

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name :	AHB.0001075585 MR. RAVIKANTH PAWAR Age: 34 Year(s) Year(s)/Male 13 Aug 2022 9:48:46 AM	Age :	Sex : M/F
Age :			UHID :



Physical Examination

<b>General :</b>	Build	Height	173 cm	Weight	88.5 kg	BMI :
	Anaemia	Icterus		Cyanosis		Clubbing
		Oedema		Glands		

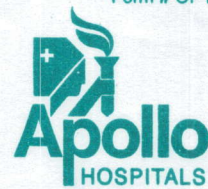
HEAD & NECK :

ENT :

<b>CVS :</b>	Heart Rate & Rhythm	82 bpm	spo <sub>2</sub> - 98 %
	B.P. : Supine	119/71	Sitting Standing
	Chest shape	mmHg	Screening Echo Report
	Heart Sounds		Normal LV systolic function.
	Murmurs		NO RUMOR
	Thrills		LV EF - 60%

RS :

Rate & Type
Breath Sounds



**Dr. Shalini Shetty**  
 MBBS, MS (Oph), FRCS (UK)  
 Sr. Consultant - Ophthalmology

Place Label Here  
 Mr. Ravikantli  
 1075585 34 ylon  
 If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician

Allergies :	<b>Fall Risk Assessment</b>		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	<input type="checkbox"/> Psychological & Social Assessment done				
Mobility Aid	Yes No						
Gait	Dep. Indep.						

Routine Eye Test

R616

L616

with glass

R6

R6

Ocular Motions

Fin (BE)

Mubron Eye Drop

Medicine Reconciliation Dose & Frequency  
 Advice & Plan  
 H-H x 1 month.

Refractive Error

Continue old glasses.

Clinicaly Trained

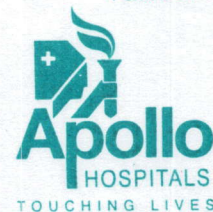
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for.

Signature and Date

**Dr. MEHTA . Y**MBBS, DNB (Family Medicine)  
Senior Consultant Physician  
Reg. No. : ANP20010000845KTK

Place Label Here

Mr Ravi Kanth Pawar  
AHB-0001075585  
34/MIf label not available, write Pt. Name, UHID No.,  
Age, Sex, Date, Name of Treating Physician

Allergies : <i>- Nil</i>	<b>Fall Risk Assessment</b>		Wt: <i>88.5</i> Ht: <i>173</i> T: _____ P: <i>82</i> BP: <i>119/71</i>
	H/o fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Pain <i>0</i> /10 <input checked="" type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>		
Gait	Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>		

- Routine HC
- H/c of Congenital Heart Disease
  - surgery done in 2000
  - details not known.

- mixed diet
- yoga + walk + gym
- F/H: M- DM.

- ① Prediabetes - 4bAc - 6.0%
- ② Mild dyslipidemia
- ③ TMT - Negative

Adv

- Low fat, low carb, High fiber diet
- Regular exercise

Kindly get this document scanned at the counter for the record purpose

*Teef*  
Signature and Date

Apollo Hospitals, 154/11, Opp. I.I.M., Bannerghatta Road, Bengaluru-560 076, Karnataka, India  
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website: bangalore.apollohospitals.com. Apollo Pharmacy Free Home Delivery: Ph: 080-6001 1111, web: www.apollopharmacy.in  
In any medical emergency call: 1066

To book appointments or Consult doctors online, visit [www.askapollo.com](http://www.askapollo.com)

## YOUR CLINICAL TEST RESULTS

**Mr. RAVIKANTH PAWAR**

MALE / 34 Yrs / AHB.0001075585 / AHBHC107646

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	14.9	g/dL	●	13-17
:Oxyhemoglobin method(Photometric measurement)				
RBC Count (Impedance)	5.34	x(10) <sup>12</sup> /l	●	4.5 - 5.5
Packed cell volume (Calculated)	44	%	●	40 - 50
MCV (Derived from RBC histogram)	82 *	fl	●	83 - 101
MCH (Calculated)	28	pg	●	27 - 32
RDW (Calculated)	16.8 *	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	162	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	5.94	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	56	%	●	40 - 80
Lymphocytes	29	%	●	8.6 -23.8
Monocytes	11 *	%	●	2 - 10
Eosinophils	3	%	●	1 - 6
Basophils	1	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	22 *	mm/1st hr	●	Adult Male- 0 - 10

