

PATIENT NAME: ALKA PANDEY REF. DOCTOR: SELF

CODE/NAME & ADDRESS: C000138382

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030 8800465156 ACCESSION NO: **0075WC002550**PATIENT ID : ALKAF24078575

CLIENT PATIENT ID:

DRAWN :25/03/2023 09:43:15
RECEIVED :25/03/2023 09:45:09
REPORTED :28/03/2023 11:36:16

:37 Years

AGE/SEX

Test Report Status <u>Final</u> Results Biological Reference Interval Units

## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **XRAY-CHEST**

»» BOTH THE LUNG FIELDS ARE CLEAR

»»
BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

»» BOTH THE HILA ARE NORMAL

»»CARDIAC AND AORTIC SHADOWS APPEAR NORMAL»»BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL

»» VISUALIZED BONY THORAX IS NORMAL

IMPRESSION NORMAL

METHOD: MICROSCOPIC EXAMINATION

**ECG** 

ECG WITHIN NORMAL LIMITS

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY C/O GASTRITIS

RELEVANT PAST HISTORY S/P LAPROSCOPIC CHOLESCYSTECTOMY

RELEVANT PERSONAL HISTORY

RELEVANT FAMILY HISTORY

OCCUPATIONAL HISTORY

HISTORY OF MEDICATIONS

NOT SIGNIFICANT

NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.63 mts
WEIGHT IN KGS. 75 Kgs

BMI 28 BMI & Weight Status as follows/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL
PHYSICAL ATTITUDE NORMAL
GENERAL APPEARANCE / NUTRITIONAL HEALTHY

**STATUS** 

BUILT / SKELETAL FRAMEWORK AVERAGE
FACIAL APPEARANCE NORMAL

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View Details

View Report

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Email: wellness.itpl@srl.in 

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**NORMAL** SKIN **NORMAL** UPPER LIMB LOWER LIMB NORMAL **NECK** NORMAL

NOT ENLARGED OR TENDER NECK LYMPHATICS / SALIVARY GLANDS

THYROID GLAND **NOT ENLARGED** 

CAROTID PULSATION **NORMAL** BREAST (FOR FEMALES) **NORMAL NORMAL** TEMPERATURE

REGULAR, ALL PERIPHERAL PULSES WELL FELT **PULSE** 

RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

mm/Hg ΒP 100/70

**PERICARDIUM** NORMAL

**BASIC EYE EXAMINATION** 

DISTANT VISION RIGHT EYE WITH GLASSES **NORMAL** DISTANT VISION LEFT EYE WITH GLASSES NORMAL **NORMAL** NEAR VISION RIGHT EYE WITH GLASSES NEAR VISION LEFT EYE WITH GLASSES NORMAL COLOUR VISION NORMAL

**BASIC DENTAL EXAMINATION** 

CARTES TEETH **GUMS HEALTHY** 

**SUMMARY** 

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS NOT SIGNIFICANT ADVICE FOR 2D ECHO RELEVANT LAB INVESTIGATIONS

NO ABNORMALITIES DETECTED RELEVANT NON PATHOLOGY DIAGNOSTICS

NONE REMARKS / RECOMMENDATIONS

**FITNESS STATUS** 

FIT (AS PER REQUESTED PANEL OF TESTS) FITNESS STATUS

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#### Comments

\*NOTE: NON PATHOLOGY TESTS ARE REVIEWED BY Consultant Physician: Dr.RITESH RAJ MBBS,CCEBDM

Radiologist : Dr.THILAK BABU Dental Doctor: Dr Ashish sinha BDS,

Dr. Anamika Pal



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Lab Head

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# MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE **ULTRASOUND ABDOMEN**

**ULTRASOUND ABDOMEN** 

SAMPLE NOT RECEIVED

#### Interpretation(s)

HISTORY-THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

- Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:
   Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician'"'s consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job
- Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- Unfit (As per requested panel of tests) An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs

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Н	AEMATOLOGY - CE	вс	
MEDI WHEEL FULL BODY HEALTH CHECKUP BE	LOW 40FEMALE		
BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN (HB)	12.7	12.0 - 15.0	g/dL
RED BLOOD CELL (RBC) COUNT	4.80	3.8 - 4.8	mil/μL
WHITE BLOOD CELL (WBC) COUNT	8.40	4.0 - 10.0	thou/µL
PLATELET COUNT	239	150 - 410	thou/µL
RBC AND PLATELET INDICES			
HEMATOCRIT (PCV)	39.2	36 - 46	%
MEAN CORPUSCULAR VOLUME (MCV)	85	83 - 101	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	28.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	32.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW)	14.0	11.6 - 14.0	%
MENTZER INDEX	17.7		
MEAN PLATELET VOLUME (MPV)	9.9	6.8 - 10.9	fL
VBC DIFFERENTIAL COUNT			
NEUTROPHILS	63	40 - 80	%
LYMPHOCYTES	29	20 - 40	%
MONOCYTES	4	2 - 10	%
EOSINOPHILS	3	1 - 6	%
BASOPHILS	1	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	5.29	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	2.44	1.0 - 3.0	thou/µL
ABSOLUTE MONOCYTE COUNT	0.34	0.2 - 1.0	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.25	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.08	0.02 - 0.10	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.2		
MORPHOLOGY			
RBC	NORMOCYTIC NO	RMOCHROMIC	
WBC	NORMAL IN COU	NT, MORPHOLOGY AND DISTRIBUT	TON
PLATELETS	ADEQUATE		

NO HEMOPARASITES SEEN

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**IMPRESSION** 

NORMOCYTIC NORMOCHROMIC BLOOD PICTURE

#### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

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#### **HAEMATOLOGY**

Results

#### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD**

<u>Final</u>

0 - 20mm at 1 hr E.S.R

METHOD: MODIFIED WESTERGREN

Interpretation(s)
ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION** 

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.

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Units

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**Biological Reference Interval** 

## **IMMUNOHAEMATOLOGY**

Results

## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

<u>Final</u>

TYPE B **ABO GROUP** RH TYPE **POSITIVE** 

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

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mg/dL

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MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

GLUCOSE FASTING, FLUORIDE PLASMA

95 74 - 99 FBS (FASTING BLOOD SUGAR)

METHOD: SPECTROPHOTOMETRY HEXOKINASE

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE **BLOOD** 

HBA1C 5.7 Non-diabetic: < 5.7 %

> Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5ADA Target: 7.0

Action suggested: > 8.0

METHOD: PARTICLE-ENHANCED TURBIDIMETRIC INHIBITION IMMUNOASSAY(PETINIA)

ESTIMATED AVERAGE GLUCOSE(EAG) 116.9 High mg/dL < 116.0

METHOD: PARTICLE-ENHANCED TURBIDIMETRIC INHIBITION IMMUNOASSAY(PETINIA)

**GLUCOSE, POST-PRANDIAL, PLASMA** 

70 - 139 mg/dL PPBS(POST PRANDIAL BLOOD SUGAR) 128

METHOD: SPECTROPHOTOMETRY HEXOKINASE

LIPID PROFILE, SERUM

mg/dL CHOLESTEROL, TOTAL 180 < 200 Desirable

200 - 239 Borderline High

>/= 240 High

METHOD: SPECTROPHOTOMETRY, CHOLESTEROL OXIDASE ESTERASE PEROXIDASE

TRIGLYCERIDES 80 < 150 Normal mg/dL

150 - 199 Borderline High

200 - 499 High >/=500 Very High

METHOD: LIPOPROTEIN LIPASE (LPL), GLYCEROL KINASE (GK)

HDL CHOLESTEROL 47 < 40 Low mg/dL

>/=60 High

METHOD: DIRECT HDL, PEGME

CHOLESTEROL LDL 117 High < 100 Optimal mg/dL

100 - 129

Near optimal/ above optimal

130 - 159 Borderline High 160 - 189 High

>/= 190 Very High

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Test Report Status <u>Final</u>	Results	Biological Reference Interval Units	
METHOD : DIRECT ENZYME CLEARANCE  NON HDL CHOLESTEROL	133 High	Desirable: Less than 130 mg/dL Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	
METHOD: CALCULATED PARAMETER		, 3	
VERY LOW DENSITY LIPOPROTEIN	16.0	=30.0</math mg/dL	
CHOL/HDL RATIO	3.8	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	2.5	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
Interpretation(s)			
LIVER FUNCTION PROFILE, SERUM			
BILIRUBIN, TOTAL METHOD: SPECTROPHOTOMETRY	0.40	0.2 - 1.0 mg/dL	
BILIRUBIN, DIRECT METHOD: SPECTROPHOTOMETRY	0.10	0.0 - 0.2 mg/dL	
BILIRUBIN, INDIRECT METHOD: CALCULATED PARAMETER	0.30	0.1 - 1.0 mg/dL	
TOTAL PROTEIN  METHOD: SPECTROPHOTOMETRY, MODIFIED BIURET	6.9	6.4 - 8.2 g/dL	
ALBUMIN METHOD: SPECTROPHOTOMETRIC - BROMOCRESOL GREEN (BC	3.7	3.4 - 5.0 g/dL	
GLOBULIN METHOD: CALCULATED PARAMETER	3.2	2.0 - 4.1 g/dL	
ALBUMIN/GLOBULIN RATIO METHOD: CALCULATED PARAMETER	1.2	1.0 - 2.1 RATIO	

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ASPARTATE AMINOTRANSFERASE (AST/SGOT) METHOD: SPECTROPHOTOMETRY, UV WITH PYRIDOXAL -5-PH	19 DSPHATE	15 - 37	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)  METHOD: SPECTROPHOTOMETRY, UV WITH PYRIDOXAL -5-PHO	<b>23</b> DSPHATE	< 34.0	U/L
ALKALINE PHOSPHATASE  METHOD: SPECTROPHOTOMETRY	79	30 - 120	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) METHOD: SPECTROPHOTOMETRY, G-GLUTAMYL-CARBOXY-NITR	17 CONILIDE	5 - 55	U/L
LACTATE DEHYDROGENASE  METHOD: SPECTROPHOTOMETRY	169	100 - 190	U/L
BLOOD UREA NITROGEN (BUN), SERUM			
BLOOD UREA NITROGEN	7	6 - 20	mg/dL
CREATININE, SERUM			
CREATININE  METHOD: SPECTROPHOTOMETRIC, JAFFE'S KINETICS  BUN/CREAT RATIO	0.65	0.60 - 1.10	mg/dL
BUN/CREAT RATIO	10.77	5.00 - 15.00	
URIC ACID, SERUM			
URIC ACID  METHOD: SPECTROPHOTOMETRY	4.1	2.6 - 6.0	mg/dL
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN  METHOD: SPECTROPHOTOMETRY, MODIFIED BIURET	6.9	6.4 - 8.2	g/dL
ALBUMIN, SERUM			
ALBUMIN  METHOD: SPECTROPHOTOMETRIC - BROMOCRESOL GREEN (B)	3.7	3.4 - 5.0	g/dL
GLOBULIN			
GLOBULIN  METHOD: CALCULATED PARAMETER	3.2	2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM			
SODIUM, SERUM	138.4	137 - 145	mmol/L
POTASSIUM, SERUM	4.52	3.6 - 5.0	mmol/L
CHLORIDE, SERUM	108.5 High	98 - 107	mmol/L
Interpretation(s)			

Dr. Anamika Pal Lab Head





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**REF. DOCTOR: SELF PATIENT NAME: ALKA PANDEY** 

CODE/NAME & ADDRESS: C000138382 ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULISOUTH WEST

**DELHI** 

**NEW DELHI 110030** 

8800465156

ACCESSION NO: 0075WC002550

PATIENT ID : ALKAF24078575

CLIENT PATIENT ID: ABHA NO

:37 Years :25/03/2023 09:43:15 DRAWN

AGE/SEX

RECEIVED: 25/03/2023 09:45:09 REPORTED :28/03/2023 11:36:16

**Test Report Status** Results **Biological Reference Interval** <u>Final</u> Units

Sodium	Potassium	Chloride
Decreased in:CCF, cirrhosis, vomiting, diarrhea, excessive sweating, salt-losing nephropathy, adrenal insufficiency, nephrotic syndrome, water intoxication, SIADH. Drugs: thiazides, diuretics, ACE inhibitors, chlorpropamide, carbamazepine, anti depressants (SSRI), antipsychotics.	Decreased in: Low potassium intake, prolonged vomiting or diarrhea, RTA types I and II, hyperaldosteronism, Cushing's syndrome, osmotic diuresis (e.g., hyperglycemia), alkalosis, familial periodic paralysis, trauma (transient). Drugs: Adrenergic agents, diuretics.	Decreased in: Vomiting, diarrhea, renal failure combined with salt deprivation, over-treatment with diuretics, chronic respiratory acidosis, diabetic ketoacidosis, excessive sweating, SIADH, salt-losing nephropathy, porphyria, expansion of extracellular fluid volume, adrenalinsufficiency, hyperaldosteronism, metabolic alkalosis. Drugs: chronic laxative, corticosteroids, diuretics.
Increased in: Dehydration (excessivesweating, severe vomiting or diarrhea),diabetes mellitus, diabetesinsipidus, hyperaldosteronism, inadequate water intake. Drugs: steroids, licorice,oral contraceptives.	Increased in: Massive hemolysis, severe tissue damage, rhabdomyolysis, acidosis, dehydration,renal failure, Addison's disease, RTA type IV, hyperkalemic familial periodic paralysis. Drugs: potassium salts, potassium- sparing diuretics,NSAIDs, beta-blockers, ACE inhibitors, highdose trimethoprim-sulfamethoxazole.	Increased in: Renal failure, nephrotic syndrome, RTA,dehydration, overtreatment with saline,hyperparathyroidism, diabetes insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory alkalosis,hyperadrenocorticism. Drugs: acetazolamide,androgens, hydrochlorothiazide,salicylates.
Interferences: Severe lipemia or hyperproteinemi, if sodium analysis involves a dilution step can cause spurious results. The serum sodium falls about 1.6 mEq/L for each 100 mg/dL increase in blood glucose.	Interferences: Hemolysis of sample, delayed separation of serum, prolonged fist clenching during blood drawing, and prolonged tourniquet placement. Very high WBC/PLT counts may cause spurious. Plasma potassium levels are normal.	Interferences: Test is helpful in assessing normal and increased anion gap metabolic acidosis and in distinguishing hypercalcemia due to hyperparathyroidism (high serum chloride) from that due to malignancy (Normal serum chloride)

Interpretation(s)
GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

## Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

#### Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

- 1.Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2.Diagnosing diabetes.
- 3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

Dr. Anamika Pal Lab Head



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## **PERFORMED AT:**

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Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Email: wellness.itpl@srl.in

KARNATAKA, INDIA



**REF. DOCTOR: SELF PATIENT NAME: ALKA PANDEY** 

CODE/NAME & ADDRESS: C000138382 ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULISOUTH WEST

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- 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c 46.7

### HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.
III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE
Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give

yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget'""'s disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson"""'s disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas.It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom''''''''s disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing

enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol,
Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract
  Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

URIC ACID, SERUM-Causes of Increased levels: Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom""""""s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

Dr. Anamika Pal Lab Head



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## **PERFORMED AT:**

KARNATAKA, INDIA

7/3, SRINARAYANI ARCADE 1ST FLOOR, ABOVE BATA SHOWROOM BROOKEFIELD MAIN ROAD, KUNDALAHALLI BANGALORE, 560037

Tel: 9111591115, Fax CIN - U74899PB1995PLC045956 Email: wellness.itpl@srl.in



**PATIENT NAME: ALKA PANDEY REF. DOCTOR: SELF** 

CODE/NAME & ADDRESS : C000138382 ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

**NEW DELHI 110030** 

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**Test Report Status** Results **Biological Reference Interval** Units <u>Final</u>

ABHA NO

syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

Dr. Anamika Pal Lab Head





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**PERFORMED AT:** 

SRL Ltd 7/3, SRINARAYANI ARCADE 1ST FLOOR, ABOVE BATA SHOWROOM BROOKEFIELD MAIN ROAD, KUNDALAHALLI 🛭 BANGALORE, 560037 KARNATAKA, INDIA

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### **CLINICAL PATH - URINALYSIS**

#### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW

**APPEARANCE CLEAR** 

CHEMICAL EXAMINATION, URINE

PΗ 5.0 4.7 - 7.51.003 - 1.035 SPECIFIC GRAVITY 1.020 **PROTEIN** NOT DETECTED NOT DETECTED **GLUCOSE** NOT DETECTED NOT DETECTED **KETONES** NOT DETECTED NOT DETECTED **BLOOD** NOT DETECTED NOT DETECTED **BILIRUBIN** NOT DETECTED NOT DETECTED UROBILINOGEN **NORMAL NORMAL NITRITE** NOT DETECTED NOT DETECTED LEUKOCYTE ESTERASE NOT DETECTED NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

/HPF RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF PUS CELL (WBC'S) 1-2 0-5 EPITHELIAL CELLS 2-3 0-5 /HPF

NOT DETECTED **CASTS** CRYSTALS NOT DETECTED

**BACTERIA** NOT DETECTED NOT DETECTED YEAST NOT DETECTED NOT DETECTED

Interpretation(s)

Dr. Anamika Pal

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Lab Head

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Email: wellness.itpl@srl.in

Patient Ref.



CODE/NAME & ADDRESS: C000138382

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

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### **CLINICAL PATH - STOOL ANALYSIS**

#### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

PHYSICAL EXAMINATION, STOOL

COLOUR BROWN

CONSISTENCY SEMI FORMED

MUCUS NOT DETECTED NOT DETECTED

VISIBLE BLOOD ABSENT ABSENT ABSENT

ADULT PARASITE NOT DETECTED

**CHEMICAL EXAMINATION, STOOL** 

STOOL PH ALKALINE

OCCULT BLOOD NOT DETECTED NOT DETECTED

MICROSCOPIC EXAMINATION, STOOL

PUS CELLS 0-1 /hpf

RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF

CYSTS NOT DETECTED NOT DETECTED

OVA NOT DETECTED

LARVAE NOT DETECTED NOT DETECTED

TROPHOZOITES NOT DETECTED ABSENT

VEGETABLE CELLS ABSENT
CHARCOT LEYDEN CRYSTALS ABSENT

Interpretation(s)

Ad.

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NOT DETECTED



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PATIENT NAME: ALKA PANDEY REF. DOCTOR: SELF

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ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )

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### **CONDITIONS OF LABORATORY TESTING & REPORTING**

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
  - i. Specimen received is insufficient or inappropriate
  - ii. Specimen quality is unsatisfactory
  - iii. Incorrect specimen type
  - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.

AGE/SEX

- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

**SRL Limited** 

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

Asl.

Dr. Anamika Pal Lab Head





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**REF. DOCTOR: SELF PATIENT NAME: ALKA PANDEY** 

CODE/NAME & ADDRESS: C000138382 ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULISOUTH WEST

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### **SPECIALISED CHEMISTRY - HORMONE**

## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### THYROTO DANEL SERUM

INTRUID PANEL, SERUM		
ТЗ	124.0	Non-Pregnant Women ng/dL 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0
T4	9.50	Non-Pregnant Women µg/dL 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70
TSH (ULTRASENSITIVE)	1.870	Non Pregnant Women µIU/mL 0.27 - 4.20 Pregnant Women 1st Trimester: 0.33 - 4.59 2nd Trimester: 0.35 - 4.10 3rd Trimester: 0.21 - 3.15

## Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. owidctlparowidctlparBelow mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low		(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) Post Thyroidectomy (4) Post Radio-Iodine treatment



Dr. Prajwal A, MD CONSULTANT BIOCHEMIST (SECTION HEAD)





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## **PERFORMED AT:**

154/9, BANNERGHATTA ROAD, OPP. IIM-B, BANGALORE, 560076 KARNATAKA, INDIA Tel: 80-66214444, Fax: CIN - U74899PB1995PLC045956





CODE/NAME & ADDRESS: C000138382

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F-703, LADO SARAI, MEHRAULISOUTH WEST

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2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
			100000000000000000000000000000000000000	A-100 (A-100 (A)	hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
	- 75 of 15 Dell's			1.25-1.22.505	treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

\*\*End Of Report\*\*
Please visit www.srlworld.com for related Test Information for this accession



Dr. Prajwal A, MD CONSULTANT BIOCHEMIST (SECTION HEAD)





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