

# KAPIL HOSPITAL

Near New Courts, Civil Lines, Opp. Commissioner's Office Jalandhar

11809 / Mr. Hamesh Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms / Non Smoker

Date: 12/03/2022

Protocol: BRUCE

## Summary

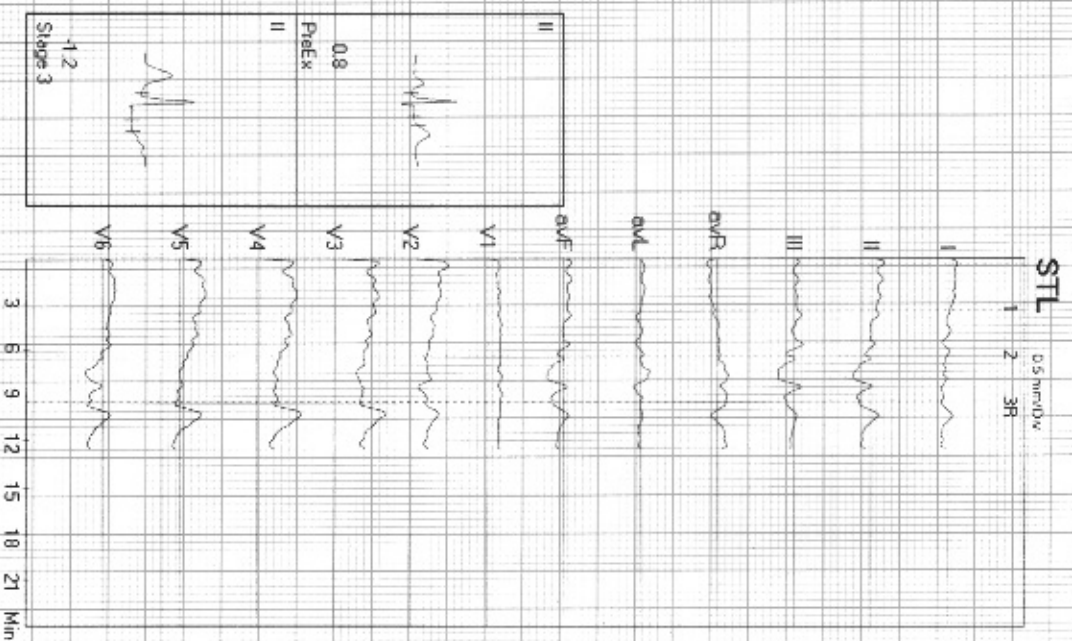


Stage	Stage Time (min:sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	Objective: FOR TESTING PURPOSE ONLY			
							History: Nil	R.P.P. x100	P.V.C	Comments
Standing				1.0	62	160/80	99	-	-	
ExStart				1.0	62	160/80	99	-	-	
Stage 1	3:00	1.7	10.0	4.7	93	160/80	148	-	-	
Stage 2	3:00	2.5	12.0	7.1	112	180/100	201	-	-	
Stage 3	3:00	3.4	14.0	10.2	132	190/110	250	-	-	
PeakEx	0:01	4.2	16.0	10.2	132	190/110	250	-	-	
Recovery	1:00	0.0	0.0	4.3	108	190/110	205	-	-	
Recovery	2:00	0.0	0.0	1.0	88	190/110	167	-	-	
Recovery	3:00	0.0	0.0	1.0	92	190/110	174	-	-	
Recovery	3:06	0.0	0.0	1.0	87	180/100	156	-	-	

### Findings:

Exercise Time : 09:02  
 Max HR Attained : 132 bpm (80% of Target 164)  
 Max BP : 190/110  
 Max Workload attained : 10.2 (Good Effort Tolerance)

Diagnosis: No evidence of inducible myocardial ischemia



Advice/Comments:

RMS TMT MARK-II/11 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH

Dr. Kapil Gupta  
**KAPIL HOSPITAL**  
 Near New Courts,  
 Civil Lines, Jalandhar



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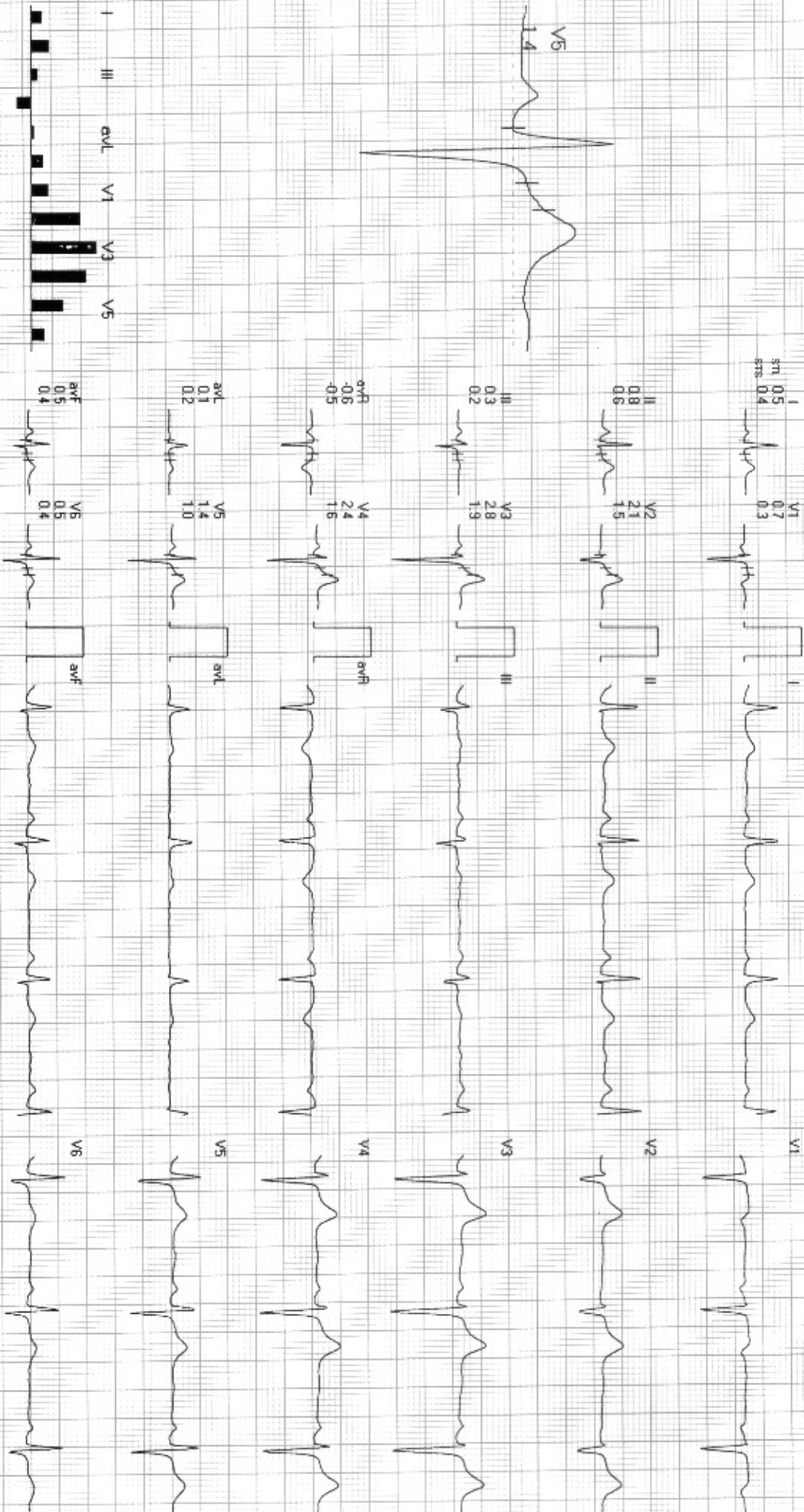
Date: 12 / 03 / 2022 03:14:37 PM

