



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MR. DIGVIJAY KUMAR SINGH

Age / Gender : 33 years / Male

Patient ID : 18602

Referral : MEDI WHEEL

Collection Time : 28/10/2023, 11:42 AM

Reporting Time : 29/10/2023, 08:01 AM

Sample ID :



21423

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.63	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.11	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.52	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	12.88	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	19.64	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.76	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	79.54	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.92	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.78	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.14	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.20	1.2 - 2.2	

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health

Page 1 of 1



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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-DIGVIJAY KUMAR SINGH

REFERRAL:-MEDI-WHEEL

AGE:-33YRS

DATE :-28.10.2023

Patient ID:- 04

SEX :-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist

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Age / Gender : 33 years / Male

Patient ID : 18602

Referral : MEDI WHEEL

Collection Time : 28/10/2023, 11:42 AM

Reporting Time : 29/10/2023, 07:57 AM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	143.00	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	88.76	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	35.76	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	89.49	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.75	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.50	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

****END OF REPORT****

Lab Technician

Moh
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. DIGVIJAY KUMAR SINGH

Age / Gender : 33 years / Male

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Referral : MEDI WHEEL

Collection Time : 28/10/2023, 11:42 AM

Reporting Time : 29/10/2023, 07:54 AM

Sample ID :



21423

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)

Method : Manual-Hemagglutination

"B"

RhD Factor (Rh Typing)

Method : Manual hemagglutination

Positive

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate

11

0 - 15

mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician

K. Sahoo
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 33 years / Male

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Reporting Time : 29/10/2023, 07:58 AM

Sample ID :



21423

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	78.51	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	117.21	70 - 140	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	11.24	10 - 50	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.83	0.60 - 1.30	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	5.76	3.4 - 7.0	mg/dL

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Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.8	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.11	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	43.0	42 - 52	%
Mean Cell Volume (MCV)	84.15	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.01	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	32.09	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.1	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7300	4000-10000	cell/cu.mm
Neutrophils	63	40 - 80	%
Lymphocytes	34	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	00	1-2	%
Platelet Count	213	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	11.1	7.2 - 11.7	fL
PCT	0.24	0.2 - 0.5	%
PDW	16.8	9.0 - 17.0	%

END OF REPORT


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Wishing Good Health

Page 1 of 1

DIGVIJAY KU SINGH
MALE

ID: 10525 CASE: KG
AGE: 33Y M D

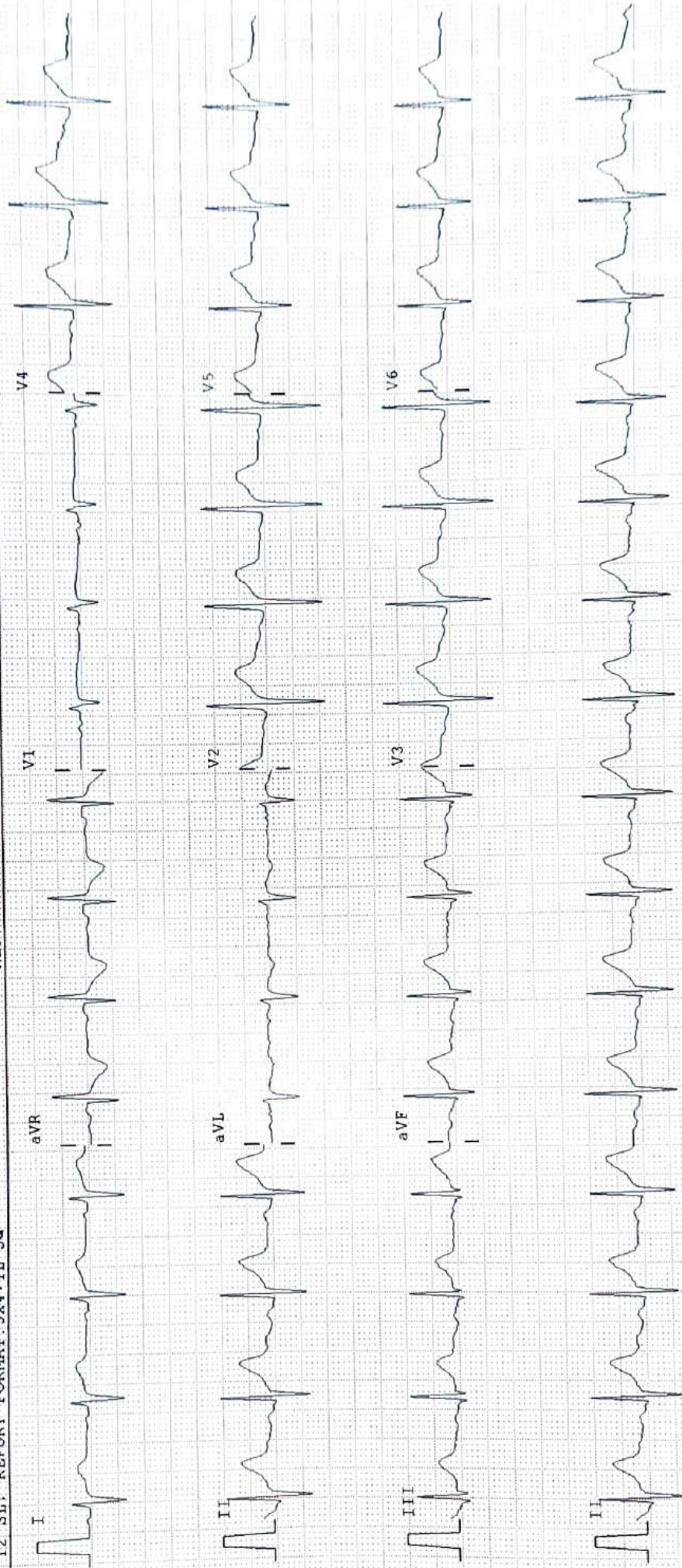
RATE : 91 bpm SINUS RHYTHM
R-R : 658 ms MARKED RIGHT AXIS DEVIATION
P-R : 140 ms POSSIBLE RIGHT VENTRICULAR HYPERTROPHY
QRS : 76 ms
QT : 348 ms
QTc : 402 ms

--AXIS--
P : 82°
QRS : 121°
T : 73°

12 SL; REPORT FORMAT: 3x4+1L SQ

REF:

DL





ଭାରତ ସରକାର
Government of India

ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ
Unique Identification Authority of India

ନାମାଙ୍କନ କ୍ରମିକ / Enrolment No.: 2189/78156/56681

To
ବିକାଶକାରୀ କୁମାର ଚିତ୍
DINGRAY KUMAR SINGH
CHUDIBASTI SECTOR - B
BANDAMUNDA
Raurkela (m)
Sundargarh Odisha - 770032
9778146217

Signature Not Verified



ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :

6475 7646 4116

VID : 9191 1638 9075 6336

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର
Government of India



ବିକାଶକାରୀ କୁମାର ଚିତ୍
DINGRAY KUMAR SINGH
ଜନ୍ମ ତାରିଖ / DOB: 16/10/1969
ପୁରୁଷ / MALE

6475 7646 4116

VID : 9191 1638 9075 6336

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ସୂଚନା

- ଆଧାର ପରିଚୟର ପ୍ରମାଣ ଅଟେ, ନଗରୀକତାର ପୁର୍ବ ।
- ପୁରୁଣିତ ଦ୍ୱାରାକି କୋଡ୍ / ଅଫଲାଇନ ଏକ୍ସପାନସିଭ୍ / ଅଫଲାଇନ ପ୍ରମାଣୀକରଣ ବ୍ୟବହାର କରି ପରିଚୟ ପଞ୍ଜୀ କରନ୍ତୁ ।
- ଏହା ଇଲେକ୍ଟ୍ରୋନିକ ପଦ୍ଧତି ଦ୍ୱାରା ଉତ୍ପନ୍ନ କରାଯାଇଥିବା ଚିଠି ଅଟେ

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- ଆଧାର ସାରା ଦେଶପାଇଁ ବୈଧ ଅଟେ
- ଆଧାର ବିଭିନ୍ନ ସରକାରୀ ଏବଂ ବେସରକାରୀ ସେବାଗୁଡ଼ିକୁ ସହଜରେ ପାଇବାରେ ସାହାଯ୍ୟ କରିଥାଏ
- ଆଧାରରେ ଆପଣଙ୍କ ମୋବାଇଲ ନମ୍ବର ଏବଂ ଇ-ମେଲ ଆଇଡି ଅପଡେଟ ରଖନ୍ତୁ
- ଏମି ଆଧାର ଆପ୍ ବ୍ୟବହାର କରି ଆଧାରକୁ ଆପଣଙ୍କ ସ୍ମାର୍ଟ ଫୋନ୍ରେ ରଖନ୍ତୁ

- Aadhaar is valid throughout the country.
- Aadhaar helps you avail various Government and non-Government services easily.
- Keep your mobile number & email ID updated in Aadhaar.
- Carry Aadhaar in your smart phone – use mAadhaar App.

