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SUBURBAN DIAGNOSTICS INDIA PVT. LTD. 2nd Floor, Aston, Sundervan Complex, Lokhandwala Road, Andheri (West), Regd. Office:-

Mumbai-400053.

REGD. NO. 87714



R E P O R T

Date:-

CID: 2231622785-

Name:-

A nami Ka

Sex / Age:

EYE CHECK UP

Chief complaints:

NIL

**Systemic Diseases:** 

Past history:

NIL

Unaided Vision:

Aided Vision:

Refraction:

Rt 6/12

NIG

Lt

6/9

N/6

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark:

Regd. Office:-

2nd Floor, Aston, Sundervan Complex, Lokhandwala Road, Andheri (West), Mumbai-400053.



: 2231622755

Name

: Ms ANAMIKA TIWARI

Age / Sex

: 32 Years/Female

Ref. Dr

Reg. Location

: Borivali West

Reg. Date

Reported

Use a QR Code Scanner Application To Scan the Code R 

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: 12-Nov-2022

**Authenticity Check** 

: 12-Nov-2022 / 12:55

# USG WHOLE ABDOMEN

<u>LIVER:</u> Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. CBD: CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

KIDNEYS: Right kidney measures 10.5 x4.6 cm. Left kidney measures 10.3 x4.3 cm.

Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

<u>UTERUS:</u> Uterus is anteverted, normal and measures 5.9x 2.3 x 4.6cm. Uterine myometrium shows homogenous echotexture. Endometrium is normal in thickness and measures 5.8 mm. Cervix appears normal.

**OVARIES:** Both ovaries appear normal in size and echotexture. The right ovary measures 2.8 x 2.8 x2.4 cm (volume 10.7 cc). The left ovary measures 2.8 x1.6 x 2.4 cm (volume 6 cc).

Bilateral adnexa is clear.

No free fluid or obvious significant lymphadenopathy is seen.



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: 12-Nov-2022 Reg. Date

: 12-Nov-2022 / 12:55 Reported

## **Opinion:**

No significant abnormality is detected.

# For clinical correlation and follow up.

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

This report is prepared and physically checked by DR SUDHANSHU SAXENA before dispatch.

> DR.SUDHANSHU SAXENA **Consultant Radiologist**

M.B.B.S DMRE (RadioDiagnosis) RegNo .MMC 2016061376.



: 2231622755

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Reg. Date

: 12-Nov-2022 Reported

: 12-Nov-2022 / 18:29

## X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

## **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

This report is prepared and physically checked by Dr Rohit before dispatch.

DR. ROHIT MALIK DNB, DMRD, DMRE (MUM) RADIO DIAGNOSIS

Realise

REG. No. 82356



CID#

: 2231622755

Name

: MS.ANAMIKA TIWARI

Age / Gender : 32 Years/Female

Consulting Dr. :-

Reg.Location : Borivali West (Main Centre)

Collected

: 12-Nov-2022 / 09:32

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Reported

: 14-Nov-2022 / 09:38

# PHYSICAL EXAMINATION REPORT

# History and Complaints:

Asymptomatic

# **EXAMINATION FINDINGS:**

Height (cms):

168 cms

Afebrile

Temp (0c): Blood Pressure (mm/hg): 120/80 mmhg

Pulse:

80 /min

Weight (kg):

72 kg NAD Skin: NAD

Nails:

Lymph Node:

Not palpable

**Systems** 

Cardiovascular: S1S2

Respiratory:

**AEBE** 

Genitourinary:

NAD Liver & spleen not palpable

GI System: CNS:

NAD

IMPRESSION:

ADVICE:

# CHIEF COMPLAINTS:

No 1) Hypertension: No IHD 2) No Arrhythmia 3) No **Diabetes Mellitus** 

4) **Tuberculosis** 5)

No



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Reg.Location : Borivali West (Main Centre)

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No

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Reported

: 14-Nov-2022 / 09:38

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		110
6)	Asthama	No
7)	Pulmonary Disease	No
8)	Thyroid/ Endocrine disorders	No
,	Nervous disorders	No
	GI system	No
4.41	Canital urinary disorder	

- 11) Genital urinary disorder 12) Rheumatic joint diseases or symptoms No
- 13) Blood disease or disorder
- No 14) Cancer/lump growth/cyst
- No 15) Congenital disease No 16) Surgeries
- 17) Musculoskeletal System

## PERSONAL HISTORY:

		No
,	Alcohol	No
2)	Smoking	veg
3).	Diet	No
4)	Medication	140

\*\*\* End Of Report \*\*\*

No

# DR. NITIN SONAVANE

M.B.B.S.AFLH, D.DIAB, D.CARD. CONSULTANT-CARDIOLOGIST REGD. NO: : 87714 Dr.NITIN SONAVANE **PHYSICIAN** 

Regd. Office:-SUBURBAN DIAGNOSTICS INDIA PVT. LTL 2nd Floor, Aston, Sundervan Complex, Lokhandwala Road, Andheri (West), Mumbai-400053.