METS: 1.0 HR: 62 bpm 37% Tgt. BP: 160/80 Raw ECG, BLC, Noctn. (0.05-100)Hz

EXTime: 00:01 0.0 mph, 0.0%

AX 80 mS Post J

25 mm/Sec 10 Cm/mV



COMMENTS:

RMS TMT MARK-II/40/RECORDERS AND MEDICARE SYSTEMS (P) LTD CHANDIGARH



1/809 / Mr. Harmesh Lal Banga / 66 Yrs / M / 79 Kg / 162 Cms

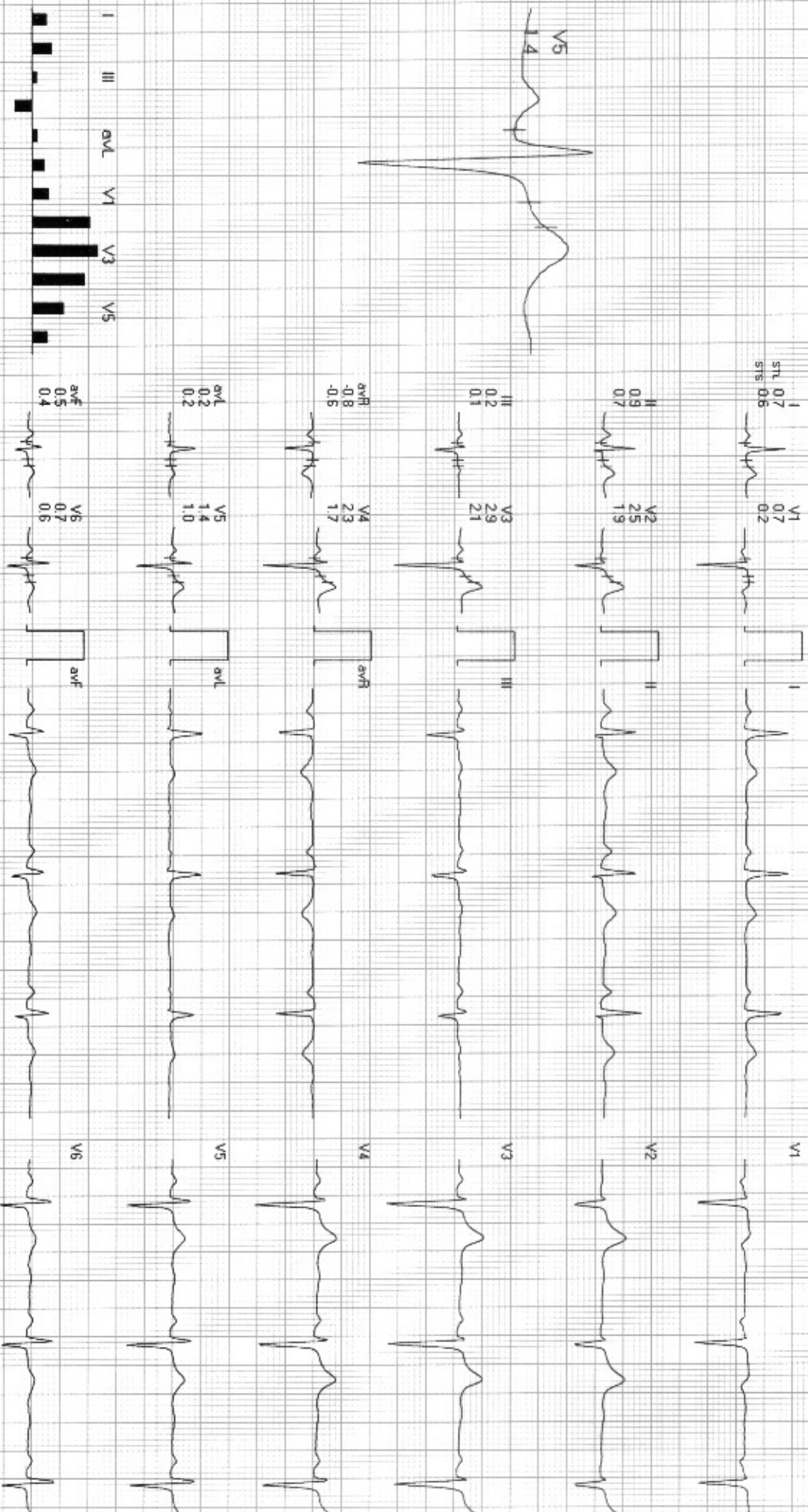
Date: 12/03/2022 03:14:37 PM

METS: 1.0 HR: 62 bpm 37% Trgt. BP: 160/80 Row ECG BLC Notch: (0.05-100)Hz