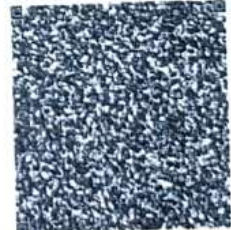


ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ
Unique Identification Authority of India



ପଠକାରୀ:
ବିକାଶକାରୀ କୁମାର ଚିତ୍, ଚନ୍ଦ୍ରମୁଣ୍ଡା, ଭାରତବେଳା
(ମ) ଚୁଡ଼ିବାସ୍ତି ସେକ୍ଟର - B,
ତାରିଖ - 770032

Address:
CHUDIBASTI SECTOR - B, BANDAMUNDA,
Raurkela (m), Sundargarh,
Odisha - 770032



6475 7646 4116

VID : 9191 1638 9075 6336

1847 | help@uidai.gov.in | www.uidai.gov.in

Handwritten signature



ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. DIGVIJAY KUMAR SINGH
Age / Gender : 33 years / Male
Patient ID : 18602

Referral : MEDI WHEEL
Collection Time : 28/10/2023, 11:42 AM
Reporting Time : 29/10/2023, 07:55 AM
Sample ID : 
21423

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab Technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :



Patient Name : MR. DIGVIJAY KUMAR SINGH

Age / Gender : 33 years / Male

Patient ID : 18602

Referral : MEDI WHEEL

Collection Time : 28/10/2023, 11:42 AM

Reporting Time : 29/10/2023, 07:56 AM

Sample ID :



21423

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.01	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.76	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.86	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

MATERNITY CARE HOSPITAL

NAME :DIG VIJAYA SINGH

DATE : 28-10-2023

AGE-33Y/M

SONOGRAPHER : DR. PARUL PATI

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 6.7mm,

GALL BLADDER: normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (2.9mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures : 9.8 x 6.3cms.
- Left kidney measures: 8.7 x 4.3cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate-normal in size shape and echosructure .

Impression:Normal study of abdomen

DR. PARUL PATI (OSG, M.D.)
Regd. No. 666
MATERNITY CARE HOSPITAL & IVF CENT-
A-142/A-143, Sahid Nagar, Bhubaneswar



MEDICAL REPORT

Date :- 28.10.2023

NAME

MR DIGVIJAY KUMAR SINGH

MEDICAL INFORMATION

Height:- 180 cm	Age:- 33 yrs
Weight:- 86 kg	Sex:- MALE
Blood Pressure:- 120/83 mmhg	Pulse:- 74 /min

Body Mass Index(BMI)

26

Dr. M. K. HOTA
M.B.B.S.
Signature REGD No. 6993

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HbA1C, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 5.21 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 102.83 - mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician 


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health

Page 2 of 2

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

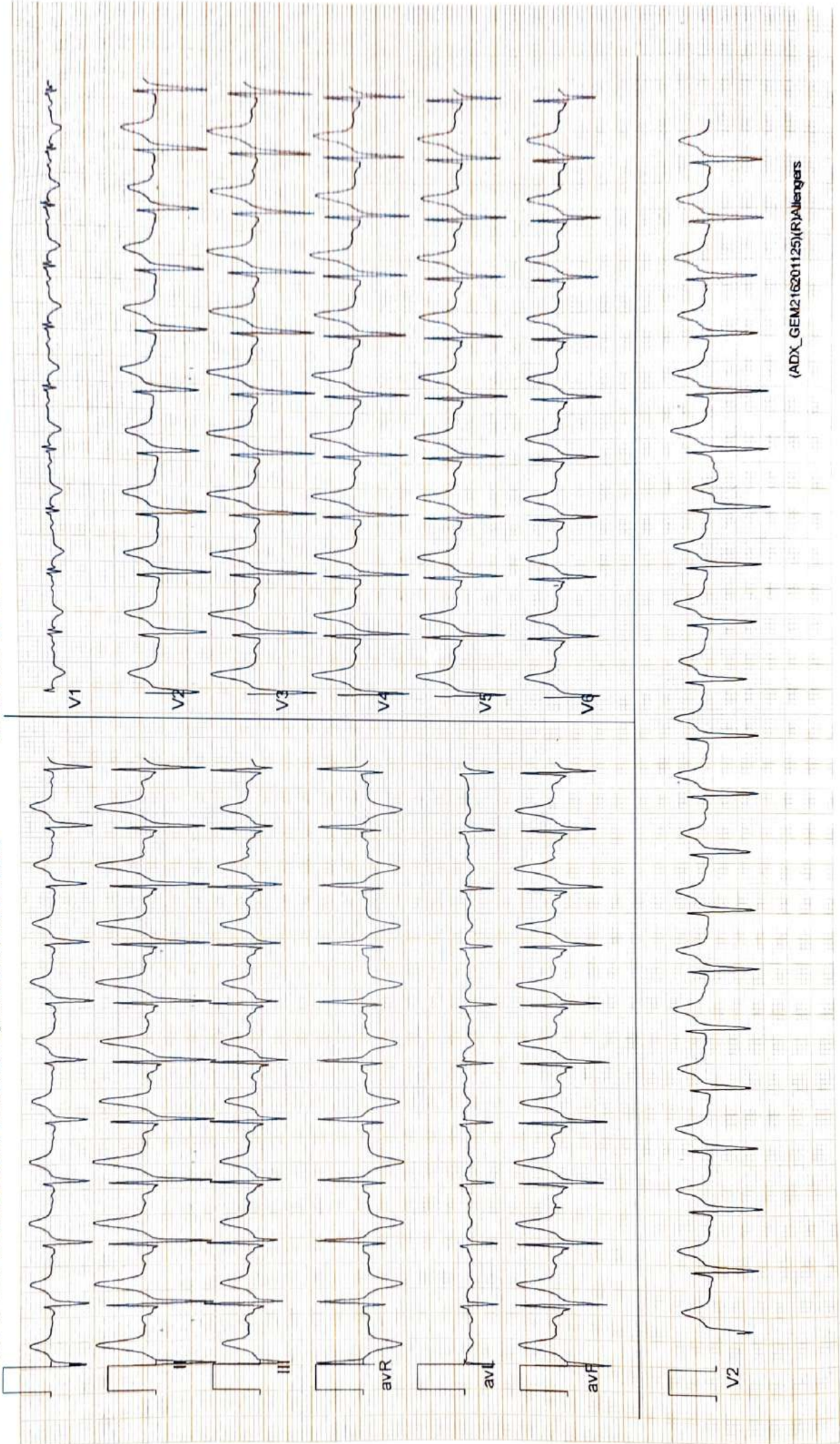
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

**6 x 2 + Rhythm
Recovery(3:00)**



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.0 HR : 125 Target HR : 67% of 187 BP : 123/82

ExTime : 08:47 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2(6201125)(R))Allengars