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Consulting Dr.

. :

Reg. Location

: Borivali West (Main Centre)

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:12-Nov-2022 / 09:36 :12-Nov-2022 / 12:56 R

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	CBC (Complete Blood RESULTS	d Count), Blood BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS Haemoglobin RBC PCV MCV MCH MCHC RDW	11.0 3.50 34.9 100 31.5 31.6 15.0	12.0-15.0 g/dL 3.8-4.8 mil/cmm 36-46 % 80-100 fl 27-32 pg 31.5-34.5 g/dL 11.6-14.0 %	Spectrophotometric Elect. Impedance Measured Calculated Calculated Calculated Calculated
WBC PARAMETERS	4580	4000-10000 /cmm	Elect. Impedar:ce
WBC DIFFERENTIAL AND ABS	35.2 1612.2	20-40 % 1000-3000 /cmm	Calculated
Absolute Lymphocytes Moriocytes	9.0 412.2	2-10 % 200-1000 /cmm	Calculated
Absolute Monocytes Neutrophils Absolute Neutrophils	54.7 2505.3	40-80 % 2000-7000 /cmm	Calculated
Eosinophils Absolute Eosinophils	1.0 45.8	1-6 % 20-500 /cmm 0.1-2 %	Calculated
Basophils Absolute Basophils Immature Leukocytes	0.1 4.6	20-100 /cmm	Calculated
WBC Differential Count by Absor	bance & Impedance method/Mi	croscopy.	
PLATELET PARAMETERS Platelet Count MPV PDW	220000 11.6 26.2	150000-400000 /cmm 6-11 fl 11-18 %	Elect. Impedance Calculated Calculated

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: 2231622755

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Consulting Dr.

: Borivali West (Main Centre) Reg. Location

Collected Reported

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:12-Nov-2022 / 11:57

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RBC MORPHOLOGY

Hypochromia

Microcytosis

Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others

Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

48

2-20 mm at 1 hr.

Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West







Binhaskar Dr.KETAKI MHASKAR M.D. (PATH) **Pathologist** 

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: 2231622755

Name

: MS. ANAMIKA TIWARI

Age / Gender

: 32 Years / Female

Consulting Dr.

PARAMETER

Fluoride Plasma

: Borivali West (Main Centre) Reg. Location

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: 12-Nov-2022 / 09:36

:12-Nov-2022 / 15:09

Collected Reported

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BIOLOGICAL REF RANGE METHOD RESULTS Hexokinase Non-Diabetic: < 100 mg/dl GLUCOSE (SUGAR) FASTING, 89.0 Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl

GLUCOSE (SUGAR) PP, Fluoride 96.2 Plasma PP/R

Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance:

140-199 mg/dl Diabetic: >/= 200 mg/dl

0-0.3 mg/dl

<1.2 mg/dl

5.7-8.2 g/dL

3.2-4.8 g/dL

0.3-1.2 mg/dl

BILIRUBIN (TOTAL), Serum Kindly note change in Ref range and method w.e.f.11-07-2022 BILIRUBIN (DIRECT), Serum 0.16

Kindly note change in Ref range and method w.e.f.11-07-2022 0.35

BILIRUBIN (INDIRECT), Serum TOTAL PROTEINS, Serum

7.3

0.51

Kindly note change in Ref range and method w.e.f.11-07-2022 4.4

ALBUMIN, Serum 2.9 GLOBULIN, Serum 1.5 A/G RATIO, Serum

20.9 SGOT (AST), Serum

19.0 SGPT (ALT), Serum

14.3 GAMMA GT, Serum Kindly note change in Ref range and method w.e.f.11-07-2022

2.3-3.5 g/dL 1 - 2 5-32 U/L

5-33 U/L

<38 U/L

Vanadate oxidation

Vanadate oxidation

Calculated

Hexokinase

Biuret

BCG

Calculated Calculated

NADH (w/o P-5-P)

NADH (w/o P-5-P)

Modified IFCC

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Age / Gender

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Consulting Dr. Reg. Location

: Borivali West (Main Centre)

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ALKALINE PHOSPHATASE,

130.3

46-116 U/L

Modified IFCC

Serum

Kindly note change in Ref range and method w.e.f.11-07-2022

BLOOD UREA, Serum

11.7

19.29-49.28 mg/dl

Collected

Reported

Calculated

Kindly note change in Ref range and method w.e.f.11-07-2022

BUN, Serum

9.0-23.0 mg/dl

Urease with GLDH

Kindly note change in Ref range and method w.e.f.11-07-2022

CREATININE, Serum

0.55

0.51-0.95 mg/dl

Enzymatic Calculated

eGFR, Serum

136

>60 ml/min/1.73sqm

Uricase/ Peroxidase

URIC ACID, Serum

3.5

3.1-7.8 mg/dl

Kindly note change in Ref range and method w.e.f.11-07-2022

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

Urine Sugar (PP)

