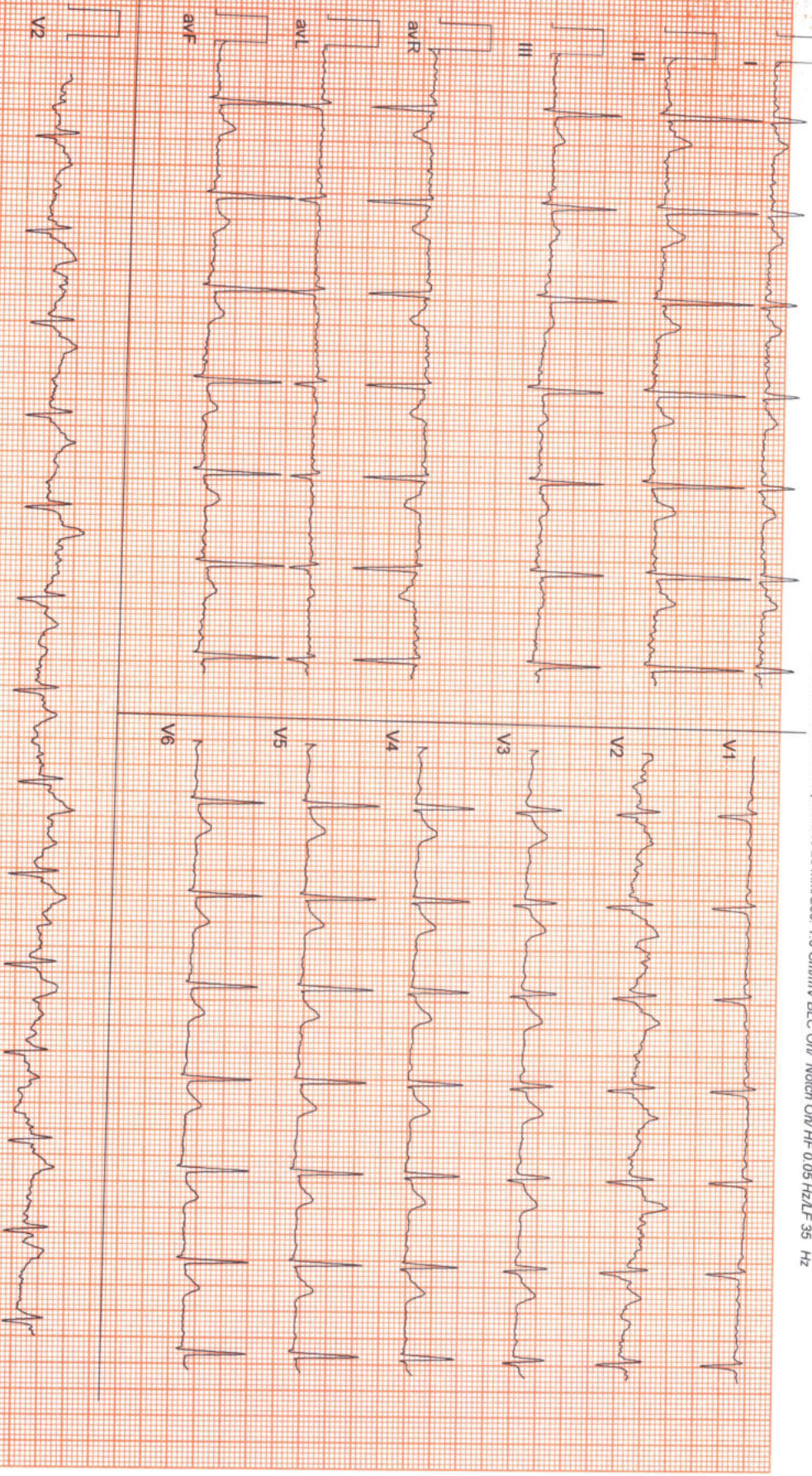
TMT IS Negative

D.M.K.HOTA
M.B.S.
REGD. No. 8993

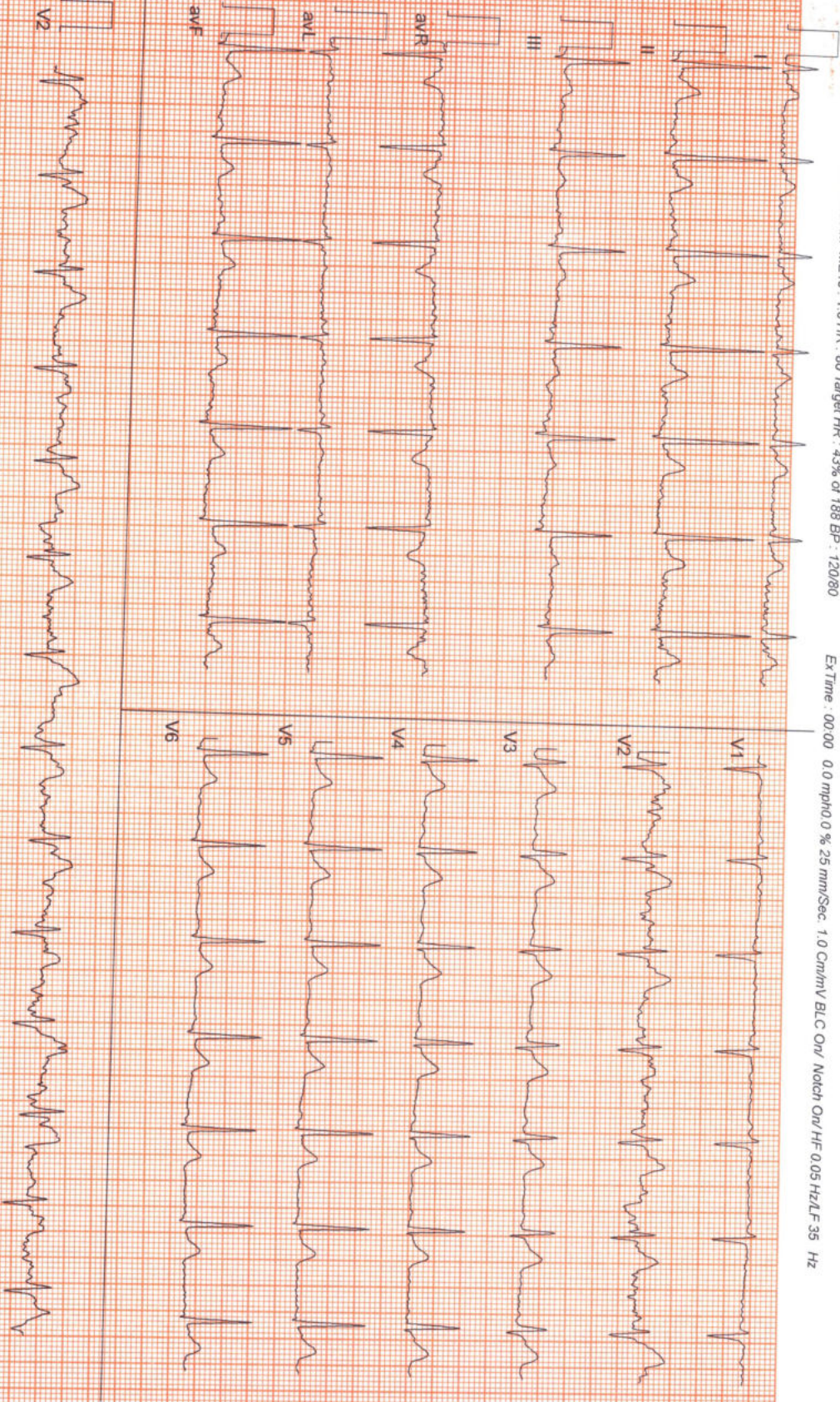


Date: 23 - 07 - 2022 09:28:23 AM METS : 1.0 HR : 82 Target HR : 44% of 188 BP : 120/80

