



## Health Check up Booking Confirmed Request(bobE3441),Package Code PKG10000248 Beneficiary Code-71052

Mediwheel <reply@mediwheel.in> <mailto:reply@mediwheel.in> <mailto:reply@mediwheel.in>  
To: info@aaakashhospital.com <mailto:info@aaakashhospital.com> <mailto:info@aaakashhospital.com> <mailto:info@aaakashhospital.com>  
Cc: Mediwheel CC <wellness1@mediwheel.in> <mailto:wellness1@mediwheel.in> <mailto:wellness1@mediwheel.in> <mailto:wellness1@mediwheel.in>  
Mediwheel CC <customer.care@mediwheel.in> <mailto:customer.care@mediwheel.in> <mailto:customer.care@mediwheel.in>

011-41195959

Hi **Aakash Hospital**,

Diagnostic/Hospital Location **90/43 Malviya Nagar New Delhi**

We have received the confirmation for the following booking

**Beneficiary Name** : PKG10000248

**Beneficiary Name** : MR. KUMAR DEEPAK

**Member Age** : 36

**Member Gender** : Male

**Member Relation** : Employee

**Package Name** : Mediwheel Metro BOB Full Body Health Checkup Male Below 40

**Location** : SOUTH DELHI,Delhi-110017

**Contact Details** : 8422999309

**Booking Date** : 20-09-2021

**Appointment Date** : 23-09-2021

### Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems

### For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test
2. It is advisable not to undergo any Health Check during menstrual cycle

We request you to facilitate the employee on priority.



बैंक ऑफ बड़ोदा  
Bank of Baroda

नाम: **Deepak Kumar**  
Name:

कर्मचारी कूट क्र. **166992**  
E. C. No.



जारीकर्ता प्राधिकारी, मु. प्र. (सु.) अ. का. न. दि.  
Issuing Authority CM (S), ZO, ND