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

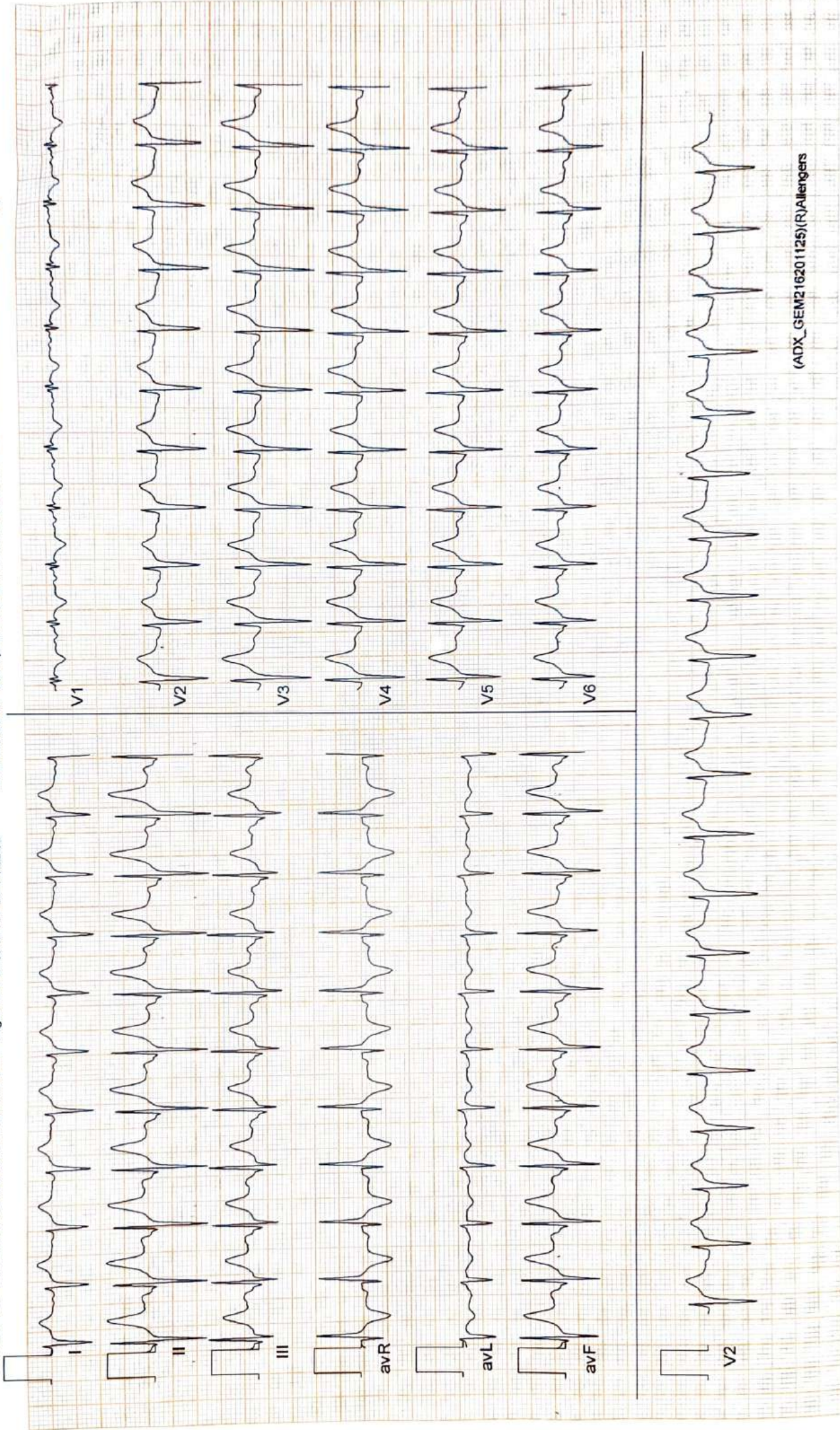
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm Recovery(5:06)



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.0 HR : 117 Target HR : 63% of 187 BP : 122/82

ExTime : 08:47 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengars

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

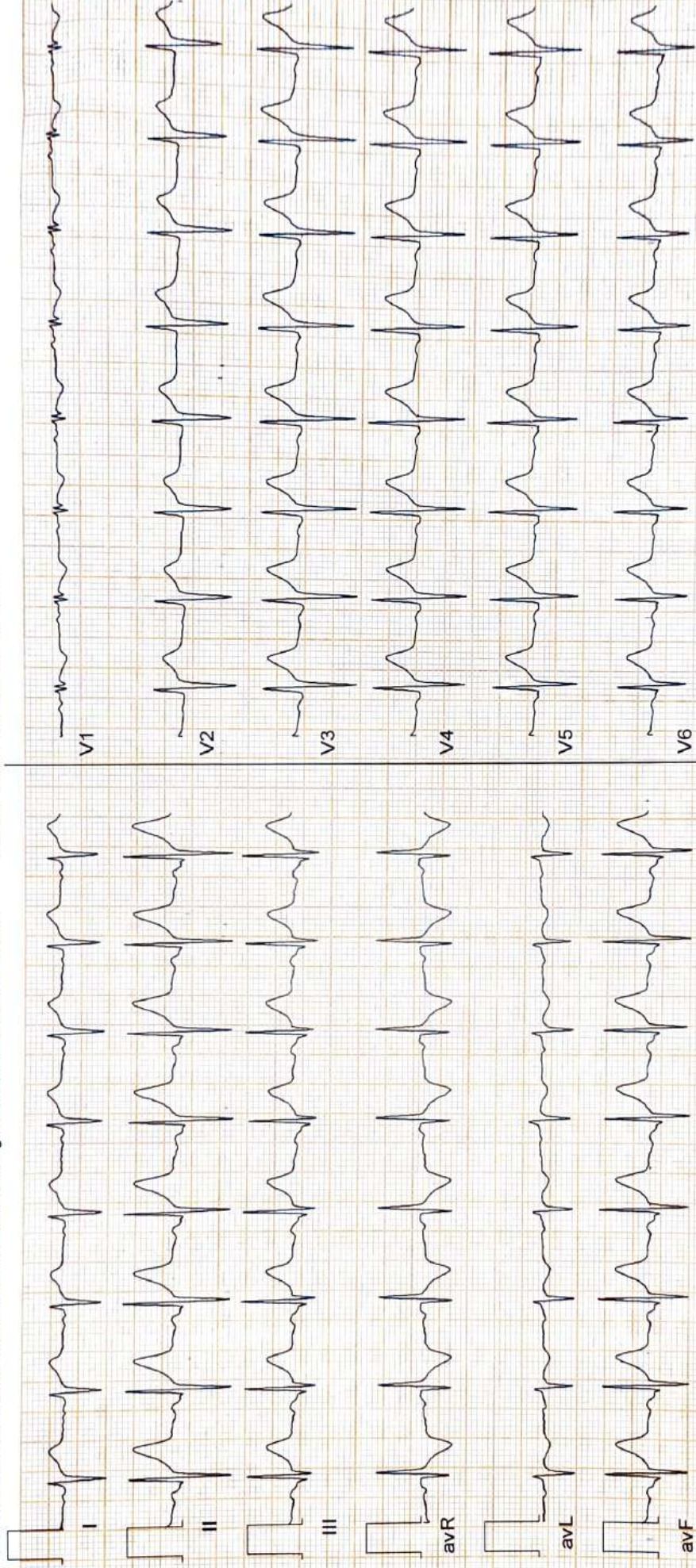
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:22)



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.0 HR : 96 Target HR : 51% of 187 BP : 120/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