Absent

Absent

Urine Ketones (PP)

Absent

Absent

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West







BMhaskar Dr.KETAKI MHASKAR M.D. (PATH) Pathologist

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: 2231622755

Name

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Consulting Dr. Reg. Location

: Borivali West (Main Centre)

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

## **RESULTS**

BIOLOGICAL REF RANGE

Collected

Reported

**METHOD** 

PARAMETER Glycosylated Hemoglobin (HbA1c), EDTA WB - CC

5.2

Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % HPLC

Diabetic Level: >/= 6.5 %

mg/dl

Estimated Average Glucose (eAG), EDTA WB - CC

102.5

Calculated

## Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it. Clinical Significance:
  - The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Test Interpretation:
  - Glycosylated hemoglobin in the blood. HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
  - To monitor compliance and long term blood glucose level control in patients with diabetes.
  - Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West

BMhaskar Dr.KETAKI MHASKAR M.D. (PATH) **Pathologist** 

polex Above Mercedes Showroom, Andheri West, Mumbai - 400053

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: 2231622755

Name

: MS. ANAMIKA TIWARI

Age / Gender

: 32 Years / Female

Consulting Dr.

: -

Reg. Location

: Borivali West (Main Centre)

**Authenticity Check** 

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:12-Nov-2022 / 09:36

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:12-Nov-2022 / 15:13

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

	URINE EXAMINATI	BIOLOGICAL REF RANGE	METHOD
PARAMETER  PHYSICAL EXAMINATION  Color  Reaction (pH)  Specific Gravity  Transparency	Pale yellow 7.0 1.005 Slight hazy 50	Pale Yellow 4.5 - 8.0 1.001-1.030 Clear	Chemical Indicator Chemical Indicator -
Volume (ml)  CHEMICAL EXAMINATION  Proteins Glucose Ketones Blood Bilirubin Urobilinogen Nitrite	Absent Absent Absent Absent Absent Normal Absent	Absent Absent Absent Absent Absent Normal Absent	pH Indicator GOD-POD Legals Test Peroxidase Diazonium Salt Diazonium Salt Griess Test
MICROSCOPIC EXAMINATION Leukocytes(Pus cells)/hpf Red Blood Cells / hpf	10-12 Absent 5-6	0-5/hpf 0-2/hpf	
Epithelial Cells / hpf Casts Crystals Amorphous debris Bacteria / hpf	Absent Absent Absent ++	Absent Absent Absent Less than 20/hpf	
Others *Sample processed at SUBURBAN	- DIAGNOSTICS (INDIA) PVT. LTD B *** End Of F	orivali Lab, Borivali West Report ***	







Dr.KETAKI MHASKAR M.D. (PATH) Pathologist

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: 2231622755

Name

: MS. ANAMIKA TIWARI

Age / Gender

: 32 Years / Female

Consulting Dr.

Reg. Location

: Borivali West (Main Centre)

Authenticity Check

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Collected

Reported

: 12-Nov-2022 / 09:36

:12-Nov-2022 / 17:37

## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

## **PARAMETER**

## RESULTS

ABO GROUP

B

Rh TYPING

Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

## Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab

Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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: 2231622755

Name

: MS. ANAMIKA TIWARI

Age / Gender

: 32 Years / Female

Consulting Dr.

: .

Reg. Location

: Borivali West (Main Centre)

Authenticity Check

Use a QR Code Scanner Application To Scan the Code

: 12-Nov-2022 / 09:36

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:12-Nov-2022 / 17:29

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

		LIPIU PROFILE	
PARAMETER	<b>RESULTS</b>	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	203.5	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	84.7	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	52.8	Very high:>/=500 mg/dl Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	150.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	
LDL CHOLESTEROL, Serum	133.7	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
		< /= 30 mg/dl	Calculated
VLDL CHOLESTEROL, Serum CHOL / HDL CHOL RATIO,	17.0 3.9	0-4.5 Ratio	Calculated
Serum LDL CHOL / HDL CHOL RATIO, Serum	2.5	0-3.5 Ratio	Calculated
Jerum		W DUT LTD CDDL Vidyavihar Lah	

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
\*\*\* End Of Report \*\*\*



Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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: 2231622755

Name

: MS. ANAMIKA TIWARI

Age / Gender

: 32 Years / Female

Consulting Dr.

