



PID NO.	: CJA1328	Reference :	Reg. Date
		Sample Collected At :	21-Oct-2024 / 9:01 am
Name	: SIDDHARTHA N NEGI	Sea Bird Medicare	,
		A-101-102, Heritage Plaza,	Coll Date
Sex / Age	: Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station).	21-Oct-2024 / 9:06 am
Jex / Age		Processing Location: - Seabird Medicare Pvt Ltd	
		Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ref By	: APOLLO HEALTH AND LIFESTYLE	Station, Near Madhavbag Bldg, Andheri (East ).	Report Date
	LIMITED	Mumbai - 400069	21-Oct-2024 / 1:11 pm

BIOCHEMISTRY					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	33.83	U/L	0 - 41		
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.54	mg/dl	0.0 - 1.20		
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.09	mg/dl	0.0 - 0.40		
Bilirubin (Indirect) Calculated	0.45	mg/dl	0.0 - 0.90		
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	0.96	mg/dl	0.62 - 1.17		

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report ------

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

Kochi: 0484- 2322022 / 4032022

MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704



Biochemistry Report				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
BUN (Blood Urea Nitrogen) Serum, Method: Urease	18.7	mg/dl	6.0 - 20.0	
Creatinine Serum, Method-Kinetic Jaffes	0.96	mg / dL	0.62 - 1.17 mg/dl	
BUN/Creatinine Ratio	19.4		10 - 20.1	
Urea (Serum, Method-Urease)	40.21	mg/dl	16.6 - 48.5	

----- End of Report ------

SUPARNA DAREKAR

Lab Technician

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MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157







PID NO.	: CJA1328	Reference :	Reg. Date
		Sample Collected At :	21-Oct-2024 / 9:01 am
Name	: SIDDHARTHA N NEGI	Sea Bird Medicare	
		A-101-102, Heritage Plaza,	Coll Date
Sex / Age	: Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station).	21-Oct-2024 / 9:06 am
		Processing Location: - Seabird Medicare Pvt Ltd	
		Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ref By	: APOLLO HEALTH AND LIFESTYLE	Station, Near Madhavbag Bldg, Andheri (East ).	
	LIMITED	Mumbai - 400069	21-Oct-2024 / 1:11 pm

BLOOD GLUCOSE					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association g	92.99 uidelines 2022	mg/dl	70.00 - 100.00 mg/dl		
Urine Glucose (Fasting)	Absent		Absent		
Urine Ketones (Fasting)	Absent		Absent		
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association g	100 uidelines 2022	mg/dl	70.00 - 140.00		
Urine Glucose (PP)	Absent		Absent		
Urine Ketones (PP)	Absent		Absent		
Test Done on Fully Automated Mispa CXL P	RO PLUS Biochemistry	y Analyser.			



SONALI ADELKAR

Lab Technician

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DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Sea Bird Medic		
PID NO. : CJA1328	Reference : Sample Collected At :	Reg. Date
Name : SIDDHARTHA N NEGI	Sea Bird Medicare A-101-102, Heritage Plaza,	21-Oct-2024 / 9:01 am Coll Date
Sex / Age : Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	21-Oct-2024 / 9:06 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East ). Mumbai - 400069	Report Date 21-Oct-2024 / 1:11 pm

BLOOD GLUCOSE			
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL

----- End of Report ------



SONALI ADELKAR

Lab Technician



DR.RITESH KHARCHE

MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157



Sea Bird Medicare	A STATE OF	
PID NO. : CJA1328	Reference : Sample Collected At :	Reg. Date 21-Oct-2024 / 9:01 am
Name : SIDDHARTHA N NEGI	Sea Bird Medicare A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	21-Oct-2024 / 9:06 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East ). Mumbai - 400069	Report Date 21-Oct-2024 / 1:11 pm

Blood Group				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
BLOOD GROUP				
ABO Group	"AB"			
RH (D)	Positive			
Method : Cell (Forward) groupin Sample: Whole Blood (EDTA)	g by Manual Slide Method.			

