



Dr. (Mrs.) Sangeeta V. Nadkarni
Consultant Pathologist MD (Path)
MMC Reg.No.5383
1, Indraprastha Chambers,
Ground Floor, Opp. Kirloskar Kisan
Karve Road, Kothrud, Pune-411038
Tel.: 8983777793 / 9763593646

 GPS Map Camera



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Pune, Maharashtra, India

Swapna Shilp, GR2C+2XX, Kothrud, Pune, Maharashtra 411038,
India

Lat 18.500077°

Long 73.822553°

23/09/23 10:11 AM GMT +05:30



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NADKARNI PATHOLOGY LABORATORY

Dr. Mrs. Sangeeta V. Nadkarni

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

Website : www.nadkarnipathlab.com

*Consultant Pathologist • SHASHWAT HOSPITAL



MAIN LABORATORY : 1, Indraprastha Chambers, Ground Floor, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm

Reg No : 202309091430306 / OPD
Name : Mrs. RASHMI PENDHARKAR
Referred Dr : MEDI WHEEL

Sex / Age : Female / 32Y
Reg Date : 23/09/2023 10:42 AM
Report Date : 23/09/2023 12:47 PM

CLINICAL PATHOLOGY

Test Name	Result	Unit	Reference Range
STOOL WITH OB			
Physical Examination			
Colour	Brown		
Consistency	Semi Solid		
Mucus	Absent		
Blood	Absent		
Parasite	Absent		
Chemical Examination			
Reaction	Acidic		
Occult Blood	Absent		
Microscopic Examination			
Epithelial Cells	Occasional	/hpf	
Pus Cells	Absent	/hpf	
RBCs	Occasional	/hpf	
Ova/Eggs	Absent		
Fat Globules	Present		
Veg. Cells/Fibres	Present	/hpf	
Cyst	Absent		

End of Report

Sangeeta V. Nadkarni
Dr. Mrs Sangeeta Nadkarni
Consultant Pathologist
MD(Path) MMC Reg No-53839

Verified & Checked

- Transasia EM 200 Fully Automated Random Access Clinical Chemistry Analyser • TMT • E.C.G. • Semi Automated Biochemistry Analyser Erba Chem 5 V2 Plus
- Automated Haematology Analyser H 360 • Mispa I3 Nephelometer • Clinical Pathology • Microbiology • Cytology • Histopathology • Minividas Blue

ALL CREDIT AND DEBIT CARDS ACCEPTED.

HOME VISIT AVAILABLE BY APPOINTMENT

COLLECTION CENTRE 1 : 1, Varun Complex, Opp. Nimbalkar Horse Riding School,
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Sex / Age : Female / 32Y
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Report Date : 23/09/2023 11:18 AM

CLINICAL PATHOLOGY

Test Name	Result	Unit	Reference Range
URINE ANALYSIS REPORT			
Quantity	10	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific Gravity	1.010		
Chemical Examination			
Albumin	Absent		
Sugar	Absent		
Bile Pigments	Absent		
Urobilinogen	NORMAL		
Reaction	Acidic		
Acetone-Ketone	Negative		
Nitrite	Negative		
Microscopic Examination			
RBCs	Absent	/hpf	
PUS Cells	2-3	/hpf	
Epithelial Cells	3-4	/hpf	
Casts	Absent		
Other Findings	NIL		

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
HbA1C			
HbA1C	5.5	%	Non Diabetic :04 -06 Excellent Control : 06 -07 % Fair Control : 07 - 08% Unsatisfactory : 08 - 10% Poor Control: Above 10%
Estimated Mean Glucose (eAg) Method	111.15	mg%	70 - 140 Nephelometry & Photometry By Mispa I3, Specific Protein Analyser (Automated)

Interpretation :

Glycosylated Haemoglobin is accurate and true index of the " Mean Blood Glucose Level in the body for the previous 2-3 months.

HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks.

Glycation of hemoglobin occurs the entire 120 days life span of the red blood cell, but within this 120 days.

Recent glycemia has the largest influence on the HbA1c value.

Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

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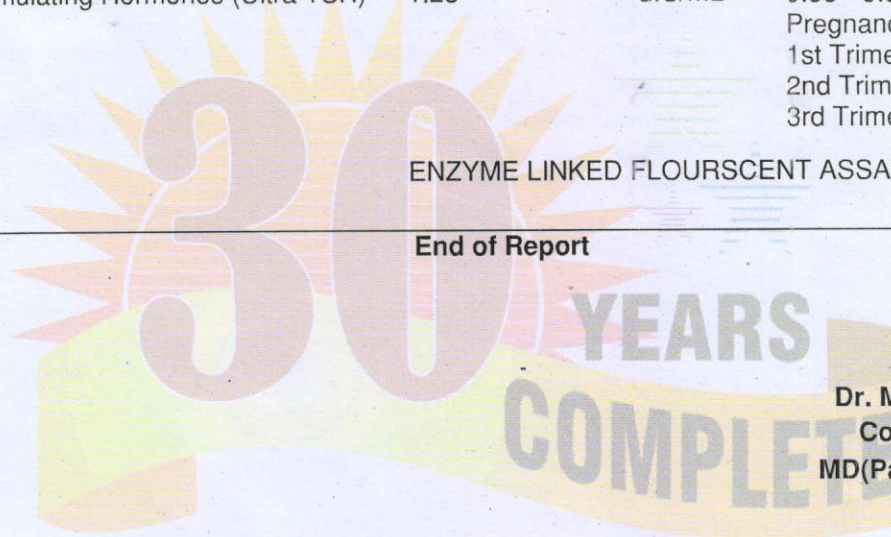
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SPECIAL TEST

Test Name	Result	Unit	Reference Range
Thyroid Panel - I			
Serum T3 (Tri-Iodothyronine)	1.15	ng/mL	0.70 - 2.04 Pregnancy: 1st Trimester : 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester : 1.00 - 2.60
Serum T4 (Thyroxine)	9	ug/dL	5.5 - 12.5
Thyroid Stimulating Hormones (Ultra TSH)	1.28	uIU/mL	0.35 - 5.50 Pregnancy: 1st Trimester : 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester : 0.30 - 3.00
Method	ENZYME LINKED FLOURSCENT ASSAY(ELFA)MINT VIDAS BLUE.		

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Liver Function Test			
Bilirubin- Total	0.65	mg/dl	0.1 - 1.2
Bilirubin- Direct	0.34	mg/dL	0.0 - 0.4
Bilirubin- Indirect	0.31	mg/dL	0.1 - 0.8
SGPT	13.0	IU/L	05 - 40
SGOT	17.0	IU/L	05 - 40
Alkaline Phosphatase	63	IU/L	Female : 42 -98 Child : 54 -369 Neo: 54-369
Total Proteins	6.8	gm/dl	6.0-8.0
Serum Albumin	3.8	gm/dl	3.2 -5.5
Serum Globulin	3	gm/dl	2.3 -3.5
A/G ratio	1.9		1.0 -2.3
GGTP	22		05 -50
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

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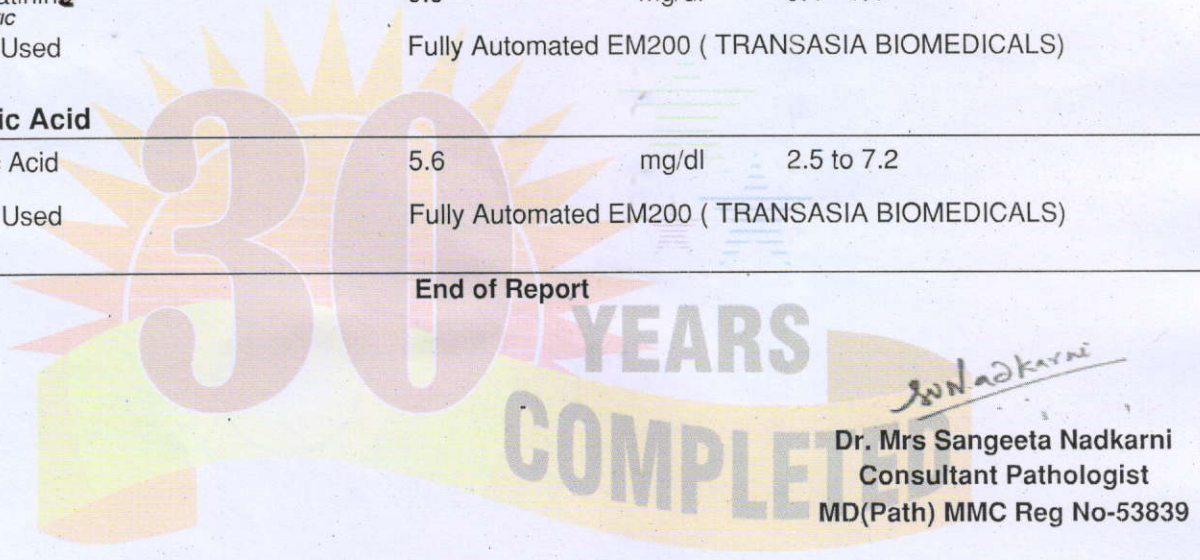
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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Urea			
Blood Urea <small>UREASE-GLDH</small>	17	mg/dl	13 - 45
Blood Urea Nitrogen Instrument Used	7.94 Fully Automated EM200 (TRANSASIA BIOMEDICALS)	mg/dl	10 - 20
Serum Creatinine			
Serum Creatinine <small>JAFFE'S KINETIC</small> Instrument Used	0.9 Fully Automated EM200 (TRANSASIA BIOMEDICALS)	mg/dl	0.4 - 1.4
Serum Uric Acid			
Serum Uric Acid <small>URICASE</small> Instrument Used	5.6 Fully Automated EM200 (TRANSASIA BIOMEDICALS)	mg/dl	2.5 to 7.2

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
LIPID PROFILE			
S. Cholesterol <i>CHOD-PAP</i>	138	mg/dl	Desirable Chol:200mg/dl ,Borderline Chol:200-239mg/dl High Chol: >240mg/dl
S. Triglycerides <i>GPO</i>	154	mg/dl	Upto 190
HDL Cholesterol <i>DIRECT</i>	39	mg/dL	30 - 70
LDL Cholesterol	68.2	mg/dl	Upto 150
VLDL Cholesterol	30.8	mg/dL	07 to 35
S.Cholesterol/HDL Ratio	3.54		< 5.0
LDL Chole/HDL Chole	1.75		LOW RISK - 0.5 To 3.0 MODERATE RISK - 3.0 TO 6.0 HIGH RISK - >6.0
S.Triglycerides/HDL Chole	3.95		Desirable : < 3.00
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

Note :

Cholesterol : CHOD PAP; HDL Cholesterol: Direct ; LDL:Direct Measurement ; Triglycerides :GPO;
 (**The Above Reference range is Desirable/Optimal Range)