:

Reg. Location : Borivali West (Main Centre)

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: 12-Nov-2022 / 09:36

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:12-Nov-2022 / 15:15

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER
RESULTS
BIOLOGICAL REF RANGE
METHOD
CLIA

Solution and method w.e.f. 11-07-2022

Kindly note change in Ref range and method w.e.f.11-07-2022

Free T4, Serum

13.1

11.5-22.7 pmol/L

Collected

Reported

CLIA

Kindly note change in Ref range and method w.e.f.11-07-2022

sensitiveTSH, Serum

2.148

0.55-4.78 microIU/ml

CLIA

Kindly note change in Ref range and method w.e.f.11-07-2022



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Consulting Dr.

Reg. Location

: Borivali West (Main Centre)



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:12-Nov-2022 / 15:15

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Reported

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders. Interpretation:

1)TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns,

trauma and surgery etc.

traum	a and surgery	etc.	
TSH	FT4 / T4	FT3/T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of horizontal hypothyroidism, poor compliance with the hypothyroidism and the hypothyroidism and hypothyroidism.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine Hypothyroidism, Autoimmune amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess lodine of thyroxine make,
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non triyroidal illness
Low	Low	Low	A control by a thyroidism. Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroius & anti-
1			periodic at a minimum between 6 pm and 10 pm.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab \*\*\* End Of Report \*\*\*



Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

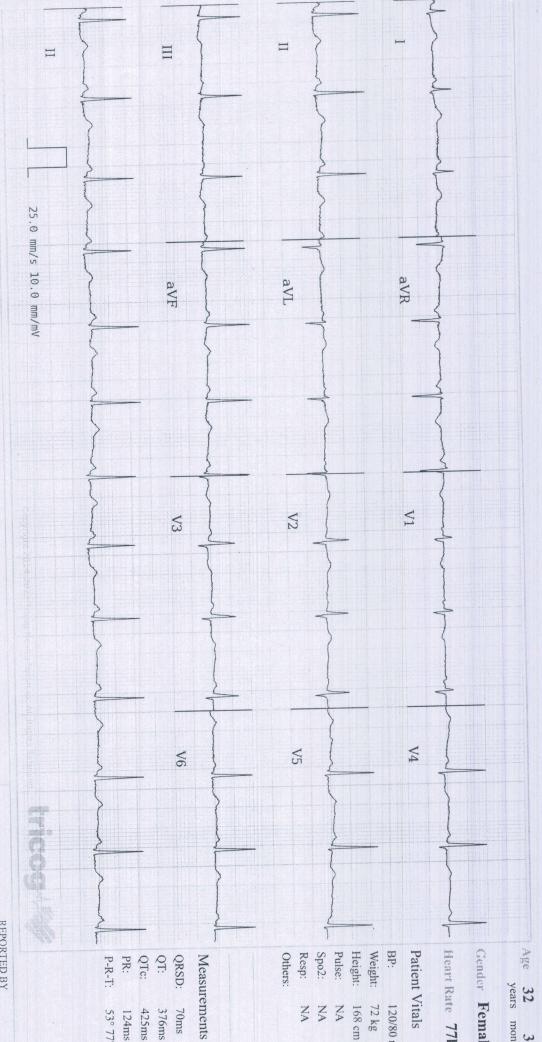
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# SUBURBAN DIAGNOSTICS - BORIVALI WEST

Patient Name: ANAMIKA TIWARI Patient ID: 2231622755

PRECISE TESTING . HEALTHIER LIVING

Date and Time: 12th Nov 22 12:03 PM



72 kg 168 cm NA

NA

120/80

mon w

REPORTED BY

53° 77

124ms

425ms 376ms 70ms

ECG Within Normal Limits: Sinus Rhythm Normal Axis. Please correlate clinically.

2nd Floor, Aston, Sundervan Complex, Lokhandwala Road, Andheri (West). SUBURBAN DIAGNOSTICS INDIA PVT. LTD.

CONSULTANT-CARDIOLOGIS M.B.B.S.AFLH, D.DIAB, D.CARD. DR. NITIN SONAVANE

RECD. NO.: 87714

Mumbai-400053.

Dr Nitin Sonavane M.B.B.S.AFLH, D.DIAB,D.CARD Consultant Cardiologist 87714

## SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

Name: ANAMIKA TIWARI

NIL

NIL

Date: 08-11-2022

Time: 20:37

Age: 32

Gender: F

Height: 168 cms

Weight: 72 Kg

ID: 2231622755

Clinical History:

Medications:

## Test Details:

Protocol: Bruce Predicted Max HR: 188

Target HR: 159

**Exercise Time:** 

0:06:02

Achieved Max HR:

188 (100% of Predicted MHR)

Max BP:

160/80

Max BP x HR:

30080

Max Mets: 7

Test Termination Criteria:

TEST COMPLET

## **Protocol Details:**

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate	BP mmHg	RPP	Max ST Level	Max ST Slope mV/s
Supine	00:38	1	0	0	114	120/80	13680	-0.5 П	-0.7 III
Standing	00:36	1	0	0	122	120/80	14640	2.2 V3	-1.2 III
HyperVentilation	00:23	1	0	0	97	120/80	11640	-0.8 I	-0.6 V6
PreTest	00:23	1	1.6	0	109	120/80	13080	-0.8 V3	-0.6 III
Stage: 1	03:00	4.7	2.7	10	159	140/80	22260	-1.9 V5	-0.7 aVR
Stage: 2	03:00	7	4	12	188	160/80	30080	-1.1 V5	-1.5 V5
Peak Exercise	00:02	6.8	5.5	14	188	160/80	30080	-1.1 V5	-1.5 V5
Recovery1	01:00	1	0	0	151	160/80	24160	-1.1 II	0.6 V2
Recovery2	01:00	1	0	0	131	140/80	18340	-111	-1 III

## Interpretation

The Patient Exercised according to Bruce Protocol for 0:06:02 achieving a work level of 7 METS. Resting Heart Rate, initially 114 bpm rose to a max. heart rate of 188bpm (100% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 160/80 mmHg

Good Effort tolerance

Normal HR & BP Respone

No Angina or Arrhymias

No Significant ST-T Change Noted During Exercise Stress test Negative for Stress inducible ischaemia.

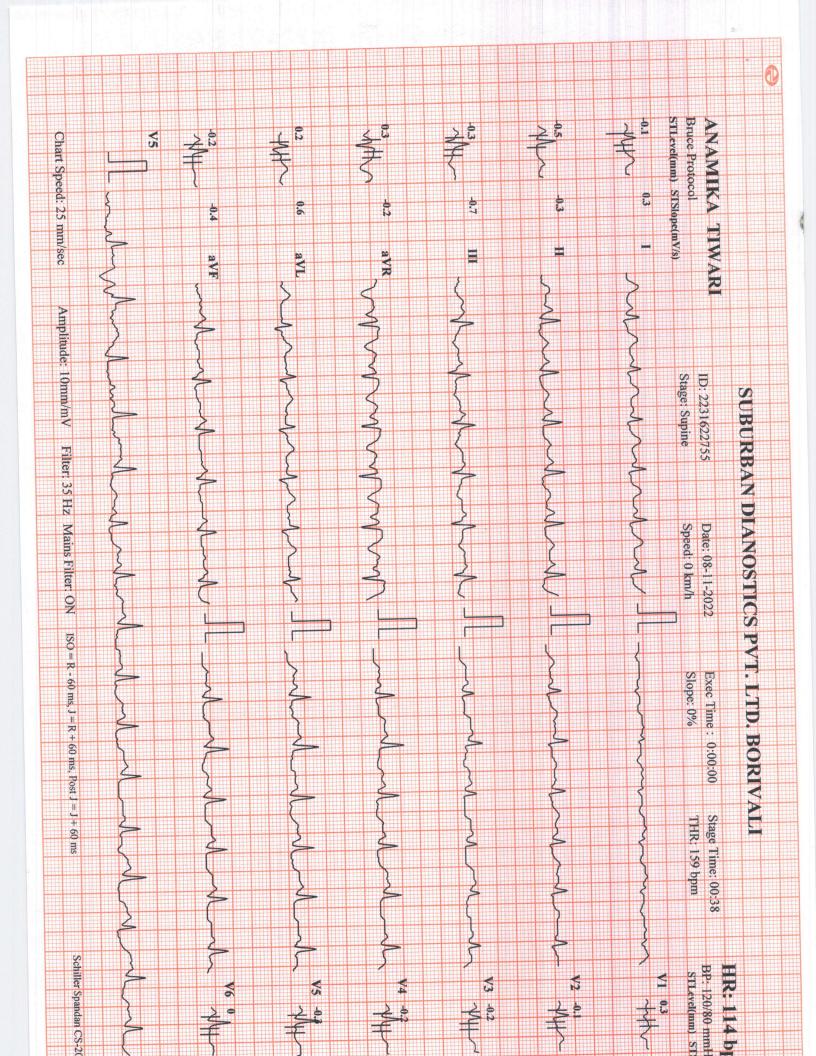
Regd. Office:-SUBURBAN DIAGNOSTICS INDIA PVT. LTD. 2nd Floor, Aston, Sundervan Complex, Lokhandwala Road, Andheri (West). Mumbai-400053.

