

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KDB0307 *KDB0307*
Reg. Date : 14-Apr-2023 9:19 am
Report Date : 14-Apr-2023 4:46 pm
Print Date : 15-Apr-2023 4:04 pm

BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	89	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	81.5	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	0.99	mg/dl	0.5 - 1.5 mg/dl
HBA1C	5.5	%	4 - 5.7 %
Serum Uric Acid	6.60	mg%	Male : 3.4 - 7.0 mg%
URINE SUGAR (Post prandial)	Absent		
Age of the Patient	41		
ESTIMATED AVERAGE GLUCOSE	111.15		
eGFR	88.54	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KDB0307 *KDB0307*
Reg. Date : 14-Apr-2023 9:19 am
Report Date : 14-Apr-2023 1:46 pm
Print Date : 15-Apr-2023 4:04 pm

COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.2	gm %	Male : 13 - 17.0 gm%
Erythrocytes (Total RBCs)	4.71	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	42.9	%	Male : 37 - 51 %
MCV	91.10	fl	80- 96 fl
MCH	30.10	pg	27 - 32 pg
MCHC	33.00	gm%	32 - 37 gm%
RDW	13.4	%	12 - 14.5
TOTAL WBC COUNT			
TOTAL WBC COUNT	6800	/ cumm	4,000 - 11,000
DIFFERENTIAL COUNT			
Neutrophils	45	%	40 - 75
Lymphocytes	45	%	20 - 40
Eosinophils	06	%	0 - 6
Monocytes	04	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	283000	Lacs/cmm	150000-450000
PERIPHERAL SMEAR			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
"Home Visit Facility Call On 76667 66307"

• COMPU. PATHOLOGY • ALLERGY TESTING
• DIGITAL WHOLE BODY X-RAYS
• DIGITAL 3D SONOGRAPHY
• DIGITAL WHOLE BODY COLOUR DOPPLER
• DIGITAL 2-D ECHO WITH COLOUR DOPPLER
• E.C.G. • LUNG FUNCTION TEST
• MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

• COMPUTERISED STRESS TEST
• DENTAL
• ADVANCED DENTISTRY
• PHYSIOTHERAPY
• AUDIOMETRY & SPEECH THERAPY
• FULL BODY HEALTH CHECK-UPS
• CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE

Lab No. : KDB0307 *KDB0307*

Referred By Dr : MEDIWHEEL

Reg. Date : 14-Apr-2023 9:19 am

Sex : MALE Age : 41 Years

Report Date : 14-Apr-2023 7:33 pm

Collected At : MAHAVIR NAGAR MAIN BRANCH

Print Date : 15-Apr-2023 4:04 pm

IMMUNOLOGY

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine] Method	93.12 ELFA	ng/dl	55 - 180 ng/dl
T4 [Thyroxine] Method	5.6 ELFA	ug/dl	4.66 - 10.50 ug/dl
TSH [Thyroid Stimulating Hormone] Method	12.85 ELFA	uIU/mL	0.25 - 5.0 uIU/mL

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

Printed By : NAGLE

Checked By

JAY

DR. BHAVINI KAMDAR

MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
KANDIVALI CENTRE MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
KANDIVALI CENTRE SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
DAHISAR CENTRE NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
GORAI CENTRE VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
GOREGAON CENTRE M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KDB0307 *KDB0307*
Reg. Date : 14-Apr-2023 9:19 am
Report Date : 14-Apr-2023 1:54 pm
Print Date : 15-Apr-2023 4:04 pm

LEVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.61	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.40	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	14.40	U / L	Up to 49 U / L
S.G.O.T.	18.70	U / L	Up to 46 U / L
Alkaline Phosphatase	60	U/I	1 - 12 Years: 54 - 369 U/I 20 - 59 Years: 53 - 128 U/I > 60 Years: 56 - 119 U/I
Total Proteins	7.51	gm / dl	6 - 8 gm / dl
Albumin	4.05	gm / dl	3.2 - 5.5 gm / dl
Globulin	3.46	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.17		1.0- 2.3
GGT	30	IU/L	5 - 50 IU/L

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age :** 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KDB0307 *KDB0307*
Reg. Date : 14-Apr-2023 9:19 am
Report Date : 14-Apr-2023 1:53 pm
Print Date : 15-Apr-2023 4:04 pm

LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	205	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	155	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	50	mg / dl	40 - 60 mg / dl
VLDL	31.00	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	124.00	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.10		< 5
LDL / HDL	2.48		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

*Result rechecked.

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
 "Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE

Lab No. : KDB0307 *KDB0307*

Referred By Dr : MEDIWHEEL

Reg. Date : 14-Apr-2023 9:19 am

Sex : MALE Age : 41 Years

Report Date : 14-Apr-2023 5:33 pm

Collected At : MAHAVIR NAGAR MAIN BRANCH

Print Date : 15-Apr-2023 4:04 pm

SEROLOGY

TEST	RESULT
Blood Group	'AB'
Rh Factor	Positive

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
 "Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR NITESH KHOBRADE
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 41 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KDB0307 *KDB0307*
Reg. Date : 14-Apr-2023 9:19 am
Report Date : 14-Apr-2023 1:38 pm
Print Date : 15-Apr-2023 4:04 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
PHYSICAL EXAMINATION	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
CHEMICAL EXAMINATION	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : NAGLE

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



OPHTHALMIC REPORT

NAME Nitesh Khobragade.	DATE 14/4/23
R- NO	AGE 41
REF. BY DR. MEDIWHEEL	SEX Male

RIGHT EYE **LEFT EYE**

V.A. WITHOUT GLASSES: 6/24 6/9

V.A. WITH GLASSES: 6/6 6/6

SLIT LAMP EXAMINATION: _____

IOP – SCHIOTZ TONOMETER: _____

FUNDUS: _____

COLOUR VISION: (ISHIHARA CHART) Normal Normal

OCULAR MOVEMENTS: _____

RETINOSCOPY: _____

Prescription:

	SPH	CYL	AXIS		SPH	CYL	AXIS
DISTANCE	5.25	0.50	1105		0.50		
NEAR							

CLINICAL IMPRESSION:
ADVICE:

Heeta
Healthcare
Mahavir Suryadarshan Soc.
Surya Nagar Road, Mahavir Nagar,
Kandivali (W), Mumbai - 400 067
Tel No. 2859 7808

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 38301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6695 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR NITESH KHOBRADE	DATE	13.04.2023
		AGE	41YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS

Copyright © The Medison-Hit Companies, Inc. Permission required for reproduction or display.

LIVER : Liver is normal in size showing normal paranchymal echotexture
There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

- (a) Right kidney measures: 9.8 x 4.2 cms
- (b) Left kidney measures: 10.5 x 4.1 cms.

SPLEEN : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesions are seen.