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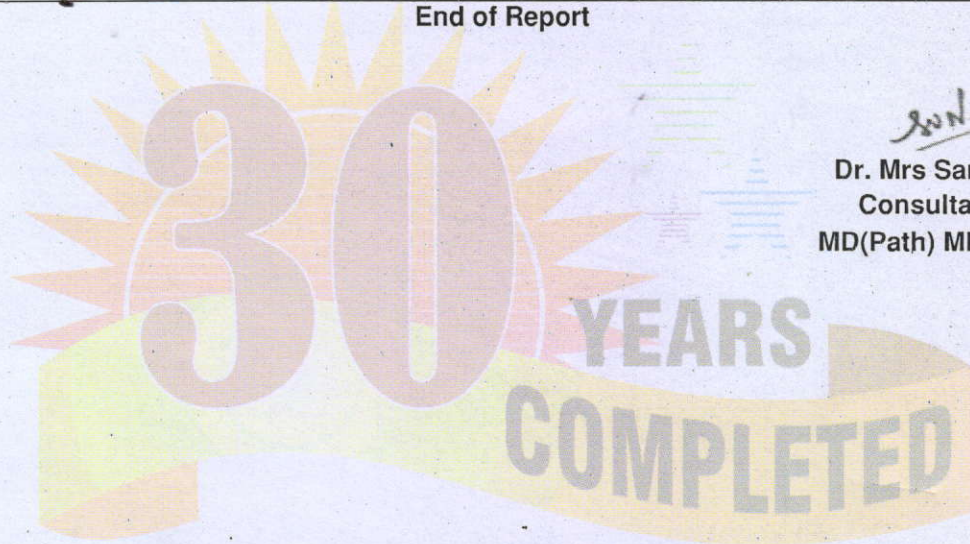
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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Glucose Fasting and Post Prandial			
Blood Glucose (Fasting)	96	mg/dl	Normal : < 99 Prediabetic : 100.0 - 125.0 Diabetic : > 125.0
Post Prandial Glucose	104	mg/dl	90 - 140 mg/dL
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS).		

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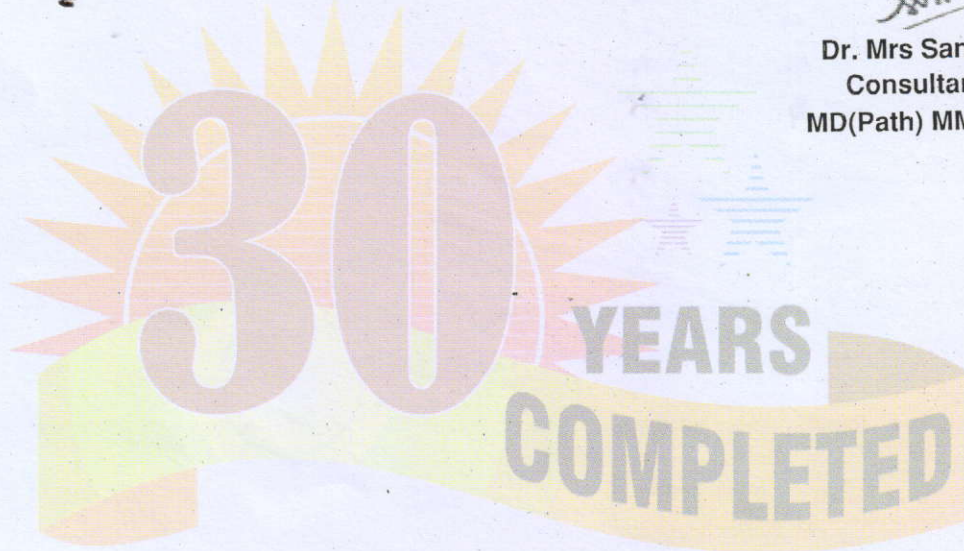
Sex / Age : Female / 32Y
Reg Date : 23/09/2023 10:42 AM
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HAEMATOLOGY

Test Name	Result	Unit	Reference Range
Blood Group			
ABO Type	O		
Rh (D) Type	POSITIVE		

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HAEMATOLOGY

Test Name	Result	Unit	Reference Range
HAEMOGRAM ON CELL COUNTER			
HAEMOGLOBIN	13.0	gm/dl	12-16
RBC COUNT	4.6	mill/cmm	4.5 - 6.5
PACKED CELL VOLUME (PCV)	38	%	32 - 47
MCV	83.15	fL	82 - 98
MCH	28.45	pgms	27 - 33
MCHC	34.21	%	32 - 36
Total WBC count <i>Impedance Method</i>	6900	/cmm	4000- 11000
Differential Leucocytes Counts			
Neutrophil	70	%	50 - 70
Lymphocytes	25	%	20 - 40
Monocytes	01	%	00 - 12
Eosinophils	04	%	02 - 06
Basophils	00	%	00 - 01
Platelet Count <i>Impedance Method</i>	325000	/cmm	150000 - 450000
RBC Morphology	NORMOCYTIC & NORMOCHROMIC		
WBC Morphology	NO ABNORMALITY SEEN		
Platelet Morphology	ADEQUATE		
Peripheral Smear Examination	NEGATIVE FOR MALARIAL PARASITE		
E.S.R.	07		M : 0 mm to 7 mm F : 0 mm to 15 mm (by Wintrobe's)
Instrument Used	Fully Automated Biosystem Cell Counter ERBA H360		

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ALL CREDIT AND DEBIT CARDS ACCEPTED.**HOME VISIT AVAILABLE BY APPOINTMENT**

COLLECTION CENTRE 1 : 1, Varun Complex, Opp. Nimbalkar Horse Riding School,
 Off. Karve Road, Kothrud, Pune - 38. Ph. : 8983 7777 92
 Timing : MONDAY TO SATURDAY : Morning : 8 am to 1 pm, Evening : 4 pm to 7 pm

COLLECTION CENTRE 2 : Bldg. No. 7, Health Care Clinic, Anandnagar,
 Paud Road, Kothrud, Pune - 38. Ph. : 8983 7777 95
 Timing : MONDAY TO SATURDAY : Morning : 8 am to 1 pm, Evening : 6 pm to 8 pm

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

Linked Median Report

September 23, 2023

10:15 am

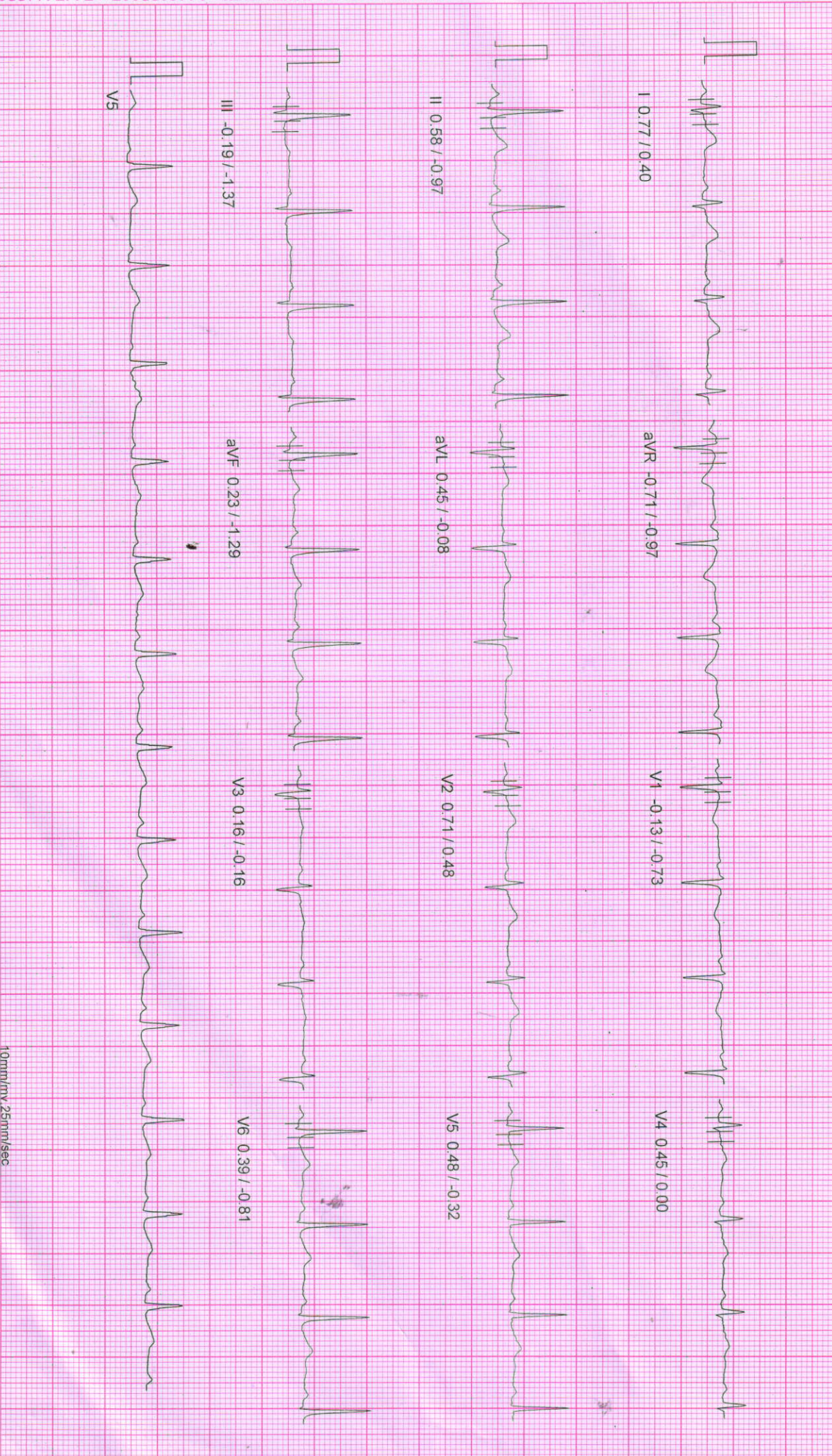
PATIENT NAME : Ms Rashmi S Pendharkar 32/F

Report time

10:18 am

PROTOCOL : BRUCE
 STAGE : Wait For Exercise
 ST Levels (mm) / ST Slope (mV/s) measured at 80ms Post J

PHASE TIME : 03:12
 STAGE DURATION : 00:00
 HR : 80 bpm
 QRS Lead : V5
 SPEED : 0.0 kmph
 GRADE : 0.0
 BP : 110 / 70 mmHg
 METS : 3.40