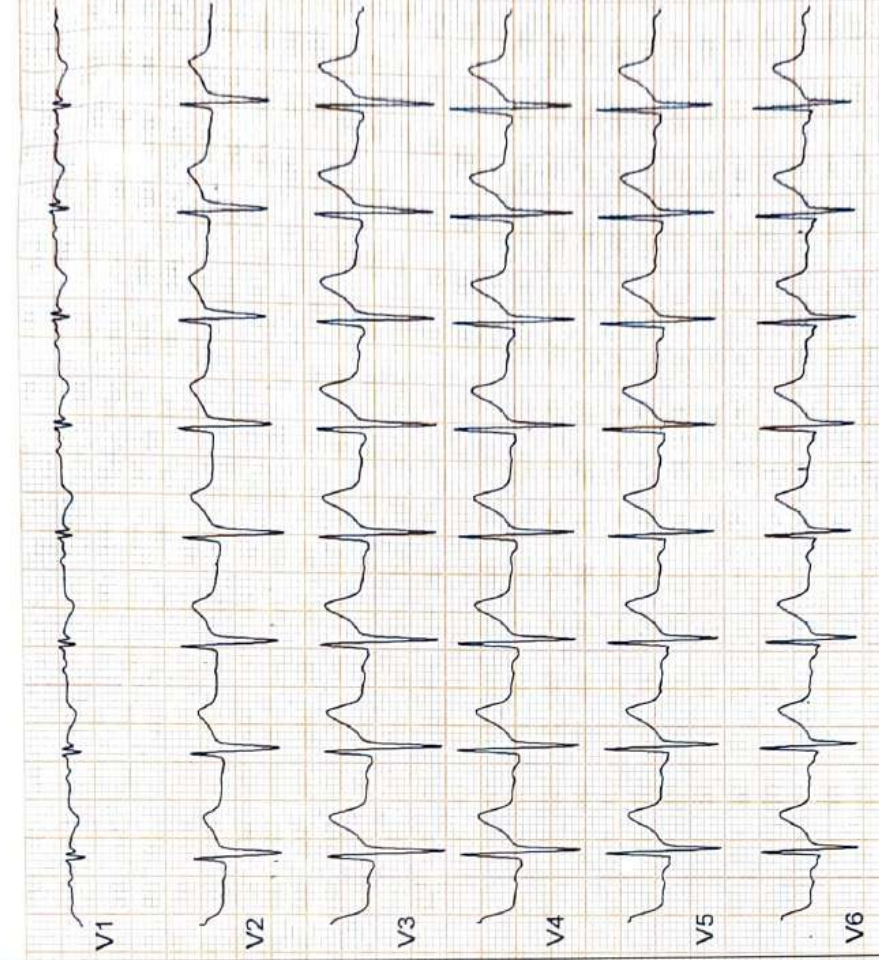
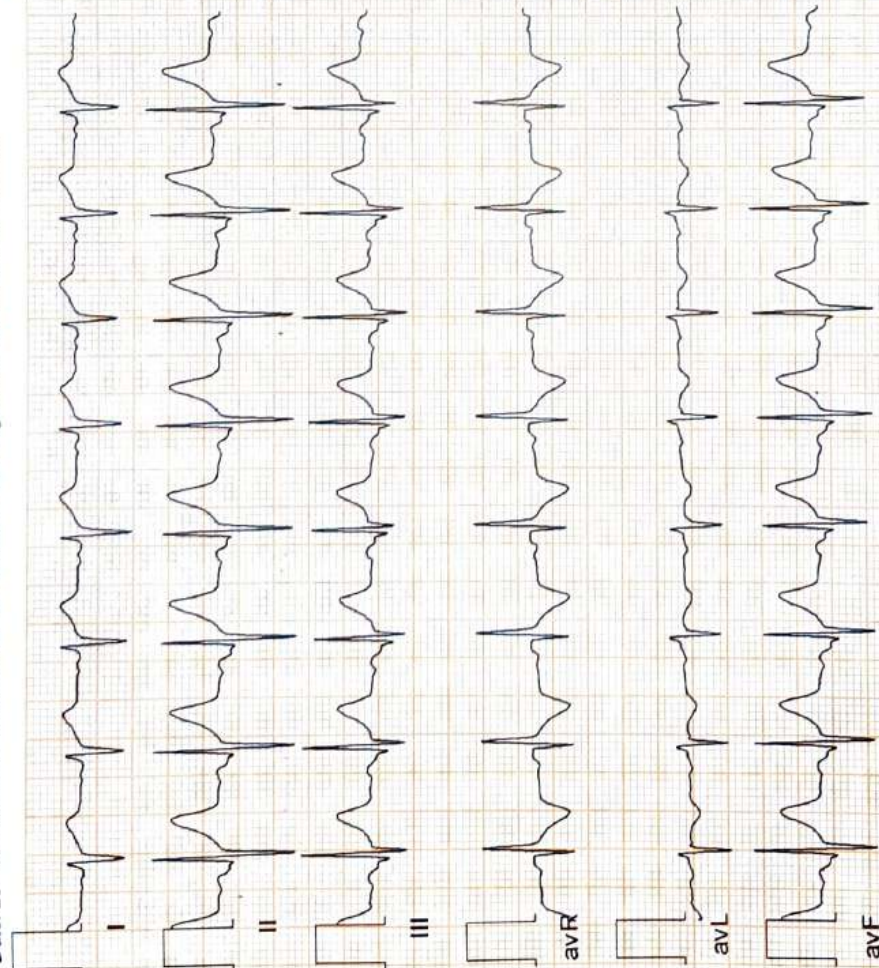
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:19)



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.0 HR : 103 Target HR : 59% of 187 BP : 120/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



V2



(ADX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

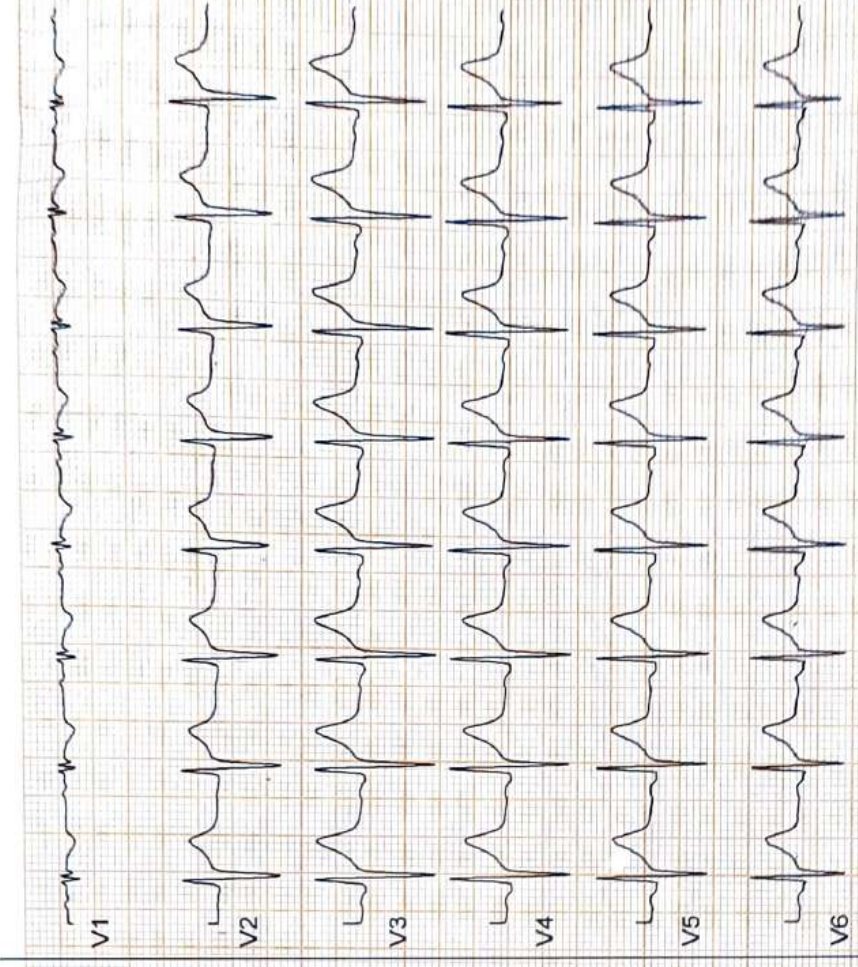
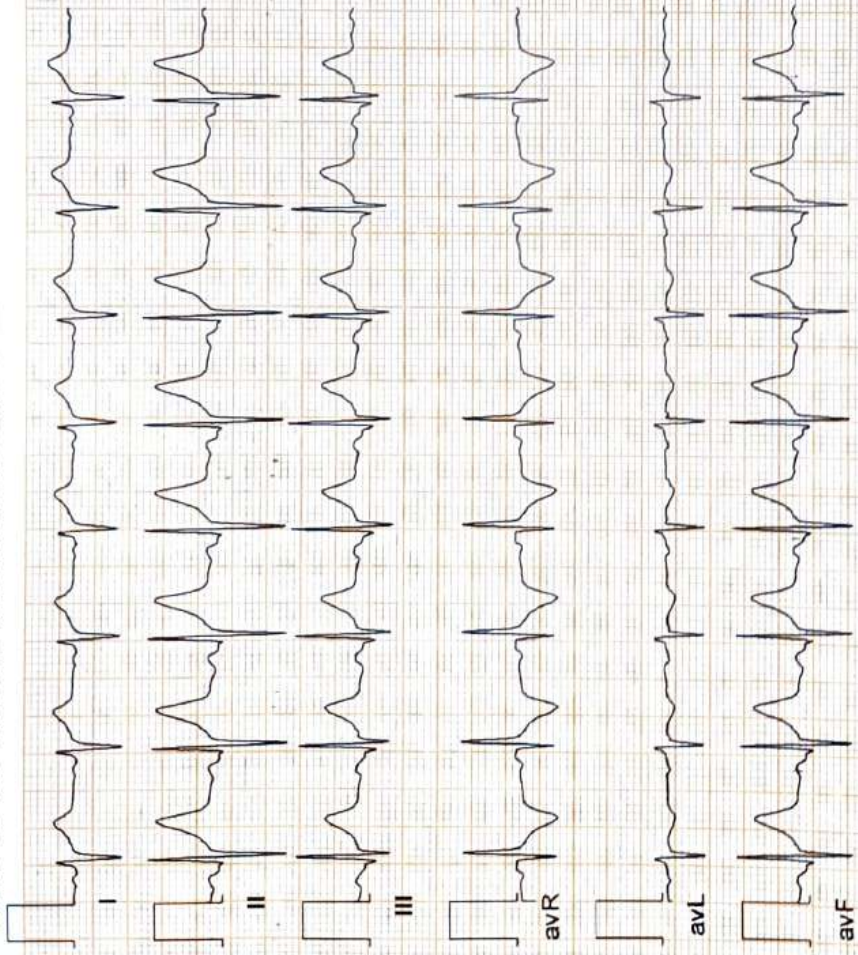
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE:HV(0:17)