AORTA : The upper aorta and para aortic regions appear normal.

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



NAME	MR NITESH KHOBRAGADE	DATE	13.04.2023
	<small>Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction.</small>	AGE	41YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

URINARY BLADDER : Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

PROSTATE : Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.

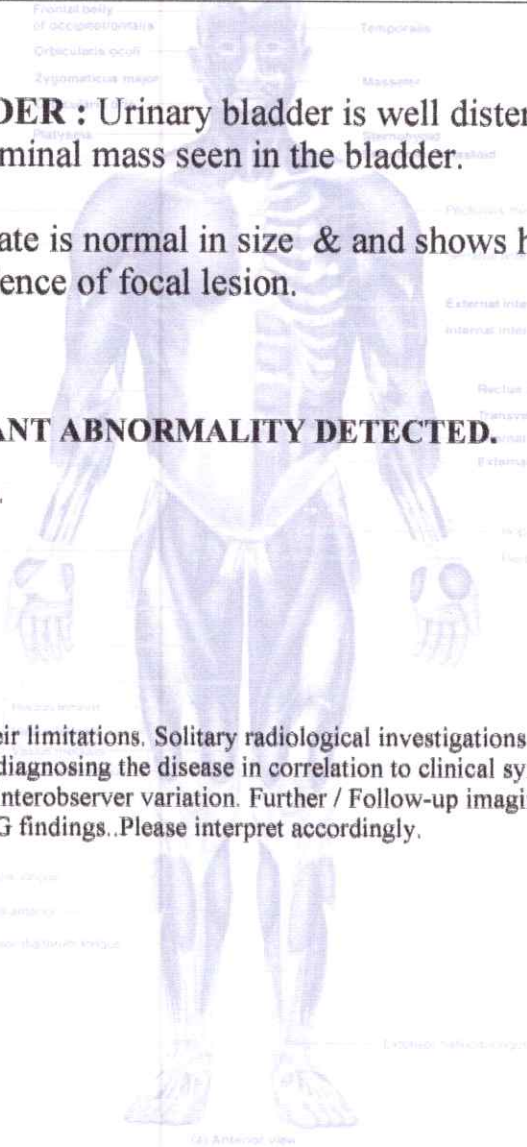
IMPRESSION :

➤ **NO SIGNIFICANT ABNORMALITY DETECTED.**

Suggest : Clinical correlation.

DR. SACHIN JADKAR
CONS.RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.



- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHERE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR NITESH KHOBRADE	DATE	14.04.2023
		AGE	41YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display.

X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.

Correlate clinically .

DR SACHIN JADKAR
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS

ELECTROCARDIOGRAM (ECG)

MR NITESH KHOBRA GADGE
EKDB0307 14-Apr-2023
ECG

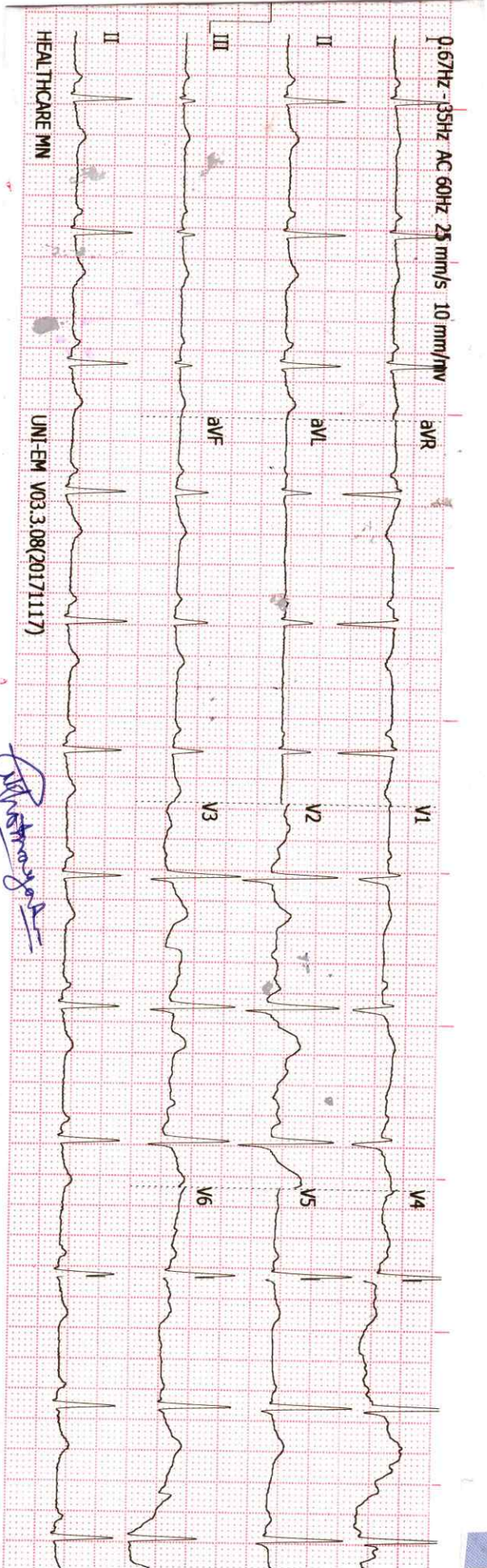
PATIENT MR. NITESH KHOBRA GADGE AGE. 41 SEX M
REF. BY DR. HEDWHEEL DATE 14/4/23.

INTERPRETATION : mm

Dr. Dr. NUPUR RAI
MBBS, DIPLOMA IN MEDICAL OGY (PGDCC)
Reg. No.: 2018115643

Healthcare
Mahavir Suryadarshan Soc,
Satya Nagar Road, Mahavir Nagar
Kandivalli (W), Mumbai - 400 077
Tel. No. 2869 7808

13



3

History :

B.P. :

Drugs :

Standard :

Auricular Rate : 75 bpm

Ventricular Rate : 75 bpm

Rhythm : P

Mechanism : 1

Voltage :

Axis :

P Waves :

PR Interval :

Q. Waves : (R)

QRS Interval :

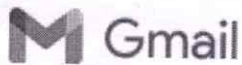
ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : 12mm



Healthcare Diagnostics <healthcare.medicals@gmail.com>

Health Check up Booking Confirmed Request(bobE37819),Package Code-PKG10000240, Beneficiary Code-53039

1 message

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Wed, Apr 12, 2023 at 1:36 PM



Mediwheel
...Your wellness partner

**011-41195959**

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre and Diagnostic**,

Diagnostic/Hospital Location :**76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali West, Mumbai 400 067 ,City:Mumbai**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000240

Beneficiary Name : MR. NITESH GHANSHYAM KHOBRADE

Member Age : 39

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40

Location : MUMBAI,Maharashtra-400051

Contact Details : 9970515482

Booking Date : 10-04-2023

Appointment Date : 14-04-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

**Health Check up Booking Confirmed Request(bobE37819),Package Code-PKG10000240,
Beneficiary Code-53039**

Mediwheel <wellness@mediwheel.in>

Wed 4/12/2023 1:36 PM

To: Nitesh Khobragade <Nitesh.Khobragade@bankofbaroda.com>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

****सावधान:** यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी
लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.