ExTime: 00:22 0.0 mph 0.0%

4X 80 ms Post J

25 mm/Sec 1.0 Div/mV



COMMENTS:  
RMS TMT MARK-444.0 PRECORDERS AND MEDICARE SYSTEMS (P) LTD CHANDIGARH





11809 / Mr. Himesh Lal Banga / 66 Yrs / M / 79 Kg / 162 Cms

Date: 12 / 03 / 2022 03:14:37 PM

METS: 4.7

HR: 93 bpm

56% Trgt

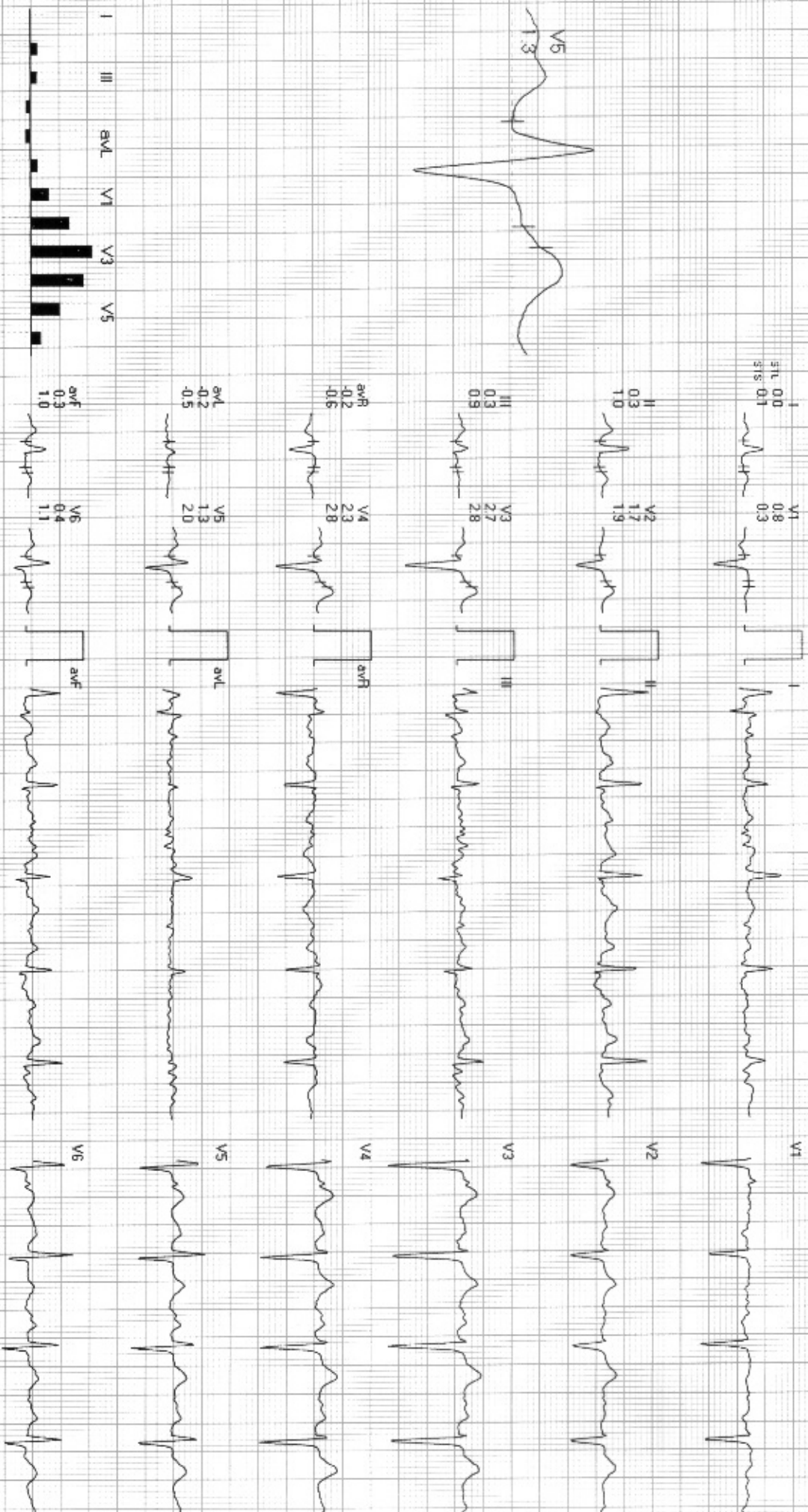
BP: 160/80

Raw ECG, BLC, Notch, (0.05-100)Hz

ExTime: 03:00 1.7 mph, 10.0%

4X 80 mS Post J

25 mm/Sec 1.0 Div/CMV



COMMENTS:

RMS TMT MARK-440 RECORDERS AND MEDICARE SYSTEMS (P) LTD CHANDIGARH



1/809 / Mr. Harmesh Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

Date: 12/03/2022 03:14:37 PM

METS: 7.1

HR: 112 bpm

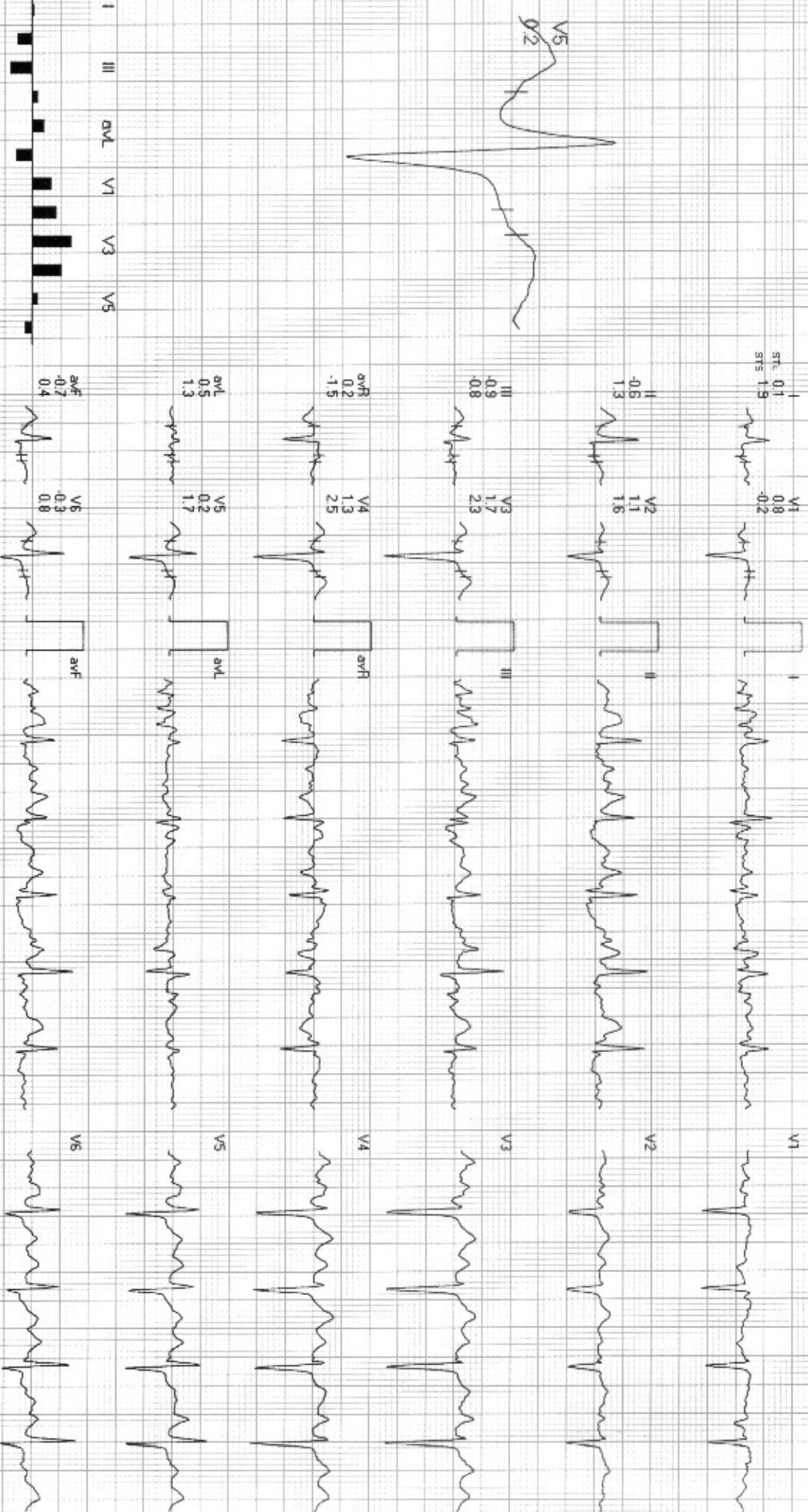
68% Trgt

BP: 180/100

Raw ECG, BLC, Notch, (0.05-100)Hz  
EXTime: 06:00 2.5 mph, 12.0%

4X 80 ms Post J

25 mm/Sec 1.0 Ohm/mV



COMMENTS:  
II aVR aVF V2 V4 V6



11809 / Mr. Himesh Lal Banga / 66 Yrs / M / 79 Kg / 162 Cms

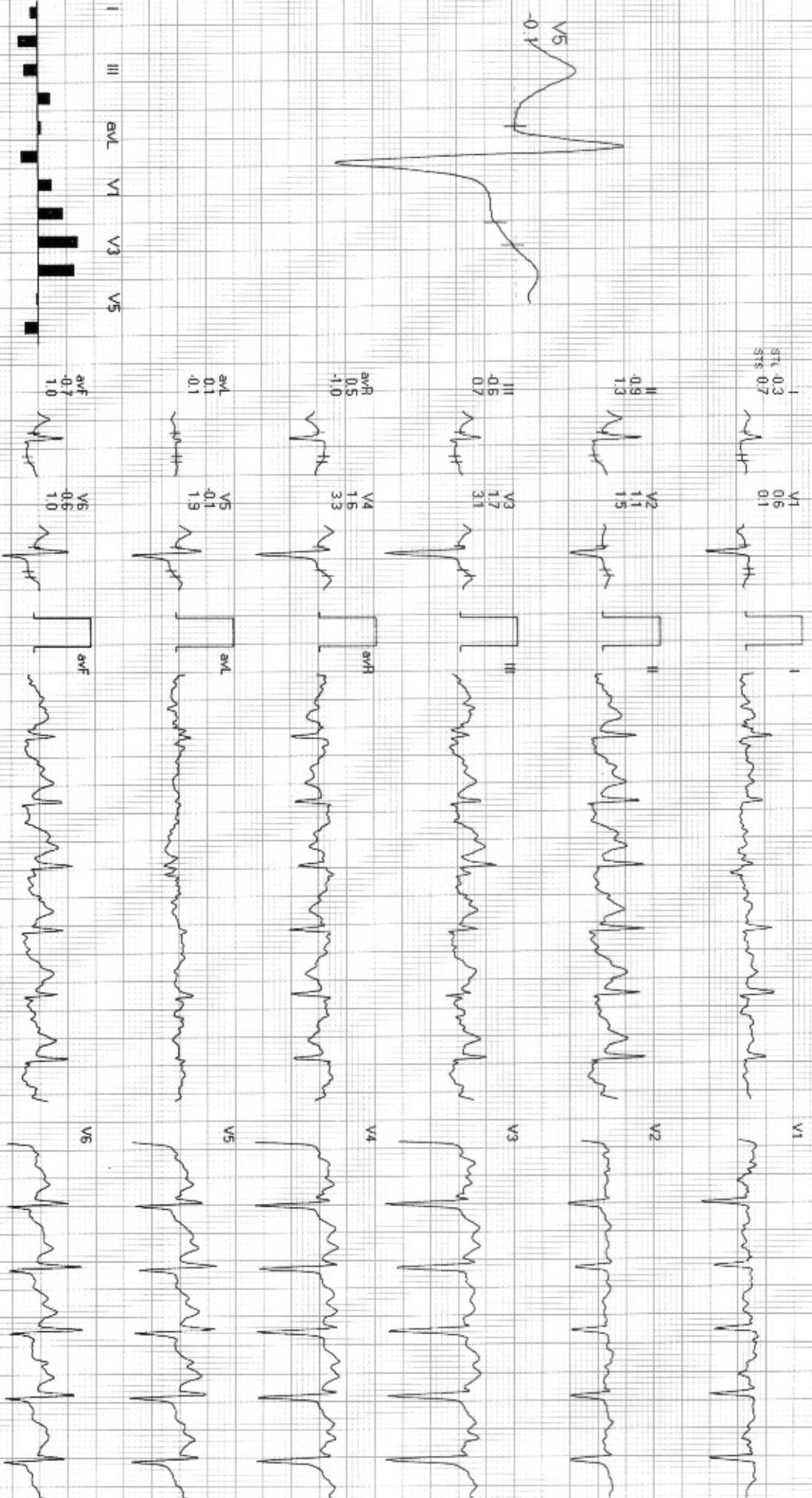
Date 12/03/2022 03:14:37 PM

