



**Name** : Mr. AVINASH KUMAR (38 /M)  
**Address** : DELHI, DELHI, DELHI, DELHI, INDIA  
**Examined by** : Dr .BHAWANA DAGA  
**Package** : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE



**Date** : 10/11/2022  
**UHID** : AHCC.0000125038  
**AHC No** : AHCCA1496

## CHIEF COMPLAINTS

For Annual health checkup  
 No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia

## DRUG ALLERGY

NO KNOWN ALLERGY :10/11/2022

## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Present medications

- Nil

### Past medical history

Do you have any allergies? - No  
 Covid 19 - Yes  
 - 2020  
 Hospitalization for Covid 19 - No

### Surgical history

Appendicectomy - in 2009

### Immunization history

- Covid Dose1,Covid Dose2

## Personal history

Marital status - Married  
 Diet - Mixed Diet  
 Alcohol - does not consume alcohol  
 Smoking - No  
 Chews tobacco - No  
 Physical activity - Moderate

## Family history

Father - alive  
 Aged - 71  
 Mother - alive  
 Aged - 60  
 Brothers - 1  
 Diabetes - father,mother,brother  
 Hypertension - father  
 Coronary artery disease - father  
 Cancer - None

## PHYSICAL EXAMINATION

### General

General appearance - normal  
 Build - obese  
 Height - 165  
 Weight - 96.2



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AHC No : AHCCA1496

BMI - 35.34  
Pallor - No  
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 88  
Rhythm - Regular  
Systolic(mm of Hg) - 128  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 14  
Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No  
Tenderness - No

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### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brownish Yellow			
Consistency :	Loose			
Mucus:	Absent			
Blood:	Negative			
Reaction	Acidic			
Occult Blood	Negative			
Pus:	Nil		2-3	
RBC	Nil	/hpf	0-5/hpf	
Epithelial Cells	Absent			
Yeast Cells	Absent			
Vegetable Matter	Present			
Neutral Fat	Absent			
Starch Granules	Absent			
Trophozoite	Absent			
Ova:	Absent			
Cysts:	Absent			
Comments	10/11/2022			

RBC	Nil	/hpf	0-5/hpf
Epithelial Cells	Occasional		
Casts:	Absent		
Crystals:	Absent		
Note	10/11/2022		

### COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	15	gm%	●	13.0-17.0
Packed cell volume(Calculated)	45.5	%	●	40-50
RBC COUNT (Impedance)	5.44	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	83.6	fl	●	80-100
MCH(Calculated)	27.5	pg	●	27-32
MCHC(Calculated)	32.9	%	●	31-36
RDW(Calculated)	14	%	●	11.5-14.5
WBC Count (Impedance)	6900	/cu mm	●	4000-11000
Neutrophils	69	%	●	40-75
Lymphocytes	25	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	192000	/cu mm	●	150000-450000
MPV (Calculated)	10.4	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	29 *	mm/1st hr	●	0-15

### URINE FOR ROUTINE EXAMINATION

Test Name	Result	Unit	Level	Range
Specific Gravity	1.020			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Normal	E.U./d L		
Nitrite	Negative			
Pus Cells	Occasional		0-5	

### URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range



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Urine Glucose (Post Prandial)	Nil	CREATININE - SERUM / PLASMA	0.88	mg/dL	●	Adult Male: 0.6 - 1.3
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**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	O Positive			

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	61	U/L	●	Male : 10 - 71 Female : 6 - 42

**LFT (LIVER FUNCTION TEST)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	26	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	147 *	U/L	●	Adult(Male): 40 - 129
AST (SGOT) - SERUM	28	U/L	●	> 1 year Male : <40
Total Bilirubin	0.513	mg/dL	●	0.300-1.200
Direct Bilirubin	0.216	mg/dL	●	Upto 0.3 mg/dl
Indirect Bilirubin	0.3	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	106 *	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥= 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	144.3 *	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
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**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range





