

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <i>ADWIN PT</i>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<i>35, 01-05-1988</i> Gender: <i>M</i>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <i>167</i> (cms)	b. Weight <i>75</i> (Kgs)	c. Girth of Abdomen <i>87</i> (cms)
d. Pulse Rate <i>72</i> (/Min)	e. Blood Pressure:	Systolic <i>120</i> Diastolic <i>90</i>
	1 st Reading	
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<i>72</i>	<i>Good health</i>	
Mother	<i>62</i>		
Brother(s)	<i>—</i>		
Sister(s)	<i>39</i>		

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<i>NIL</i>	<i>—</i>	<i>NIL</i>

PERSONAL HISTORY

- | | |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N | e. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N |
| b. Have you undergone/been advised any surgical procedure? Y/N | d. Have you lost or gained weight in past 12 months? Y/N |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |

- Any disorders of Urinary System? **Y/N**
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin **Y/N**

FOR FEMALE CANDIDATES ONLY **NA**

- a. Is there any history of diseases of breast/genital organs? **Y/N**
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) **Y/N**
- c. Do you suspect any disease of Uterus, Cervix or Ovaries? **Y/N**
- d. Do you have any history of miscarriage/abortion or MTP **Y/N**
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc **Y/N**
- f. Are you now pregnant? If yes, how many months? **Y/N**

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- > Was the examinee co-operative? **Y/N**
- > Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? **Y/N**
- > Are there any points on which you suggest further information be obtained? **Y/N**
- > Based on your clinical impression, please provide your suggestions and recommendations below:

NS

- > Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : 

Seal of Medical Examiner : **Dr. GEORGE THOMAS**
MD, FCST, FIAE
MEDICAL EXAMINER
Reg: 86614

Name & Seal of DDRC SRL Branch :

Date & Time : **13/11/2023**



DDRC agilus Pathlabs Limited.

PATIENT NAME : ASWIN.P.T

REF. DOCTOR : DR. MEDIWHEEL

CODE/NAME & ADDRESS : CA00010147 -

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : **4126WK003727**

PATIENT ID : ASWIM0105884126

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 35 Years Male

DRAWN :

RECEIVED : 11/11/2023 09:49:59

REPORTED : 11/11/2023 16:53:51

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**OPHTHAL**

OPHTHAL

completed



DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY



DR.NILA THERESA DAVIS,MBBS
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(Reg No - TCMC:47450)
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DR.TEJAS PRASAD
VIDWANS ,MBBS MD(PATH)(Reg
No -MMC 2017/08/3919)
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Patient Ref. No. 666000006694424

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ECG WITH REPORT

REPORT

TEST COMPLETED

USG ABDOMEN AND PELVIS

REPORT

TEST COMPLETED

CHEST X-RAY WITH REPORT

REPORT

TEST COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.4	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal
More stringent goal : < 6.5 %.
General goal : < 7%.
Less stringent goal : < 8%.

Glycemic targets in CKD :-
If eGFR > 60 : < 7%.
If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	108.3	< 116.0	mg/dL
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MC-5897

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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	15.9	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.43	4.50 - 5.50	mil/ μ L
WHITE BLOOD CELL COUNT	8.78	4.0 - 10.0	thou/ μ L
PLATELET COUNT	235	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	46.0	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	84.7	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	29.3	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.6 High	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.6	11.60 - 14.0	%
MENTZER INDEX	15.6		
MEAN PLATELET VOLUME	9.0	6.80 - 10.90	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	53	40.0 - 80.0	%
LYMPHOCYTES	37	20.0 - 40.0	%
MONOCYTES	5	2.0 - 10.0	%
EOSINOPHILS	5	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	4.65	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	3.28 High	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.41	0.20 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.44	0.02 - 0.50	thou/ μ L
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.4		

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ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD

SEDIMENTATION RATE (ESR)	06	0 - 14	mm at 1 hr
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METHOD : WESTERGREIN METHOD

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE O
RH TYPE	POSITIVE

BIO CHEMISTRY**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****BUN/CREAT RATIO**

BUN/CREAT RATIO	7.7
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CREATININE, SERUM

