

Medi-Wheel

R/O → Nagpur.

Dr. Vimmi Goel  
MBBS, MD (Internal Medicine)  
Sr. Consultant Non Invasive Cardiology  
Reg. No: MMC- 2014/01/0113



Name: Mrs Sweta Ambatkar Date: 12/10/22

Age: 42 Sex: M/F Weight: \_\_\_\_\_ kg Height: 161.8 inc BMI: 33.3

BP: 110/80 mmHg Pulse: 88h bpm RBS: \_\_\_\_\_ mg/dl

spo2: 99%

LMP 5/11/22

4c Hypothyroidism  
(137.5 ug OD)

obese

prediabetes

O/E

JVP°

Clear  
W  
P/A } N =

Inv.

Hb - 10.2

HbA1c - 6.2

Fatty liver.

Adv.

1. T. Thyrox 137.5 ug 1 - x - x  
BBF
2. Cap Fefal x - 1 - x  
A/L (GO)
3. Cap Cysa - D 1 if needed

- Diet control

- Exercise

- weight reduction

- Rpt. FBS  
PMBS  
HbA1c } after 3 mths.

Dr. VIMMI GOEL  
MBBS, MD

Consultant-Non Invasive Cardiac  
Reg. No: MMC-2014/01/0113

SPANV Medisearch Lifesciences Private Limited

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

|       |         |     |        |                  |
|-------|---------|-----|--------|------------------|
| ID    | Height  | Age | Gender | Test Date / Time |
| 17144 | 161.8cm | 42  | Female | 12.11.2022 11:50 |

① Check impedance.

## Body Composition Analysis

|                                  |                             |                  |
|----------------------------------|-----------------------------|------------------|
| Total amount of water in my body | <b>Total Body Water</b> (L) | 29.8 (28.7~35.1) |
| What I need to build muscles     | <b>Protein</b> (kg)         | 8.1 (7.7~9.4)    |
| What I need for strong bones     | <b>Mineral</b> (kg)         | 2.69 (2.65~3.25) |
| Where my excess energy is stored | <b>Body Fat Mass</b> (kg)   | 46.7 (11.3~18.0) |
| Sum of the above                 | <b>Weight</b> (kg)          | 87.3 (47.9~64.7) |

## InBody Score

44/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

|                |          |
|----------------|----------|
| Target Weight  | 56.3 kg  |
| Weight Control | -31.0 kg |
| Fat Control    | -33.7 kg |
| Muscle Control | +2.7 kg  |

## Obesity Evaluation

|     |                                 |  |  |  |
|-----|---------------------------------|--|--|--|
| BMI | <input type="checkbox"/> Normal | <input type="checkbox"/> Under         | <input type="checkbox"/> Slightly Over   | <input checked="" type="checkbox"/> Over |
| PBF | <input type="checkbox"/> Normal | <input type="checkbox"/> Slightly Over | <input checked="" type="checkbox"/> Over |  |

## Waist-Hip Ratio

|      |      |      |
|------|------|------|
| 0.98 | 0.75 | 0.85 |
|------|------|------|

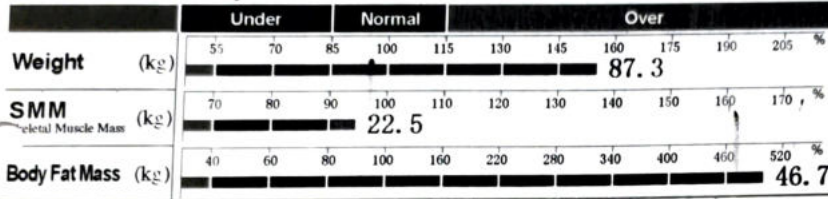
## Visceral Fat Level

|          |     |    |      |
|----------|-----|----|------|
| Level 20 | Low | 10 | High |
|----------|-----|----|------|

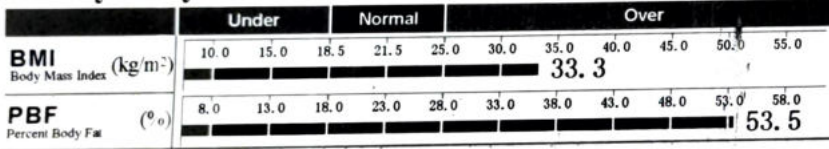
## Research Parameters

|                            |                       |
|----------------------------|-----------------------|
| Fat Free Mass              | 40.6 kg               |
| Basal Metabolic Rate       | 1247 kcal (1677~1967) |
| Obesity Degree             | 155% (90~110)         |
| SMI                        | 8.0 kg/m <sup>2</sup> |
| Recommended calorie intake | 1795 kcal             |