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Glycosylated Hemoglobin (HbA1c)	5.5	%	●	Normal < 5.7	Mean Blood Sugar	111		
				%Increased risk for Diabetes 5.7 - 6.4%	<b>LFT (LIVER FUNCTION TEST)</b>			
				Diabetes >= 6.5%	<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b> <b>Range</b>
				Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment	PROTEIN TOTAL - SERUM / PLASMA	7.21	g/dL	● 6.00-8.00
					ALBUMIN - SERUM	4.41	g/dL	● Adult(18 - 60 Yr): 3.5 - 5.2
					Globulin-Serum/Plasma	2.8		● 2.20-4.20
					A/G ratio	1.6		● 1.00-2.00
					<b>THYROID PROFILE (T3,T4 AND TSH)</b>			
					<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b> <b>Range</b>
					TOTAL T3: TRI IODOTHYRONINE - SERUM	1.52	ng/mL	● 0.8 - 2.0
					TOTAL T4: THYROXINE - SERUM	12.02 *	ug/dL	● 5.1 - 14.1
					TSH: THYROID STIMULATING HORMONE - SERUM	4.63 *	µIU/mL	● 14-120 years : 0.27 - 4.20
Glycosylated Hemoglobin (HbA1c)	5.5	%	●	Normal < 5.7	<b>URIC ACID - SERUM</b>			
				%Increased risk for Diabetes 5.7 - 6.4%	<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b> <b>Range</b>
				Diabetes >= 6.5%	URIC ACID - SERUM	8.2 *	mg/dL	● Male : 3.4-7.0 Female : 2.4-5.7
				Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment	<b>BUN (BLOOD UREA NITROGEN)</b>			
					<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b> <b>Range</b>
					BUN (BLOOD UREA NITROGEN)	7	mg/dL	● 6-20
					UREA - SERUM / PLASMA	16	mg/dL	● 15 - 50
					<b>LIPID PROFILE - SERUM</b>			
					<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b> <b>Range</b>

● Within Normal Range      ● Borderline High/Low      ● Out of Range



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Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCA1496

Total Cholesterol	201 *	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High	<b>CARDIOLOGY</b> ECHO/TMT ECG
Triglycerides - Serum	147	mg/dL	●	0-150	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	33 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease	
LDL Cholesterol (Direct LDL)	141 *	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	
VLDL CHOLESTEROL	29		●	< 40 mg/dl	
C/H RATIO	6.1 *		●	0-4.5	

**USG WHOLE ABDOMEN**

Grade I fatty liver.

**X-RAY CHEST PA**

NORMAL STUDY.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)**

**Haematology**

URINE GLUCOSE (FASTING)

● Within Normal Range      ● Borderline High/Low      ● Out of Range



Name : Mr. AVINASH KUMAR (38 /M)

UHID : AHCC.0000125038

Date : 10/11/2022



Package : MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

AHC No : AHCCAH1496

### Executive Summary

- BMI ABOVE NORMAL.
- REST ALL PHYSICAL FINDINGS ARE WNL.
- HYPERURICEMIA.
- GRADE 1 FATTY LIVER.

### Wellness Prescription

#### Advice On Diet :-

- LOW CARB DIET.
- LOW FAT DIET.

#### Advice On Physical Activity :-


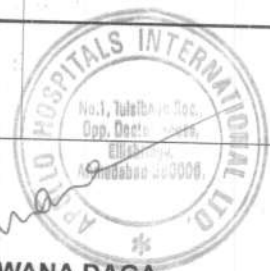
- REGULAR EXERCISE.

### Medications

TAB FEBUTAZ 40 MG OD FOR 3 MONTHS.

### Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
URIC ACID - SERUM	3 Month(s)		
LIPID PROFILE - SERUM	3 Month(s)		

Dr. BHAWANA DAGA

AHC Physician / Consultant Internal Medicine

Printed By : BHAWANA DAGA



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AHC No : AHCCA1496



**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.







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AHC No : AHCCA1496

### Medications

TAB FEBUTAZ 40 MG OD FOR 3 MONTHS.



**Dr. BHAWANA DAGA**  
AHC Physician / Consultant Internal Medicine


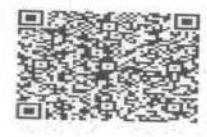


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**DEPARTMENT OF HAEMATOLOGY**

Name : **Mr. AVINASH KUMAR**      Age : **38Yr 10Mth 8Days**      Gender : **Male**  
 UHID : **AHCC.0000125038 / AHCCA1496**      W/BNo/RefNo : **AHC**  
 SIN \LRN : **3514068 \ 1513175**  
 Specimen : **Whole Blood ( EDTA )**  
 Ref Doctor : **DR. BHAWANA DAGA**

