



12 Lead + Median

149110/Poonam CharlesHR: 93 bpm
33 Yrs/Female METS: 1.0
73 Kg/163 Cms BP: 160/100

Date: 12-NOV-2022 11:24:12 AM

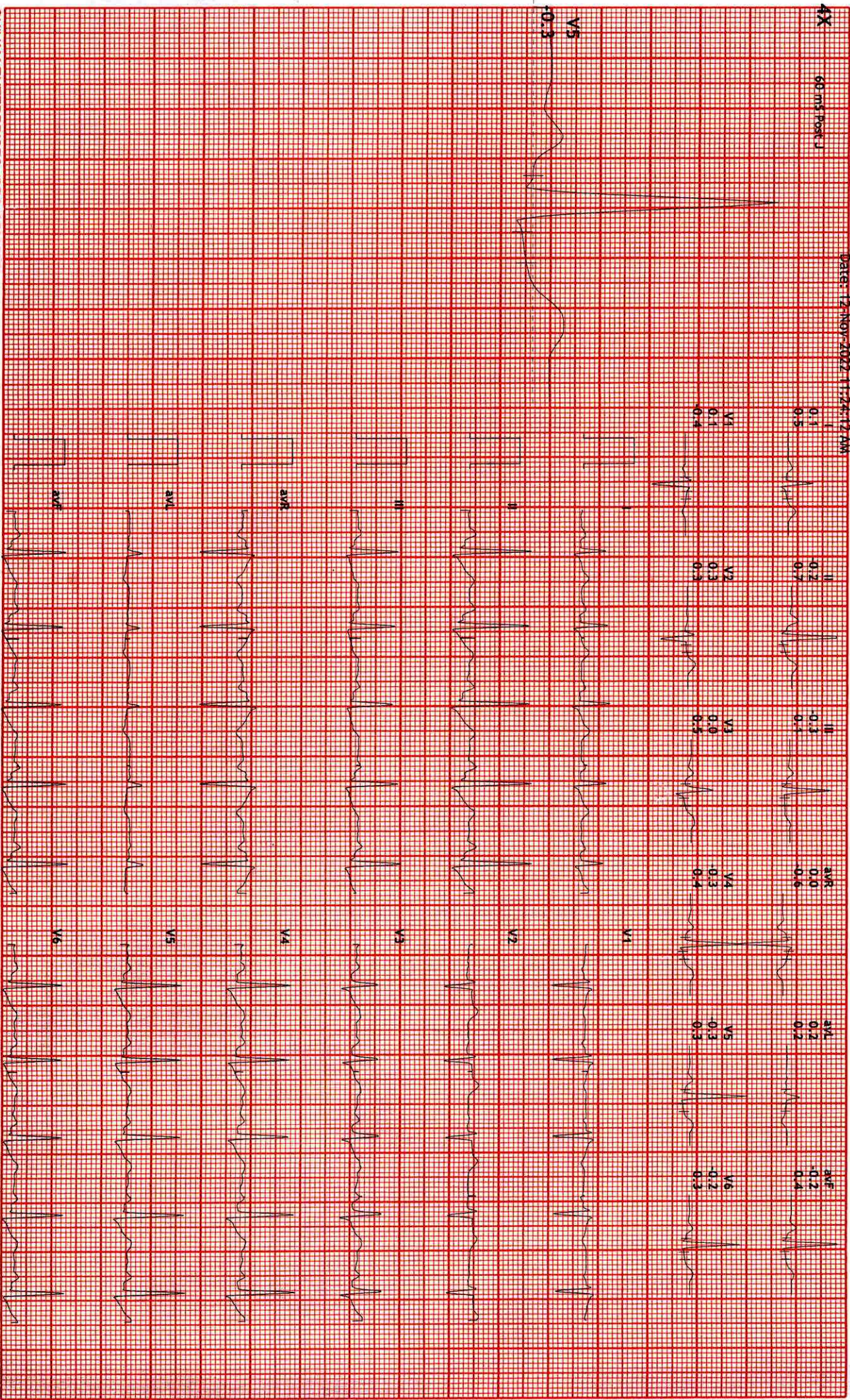
MPPR: 49% of 187
Speed: 0.0 mph
Grade: 0.0%

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 07:54
BLC : On
Notch : On

Recovery(3:00)
10.0 mm/mV
25 mm/Sec.





12 Lead + Median

149110/Poonam Charlestr: 96 bpm
33 Yrs/Female METS: 1.0
73 Kg/163 Cms BP: 160/100

MPHR: 51% of 187
Speed: 0.0 mph
Grade: 0.0%

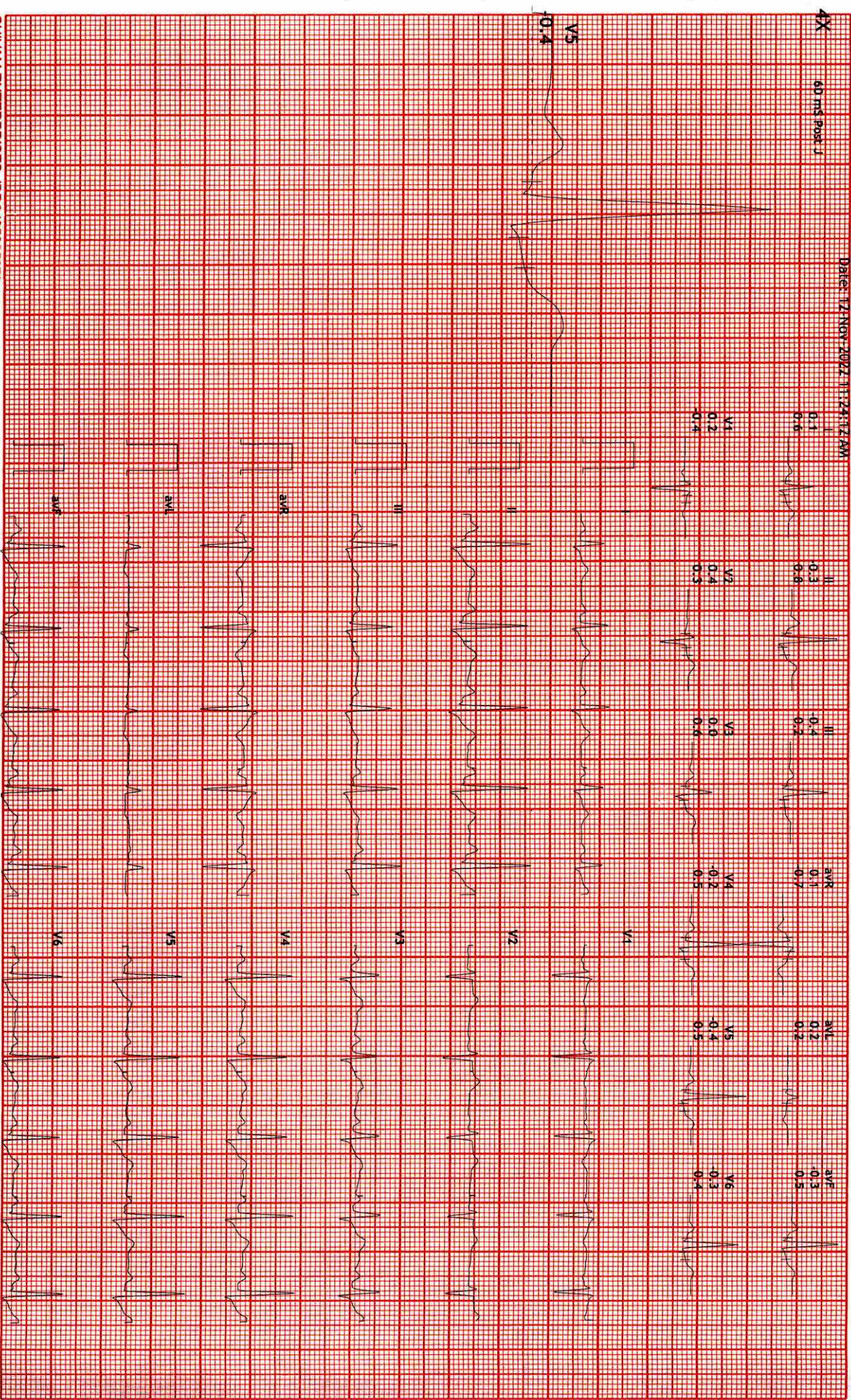
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 07:54
BLC : On
Notch : On

Recovery(2:00)
10.0 mm/mV
25 mm/Sec.