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.0 HR : 100 Target HR : 53% of 187 BP : 120/80

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2-6001125)R-ABENGAS

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

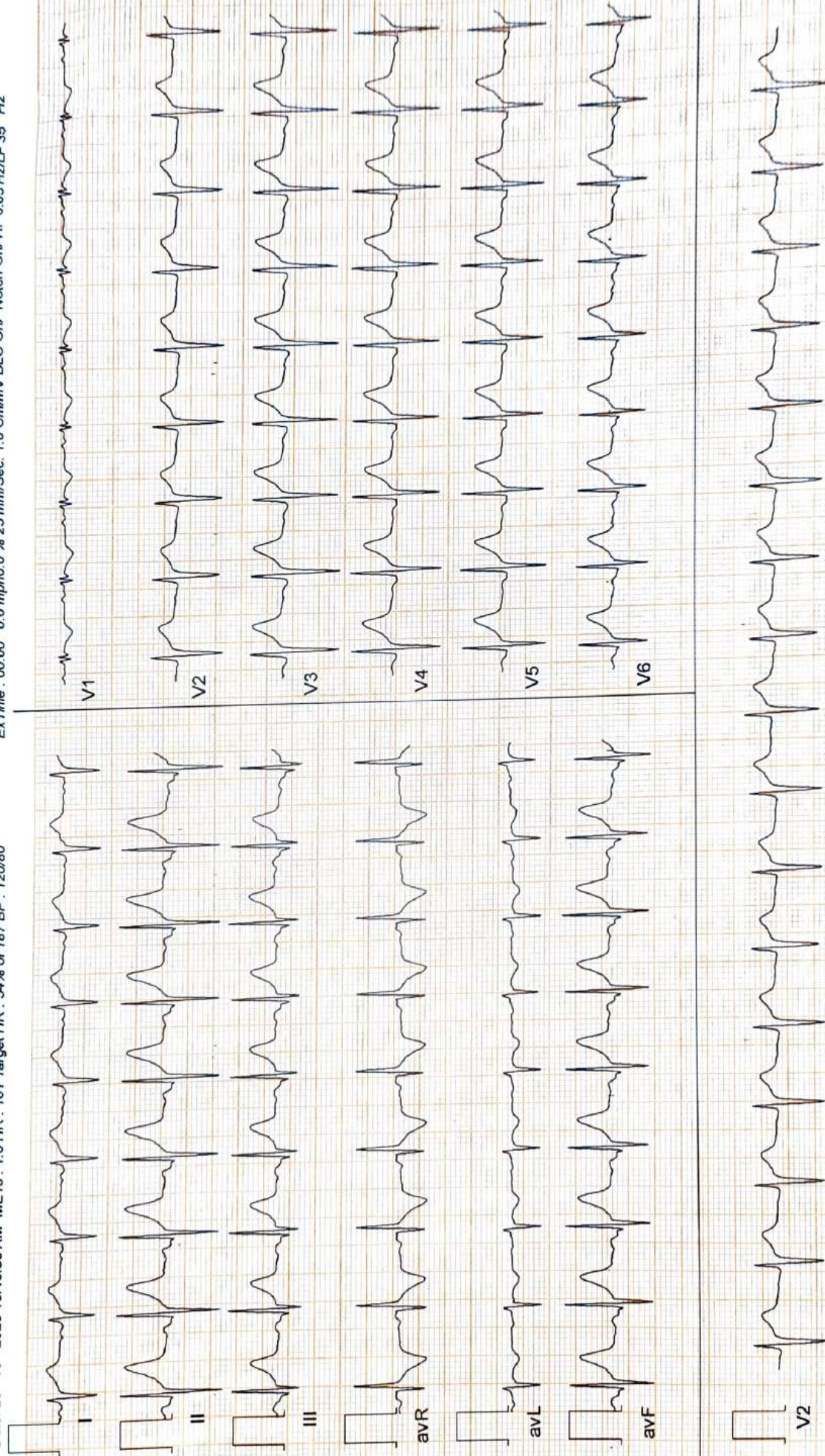
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm ExStart



Date: 28-10-2023 10:46:36 AM METs : 1.0 HR : 101 Target HR : 54% of 187 BP : 120/80

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)\R\Allengars

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

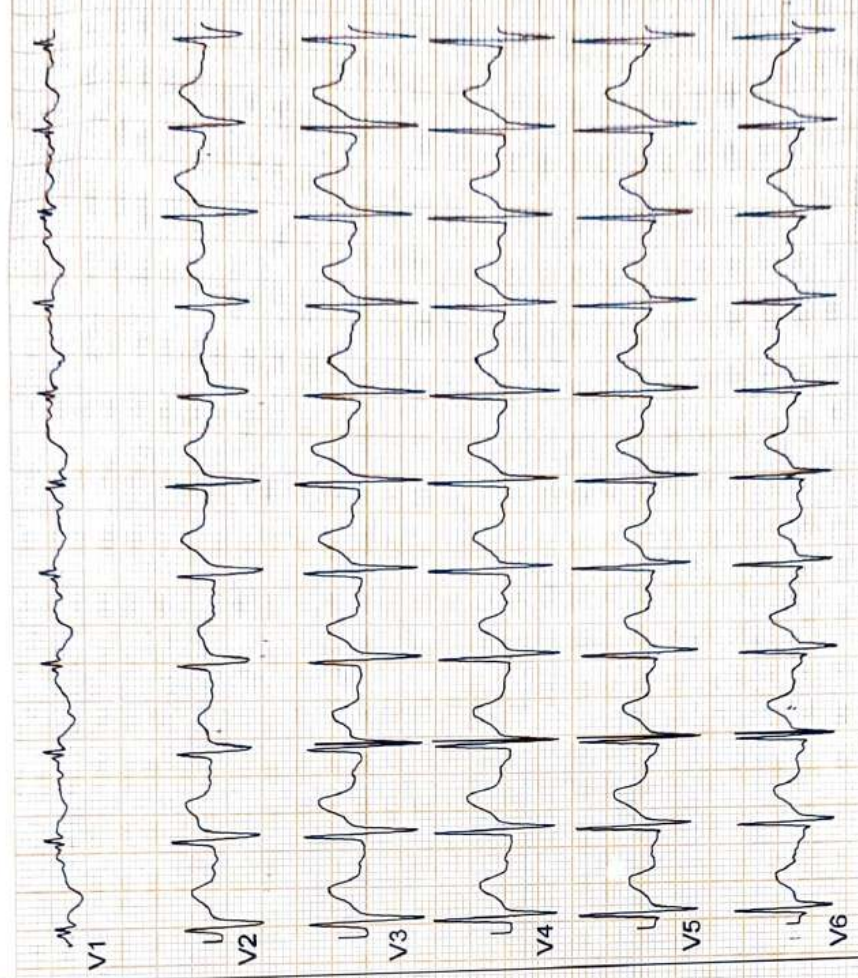
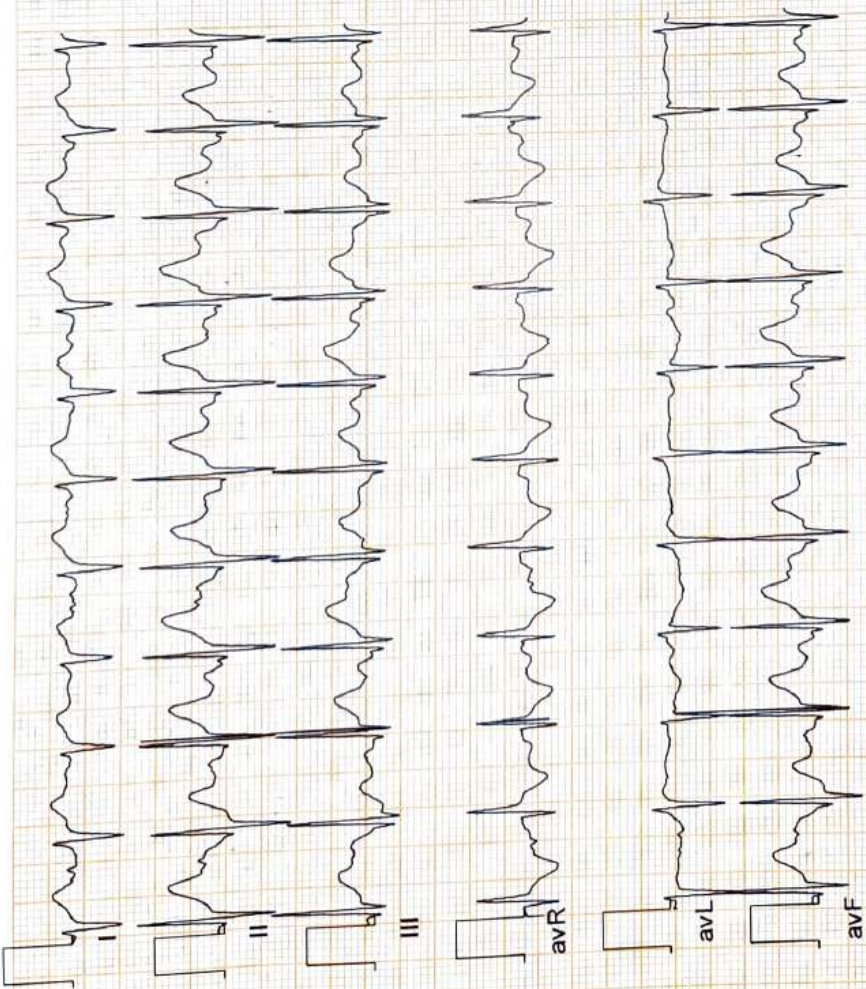
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 28 - 10 - 2023 10:46:36 AM METs : 4.7 HR : 123 Target HR : 66% of 187 BP : 122/81

ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216:201125)(R)Allengers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

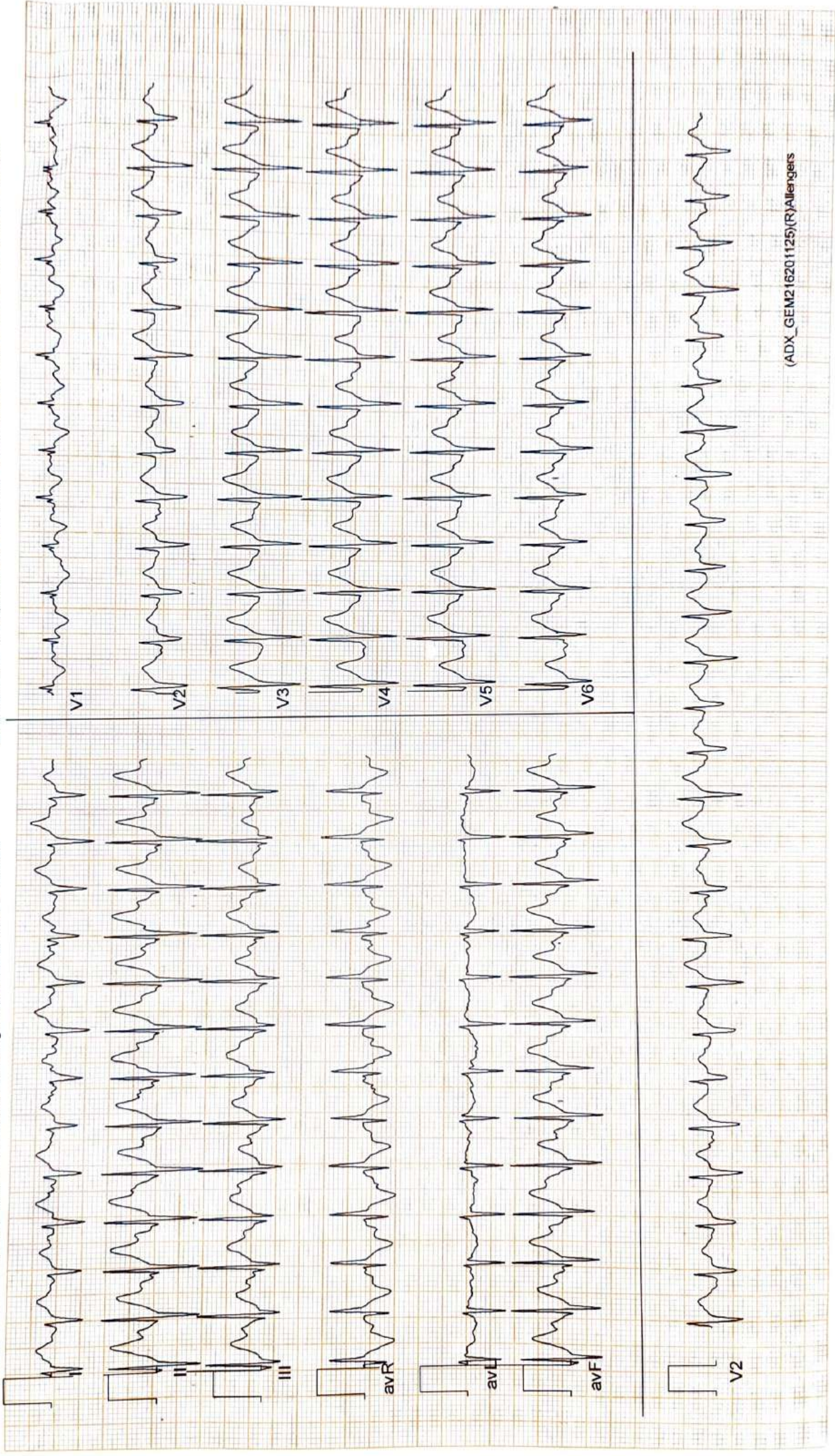
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 28 - 10 - 2023 10:46:36 AM METs : 7.1 HR : 155 Target HR : 83% of 187 BP : 123/83

ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

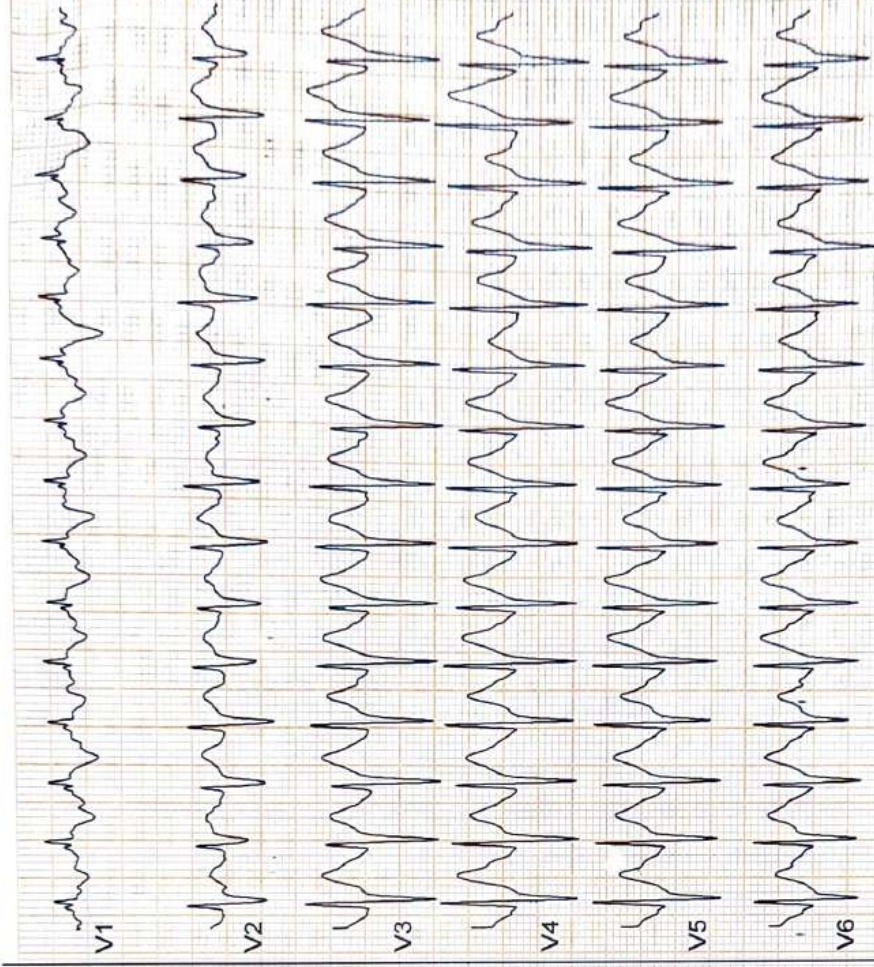
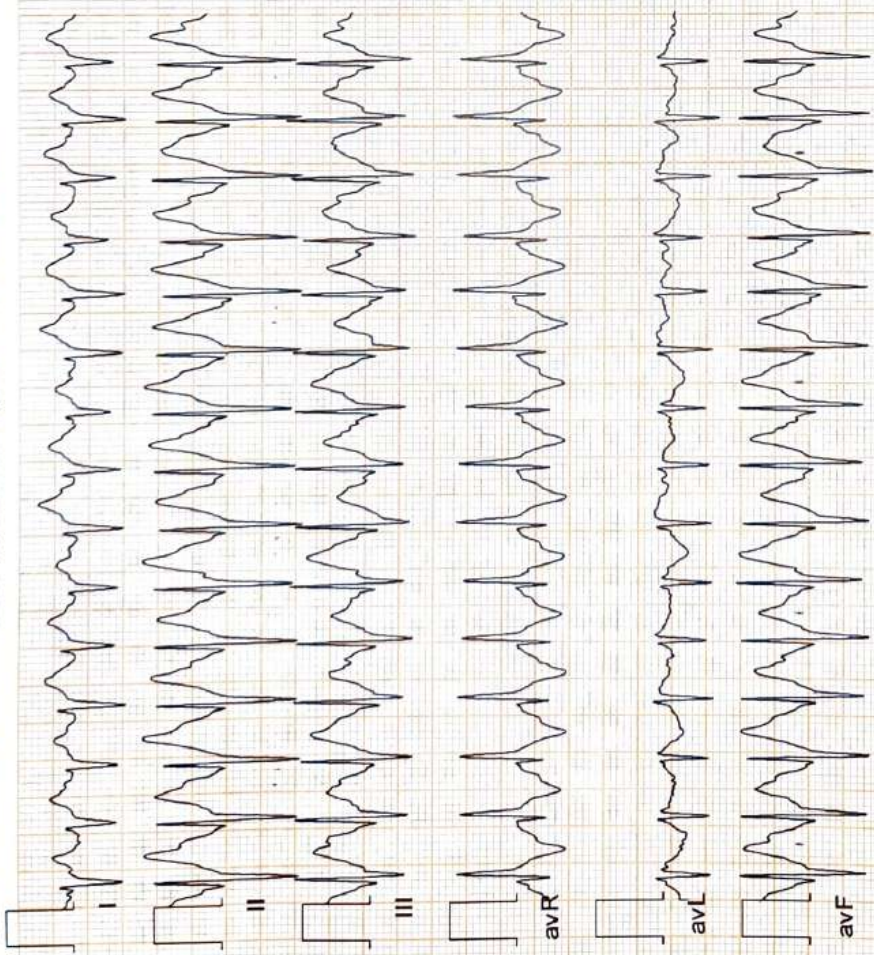
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