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



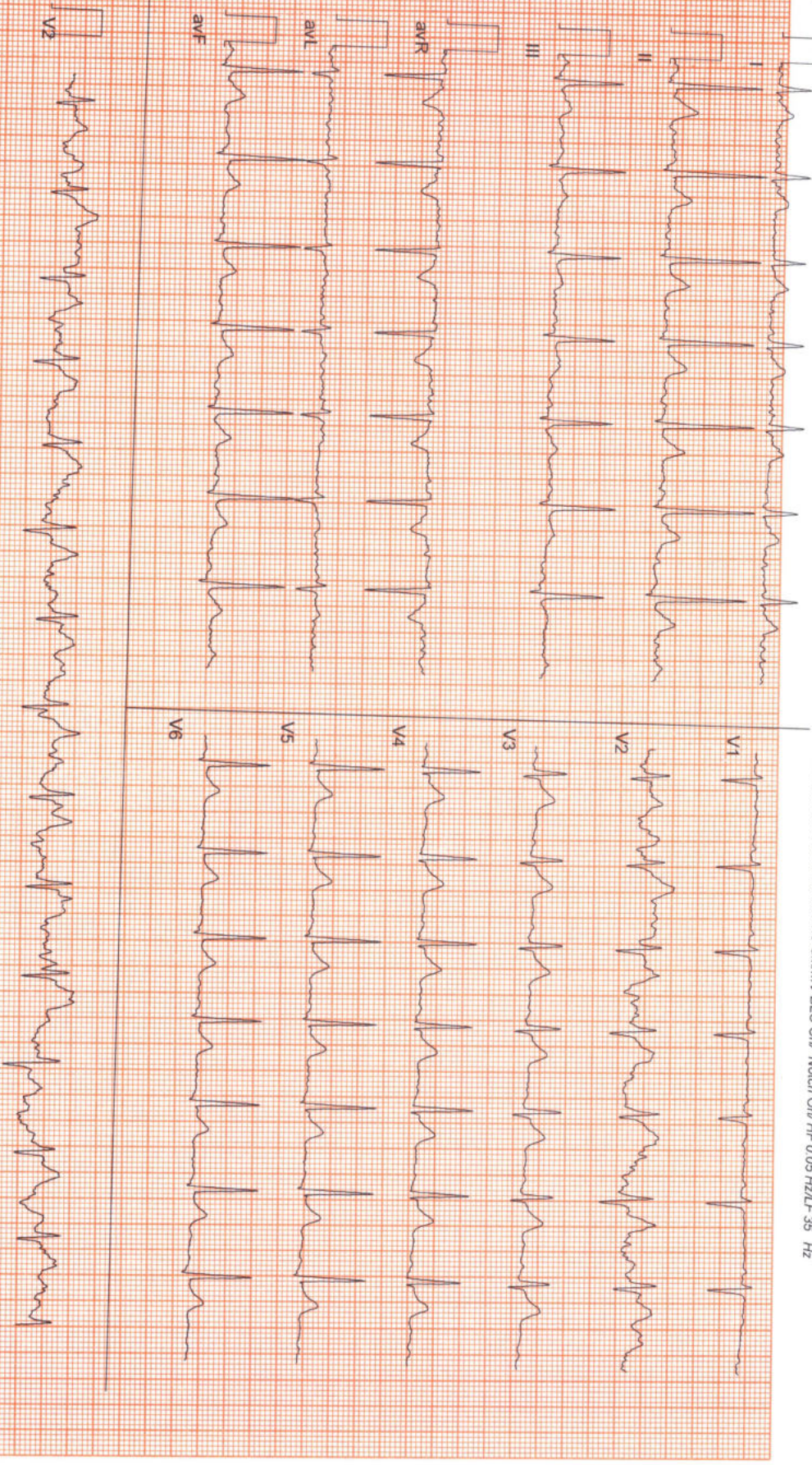
6 x 2 + Rhythm
BRUCE: Standing(0:17)