100 HZ

10mm/mv 25mm/sec

NADKARNI PATHOLOGY LABORATORY

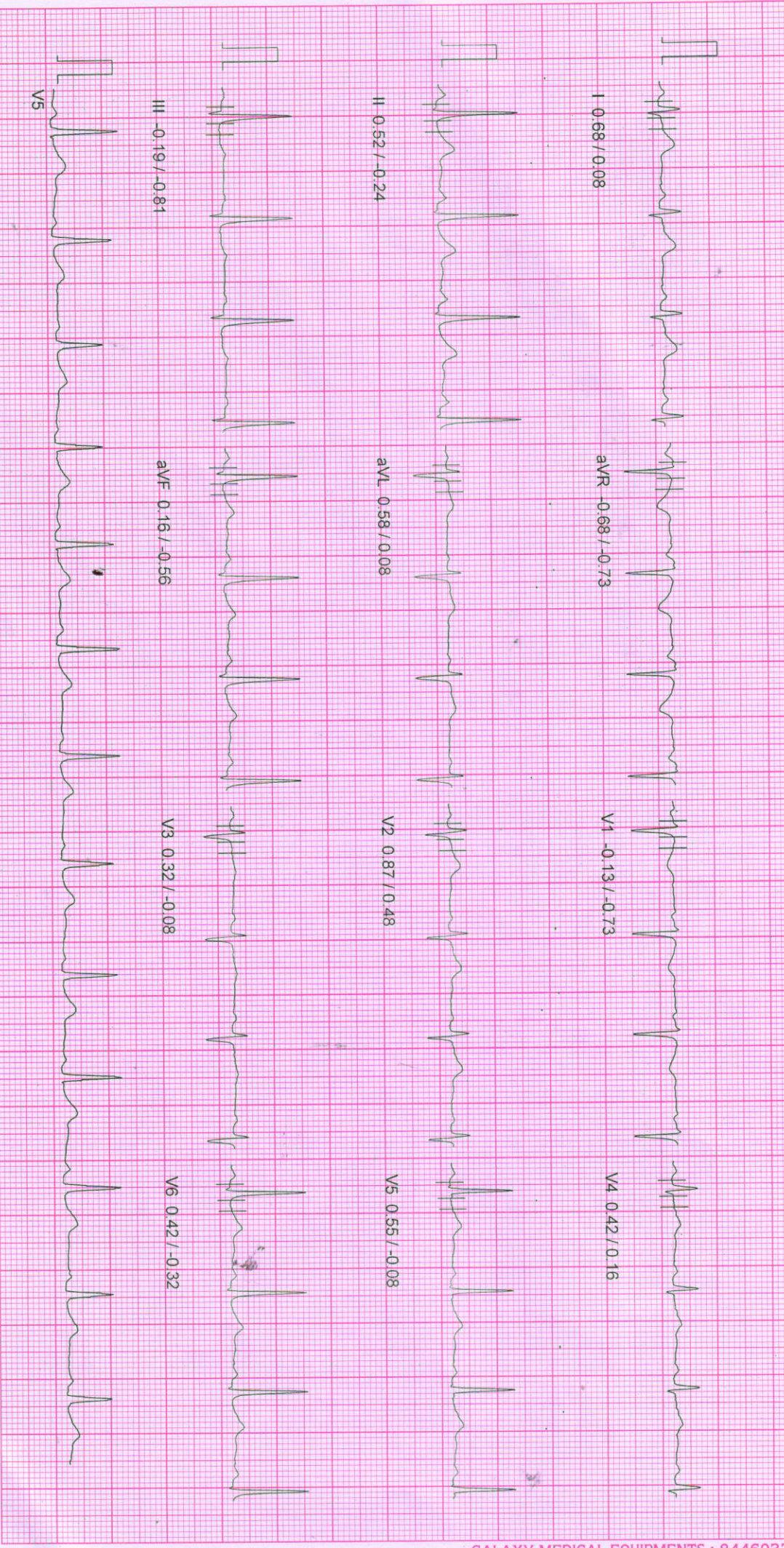
PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg
 PATIENT NAME : Mrs Rashmi S Pendharkar 32/F
 PROTOCOL : BRUCE
 STAGE : HyperVentilation
 ST Levels (mm) / ST Slope (mv/s) measured at 80 ms Post J

Linked Median Report

September 23, 2023 10:15 am
 Report time 10:18 am

PHASE TIME : 02:56
 STAGE DURATION : 00:00
 HR : 82 bpm
 QRS Lead : V5

SPEED: 0.0 kmph
 GRADE: 0.0
 BP : 110 / 70 mmHg
 METs : 1.00



100 HZ

10mm/mv 25mm/sec

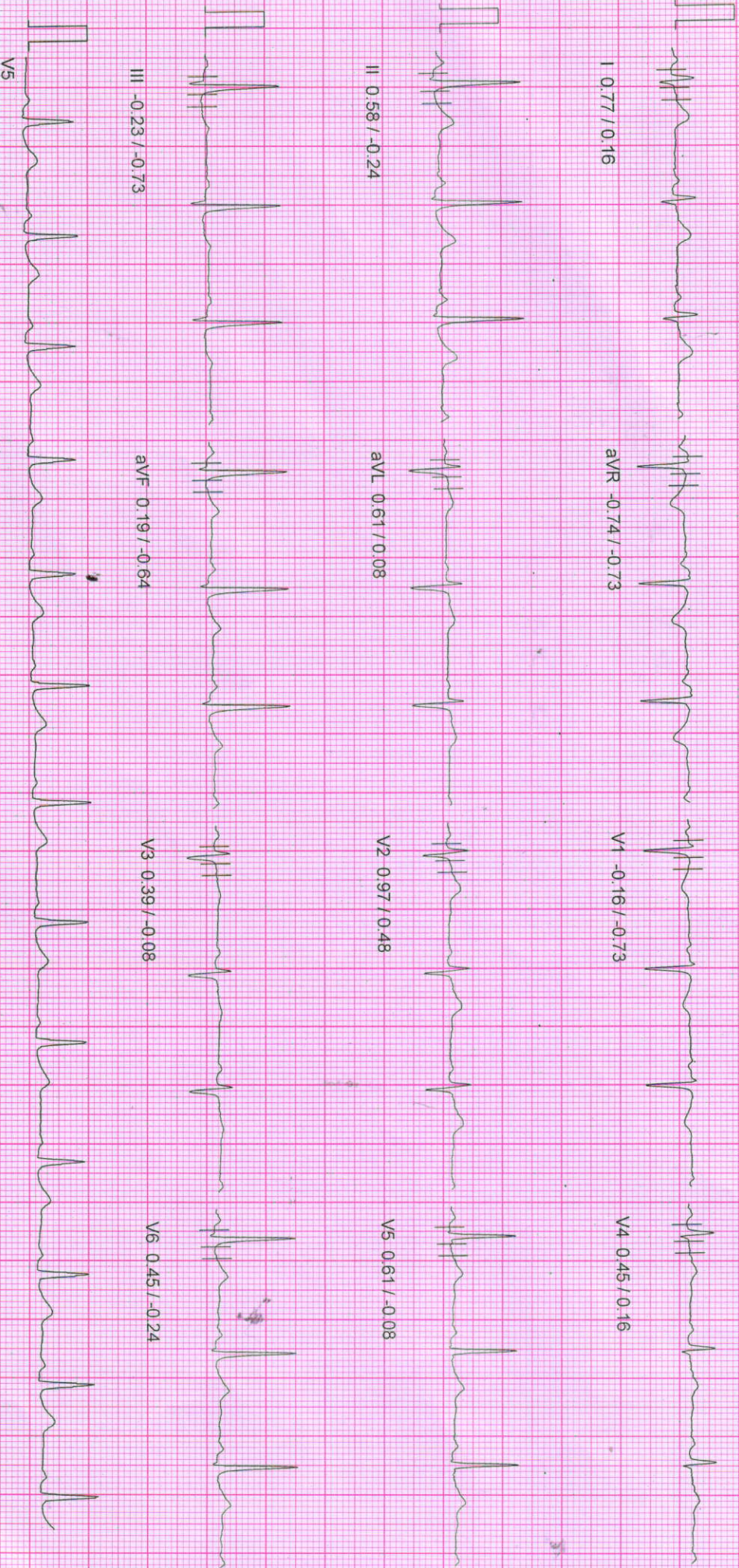
NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 **HEIGHT :** 154 Cm **WEIGHT :** 70.00 Kg
PATIENT NAME : Ms Rashmi S Pendharkar 32/F
PROTOCOL : BRUCE **STAGE :** Standing
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 23, 2023 **10:15 am**
Report time **10:18 am**
PHASE TIME **02:40** **SPEED: 0.0 kmph**
STAGE DURATION **00:00** **GRADE: 0.0**
HR **74 bpm** **BP** **110 / 70 mmHg**
GRS Lead **V5** **METS** **1.00**