CREATININE	0.84	18 - 60 yrs : 0.9 - 1.3	mg/dL
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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	133	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	93	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.66	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.31	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.35	General Range : <0.85	mg/dL
TOTAL PROTEIN	7.9	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	5.0	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.9	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.7	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	45	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	78	Adults : < 45	U/L
ALKALINE PHOSPHATASE	43	Adult(<60yrs) : 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	73 High	Adult (Male) : < 60	U/L



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TOTAL PROTEIN, SERUM

TOTAL PROTEIN	7.9	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	5.8	Adults : 3.4-7	mg/dL
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BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	7	Adult(<60 yrs) : 6 to 20	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	170	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	211 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	41	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	103	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	129	Desirable : < 130	mg/dL

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VERY LOW DENSITY LIPOPROTEIN	42.2 High	Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220 </= 30.0	mg/dL
CHOL/HDL RATIO	4.2	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
LDL/HDL RATIO	2.5	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

THYROID PANEL, SERUM

T3	114.00	Adult : 80-200	ng/dL
T4	8.97	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	2.220	21-50 yrs : 0.4 - 4.2	µIU/mL

CLINICAL PATH - URINALYSIS


MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT


PHYSICAL EXAMINATION, URINE


COLOR	PALE YELLOW
APPEARANCE	CLEAR

CHEMICAL EXAMINATION, URINE

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PH	7.0	4.8 - 7.4	
SPECIFIC GRAVITY	1.005 Low	1.015 - 1.030	
PROTEIN	DETECTED (TRACE)	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	3 - 5	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	

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ഭാരത സർക്കാർ
GOVERNMENT OF INDIA




അയിരൂ എസ് എ
Aswin P T
 പിതാവ്: എസ്.കെ.തങ്കപ്പൻ
Father: P K Thankappan
 ജനന തീയതി/Year of Birth: 1989
 ലിംഗം: Male



9649 2750 6689

ആധാർ - സാധാരണക്കാരന്റെ അവകാശം

Aswin


UNIQUE IDENTIFICATION AUTHORITY OF INDIA

Address: PADATHIL,
 VENCALLOOR,
 Thodupuzha, Thodupuzha
 IDUKKI, Kerala, 685554

1800 121 1447 rai@uidai.gov.in www.uidai.gov.in P.O. Box No. 1947, Bangalore-560 027



Motion test not required.

Asim P.T
[Signature]



DDRC *agilus* >>>

diagnostics

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@DDRCAGILUS

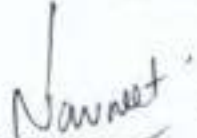
20 Home Visit 1000	2 Home Visit 1000	1000 Home Visit 1000	1000 Home Visit 1000	1000 Home Visit 1000
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NAME	MR ASWIN P T	AGE	35 YRS
SEX	MALE	DATE	November 11, 2023
REFERRAL	MEDIWHEEL	ACC NO	4126WK003727

USG ABDOMEN AND PELVIS

LIVER	Measures ~ 13.5 cm. Bright echotexture. Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber.
GB	Partially contracted.
SPLEEN	Measures ~ 9.9 cm, normal to visualized extent. Splenic vein normal.
PANCREAS	Normal to visualized extent. PD is not dilated.
KIDNEYS	RK: 10.2 x 4.5 cm, appears normal in size and echotexture. LK: 10.2 x 4.6 cm, appears normal in size and echotexture. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
BLADDER	Normal wall caliber, no internal echoes/calculus within.
PROSTATE	Normal in volume and echopattern
NODES/FLUID	Nil to visualized extent.
BOWEL	Visualized bowel loops appear normal.
IMPRESSION	↓ <i>Grade 1 fatty liver.</i>

Kindly correlate clinically.


 Dr. NAVNEET KAUR MBBS . MD
 Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.