****CAUTION:** THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO
NOT CLICK ON LINKS OR OPEN ATTACHMENTS UNLESS YOU KNOW THE SENDER.

011-41195959

Email:wellness@mediwheel.in

Dear **MR. NITESH GHANSHYAM KHOBRADE,**

Please find the confirmation for following request.

Booking Date : 10-04-2023
Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40
Name of Diagnostic/Hospital : Healthcare Medical Centre and Diagnostic
Address of Diagnostic/Hospital : 76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali West, Mumbai 400 067
Contact Details : 9022054458
City : Mumbai
State : Maharashtra
Pincode : 400067
Appointment Date : 14-04-2023
Confirmation Status : Confirmed
Preferred Time : 8:00am-12:00pm
Comment : APPOINTMENT TIME 8:30AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME:	MR NITESH KHOBRAGADE	DATE:	14/04/2023
HEIGHT:173 CMS	WEIGHT:84.9KGS	AGE:	41YRS
REFERRED BY:	MEDIWHEEL	SEX:	M
PRESENT COMPLAIN:NIL			
CURRENT MEDICATION:NIL			
PAST HISTORY: HOSPITALISED FOR COVID INFECTION IN 2021- H/O MUCORMYCOSIS- BLACK FUNGUS EXCISION OVER NOSE DONE IN MAY 2021			
H/O 3 DOSES OF COVID VACCINE TAKEN			
DIET-MIXED WATER INTAKE- APPROX 3-4 LIT/DAY			
F/H/O:FATHER K/C/O DM, HTN			
ALLERGY:NIL		HABITS:NIL	
BLADDER: NAD		BOWEL:NAD	
GENERAL EXAMINATION:		ADVICE-	
P: 90/min BP:130/90 mm of hg		<p><i>Avoid oily fatty fried food</i> <i>Butter & Ghee.</i> <i>Brisk walking for 45mins daily</i> <i>Repeat Lipid Profile after 1 month</i> <i>Medically fit.</i></p>	
BMI:28.4			
ICTERUS: NIL OEDEMA: NIL			
OTHERS: NAD			
RS: NAD			
CVS: NAD			
PA: NAD			
CNS: NAD			
INVESTIGATION:			

Dr. NUPUR RAI
 MBBS, DIPLOMA IN RADIOLOGY (PGDCC)
DR. V. J. MEHTA
 Reg. No. 10784
 [M.D.]

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD
MAHAVIR NAGAR KANDIVALI WEST 400068

MR NITESH KHOBRAGADE
ID : 801
DATE : 14/04/2023
AGE/SEX : 41 / M
HT/WT : 173 / 84
REF. BY : MEDIWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
HISTORY : Checkup/Physical fitness,
INDICATION : INSURANCE
MEDICATION : NO MEDICINE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					87	130 / 90	113	0.3	0.5	0.3	
STANDING					86	130 / 90	111	0.3	0.3	0.4	
HYPERVENT					86	130 / 90	111	0.3	0.4	0.4	
Stage 1	2:55	0:17	2.7	10	97	140 / 90	135	0.3	0.3	0.2	4.67
Stage 2	5:55	2:55	4	12	113	150 / 100	169	0.2	0.3	0.2	7.04
Stage 3	8:55	2:55	5.4	14	155	160 / 100	248	-2	0.9	-0.8	9.92
PK-EXERCISE	9:11	0:11	6.7	16	159	160 / 100	254	-2.5	1.2	-1.3	10.24
RECOVERY	10:2	0:41			133	160 / 100	212	0.9	0.6	1.1	
RECOVERY	11:17	1:56			102	150 / 100	153	0.3	0.7	0.2	
RECOVERY	12:16	2:55			94	140 / 90	131	0.2	0.6	0.1	
RECOVERY	13:13	3:52			90	130 / 90	117	0.3	0.4	0.2	

RESULTS

EXERCISE DURATION : 9:11
MAX HEART RATE : 159 bpm
MAX BLOOD PRESSURE : 160 / 100 mm Hg
REASON OF TERMINATION : Achieved THR,
BP RESPONSE : Normal,
ARRHYTHMIA : None,
H.R. RESPONSE : Normal Chronotropic Response,IMPRESSIONS :

GOOD EFFORT TOLERANCE,
NO ANGINA, NO ARRHYTHMIA,
NORMAL HR, BP RESPONSE,
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

Technician : 1


Healthcare
 Mahavir Suryadashan Soc.
 Satya Nagar, Kandivali West
 Mumbai - 400068
 Tel. No. 2869 7808


DR. NITYUR RAI
 MBBS, DPM, DCCO, PGDCC
 Reg. No. 11843

DR. YOGESH MEHTA (MD)

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAKAD
I.D. 801
Age 41/M
Date 14/04/2023