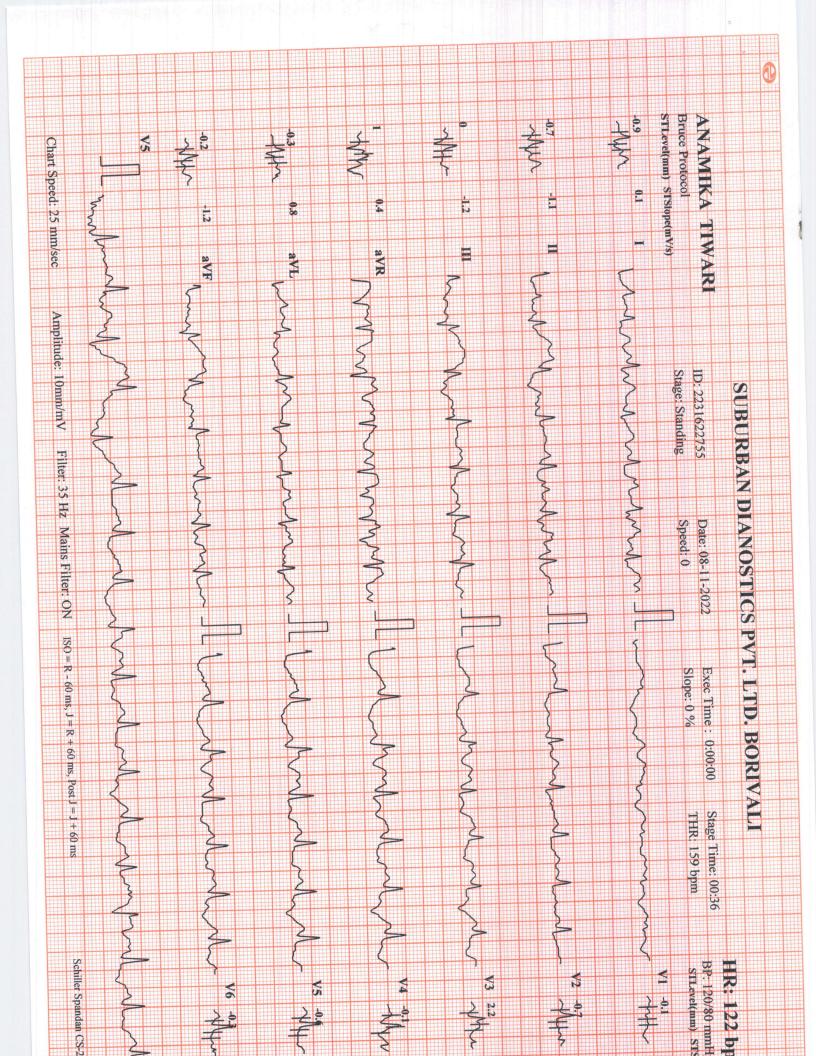
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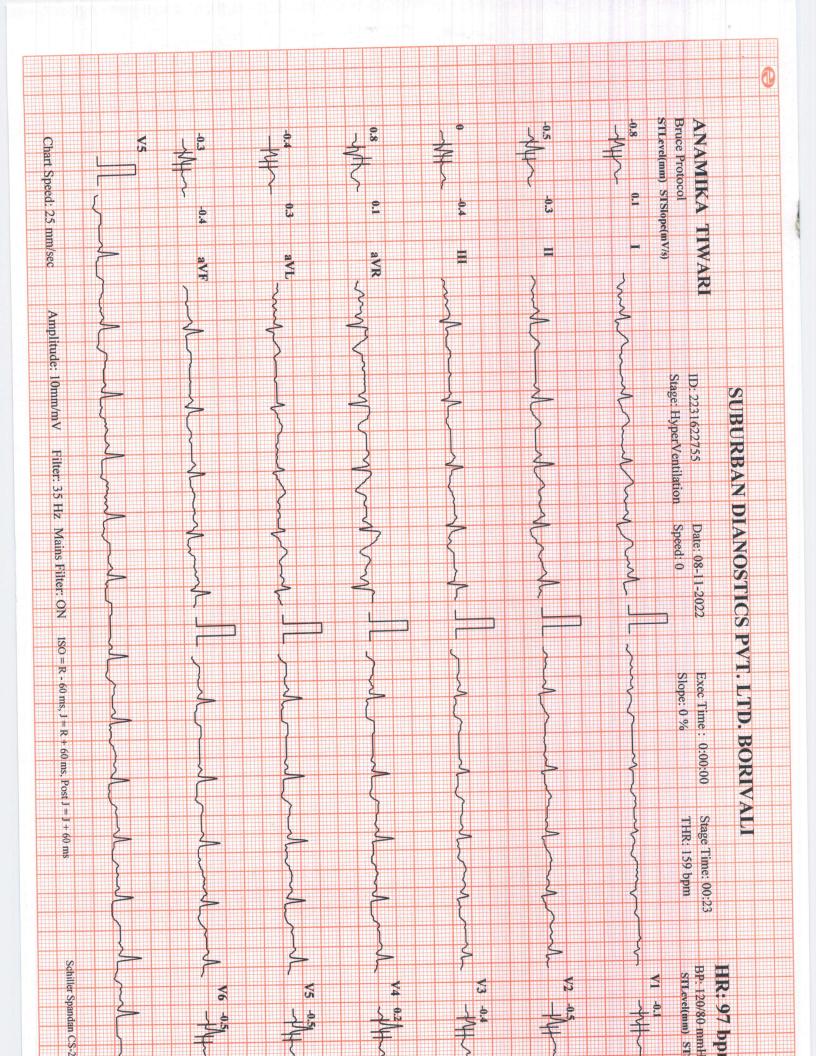
SCHILLER The Art of Diagnostics