10mm/mv 25mm/sec

100 Hz

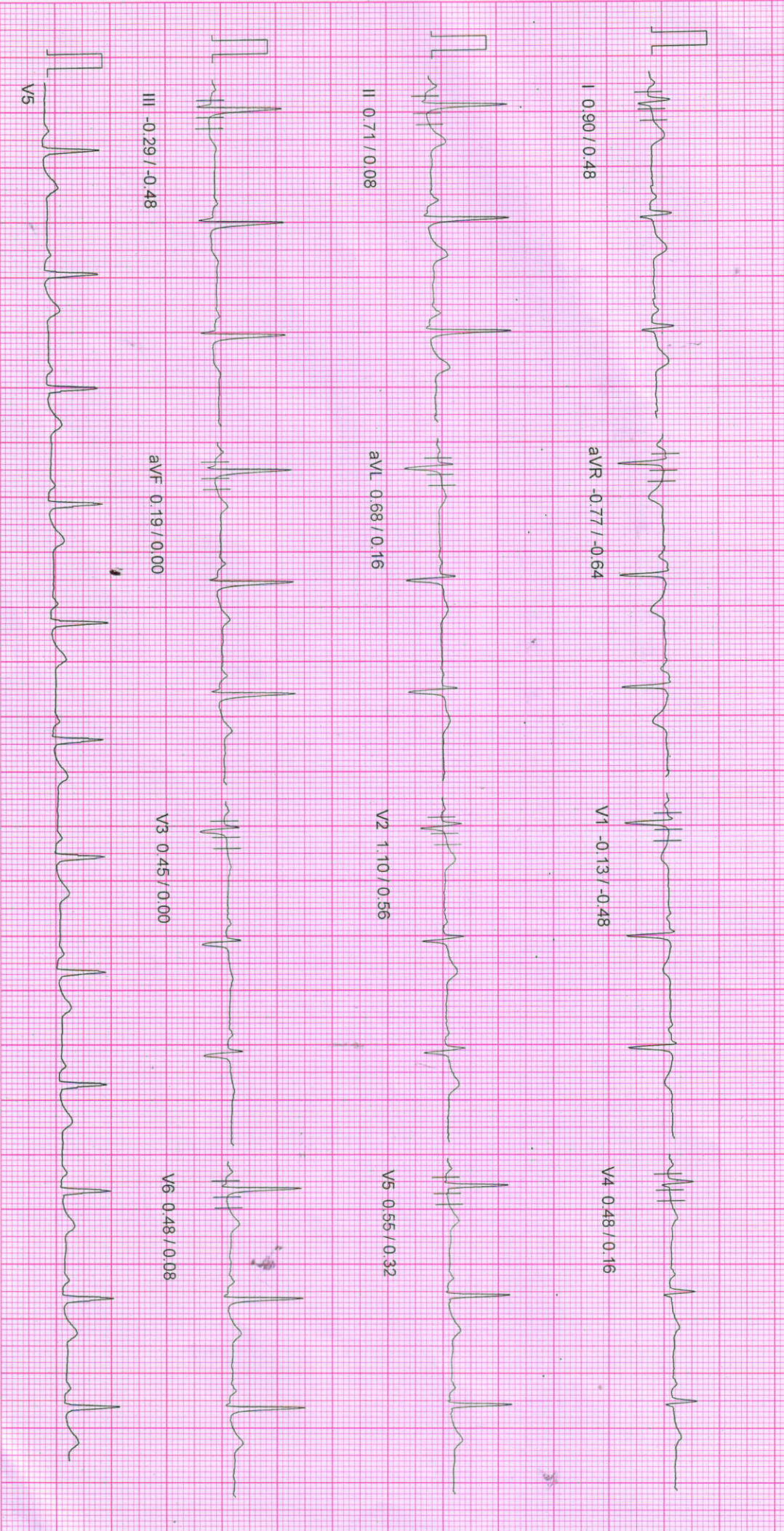
NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 **HEIGHT :** 154 Cm **WEIGHT :** 70.00 Kg
PATIENT NAME : Ms Rashmi S Pendharkar 32/F
PROTOCOL : BRUCE
STAGE : Supine
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 23, 2023 10:15 am
 Report time 10:17 am
PHASE TIME : 01:49
STAGE DURATION : 00:00
HR : 73 bpm
QRS Lead : V5
SPEED : 0.0 kmph
GRADE : 0.0
BP : 110/70 mmHg
METS : 1.00



NADKARNI PATHOLOGY LABORATORY

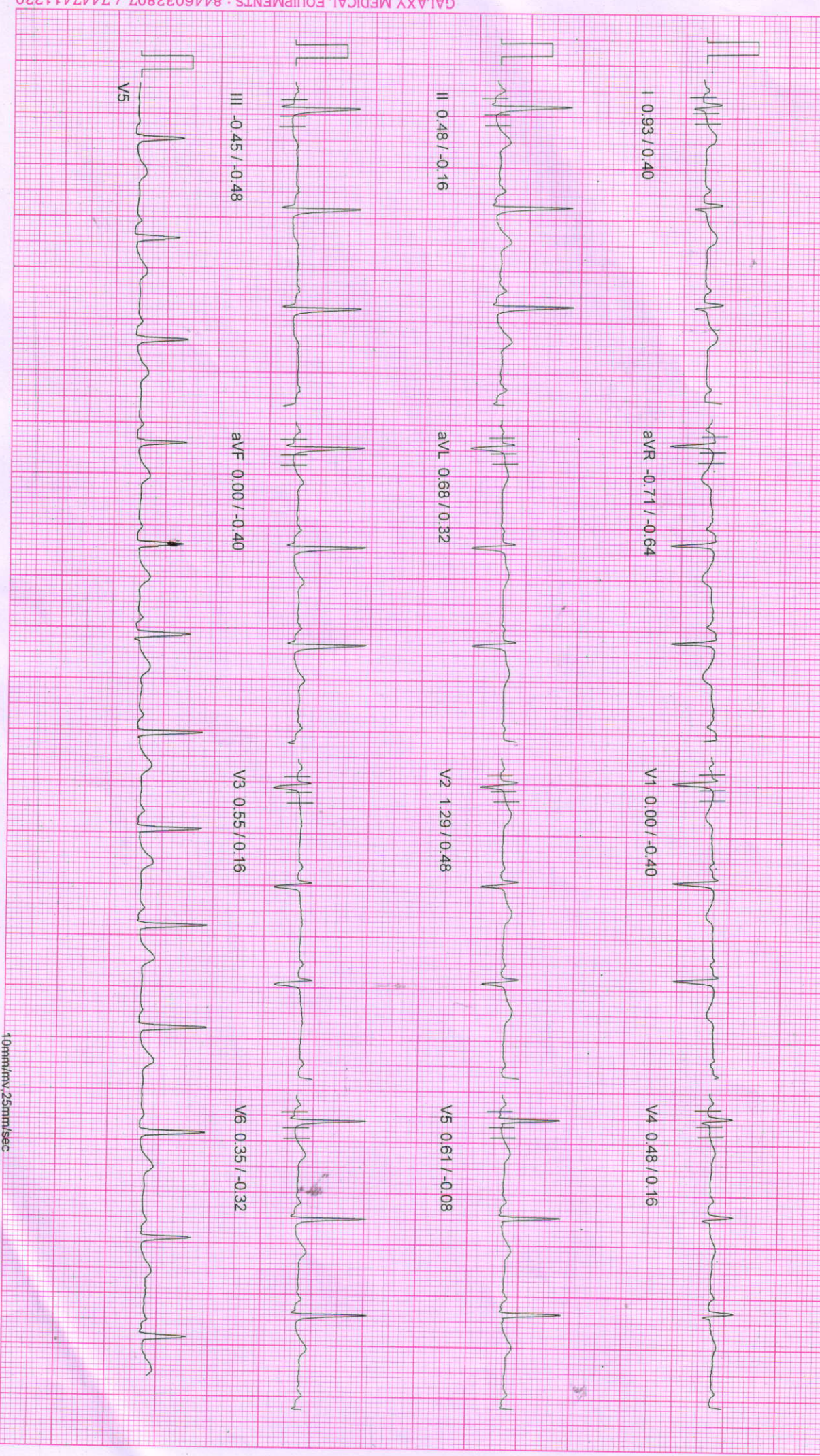
PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

Linked Median Report

September 23, 2023 10:15 am
Report time : 10:16 am

PATIENT NAME : Ms Rashmi S Pendharkar 32/F
PROTOCOL : BRUCE
STAGE : Pre-Test
ST Levels (mm) / ST Slope (mV/s) measured at 80-ims Post J

PHASE TIME : 00:43
STAGE DURATION : 00:00
HR : 77 bpm
QRS Lead : V5
SPEED: 0.0 kmph
GRADE: 0.0
BP : 110 / 70 mmHg
METS : 1.00



GALAXY MEDICAL EQUIPMENTS : 8446032807 / 7447411220

100 Hz

NASAN (C) ST-V/In Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

Linked Median Report

September 23, 2023 10:15 am

Report time : 10:33 am

PATIENT NAME : Ms Rashmi S Pendharkar 32/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:02
 STAGE DURATION : 06:00
 HR : 84 bpm
 QRS Lead : V5
 SPEED: 0.0 kmph
 GRADE: 0.0
 BP : 120 / 72 mmHg
 METs : 1.00



I 0.52 / 0.48

aVR -0.32 / -1.13

V1 0.13 / -0.56

V4 0.68 / 0.64



II 0.19 / -0.16

aVL 0.29 / 0.32

V2 0.74 / 0.89

V5 0.42 / 0.16

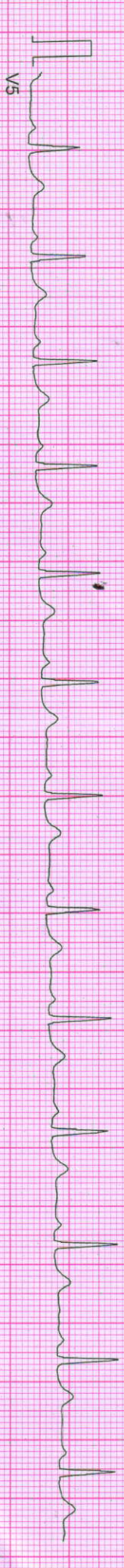


III -0.03 / -0.40

aVF 0.19 / -0.08

V3 0.68 / 0.32

V6 0.19 / -0.08



V5

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg
 PATIENT NAME : Ms Rashmi S Pendharkar 32/F
 Linked Median Report

PROTOCOL : BRUCE
 STAGE : Recovery
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:02
 STAGE DURATION : 03:00
 HR : 94 bpm
 QRS Lead : V5