RATE 87bpm
B.P. 130/90

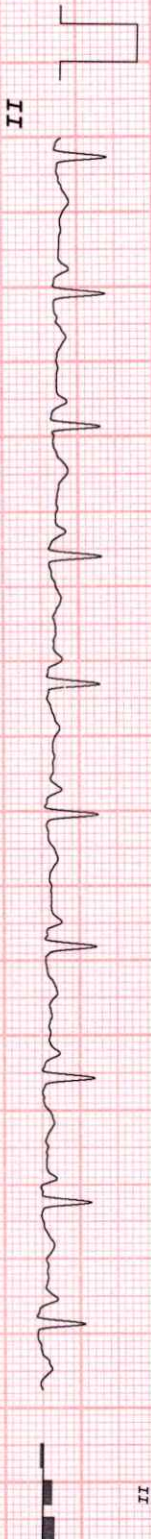
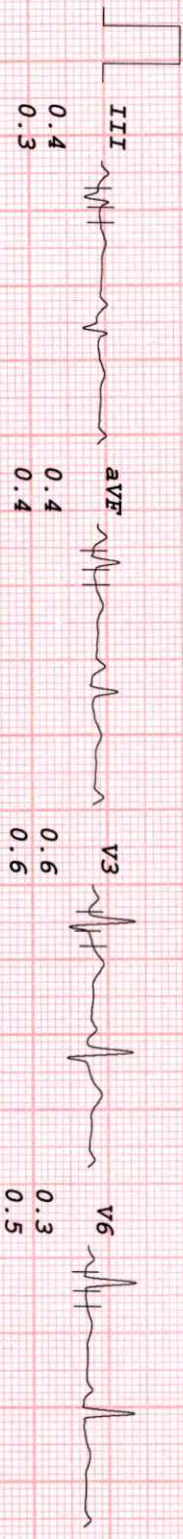
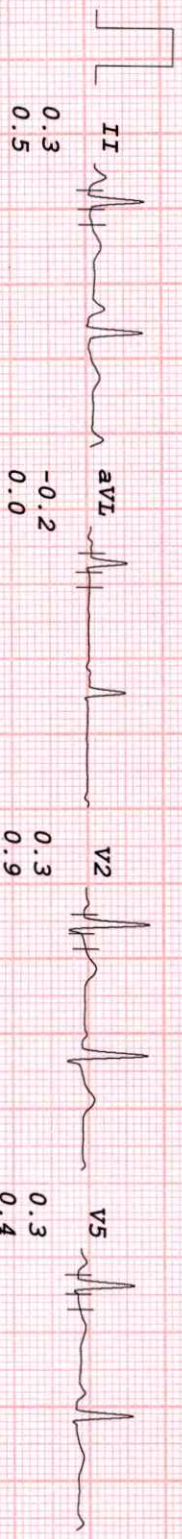
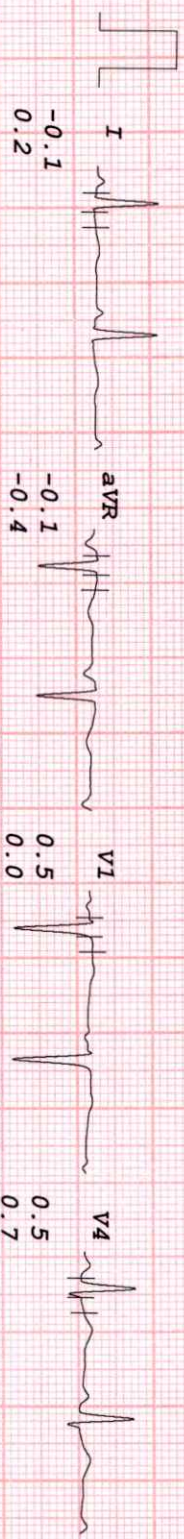
PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V6



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHORRAGADE
I.D. 801
Age 41/M
Date 14/04/2023

RATE 86bpm
B.P. 130/90

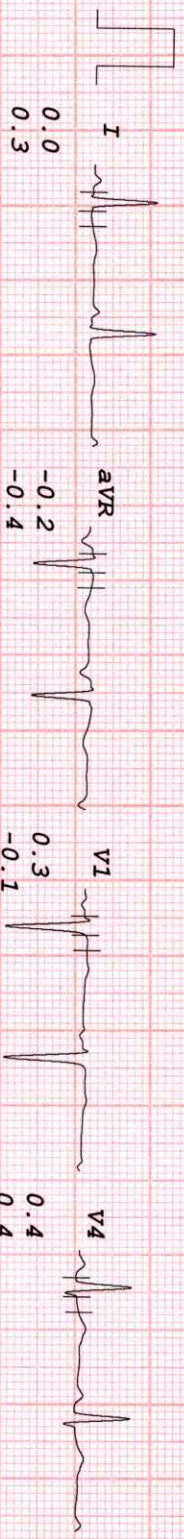
PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