----- End of Report ------

PRIYA PANDEY Lab Technician

In

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Sea Bird Medicard	A SUN PARK A	
PID NO. : CJA1328	Reference :	Reg. Date
	Sample Collected At :	21-Oct-2024 / 9:01 am
Name : SIDDHARTHA N NEGI	Sea Bird Medicare	
	A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station).	21-Oct-2024 / 9:06 am
	Processing Location: - Seabird Medicare Pvt Ltd	
	Office no A/302, Vertex Vikas, Opposite Andheri	Report Date
Ref By : APOLLO HEALTH AND LIFESTYLE	Station, Near Madhavbag Bldg, Andheri (East ).	
LIMITED	Mumbai - 400069	21-Oct-2024 / 1:11 pm

Complete Blood Count				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
Hemoglobin	15.1	gm/dl	13.0 -17.0	
RED BLOOD CELLS				
R.B.C. Count	5.17	million / cumm	4.5- 5.5	
НСТ	45.6	%	40- 50	
MCV	88.3	fL	83 - 101	
MCH	29.1	pg	27 - 32	
MCHC	33	gm / dl	31.5 - 34.5	
RDW (CV)	12.8	%	11.6- 14.0	
Total W.B.C. Count	4870	/cu.mm.	4000 - 10000	
DIFFERENTIAL COUNT				
Neutrophils	50	%	40 - 80	
Lymphocytes	46	%	20 - 40	
Eosinophils	02	%	1 - 6	



SUPARNA DAREKAR

Lab Technician

In

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Powai: 022-25701053 / 25704157

Sea Bird Medica	131 9001-2015	
PID NO. : CJA1328	Reference : Sample Collected At :	Reg. Date
Name : SIDDHARTHA N NEGI	Sea Bird Medicare A-101-102, Heritage Plaza,	21-Oct-2024 / 9:01 am
Sex / Age : Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station). Processing Location: - Seabird Medicare Pvt Ltd	Coll Date 21-Oct-2024 / 9:06 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East ). Mumbai - 400069	Report Date 21-Oct-2024 / 1:11 pm

	Complete	Blood Count	
Test	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	215000	/cumm	150000 - 410000
MORPHOLOGY			
RBC Morphology	Predominantly Norm	nocytic and Normoch	nromic.
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report ------

SUPARNA DAREKAR

Lab Technician



DR.RITESH KHARCHE

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Sea Bird Medic	AL 9111-2015	
PID NO. : CJA1328	Reference :	Reg. Date
	Sample Collected At :	21-Oct-2024 / 9:01 am
Name : SIDDHARTHA N NEGI	Sea Bird Medicare	
	A-101-102, Heritage Plaza,	Coll Date
Sex / Age : Male / 42 Years	Telli Cross Lane, Andheri East (Nr.Station).	21-Oct-2024 / 9:06 am
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LIMITED	Mumbai - 400069	21-Oct-2024 / 1:11 pm

	Erythrocyte Sedimentation Rate (ESR)		
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
E.S.R	15	mm at 1hr	0 - 15

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report ------



LATHA SONAWANE

Lab Technician

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URINE	ANALYSIS	
<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Pale Yellow		Pale Yellow
30 ml	ml	20 - 50
Clear		Clear
6.0		5.0 - 9.0
1.020		1.000 - 1.030
Absent		Absent
Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
	ResultPale Yellow30 mlClear6.01.020AbsentAbsentAbsentAbsentAbsentAbsentAbsentAbsentAbsent	Pale Yellow30 mlClear6.01.020AbsentAbsentAbsentAbsentAbsentAbsentAbsent