SPEED: 0.0 kmph
 GRADE: 0.0
 BP : 130/74 mmHg
 METs : 1.00

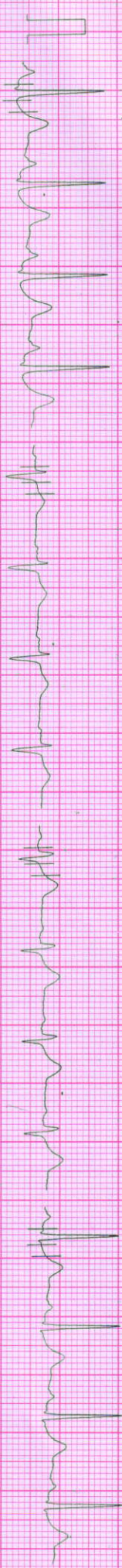


I 1.26 / 1.05

aVR -1.00 / -2.01

V1 -0.06 / -1.13

V4 0.77 / 0.89

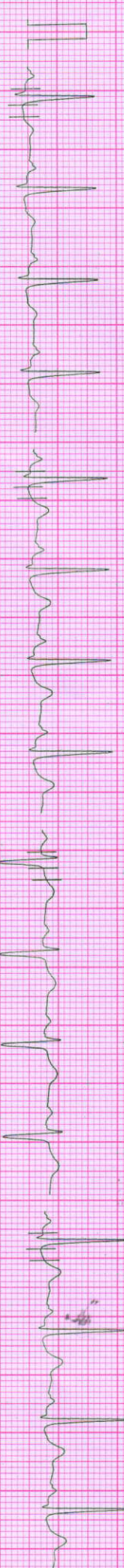


II 0.71 / 0.81

aVL 0.84 / 0.64

V2 1.22 / 0.97

V5 0.55 / 0.64

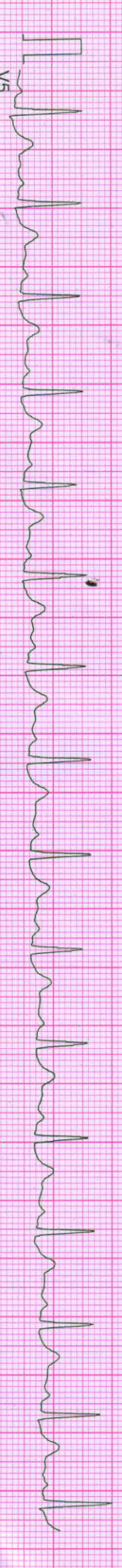


III -0.32 / 0.00

aVF 0.19 / 0.40

V3 0.81 / 0.64

V6 0.19 / 0.40



V5

NADKARNI PATHOLOGY LABORATORY

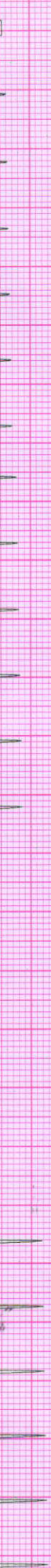
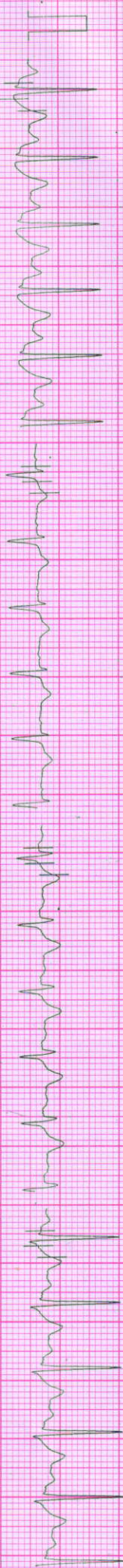
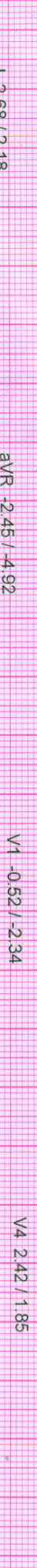
PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

PATIENT NAME : Ms Rashmi S Pendharkar 32/F

September 23, 2023 10:15 am
Report time : 10:28 am

PROTOCOL : BRUCE
STAGE : Recovery
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:02
STAGE DURATION : 01:00
HR : 132 bpm
QRS Lead : V5
SPEED: 0.0 kmph
GRADE: 0.0
BP : 130 / 74 mmHg
METS : 1.00



10mm/mV, 25mm/sec

NADKARNI PATHOLOGY LABORATORY

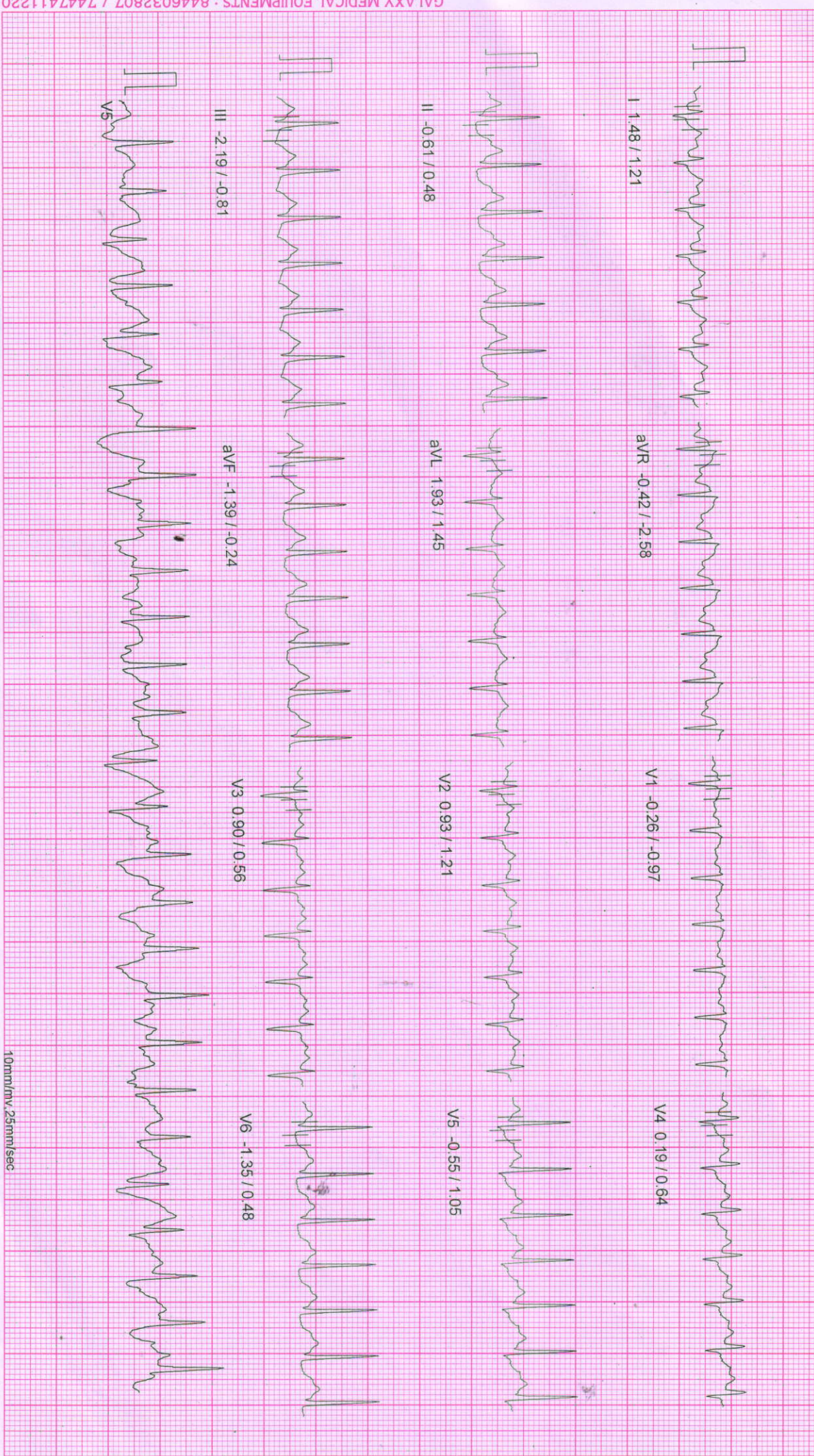
PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

Linked Median Report

September 23, 2023 10:15 am
Report time 10:27 am

PATIENT NAME : Ms Rashmi S Pendharkar 32/F
PROTOCOL : BRUCE
STAGE : Peak Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:02 SPEED: 6.8 kmph
STAGE DURATION : 00:02 GRADE: 16.0
HR : 162 bpm BP : 140 / 76 mmHg
QRS Lead : V5 METs : 10.60



NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

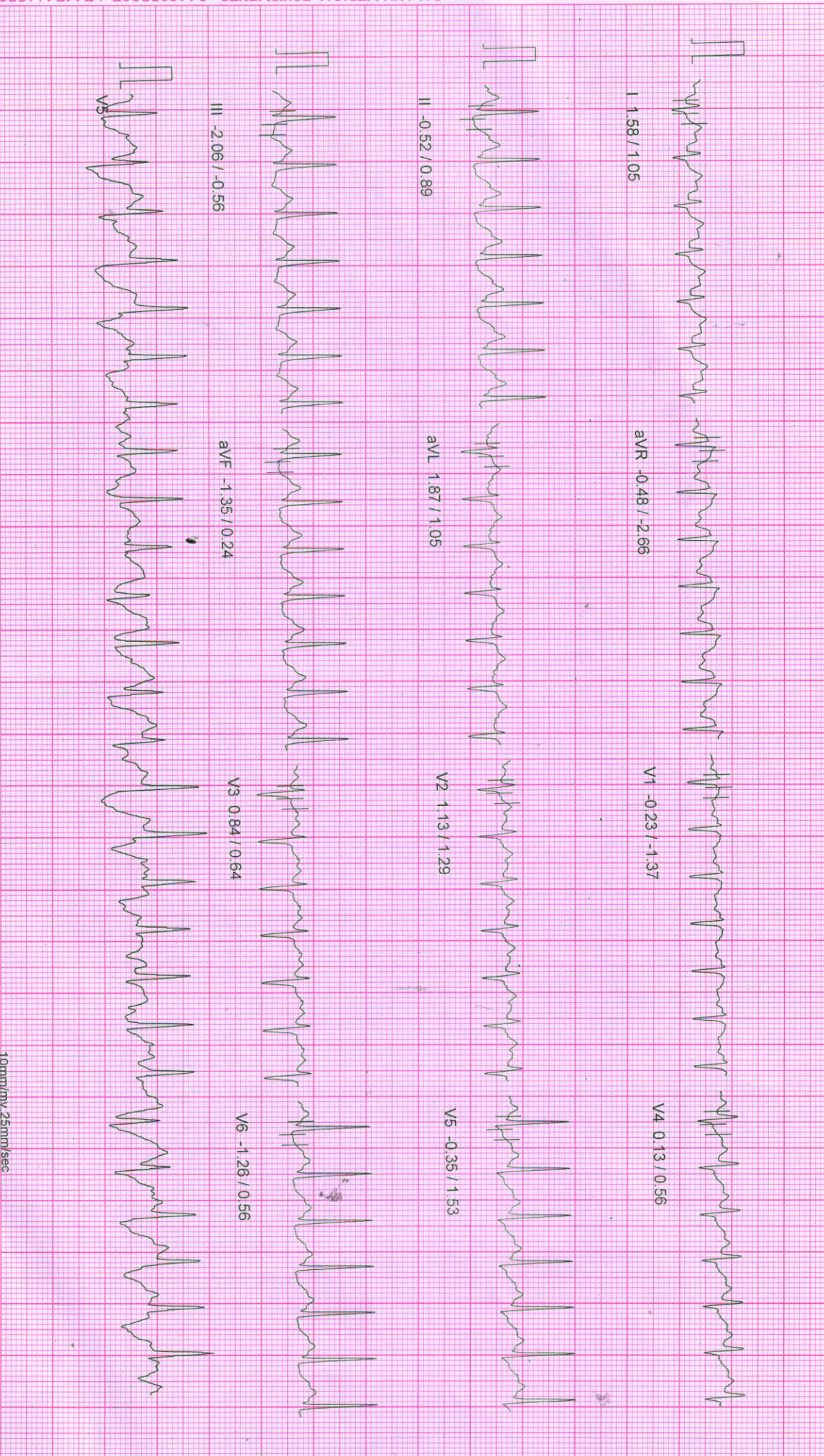
Linked Median Report

September 23, 2023 10:15 am

Report time 10:27 am

PATIENT NAME : Ms.Rashmi S Pendharkar 32/F
 PROTOCOL : BRUCE
 STAGE : Exercise Stage 3
 ST Levels (mm)/ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:00
 STAGE DURATION : 03:00
 HR : 162 bpm
 QRS Lead : V5
 SPEED: 5.5 kmph
 GRADE: 14.0
 BP : 140 / 76 mmHg
 METS : 10.60