**6 x 2 + Rhythm
PeakEx**



Date: 28 - 10 - 2023 10:46:36 AM METs : 10.0 HR : 183 Target HR : 98% of 187 BP : 123/84

ExTime : 08:47 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2162011.25)(R)\Allengets

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

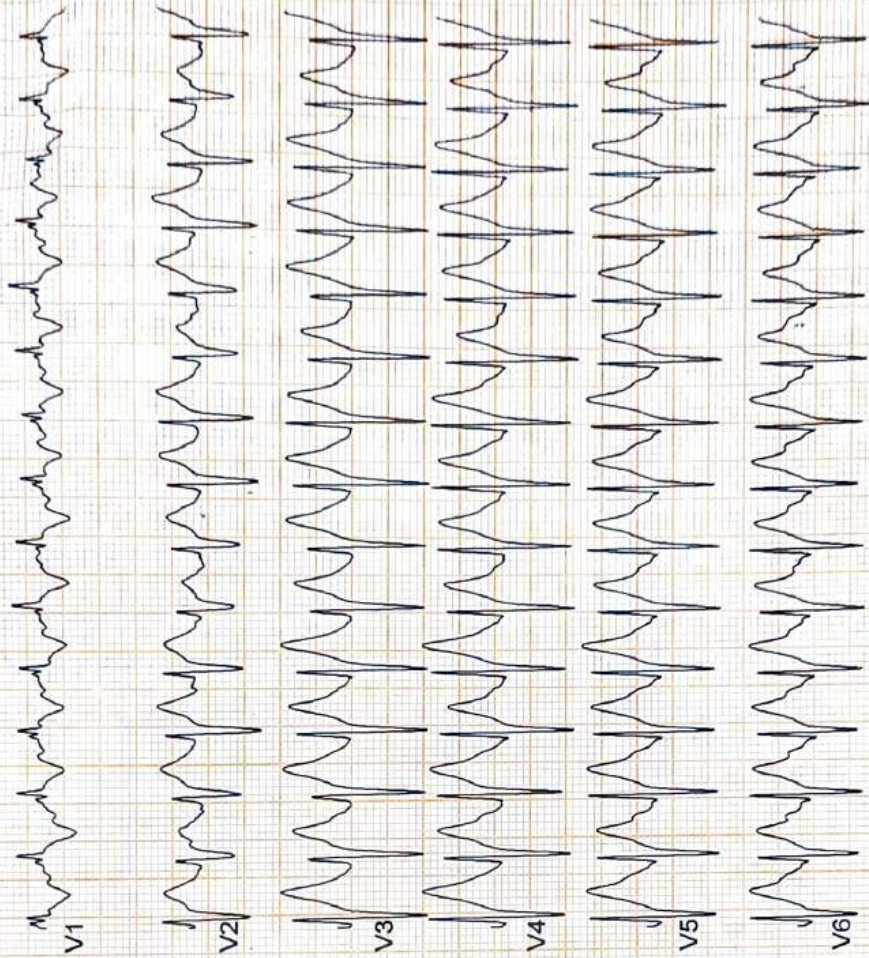
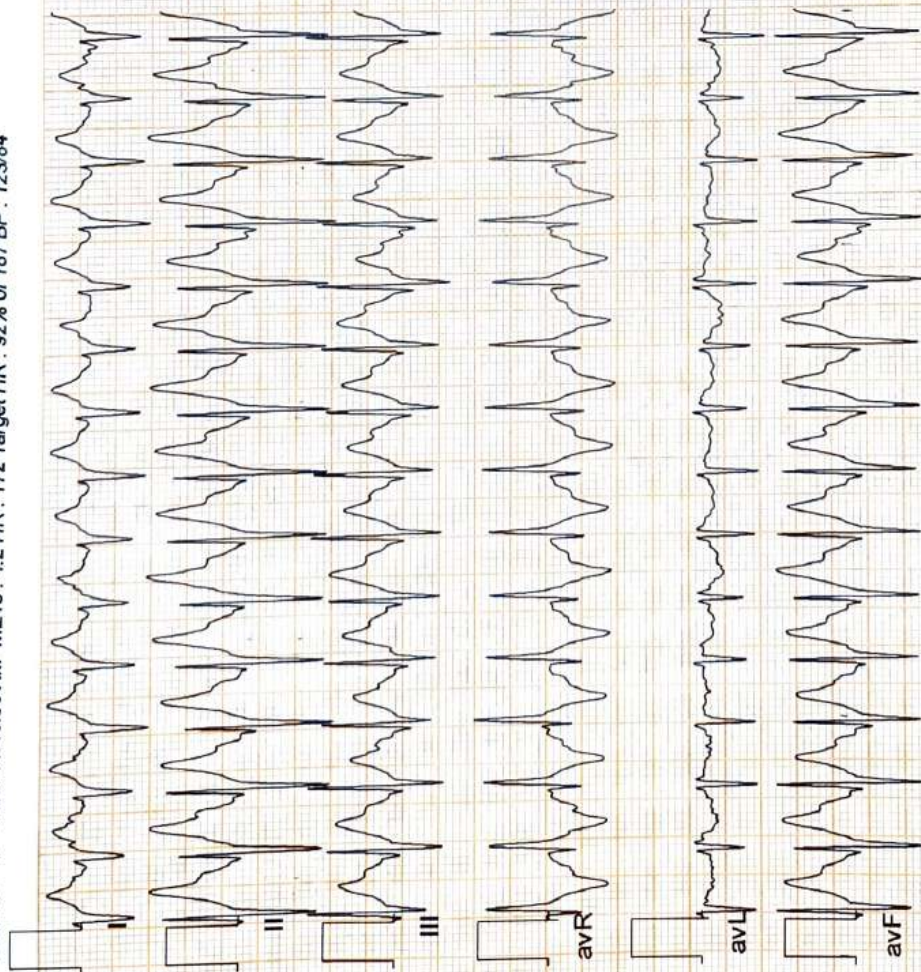
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 28 - 10 - 2023 10:46:36 AM METs : 4.2 HR : 172 Target HR : 92% of 187 BP : 123/84