Name : Aswin PT

35M

Date: 11/11/2023

Ref : Mediwheel

Accession No: 4126WK003727

ECHOCARDIOGRAPHY REPORT

Cardiac ultrasound examination was done using GE Voluson S8 machine with 3Sc transducer. Imaging and Doppler studies including Colour Flow Mapping (CFM) were performed (images and measurements attached) Relevant observations are noted as follows:

- Normal LV size and contractility (EF: 76%)
- No regional wall motion abnormalities
- Normal valves
- No abnormal flow patterns on CFM
- No intracardiac clots
- No pericardial effusion



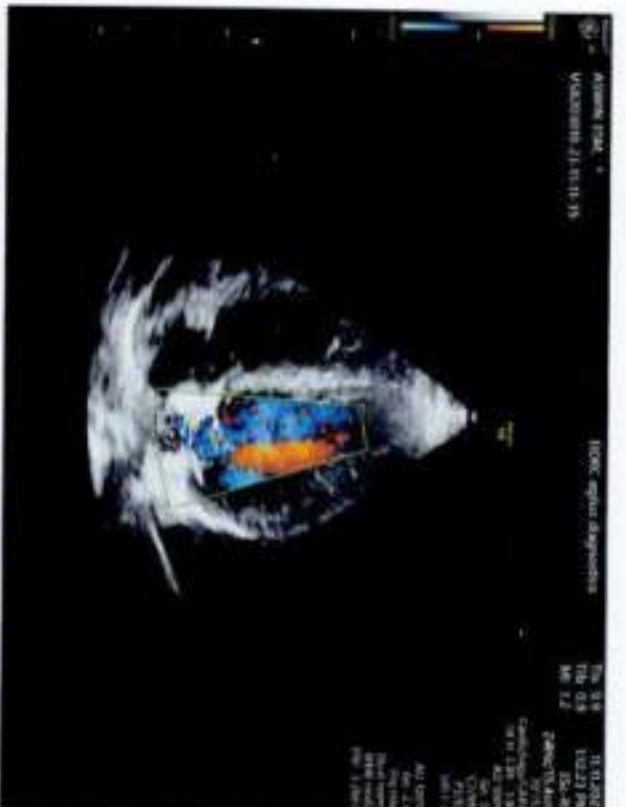
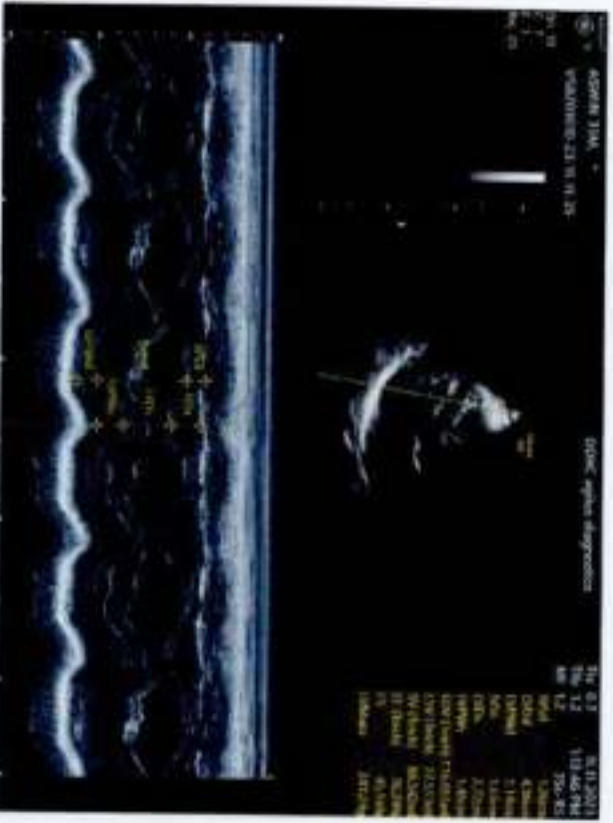
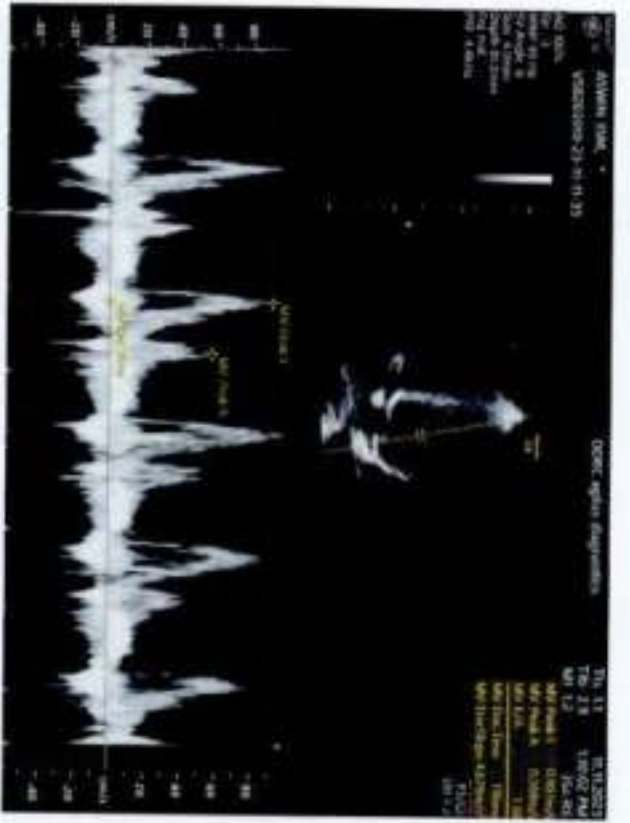
Dr. George Thomas
Cardiologist