METS: 10.2 HR: 132 bpm 80% Trgt BP 190/110 Raw ECG BLC. Notch (0.05-100)Hz

ExTime: 09:00 3.4 mph, 14.0%

4X 80 mS Post J

25 mm/Sec 1.0 Cm/mV



II aVR aVL V1 V2 V3 V4 V5 V6

COMMENTS: RMS TMT MARK-440 RECORDERS AND MEDICARE SYSTEMS (P) Ltd, CHANDIGARH



1/309 / Mr. Hamish Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

Date: 12 / 03 / 2022 03:14:37 PM

METS: 10.2

HR: 132 bpm

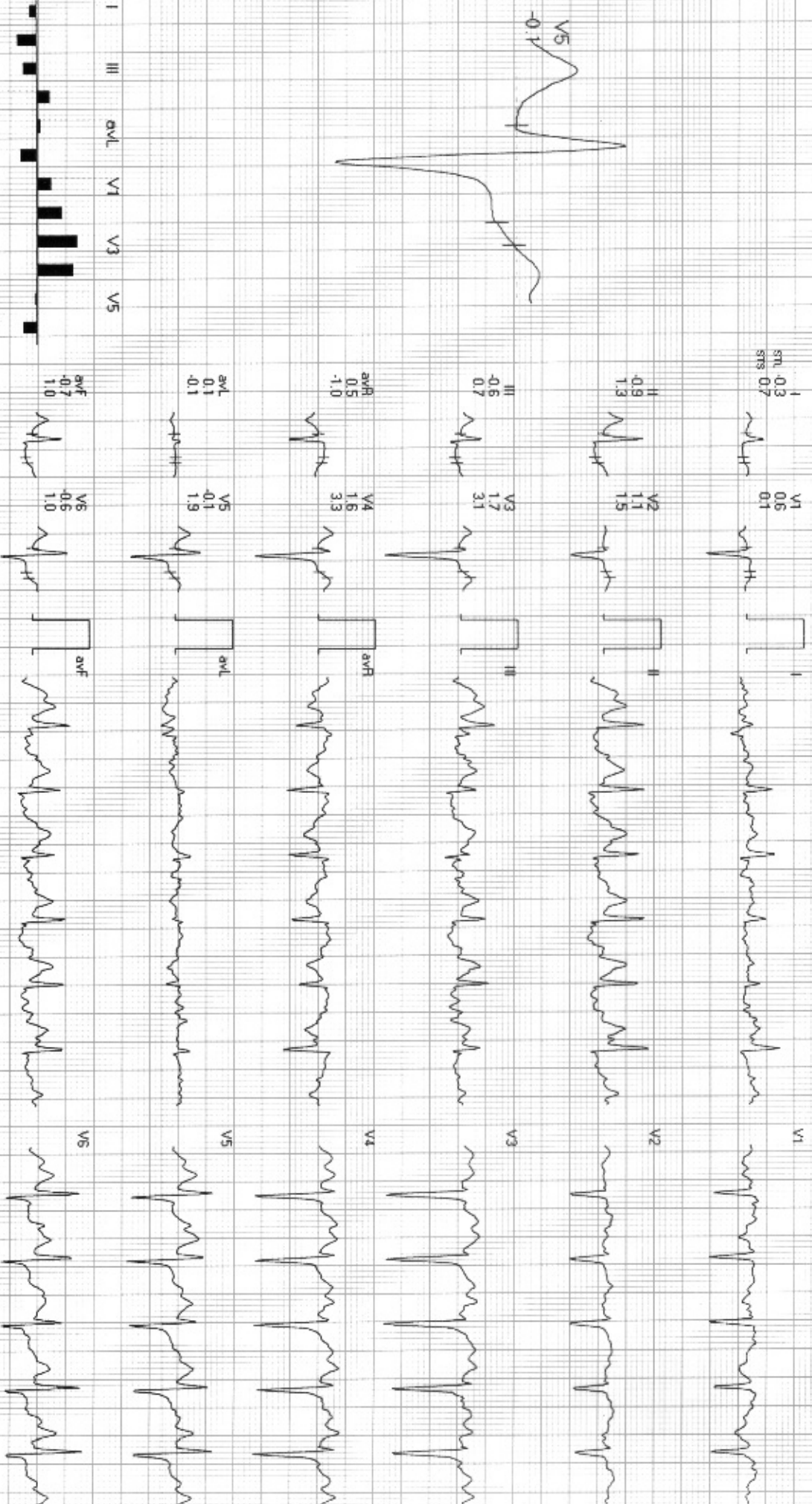
80% Trgt. BP: 190/110

Raw ECG, BLC, Noch, (0.05-100)Hz

ExTime: 09:01 4.2 mph 16.0%

4X 80 ms Post J

25 mm/Sec | 1.0 Cm/mV



COMMENTS:

