



भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार
Unique Identification Authority of India
Government of India

नामांकन क्रम / Enrollment No.: 1211/00607/01928

To
निरंजन प्रसाद मेहरा
Niranjn Prasad Mehra
S/O: Tej Prakash Mehra
582-B sumer nagar kalyanpura
mu.Pana mand: Road
Jaipur
Mansarovar
Jaipur Jaipur
Rajasthan: 302029
6351731588

16012014
105667711

ML066677115PT



आपका आधार क्रमांक / Your Aadhaar No. :

3292 2439 4057

आधार - आम आदमी का अधिकार



भारत सरकार
Government of India



निरंजन प्रसाद मेहरा
Niranjn Prasad Mehra
जन्म तिथि / DOB: 15/06/1983
पुरुष / Male



3292 2439 4057

आधार - आम आदमी का अधिकार

Enter

**Health Check up Booking Confirmed Request(bobE44374),Package Code-
PKG10000227, Beneficiary Code-73118**

Mediwheel <wellness@mediwheel.in>

Thu 8/17/2023 7:14 PM

To: Priyanshu Raj <361951@narayanahealth.org>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

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**Mediwheel**
...Your wellness partner**011-41195959****Email:wellness@mediwheel.in**Hi **Narayana Multispeciality Hospital , Jaipur ,**Diagnostic/Hospital Location :**Sec 28 Kumbha Marg Pratap Nagar, Sanganer
-302033, City: Jaipur**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000227
Beneficiary Name : MR. MEHRA NIRANJAN PRASAD
Member Age : 37
Member Gender : Male
Member Relation: Employee
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Location : MORBI, Gujarat-363660
Contact Details : 9351731588
Booking Date : 17-08-2023
Appointment Date : 09-09-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

CONSULTATION SUMMARY



Patient MRN : 15010000474823
Patient Name : Mr Niranjan Prasad Mehra
Gender/Age/Dob : Male , 40 Years , 16/08/83
Patient Phone No : 9351731588
Patient Address : 582-B sumer nagar iskon road,
Jaipur, Jaipur, Rajasthan, India,
-302020

Consultation Date : 09/09/2023 01:51 PM
Consultant : Dr. Deepak Garg (NON
INVASIVE DIAGNOSTIC
SERVICES)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- HEALTH CHECKUP :

VITALS

Blood Pressure : 130/80 mmHg

Heart Rate: 80 bpm

PROCEDURE HISTORY

- No known surgical history

PAST MEDICAL HISTORY

- No significant past medical history

ALLERGY

- No known allergies

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

CONSULTANT DETAILS

Dr. DEEPAK GARG
M.B.B.S. & PG Diploma (Clinical Cardiology)
Associate Consultant-Cardiology
Reg. No. 21958
Narayana Multispeciality Hospital, Jaipur

Dr. Deepak Garg , ASSOCIATE CONSULTANT , NON INVASIVE DIAGNOSTIC SERVICES

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Deepak Garg | Printed On: 09.09.2023 13:54

Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CN: L8B110KA2000PLC0027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-26, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org

GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222

CONSULTATION SUMMARY



Patient MRN : 15010000474823
Patient Name : Mr Niranjan Prasad Mehra
Gender/Age/Dob : Male , 40 Years , 16/08/83
Patient Phone No : 9351731588
Patient Address : 582-B sumer nagar iskon road,
Jaipur,Jaipur,Rajasthan,India,
-302020

Consultation Date : 09/09/2023 01:30 PM
Consultant : Dr. Anil Goyal
(OPHTHALMOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- Blurring of vision : BE

PAST MEDICAL HISTORY

- No significant past medical history

SYSTEMIC EXAMINATION

- Eyes : VN WITH GL RE 6/9 LE 6/9 N8 BE S/L NAD BE

MEDICATION ORDER

DRUG NAME
1) CARBOXYMETHYLCELLULOSE-
DROPS-0.5% 10ML-REFRESH TEARS

PATIENT INSTRUCTION

Thrice Daily (1 - 1 - 1 - 0) For 1 Month | Qty: 1 | Start Date:
Sep 09, 2023 | End Date: Oct 08, 2023

PROCEDURE HISTORY

- No known surgical history

ALLERGY

- No known allergies

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

CONSULTANT DETAILS

Dr. ANIL GOYAL
M.B.B.S., M.D. (Ophthalmology)
Registration No. (RMC-17444)
Narayana Multispeciality Hospital, Jaipur

Dr. Anil Goyal , VISITING CONSULTANT , OPHTHALMOLOGY

Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L35110KA2002PLC027487

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Appointments
1800-309-0309 (Toll Free)

Emergencies
99837-32222

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

Collected On : 09/09/2023 10:43 AM Received On : 09/09/2023 10:44 AM Reported On : 09/09/2023 12:25 PM

Barcode : 402309090123 Specimen : Serum Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9351731588

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	1.01	mg/dL	0.66-1.25
eGFR	81.9	mL/min/1.73m ²	Both: <60 Indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	10.67	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.52	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	162.8	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	125.2	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl ₂)	46.5	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	116.31	-	-
LDL Cholesterol (Friedewald Formula)	91.3	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	25.04	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	3.6	-	0.0-5.0



Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

Total Protein (Biuret [alkaline Cupric Sulfate])	7.43	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	45	U/L	17.0-59.0
SGPT (ALT) (UV With PSP -IFCC)	84 H	U/L	<50.0
Alkaline Phosphatase (ALP)	91	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanilide/glycylglycine Kinetic Method)	26	U/L	15.0-73.0

THYROID PROFILE (T3, T4, TSH)

Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.34	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	7.90	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	2.67	uIU/ml	0.35-5.5



Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	15.4	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.01	millions/ μ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	44.7	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	89	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	30.7 L	PG	32.0-35.0

Page 2 of 5

Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated) **34.4 H** g/L 27.0-34.0

Red Cell Distribution Width (RDW) 14.4 % 12.0-18.0

Platelet Count (Electrical Impedance Plus Microscopy) 152 Thousand / μ L 150.0-400.0

Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric) 5.6 Thous/cumm 4.0-10.0

DIFFERENTIAL COUNT (DC)

Neutrophils 61.2 % 40.0-75.0

Lymphocytes 25.1 % 15.0-45.0

Monocytes **1.6 L** % 4.0-13.0

Eosinophils **11.6 H** % 0.5-7.0

Basophils 0.5 % 0.0-2.0

Absolute Neutrophil Count 3.43 Thousand / μ L 1.5-7.0

Absolute Lymphocyte Count 1.41 Thousand / μ L 1.0-4.0

Absolute Monocyte Count **0.09 L** Thousand / μ L 0.2-0.8

Absolute Eosinophil Count **0.65 H** Thousand / μ L 0.0-0.2

Absolute Basophil Count 0.03 Thousand / μ L 0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

Erythrocyte Sedimentation Rate (ESR) 04 mm/hr 0.0-10.0
(Westergren Method)

Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	25 H	ml	0.0-0.0
Colour	Pale Yellow	-	0-0
Appearance	Clear	-	0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.5	-	4.5-9.0
Sp. Gravity	1.020	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

Page 4 of 5



Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

-End of Report-

Manisha

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Niranjn Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)
 Collected On : 09/09/2023 10:43 AM Received On : 09/09/2023 10:44 AM Reported On : 09/09/2023 02:51 PM
 Barcode : 402309090122 Specimen : Plasma Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9351731588

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	91	mg/dL	65.0-110.0
Post Prandial Blood Sugar (PPBS) (GOD/POD)	119	mg/dL	70.0-139.0
HbA1c			
HbA1c	5.6	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	114.02	mg/dL	<140.0

Interpretation:

- HbA1c above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1c > 6.5%, repeat measurement on further sample. If the repeat test result is < 6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1c measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Bilirubin Total (Dyphylline, Diazonium Salt)	1.26	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.47	-	1.0-2.1



Dr. Anil Sharma
MBBS, MD (Microbiology)
Senior Consultant

SEROLOGY

Test	Result	Unit	Biological Reference Interval
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Page 1 of 2



Patient Name : Mr Niranjan Prasad Mehra MRN : 15010000474823 Gender/Age : MALE , 40y (16/08/1983)

Prostate Specific Antigen (PSA) (Enhanced Chemiluminescence) 0.540 ng/ml 0.0-4.0

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

Note

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correlate clinically.



Patient Name	Niranjan Mehra	Requested By	Dr. ^Deepak^Garg
MRN	15010000474823	Procedure DateTime	2023-09-09 11:09:35
Age/Sex	40Y / Male	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

•omes of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Vijay Kumar Sharma
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-09-09 11:30:26

NARAYANA MULTISPECIALITY HOSPITAL
RAJASTHAN
JAIPUR

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR NIRANJAN PRASAD,
Patient ID: 474823
Height:
Weight:

DOB: 16.08.1983
Age: 40yrs
Gender: Male
Race: Indian

Study Date: 09.09.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR.DEEPAK GARG
Attending Physician: DR.DEEPAK GARG
Technician: MR.KULDEEP MEGHVANSHI

Medications:

--

Medical History:

--

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:00	0.00	0.00	100	120/80	
	STANDING	00:15	0.00	0.00	80	120/80	
	HYPERV.	00:15	0.00	0.00	71		
	WARM-UP	00:29	1.60	0.00	76		
						73	
EXERCISE	STAGE 1	03:00	2.70	10.00	115	130/80	
	STAGE 2	03:00	3.90	12.00	139	140/80	
	STAGE 3	02:32	5.50	14.00	166	150/80	
RECOVERY		03:01	0.00	0.00	97	140/80	

The patient exercised according to the BRUCE for 8:32 min:s, achieving a work level of Max. METS: 10.30. The resting heart rate of 100 bpm rose to a maximal heart rate of 169 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes:

Overall impression:

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.
PLEASE CORRELATE CLINICALLY.

Physician _____ Technician _____

Narayana Multispeciality Hospital

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GST No. 08AABCN1685J1Z8



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1800-309-0309 (Toll Free)

Emergencies

99837-32222

BRUCE: Total Exercise Time 08:32
Max HR: 169 bpm 93% of max predicted 180 bpm HR at rest: 100
Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 24900 mmHg*bpm
Maximum Workload: 10.30 METS
Max. ST: -1.60 mm, 0.00 mV/s in III; EXERCISE STAGE 3 07:30
Arrhythmia: PSVC:1
ST/HR index: 1.29 μ V/bpm

Reasons for Termination: Target heart rate achieved
Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: Overall impression: ...

Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.

PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	00:00	0.00	0.00		100	120/80	12000	0	0.70	
	STANDING	00:15	0.00	0.00	1.0	80	120/80	9600	0	0.50	
	HYPERV.	00:15	0.00	0.00	1.0	71			0	0.65	
	WARM-UP	00:29	1.60	0.00	1.3	73			0	0.75	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	115	130/80	14950	0	0.40	
	STAGE 2	03:00	3.90	12.00	6.8	139	140/80	19460	0	0.15	
	STAGE 3	02:32	5.50	14.00	10.2	166	150/80	24900	0	-1.10	
RECOVERY		03:01	0.00	0.00	1.0	97	140/80	13580	0	-0.15	

MRN NO: 15010000474823
PATIENT'S NAME: MR NIRANJAN PRASAD MEHRA
DR. NAME: DR. DEEPAK GARG

DATE: 09/09/2023
AGE/SEX: 40 YRS./M

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of hydronephrosis. Small calcific concretion measuring ~ 3 mm is seen in mid calyx.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Prostate: - is normal in size, shape and echotexture.

Others: - No free fluid is seen in abdomen.

Impression: **USG findings are suggestive of:** -

- Small calcific concretion in left kidney.

Correlate clinically & with other related investigations.



Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.



ID: 1501000047-0023
Name: NIRMALAN
Age:
Gender:

09-09-2023 11:43:05 AM

Heart Rate	85 bpm
PR Interval	112 ms
QRS Duration	88 ms
QT/QTc Interval	374/383 ms
P/QRS/T Axis	53/50/51 deg
QTc (Age)	

Sinus rhythm
— Interpretation should be done knowing patient's general info —
Normal ECG

Interpreted Diagnosis