Fellow, Indian Academy of Echocardiography

Ultrasound reports are not 100% specific and can vary significantly depending on the clinical conditions. The report has to be correlated clinically and is not for medico-legal purposes.

Thanks for the referral. Your feedback is appreciated.





ASWIN 35M
 VESSELNO: 23.11.11.35

DOPPLER ECHODOGRAM

Time of Day: 11:06:28
 Date: 11.11.2023

Parameter	Value	Unit	Min	Max	Step
Depth	10.0	m	0.0	15.0	0.5
Beam	1.0	deg	0.0	2.0	0.2
Range	100	m	0	100	10
Gain	10	dB	0	20	1
Filter	10	Hz	0	20	1
Mode	SW	Hz	0	20	1
Speed	0.0	m/s	0.0	2.0	0.1
Heading	0.0	deg	0.0	360.0	1.0
Altitude	0.0	m	0.0	10.0	0.1
Latitude	0.0	deg	0.0	90.0	0.1
Longitude	0.0	deg	0.0	360.0	0.1
Temperature	0.0	deg	0.0	30.0	0.1
Pressure	0.0	m	0.0	10.0	0.1
Salinity	0.0	psu	0.0	35.0	0.1
Current	0.0	m/s	0.0	2.0	0.1
Wind	0.0	m/s	0.0	20.0	0.1
Wave	0.0	m	0.0	2.0	0.1