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

## BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

## LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	30	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	105	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	26	U/L	●	<= 50

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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BILIRUBIN, TOTAL - SERUM	0.66	mg/dL	●	0.30-1.20
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	104	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	176	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.14	mg/dL	●	Male : 0.9 -1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	46	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	95	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	111	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
GLUCOSE - SERUM / PLASMA (RANDOM/CASUAL)	95	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.0	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	39 *	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	128 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 - 129Borderline High: 130 - 159High: 160 - 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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MALE / 34 Yrs / AHB.0001075585 / AHBHC107646

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Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	112.31	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.5	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	109	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.5		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.54	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	29	mg/dL	●	15 - 45
URIC ACID - SERUM	6.7	mg/dL	●	Adult Male: 3.0 - 7.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	22	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.12	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.54	mg/dL	●	0.1 - 1.0

● Within Normal Range    ● Boderline High/Low    ● Outside Range



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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	26		●	Healthy Adults: 22 - 29

### INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

#### CARDIOLOGY

ECHO/TMT - OPTIONAL

#### Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

#### CARDIOLOGY

ECG

#### X Ray

X-RAY CHEST PA

● Within Normal Range      ● Boderline High/Low      ● Outside Range

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	RAVIKANTH PAWAR		M		34 Years
<b>UHID</b> :	AHB.0001075585	<b>Ward/Bed No.</b> :	/		
<b>I.P.No./Bill No.</b> :		<b>Scanned on</b> :	13-Aug-2022 12:14		
<b>Accession Number</b> :		<b>Reported On</b> :	13-Aug-2022		
<b>Referring Doctor</b> :					

**X-RAY CHEST PA VIEW**

*Clinical Information: Routine health checkup.*

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Visualized soft tissue shadows appear grossly normal.

*Sternal sutures seen in situ. Bony outgrowth with fusion of right anterior 1<sup>st</sup> and 2<sup>nd</sup> rib seen.*

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

- *Suggested clinical correlation.*

**DR. SHADAB ALAM**  
**REGISTRAR**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	RAVIKANTH PAWAR	M   34yrs
<b>UHID</b> :	AHB.0001075585	<b>Ward/Bed No.</b> : /
<b>I.P.No./Bill No.</b> :		<b>Scanned on</b> : 13-Aug-2022 12:06
<b>Accession Number</b> :		<b>Reported On</b> :
<b>Referring Doctor</b> :	Dr. MHC	

**ULTRASOUND WHOLE ABDOMEN**

*Clinical Information: General health checkup.*

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder: Contracted

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

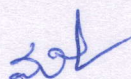
Prostate appears normal in size. Normal echotexture within the gland.

**IMPRESSION:**

*USG study of the abdomen shows no definite abnormality.*

- *Suggested clinical correlation.*

*(Enclose reports) Mn*



**Dr. M MADHUKAR**  
**RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

POLLO HOSPITALS  
ANNEGhatta ROAD  
BANGALORE-560076

Station  
Telephone:

### EXERCISE STRESS TEST REPORT

Patient Name: RAVIKANTH PAWAR,  
Patient ID: AHB/1075585  
Height: 173 cm  
Weight: 89 kg

DOB: 07.03.1988  
Age: 34yrs  
Gender: Male  
Race: Indian

Study Date: 13.08.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Grace

Medications:  
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Medical History:  
--

Reason for Exercise Test:  
Screening for CAD

#### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:24	0.00	0.00	79		
	STANDING	00:02	0.00	0.00	79	120/70	
	HYPERV.	00:02	0.00	0.00	80	120/70	
EXERCISE	WARM-UP	00:49	0.60	0.00	86	120/70	
	STAGE 1	03:00	1.70	10.00	98	140/80	
	STAGE 2	03:00	2.50	12.00	137	140/80	
	STAGE 3	03:00	3.40	14.00	155	150/80	
	STAGE 4	00:21	4.20	16.00	162	160/80	
RECOVERY		05:27	0.00	0.00	91	130/80	

The patient exercised according to the BRUCE for 9:20 min:s, achieving a work level of Max. METS: 11.20. The resting heart rate of 79 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/70 mmHg, rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

#### Interpretation

Summary: Resting ECG: right bundle branch block.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: Supraventricular ectopics noted.  
ST Changes: none.

#### Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

REF:104768-001

CE

ahb1075585  
34 Years

ravikanth pawar  
Male

13-Aug-22 11:39:54 AM

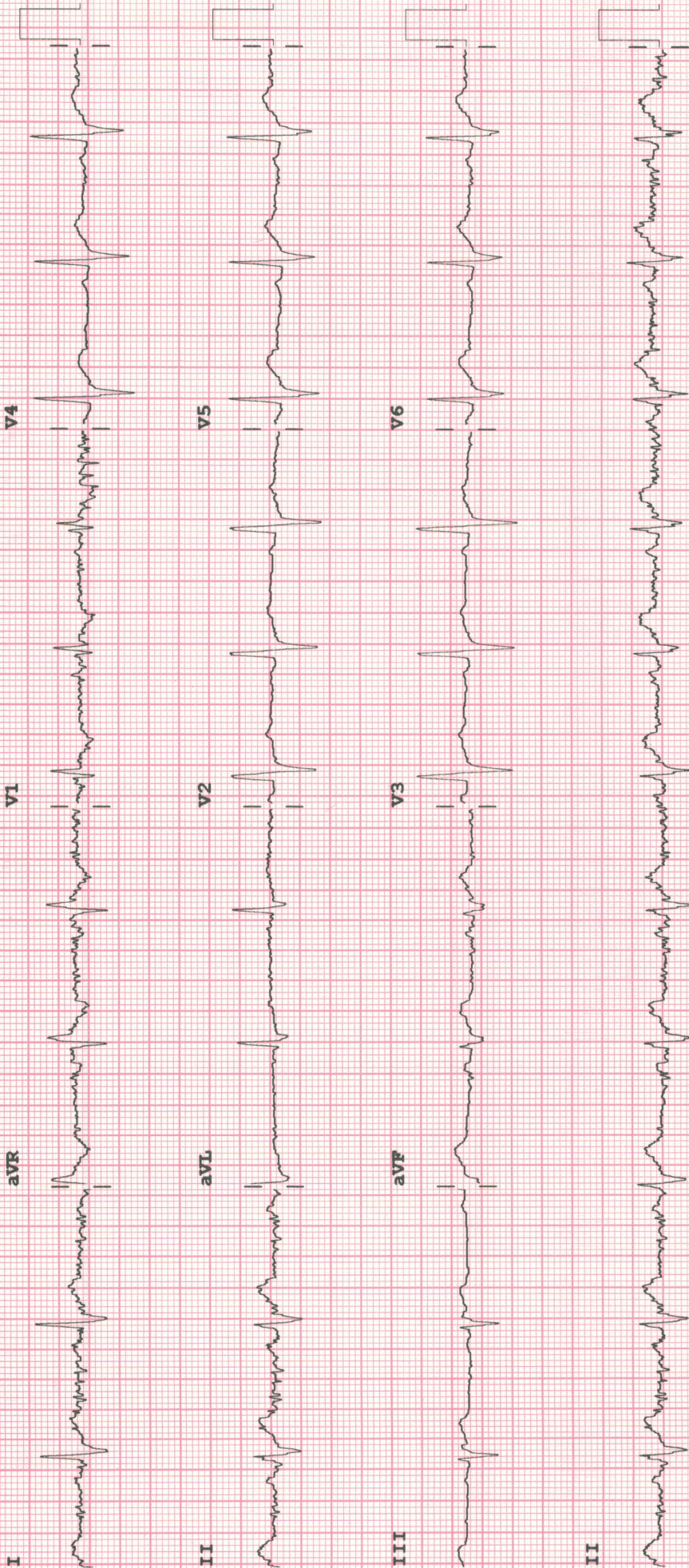
Rate 69

PR 172  
QRSD 117  
QT 363  
QTc 389

--AXIS--

P 44  
QRS -11  
T 56

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?