Date: 23-07-2022 09:28:23 AM METs: 1.0 HR: 84 Target HR: 45% of 188 BP: 120/80

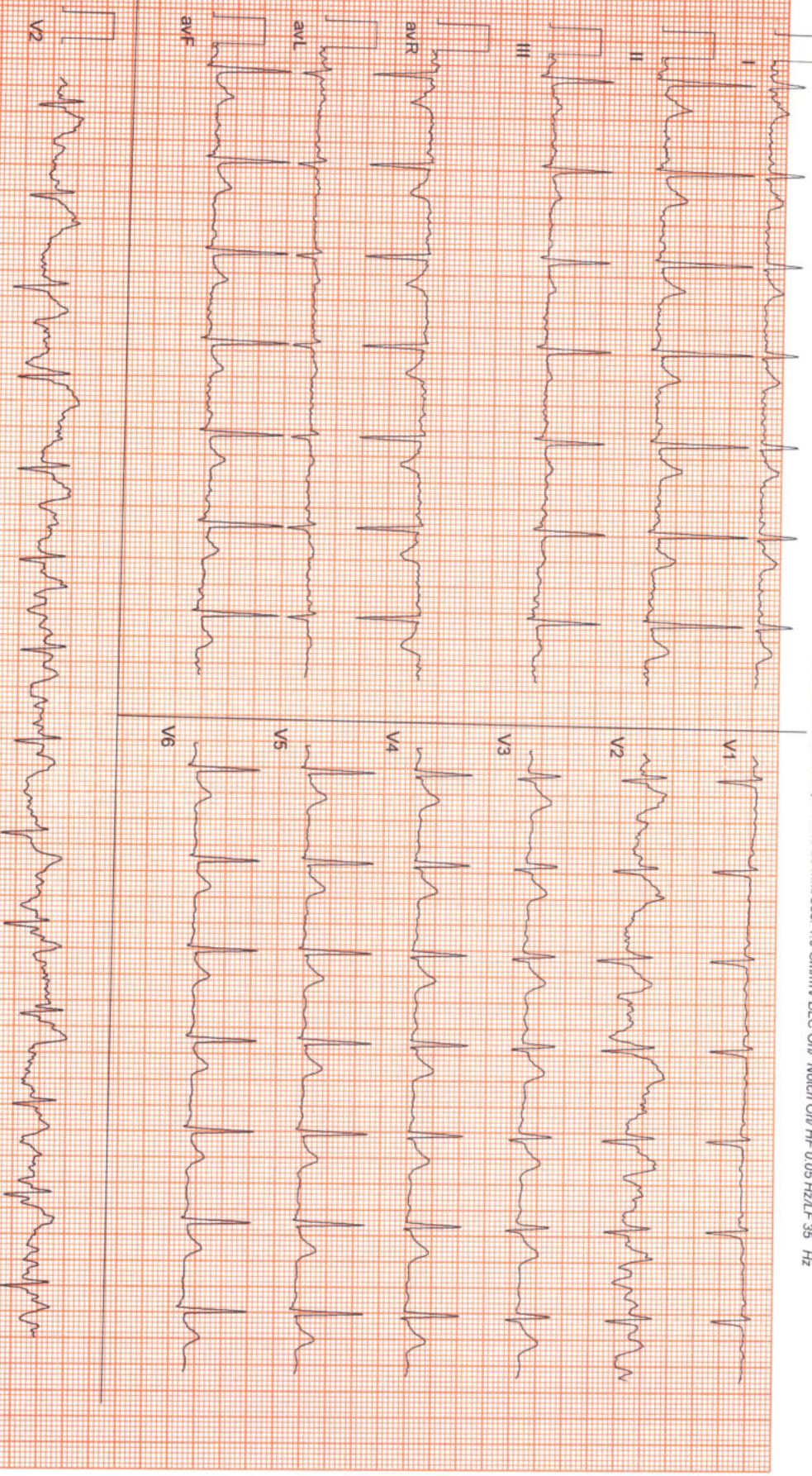
EXTime: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz





Date: 23 - 07 - 2022 09:28:23 AM METS : 1.0 HR : 84 Target HR : 45% of 188 BP : 120/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