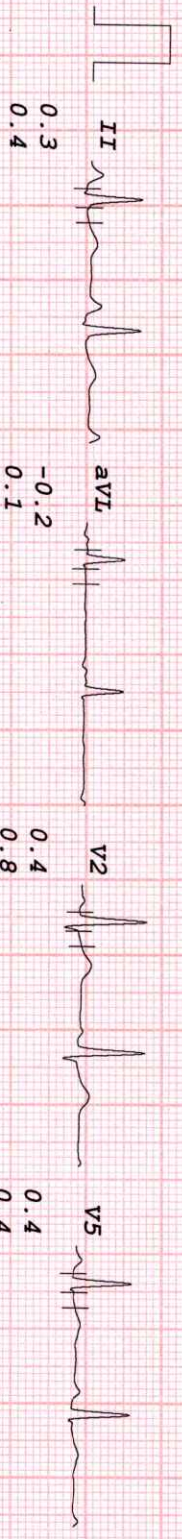
V6



0.0
0.3

0.3
-0.1

0.4
0.4

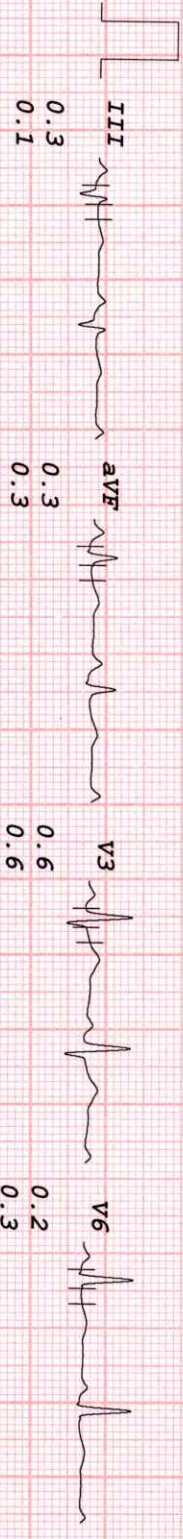


0.3
0.4

-0.2
0.1

0.4
0.8

0.4
0.4

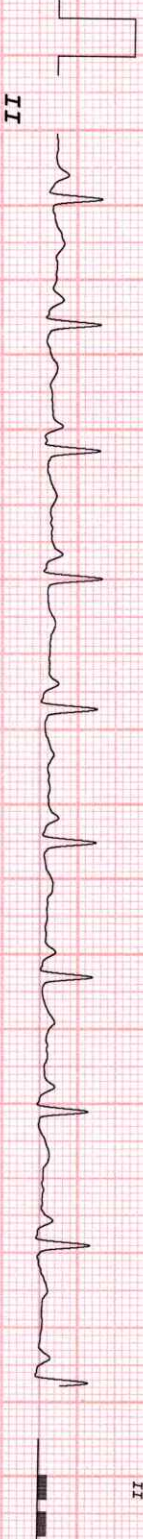


0.3
0.1

0.3
0.3

0.6
0.6

0.2
0.3



0.3
0.1

0.3
0.3

0.6
0.6

0.2
0.3

I III aVR aVF V1 V3 V5

II aVR aVF V2 V4 V6

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

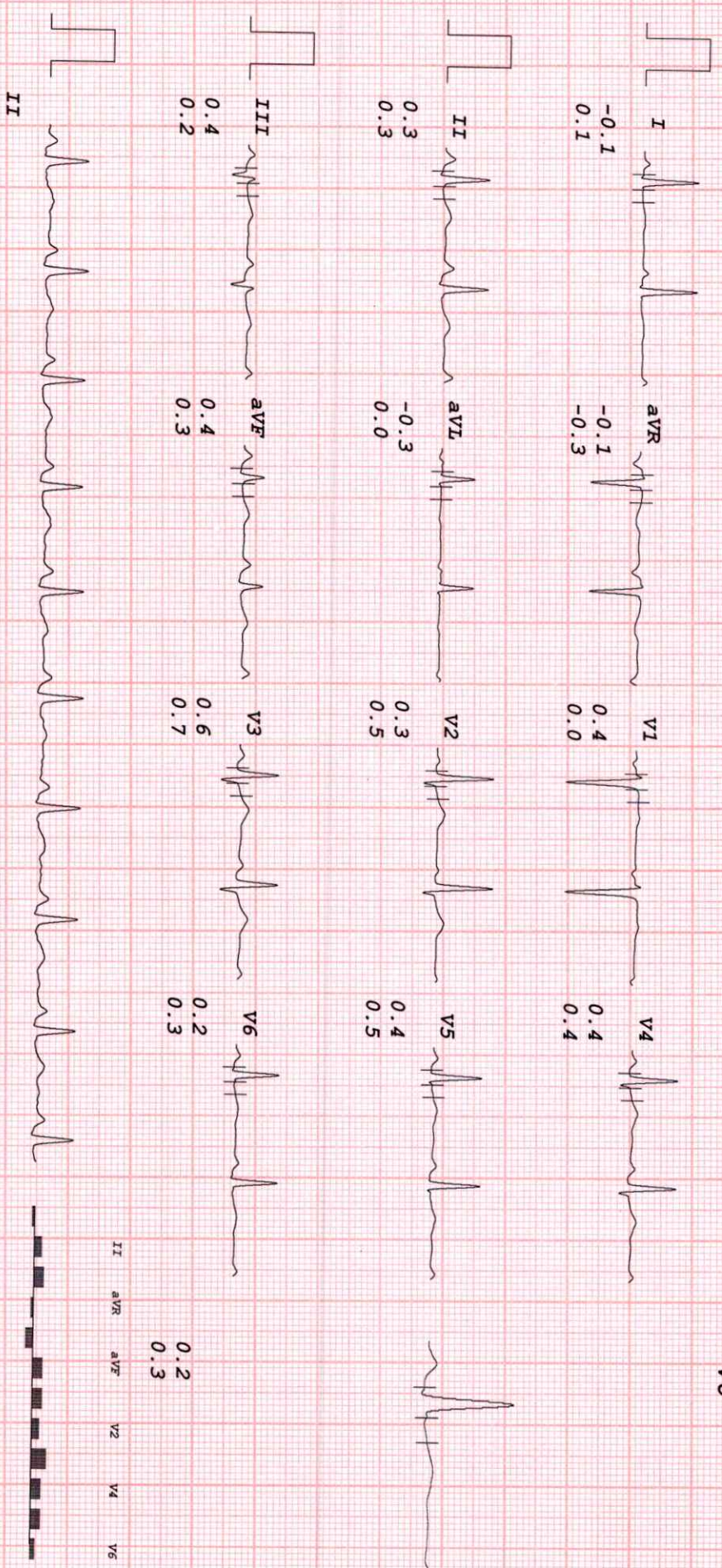
RATE 86bpm
 B.P. 130/90

PRETEST
 HYPERTENT
 PHASE TIME 0:17

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2



N. Khobragade

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHORRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

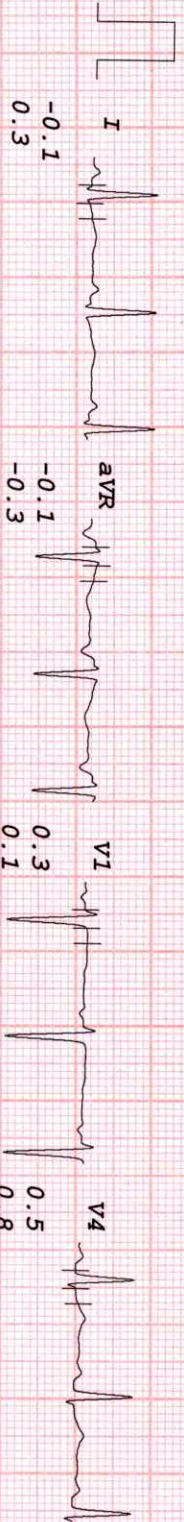
RATE 97bpm
 B.P. 140/90

Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

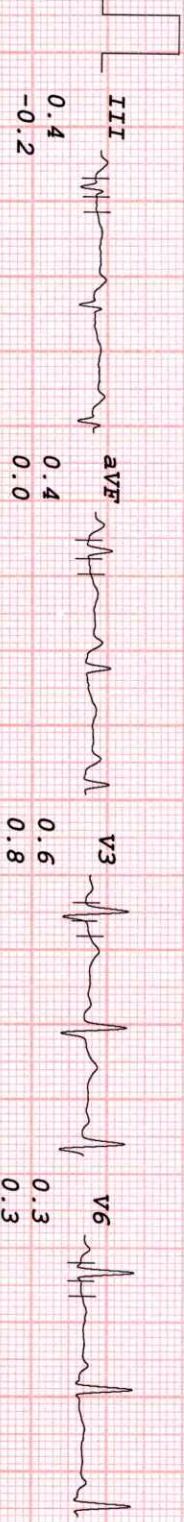
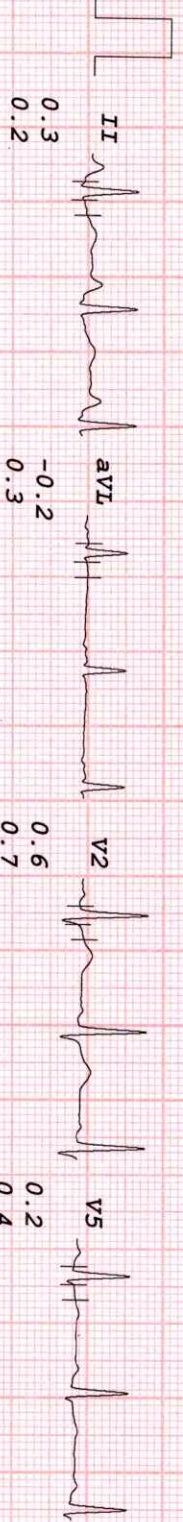
ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2