Date: 12-NOV-2022 11:24:12 AM

60 ms Post J





12 Lead + Median

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

149110/Poonam CharleshR: 121 bpm
33 Yrs/Female
73 Kg/163 Cms
METs: 1.2
BP: 140/90

MPPHR: 64% of 187
Speed: 0.0 mph
Grade: 0.0%

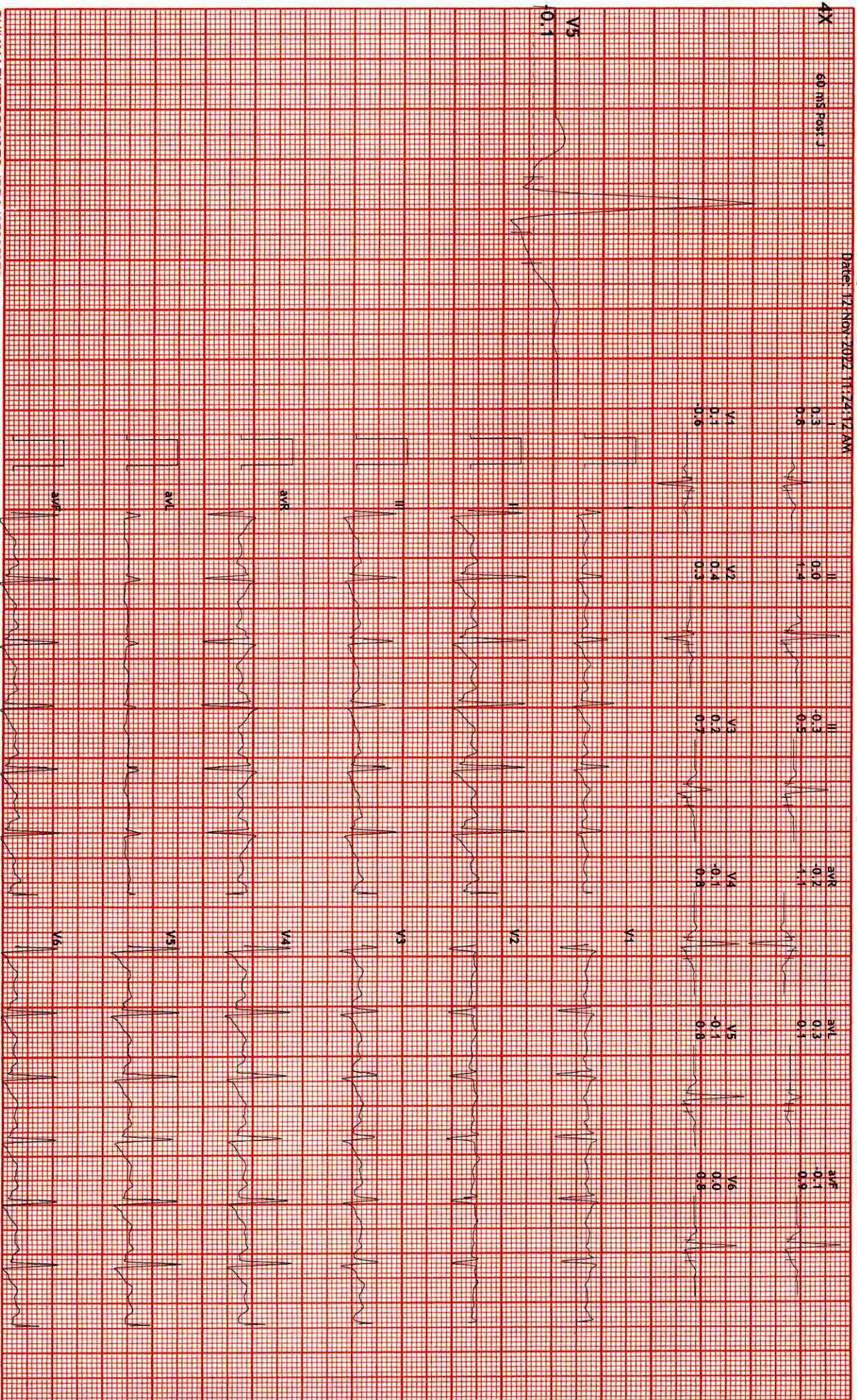
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 07:54
BLC: On
Notch: On

Recovery(1:00)
10.0 mm/mV
25 mm/Sec.

Date: 12-Nov-2022 11:24:17 AM

4X 60 ms Post J





12 Lead + Median

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

149110/Poonam CharlesHR: 163 bpm
33 Yrs/Female METS: 9.1
73 Kg/163 Cms BP: 140/90