R
ID: 003727
ASWIN P T
Male 35 Years

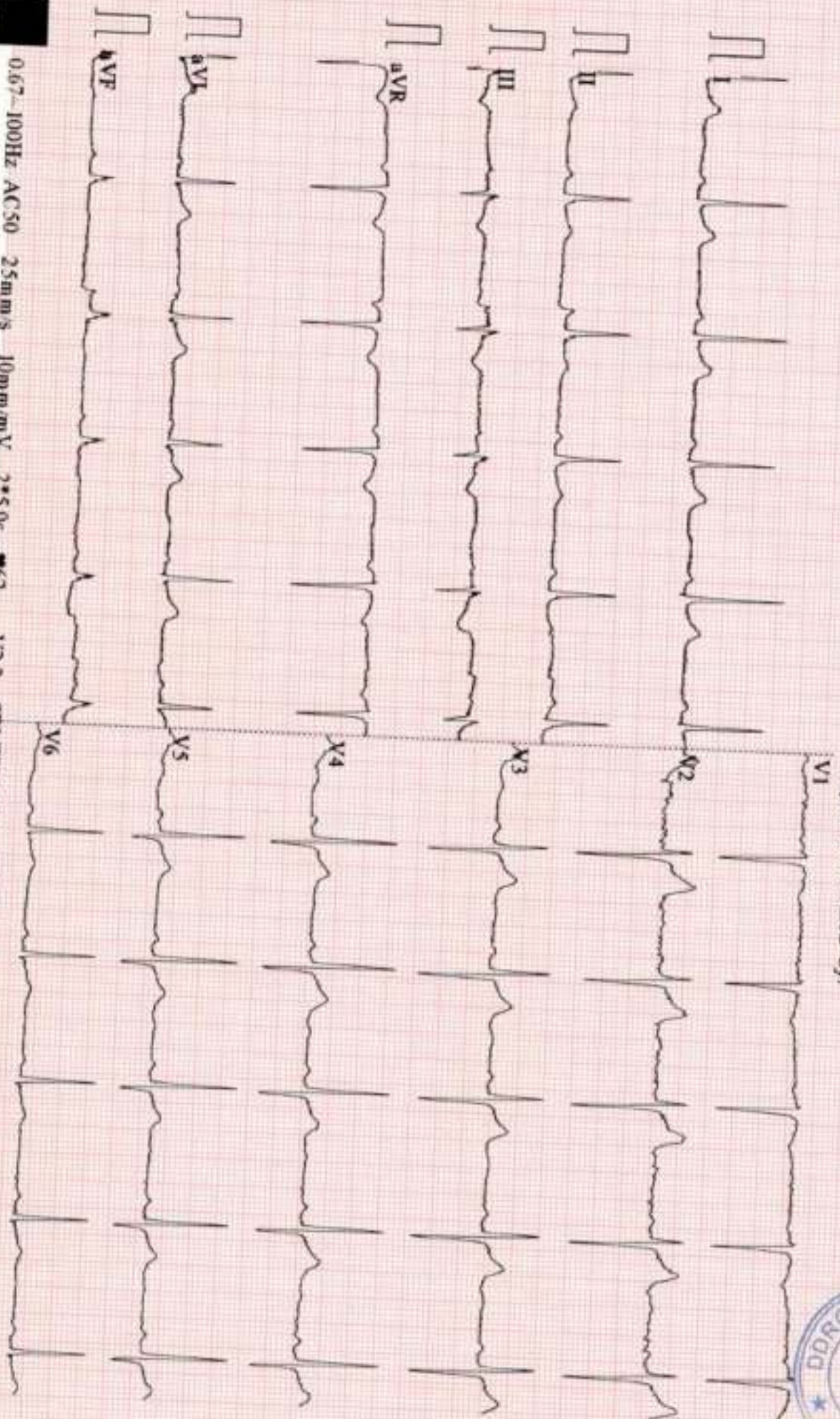
11-11-2023 11:03:00 AM
HR : 62 bpm
P : 97 ms
PR : 165 ms
QRS : 93 ms
QT/QTc : 397/403 ms
P/QRST : 16/18-5 °
RV5/SV1 : 1.594/1.433 mV

Diagnosis Information:

T Inversion in TII

Technician : ARDRA
Ref-Phys. : MEDIWHEEL
Report Confirmed by:

Dr. George Thomas
DR. GEORGE THOMAS
MD. FCSI. FIAE
CARDIOLOGIST
Reg. 86614




0.67-100Hz AC50 25mm/s 10mm/mV 2*5.0s 62 V2.2 SEMIP V1.81 DDRC agilus DIAGNOSTICS P NAGAR

REPORT NO:

NAME: MR ASWIN P T	STUDY DATE: 11.11.2023
AGE / SEX : 35 YRS / M	REPORTING DATE: 11.11.2023
REF. DR : MEDIWHEEL ARCOFEMI	ACC NO: 4126WK003727

X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

IMPRESSION: NORMAL STUDY.**Kindly correlate clinically****Dr. NAVNEET KAUR, MBBS,MD**
Consultant Radiologist.

Date: 11/11/23

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Ashwin P.T Aged 35 and his / her

visual standards is as follows :

Visual Acuity:

R: 6/6

For far vision

L: 6/6

R: Ng

For near vision

L: Ng

Color Vision : Partial colour deficiency
Identical red, green, yellow, blue colours.

CIYA MARY P ROCKY

(Optometrist)