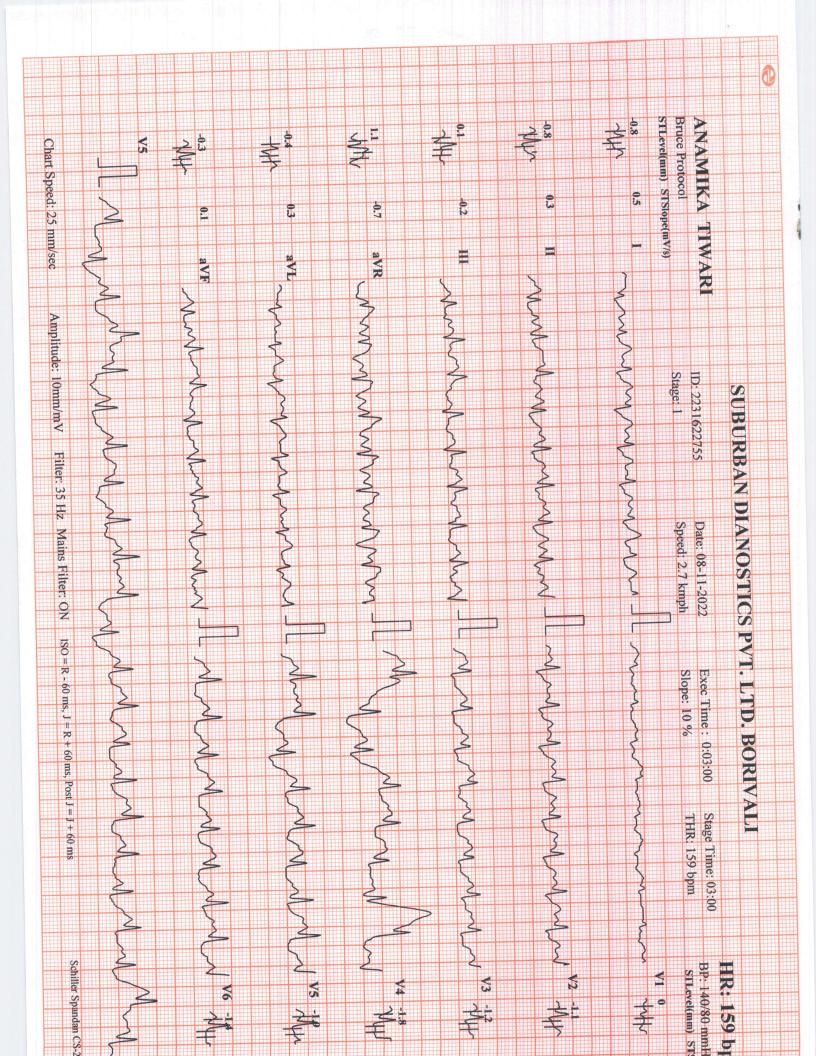
DR. NITIN SONAVANE M.B.B.S.AFLH, D.DIAB, D.CARD. CONSULTANT-CAMDIOLOGIST REGD. NO. 287714 Doctor: DR. NITIN SONAVANE