III



I III aVR aVF V2 V4 V6

[Handwritten Signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

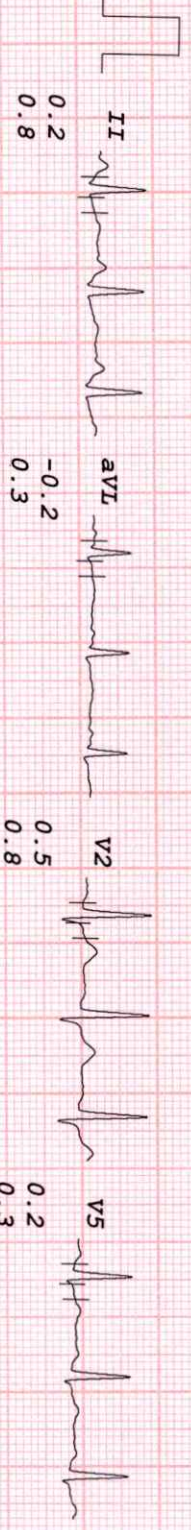
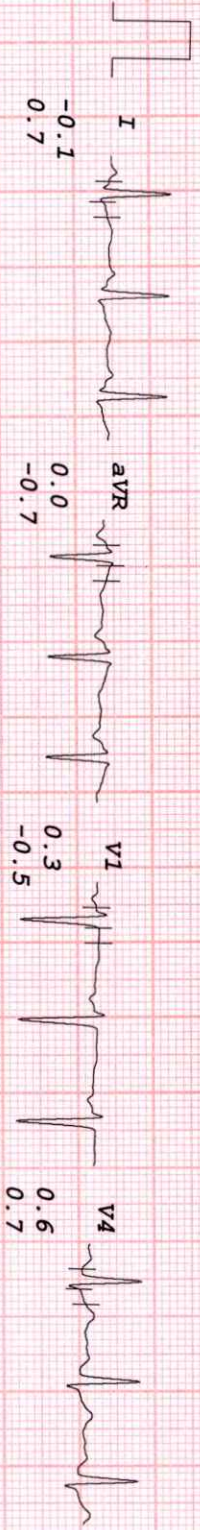
Rate 113bpm
 B.P. 150/100
 Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 8

LINKED MEDIAN

Mag. X 2

III



II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

N. Khobragade

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

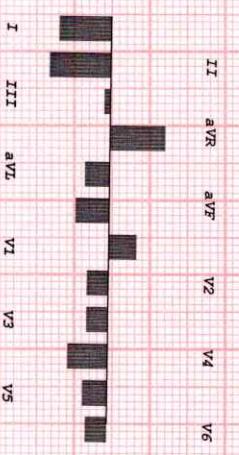
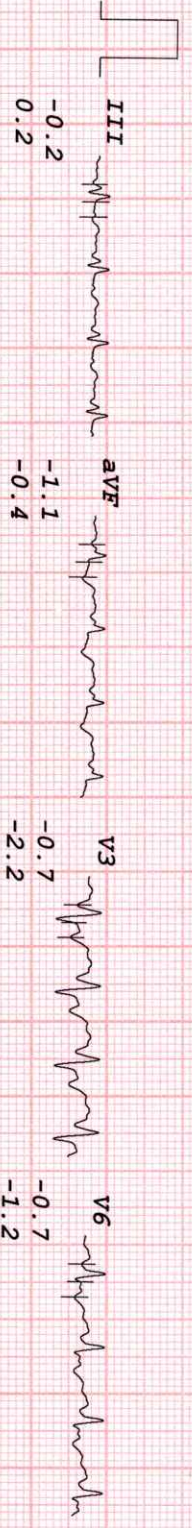
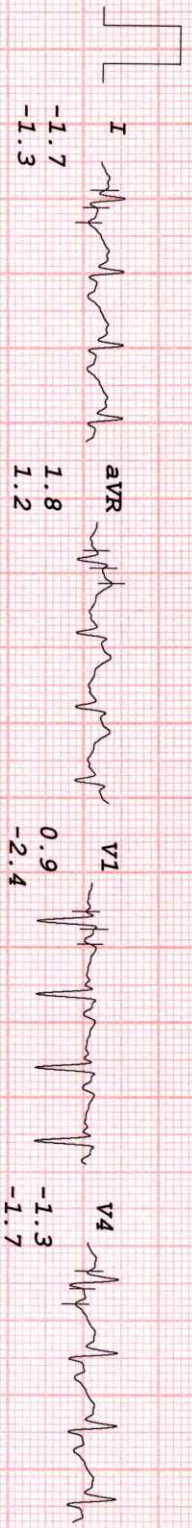
MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

BRUCE
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2



N. Khobragade

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

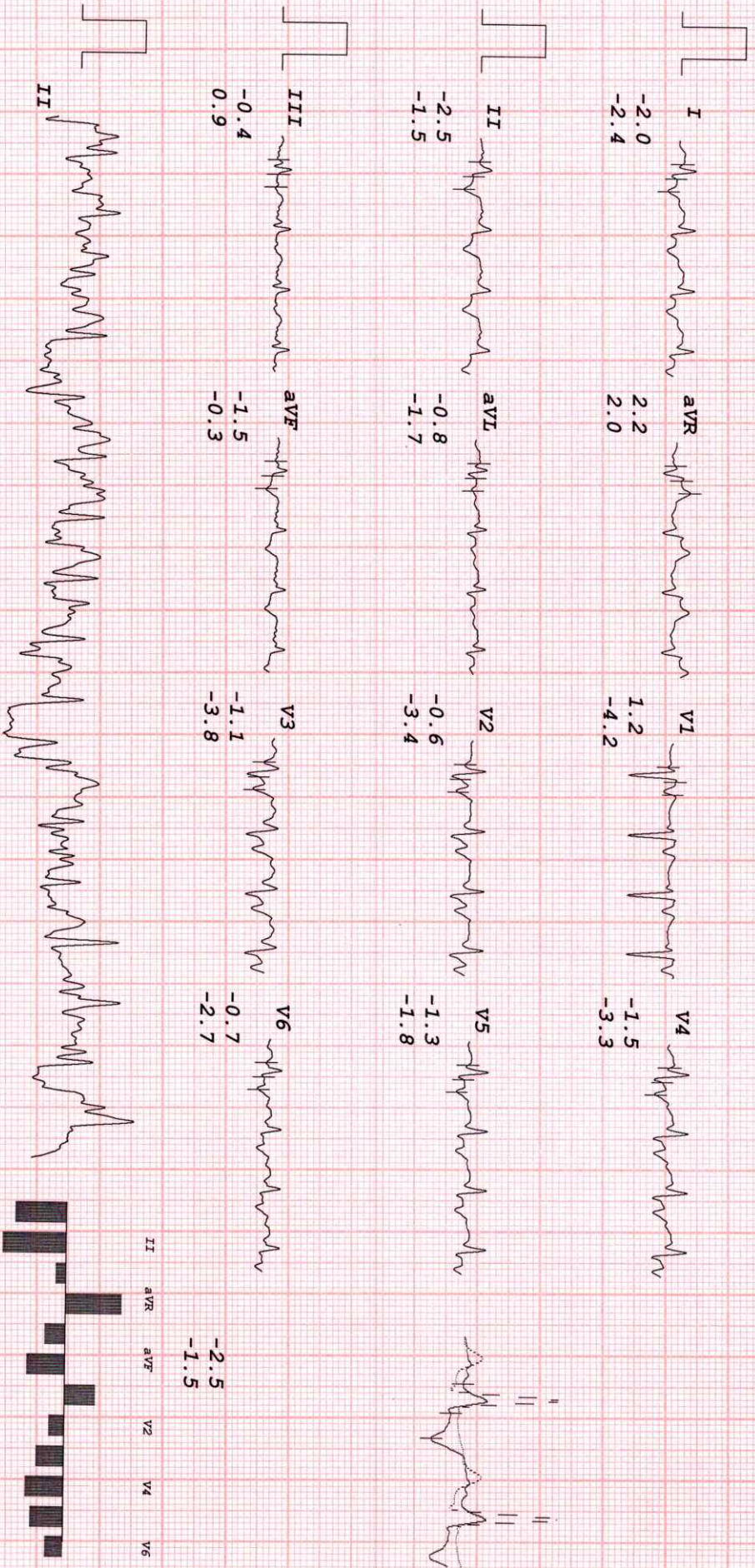
MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