Collected on : 10-NOV-2022 11:00:11 AM      Received on : 10-NOV-2022 11:32:22 AM      Reported on : 10-NOV-2022 12:49:23 PM

**MEDIWHEEL-FULL BODY CHK-BELOW40-MALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>COMPLETE BLOOD COUNT WITH ESR</b>			
Hemoglobin (Photometric Measurement)	15	13.0 - 17.0	gm%
Packed cell volume(Calculated)	45.5	40 - 50	%
RBC COUNT (Impedance)	5.44	4.5 - 5.9	Million/ul
MCV (From RBC Histogram)	83.6	80 - 100	fl
MCH(Calculated)	27.5	27 - 32	pg
MCHC(Calculated)	32.9	31 - 36	%
RDW(Calculated)	14	11.5 - 14.5	%
WBC Count (Impedance)	6900	4000 - 11000	/cu mm
<b>Differential Count (VCS Technology and Microscopy)</b>			
Neutrophils	69	40 - 75	%
Lymphocytes	25	20 - 40	%
Monocytes	04	2 - 10	%
Eosinophils	02	01 - 06	%
Basophils	00	0 - 1	%
Platelet Count (Impedance)	192000	150000 - 450000	/cu mm
MPV (Calculated)	10.4	7 - 11	fl
<b>PERIPHERAL SMEAR(Microscopy)</b>			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	29 *	0 - 15	mm/1st hr



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DEPARTMENT OF HAEMATOLOGY



Name : Mr. AVINASH KUMAR      Age : 38Yr 10Mth 8Days      Gender : Male  
 UHID : AHCC.0000125038 / AHCCAH1496      W/BNo/RefNo : AHC  
 SIN \LRN : 3514068 \ 1513175  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 10-NOV-2022 11:00:11 AM      Received on : 10-NOV-2022 11:32:22 AM      Reported on : 10-NOV-2022 12:49:23 PM

10/11/2022

Report Status:Final

\* END OF REPORT \*

CHECKED BY :      1010782  
                              717755

Dr.SANJAY SAXENA  
 MD,DCP, PGDHM, MBA  
 SR. CONSULTANT HAEMATOLOGIST AND  
 LAB DIRECTOR

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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mr. AVINASH KUMAR  
 UHID : AHCC.0000125038 / AHCCA1496  
 SIN \ LRN : 3514070 \ 3514069 \ 3514071 \ 3514077 \  
 Specimen : 1513175 Serum  
 Ref Doctor : DR. BHAWANA DAGA

Age : 38Yr 10Mth 8Days Gender : Male  
 W/BNo/RefNo : AHC




Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:32:57 AM Reported on : 10-NOV-2022 12:43:22 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (FASTING) (Hexokinase)	106*	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance >= 126 : Diabetes Mellitus	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD (Immunoturbidimetric)	5.5	Normal < 5.7%  Increased risk for Diabetes 5.7 - 6.4%  Diabetes >= 6.5%  Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment	%
Mean Blood Sugar	111		
ALT(SGPT) - SERUM / PLASMA (UV without P5P)	26	Adult Male : < 45	U/L
ALKALINE PHOSPHATASE - SERUM/PLASMA (PNP AMP BUFFER)	147*	Adult(Male): 40 - 129	U/L
AST (SGOT) - SERUM	28	> 1 year Male : <40	U/L



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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mr. AVINASH KUMAR  
 UHID : AHCC.0000125038 / AHCCAH1496  
 SIN \ LRN : 3514070 \ 3514069 \ 3514071 \ 3514077 \  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA

Age : 38Yr 10Mth 8Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:32:57 AM Reported on : 10-NOV-2022 12:43:22 PM

(UV without P5P)

**BILIRUBIN (DIRECT/INDIRECT/TOTAL) - SERUM**

(Diazotization)