NADKARNI PATHOLOGY LABORATORY

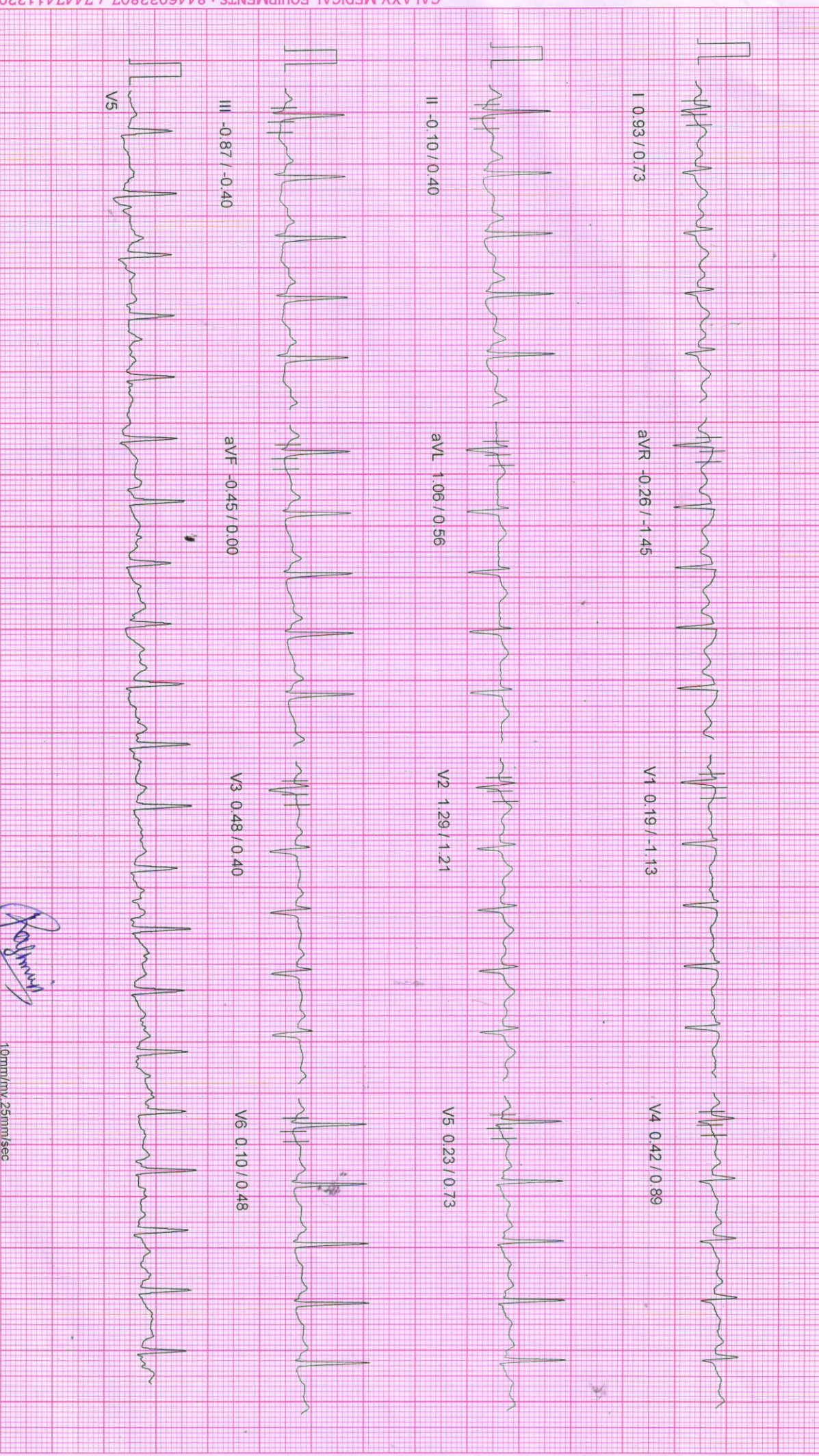
PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg
 PATIENT NAME : Ms Rashmi S Pendharkar 32/F

Linked Median Report

September 23, 2023 10:15 am
 Report time 10:24 am

PROTOCOL : BRUCE
 STAGE : Exercise Stage 2
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:00
 STAGE DURATION : 03:00
 HR : 125 bpm
 QRS Lead : V5
 SPEED: 4.0 kmph
 GRADE: 12.0
 BP : 120 / 72 mmHg
 METs : 8.00



NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

PATIENT NAME : Ms Rashmi S Pendharkar 32/F

Linked Median Report

September 23, 2023

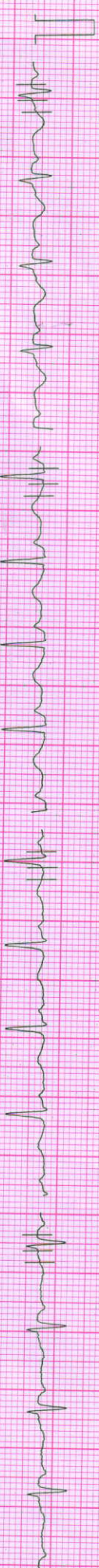
10:15 am

Report time

10:21 am

PROTOCOL : BRUCE
 STAGE : Exercise Stage 1
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00
 STAGE DURATION : 03:00
 HR : 103 bpm
 GRS Lead : V5
 SPEED : 2.7 kmph
 GRADE : 10.0
 BP : 110 / 70 mmHg
 METs : 5.70



I 1.00 / 0.89

aVR -0.84 / -1.29

V1 -0.03 / -0.73

V4 0.35 / 0.32



II 0.55 / 0.24

aVL 0.74 / 0.56

V2 1.35 / 0.81

V5 0.48 / 0.48



III -0.52 / -0.81

aVF 0.03 / -0.32

V3 0.32 / 0.16

V6 0.16 / 0.16



V5

Rashmi

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3407/2023 HEIGHT : 154 Cm WEIGHT : 70.00 Kg

ST Tables

PATIENT NAME : Ms Rashmi S Pendharkar 32/F

PROTOCOL : BRUCE

September 23, 2023 10:15 am
Report time 10:15 am

ST LEVELS	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Phase												
Pre-Test	0.9	0.5	-0.5	-0.7	0.7	0.0	0.0	1.3	0.5	0.5	0.6	0.4
Supine	0.9	0.7	-0.3	-0.8	0.7	0.2	-0.1	1.1	0.5	0.5	0.5	0.5
Standing	0.8	0.6	-0.2	-0.7	0.6	0.2	-0.2	1.0	0.4	0.5	0.6	0.5
HyperVentilation	0.7	0.5	-0.2	-0.7	0.6	0.2	-0.1	0.9	0.3	0.4	0.5	0.4
Wait For Exercise	0.8	0.6	-0.2	-0.7	0.5	0.2	-0.1	0.7	0.2	0.5	0.5	0.4
Exercise Stage 1	1.0	0.6	-0.5	-0.8	0.7	0.0	-0.2	1.2	0.5	0.4	0.6	0.3
Exercise Stage 2	0.9	-0.2	-1.0	-0.2	1.0	-0.6	0.1	1.1	0.2	0.2	0.1	-0.1
Exercise Stage 3	1.3	-0.2	-1.7	-0.4	1.5	-0.9	0.3	1.6	0.7	0.4	0.0	-0.9
Peak Exercise	1.3	-0.2	-1.7	-0.4	1.5	-0.9	0.3	1.6	0.7	0.4	0.0	-0.9
Recovery 1	2.7	2.3	-0.4	-2.4	1.5	0.9	-0.5	2.6	2.2	2.4	1.9	1.3
Recovery 3	1.3	0.7	-0.4	-1.0	0.9	0.2	-0.0	1.3	0.8	0.8	0.5	0.2
Recovery 6	0.5	0.2	-0.0	-0.3	0.3	0.2	0.1	0.7	0.7	0.7	0.4	-0.2

ST SLOPES	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Phase												
Pre-Test	0.4	-0.2	-0.5	-0.6	0.3	-0.4	-0.4	0.5	0.1	0.2	-0.1	-0.3
Supine	0.5	0.1	-0.5	-0.6	0.2	0.0	-0.5	0.6	0.0	0.2	0.3	0.1
Standing	0.2	-0.2	-0.7	-0.7	0.1	-0.6	-0.7	0.5	-0.1	0.2	-0.1	-0.2
HyperVentilation	0.1	-0.2	-0.8	-0.7	0.1	-0.6	-0.7	0.5	-0.1	0.2	-0.1	-0.3
Wait For Exercise	0.4	-1.0	-1.4	-1.0	-0.1	-1.3	-0.7	0.5	-0.2	0.0	-0.3	-0.8
Exercise Stage 1	0.9	0.2	-0.6	-1.3	0.5	-0.3	-0.8	0.6	0.2	0.4	0.3	0.3
Exercise Stage 2	0.8	0.4	-0.6	-1.4	0.6	-0.2	-1.1	1.0	0.2	0.6	0.6	0.3
Exercise Stage 3	1.2	1.4	-0.9	-2.6	1.0	0.6	-1.2	1.5	0.6	1.0	1.8	0.5
Peak Exercise	1.2	1.4	-0.9	-2.6	1.0	0.6	-1.2	1.5	0.6	1.0	1.8	0.5
Recovery 1	2.2	2.7	0.2	-4.9	0.9	1.6	-2.3	1.6	1.0	1.9	1.9	1.9
Recovery 3	1.0	0.7	-0.1	-2.0	0.6	0.3	-1.1	1.0	0.6	0.9	0.6	0.5
Recovery 6	0.5	-0.2	-0.4	-1.1	0.3	-0.1	-0.6	0.9	0.3	0.6	0.2	0.0

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Karve Road, Pune 411038

Summary Report

Report time : 10:15 am
September 23, 2023 10:15 am

PATIENT ID : 3407/2023
PATIENT NAME : Ms Rashmi S Pendharkar 32/F

PROTOCOL : BRUCE
PATIENT HEIGHT : 154 Cm
PATIENT WEIGHT : 70.00 Kg
PATIENT ADD. : pune

Ref. By : Quantum
(Quantum)

Stage	Stage Speed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:43 0.00 / 0.00	77	110 / 70	8	1.00	0.93	
Supine	01:05 0.00 / 0.00	73	110 / 70	8	1.00	0.90	
Standing	00:51 0.00 / 0.00	75	110 / 70	8	1.00	0.77	
HyperVentilation	00:16 0.00 / 0.00	80	110 / 70	8	1.00	0.68	
Wait For Exercise	00:15 0.00 / 0.00	82	110 / 70	9	1.00	0.77	
Exercise Stage 1	03:00 2.70 / 10.00	103	110 / 70	11	5.70	1.00	
Exercise Stage 2	03:00 4.00 / 12.00	126	120 / 72	15	8.00	0.90	
Exercise Stage 3	03:00 5.50 / 14.00	162	140 / 76	22	10.60	1.26	
Peak Exercise	00:02 6.80 / 16.00	162	140 / 76	22	10.60	1.26	
Recovery 1	01:00 0.00 / 0.00	132	130 / 74	17	1.00	2.68	
Recovery 3	03:00 0.00 / 0.00	94	130 / 74	12	1.00	1.29	
Recovery 6	06:00 0.00 / 0.00	81	120 / 72	9	1.00	0.52	
TOTAL EXER TIME : 9 : 2 min		MAX HR : 164 bpm (87.23 % of 188 bpm)		MAX BP : 140 / 76 mmHg			
MAX WORKLOAD : 10.60		DISTANCE COVERED : 0.61 Km		DOUBLE PRODUCT : 22960.00			

Dr. VIVEKANAND M. NADKARNI
MBBS., D.T.M. & H.