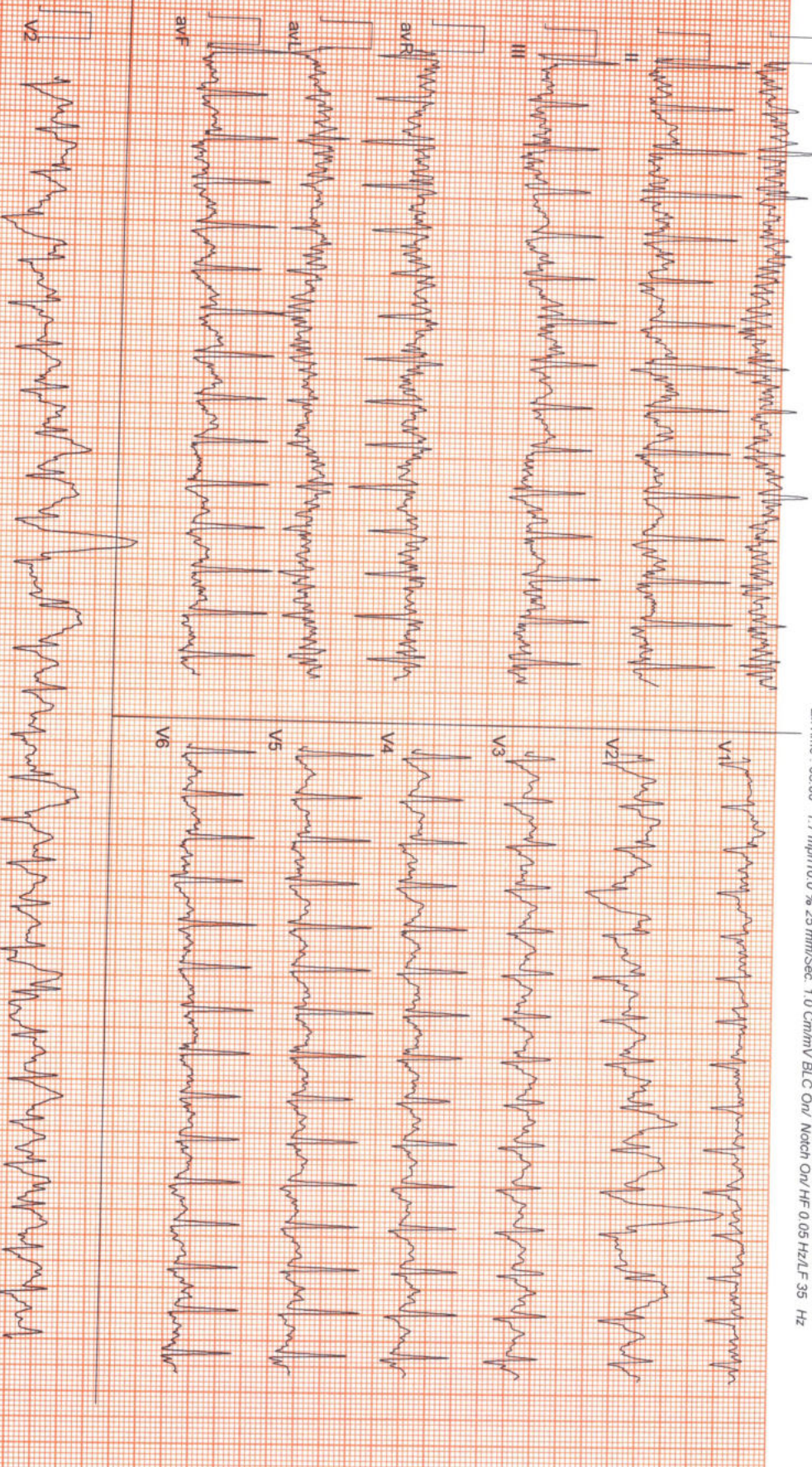


Date: 23 - 07 - 2022 09:28:23 AM METS : 4.7 HR : 175 Target HR : 93% of 188 BP : 122/82