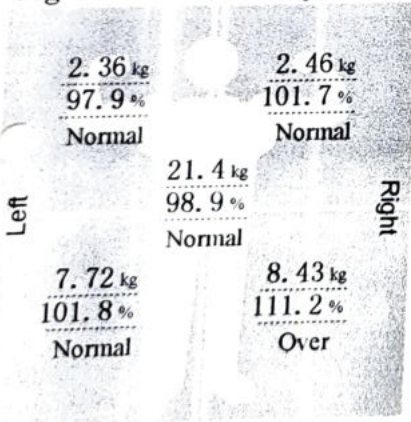
## Muscle-Fat Analysis



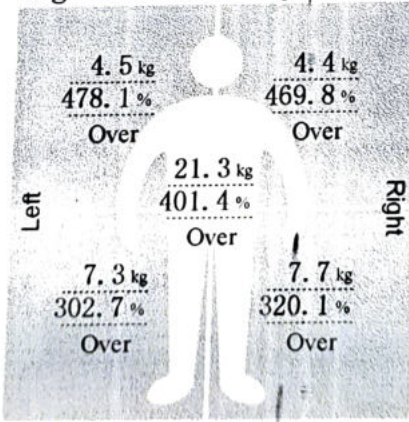
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Calorie Expenditure of Exercise

|                   |     |              |     |
|-------------------|-----|--------------|-----|
| Golf              | 154 | Gateball     | 166 |
| Walking           | 175 | Yoga         | 175 |
| Badminton         | 197 | Table Tennis | 197 |
| Tennis            | 262 | Bicycling    | 262 |
| Boxing            | 262 | Basketball   | 262 |
| Mountain Climbing | 285 | Jumping Rope | 306 |
| Aerobics          | 306 | Jogging      | 306 |
| Soccer            | 306 | Swimming     | 306 |
| Japanese Fencing  | 437 | Racketball   | 437 |
| Squash            | 437 | Taekwondo    | 437 |

• Based on your current weight  
• Based on 30 minute duration

## Impedance

|            |       |       |      |       |       |
|------------|-------|-------|------|-------|-------|
|            | RA    | LA    | TR   | RL    | LL    |
| Z(Ω) 20kHz | 322.7 | 334.8 | 53.4 | 207.4 | 235.8 |
| 100kHz     | 286.3 | 299.4 | 55.8 | 173.5 | 208.3 |

## Body Composition History

|                    |                |  |  |  |  |
|--------------------|----------------|--|--|--|--|
| <b>Weight</b> (kg) | 87.3           |  |  |  |  |
| <b>SMM</b> (kg)    | 22.5           |  |  |  |  |
| <b>PBF</b> (%)     | 53.5           |  |  |  |  |
| Recent             | 12.11.22 11:50 |  |  |  |  |



Name : Mrs. Shweta Ambatkar DOB : \_\_\_\_\_ Date : 12/11/22

Age : 42 Sex : M/F Weight : \_\_\_\_\_ kg Height : \_\_\_\_\_ in BMI : \_\_\_\_\_

BP : \_\_\_\_\_ mmHg Pulse : \_\_\_\_\_ bpm

For Health Check up

No complaints

O/H : F<sub>2</sub> L<sub>2</sub> E<sub>1</sub> 17 yrs / Female / LSCS  
 11 yrs / Male / CSCS

R done

M/H : LMP : 5/11/22

PMC : 5-8cl / 28-30d / Reg.

P/H : Hypothyroidism on 137.5 mcg OD Thyroxine

S/H : 2 CSCS, 1 left salpingectomy for ectopic operated for tubes.

P/H : Nil

C/S/G : UT (N), ET - 4 mm  
 No adnexal mass lesion seen

Abs : PAP smear Test - Cannot be taken as pt is having spotting.

Breast examination : WNL

P/A : soft N/S

*Monika*

Name: Mrs. Shweta Ambatkar Date: 12/11/22

Age: 42 yrs Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Routine Dental Checkup

PMH- K/C/O thyroid disorder and asthma ; ↓ medication for same.

DH- H/O prosthesis  $\bar{c}$   $\frac{765}{6} \mid \frac{67}{567}$  and RCF  $\bar{c}$   $\frac{7}{7}$

O/E

- Calculus +
- Stains +

Advise - Oral Prophylaxis

Rx

① Yarnifloss ← ①

Dr. Sidnyasa

|                 |                     |                        |                     |
|-----------------|---------------------|------------------------|---------------------|
| UHID            | KH17144             | Order Date & time      | 12-11-2022          |
| Patient Name    | Mrs Shweta Ambatkar | Sample Collection Date | 12-11-2022 10:43 AM |
| Age/Gender      | 42 Y/Female         | Acknowledge Date       | 12-11-2022 11:08 AM |
| Patient Type    | OP                  | Visit No               | OP-113904           |
| Ordering Doctor |                     | Refer By               | Dr Vimmi Goel       |
| Order Id        | ODRID-287507        | Accession Number       | 0147596             |

### Haematology

| Service Name                                      | Result           | Unit                  | Reference Range  | Method                    |
|---|------------------|-----------------------|--|---------------------------|
| <b>Haemogram (CBC with ESR), Whole Blood</b>      |                  |                       |  |                           |
| <b>Erythrocytes</b>                               |                  |                       |  |                           |
| * Haemoglobin                                     | 10.2 L           | gm/dl                 | 12-15  | Photometric Measurement   |
| * RBC count                                       | 4.41             | millions/cumm         | 3.8-4.8  | Photometric Measurement   |
| * Packed Cell Volume (PCV/HCT)                    | 32.5 L           | %                     | 36-46  | Calculated                |
| * MCV   | 74 L             | fl                    | 83-101   | Calculated                |
| * MCH   | 23.0 L           | pg                    | 27-32  | Calculated                |
| * MCHC  | 31.3 L           | gm/dl                 | 31.5-34.5  | Calculated                |
| * RDW   | 17.1 H           | %                     | 11.5-14.0  | Calculated                |
| <b>Leucocytes</b>                                 |                  |                       |  |                           |
| * TLC (Total Leukocyte Count)                     | 10300 H          | /cumm                 | 4000-10000   | Flow cytometry            |
| * Neutrophils                                     | 55.2             | %                     | 50-70  |                           |
| * Lymphocytes                                     | 42.3 H           | %                     | 25-30  |                           |
| * Eosinophils                                     | 0.6 L            | %                     | 1-5  |                           |
| * Monocytes                                       | 1.5 L            | %                     | 5-10   |                           |
| * Basophils                                       | 0.4 L            | %                     | 1-2  |                           |
| * Absolute Neutrophil Count                       | 5685.60          | /cumm                 | 2000-7000  | Calculated                |
| * Absolute Lymphocyte Count                       | 4356.90          | /cumm                 | 1000-4800  | Calculated                |
| * Absolute Eosinophil Count                       | 61.80            | /Cumm                 | 20-500   | Calculated                |
| * Absolute Monocyte Count                         | 154.50 L         | /cumm                 | 200-1000   | Calculated                |
| * Absolute Basophil Count                         | 41.20            | /cumm                 | 20-100   | Calculated                |
| <b>Platelets</b>                                  |                  |                       |  |                           |
| * Platelet Count                                  | 583 H            | 10 <sup>3</sup> /cumm | 150-450  | Impedance                 |
| * MPV   | 7.2              | fl                    | 6.0-9.5  | Calculated                |
| * PCT (Platelet Hematocrit)                       | 0.42             | %                     | 0.2-0.5  |                           |
| * PDW (Platelet Distribution Width)               | 10.00            | %                     | 9-17   |                           |
| <b>Peripheral Smear Examination</b>               |                  |                       |  |                           |
| <b>RBC Morphology</b>                             |                  |                       |  |                           |
| * Hypochromia                                     | + (Few)          |                       |  |                           |
| * Microcytosis                                    | + (Few)          |                       |  |                           |
| * WBCs  | As Above         |                       |  |                           |
| * Platelets                                       | Mildly increased |                       |  |                           |
| * ESR (Westergren)                                | 24 H             | mm/hr                 | <20  | Westergren                |
| * Blood Grouping & RH Factor, Whole Blood & Serum | "B" Rh POSITIVE  |                       |  | Column agglutination test |
| * HbA1c (Glycosylated Haemoglobin), Blood         | 6.2 H            | %                     | Non-Diabetic: <=5.6 %<br>Pre-Diabetic: 5.7-6.4 %<br>Diabetic >=6.5 % | HPLC                      |

### Clinical Biochemistry

| Service Name                        | Result | Unit  | Reference Range | Method                |
|-------------------------------------|--------|-------|-----------------|-----------------------|
| Fasting Blood Sugar, Plasma         | 93.0   | mg/dL | <100            | GOD\POD, Colorimetric |
| * Post Prandial Blood Sugar, Plasma | 110.0  | mg%   | <140            | GOD\POD, Colorimetric |
| <b>Lipid Profile, Serum</b>         |        |       |                 |                       |



|                 |                     |                        |                     |
|-----------------|---------------------|------------------------|---------------------|
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| Age/Gender      | 42 Y/Female         | Acknowledge Date       | 12-11-2022 11:08 AM |
| Patient Type    | OP                  | Visit No               | OP-113904           |
| Ordering Doctor |                     | Refer By               | Dr Vimmi Goel       |
| Order Id        | ODRID-287507        | Accession Number       | 0147596             |

| Service Name                             | Result         | Unit                      | Reference Range   | Method   |
|--|----------------|---------------------------|---|--|
| * Cholesterol                            | 177.00         | mg/dL                     | <200<br>Normal Less than 150 mg/dl<br>Borderline High 150 - 199 mg/dl<br>High 200 - 499 mg/dl<br>Very High More than 499 mg/dl  | Enzymatic Method   |
| * Triglyceride                           | 99.0           | mg/dL                     | Major risk factor for Heart disease <40 mg/dl (Males)<br>Major risk factor for Heart disease <50 mg/dl (Female)<br>Negative risk factor for Heart disease >60 mg/dl<br>Optimal <100 mg/dl<br>Near optimal 100 - 129 mg/dl | Enzymatic(Lipase/GK/GPO/POD)                                       |
| * HDL Cholesterol Direct                 | 53.0           | mg/dL                     | Borderline high 130 - 159 mg/dl<br>High 60 - 189 mg/dl<br>Very High >190 mg/dl  | Phosphotungstic acid/mgcl-Enzymatic (microslide)                   |
| * LDL Cholesterol (Direct)               | <b>109.5 H</b> | mg/dL                     | <30<br>3-5  | Enzymatic  |
| * VLDL                                   | 20.00          | mg/dL                     |   | Calculated   |
| * Cholesterol/HDL Ratio                  | 3.00           |                           |   | Calculated   |
| * Non HDL                                | 124.00         | mg/dL                     |   | Calculated   |
| <b>Kidney Function Test (KFT), Serum</b> |                |                           |   |  |
| * Blood Urea                             | 16.00          | mg/dL                     | 15-36   | Urease with indicator dye<br>Enzymatic (creatinine amidohydrolase) |
| * Creatinine                             | 0.55           | mg/dL                     | 0.52-1.04   | Calculated   |
| * eGFR                                   | 115.69         | mL/min/1.73m <sup>2</sup> |   | Direct ion selective electrode                                     |
| * Sodium                                 | 140            | mmol/L                    | 136-145   | Direct ion selective electrode                                     |
| * Potassium                              | 4.51           | mmol/L                    | 3.5-5.1   | Urease with indicator dye  |
| BUN (Blood Urea Nitrogen), Serum         | 7.47           | mg/dL                     | 7-17  |  |
| <b>Liver Function test, Serum</b>        |                |                           |   |  |
| * Total Bilirubin                        | 0.32           | mg/dL                     | 0.2-1.3   | Azobilirubin/Dyphylline<br>Calculated                              |
| * Bilirubin Direct                       | 0.20           | mg/dL                     | 0.1-0.3   | Dual wavelength<br>Spectrophotometric                              |
| * Bilirubin Indirect                     | 0.12           | mg/dL                     | 0.1-1.1   | Kinetic with pyridoxal 5 phosphate                                 |
| * SGOT (AST)                             | 13             | U/L                       | 13-35   | Kinetic with pyridoxal 5 phosphate                                 |
| * SGPT (ALT)                             | 15             | U/L                       | 13-45   | Pnpp/AMP buffer  |
| * Alkaline Phosphatase                   | 68.00          | U/L                       | 38-126  | Biuret(Alkaline cupric Sulfate)                                    |
| * Total Protein                          | 7.73           | gm/dl                     | 6.3-8.2   | Bromocresol green dye binding                                      |
| * Albumin                                | 3.89           | gm/dl                     | 3.5-5.0   | Calculated   |
| * Globulin                               | 3.84           | gm/dl                     | 2-4   | Calculated   |
| * Albumin/Globulin Ratio                 | 1.01           |                           |   | Calculated   |
| * Gamma GT (GGT), Serum                  | 16.0           | U/L                       | 12-43   | Kinetic Method   |

|                 |                     |                        |                     |
|-----------------|---------------------|------------------------|---------------------|
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| Age/Gender      | 42 Y/Female         | Acknowledge Date       | 12-11-2022 11:08 AM |
| Patient Type    | OP                  | Visit No               | OP-113904           |
| Ordering Doctor |                     | Refer By               | Dr Vimmi Goel       |
| Order Id        | ODRID-287507        | Accession Number       | 0147596             |

| Service Name           | Result   | Unit | Reference Range | Method |
|------------------------|--|------|-----------------|--------|
| <b>Interpretation:</b> | :A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions.<br>GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase. |      |                 |        |

|  |      |        |          |                                   |
|--|------|--------|----------|-----------------------------------|
| * Uric Acid, Serum                               | 3.19 | mg/dL  | 2.6-6.0  | Uricase/Peroxidase (Colorimetric) |
| <b>Thyroid Function Test (T3,FT4,TSH), Serum</b> |      |        |          |                                   |
| * T3   | 0.95 | ng/mL  | 0.55-1.7 | Enhanced chemiluminescence        |
| * Free T4  | 1.20 | ng/dL  | 0.8-1.7  | Enhanced chemiluminescence        |
| * Thyroid Stimulating Hormone (TSH)              | 3.01 | uIU/mL | 0.5-4.8  | Enhanced chemiluminescence        |

### Clinical Pathology

| Service Name                               | Result      | Unit  | Reference Range | Method            |
|--|-------------|-------|-----------------|-------------------|
| <b>Urine Routine and Microscopy, Urine</b> |             |       |                 |                   |
| <b>Physical Examination</b>                |             |       |                 |                   |
| * Volume                                   | 20 ml       |       |                 |                   |
| * Appearance                               | Clear       |       |                 |                   |
| * Colour                                   | Pale Yellow |       |                 |                   |
| * PH                                       | 7.0         | NA    | 4.6-8.0         |                   |
| * Specific Gravity                         | 1.005 L     | NA    | 1.016-1.022     | Iodometric method |
| <b>Chemical Examination</b>                |             |       |                 |                   |
| * Protein                                  | Negative    | mg/dL |                 |                   |
| * Glucose                                  | Negative    |       |                 |                   |
| * Ketone                                   | Negative    |       |                 |                   |
| * Bilirubin                                | Negative    |       |                 |                   |
| * Urobilinogen                             | Normal      |       |                 |                   |
| * Nitrate                                  | Negative    |       |                 |                   |
| <b>Microscopic Examination</b>             |             |       |                 |                   |
| * Pus Cells                                | 0-1         | / hpf |                 |                   |
| * Epithelial Cells                         | 0-1         | / hpf |                 |                   |
| * Red Blood Cells                          | 8-10        | / hpf |                 |                   |
| * Crystal                                  | Absent      |       |                 |                   |
| * Cast                                     | Absent      | /hpf  |                 |                   |
| * Bacteria                                 | Absent      |       |                 |                   |
| * Other                                    | .           |       |                 |                   |
| Urine Sugar Fasting, Urine                 | Negative    |       |                 | GOD/POD           |
| Urine Post Prandial Sugar, Urine           | Negative    |       |                 | GOD/POD           |

Disclaimer: Only Starred Parameters are under the Scope of NABL



# KINGSWAY HOSPITALS

PERSONALISING HEALTHCARE

A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.

CIN U74999MH2018PTC303510

Toll-free Number 1800 266 8346

Emergency No: 0712-6789200

Ambulance No: 60096 60098

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|                 |                     |                        |                     |
|-----------------|---------------------|------------------------|---------------------|
| UHID            | KH17144             | Order Date & time      | 12-11-2022          |
| Patient Name    | Mrs Shweta Ambatkar | Sample Collection Date | 12-11-2022 10:43 AM |
| Age/Gender      | 42 Y/Female         | Acknowledge Date       | 12-11-2022 11:08 AM |
| Patient Type    | OP                  | Visit No               | OP-113904           |
| Ordering Doctor |                     | Refer By               | Dr Vimmi Goel       |
| Order Id        | ODRID-287507        | Accession Number       | 0147596             |

Dr Gauri Hardas  
Consultant Pathologist  
2011/06/1806

Dr Vaidehee Naik  
Consultant Pathologist  
2015/05/2163

Dr Anuradha Deshmukh  
Senior Consultant Microbiologist  
2003/07/2620







# KINGSWAY HOSPITALS

PERSONALISING HEALTHCARE

A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.

CIN U74999MH2018PTC003510

|                   |                     |                            |                         |
|-------------------|---------------------|----------------------------|-------------------------|
| UHID              | KH17144             | Patient Name               | Mrs Shweta Ambekar      |
| Age               | 42 Y                | Gender                     | Female                  |
| Payer Name        | Self                | Payer Type                 | cash                    |
| Order Date & time | 12-11-2022 12:00 AM | Acknowledge Date           | 12-11-2022 12:28 PM     |
| Refer By          | Dr. Vinmit Goel     | Treating Doctor Speciality | Non Invasive Cardiology |
| Accession Number  | OPRDAC-22324        | DOB                        | 23/07/1980              |
| Patient Type      | OP                  | Order Id                   | ODRID-287507            |

## X-Ray Chest PA

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION -**  
No pleuro-parenchymal abnormality seen.

Dr. Naveen Pugalia  
Consultant Radiologist  
MBBS, MD  
76125



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**KINGSWAY**  
HOSPITALS

PERSONALISING HEALTHCARE

A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.

CIN U74999MH2018PTC303510

|                   |                     |                            |                         |
|-------------------|---------------------|----------------------------|-------------------------|
| UHID              | KH17144             | Patient Name               | Mrs Shweta Ambatkar     |
| Age               | 42 Y                | Gender                     | Female                  |
| Payer Name        | Self                | Payer Type                 | cash                    |
| Order Date & time | 12-11-2022 12:00 AM | Acknowledge Date           | 12-11-2022 01:13 PM     |
| Refer By          | Dr Vimmi Goel       | Treating Doctor Speciality | Non Invasive Cardiology |
| Accession Number  | OPRDAC-22348        | DOB                        | 23/07/1980              |
| Patient Type      | OP                  | Order Id                   | ODRID-287507            |

### USG Whole Abdomen

LIVER is mildly enlarged in size and shows increase in echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

**B** GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 8.5 x 4.2 x 5.3 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET- 4 mm.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

#### IMPRESSION:

Mild hepatomegaly with fatty infiltration.

**B** No other significant abnormality seen.

Suggest clinical correlation / further evaluation.

Dr Naveen Pugalia  
Consultant Radiologist  
MBBS,MD  
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Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Shweta , Ambatkar  
Patient ID: 17144  
Height:  
Weight:  
Study Date: 12.11.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 23.07.1980  
Age: 42yrs  
Gender: Female  
Race: Indian  
Referring Physician: Medi Wheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

### Medical History:

NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

| Case Name | Stage Name | Time in Stage | Speed (mph) | Grade (%) | HR (bpm) | BP (mmHg) | Comment |
|-----------|------------|---------------|-------------|-----------|----------|-----------|---------|
| PRETEST   | SUPINE     | 00:03         | 0.00        | 0.00      | 97       | 120/80    |         |
|           | WARM-UP    | 00:17         | 0.10        | 0.00      | 98       |           |         |
| EXERCISE  | STAGE 1    | 03:00         | 1.70        | 10.00     | 155      | 120/80    |         |
|           | STAGE 2    | 03:00         | 2.50        | 12.00     | 166      | 130/80    |         |
|           | STAGE 3    | 00:46         | 3.40        | 14.00     | 173      |           |         |
| RECOVERY  |            | 01:00         | 0.00        | 0.00      | 146      | 130/80    |         |
|           |            | 02:00         | 0.00        | 0.00      | 106      | 120/80    |         |
|           |            | 01:15         | 0.00        | 0.00      | 106      |           |         |

The patient exercised according to the BRUCE for 6:46 min:s, achieving a work level of Max. METS: 9.30. The resting heart rate of 96 bpm rose to a maximal heart rate of 176 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

Physical deconditioning noted.

To be correlated clinically.

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ANI/144  
42 Years

MRS SHWETA AMBALKAR  
Female

12-Nov-22 11:24:09 AM  
KIMS-KINGSWAY HOSPITALS

FSC DEPT.

Rate 86 . Sinus rhythm.  
PR 145 . Borderline T abnormalities, inferior leads.  
QRS 98 .  
QT 374 .  
QTc 448 .

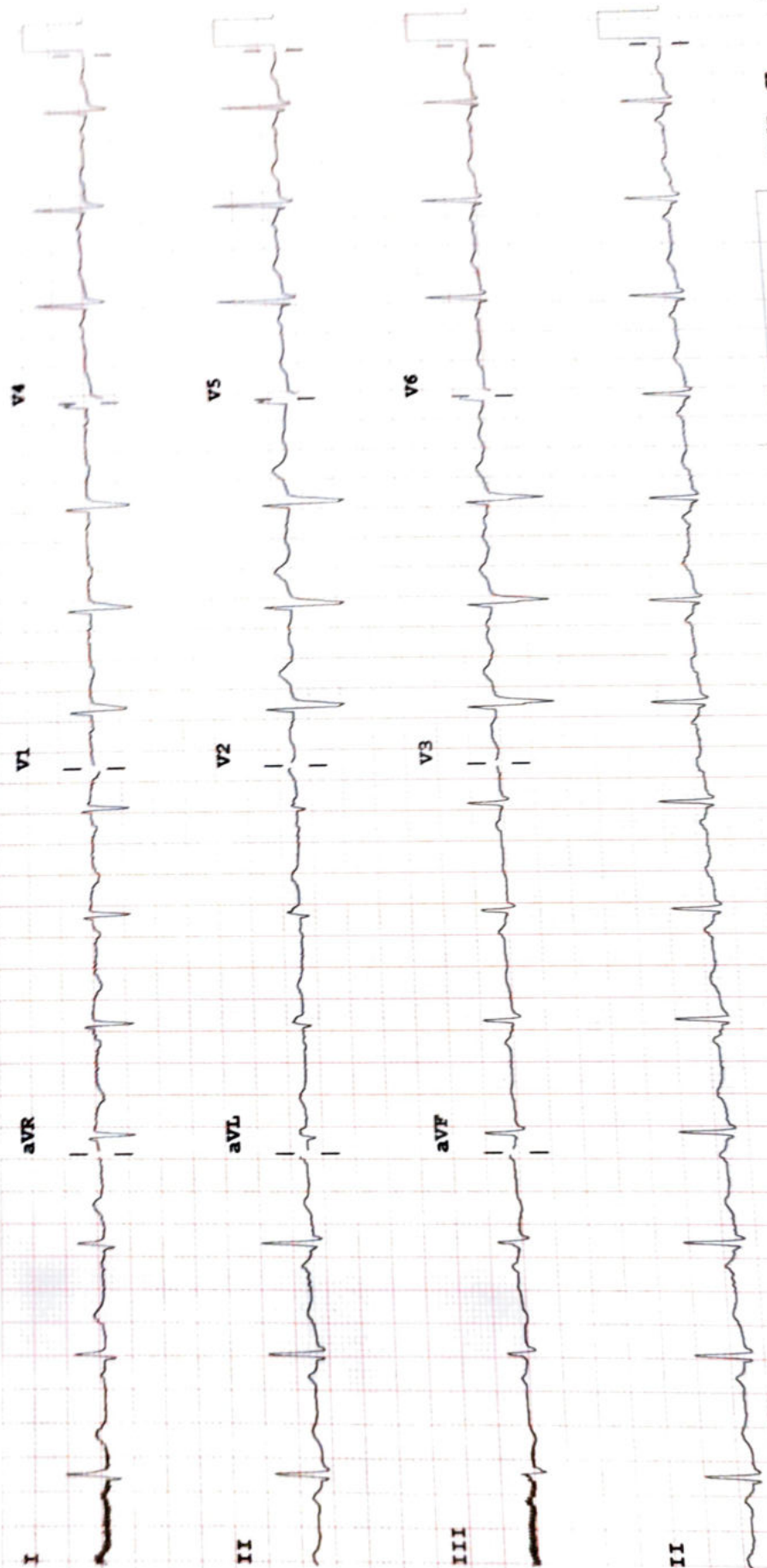
--AXIS--

P 61  
QRS 39  
T -2

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



F 50~ 0.50-150 Hz W

100B CL

P?

Speed: 25 mm/sec  
Limb: 10 mm/mV  
Chest: 10.0 mm/mV

Device:

PHILIPS

HEALTH CARE