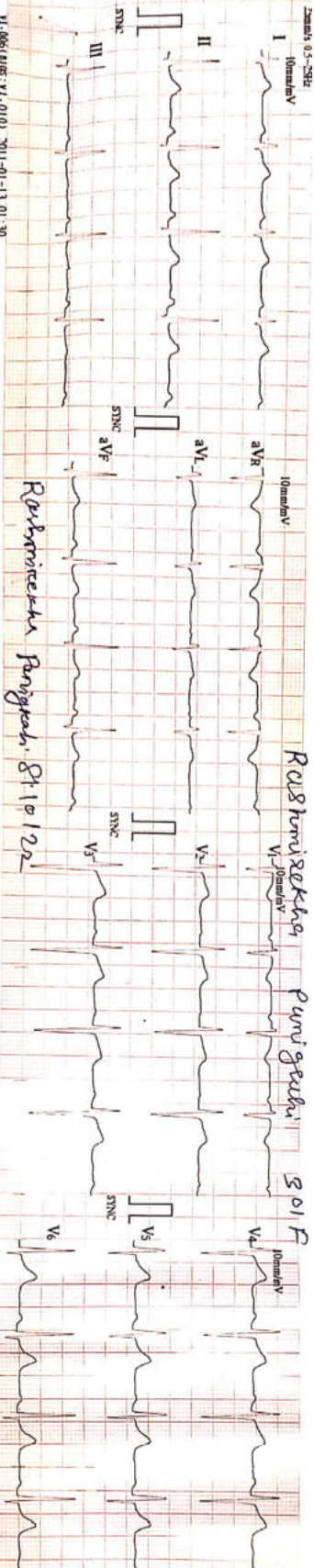


11-066 (Rev: v1.010) 2011-01-13 01:30



ID : 0033
 Name : Dr. Ashish P. Vaidya
 MD, FCCP
 Associate Consultant-Cardiologist
 Reg. No. G-50510
 Date : 11/06/2011
 Time : 01:30
 Report Verified by :
 Signature: *[Signature]*
 Stamp: *[Circular Stamp]*

RASHMI SARKAR
 Purni gubli
 8/10/20

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Rashmirekha Punigeubi</u>	DATE <u>8/10/22</u>
	SR. NO. SEX <u>female</u> AGE <u>30yrs</u> HEIGHT <u>162cm</u> WEIGHT <u>71k.g.</u>

HISTORY

Present History : NO
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : NO
 Family History : Father, Low blood pressure
 Personal History : she had c-section in 2018
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : 71/min B.P. : 120/80 mm Hg mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

SYSTEMIC EXAMINATION

R.S. : Normal
 C.V.S : Normal
 C.N.S : Normal
 A.S. : Normal
 Musculo-skelet System : Normal

E.N.T. Ex. <u>Normal</u>	ACUITY OF VISION		RT EYE	LT EYE
	Without Glass	DISTANT	6/ 6	6/ 6
Near		6/ 6	6/ 6	
Dental Ex. <u>Normal</u>	With Glass	DISTANT	6/ 6	6/ 6
Skin Ex. <u>Normal</u>		Near	6/ 6	6/ 6
Psychic Ex. <u>Normal</u>	COLOUR BLINDNESS <u>Normal</u>			

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.



Dr. Krish P. Vaidya
 MD, PG, DCC
 Associate Consultant - Cardiology
 Reg. No. G-50510
 DR. KRISH VAIDYA



ଭାରତ ସରକାର
Government of India

ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ
Unique Identification Authority of India

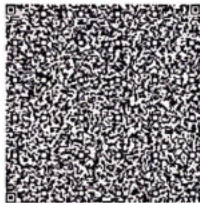
ନାମାଙ୍କନ କ୍ରମାଙ୍କ/ Enrolment No.: 0143/11045/03940

Download Date: 25/08/2021

To
ରଶ୍ମିରେଖା ପାଣିଗ୍ରାହୀ
Rashmirekha Panigrahi
C/O: Baikunthnath Panigrahi
Madhusudanpur
Barandua
Basudevpur
Barandua
Barandua
Bhadrak Odisha - 756168
7978520826

Issue Date: 18/08/2021

Signature invalid



ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :
3934 7528 6131
VID : 9177 1712 6957 4221
ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର
Government of India



ରଶ୍ମିରେଖା ପାଣିଗ୍ରାହୀ
Rashmirekha Panigrahi
ଜନ୍ମ ତାରିଖ /DOB: 01/05/1992
ସ୍ତ୍ରୀ/ FEMALE

Download Date: 25/08/2021

Issue Date: 18/08/2021

3934 7528 6131
VID : 9177 1712 6957 4221
ମୋ ଆଧାର, ମୋ ପରିଚୟ



ସୂଚନା

- ଆଧାର ପରିଚୟ ପ୍ରମାଣ ଅଟେ, ନାଗରିକତାର ନୁହେଁ ।
- ପୁରସ୍କୃତ ଦୁଆର୍ କୋଡ୍ / ଅପଲାଇନ ଏକ୍ସପାନସିଭ୍ / ଅପଲାଇନ ପ୍ରମାଣୀକରଣ ବ୍ୟବହାର କରି ପରିଚୟ ଯାଞ୍ଚ କରନ୍ତୁ ।
- ଏହା ଇଲେକଟ୍ରୋନିକ ପ୍ରକାଶିତ ଦ୍ୱାରା ଉତ୍ପନ୍ନ କରାଯାଇଥିବା ଚିଠି ଅଟେ ।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- ଆଧାର ସଂଖ୍ୟା ଦେଖିବାକୁ ବ୍ୟବହାର କରନ୍ତୁ
- ଆଧାର ବିଭିନ୍ନ ସରକାରୀ ଏବଂ ବେସରକାରୀ ସେବାଗୁଡ଼ିକୁ ସହଜରେ ପାଇବାରେ ସାହାଯ୍ୟ କରିଥାଏ
- ଆଧାରରେ ଆପଣଙ୍କ ମୋବାଇଲ ନମ୍ବର ଏବଂ ଇ-ମେଲ ଆଇଡି ଅପଡେଟ ରଖନ୍ତୁ
- ଏମ ଆଧାର ଆପ୍ ବ୍ୟବହାର କରି ଆଧାରକୁ ଆପଣଙ୍କ ସ୍ମାର୍ଟ ଫୋନ୍ରେ ରଖନ୍ତୁ
- Aadhaar is valid throughout the country.
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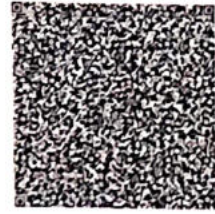


ଭାରତୀୟ ବିଶିଷ୍ଟ ପରିଚୟ ପ୍ରାଧିକରଣ
Unique Identification Authority of India



ଠିକଣା:
ମଧୁସୂଦନ ପାଣିଗ୍ରାହୀ, ମଧୁସୂଦନପୁର,
ବରଣ୍ଡୁଆ, ବାସୁଦେବପୁର, ବରଣ୍ଡୁଆ, ଭଦ୍ରକ,
ଓଡିଶା - 756168

Address:
C/O: Baikunthnath Panigrahi,
Madhusudanpur, Barandua, Basudevpur,
Barandua, Bhadrak,
Odisha - 756168



3934 7528 6131
VID : 9177 1712 6957 4221



Rashmirekha Panigrahi



BARODA DIAGNOSTIC LABORATORY

Name : RASHMIREKHA PANIGRAHI
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 30 Yrs./F
Date : 08/10/2022
Report ID. : 6

EXAMINATION OF URINE

TEST	RESULT	UNIT
Sample	: FASTING	
PHYSICAL EXAMINATION		
Quantity	: 10	mL
Colour	: PALE YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.030	
Reaction	: ACIDIC	
Deposits	: ABSENT	
CHEMICAL EXAMINATION		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
MICROSCOPIC EXAMINATION		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

END OF REPORT



Dr. Nehal Tiwari
(MD)
Consultant Pathologist
(Reg No. G-54530)

Dr. Priya Kriplani
(MD)
Consultant Pathologist
(Reg No. G-46004)

302, Trivia Complex, Natubhai Circle, Race Course, Vadodara. ☎ +91 8866009950 / 7405009950 ✉ bdl95950@gmail.com

Laboratory results serve as an aid to diagnosis & should be interpreted in relation to clinical findings. Please refer back to laboratory in case of any discrepancy.



BARODA DIAGNOSTIC LABORATORY

Name : RASHMIREKHA PANIGRAHI
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 30 Yrs./F
Date : 08/10/2022
Report ID. : 6

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: * A *
Rh Factor (Anti D.)	: * POSITIVE *

BIOCHEMISTRY

FASTING (FBS)

Blood Glucose : 75.0 mg/dL 70.00 - 110.00 mg/dL

POST-PRANDIAL

Blood Glucose : 116.0 mg/dL 80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT



Dr. Nehal Tiwari
(MD)
Consultant Pathologist
(Reg No G-54530)



Dr. Priya Kriplani
(MD)
Consultant Pathologist
(Reg No G-46004)

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Heart & General Clinic

iCure Heart& Diet Clinic, 402, Epsil on tower, opp Pasha bhai park, Race course, Vadodara



Sunny K. Machhi
+91 87585 30074
+91 83205 61551
sunnydigitalxray@yahoo.com

NAME	RASHMIREKHA PANIGRAHI	AGE/SEX	30/FEMALE
REF BY	I cure heart & diet clinic	DATE	08/10/22

X-RAY CHEST PA VIEW (PORTABLE)

FINDING

BOTH LUNGS FIELDS ARE NORMAL .

REMAINING LUNG FIELDS ARE NORMAL.

BOTH COSTOPHRENIC RECESS ARE CLEAR.

CARDIAC SIZE WITHIN NORMAL LIMITS.

MEDIASTINUM AND BONY THORACIC CAGE REVEAL NO ABNORMALITY.

IMPRESSION :NORMAL LUNGS HEART AND MEDIASTUINUM..

DR.HIMANI VIRAPARA
Regn. No: G.28771
M.D. [Radiodiagnosis]
(CONSULTANT RADIOLOGIST)



2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Patient Name: Mrs Rashmirekha Panigrahi

Date: 08 / 10 / 2022

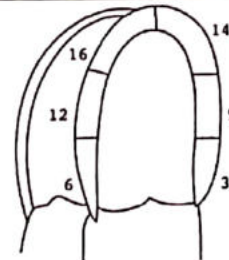
Age, Gender: female - 30 Years

M. Mode Study:

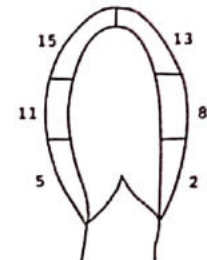
LA	34	IVS	10	PWD	10
AO	25	LVDs	30	LVDD	48

Doppler Study:

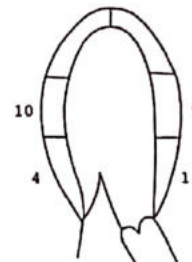
Mitral Valve	E: 1.63 A: 1.05
Aortic Valve	Normal
Tricuspid Valve	Normal
Pulmonary Valve	Normal



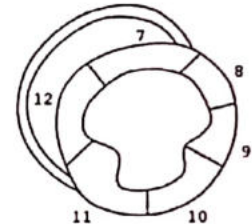
Apical
4 chamber view



Apical
2 chamber view



Apical
3 chamber view



Parasternal short
axis view

Conclusion:

- **Normal LV Systolic function**
- **LVEF: 63 % ,No RWMA**
- **Cardiac Chambers: Normal**
- **Diastolic function: No LVDD**
- **TR: No PAH: No , RVSP: 15 mmhg**
- **No Ms , No MR**
- **No AR , No AS**
- **ASD/VSD/PDA/Co-A : No**
- **No Clots or vegetations found**
- **IVC: Normal**



Dr. Krish P. Vaidya
 MD, FGDCC
 Associate Consultant-Cardiology
 Reg.No.G-50510

Note:

Normal 2D echo report does not rule out cardiac diseases
 this report shall not be used for Medico legal purposes,
 Clinical Correlation advisable.

Dr. Krish P Vaidya
 Consultant Cardiologist, Diabetologist
 & General Physician


Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : Mrs Rashmirekha Panigrahi	AGE : 30 Y/F	DATE : 08/10/2022
----------------------------------	--------------	-------------------

ULTRASONOGRAPHY OF WHOLE ABDOMEN
(Screening Only)

Liver is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter.

Common Bile Duct is of normal diameter.

Gallbladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 89x43mm. Left kidney measures 98x41mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Uterus appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. CET measures 5mm.

Both Ovaries appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



Mehul Prajapati

DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



BARODA DIAGNOSTIC LABORATORY



Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

COMPLETE BLOOD COUNT

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
<u>Blood Counts</u>			
Haemoglobin :	12.8	Gms%	12.5 - 16.0
Total R.B.C. :	3.50	mill/c.mm	4.2 - 5.4
Total W. B. C. :	6800	/cu mm	4000 - 10500
Platelet Count :	280000	/cu.mm	1,50,000 - 4,50,000
<u>Differential Count</u>			
Neutrophils :	58	%	40 - 70
Lymphocytes :	39	%	20 - 40
Eosinophils :	01	%	1 - 4
Monocytes :	02	%	2 - 6
Basophils :	00	%	0 - 01
<u>Blood Indices</u>			
P. C. V :	28.6	%	37 - 47
M. C. V. :	81.7	fl	78 - 100
M.C.H :	36.6	pg	27 - 31
M. C. H. C :	44.8	%	32 - 36
R.D.W :	11.8	%	11.5 - 14.0
<u>E.S.R.(Westergren Method)</u>			
After one hour :	10	mm	3 - 12

LAB

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Enter Date/Time:08/10/2022 14:40:00)



(Verify by :OP1

Verify Date/Time:08/10/2022 14:52:00)



Dr Harsh Pandya
Consultant Pathologist
Reg. No.: G-32582

Dr. Priya Kriplani
Consultant Pathologist
Reg. No.: G-46004



BARODA DIAGNOSTIC LABORATORY



* 2 1 4 1 7 *

Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

HbA1C REPORT

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
HbA1C :	4.92	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Mean Blood Glucose levels : of last 03months	95.0	mg/dl	

NOTE

*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



LAB
LAB USE ONLY (Entered by :AP Enter Date/Time:08/10/2022 14:46:00) (Verify by :OP1 Verify Date/Time:08/10/2022 14:52:00)



Dr Harsh Pandya
(MD)
Consultant Pathologist
Reg. No.: G-32582

Dr. Priya Kriplani
(MD)
Consultant Pathologist
Reg. No.: G-46004



BARODA DIAGNOSTIC LABORATORY



* 2 1 4 1 7 *

Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Urea :	13	mg/dl	10 - 50
Bun (Calculated) :	6.1	mg/dl	0 - 18
Creatinine :	0.54	mg/dl	0.4 - 1.5
Uricacid :	4.0	mg/dl	3.4 - 7.0
BUN CREAT RATIO :			10:1 - 20:1

Done on Fully automated biochemistry analyser - COBAS C 111

THYROID FUNCTION

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
TOTAL T3 :	0.93	ng/ml	0.84 - 2.0
TOTAL T4 :	6.36	ug/dl	5.1 - 14.0
TSH :	2.80	mIU/L	0.25 - 5.0

Method : CLIA

LAB

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Dr Harsh Pandya
(MD)
Consultant Pathologist
Reg. No.: G-32582

Dr. Priya Kriplani
(MD)
Consultant Pathologist
Reg. No.: G-46004

302, Trivia Complex, Natubhai Circle, Race Course, Vadodara. ☎: +91 88660 09950 / 74050 09950 ✉: bdl95950@gmail.com

Laboratory results serve as an aid to diagnosis & should be interpreted in relation to clinical findings. Please refer back to laboratory in case of any discrepancy.



BARODA DIAGNOSTIC LABORATORY



* 2 1 4 1 7 *

Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

LIVER FUNCTION TEST

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S.G.P.T (ALT) :	20	U/L	0 - 40
S.G.O.T (AST) :	24	U/L	0 - 37
ALK.PHOSPHATASE :	51	U/L	35 - 105
G.G.T :	10.8	U/L	8 - 78
<u>Bilirubin</u>			
Total :	0.33	mg/dl	0.2 - 1.0
Direct :	0.21	mg/dl	0 - 0.6
Indirect :	0.12	mg/dl	0 - 0.5
<u>Serum Proteins</u>			
Total Protein :	7.02	gms/dl	6.4 - 8.3
Albumin :	3.98	gms/dl	3.8 - 4.4
Globulins :	3.04	gms/dl	2.3 - 3.5
A/G Ratio :	1.31		0.9 - 2.9

Done on Fully automated biochemistry analyser - COBAS C 111

LAB

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Dr Harsh Pandya
(MD)
Consultant Pathologist
Reg. No.: G-32582

Dr. Priya Kriplani
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Reg. No.: G-46004

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Laboratory results serve as an aid to diagnosis & should be interpreted in relation to clinical findings. Please refer back to laboratory in case of any discrepancy.



BARODA DIAGNOSTIC LABORATORY



* 2 1 4 1 7 *

Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

LIPID PROFILE

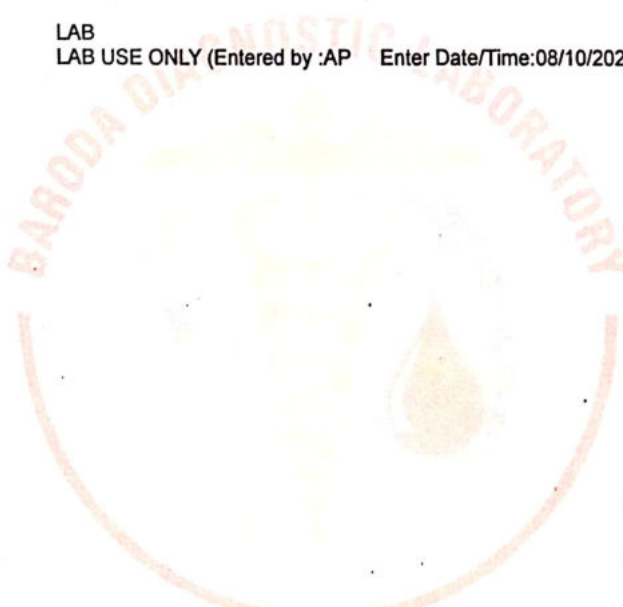
Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	118	mg/dl	0 - 200
Triglyceride :	93	mg/dL	0 - 150
HDL - Cholesterol :	42	mg/dL	35 - 65
LDL - Cholesterol :	57.4	mg/dL	0 - 130
VLDL - Cholesterol :	18.6	mg/dL	0 - 30
Total Cholesterol/HDL Ratio :	2.81		1 - 6
LDL / HDL Cholesterol Ratio :	1.37		0 - 3.5

Done on Fully automated biochemistry analyser - COBAS C 111



LAB
LAB USE ONLY (Entered by :AP Enter Date/Time:08/10/2022 14:45:00) (Verify by :OP1 Verify Date/Time:08/10/2022 14:52:00)



Dr Harsh Pandya
(MD)
Consultant Pathologist
Reg. No.: G-32582

Dr. Priya Kriplani
(MD)
Consultant Pathologist
Reg. No.: G-46004



BARODA DIAGNOSTIC LABORATORY



* 2 1 4 1 7 *

Patient's name : Rashmirekha Panigrahi
Age/Sex : 30 Years/Female
Referred by : C/o. I Cure Heart & Diet Clinic
Sample From : LAB
UHID :

Reg. ID : icure-119-19
Accession : 21417
Reg. Date : 08/10/2022
Collection Time : 08/10/2022 13:58

HIV HBsAg

<u>Test</u>	<u>Result</u>	<u>Normal Range</u>
Test for HIV 1 Antibodies :	Non reactive	Non reactive
Test for HIV 2 Antibodies :	Non reactive	Non reactive
HBsAg : (Hepatitis B surface Antigen)	Negative	Negative

Note: The above tests are done as a screening procedure.
: If clinically suspected, confirmation by ELISA is recommended.
: Rarely false negativity/positivity may occur.

Priya Kriplani

LAB
LAB USE ONLY (Entered by :AP Enter Date/Time:08/10/2022 14:44:00) (Verify by :OP1 Verify Date/Time:08/10/2022 14:52:00)



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