<b>Bilirubin Total</b>	<b>0.513</b>	0-1 days : 0 - 6mg/dl 1-2 days : 0 - 8mg/dl 2-5 days : 0 - 12mg/dl 5days - 4 months : 0.3 -1.2mg/dl >4 months : 0.3-1.2 mg/dl	mg/dL
<b>Direct Bilirubin</b>	<b>0.216</b>	Upto 0.3 mg/dl	mg/dL
<b>Indirect Bilirubin</b>	<b>0.3</b>	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL Adult Male: 0.6 - 1.3	mg/dL
<b>CREATININE - SERUM / PLASMA</b> (Alkaline picrate - kinetic rate blanked)	<b>0.88</b>		mg/dL
<b>GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b> (IFCC)	<b>61</b>	Male : 10 - 71 Female : 6 - 42	U/L
<b>PROTEIN TOTAL - SERUM / PLASMA</b> (Biuret)	<b>7.21</b>	>2 Year: 6.0 - 8.0	g/dL
<b>ALBUMIN - SERUM</b>	<b>4.41</b>	Adult(18 - 60 Yr): 3.5 - 5.2	g/dL



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**DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY**

Name : **Mr. AVINASH KUMAR**

Age : **38Yr 10Mth 8Days** Gender : **Male**

UHID : AHCC.0000125038 / AHCCAH1496

WBNo/RefNo : AHC

SIN \ LRN : 3514070 \ 3514069 \ 3514071 \ 3514077 \

Specimen : Serum

Ref Doctor : DR. BHAWANA DAGA



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:32:57 AM Reported on : 10-NOV-2022 12:43:22 PM

Globulin-Serum/Plasma	2.8	2.2 - 4.2	
A/G ratio	1.6	1.00 - 2.00	
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiluminescence:ECLIA)	1.52	0.8 - 2.0	ng/mL
TOTAL T4: THYROXINE - SERUM (Electrochemiluminescence:ECLIA)	12.02 *	5.1 - 14.1	ug/dL
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiluminescence:ECLIA)	4.63 *	14-120 years : 0.27 - 4.20	µIU/mL
URIC ACID - SERUM (Uricase, colorimetric)	8.2 *	Male : 3.4-7.0 Female : 2.4-5.7 Adult : 6 - 20	mg/dL
BUN (BLOOD UREA NITROGEN) (Histology)	7		mg/dL
UREA - SERUM / PLASMA	16	15 - 50	
LIPID PROFILE - SERUM			mg/dL
TOTAL CHOLESTEROL (CHOD POD)	201 *	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High	mg/dl
TRIGLYCERIDES - SERUM (Enzymatic Endpoint)	147	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	33 *	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better.	mg/dL





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DEPARTMENT OF BIOCHEMISTRY AND IMMUNOLOGY

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Name : Mr. AVINASH KUMAR  
 UHID : AHCC.0000125038 / AHCCA1496  
 SIN \ LRN : 3514070 \ 3514069 \ 3514071 \ 3514077 \ 1513175  
 Specimen : Serum  
 Ref Doctor : DR. BHAWANA DAGA

Age : 38Yr 10Mth 8Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:32:57 AM Reported on : 10-NOV-2022 12:43:22 PM

LDL CHOLESTEROL - SERUM / PLASMA (Direct LDL)	141 *	>=60 : Considered protective against heart disease < 100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	mg/dL
VLDL CHOLESTEROL (Calculated)	29	< 40 mg/dl	
C/H RATIO (Calculated)	6.1 *	&lt; 4.5	
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS (Hexokinase)			
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	144.3 *	70 - 140	mg/dL

10/11/2022

Report Status:Final

\* END OF REPORT \*

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717755

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Dr.SANJAY SAXENA  
MD,DCP, PGDHM, MBA  
SR. CONSULTANT HAEMATOLOGIST AND  
LAB DIRECTOR

Page 4 of 4





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DEPARTMENT OF BLOOD BANK

Name : Mr. AVINASH KUMAR  
 UHID : AHCC.0000125038 / AHCCAH1496  
 SIN \LRN : 3514076 \ 1513175  
 Specimen : Blood  
 Ref Doctor : DR. BHAWANA DAGA

Age : 38Yr 10Mth 8Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 03:32:26 PM Reported on : 10-NOV-2022 04:23:05 PM

MEDIWHEEL-FULL BODY CHK-BELOW40-MALE

TEST NAME	RESULT
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BLOOD GROUPING AND TYPING (ABO and Rh)	
BLOOD GROUP:	O Positive
Report Status:Final	

\* END OF REPORT \*

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 717844

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Dr.SANJAY GUPTA  
 MBBS, DIHBT,  
 CONSULTANT, BLOOD BANK





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DEPARTMENT OF CLINICAL PATHOLOGY



Name : **Mr. AVINASH KUMAR**  
 UHID : AHCC.0000125038 / AHCCA1496  
 SIN \LRN : 3514072 \ 3514456 \ 3514074 \ 1513175  
 Specimen : Urine  
 Ref Doctor : DR. BHAWANA DAGA

Age : 38Yr 10Mth 8Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:33:17 AM Reported on : 10-NOV-2022 12:47:34 PM

**MEDIWHEEL-FULL BODY CHK-BELOW40-MALE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>URINE FOR ROUTINE EXAMINATION : (Solubility Method)</b>			
<b>PHYSICAL EXAMINATION</b>			
Specific Gravity	1.020		
Colour:	Pale-Yellow		
Transparency:	Clear		
<b>CHEMICAL EXAMINATION</b>			
pH	6		
Protein :	Nil		
Sugar:	Nil		
Blood:	Negative		
Ketone	Absent		
Bile Pigments:	Absent		
Urobilinogen	Normal		
Nitrite	Negative		E.U./dL
<b>Cells:</b>			
Pus Cells	Occassional	0-5/hpf	
RBC	Nil	0-5/hpf	/hpf
Epithelial Cells	Occassional		
Casts:	Absent		
Crystals:	Absent		
Note	10/11/2022		
<b>STOOL ROUTINE : (Supra Vital Staining)</b>			
<b>PHYSICAL EXAMINATION</b>			
Colour:	Brownish Yellow		



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DEPARTMENT OF CLINICAL PATHOLOGY

Name : Mr. AVINASH KUMAR  
 Age : 38Yr 10Mth 8Days Gender : Male  
 UHID : AHCC.0000125038 / AHCCA1496  
 W/BNo/RefNo : AHC  
 SIN ILRN : 3514072 \ 3514456 \ 3514074 \ 1513175  
 Specimen : Urine  
 Ref Doctor : DR. BHAWANA DAGA



Collected on : 10-NOV-2022 11:00:11 AM Received on : 10-NOV-2022 11:33:17 AM Reported on : 10-NOV-2022 12:47:34 PM

Consistency : Loose  
 Mucus: Absent  
 Blood: Negative  
**CHEMICAL EXAMINATION**  
 Reaction Acidic  
 Occult Blood Negative  
 Cells:  
 Pus: Nil  
 RBC Nil 0-5/hpf /hpf  
 Epithelial Cells Absent  
 Yeast Cells Absent  
 Vegetable Matter Present  
 Neutral Fat Absent  
 Starch Granules Absent  
 Trophozoite Absent  
 Ova: Absent  
 Cysts: Absent  
 Comments 10/11/2022  
 URINE GLUCOSE(POST PRANDIAL)  
 \$ URINE GLUCOSE(POST PRANDIAL) Nil  
 \*10/11/2022  
 Report Status:Final

\* END OF REPORT \*

CHECKED BY : 1217739  
 717755

Dr.SANJAY SAXENA  
 MD,DCP, PGDHM, MBA  
 SR. CONSULTANT HAEMATOLOGIST AND  
 LAB DIRECTOR


Printed On : 10-NOV-2022 05:22:20 PM



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## Radiology

**Patient Details :** Mr. AVINASH KUMAR | Male | 38Yr 10Mth 8Days  
**UHID :** AHCC.0000125038      **Patient Location:** AHC  
**Patient Identifier:** AHCCA1496        
**DRN :** 222057960      **Completed on :** 10-NOV-2022 10:49  
**Ref Doctor :** DR. MHC

### USG WHOLE ABDOMEN

**FINDINGS :**

Liver appears normal in size and shows fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 10.7 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures normal in size(volume 18 cc) and echopattern.

**IMPRESSION**

Grade I fatty liver.

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Page 1 of 2

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Mr. AVINASH KUMAR

AHCC.0000125038

AHCCAHI496

**USG WHOLE ABDOMEN**

— END OF THE REPORT —

A. A. PATEL

Dr. ALPESH A PATEL

DNB Resident

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Page 2 of 2

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**Regd. Office**  
19, Bishop Gardens, R.A. Puram, Chennai - 600 028  
CIN No. : U85110TN1997PLC039016 | GSTin : 24AABCA4150H2Z5  
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The Emergency Specialist





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### Radiology

**Patient Details :** Mr. AVINASH KUMAR | Male | 38Yr 10Mth 8Days

**UHID :** AHCC.0000125038

**Patient Location:** AHC

**Patient Identifier:** AHCCA1496



**DRN :** 122127000

**Completed on :** 10-NOV-2022 10:43

**Ref Doctor :** DR. MHC

### X-RAY CHEST PA

#### FINDINGS :

Both lung fields appear normal. Bilateral hilar shadows appear normal. Trachea and major bronchi appear normal. Cardiac size appears normal. Both costophrenic angles are clear. Domes of diaphragm are well delineated. Visualized bones appear normal.

#### IMPRESSION

NORMAL STUDY.

--- END OF THE REPORT ---

*A. A. PATEL*

Dr. ALPESH A PATEL

DNB Resident

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Page 1 of 1

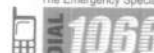
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For online appointment : www.askapollo.com

The Emergency Specialist



**ELECTROCARDIOGRAM REPORT**

AHCC:0000125038  
MR. AVINASH KUMAR  
Age: 38 Year(s) Year(s)/Male  
10 Nov 2022 10:36:11 AM



Name: \_\_\_\_\_ Age/Sex: \_\_\_\_\_ Date: \_\_\_\_\_

Ref. By: \_\_\_\_\_ ECG No. \_\_\_\_\_ UHID/IP: \_\_\_\_\_

Referral Diagnosis:

Atria - Rate:

Rhythm:

Axis:

PR Interval:

P Wave:

Voltage:

Q Wave:

S-T Changes:

Final Impression:

Reported By:

Ventricular Rate:

Q R S:

QTc:

	V <sub>4R</sub>	V <sub>1</sub>	V <sub>2</sub>	V <sub>5</sub>	V <sub>6</sub>
R/S					

*↑ ↓* lat leads  
NSR

*No Clo-Crest pain, DOT, palpitations*



**\*Caution:** Please get the ECG photocopied for future reference.

1100 Sinus rhythm  
 4068 Nonspecific Twave abnormality [flat T or negative T (I, V4, V5, V6)]  
 9130 \*\* borderline ECG \*\*

AHCC.0000125038

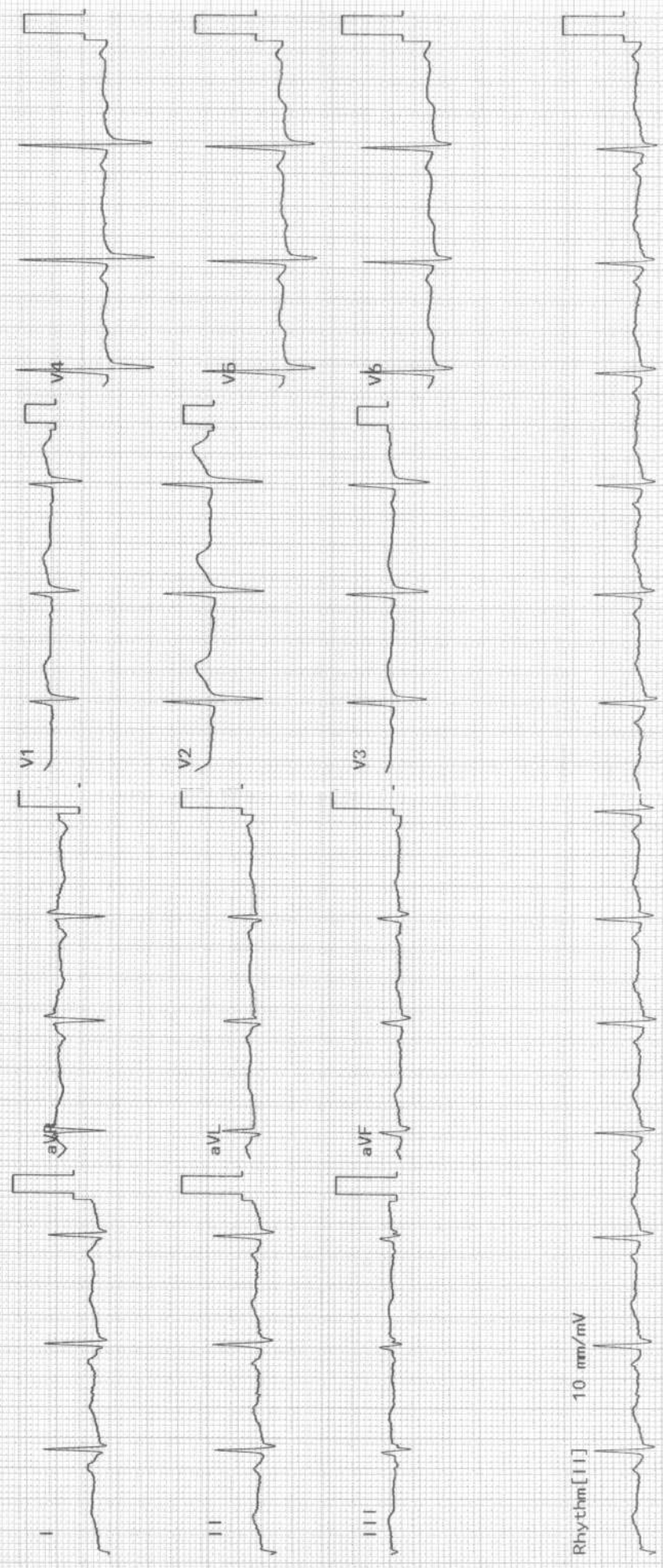
MR. AVINASH KUMAR  
 Age: 38 Year(s) Year(s)/Male  
 10 Nov 2022 10:36:11 AM



Unconfirmed Report  
 Reviewed by:

Sex: cm Birth date: / mmHg years  
 Medication: kg  
 Symptoms: 85 bpm  
 History: 140 ms  
 Vent. rate: 90 ms  
 PR int: 360/402 ms  
 QRS dur: 32/24/46 ms  
 QT/QTc(E) int: 1.45/1.03 mV  
 P/QRS/T axis: 2.48 mV  
 RV5/SV1 amp  
 RV5+SV1 amp

10 mm/mV 25 mm/s Filter: H50 D 35 Hz 10 mm/mV 5 mm/mV 10 mm/mV



# APOLLO HOSPITAL - CITY CENTER

OPP. DOCTOR HOUSE, ELLISBRIDGE, AHMEDABAD

Mr. AVINASH KUMAR  
Age/Sex : 38/M  
Ref. by : MEDIWHEEL

ID : 125038  
Ht/Wt : 165/96  
Recorded : 10-11-2022 12:32

TREADMILL TEST SUMMARY REPORT  
Protocol: BRUCE PROCTOCAL  
History: Routine Check Up.

Indication1 : CVS EVALUATION

Indication2 : TECH. JAYESH N SHAH

Indication3 :

Medication1 : NIL  
Medication2 : NIL  
Medication3 : NIL

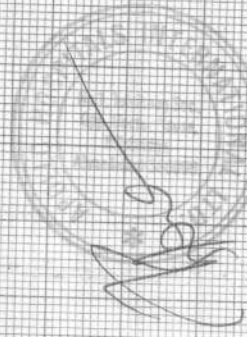
PHASE	PHASE TIME	STAGE TIME	SPEED (Km/Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE					96	130/80	124	0.7	2.1	0.2	
STAGE 1	2:59	2:59	2.70	10.00	131	132/82	172	0.5	2.0	-0.1	4.80
STAGE 2	5:59	2:59	5.40	14.00	145	138/84	200	-0.9	1.5	-0.9	7.10
STAGE 3	8:59	2:59	7.40	18.00	178	144/86	256	0.0	1.8	-0.7	10.00
PEAK EXER	9:06	0:06			179	156/88	279	0.1	2.1	-0.8	10.13
RECOVERY	2:59	2:59	0.00	0.00	120	146/86	175	1.5	3.3	1.2	

## RESULTS

Exercise Duration : 9:06 Minutes  
Max Heart Rate : 179 bpm 98 % of target heart rate 182 bpm  
Max Blood Pressure : 156/88 mmHg  
Max Work Load : 10.13 METS

## IMPRESSIONS

TEST IS NEGATIVE AT HIGH WORK LOAD  
NO ANGINA OR ARRHYTHMIA PROVOKED.  
NORMAL HEAMODYNAMIC RESPONSE.  
NO GALLOP OR MURMUR HEART AT PEAK EXERCISE  
TEST TERMINATED DUE TO THR ACHIEVED  
TACHYCARDIA PRESENT  
GOOD EFFORT TOLERANCE



DR BHAWANA L DAGA