धारक के हस्ताक्षर  
Signature of Holder


**DR. R. K. MEHRA**  
MBBS, DTCD (Delhi)  
MCI - 1476  
Aakash Hospital  
90/43, Malviya Nagar  
New Delhi

आयकर विभाग  
INCOME TAX DEPARTMENT  
भारत सरकार  
GOVT. OF INDIA

सुनील कुमार  
SUNIL KUMAR  
सुनील कुमार लाल शर्मा  
SUNIL KUMAR LAL SHARMA

21/03/1994  
Permanent Account Number

Signature

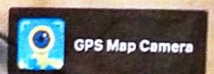


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99/11, Malviya Nagar,

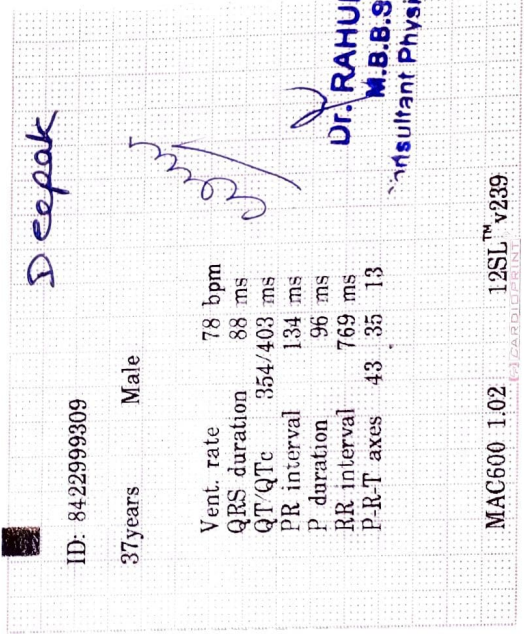
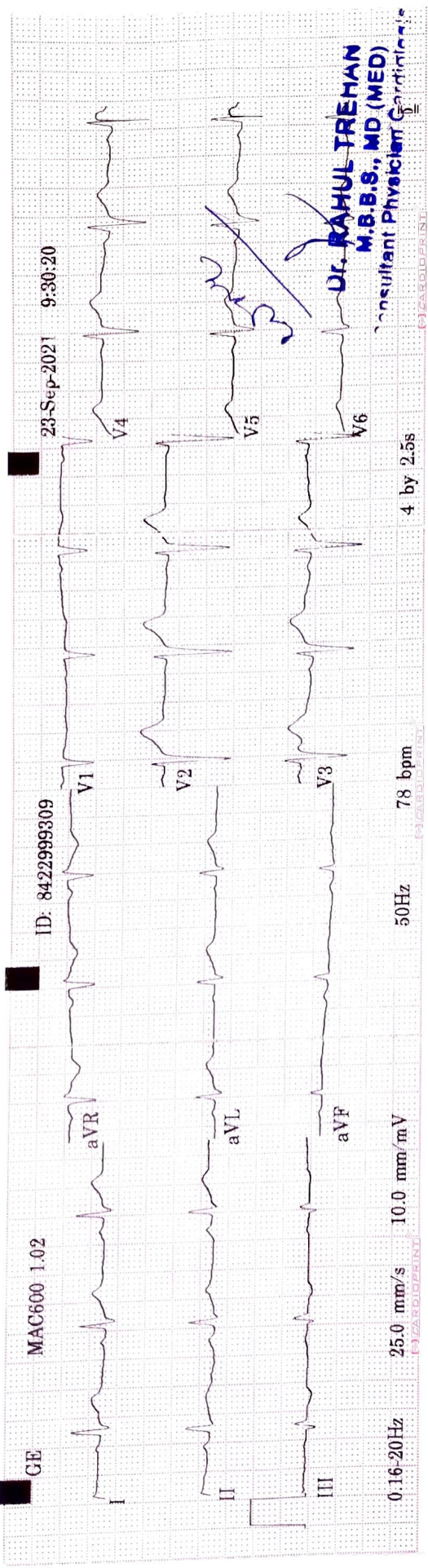


*Dr. Ravi Mehra*

**DR. RAVI MEHRA**  
MBBS, DTC (Delhi)  
MCI - 1476  
Aakash Hospital  
90/43, Malviya Nagar,  
New Delhi -110017



**23/09/21 01:07 PM**





90/43, Malviya Nagar, New Delhi-110017  
#+91-11-40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

<b>NAME: MR DEEPAK KUMAR</b>	<b>AGE: 36 Y</b>	<b>SEX: MALE</b>
<b>REF.BY: MEDICAL</b>	<b>DATE: 23.09.21</b>	<b>X RAY NO: 23668</b>

### CHEST (PA VIEW)

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

Both lungs are normally aerated and are applied to the chest wall on all sides.

The mediastinum is centered and of normal width.

The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

The soft tissue envelope of chest shows no abnormalities.

**IMP: NORMAL STUDY**

**DR. R. DUGGAL**  
**MD(RADIOLOGY)**  
**DMC-2595**

#### AREA OF EXPERTISE

- Interventions  
(Vascular & Nonvascular)
- FNAC

- Biopsy
- Drainages
- Doppler Scans

- 3D & 4D Scans
- Varicose Vein  
Laser Treatment



R

DEEPAK KUMAR 36YRS AKH 23668 M 2021-09-23 CHEST PA  
AAKASH HOSPITAL 90/43, MALVIYA NAGAR, PH-40501000



# Aakash Hospital<sup>TM</sup>

Care with concern

(A unit of Dr. Gaba & Associates Medicare Pvt. Ltd.)