RMS TMT MARK-44.0 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH



11809 / Mr. Hammesh Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

Date: 12 / 03 / 2022 03:14:37 PM

METS: 4.3

HR: 108 bpm

65% Trgt

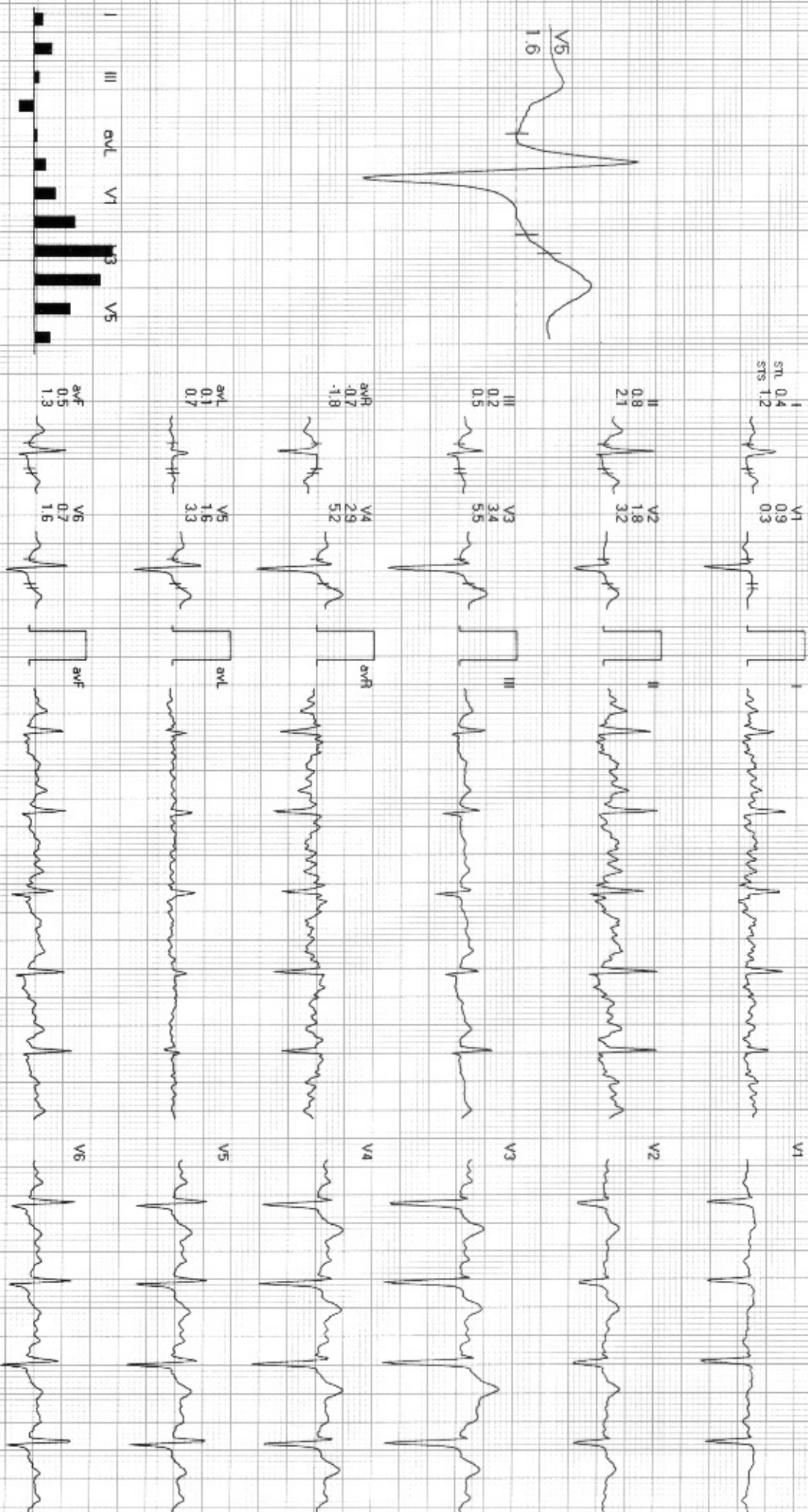
BP: 190/110

Raw ECG: BLC North (0.05-100)Hz

EXTime: 09:02 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec 1.0 Cm/mV



COMMENTS:  
RMS TMT MARK-440 RECORDERS AND MEDICARE SYSTEMS (P) LTD CHANDIGARH





11809 / Mr. Harmesh Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

Date: 12 / 03 / 2022 03:14:37 PM

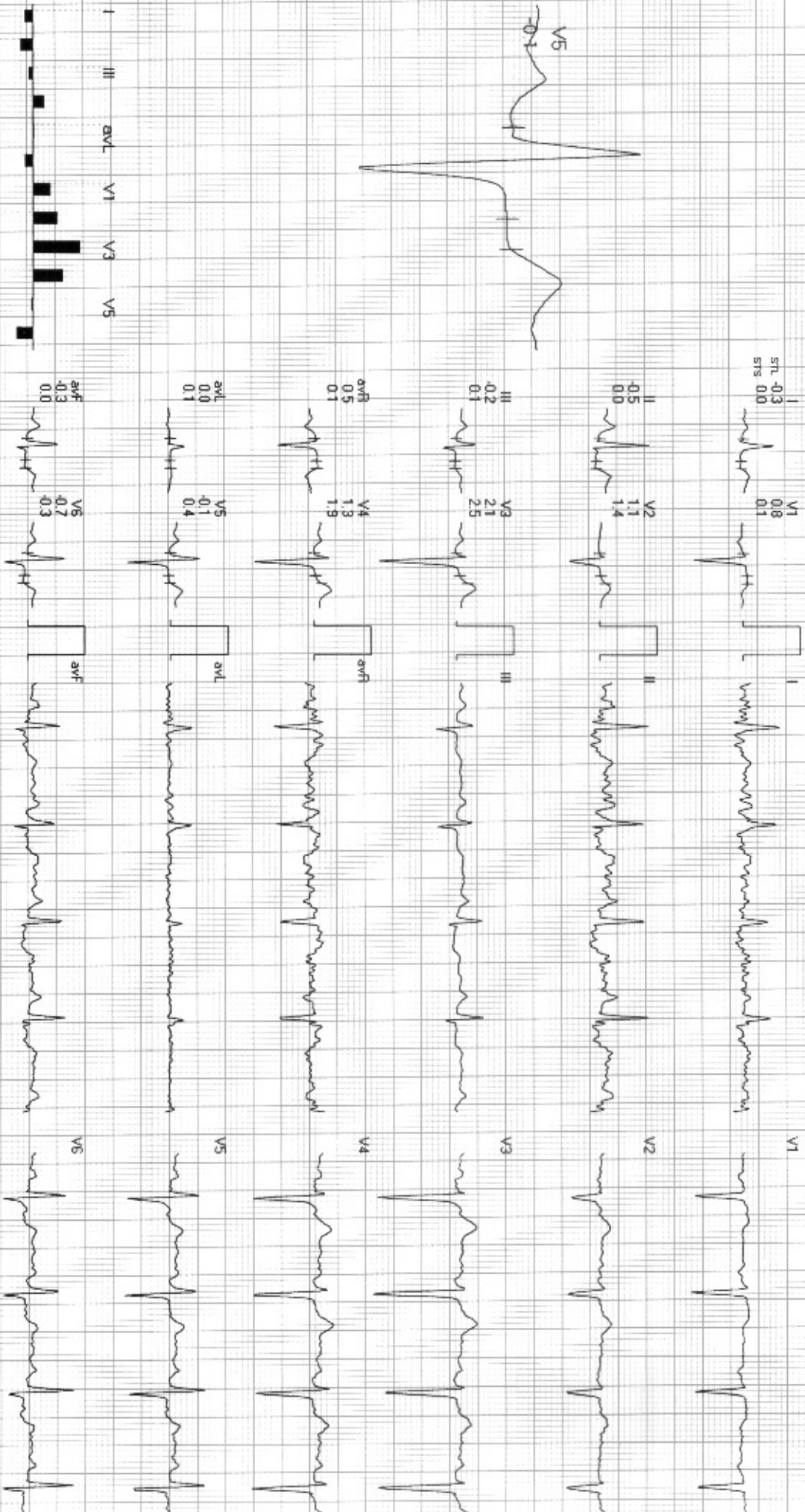
METS: 1.0 HR: 88 bpm 53% Trgt BP: 190/110 Raw ECG BLC. Notch. (0.05-100)Hz

ExTime: 09:02 0.0 mph 0.0%

4X

80 mS Post J

25 mm/Sec - 1 ft Cm/mV



II aVR aVF V2 V4 V6

COMMENTS: RMS 747 MARK-III 2.0 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH



1/809 / Mr. Hamish Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

Date: 12/03/2022 03:14:37 PM

METS: 1.0

HR: 92 bpm

56% Trgt

BP: 190/110

Raw ECG, BLC, Notch: (0.05-100)Hz

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



COMMENTS:

RMS TMT MARK-440/RECORDERS AND MEDICARE SYSTEMS (P) Ltd CHANDIGARH



1/809 / Mr. Harmesh Lal Banga / 56 Yrs / M / 79 Kg / 162 Cms

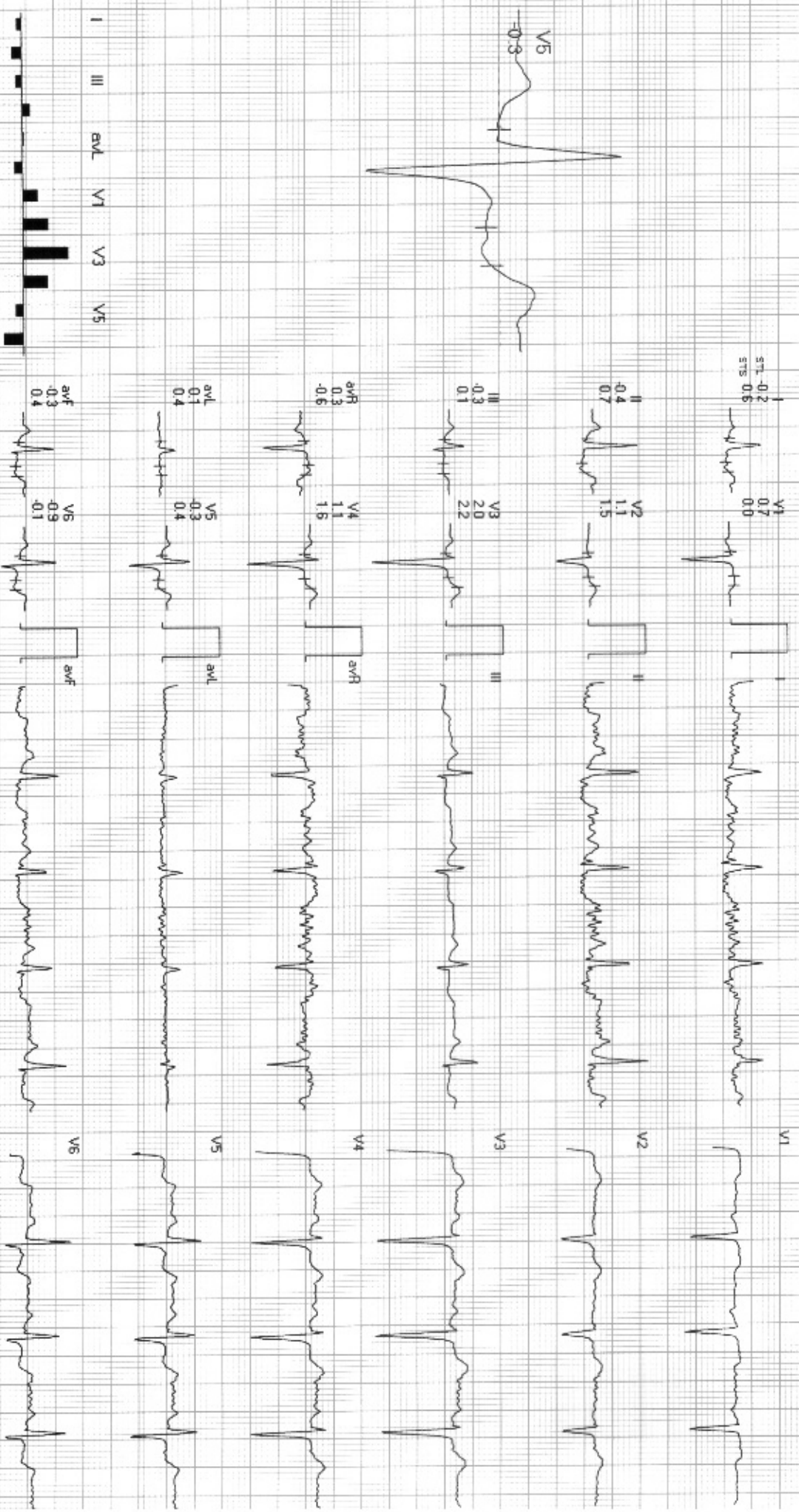
Date: 12/03/2022 03:14:37 PM

METS: 1.0 HR: 87 bpm 59% Trgt. BP: 180/100 Raw ECG, BLC, Notch, (0.05-100)Hz

EXTIME: 09:02 0.0 mpm 0.0%

4X 80 mS Post J

25 mm/Sec - 1.0 Cm/mV



COMMENTS: RMS TMT MARK-4401 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH

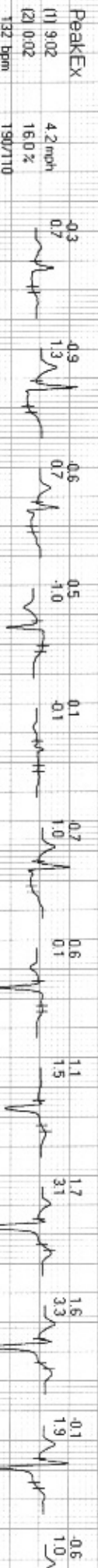
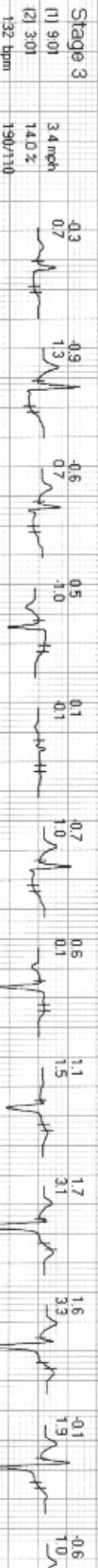
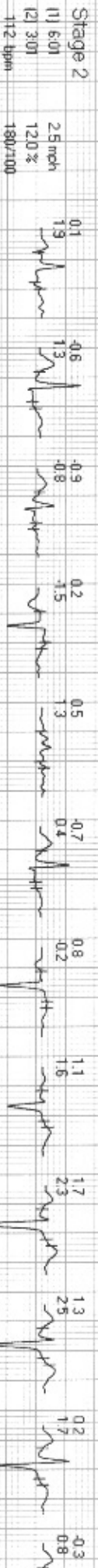
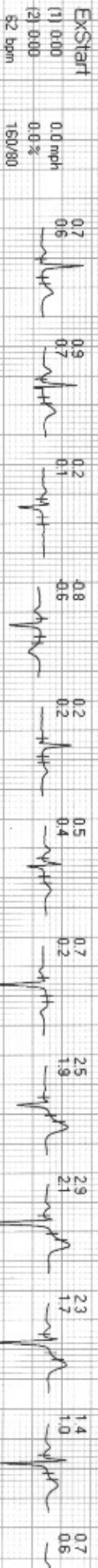