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157



	UR	INE ANALYSIS	
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

#### METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination : Automation/Manual Microscopy.

----- End of Report ------

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

Kochi: 0484- 2322022 / 4032022

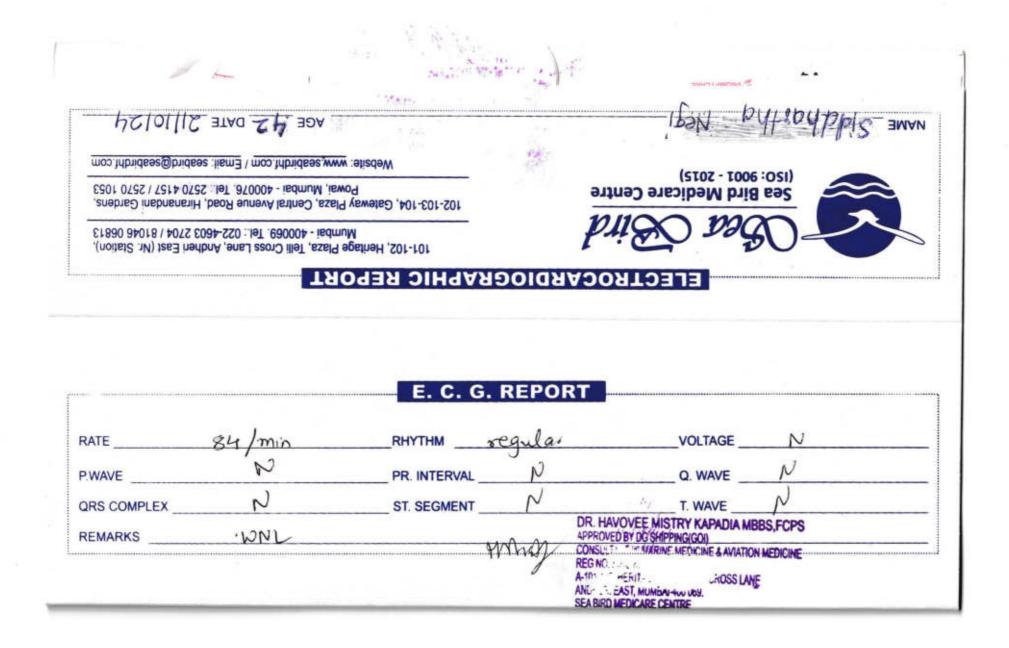
MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

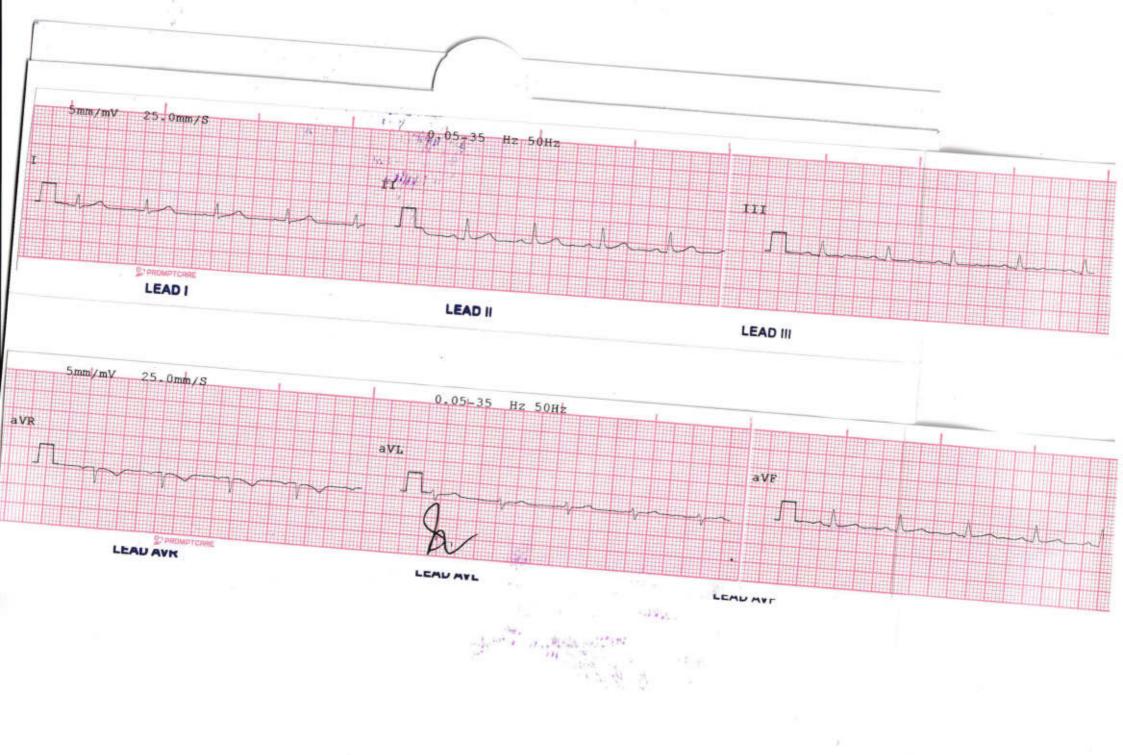
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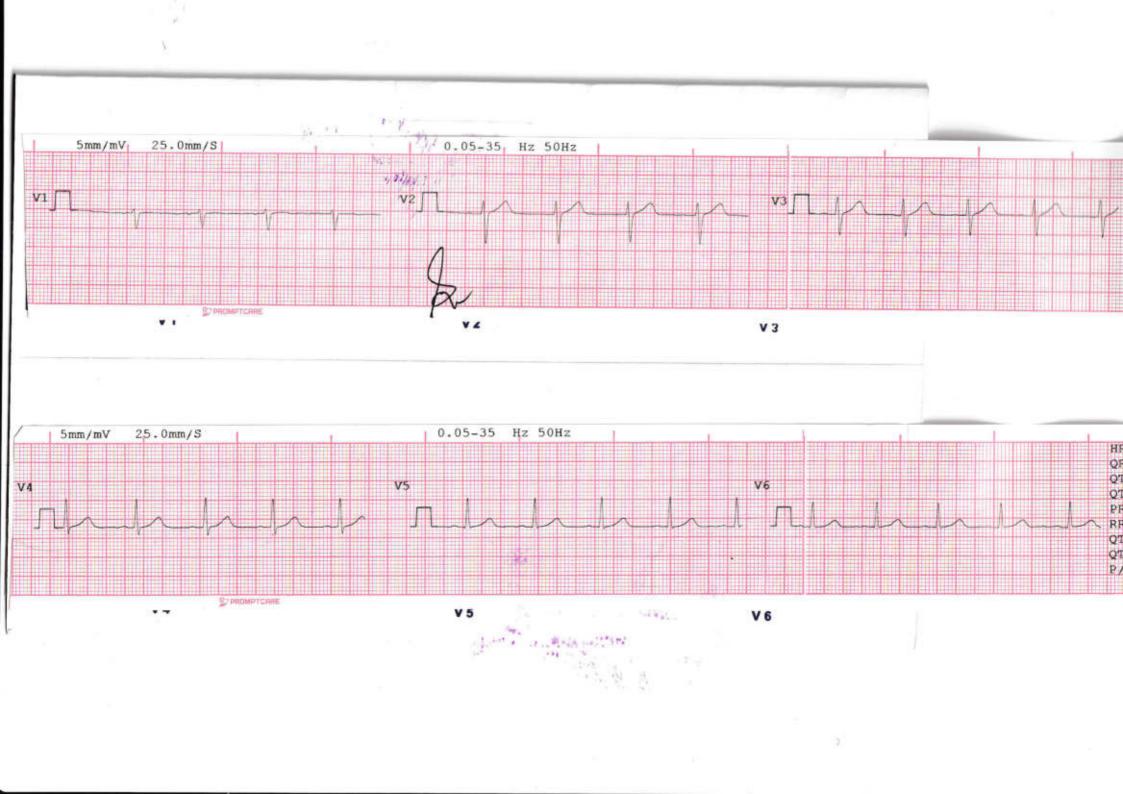