6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



ExTime : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

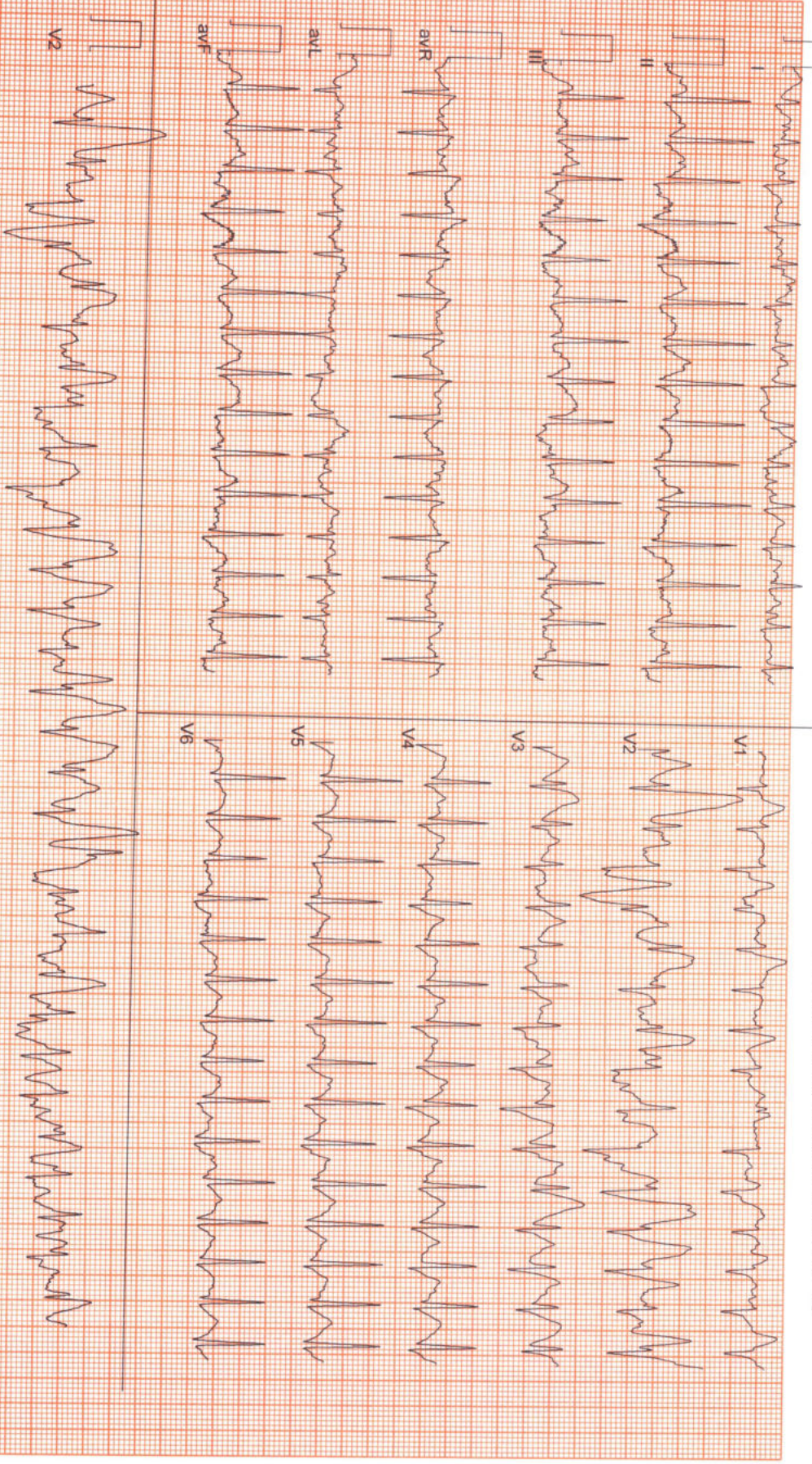


Date: 23-07-2022 09:28:23 AM METs : 7.1 HR : 184 Target HR : 98% of 188 BP : 123/84