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Date: 12/03/2022 03:14:37 PM

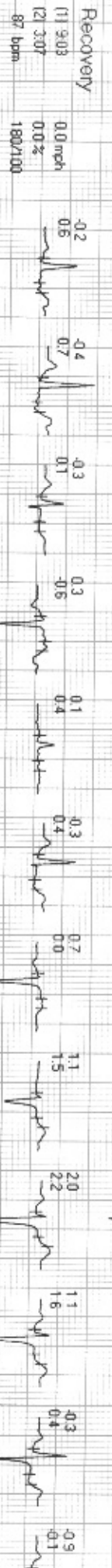
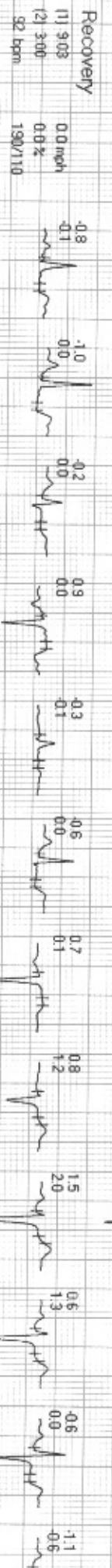
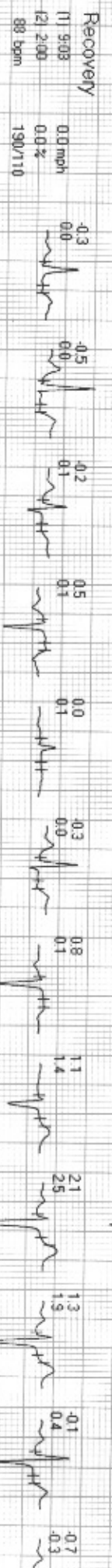
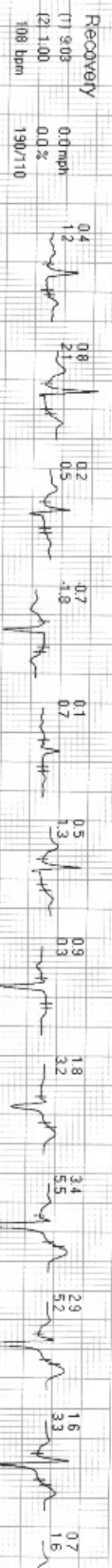
I II III aVR aVL aVF V1 V2 V3 V4 V5





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Date: 12/03/2022 03:14:37 PM I II III aVR aVL aVF V1 V2 V3 V4 V5



Date: 12/03/2022 03:14:37 PM

Standing : PhTime: 0:02 StageTime: 0:01 0.0mph 0.0% 1.0 METs 62 bpm 160/80 @77ms Post J  
 PeakEx : PhTime: 9:02 StageTime: 0:01 1.1 mph 0.0% 10.2 METs 132 bpm 190/110 @40ms Post J

STL  
STs