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## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Siddhartha N. Neg? on 21/10/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

		Tick
<ul> <li>Medically Fit</li> </ul>		
<ul> <li>Fit with restrictions/reco</li> </ul>	ommendations	
	strictions have been revealed, in my	
opinion, these are no	t impediments to the job.	
1		
2		
3		
	yee should follow the nat has been communicated to	
Review after		
Currently Unfit.		
Review after		
ecommended		
Unfit		

Dr. AW DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS APPROVED BY REGENERATING COLLER CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE REG NO. MMC:80174 A-101-102, HERITAGE PLAZA, TELI CROSS LANE This certificate is not meant for mediowPHERLEAST, MUMBALADO 069. SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



### MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	21/10/2024.
NAME Mr. Si	delharthe Negr
AGE 42 yrs.	GENDER Male.
HEIGHT (CM) 177 cm	WEIGHT (KG) 69 kg ·
B.P.	124/ 80 mm kg .
ECG	UNL
X Ray	NAD.
Vision Checkup	Color Vision: Normal. Far Vision Ratio: 6/6 - Arded Near Vision Ratio: N5 - Unaided
Present Ailments	N'I
Details of Past ailments (If Any)	- 110 Renal calculi in 2022. Red conservative - @ little finger hawline # in 2006. Red of
Comments / Advice:	

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



Report ID: SNM211091017Patient Name: Mr. SIDDHARTHA NEGIRank:Ref By: DR. MUKUL ARTE

Reg.: 21-Oct-2024Report Date: 21-Oct-2024Company Name: M/S. APOLLO HEALTH AND LIFESTYLEAge/Sex: 42 Year / Male

### CHEST X RAY REPORT

X-Ray No : 9214

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.



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