CIN No. U85110DL2004PTC125538

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## ECHOCARDIOGRAM REPORT

NAME : MR DEEPAK KUMAR  
AGE/SEX : 36/M  
DATE : 23.09.21

## ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

MEASUREMENT	VALUE	NORMAL RANGE
AORTIC ROOT DIAMETER	25	20 – 37 mm
AORTIC VALVE OPENING	16	15 – 26 mm
LEFT ATRIAL DIMENSION	36	19 - 40 mm
RV DIMENSION	N	07 – 26 mm
RV THICKNESS	N	03 -09 mm
LV ED DIMENSION	46	37 – 56 mm
LV ES DIMENSION	24	22 - 40 mm
IVS THICKNESS	ED – 06 ES – 11	06 – 12 mm
LVPW THICKNESS	ED – 06 ES – 08	05 – 11 mm
IVS/LVPW RATION	N	
MITRAL VALVE	DE-N EF – N	
INDICES OF LV FUNCTION		
LVEF	60%	60 +/-5 %
FS	32%	24 -42 %

### AREA OF EXPERTISE

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## IMAGING

- ❖ LV normal size. Good contractility. RWMA absent. No thrombus.
- ❖ LA normal in size. No clot.
- ❖ RV & RA normal size. RV contractility.
- ❖ Mitral valve leaflets normal. PML motion normal. No annular calcification present.
- ❖ Normal tricuspid & pulmonic valves.
- ❖ Aortic valve- tricuspid.
- ❖ Pericardium normal.

RWMA: ABSENT

### **DOPPLER:-**

MV	E 0.78 m/sec	A 0.63 m/sec	MR	0/4
TV	0.40 m/sec		TR	0/4
AV	1.10 m/sec		AR	0/4
PV	0.85 m/sec		PR	0/4

COLOUR FLOW MAPPING: NORMAL.

### **FINAL IMPRESSION:-**

- ❖ Normal LV wall motion and systolic function.
- ❖ Normal flow across valves.
- ❖ No LV clot, Vegetation, pericardial effusion.

DR. Rahul Trehan  
MD, Medicine  
Consultant Physician & Cardiologist

**DR. RAHUL TREHAN**  
**M.B.B.S., MD (MED)**  
Consultant Physician Cardiologist

## **AREA OF EXPERTISE**

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment



# AAKASH HOSPITAL, MALVIYA NAGAR

37 M, \*  
1-09-23-11

AAKASH HOSPITAL

TiE 0.8  
TfE 0.8  
MI 1.3

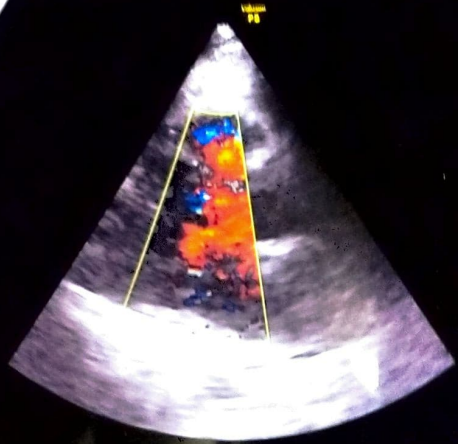
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70/12  
General/CARD  
MI L 5.80 - 1.00  
AO 100%  
Gn 5  
C7/MR  
P3/E2  
SRI II

DEEPAK KUMAR 37 M, \*  
VP0005665-21-09-23-11

AAKASH HOSPITAL

TiE 0.8  
TfE 0.8  
MI 1.3

25-09-2021  
10:00 AM  
70/12  
General/CARD  
MI L 5.80 - 1.00  
AO 100%  
Gn 5  
C7/MR  
P3/E2  
SRI II



1012200  
2040000  
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DEEPAK KUMAR 37 M, \*  
VP0005665-21-09-23-11