BRUCE
 RATE 159bpm
 B.P. 160/100
 PK-EXERCISE
 TOTAL TIME 9:11
 PHASE TIME 0:11

ST @ 10mm/mV
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2



[Handwritten Signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

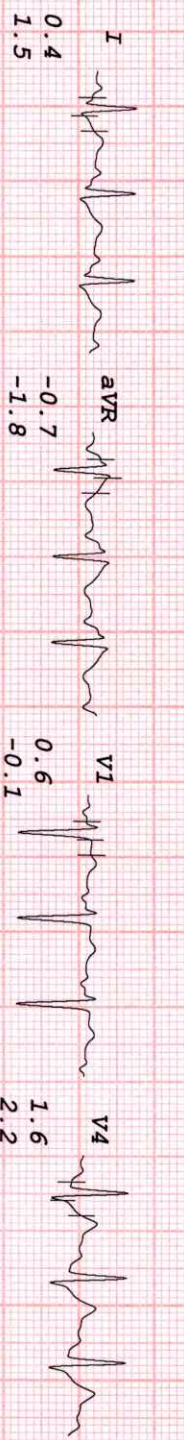
Rate 133bpm
 B.P. 160/100
 Bruce
 RECOVERY
 TOTAL TIME 10:02
 PHASE TIME 0:41

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



[Handwritten signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

RATE 102bpm
 B.P. 150/100

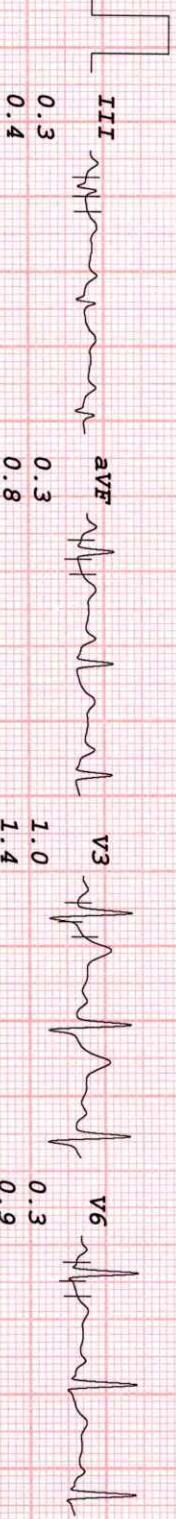
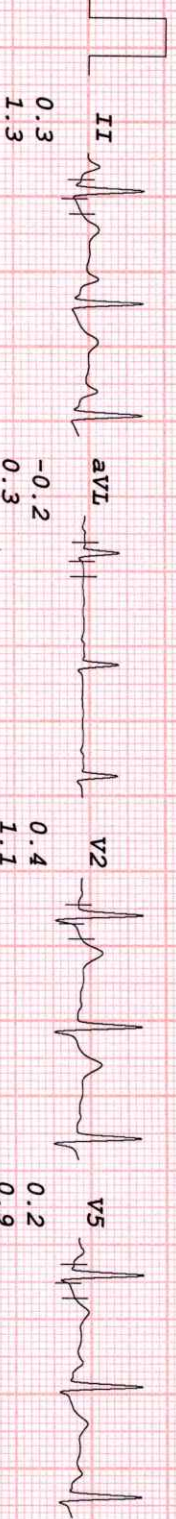
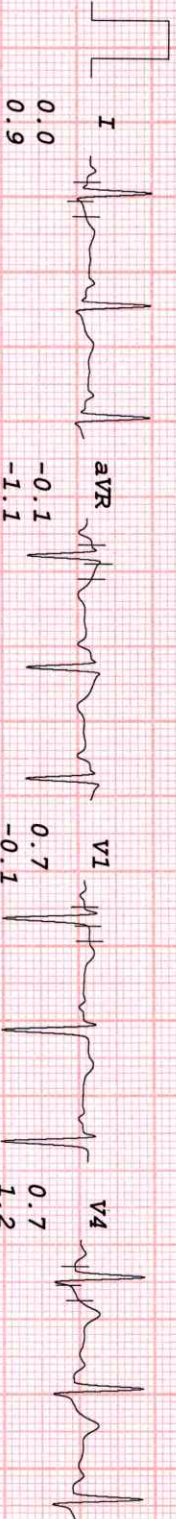
Bruce
 RECOVERY
 TOTAL TIME 11:17
 PHASE TIME 1:56

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



[Handwritten Signature]