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



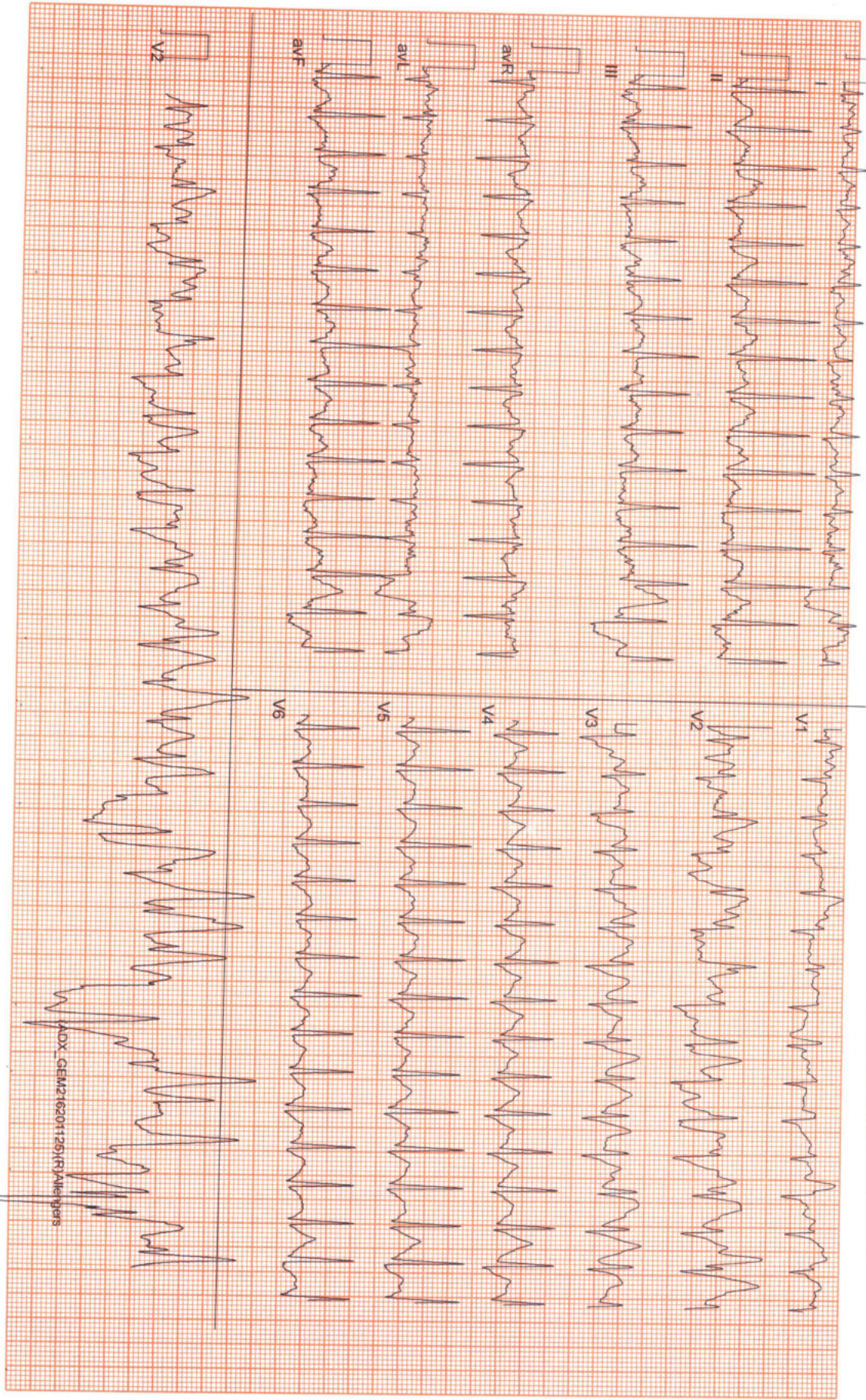
Ex Time : 06:00 2.5 mph/2.0 % 25 mm/Sec 1.0 Cm/mv BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz





Date: 23 - 07 - 2022 09:28:23 AM METS : 7.3 HR : 185 Target HR : 98% of 188 BP : 123/84

ExtTime : 06:09 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



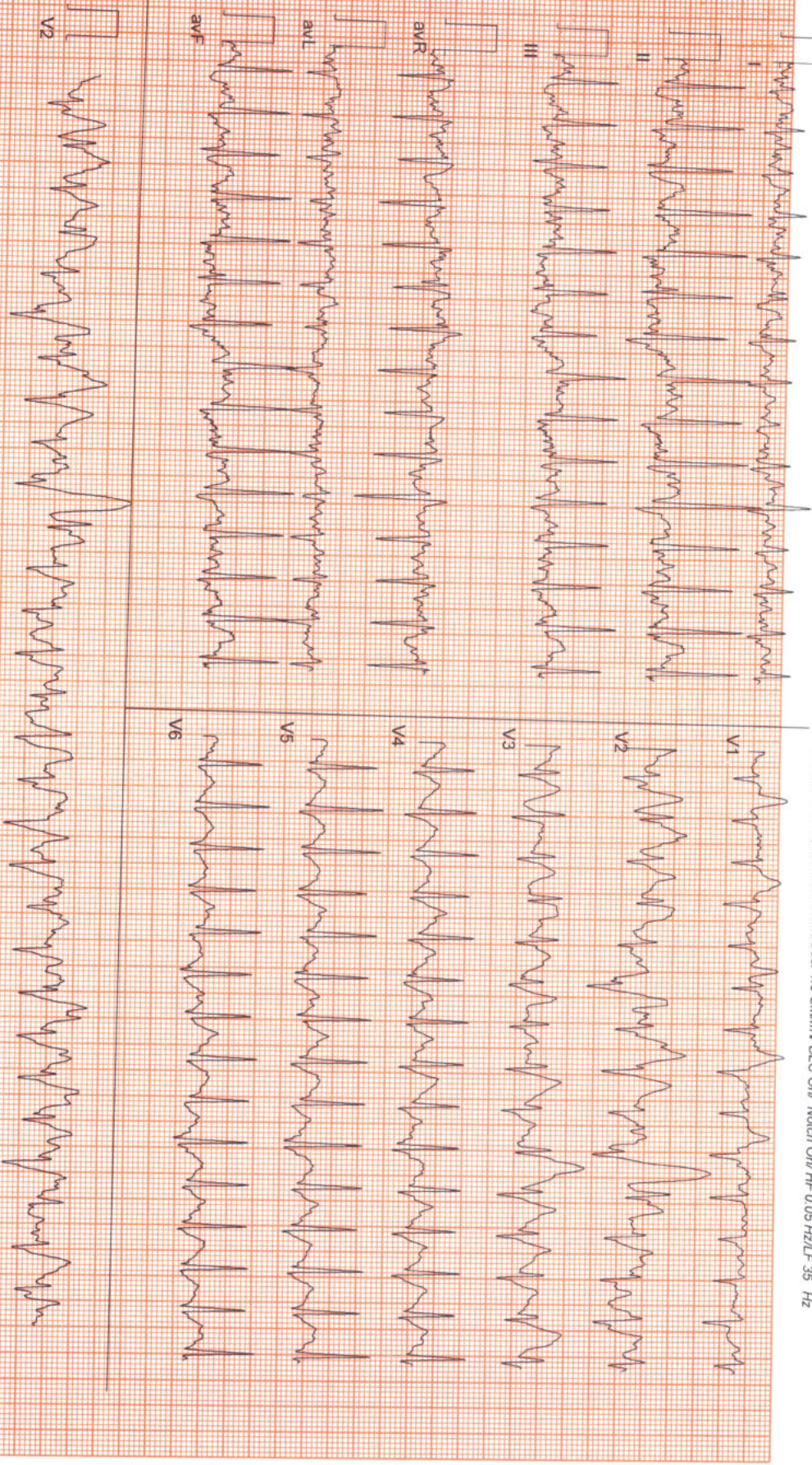
ADX_GEM216201125(R)Male Pers

Date: 23 - 07 - 2022 09:28:23 AM METS : 1.2 HR : 181 Target HR : 96% of 188 BP : 122/84