ExTime : 08:47 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

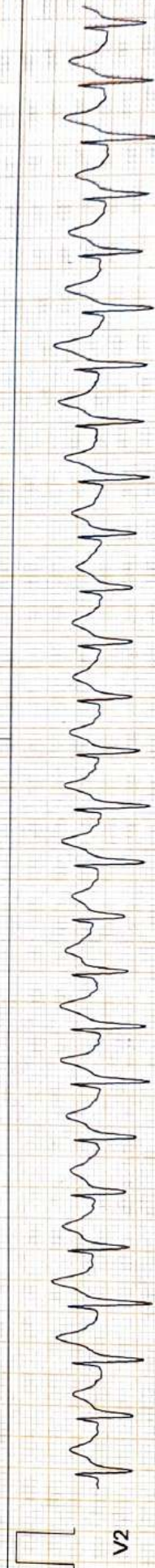
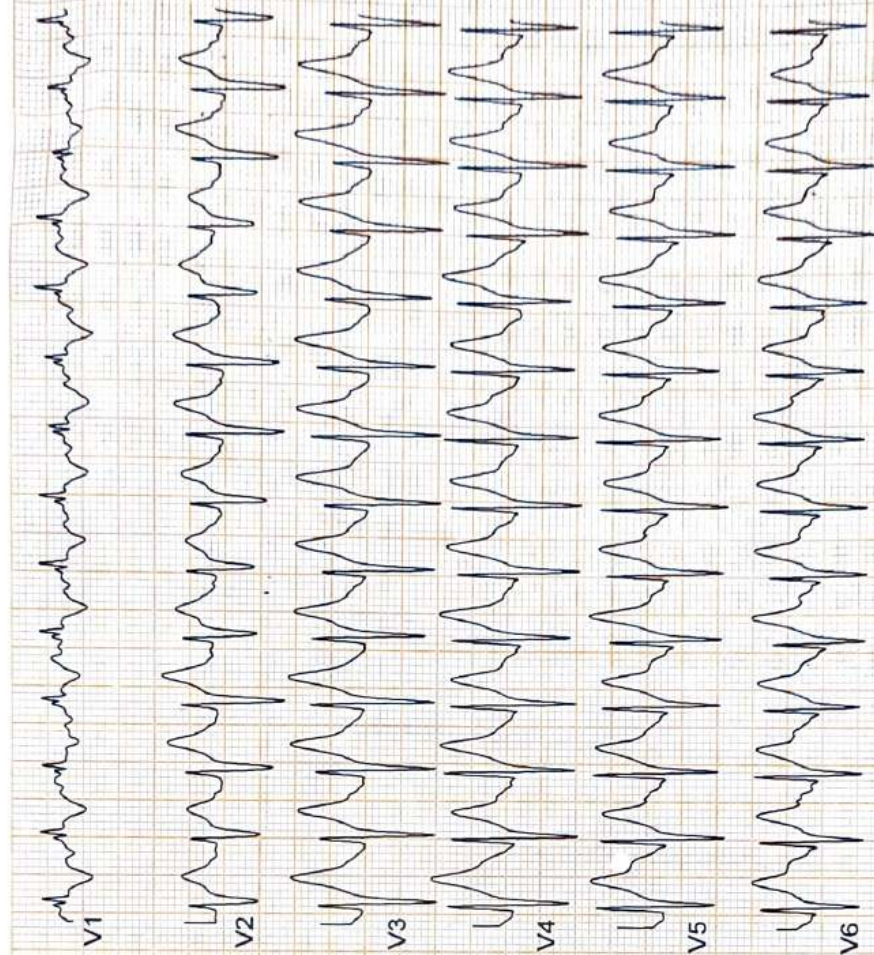
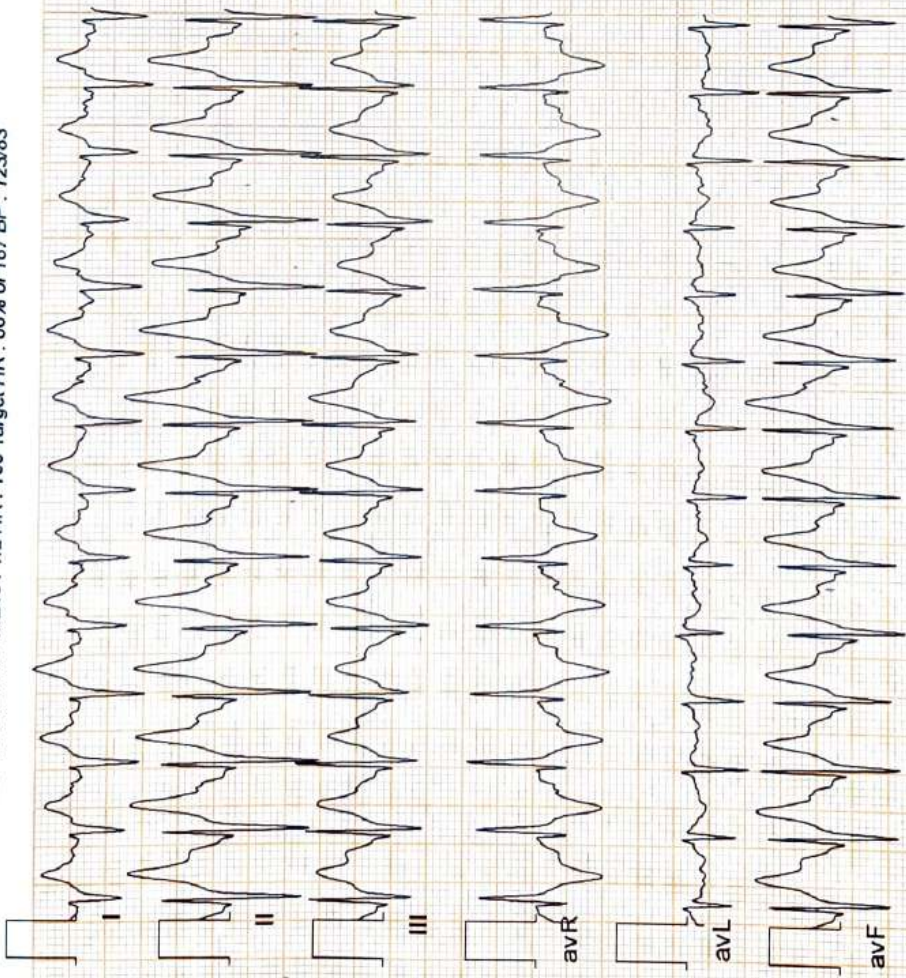
699 / DIGVIJAY KUMAR SINGH / 33 Yrs / Male / 180 Cm / 86 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 28 - 10 - 2023 10:46:36 AM METs : 1.2 HR : 160 Target HR : 86% of 187 BP : 123/83

ExTime : 08:47 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers



699 / DIGVIJAY KUMAR SINGH / 33 Yrs / M / 180 Cms / 86 Kg Date: 28-Oct-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:22	0:22	00.0	00.0	01.0	096	51 %	120/80	115	00	
Standing	00:41	0:19	00.0	00.0	01.0	103	55 %	120/80	123	00	
HV	00:58	0:17	00.0	00.0	01.0	100	53 %	120/80	120	00	
ExStart	01:15	0:17	00.0	00.0	01.0	101	54 %	120/80	121	00	
BRUCE Stage 1	04:15	3:00	01.7	10.0	04.7	123	66 %	122/81	150	00	
BRUCE Stage 2	07:15	3:00	02.5	12.0	07.1	155	83 %	123/83	190	00	
PeakEx	10:02	2:47	03.4	14.0	10.0	183	98 %	123/84	225	00	
Recovery	10:32	0:30	01.1	00.0	04.2	172	92 %	123/84	211	00	
Recovery	11:02	1:00	01.1	00.0	01.2	160	86 %	123/83	196	00	
Recovery	13:02	3:00	00.0	00.0	01.0	125	67 %	123/82	153	00	
Recovery	15:08	5:06	00.0	00.0	01.0	117	63 %	122/82	142	00	

FINDINGS :

- Exercise Time : 08:47
- Max HR Attained : 183 bpm 98% of Target 187
- Max BP Attained : 123/84
- Max WorkLoad Attained : 10 Good response to induced stress
- Test End Reasons : Test Complete

REPORT :