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Kanve Road, Pune 411038

Summary Report

PATIENT ID : 3407/2023
 PATIENT NAME : Ms Rashmi S Pendharkar 32/F

Report time : 10:15 am
 September 23, 2023 10:15 am

PROTOCOL : BRUCE
 PATIENT HEIGHT : 154 Cm PATIENT WEIGHT : 70.00 Kg
 PATIENT ADD. : pune
 Ref. By : Quantum
 (Quantum)

OBJECT OF TEST : Routine check up
 RISK FACTOR :
 ACTIVITY : Sedentary
 MEDICATION : none
 BRIEF HISTORY : job profile service
 OTHER INVESTIGATION :
 REASON FOR TERMINATION : Max HR
 EXERCISE TOLERANCE : Good
 EXERCISE INDUCED ARRHYTHMIA : No
 HAEMO RESPONSE : Normal
 CHRONO RESPONSE : Normal
 FINAL IMPRESSION : Stress test is negative for exercise induced Ischaemic heart disease.
 Good Effort tolerance
 No Arrhythmias seen during test period.
 Normal Haemodynamic and Chronotropic responses

Dr. Ashwin Kumar S. Manfoskar
 MD MEDICINE
 2016050950

DR. RAJVEERANAND M. NADKARNI
 MBBS., D.T.M. & H.

R



RASHMI PENDHARKAR Female / 32 YRS

Chest PA

23/09/2023 12:36:51 PM

SHRI DASHABHUJA X-RAY CLINIC. PUNE. 020-25468187.



**SHRI DASHABHUJA
X-RAY CLINIC**

Digital X-Ray (CR System) Available
OPG Facility Available

GANGAVATARANA, Ground Floor, Plot
No. 7, S. No. 42 A/1A/2F, Dashbhujja
Ganesh Colony, Near Dashbhujja
Ganesh Temple, Next to Mankar Dosa
Center, Karve Road, Pune. 411038.
Clinic : 2546 8187, 8308839383
Res : 2422 1359, 9822041859

Dr. LALIT P. PATHAK

M. D. Radiologist
Reg. No. 52382

Timing : 9.00 a.m. To 1.30 p.m.
4.30 p.m. To 8.30 p.m.
SUNDAY CLOSED

NAME: MISS RASHMI PENDHARKAR.

DATE: 23 09 2023.

REF BY: DR VIVEK NADKARNI.

X RAY CHEST PA VIEW.

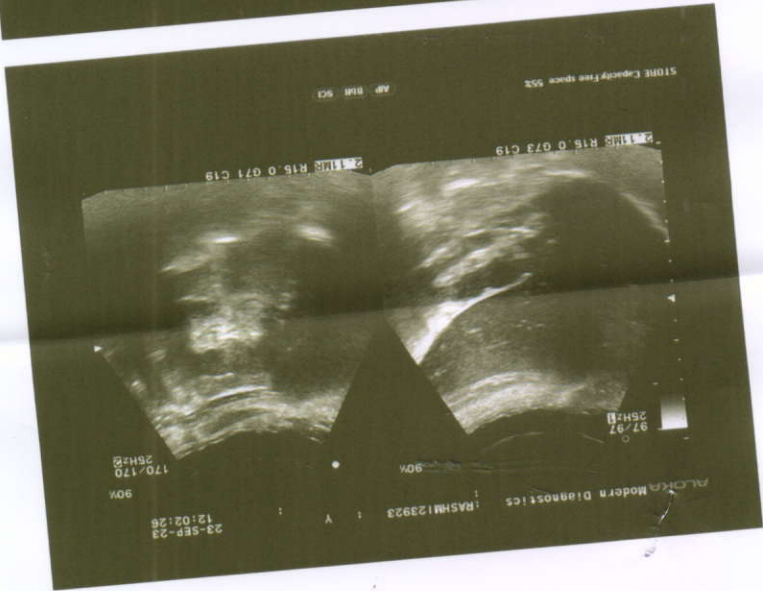
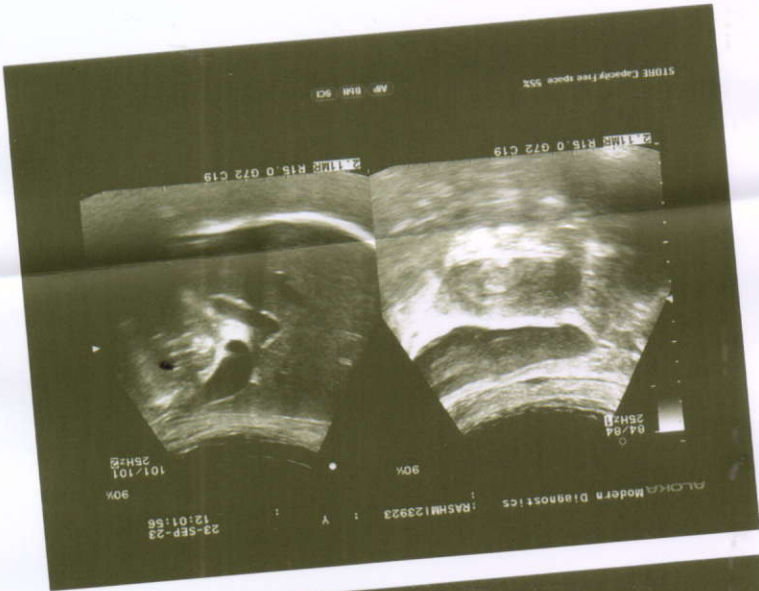
Both the domes of the diaphragm are clear & at normal position.
The heart, the aorta, the mediastinum & the pulmonary vasculature
reveal no abnormality.
Lungs show no acute or active parenchymal pathology.
Pleural sinuses are clear on both sides.
There is no evidence of any hilar or mediastinal lymphadenopathy.
No pathology is evident in the thoracic bony cage &
the soft tissues.

CONCLUSION: NORMAL X RAY CHEST PA VIEW.

Dr. Lalit P. Pathak
Reg. No. 52382 M.D. (Radiology)
Shri Dashbhujja X - Ray Clinic
Near Dashbhujja Ganesh Temple,
Karve Road, Pune - 411 038.

CBCT, OPG & PORTABLE X-RAY FACILITY AVAILABLE

(P.T.O)





MODERN
diagnostics

• DIGITAL X-RAY • SONOGRAPHY • COLOUR DOPPLER

Dr. Prashant Naik

M.D. (Radiology)
Reg. No. 58314
Time : 5.00 pm to 7.00 pm By Appointment

Dr. Kedar Athawale

DMRD DNB (Radiology)
Reg. No. 84908
Time : 11.00 am to 1.00 pm By Appointment

Patient's Name Rashmi Pendharkar
Ref By Dr Dr V M Nadkarni
Date Sep 23, 2023

USG ABDOMEN & PELVIS

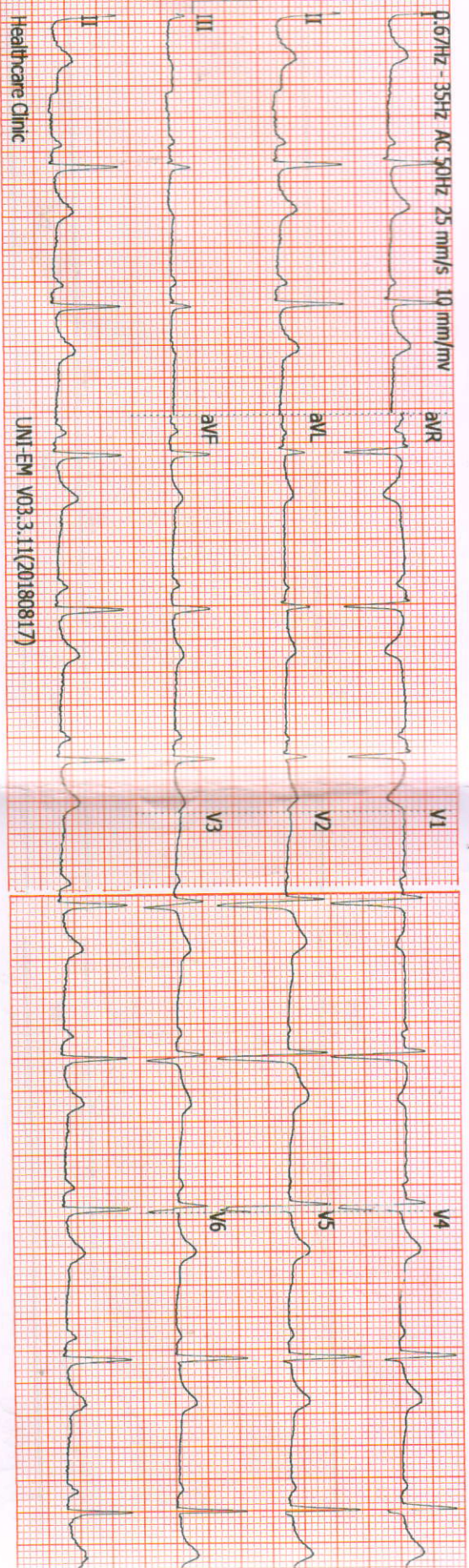
Liver normal in size, shape & outline & reveals normal echo-texture.
No focal lesion seen. Intra hepatic biliary and portal vein radicles normal.
Gall bladder physiologically distended & shows clear contents. No calculi. No e/o cholecystitis.
Portal vein & CBD normal. No calculus in CBD.
Spleen & visualized pancreas show normal size & echoanatomy. Tail of pancreas not visualized due to unavoidable bowel gas.
Both kidneys normal in size, shape, outline & position.
Right kidney :- 97mm x 37mm.
Left kidney :- 100mm x 43mm
No calculus, hydronephrosis or hydroureter on either side.
Cortico-medullary differentiation normal.
Urinary bladder is well filled. No mural or luminal pathology seen.
Uterus is normal in size, shape and echopattern. It measures 67x30x40 mm. The endometrial is central and measures 8 mm. No focal lesion is seen.
Both the ovaries are normal in size, shape and echopattern,
RO - 30x20 mm. LO - 32x18 mm.
No adnexal lesion is seen. No free fluid is seen in pouch of Douglas.
Aorta & IVC normal. No lymphadenopathy. No loculated or free fluid collection seen in abdomen or pelvis. No abnormally dilated bowel loops seen.