6 x 2 + Rhythm
Recovery(1:00)



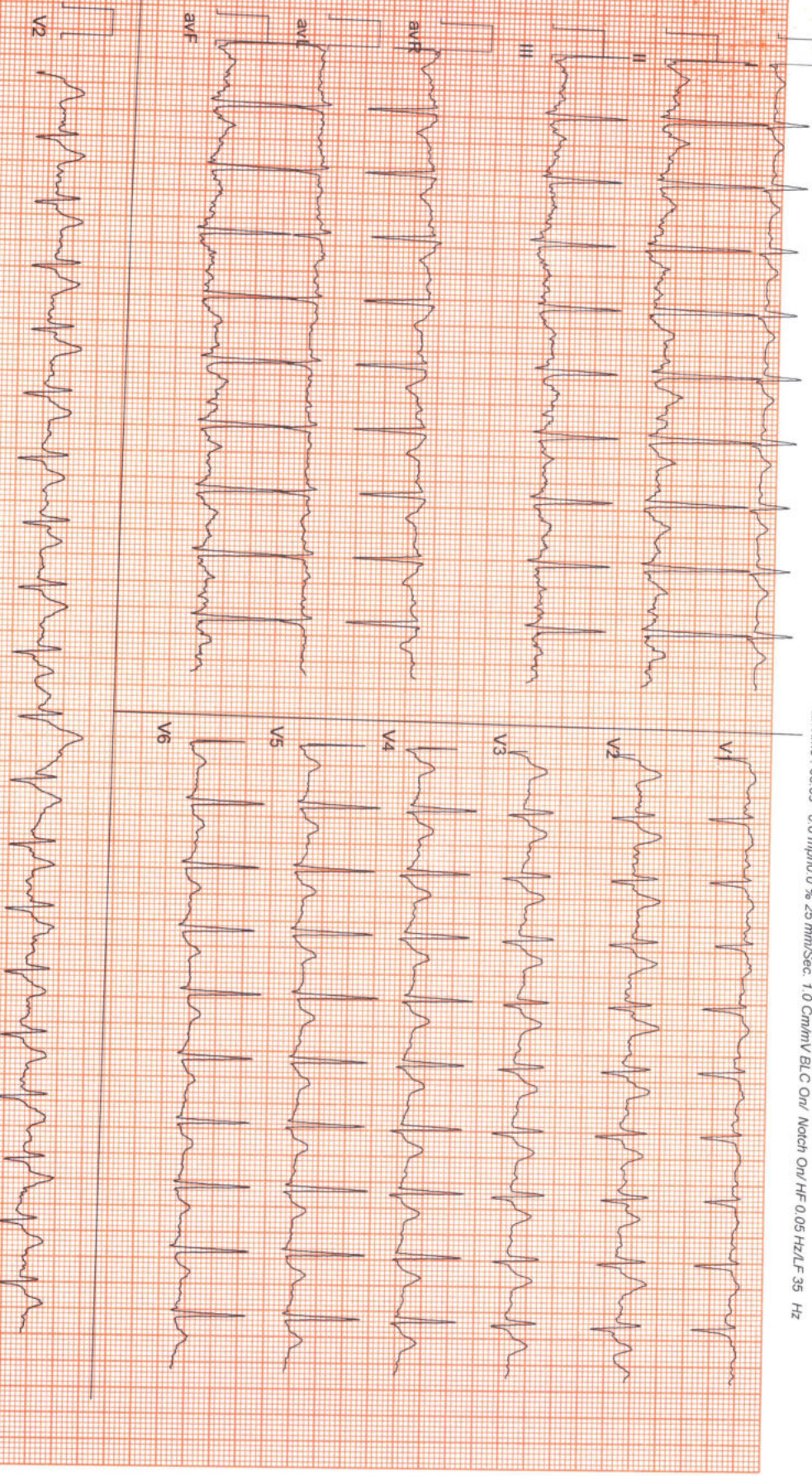
ExTime : 06:09 1.1 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



Date: 23 - 07 - 2022 09:28:23 AM METs : 1.0 HR : 120 Target HR : 64% of 188 BP : 121/82

ExTime : 06:09 0.0 mph 0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm
Recovery(3:00)



Date: 23 - 07 - 2022 09:28:23 AM METS : 1.0 HR : 106 Target HR : 96% of 188 BP : 120/81

ExTime : 06:09 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm
Recovery(5:08)