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

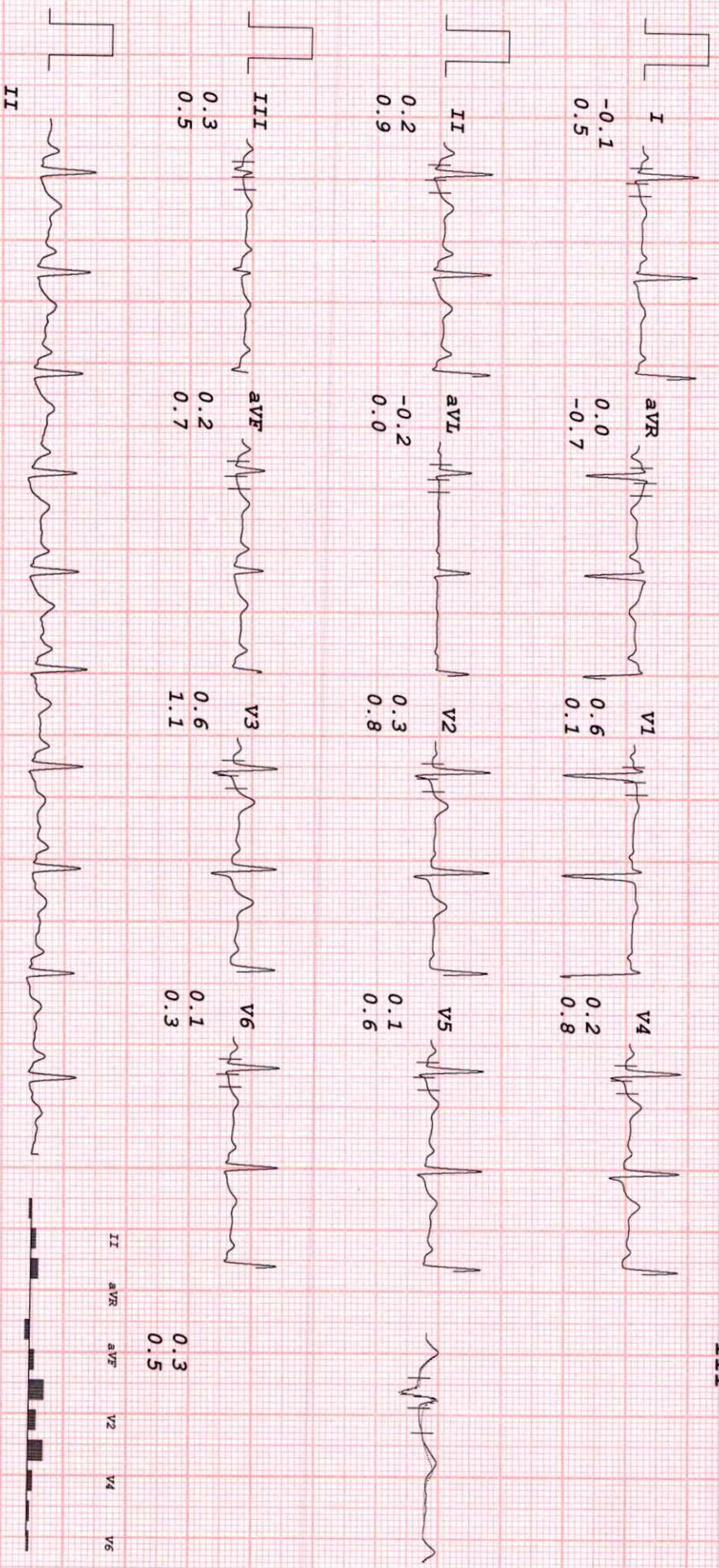
RATE 94bpm
 B.P. 140/90

Bruce
 RECOVERY
 TOTAL TIME 12:16
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2



N. Khobragade

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR NITESH KHOBRAGADE
 I.D. 801
 Age 41/M
 Date 14/04/2023

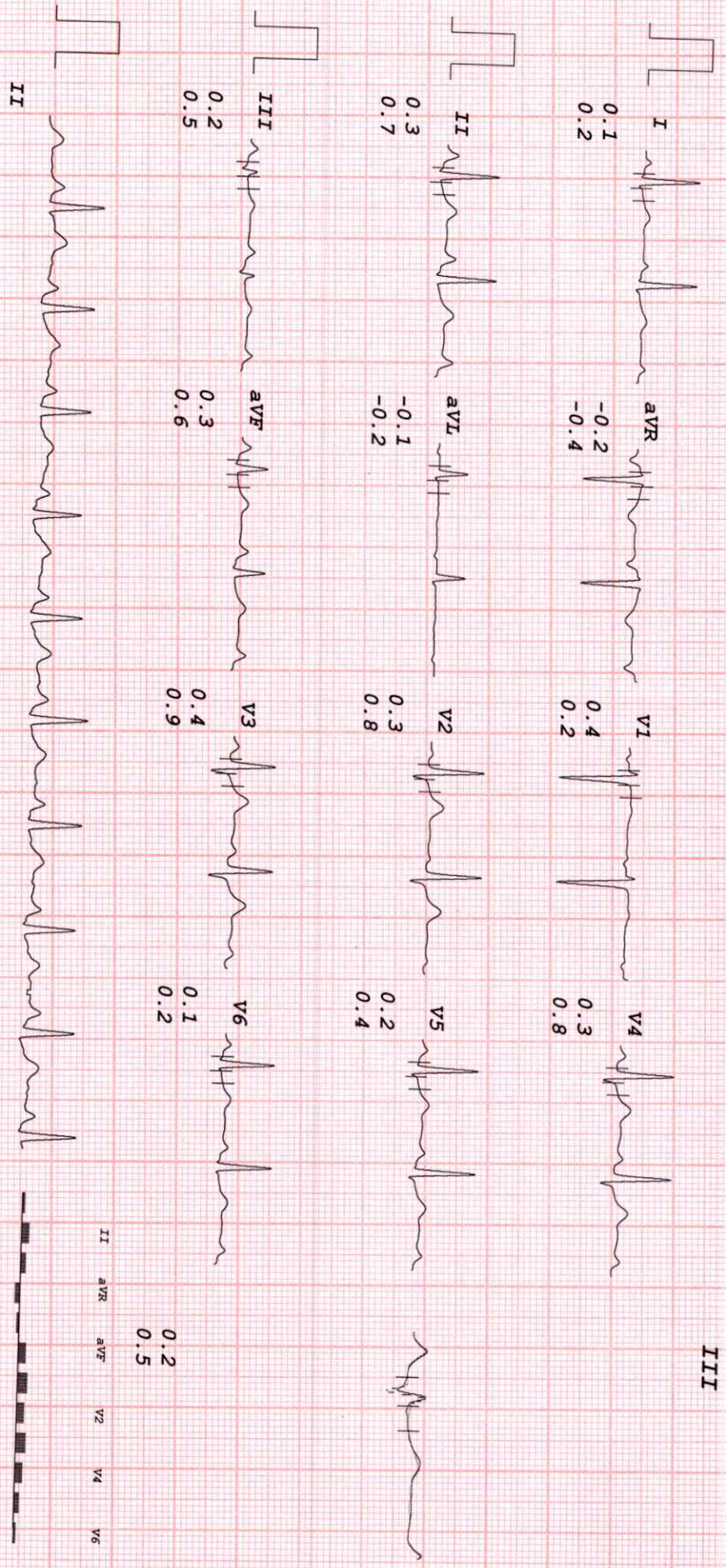
RATE 90bpm
 B.P. 130/90

Brucce
 RECOVERY
 TOTAL TIME 13:13
 PHASE TIME 3:52

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2



N. Khobragade

I III
 II aVR aVL aVF V1 V2 V3 V4 V5 V6