AAKASH HOSPITAL

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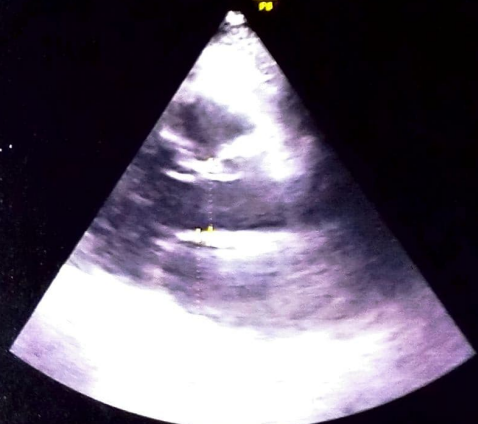
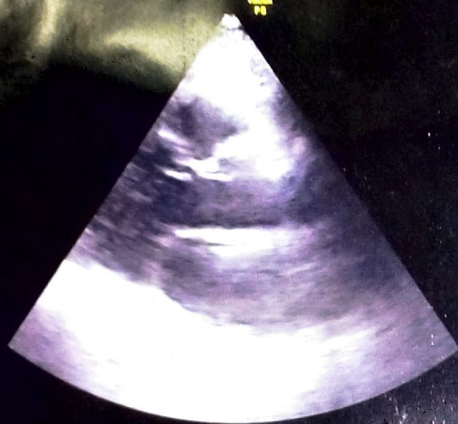
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70/12  
General/CARD  
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AO 100%  
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C7/MR  
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SRI II

DEEPAK KUMAR 37 M, \*  
VP0005665-21-09-23-11

AAKASH HOSPITAL

TiE 0.8  
TfE 0.8  
MI 1.3

25-09-2021  
10:00 AM  
70/12  
General/CARD  
MI L 5.80 - 1.00  
AO 100%  
Gn 5  
C7/MR  
P3/E2  
SRI II



1025100  
2036100

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TiE 0.8  
TfE 0.8  
MI 1.3

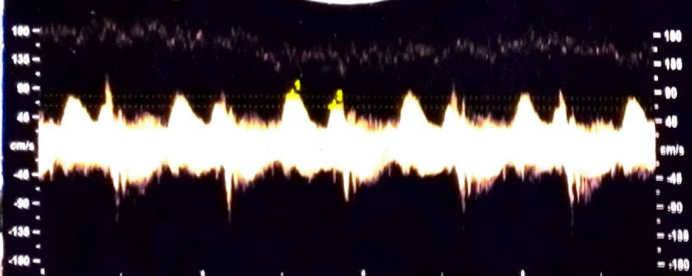
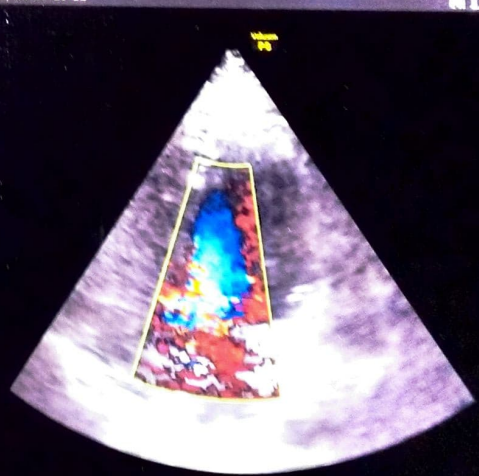
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MI L 5.80 - 1.00  
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AAKASH HOSPITAL

TiE 0.8  
TfE 0.8  
MI 1.3

25-09-2021  
10:00 AM  
70/12  
General/CARD  
MI L 5.80 - 1.00  
AO 100%  
Gn 5  
C7/MR  
P3/E2  
SRI II



90/43, MALVIYA NAGAR, NEW DELHI-110017 #011-40501000



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**NAME: MR DEEPAK KUMAR**      **AGE: 36 YRS**      **SEX: MALE**

**REF. BY: MEDICAL**      **DATE: 23.09.21**

## ULTRASOUND WHOLE ABDOMEN

**LIVER:** - Normal sized, **with homogeneously increased echotexture.** No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

**GALL BLADDER:** - Partial distension. Walls are normal. No calculus or mass lesion seen. Extra hepatic biliary system is not dilated.

**PANCREAS:** - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

**SPLEEN:** - **Mildly enlarged in size (13.3 cm).** No focal lesion seen. Spleno-portal axis is normal.

**KIDNEYS:** - **Right kidney identified in the right iliac fossa region.** They demonstrate normal size and cortical echotexture. Corticomedullary differentiation well made out with a normal renal parenchymal thickness. No evidence of calculus or hydronephrosis seen on both side.  
Right sided kidney measures approx. 8.0 cm in the long axis.  
Left sided kidney measures approx. 10.2 cm in the long axis.

**URINARY BLADDER:** - Moderately distended. No calculus or diverticulum is seen. Walls are normal. Both UV Junctions are normal.

**SEMINAL VESICLES:** - Shows normal sonographic appearances.

**PROSTATE:-** Is normal in size (13.4 cc). Echotexture is normal with no focal lesion. Outline is distinct with no contour bulge.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No free peritoneal fluid or pleural effusion seen. Bowel loops are unremarkable. Both iliac fossae are normal.

### IMPRESSION:

- **Grade-I fatty infiltration of liver.**
- **Mild Splenomegaly.**

*Kindly correlate clinically.*

  
**DR.SALSABEEL.S**  
**DMRD.DNB(RADIOLOGY)**  
**DMC-35954**

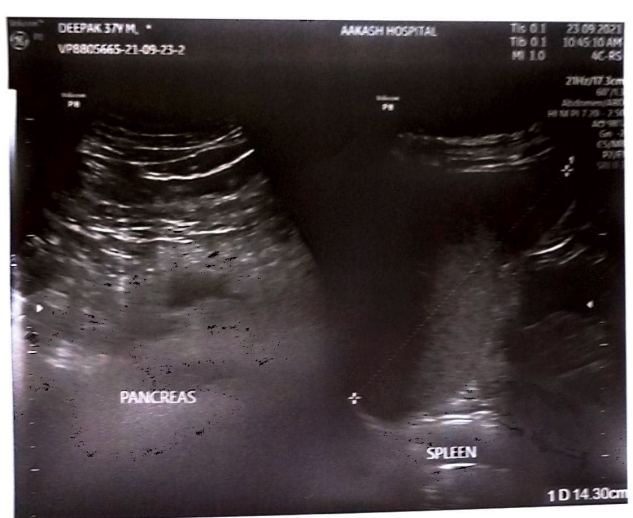
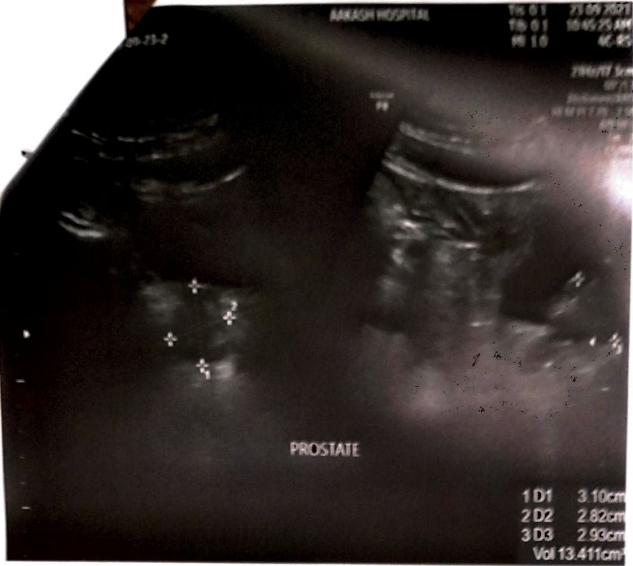
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Laser Treatment







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Name	Mr. DEEPAK KUMAR	Srl No.	49	Sample Coll.	23/09/202122:02:57
Ref. By	SELF	Age	36 Yrs. Male	Report printing	24/09/202112:06:41
UHID	01	Dep.	MEDIWHEEL	Patient Id	2109230049

Test Name	Result	Unit	Normal Value
<b><u>COMPLETE HAEMOGRAM</u></b>			
HAEMOGLOBIN (Hb)	12.4	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	3,700	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	53	%	40 - 75
LYMPHOCYTE	40	%	20 - 45
EOSINOPHIL	02	%	01 - 06
MONOCYTE	05	%	02 - 10
BASOPHIL	00	%	0.0 - 1.0
ESR (WESTEGREN's METHOD)	40	mm/1st hr.	0 - 15
R B C COUNT	4.25	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	36.8	%	40 - 54
M C V	86.5	fl.	80 - 100
M C H	29.2	Picogram	27.0 - 31.0
M C H C	33.8	gm/dl	33 - 37
PLATELET COUNT	1.72	Lakh/cmm	1.50 - 4.00
RDW	12.9	FL	11.6 - 14.0
<b><u>KIDNEY FUNCTION TEST (RFT)</u></b>			
BLOOD UREA Urease GLDH Method	15.8	mg /dl	15.0 - 45.0
SERUM CREATININE ENZYMATIC Method	0.8	mg%	0.7 - 1.2
SERUM URIC ACID Uricase-POD Method	8.5	mg%	3.4 - 7.0

Name Mr. DEEPAK KUMAR  
Ref. By SELF  
UHID 01

Srl No. 49  
Age 36 Yrs. Male  
Dep. MEDIWHEEL

Sample Coll. 23/09/202122:02:57  
Report printing 24/09/202112:06:41  
Patient Id 2109230049

Test Name	Result	Unit	Normal Value
BLOOD UREA NITROGEN (BUN)	7.3	mg%	6.0 - 20.0
SODIUM	140	mmol/L	136.0 - 149.0
POTASSIUM	4.0	mmol/L	3.5 - 5.5
CHLORIDE	109	mmol/L	98.0 - 109.0
<b><u>LIVER FUNCTION TEST (LFT)</u></b>			
BILIRUBIN TOTAL Diazo Method	1.4	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin) Diazo Method	0.6	mg/dl	0.00 - 0.25
UNCONJUGATED (I.D. Bilirubin)	0.8	mg/dl	0.00 - 0.70
TOTAL PROTEIN Biuret Method	5.9	gm/dl	6.6 - 8.3
ALBUMIN BCG Method	4.1	gm/dl	3.4 - 4.8
GLOBULIN	1.8	gm/dl	2.3 - 3.5
A/G RATIO	2.2		
SGOT IFCC Method	45	IU/L	0 - 40
SGPT IFCC Method	54	IU/L	0.0 - 41.0
ALKALINE PHOSPHATASE IFCC Method	85	U/L	40.0 - 130.0
GAMMA GT Glupa C Method	116	IU/L	8.0 - 71.0
<b>LFT INTERPRET</b>			



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UHID	01	Dep.	MEDIWHEEL	Patient Id	2109230049

Test Name	Result	Unit	Normal Value
<b><u>LIPID PROFILE</u></b>			
TRIGLYCERIDES GPO-Method	250	mg/dL	40.0 - 165.0
TOTAL CHOLESTEROL	205	mg/dL	123.0 - 199.0
H D L CHOLESTEROL DIRECT	73.5	mg/dL	40.0 - 79.4
V L D L	50	mg/dL	4.7 - 22.1
L D L CHOLESTEROL CALCULATED	81.5	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	2.789		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.109		0.00 - 3.55

**INTERPRETATION**

**TRIGLYCERIDE:-** Level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis.

**CHOLESTEROL:-** Its fractions and triglycerides are the important plasma lipids in defining cardiovascular risk factors and in the management of cardiovascular disease. Highest acceptable and optimum values of cholesterol values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values.

**HDL-CHOLESTEROL:-** Level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.

**LDL - CHOLESTEROL & TOTAL CHOLESTEROL:-** Levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories :-

**CHOLESTEROL      LDL-CHOLESTEROL      CHO/HDL RATIO**

Acceptable/Low Risk : < 200 mg/dL      : <130 mg/dL      : < 4.5



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Test Name	Result	Unit	Normal Value
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Borderline High Risk : 200-239 mg/dL : 130-159 mg/dl : 4.5 - 6.0

High Risk : > 240 mg /dL : > 160 mg/dL : > 6.0

**APO A1 & APO B:-** Recent studies have shown that Apolipoproteins A1 & B might be the best indicators of Coronary Artery Disease risk in an individual. Patients who have normal lipid profile ma have abnormal Apo A1 & Apo B values. Ratio of Apo B : Apo A1 is >1 in cases of increased CHD risk.

\*\*\*\* End Of Report \*\*\*\*





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Test Name	Result	Unit	Normal Value
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### BIOCHEMISTRY

BLOOD SUGAR FASTING GOD-POD Method	108	mg/dl	70 - 110
BLOOD SUGAR PP GOD-POD Method	185	mg/dl	80 - 140

### URINE EXAMINATION TEST

#### PHYSICAL EXAMINATION

QUANTITY	30	ml.	
COLOUR	PALE YELLOW		Pale yellow
TRANSPARENCY	SLIGHTLY TURBID		
SPECIFIC GRAVITY	1.015		1.005-1.030
PH	6.0		6.0-7.5

#### CHEMICAL EXAMINATION

ALBUMIN	NIL		Nil
REDUCING SUGAR	TRACE		Nil
KETON	NIL		
LEUCOCYTE	NIL		
NITRITES	NEGATIVE		
BLOOD	NIL		

#### MICROSCOPIC EXAMINATION

PUS CELLS	2-4	/HPF	0-5
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UHID	01	Dep.	MEDIWHEEL	Patient Id	2109230049

Test Name	Result	Unit	Normal Value
RBC'S	NIL	/HPF	0-2
CASTS	NIL		Occasional
CRYSTALS	NIL		
EPITHELIAL CELLS	1-2	/HPF	0-3
BACTERIA	NIL		Nil
OTHERS	NIL		
URINE SUGAR FASTING	NIL		NIL
URINE PP	NIL		

\*\*\*\* End Of Report \*\*\*\*

Dr. MEENA METRE  
MBBS, MD  
CONSULTANT PATHOLOGIST

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PATIENT NAME : MR. DEEPAK KUMAR 01

REG No : 3440

UID No : 101451697

REF. BY Dr. : SELF

AGE / SEX : 36 Years / M

REG.DATE/TIME : 23/09/2021

PRINT DATE : 24/09/2021

AREA : SAKET



## BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD ( HPLC)	9.40	%	4.8 - 5.9

### CLINICAL EVALUATION:

#### RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1c LEVELS :

Normal 4.8 % - 5.9%

Target for diabetics : < 7 %

Therapeutic action required > 8 %

.....END OF REPORT.....



*Shrey Chandra*



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AREA : SAKET



## HORMONE

### Investigation

### Result

### Unit

### Biological Reference Interval

T3 SERUM (CLIA)

1.55

nmol/L

0.92 - 2.79

T4 SERUM (CLIA)

114.50

nmol/L

58.1 - 140.6

TSH SERUM(CLIA)

2.28

uIU/ml

0.35 - 5.5

### REFERANCE RANGE FOR Children

1-4 days : 1.00-39.00

5 days-5 months : 1.7 - 9.1

5 months - 20 years : 0.70 - 6.40

### Remarks :

(1) 4.2 to 15  $\mu$ IU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH level. (2) TSH Values may be transiently altered because of non thyroidal illness. (3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids. (4) Some drugs may increase TSH values, e.g., Iodine, Lithium, Amiodarone. Abbreviations.

.....END OF REPORT.....



*Shrey Khanna*