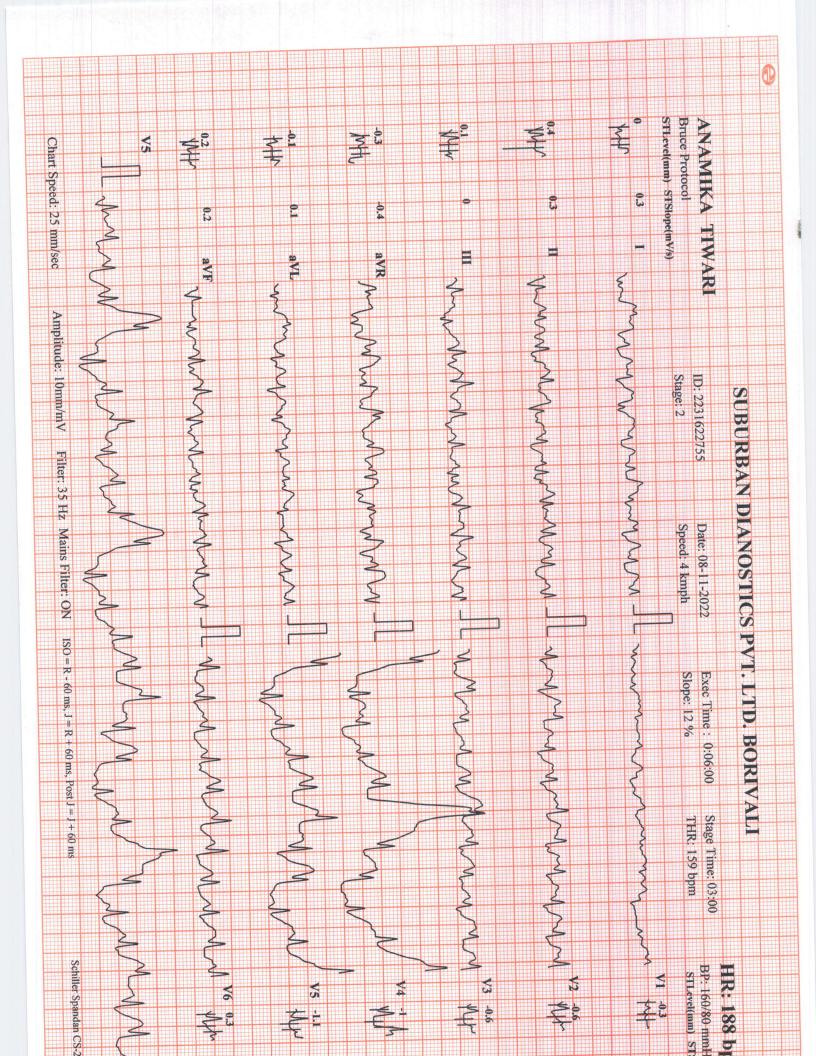
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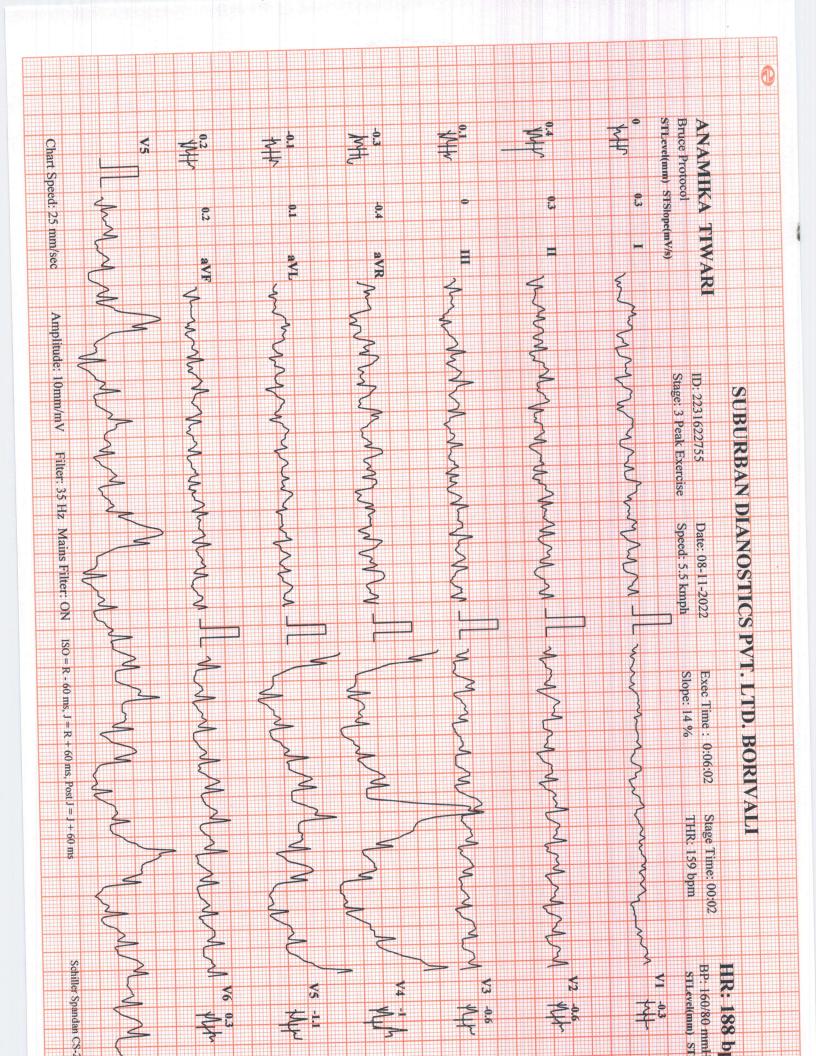












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