IMPRESSION

No abnormality is seen on ultrasound study.

Dr. Kedar Athawale
DMRD, DNB
Thanks for referral

DR. KEDAR ATHAWALE
DMRD DNB (Radiology)
Reg. No. 84908



Healthcare Clinic

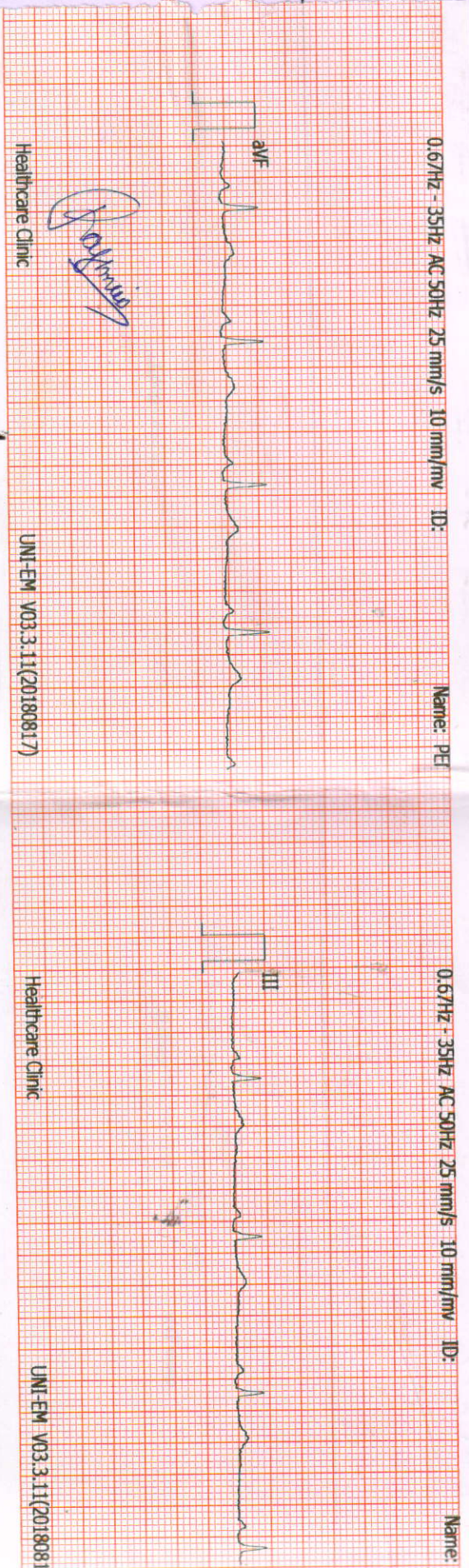
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0.67/Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

Name: PEI

0.67/Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

Name:



Healthcare Clinic

UNI-EM V03.3.11(20180817)

Healthcare Clinic

UNI-EM V03.3.11(20180817)

Rashmi

ID:
 Name: PENDHARKAR, RASHMI
 Age: 32Yrs
 Sex: Female
 23-09-2023 10:40:41 AM
 Reg. N. M.

Dr. Rashmi
 Reg. N. M.

CLINICAL HISTORY:

checkup

RATE: 62bpm
RHYTHM: Regular
MECHANISM: sinus
P WAVE: normal
P R: 150msec
QRS: 96bpm
QTc: 410msec

ST: normal
T WAVE: upright
Q WAVE: not significant
AXIS: normal
POSITION OF HEART: horizontal
PRECARDIAL LEADS: normal
B.P.: 110/70mmHg
DRUGS:

CONCLUSIONS:

Normal sinus Rhythm

Rajmip

Client's Signature

Ashu

Dr. Ashwinikumar S. Mankoskar
MD MEDICINE
Reg. No. 2016050950.

Dr. Ashwinikumar S. Mankoskar
MD MEDICINE
Reg. No. 2016050950.

➤ *Health Care Clinic*
Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
Timing : 10.30 a.m. to 1.00 p.m.
4.30 pm to 6 pm (By Appt.)
Tel : 65003646, 2545 7347

➤ *Health Care Clinic*
7/1, Anand Nagar, Paid Road,
Kothrud, Pune 411038.
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.
Tel. : 65003650 Mob.: 9970171939
E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S.; D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician

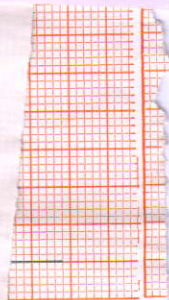
- Family Medicine
- Tropical Medicine
- Occupational Health
- ACLS Instructor

DATE 23/09/23

ELECTROCARDIOGRAM

NAME Ms Rashmi pendharkar AGE 32 yr

REF. BY mediwheel B.P. 110/70 mmHg



FOR COMPLETION BY EXAMINING DOCTOR (N=Normal A= Abnormal)

	N	A	(Leave blank if unassessed)
MEDICAL	✓		01. Eyes
	✓		02. Ears, Nose, Throat
	✓		03. Respiratory
HISTORY	✓		04. Cardiovascular
	✓		05. Gastro-Intestinal
PRESENT	✓		06. Genito-Urinary
	✓		07. Musculo-Skeletal
SYMPTOMS	✓		08. Nervous System
	✓		09. Skin & Allergies
	✓		10. Endocrine
	✓		11. Other

PHYSICAL EXAMINATION	✓		01. Eyes & Pupils	Normal aienty
	✓		02. E.N.T.	
	✓		03. Teeth & Mouth	
	✓		04. Lungs & Chest	
	✓		05. Cardiovascular Sys.	
	✓		06. Abdo. Viscera	
	✓		07. Hernial Orifices	
	✓		08. Genito - Urinary	
	✓		09. Musculo-Skeletal	
	✓		10. Skin & Vericose Vns.	
	✓		11. C.N.S.	
	✓		12. Other	

Chest : Insp. 101 / Exp. 96 / Abd. 86.

Investigations :

HEIGHT	WEIGHT	BMI	B.P.	PULSE	HEARING	VISION	DISTANT	NEAR	COLOUR VISION	BLOOD GROUP
154 cm	70 kg	29.5	110/70 mmHg	65/min Regular	(N)	Uncorrected (N)	(H) (H)	(H) (H)	(H)	O ⁺
						Corrected (N)	(H) (H)	(H) (H)		

Assessment

Dr. Ashwinikumar S. Mankoskar
 MD MEDICINE
 Reg. No. 2016050950.

Rajmud

Dr. V.M. Nadkarni

► *Health Care Clinic*
Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
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7/1, Anand Nagar, Paud Road,
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Dr. Vivekanand M. Nadkarni

M.B.B.S., D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician, Tropical & Family Medicine,
Occupational Health

MEDICAL EXAMINATION REPORT

No.:

Date: 23/9/23

Surname: Pendharkar Name: Rashmi

Age: 32 yrs Sex: Female Birth Date: 2/12/1990

Address: Anupam Complex near Kothrud express Hotel,
Kothrud, Pune.
Service (Bank of Baroda)

Occupation:

Personal History: - Tobacco: NO Alcohol: NO

Misc.: Allergy: Not known.

Immunization History: covishield - 20 doses done

Previous Medical History: None. No major illness or surgery.

 **भारत सरकार**
GOVERNMENT OF INDIA

 **रश्मी श्रीकांत पेंडार्कर**
Rashmi Shrikant Pendharkar
जन्म वर्ष / Year of Birth : 1990
स्त्री / Female



8134 7670 6127

आधार — सामान्य माणसाचा अधिकार

Rashmi

 **भारतीय विशिष्ट ओळख प्राधिकरण**
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता राधेय अपार्टमेंट, अमृतवाडी मार्ग,
ताजना पेट, अकोला, महाराष्ट्र, 444005

Address: RADHEYA
APARTMENT, AMRUTWADI
MARG, TAJNA PETH, Akola,
Maharashtra, 444005

 1800 180 1847
 help@uidai.gov.in
 www.uidai.gov.in
 P.O. Box No. 1847,
Bengaluru-560 001

Ashwinikumar

Dr. Ashwinikumar S. Mankoskar
MD MEDICINE
Reg. No. 2016050950.

Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at HEALTH CARE CLINIC / Home Visit on DD/MM/YYYY to complete the requisite medical formalities towards my application for life insurance from Insurance Company vide Proposal Form bearing no. NADKAR LABORATORY dated 08/09/13

HEALTH CARE CLINIC
NADKAR LABORATORY
 Rph. 65001105 / 65003646
 Varde Complex, of Karve Road,
 Kothrud, Pune-39

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|------------------------------------------------|-----------------------------------------|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others _____ | | |

I have furnished my ID Proof Adhar card - 81347870612 bearing ID No. _____ at the time of my medical.

Feedback Form

- Behavior and cooperation of staff**

Reception/ Clinic/ Hospital Good Average Poor

Technician/ Doctors Good Average Poor

- Time Management** Good Average Poor

- Upkeep of hospital** Good Average Poor

- Technology & Skills** Good Average Poor

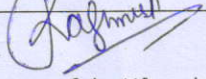
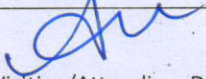
- Please remark if the medical check**

procedure was satisfactory Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

.....

<p style="text-align: center;"></p> <p>Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <hr/> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor)</p>	<p style="text-align: center;"></p> <p>Signature of Visiting/Attending Doctor Dr. Ashwinikumar S. Mankoskar MD MEDICINE Reg. No. 2016050950.</p> <hr/> <p>MC Registration No: _____</p> <p>Doctor Stamp with date</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Health Check up Booking Request(bobE46312), Beneficiary Code-27444

1 message

Mediwheel <wellness@mediwheel.in>
 To: healthcare.nadkarni@gmail.com
 Cc: customercare@mediwheel.in

Wed, Sep 13, 2023 at 3:56 PM



011-41195959

Email:wellness@mediwheel.in

Dear **Nadkarni Pathology Laboratory,**

City : Pune . **Address :** hop no-I Varun Complex, Karve Road Kothrud, Pune,

We have received the confirmation for the following booking .

Name : MS. PENDHARKAR RASHMI SHRIKANT
Age : 30
Gender : Female
Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40
Contact Details : 9422860665
Booking Date : 13-09-2023
Appointment Date : 23-09-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MS. PENDHARKAR RASHMI SHRIKANT	30	Female	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol-Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin