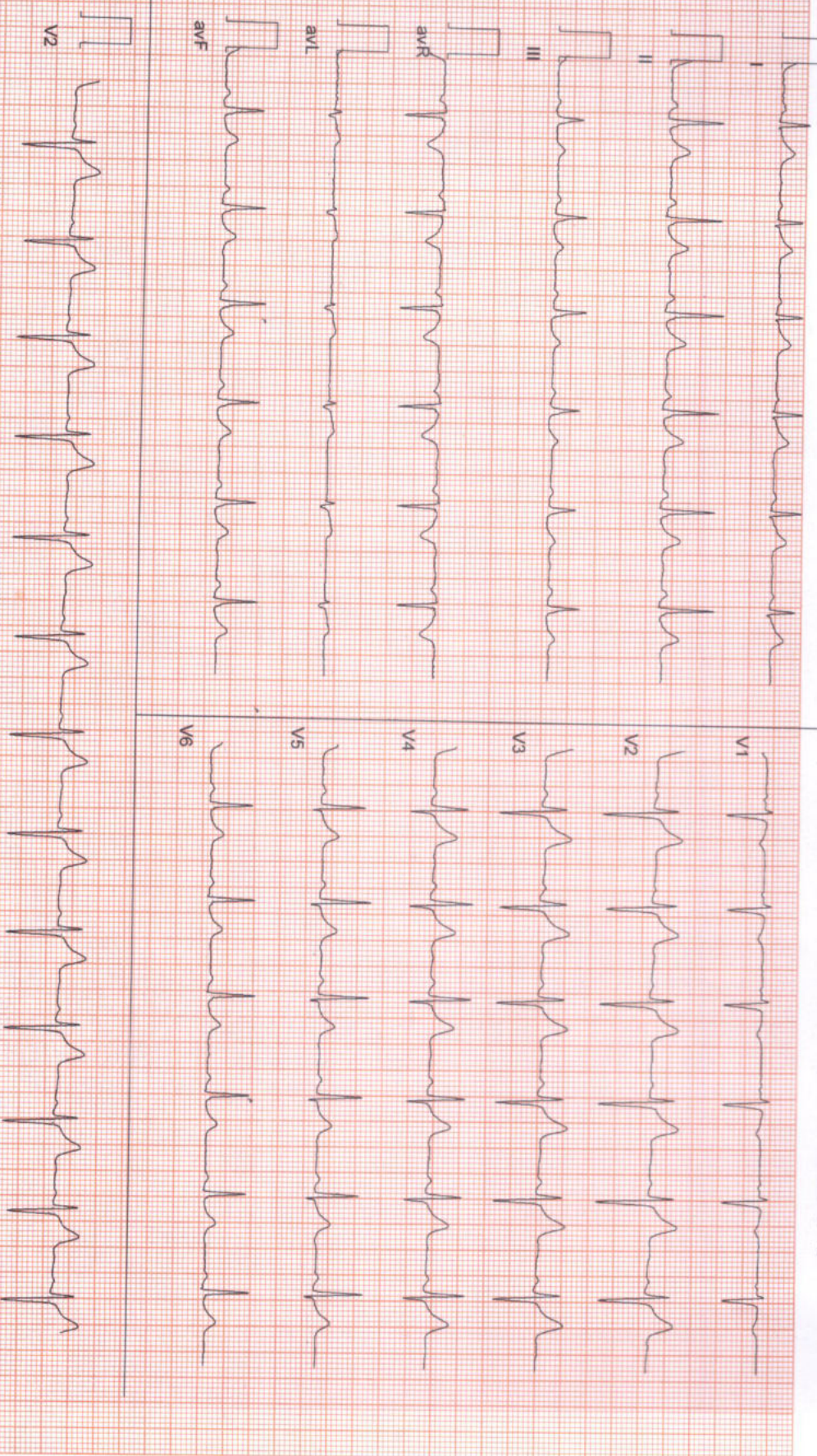




Date: 24-03-2023 11:43:46 AM METs : 1.0 HR : 84 Target HR : 45% of 187 BP : 114/74

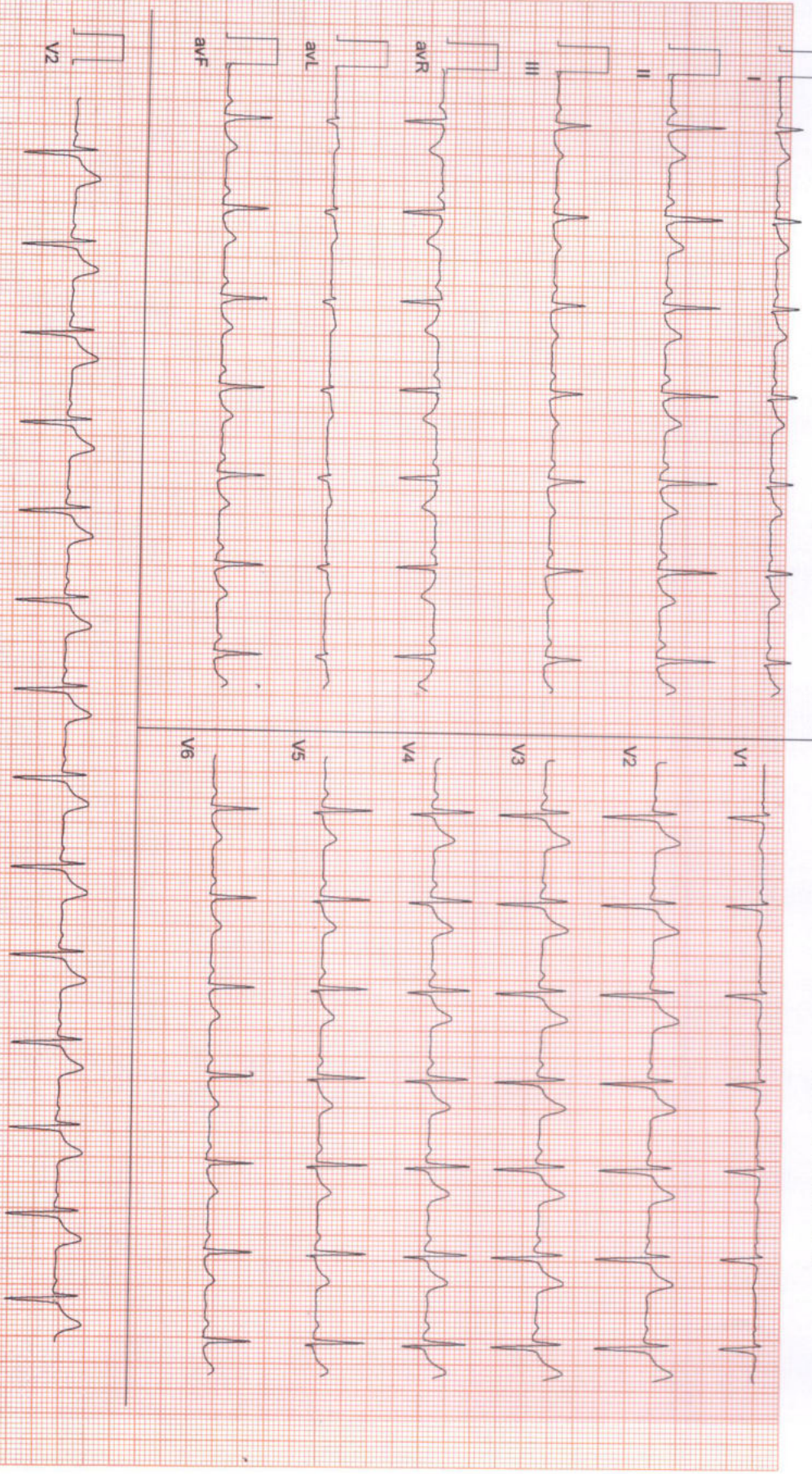
Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)A1engrs



Date: 24 - 03 - 2023 11:43:46 AM METs : 1.0 HR : 84 Target HR : 45% of 187 BP : 114/74
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

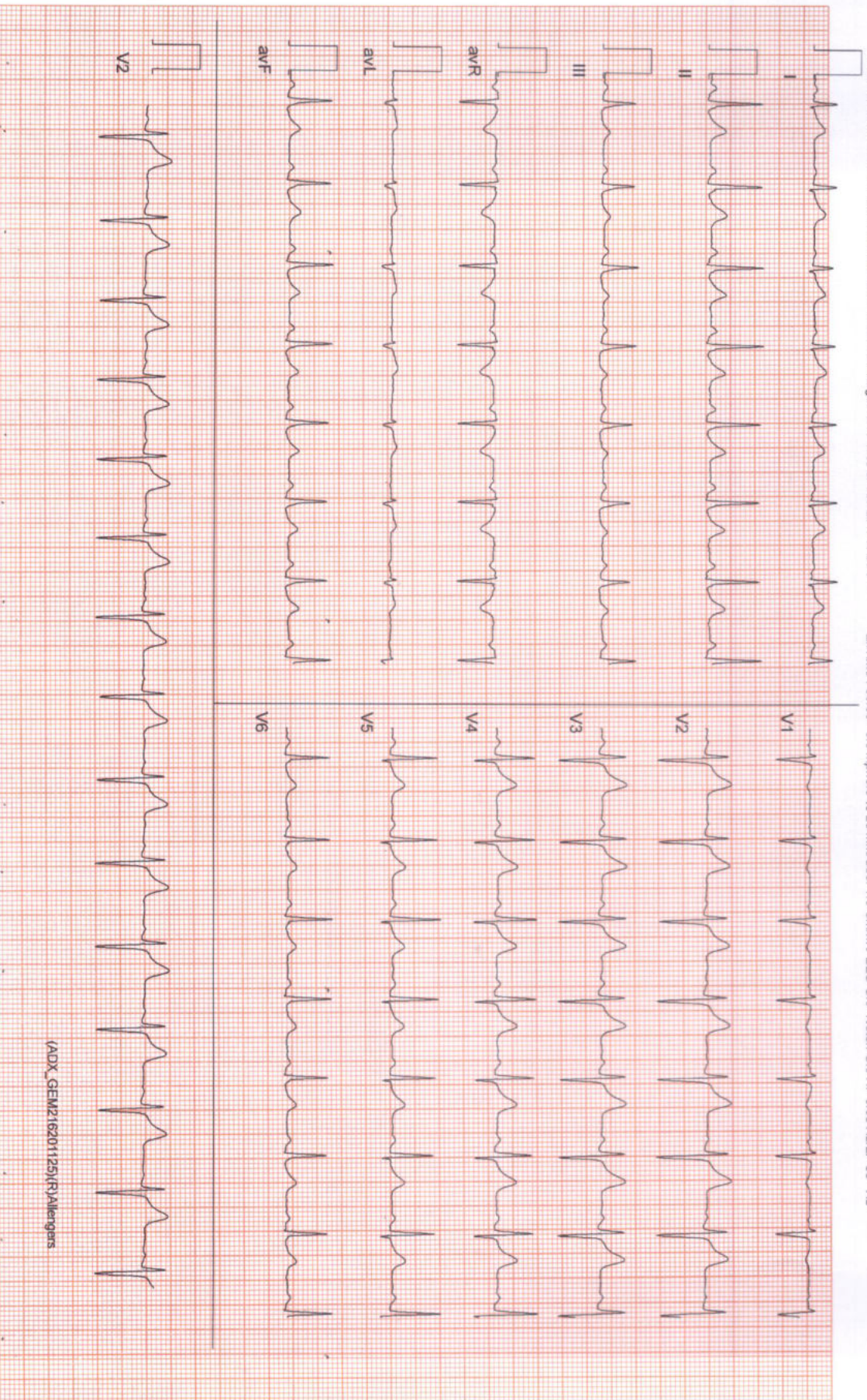


ADX_GEM216201125(RS)Allengers



Date: 24 - 03 - 2023 11:43:46 AM METS : 1.0 HR : 87 Target HR : 47% of 187 BP : 114/74

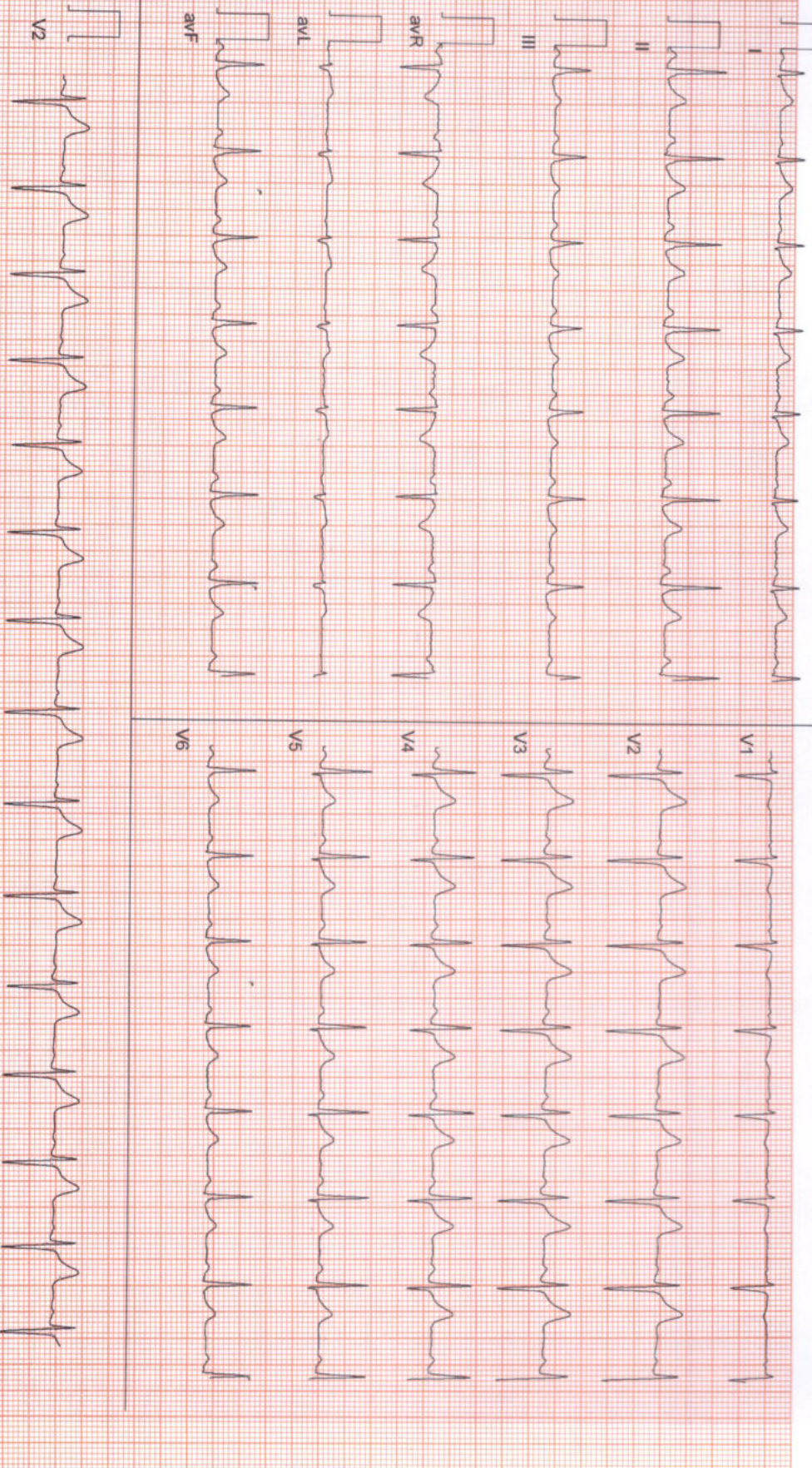
EXTime : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengars

Date: 24 - 03 - 2023 11:43:46 AM METs : 1.0 HR : 98 Target HR : 47% of 187 BP : 114/74

ExTime : 00:00 0.0 mph/0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

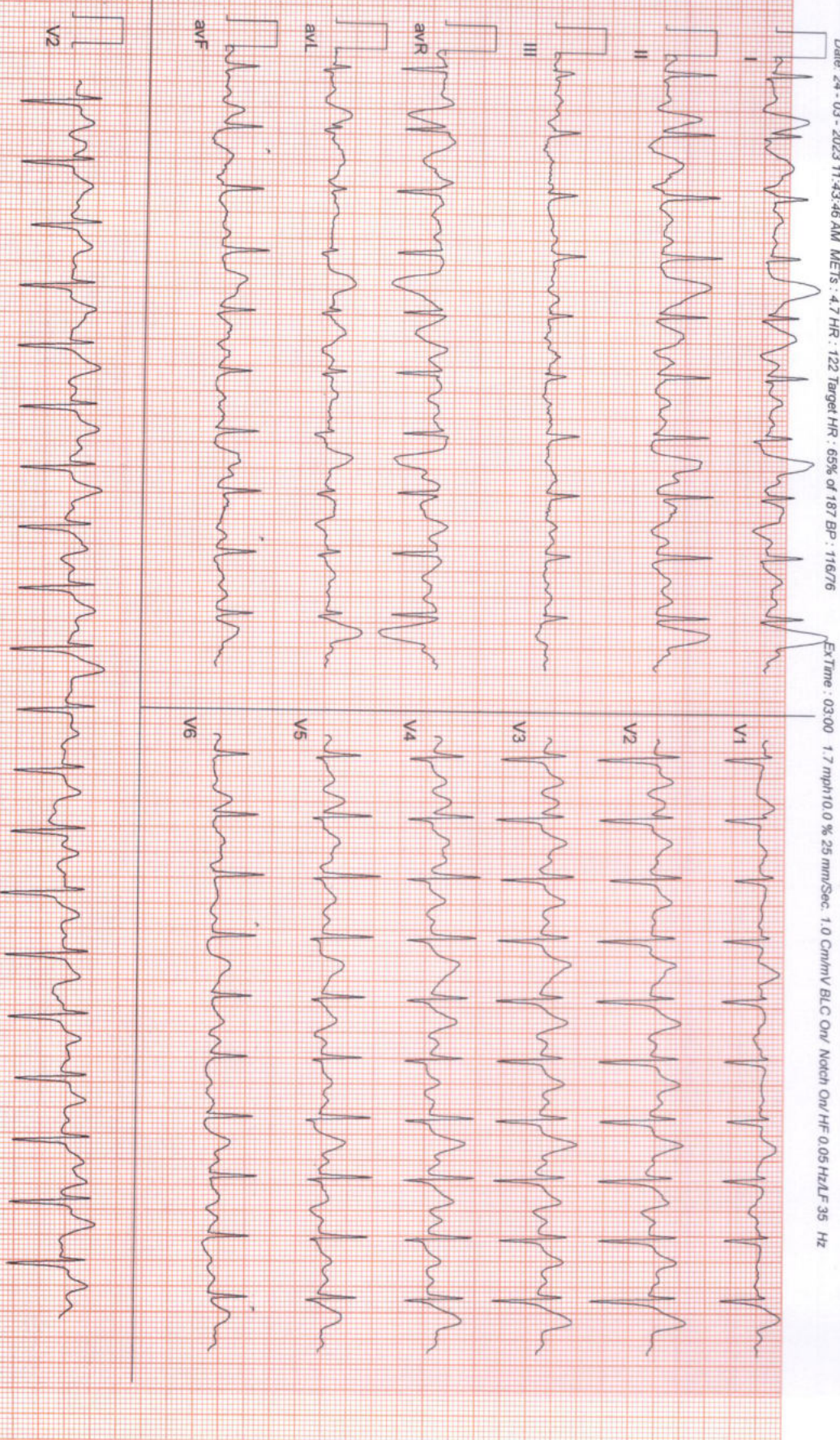


IADX_GEM216201125(R)Allergens



Date: 24-03-2023 11:43:46 AM METS: 4.7 HR: 122 Target HR: 65% of 187 BP: 116/76

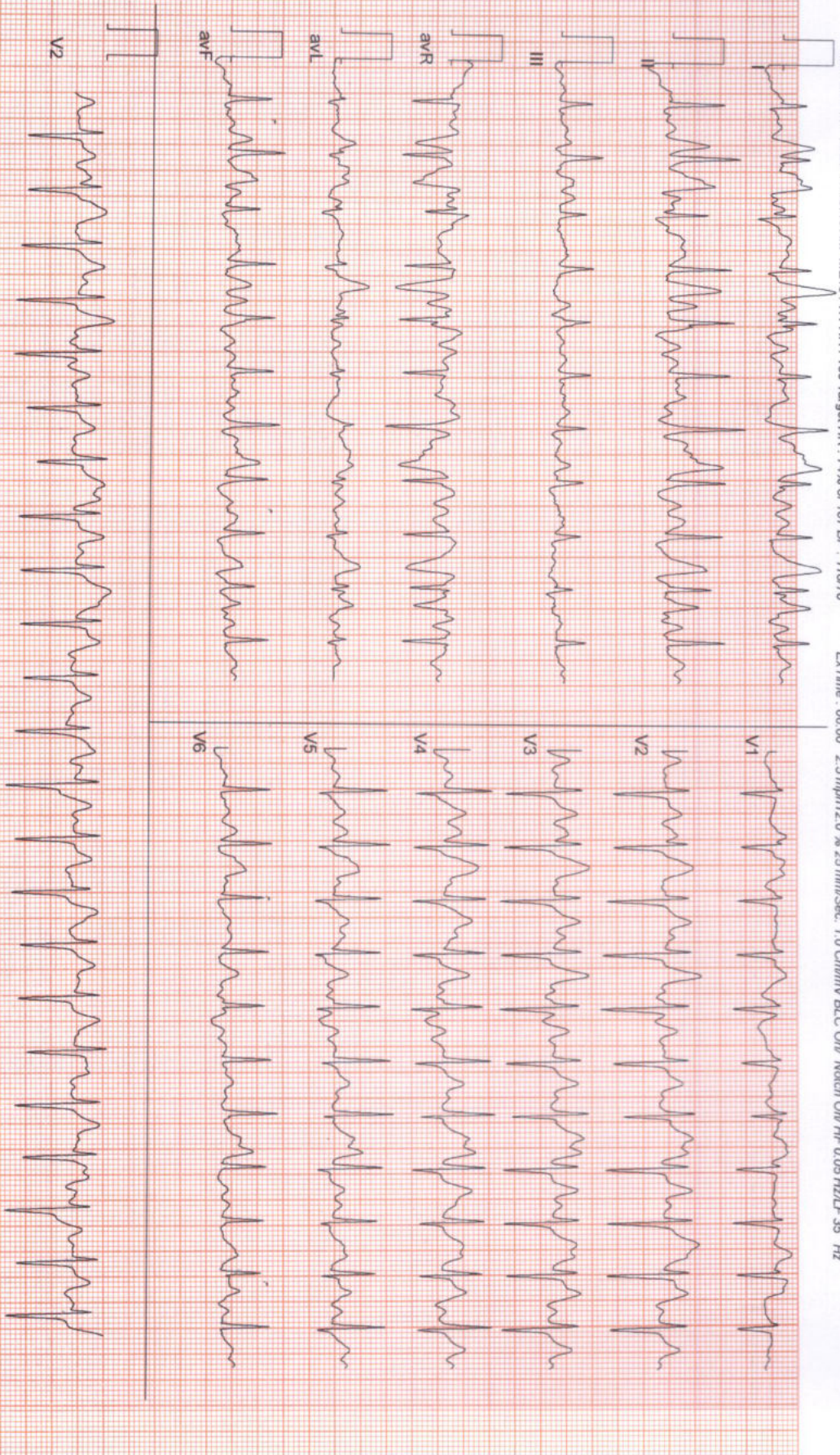
EXTime: 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



ADX_GEM216201125(R)Allengrs



Date: 24 - 03 - 2023 11:43:46 AM METS: 7.1 HR: 139 Target HR: 74% of 187 BP: 118/76
ExTime: 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC Ov/ Natch Ov/ HF 0.05 Hz/LF 35 Hz

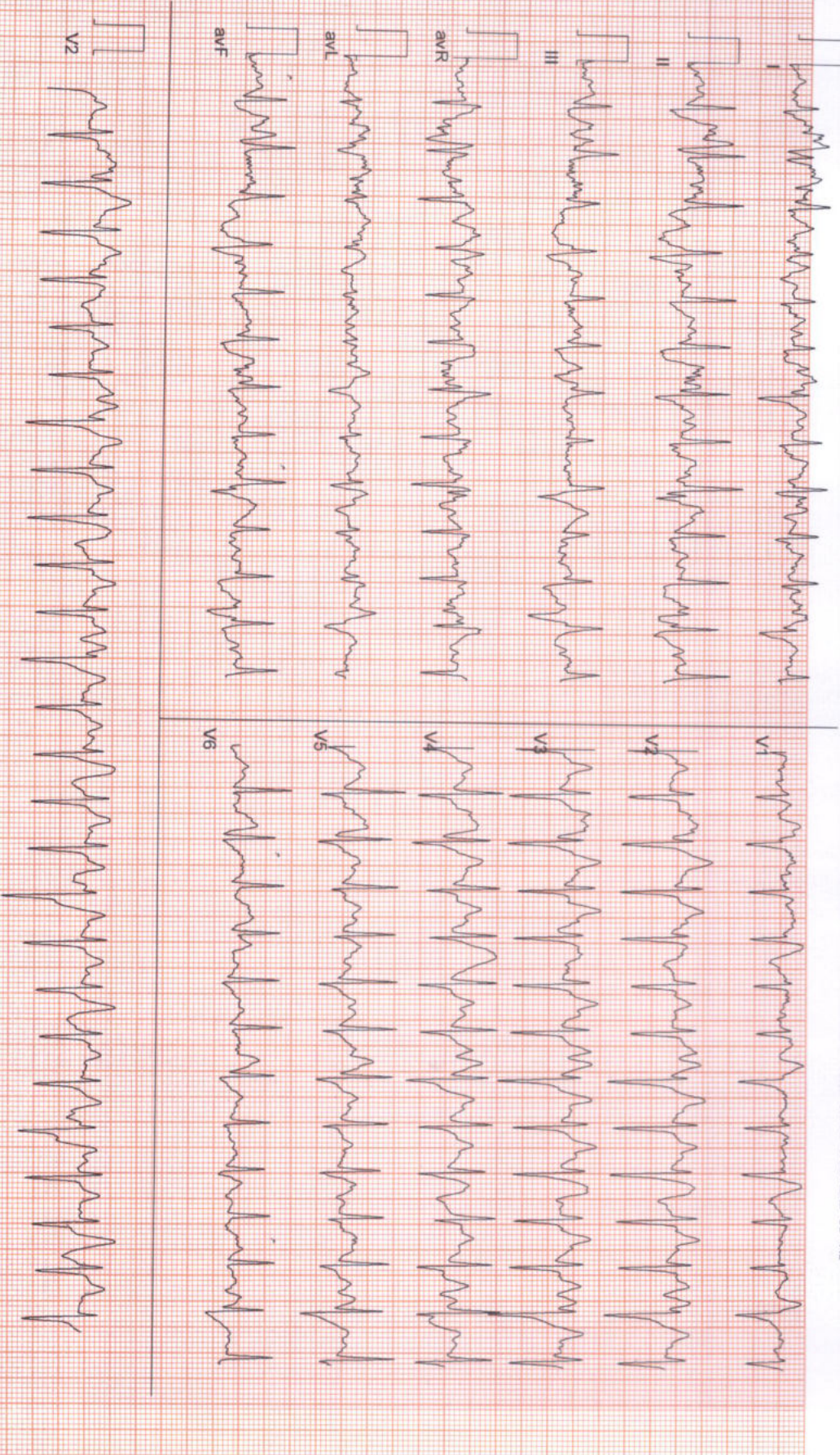


(ADX_GEM216201125)(R)Allergans



Date: 24 - 03 - 2023 11:43:46 AM METS : 9.9 HR : 158 Target HR : 84% of 187 BP : 120/78

ExTime : 08:40 3.4 mph/14.0 % 25 mm/Sec. 1.0 Cm/mV BLC ON/ Notch ON/ HF 0.05 Hz/LF 35 Hz

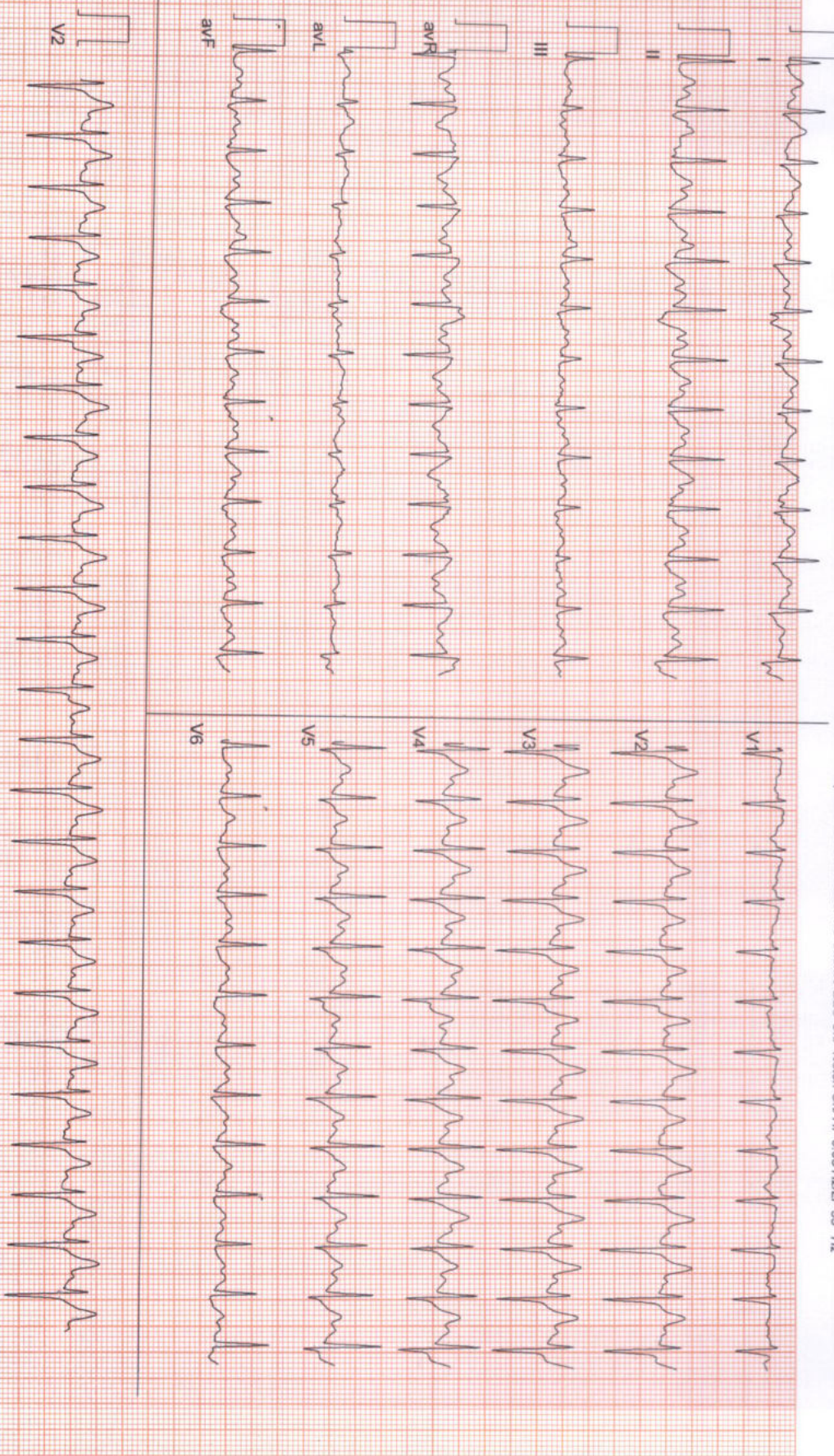


(ADX_GEM216201125)(R)Allengers



Date: 24 - 03 - 2023 11:43:46 AM METs : 4.2 HR : 149 Target HR : 80% of 187 BP : 120/78

ExTime : 08:40 1.1 mph 0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz

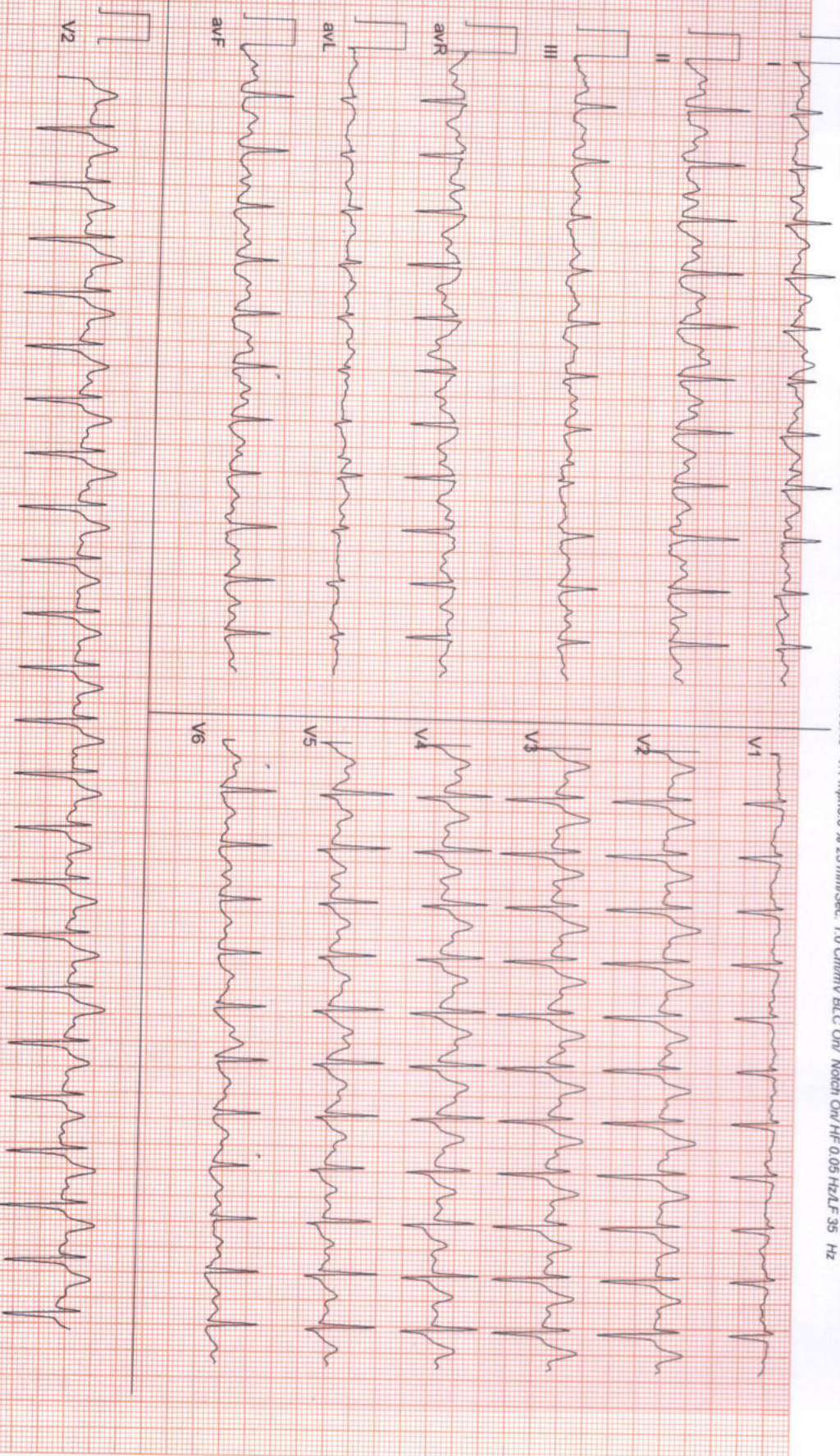


6 x 2 + Rhythm
Recovery(1:00)



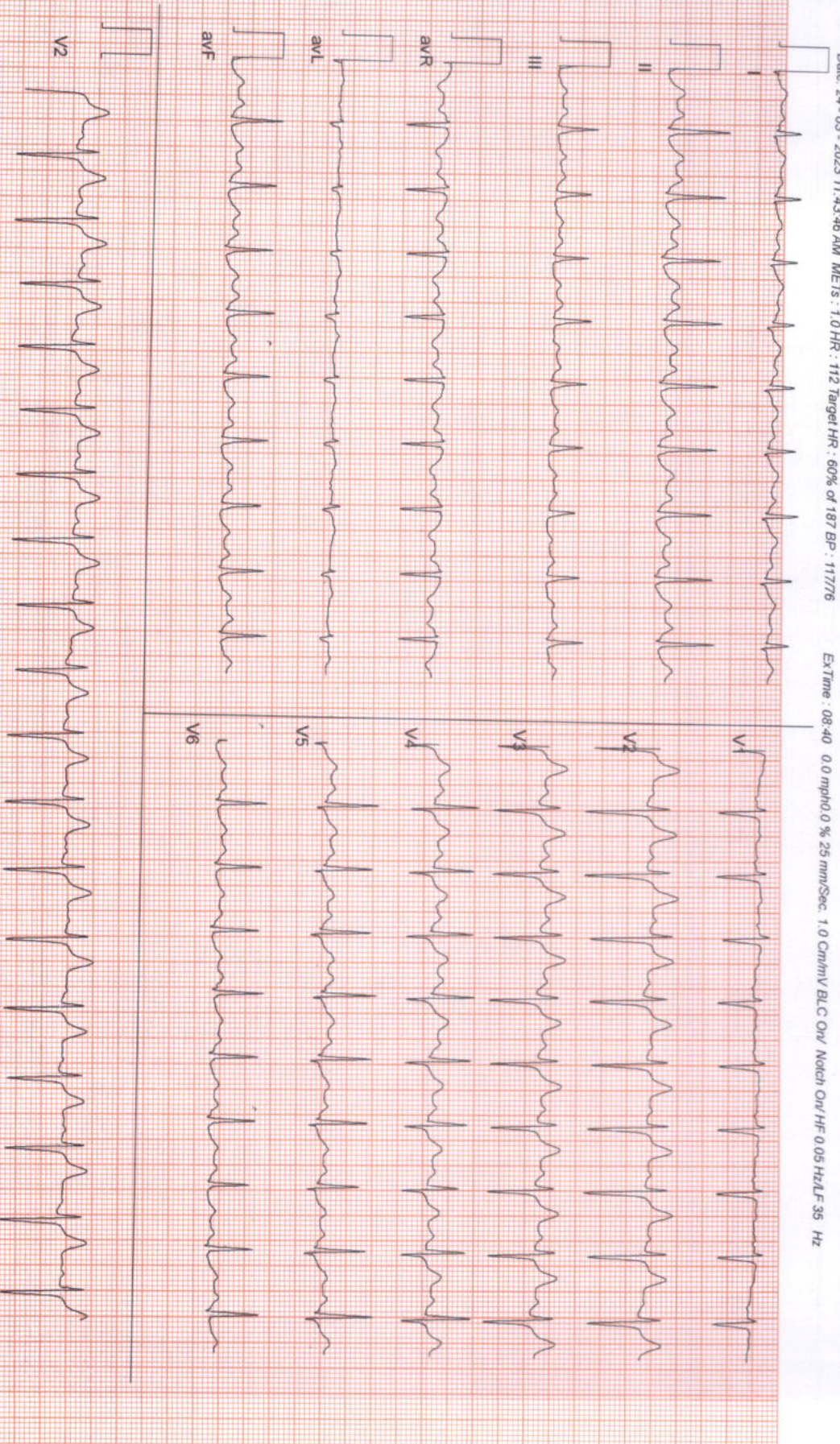
Date: 24-03-2023 11:43:46 AM METS : 1.2 HR : 140 Target HR : 75% of 187 BP : 119/78

ExTime : 08:40 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/IV BLC On/ Notch On/HF 0.05 HZ/LF 35 HZ



Date: 24 - 03 - 2023 11:43:46 AM METs : 1.0 HR : 112 Target HR : 60% of 187 BP : 117/76

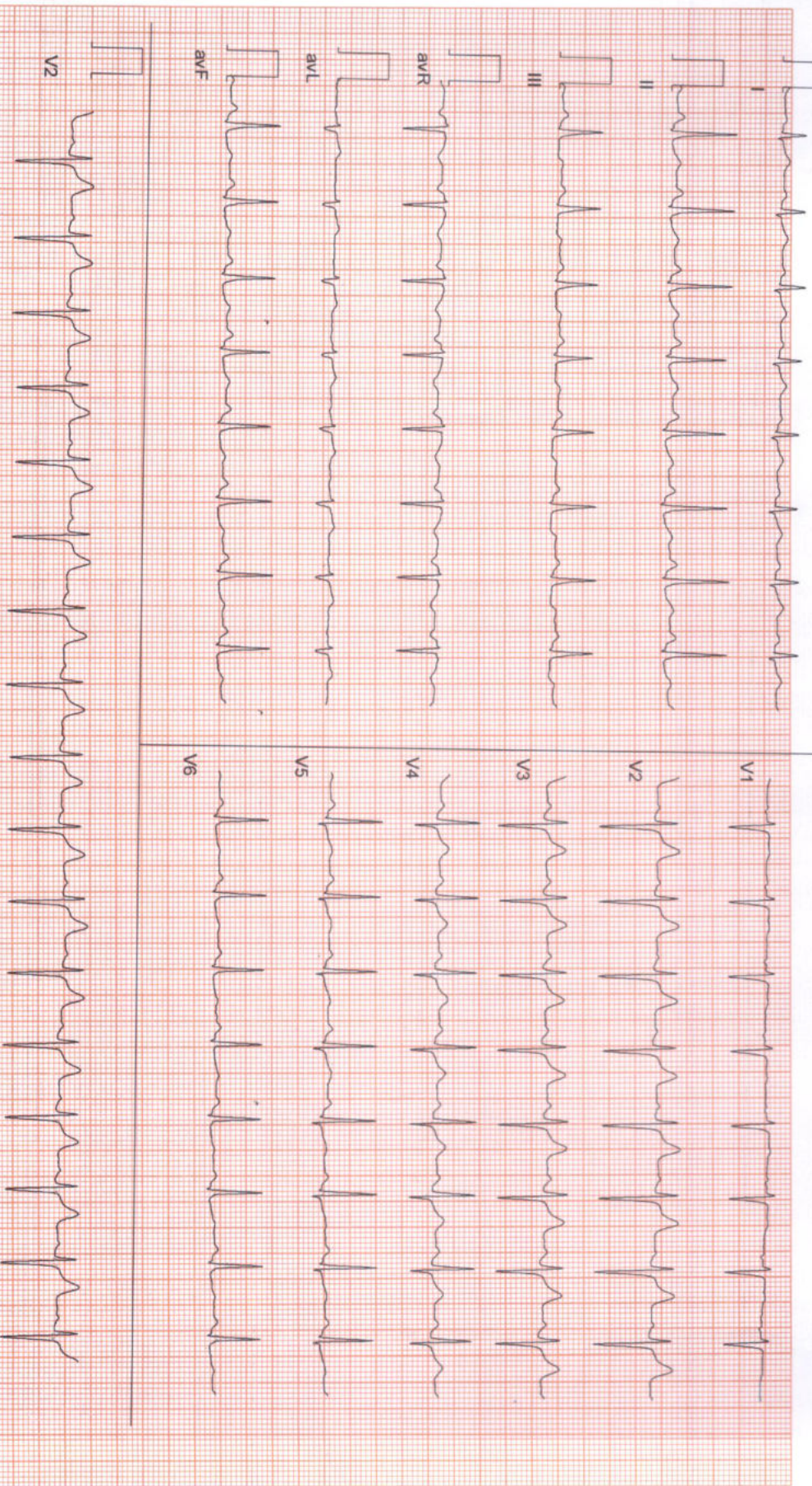
ExTime : 08:40 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz





Date: 24-03-2023 11:43:46 AM METs : 1.0 HR : 107 Target HR : 57% of 187 BP : 115/75

ExTime : 08:40 0.0 mph/0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergers



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Regd. No. : 1834

NAME:- DEBASHREE RATH
AGE:-33YRS
Patient ID:-1

REFERRAL:-MEDI WHEEL
DATE:-24.03.2023
SEX:-FEMALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan
Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

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MEDICAL CERTIFICATE

Date :- 24.03.2023

NAME

DEBASHREE RATH

MEDICAL INFORMATION

Height:- 147cm	Age:-33yrs
Weight:- 75kg	Sex:- FEMALE
Blood Pressure:- 106/77mmhg	Pulse:-94/min

Body Mass Index(BMI)

34.7

Physical Fitness certificate

This is to certify that DEBASHREE RATH, aged 33yrs, reports is Normal and I have found her FIT.

Dr.M.V.HOTA
M.B.B.S.
Signature REGD No.6993

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Regd. No. : 1834

Patient Name : MRS. DEBASHREE RATH

Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 4.75 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 89.62 mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Lipid Profile

Cholesterol-Total Method : Spectrophotometry	164.57	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	87.06	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	41.14	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	106.02	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.41	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.58	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient Name : MRS. DEBASHREE RATH

Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



18022

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.54	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.09	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.45	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	22.57	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	28.10	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	5.53	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	94.01	42-141	U/L
Total Protein Method : Serum, Bituret, reagent blank end point	6.88	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.21	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.67	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.58	1.2 - 2.2	

END OF REPORT

Lab Technician

K. Sahoo

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



18022

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	12.0	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	5.49	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	40.3	36 - 46	%
Mean Cell Volume (MCV)	73.41	83 - 101	fL
Mean Cell Haemoglobin (MCH)	21.86	27 - 32	pg
Mean Corpuscular Hb Conc. (MCHC)	29.78	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	14.9	11.6 - 14.0	%
Total Leucocytes (WBC) Count	11400	4000-10000	cell/cu.mm
Neutrophils	82	40 - 80	%
Lymphocytes	15	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	0	1-2	%
Platelet Count	377	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	10.4	7.2 - 11.7	fL
PCT	0.39	0.2 - 0.5	%
PDW	17.1	9.0 - 17.0	%

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	11.54	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.84	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	4.68	3.4 - 7.0	mg/dL

END OF REPORT

Lab technician

Kundan
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Glucose, Fasting (FBS)

Glucose fasting Method : Fluoride Plasma-F, Hexokinase	84.55	75 - 115	mg/dL
---	-------	----------	-------

Glucose, Post Prandial (PP)