MPHR:87% of 187
Speed: 3.4 mph
Grade: 14.0%

Raw ECG
BRUCE
(1.0-100)Hz

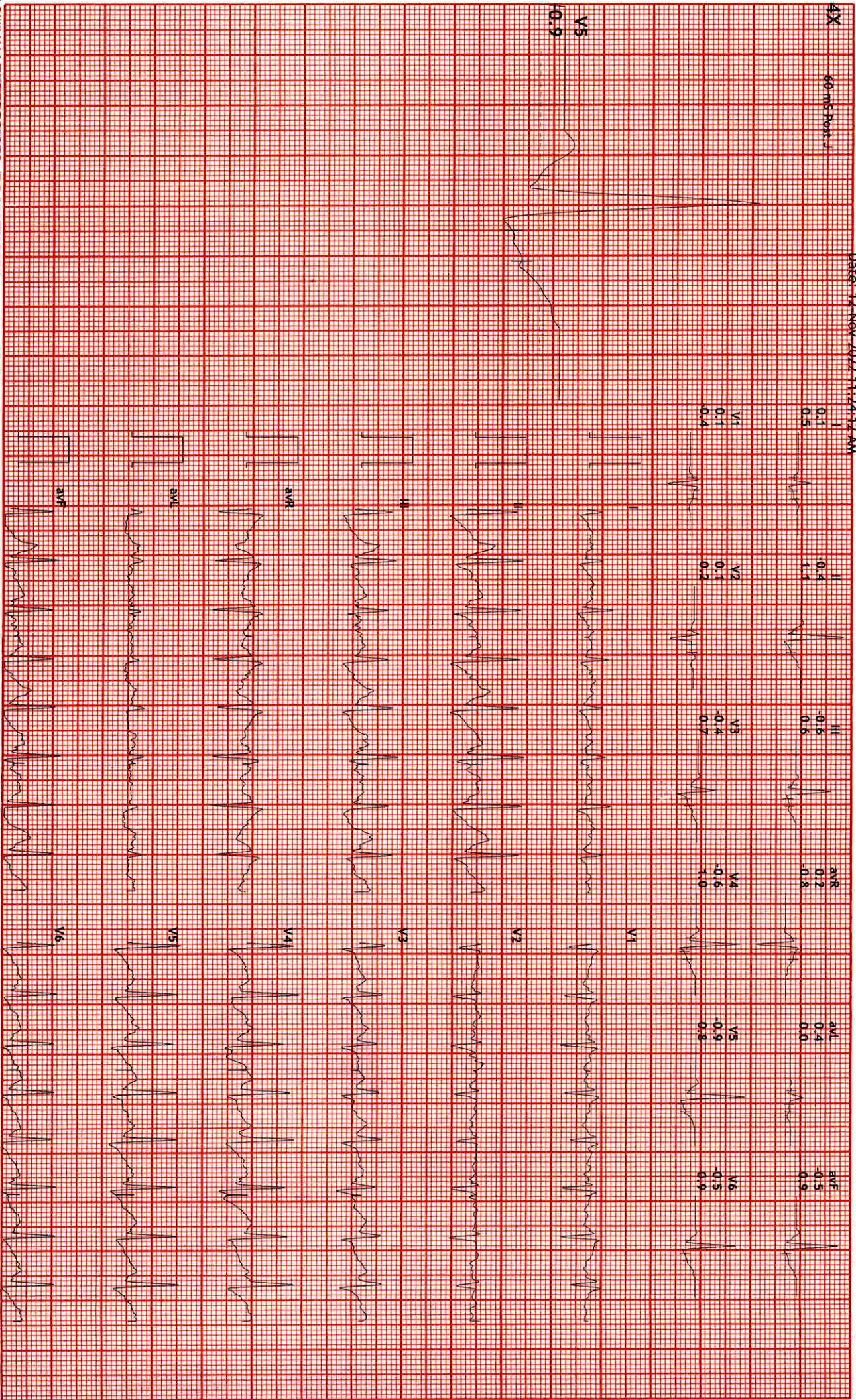
Ex Time 07:53
BLC :On
Notch :On

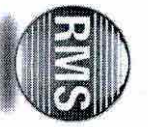
BRUCE:PeakEx(1:53)
10.0 mm/mV
25 mm/Sec.

Date: 12-Nov-2022 11:24:42 AM

4X 60 ms/box

V5
0.9





12 Lead + Median

149110/Poonam CharlesHR: 140 bpm
33 Yrs/Female METS: 7.1
73 Kg/163 Cms Bp: 130/80

Date: 12-Nov-2022 11:24:12 AM

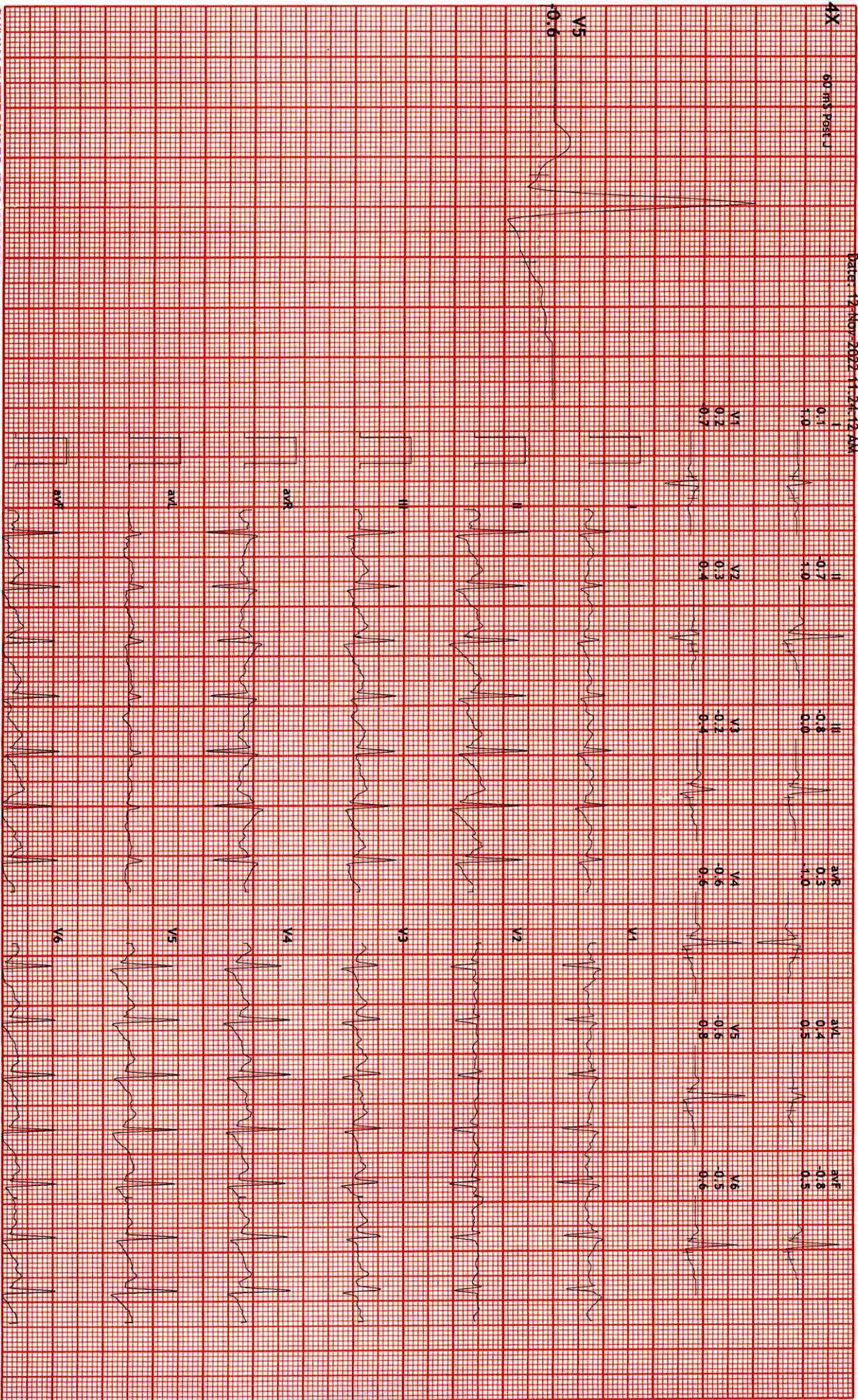
MPPR: 74% of 187
Speed: 2.5 mph
Grade: 12.0%

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC: On
Notch: On

BRUCE: Stage 2(3:00)
10.0 mm/mV
25 mm/Sec.





12 Lead + Median

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

149110/Poonam Charles HR: 114 bpm
33 Yrs/Female METS: 4.7
73 Kg/163 Cms BP: 120/80

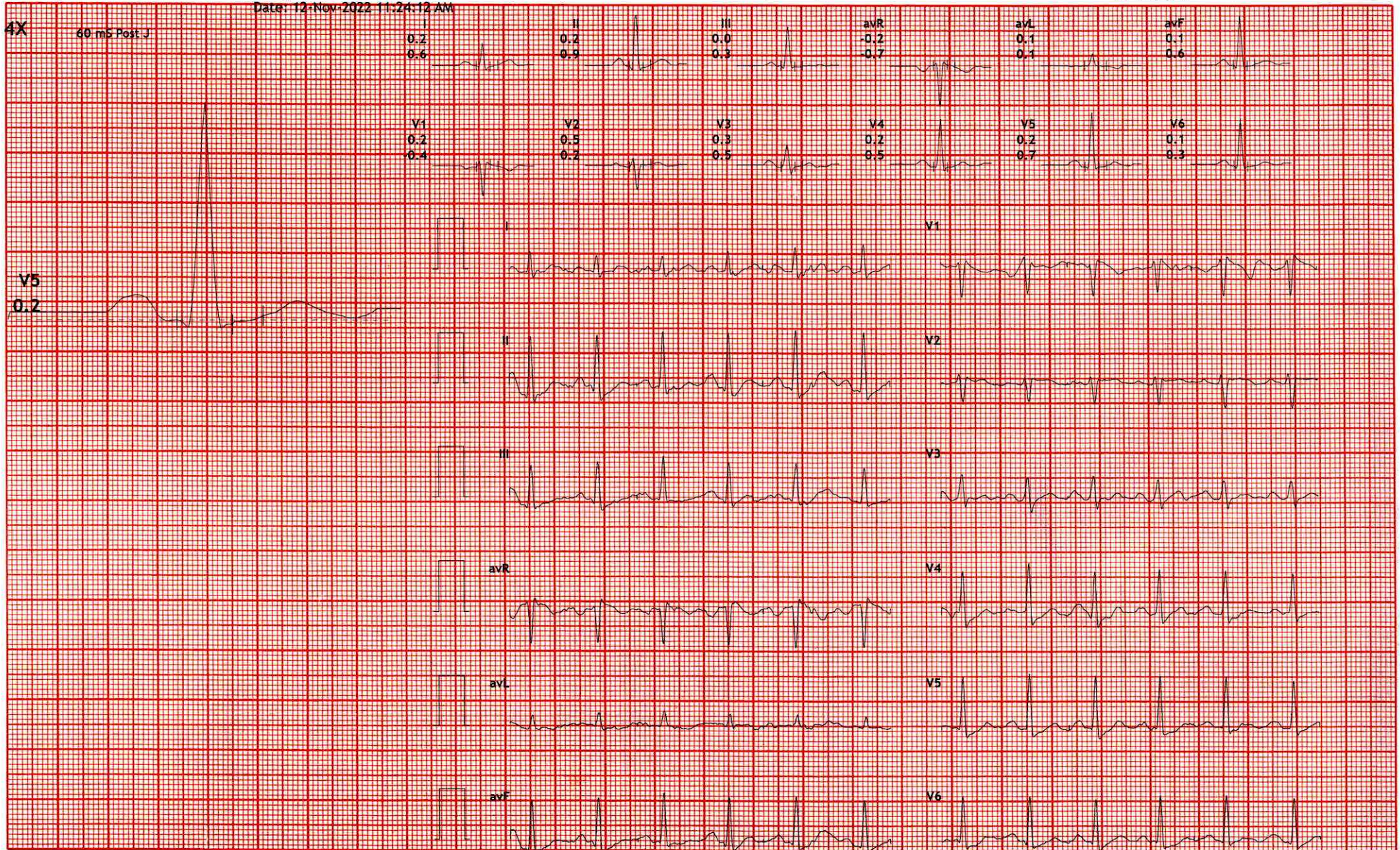
MPHR:60% of 187
Speed: 1.7 mph
Grade: 10.0%

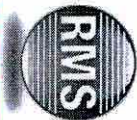
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC :On
Notch :On

BRUCE:Stage 1(3:00)
10.0 mm/mV
25 mm/Sec.

Date: 12-Nov-2022 11:24:12 AM





12 Lead + Median

149110/Poonam CharlesHR: 77 bpm
33 Yrs/Female METS: 1.0
73 Kg/163 Cms BP: 110/79

MPPHR:41% of 187
Speed: 0.0 mph
Grade: 0.0%

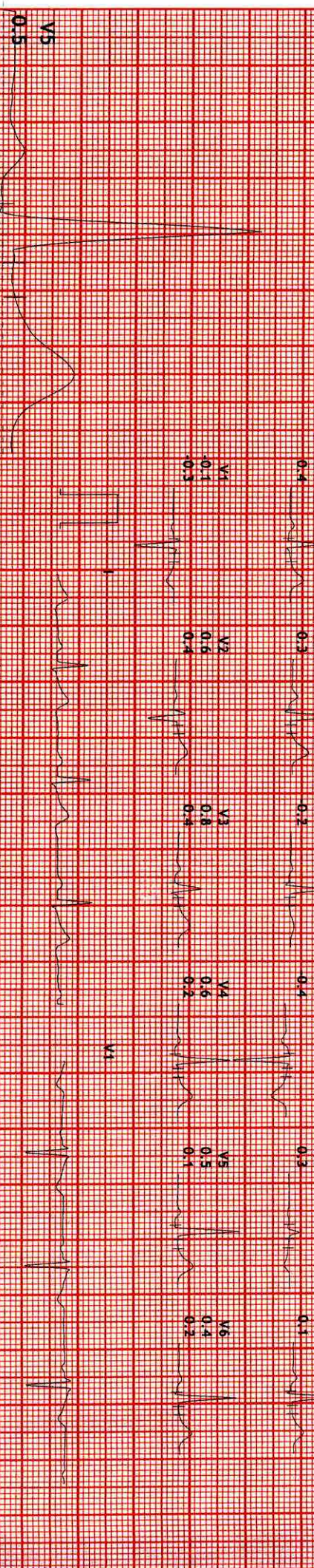
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:44
BLC : On
Notch : On

ExStart
10.0 mm/mV
25 mm/Sec.

DATE: 12-NOV-2022 11:26:12 AM

4X 60 ms Post J



V5 0.5



12 Lead + Median

149110/Poonam CharlesHR: 76 bpm
33 Yrs/Female METS: 1.0
73 Kg/163 Cms BP: 110/79

MPPR: 40% of 187
Speed: 0.0 mph
Grade: 0.0%

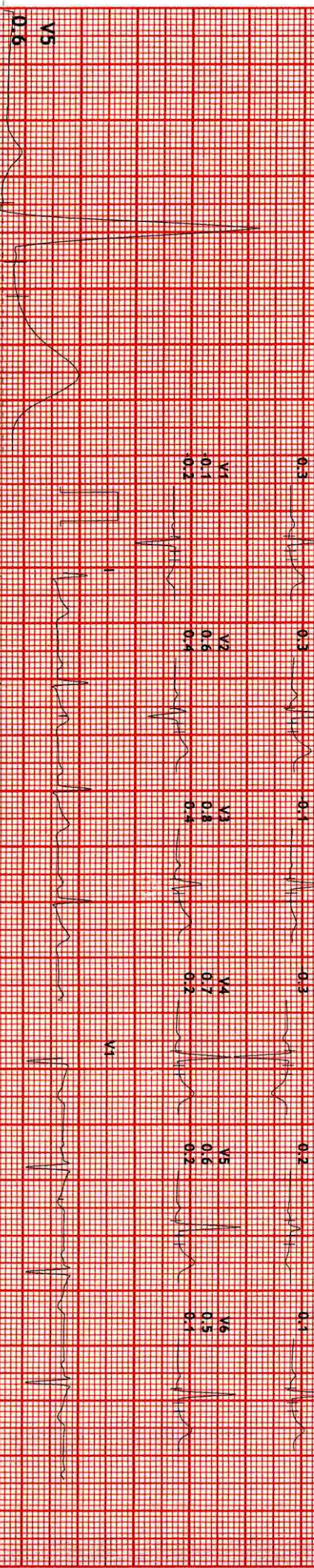
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:37
BLC : On
Notch : On

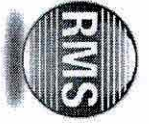
HV
10.0 mm/mV
25 mm/Sec.

Date: 12-NOV-2022 11:24:12 AM

4X 60 ms Post J



V5 0.6



12 Lead + Median

149110/Poonam CharlesHR: 79 bpm
33 Yrs./Female METS: 1.0
73 Kg/163 Cms BP: 110/79

MPHR: 42% of 187
Speed: 0.0 mph
Grade: 0.0%

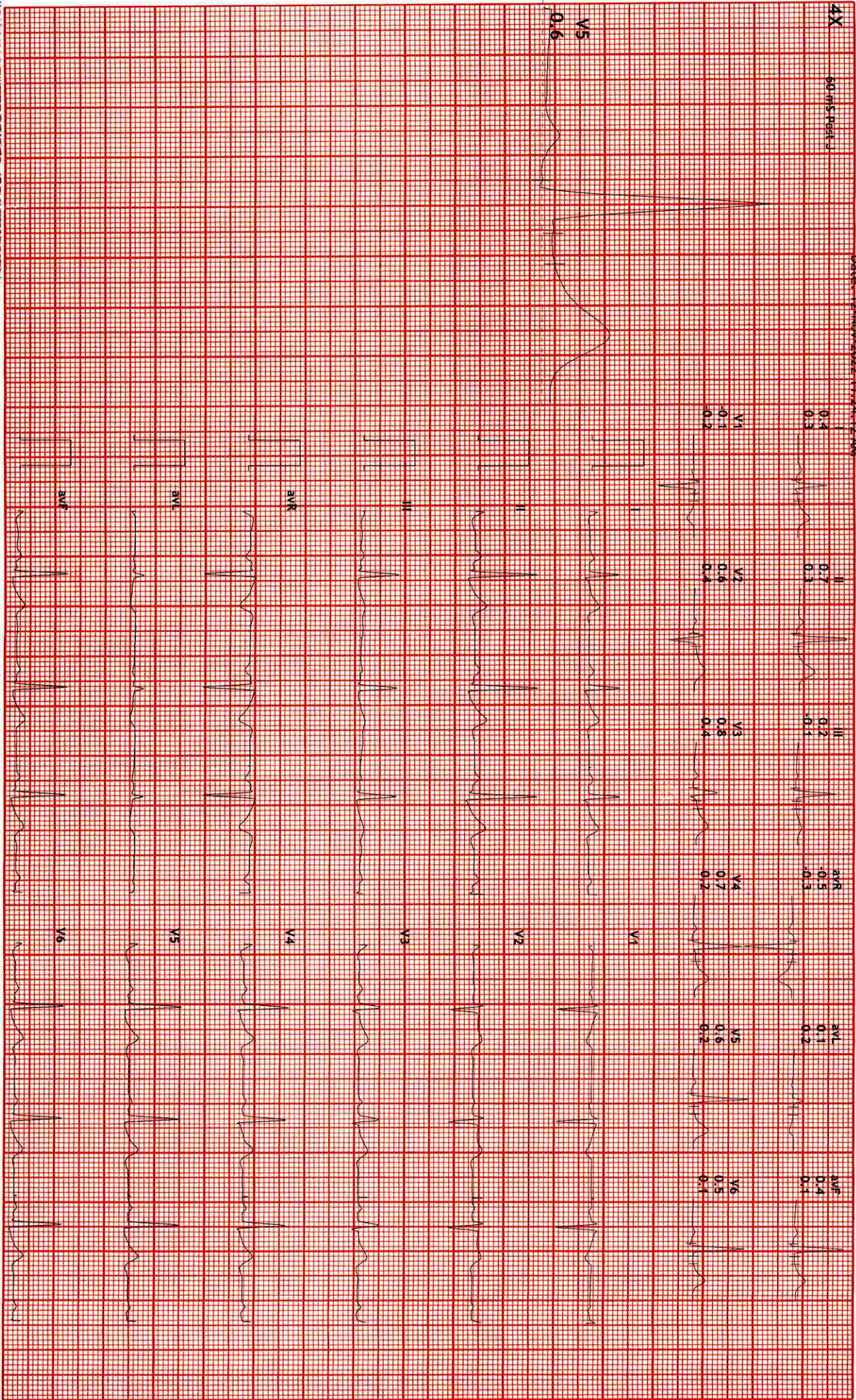
Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

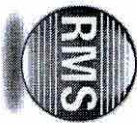
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:34
BLC : On
Notch : On

Standing
10.0 mm/mV
25 mm/Sec.

Date: 12-Nov-2022 11:24:12 AM





12 Lead + Median

149110/Poonam CharlesHR: 75 bpm
33 Yrs/Female METS: 1.0
73 Kg/163 Cms BP: 110/79
Date: 12-Nov-2022 11:24:12 AM

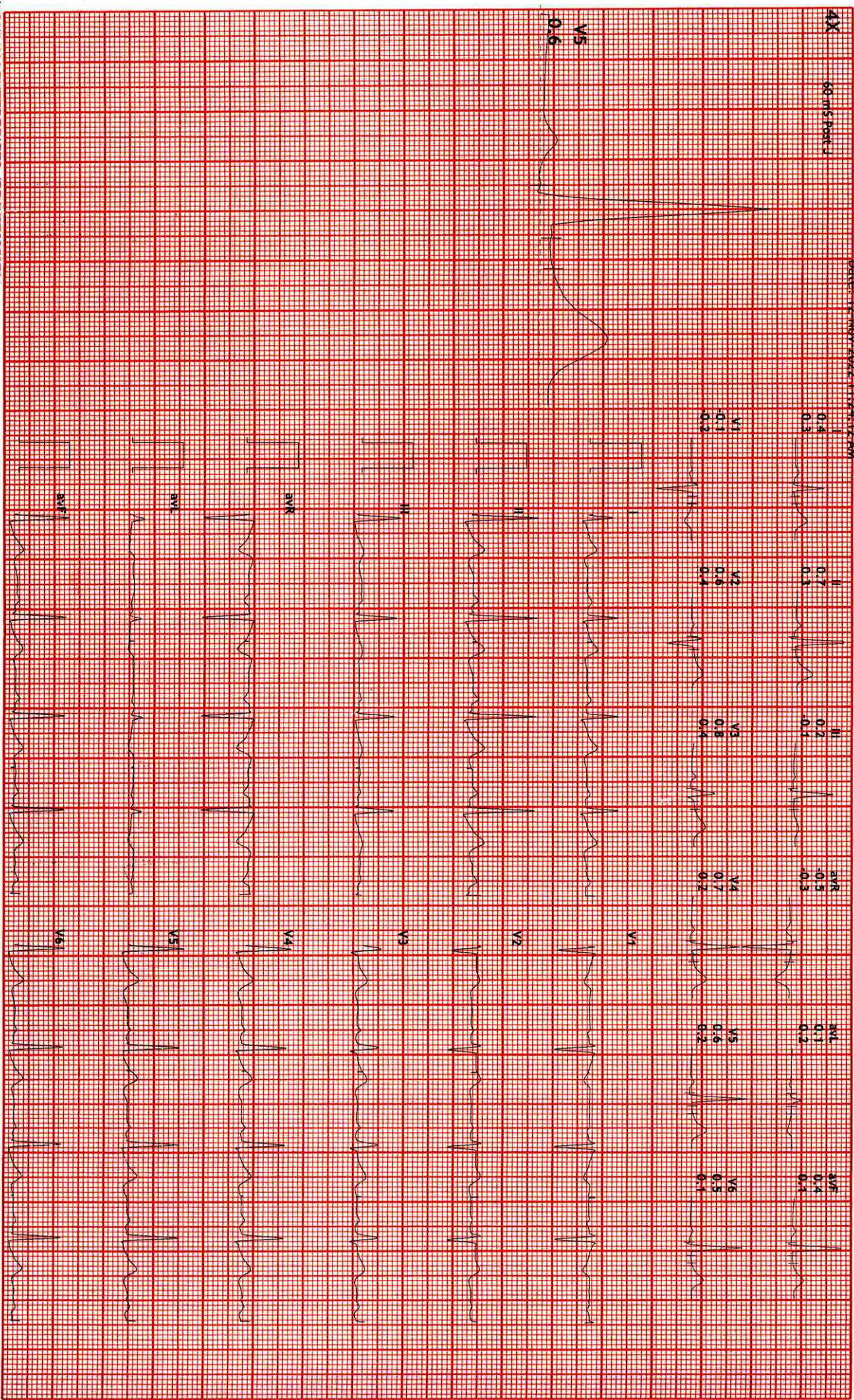
MPHR: 40% of 187
Speed: 0.0 mph
Grade: 0.0%

Hope ICU Hospital Jabalpur MP
1505 Wright Town Jabalpur

Raw ECG
BRUCE
(1.0-100)HZ

Ex Time 00:30
BLC :On
Notch :On

Supine
10.0 mm/mV
25 mm/Sec.



HOPE ICU & ADVANCED CRITICAL CARE HOSPITAL

1505, Wright Town, Near Keshav Kuti & Chanchala Bai College, JABALPUR- 482002 (M.P.)
(अस्पताल में ICU की सुविधा उपलब्ध नहीं है)



OPHTHAL CHECKUP

NAME: - MRS. POONAM CHARLES

DATE: - 12-11-2022

GROSS	-	NORMAL
EYELIDS / EYELASHES	-	NORMAL
SCHLERA	-	NORMAL
CORNEA	-	NORMAL
IRIS	-	NORMAL
PUPIL	-	REFLECTING TO LIGHT
VISION	-	NORMAL
LEFT EYE		
(DISTANT VISION)	-	6/6 WITHOUT GLASSES
RIGHT EYE		
(DISTANT VISION)	-	6/6 WITHOUT GLASSES
LEFT EYE		
(NEAR VISION)	-	N-6 WITHOUT GLASSES
RIGHT EYE		
(NEAR VISION)	-	N-6 WITHOUT GLASSES
COLOUR BLINDNESS	-	ABSENT
OPINION	-	NORMAL FINDINGS

DR. SANJAY KHANNA
HOPE ICU HOSPITAL, JABALPUR
Reg. No. 6776
HOSP Reg. No. 457

DR. SANJAY KHANNA

HOPE ICU & ADVANCED CRITICAL CARE HOSPITAL

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NAME: - MRS. POONAM CHARLES

DATE: - 12-11-2022

XRAY CHEST (PA)

- Bilateral lung fields are clear. No evidence of obvious consolidation.
- Cardiac shadow appears normal. Cardio thoracic ratio normal.
- Bilateral hilum appears normal.
- Bilateral costophrenic angle clear and domes are normal
- Aortic knuckle normal
- Rib cage appears grossly normal.
- Soft tissue shadow appears normal.

IMPRESSION: Chest X-ray reveals no significant abnormality.

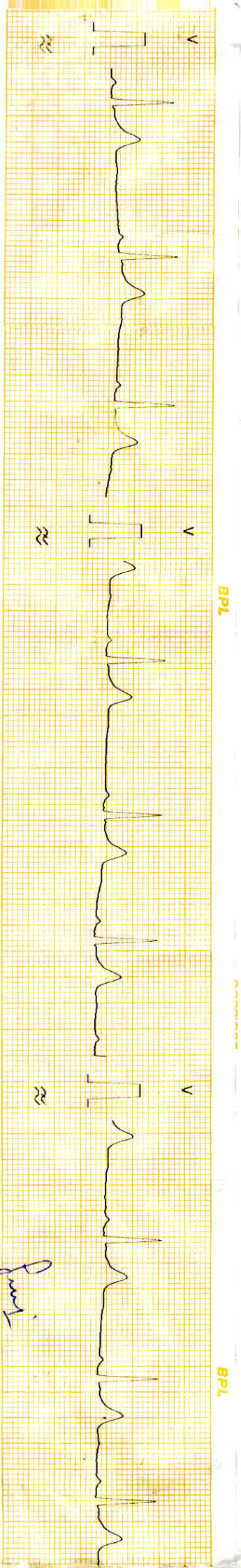
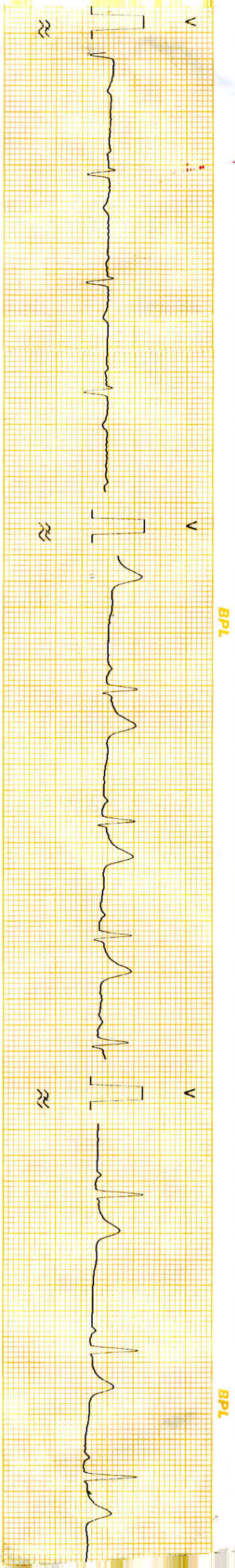
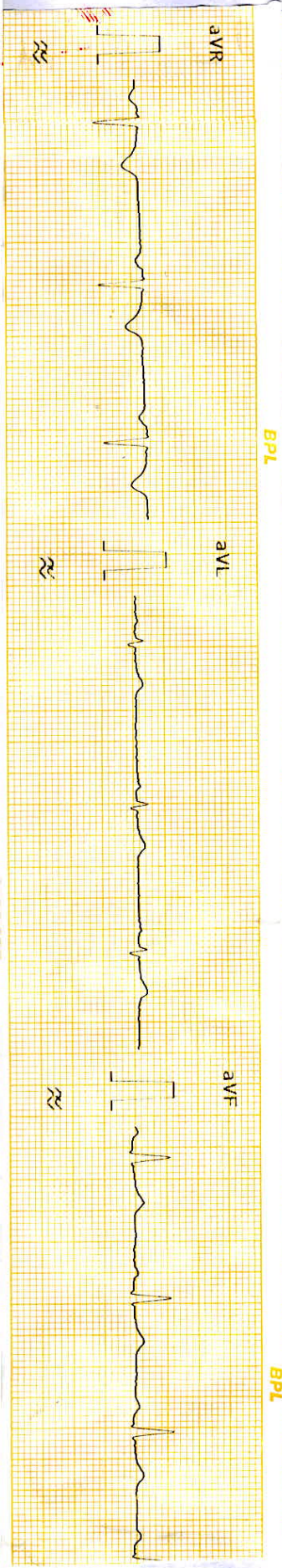
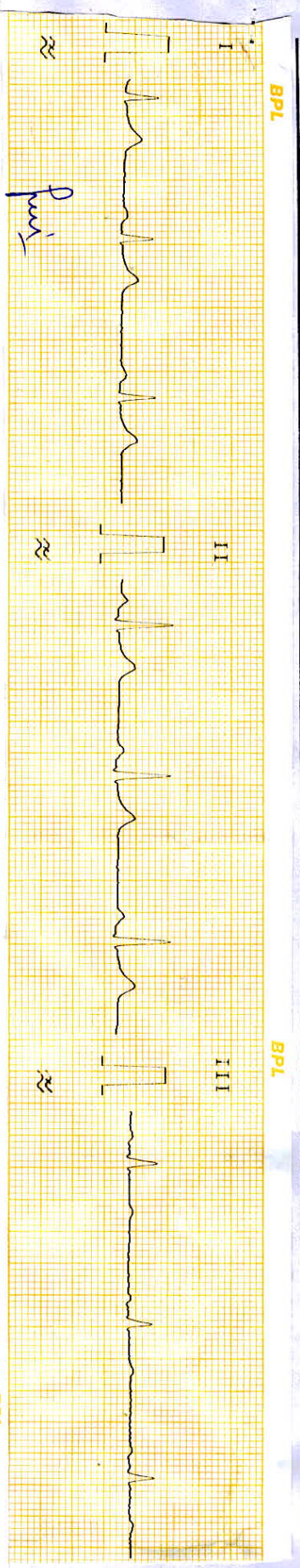
Kindly correlate clinically.

DR. PALBHA KHANNA
CONSULTANT RADIOLOGIST
REG. NO. MP-27762

DR. SANJAY KHANNA
HOPE ICU HOSPITAL, JABALPUR
Reg. No. 6776
HOSP Reg. No. 457

DR. SANJAY KHANNA

NAME: MRS. POONAM CHARLES AGE-33Y/F ECG REPORT DATE- 12-11-2022



CARDIART

CARDIART

NAME: MRS. POONAM CHARLES AGE-33Y/F ECG REPORT DATE- 12-11-2022

AURICULAR RATE-	55/min	PR-	Normal
VENTICULAR RATE-	55/min	QRS-	Normal
AXIS-	NAO	ST-	Isolative
RHYTHM-	Regular	T-	↓ V ₁
		Q-	Absent

WNL at Rest

Sanjay Khanna
M.D.
HOPE HOSPITAL
Wright Town, Jabalpur (M.P.)

DR. SANJAY KHANNA
HOPE ICU HOSPITAL, JABALPUR
Reg. No. 6776
HOSP Reg. No. 457

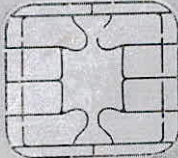


सत्यमेव जयते

INDIAN UNION DRIVING LICENCE

MADHYA PRADESH STATE

Form 7



Number : MP20N-2019-0499492
 Name : POONAM CHARLES
 S/D/W of : NITESH CHARLES
 Address : H NO 1333/18 PRAGATI
 SHEEL COLONY NARMADA RD
 JABALPUR, MP



Org. DL. No.

Issued on
by

Issued on: 28-12-2019
 DOB : 10-02-1989 BG A+ve
 is Licence to drive

HOLDER SIGNATURE

Vehicle Class	MCWGR	LMV-NT		
Date of Issue	28-12-2019	28-12-2019		

Authentication
 Issuing Authority
 JABALPUR

Valid till (Transport)

Valid till (Non-Transport) 27-12-2029

SANTOSH PAUL

DR. SANJAY KHANNA
 HOPE ICU HOSPITAL, JABALPUR
 Reg. No. 6776
 HOSP Reg. No. 467



Summary

Hope ICU Hospital Jabalpur MP

1505 Wright Town Jabalpur

149110/Poonam Charles

33 Yrs/Female 73 Kg/163 Cms

Date: 12-Nov-2022 11:24:12 AM

Ref.By : DR SANJAY KHANNA

Protocol : BRUCE

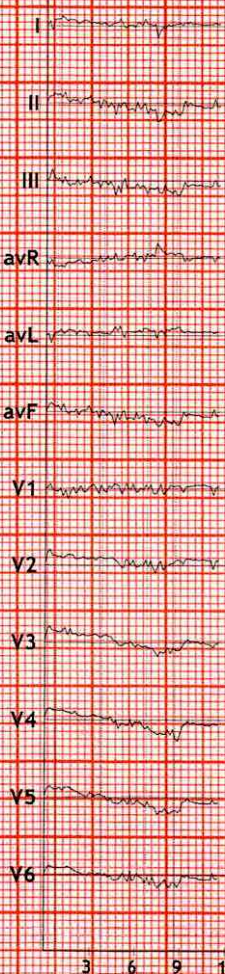
Medication :

History :

Objective :

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	75	110/79	82	-	
Standing					1.0	79	110/79	86	-	
HV					1.0	76	110/79	83	-	
ExStart					1.0	77	110/79	84	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	114	120/80	136	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	140	130/80	182	-	
PeakEx	1:53	7:54	3.4	14.0	9.1	163	140/90	228	-	
Recovery	1:00		0.0	0.0	1.2	121	140/90	169	-	
Recovery	2:00		0.0	0.0	1.0	96	160/100	153	-	
Recovery	3:00		0.0	0.0	1.0	93	160/100	148	-	

STL 0.5 mm/Div
1 2 PR



Findings :

Exercise Time : 07:54
 Max HR Attained : 163 bpm 87% of Max Predictable HR 187
 Max BP : 140/90(mmHg)
 Max WorkLoad attained : 9.1(Good Effort Tolerance)

Stress Test is Negative for Exercise Induced Ischemic Heart Disease

Dr. Pushpraj Patel
 MD, DNB (Cardiology) FSCAI (USA)
 Interventional Cardiologist
 Reg. No. MP8585

Sanjay Khanna
Sanjay Khanna
 X.D.

HOPE HOSPITAL
 Wright Town, Jabalpur (M.P.)
DR. SANJAY KHANNA
 HOPE ICU HOSPITAL, JABALPUR
 Reg. No. 5776
 HOSP Reg. No. 457

Advice/Comments:

खान्ना पैथोलॉजी लैब एवं ब्लड बैंक
KHANNA PATHOLOGY LAB AND BLOOD BANK

14, Roopam Tower, Opp. Water Tank,
Near Hanuman Mandir & Chanchala Bai College
Wright Town, Jabalpur (M.P) Mobile No. **9300092155**
Lab Timings: 9.00 A.M. to 9.00 P.M., Sunday till 2.00 P.M

Dr. Mrs. Vandana Khanna
MBBS, DCP {Pathologist}

REG NO. : OPD / 7
NAME : Mrs. Poonam Charles AGE : 33 Years SEX : Female
REF BY : Dr Sanjay Khanna MD DATE : 12/11/2022

URINE ANALYSIS REPORT

TESTS **RESULTS** **UNIT** **REFERENCE RANGE**

Physical Examination

Colour : Pale Yellow
Quantity : 20 ml
Appearance : Clear
Deposits : Absent
Specific gravity : 1012
Reaction (pH) : Acidic 4.8-7.6

Chemical Examination

Proteins : absent
SUGAR : Absent

Microscopic Examination

RBC : Absent /hpf
PUS(WBC) Cells : 0-2 /hpf
Epithelial Cells : (+) /hpf
Casts : Absent
Crystals : Absent

THYROID FUNCTION TEST

Triiodothyronine (T3) : 97.2 ng/dl 86 - 187
Thyroxine (T4) : 9.4 micro gm/dl 4.5 - 12.5
Thyroid stimulating hormone (TSH) : 1.2 micro IU/ml 0.4 - 5.2


DR. VANDANA KHANNA
KHANNA PATHOLOGY LAB, JABALPUR
Reg. No. 370

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Dr. Mrs. Vandana Khanna
MBBS, DCP {Pathologist}

REG NO. : OPD / 7

NAME : Mrs. Poonam Charles

AGE : 33 Years

SEX : Female

REF. BY : Dr Sanjay Khanna MD

DATE : 12/11/2022

BIOCHEMISTRY

TESTS

RESULTS

UNITS

REFERENCE

BLOOD SUGAR REPORT

Blood Sugar Fasting	: 80	mg/dl	80 - 110
Urine Sugar Fasting	: Nil		
Blood Sugar Post Meal	: 112	MG%	110 - 150
URINE SUGAR Post Meal	: Nil		
METHOD	: GOD.POD.		

Dr. Mrs. Vandana Khanna


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REF BY : Dr Sanjay Khanna MD DATE : 12/11/2022

COMPLETE BLOOD COUNT

<u>TESTS</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
Haemoglobin	: 12.5	gm/dl	12 - 16
R.B.C. Count	: 4.88	mil/cmm	3.8 - 5.8
Packed Cell Volume	: 39.0	%	35 - 47
Mean Corpuscular Volume	: 79.92	cu micron	76 - 96
Mean Corpuscular Hemoglobin	: 25.61	picograms	25 - 32
Mean corpuscular Hb Con.	: 32.05	g/dl	32 - 36
RDW-CV	: 13.4		11.5 - 14.5
Platelets	: 270000	/cmm	150000 - 450000
ESR	: 16	/hr	0 - 20
Total WBC Count	: 9450	/cmm	4000 - 11000

DIFFERENTIAL COUNT

Neutrophils	: 66	%	40 - 70
Lymphocytes	: 28	%	20 - 45
Eosinophil	: 04	%	0 - 6
Monocytes	: 02	%	0 - 8
Basophils	: 0	%	0 - 1

Blood Group : "A" Rh Positive.

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(अस्पताल में ICU की सुविधा उपलब्ध नहीं है)



MRS. POONAM CHARLES

DATE:- 12-11-2022

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size , outline is normal . No evidence of intrahepatic biliary radicals dilatation.
Portal vein is normal.

Gall Bladder not seen.

Spleen is normal in size, outline and echopattern.

Pancreas shows normal outline and echopattern. No evidence of peripancreatic fluid seen. Pancreatic duct appears normal.

Both Kidneys are normal in size, location and outline. Cortical echogenicity and cortico-medullary differentiation is well maintained. PCS is compact. No calculi seen.

Urinary Bladder is well distended with normal wall thickness. Lumen is clear. No calculi / mass lesion noted.

Uterus Retroflexed uterus with thickened endometrium

No ascites is seen.

No pleural effusion seen on either side.

Please correlate clinically.

IMPRESSION: USG reveals

- Gall bladder not seen
- Uterus Retroflexed uterus with thickened endometrium

Please correlate clinically.

DR. PALBHA KHANNA
CONSULTANT RADIOLOGIST
REG. NO. MP-27762

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DR. SANJAY KHANNA

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(अस्पताल में ICU की सुविधा उपलब्ध नहीं है)



MEDICAL EXAMINATION REPORT

NAME: - MRS. POONAM CHARLES

DATE: - 12-11-2022

B.P.	-	110/79	Pulse	-	80/min
Height	-	163cm	Weight	-	73kg
CHEST (Inhale)	-	100cm	CHEST (Exhale)	-	97cm
Abdomen	-	97cm	Waist	-	99cm
Hip	-	100cm	BMI	-	27.5

HOSPITALIZATION H/O- Gall bladder removed in 2014. Admitted for 5 Days in Nagpur.
Fibroid in uterus. Admitted in 2014 for 2 days in Nagpur

MEDICINE H/O- Hypothyroid since 2011. Thyroxine 100 mg

R. S. - NVB

CVS - S1 S2

CNS - NAD

P/A- No Organomegaly

OPINION:-

Medically
except

ht.
Uterus

Endometrial thickening

DR. SANJAY KHANNA
HOPE ICU HOSPITAL, JABALPUR
Reg. No. 6776
HOSP Reg. No. 457

DR. SANJAY KHANNA

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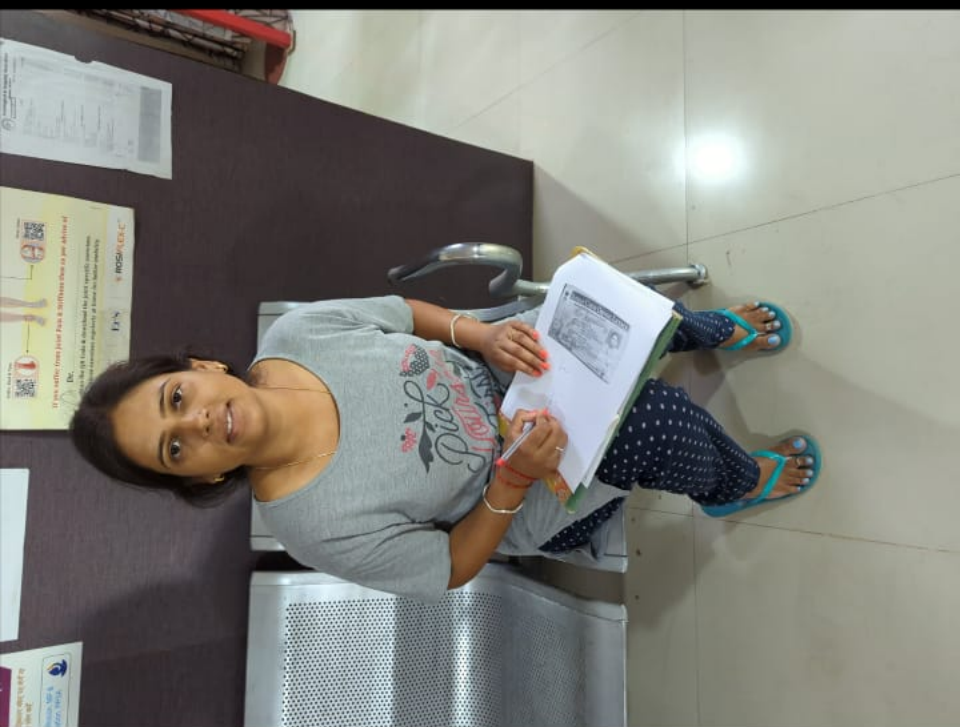
REG NO. : OPD / 7
NAME : Mrs. Poonam Charles AGE : 33 Years SEX : Female
REF. BY : Dr Sanjay Khanna MD DATE : 12/11/2022

BIOCHEMISTRY

S. Cholesterol	: 201	mg/dl	125 - 250
S. Triglycerides	: 152	mg/dl	25 - 200
HDL Cholesterol	: 53	mg/dl	30 - 70
LDL Cholesterol	: 117.6	mg/dl	85 - 184
VLDL Cholesterol	: 30.4	mg/dl	7 - 35
LDLC/HDLC RATIO	: 2.22		2.5 - 3.5
TC/HDLC RATIO	: 2.87		3.0 - 5.0
S.Cholesterol/HDLC Ratio	: 3.79		
Blood Urea Nitrogen	: 16	mg/dl	5 - 20

Dr. Mrs. Vandana Khanna

DR. VANDANA KHANNA
KHANNA PATHOLOGY LAB, JABALPUR
Reg. No. 370

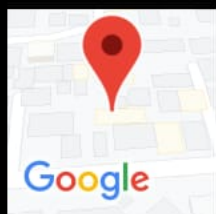


1505, beside KESHAV KUTI,
Wright Town, Jabalpur, Madhya
Pradesh 482002, India

haze
25.0 °C

12 Nov 2022 10:29 AM





1505, beside KESHAV KUTI,
Wright Town, Jabalpur, Madhya
Pradesh 482002, India

haze
25.0 °C

12 Nov 2022 10:29 AM



INDIAN UNION DRIVING LICENCE

MADHYA PRADESH STATE

Form 7

सत्यमेव जयते



Number : MP20N-2019-0499492

Name : POONAM

CHARLES

S/D/W of : NITESH CHARLES

Address : H NO 1333/18 PRAGATI

SHEEL COLONY NARMADA RD

JABALPUR, MP



Org. DL. No.

Issued on: 28-12-2019

Issued on

DOB : 10-02-1989 BGA+ve

by

is Licence to drive

HOLDER SIGNATURE

Vehicle Class	MCWGR	LMV-NT		
Date of Issue	28-12-2019	28-12-2019		

Authentication
Issuing Authority
JABALPUR

SANTOSH PAUL

Valid till (Transport)

Valid till (Non-Transport) 27-12-2029