Blood Glucose-Post Prandial Method : Hexokinase	91.14	70 - 140	mg/dL
--	-------	----------	-------

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing) Method : Manual-Hemagglutination	"A"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	18	0 - 20	mm/hr
--	----	--------	-------

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician

M. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient Name : MRS. DEBASHREE RATH

Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



18022

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	
Pus cells (WBCs)	2 - 3 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	/hpf
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

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Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ID: 11
CASE: AGE 33 Y M D
C1

DEBASHREE RATH
FEMALE

24/03/2023 09:29:27

ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

K9

RATE	93 bpm	STATUS	RHYTHM
R-R	645 ms		
P-R	122 ms		
QRS	76 ms		
QT	362 ms		
QTc	420 ms		

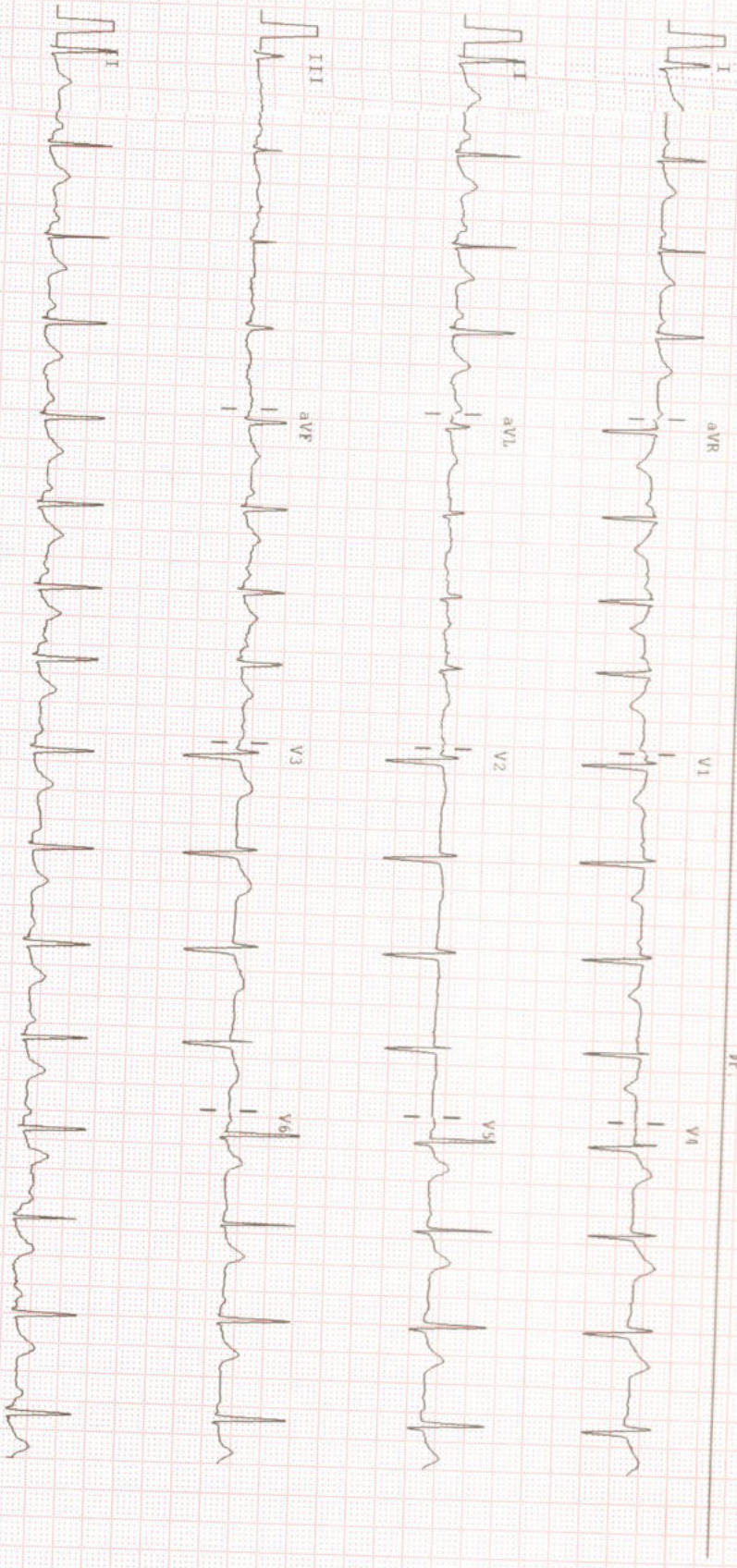
P	56°		
QRS	51°		
T	44°		

NORMAL ECG

12 SL: REPORT FORMAT: 3X411L.S0

RRR

3r



25mm/sec 10mm/mV Notch: ON BLC: ON 0.05-35Hz ALLEGERS PISCES 10121VER-1 91 CLINICALLY CORRELATE THE FINDINGS



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Age / Gender : 33 years / Female

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Referral : MEDI WHEEL

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	2.08	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	10.64	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.55	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness in elderly the drop in T3 level can be upto 25%.

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Patient Name : MRS. DEBASHREE RATH

Age / Gender : 33 years / Female

Patient ID : 15672

Referral : MEDI WHEEL

Collection Time : 24/03/2023, 11:13 AM

Reporting Time : 24/03/2023, 01:23 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health

513 / DEBASHREE RATH / 33 Yrs / F / 147 Cms / 75 Kg Date: 24-Mar-2023 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:20	0:20	00.0	00.0	01.0	084	45%	114/74	095	00	
Standing	00:35	0:15	00.0	00.0	01.0	084	45%	114/74	095	00	
HV	00:50	0:15	00.0	00.0	01.0	087	47%	114/74	099	00	
ExStart	01:07	0:17	00.0	00.0	01.0	088	47%	114/74	100	00	
BRUCE Stage 1	04:07	3:00	01.7	10.0	04.7	122	65%	118/76	141	00	
BRUCE Stage 2	07:07	3:00	02.5	12.0	07.1	139	74%	118/76	164	00	
PeakEx	09:47	2:40	03.4	14.0	09.9	158	84%	120/78	189	00	
Recovery	10:17	0:30	01.1	00.0	04.2	149	80%	120/78	178	00	
Recovery	10:47	1:00	01.1	00.0	01.2	140	75%	119/78	166	00	
Recovery	12:47	3:00	00.0	00.0	01.0	112	60%	117/76	131	00	
Recovery	14:54	5:07	00.0	00.0	01.0	107	57%	115/75	123	00	

FINDINGS :

Exercise Time : 08:40
 Max HR Attained : 158 bpm 84% of Target 187
 Max BP Attained : 120/78
 Max Workload Attained : 9.9 Good response to induced stress
 Test End Reasons : Test Complete

Dr. M. MOHANTA
M.D./B.S.
 REGD No. 6993