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- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS GARIMA KAPADIA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 37 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 12-Nov-2022 5:37 pm  
**Print Date** : 14-Nov-2022 7:48 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	89.2	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion)
Blood Urea Nitrogen (BUN)	8.40		5 - 20 mg/dl
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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ARIFA

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS GARIMA KAPADIA  
 Referred By Dr : MEDIWHEEL  
 Sex : FEMAL Age : 37 Years  
 Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : JKC7566 \*JKC7566\*  
 Reg. Date : 12-Nov-2022 10:34 am  
 Report Date : 12-Nov-2022 8:12 pm  
 Print Date : 14-Nov-2022 7:48 pm

## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	2.87	mg%	Female : 2.4 - 5.7 mg%

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 37 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 13-Nov-2022 9:36 am  
**Print Date** : 14-Nov-2022 7:48 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS GARIMA KAPADIA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 37 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 13-Nov-2022 1:45 pm  
**Print Date** : 14-Nov-2022 7:48 pm

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	80.3	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS GARIMA KAPADIA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 37 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 13-Nov-2022 10:05 am  
**Print Date** : 14-Nov-2022 7:48 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	11.7	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.39	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	35.4	%	Female : 32 - 47 %
MCV	80.50	fl	80- 96 fl
MCH	<b>26.70</b>	pg	27 - 32 pg
MCHC	33.20	gm%	32 - 37 gm%
RDW	13.6	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	7960	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	70	%	40 - 75
Lymphocytes	25	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	398000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	<b>22</b>	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 14-Nov-2022 2:51 pm  
**Print Date** : 14-Nov-2022 7:48 pm

## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.84	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	37		
eGFR	81.09	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	96.80		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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**Sex** : FEMAL Age : 37 Years  
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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	180	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	68	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	13.60	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	121.40	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.00		< 5
LDL / HDL	2.70		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS GARIMA KAPADIA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMAL Age : 37 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : JKC7566 \*JKC7566\*  
**Reg. Date** : 12-Nov-2022 10:34 am  
**Report Date** : 12-Nov-2022 7:39 pm  
**Print Date** : 14-Nov-2022 7:48 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.63	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.33	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	1.10	U / L	Up to 49 U / L
S.G.O.T.	12.40	U / L	Up to 46 U / L
Alkaline Phosphatase	48.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.38	gm / dl	6 - 8 gm / dl
Albumin	4.02	gm / dl	3.2 - 5.5 gm / dl
Globulin	3.36	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.20		1.0- 2.3
GGT	30	IU/L	5 - 50 IU/L

----- End of Report -----

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## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	91.33	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	8.8	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	2.20	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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**Health Check up Booking Confirmed Request(bobE19563),Package Code-  
PKG10000241, Beneficiary Code-7430**

3 messages

Mediwheel &lt;customercare@policywheel.com&gt;

Thu, Nov 10, 2022 at 4:25 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;

**Mediwheel**  
...Your wellness partner**011-41195959****Email:wellness@mediwheel.in**Hi **Healthcare Medical Centre And Diagnostic,**Diagnostic/Hospital Location :1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute,  
Borivali West, Mumbai- 400092 ,City:Mumbai

We have received the confirmation for the following booking .




**Beneficiary Name :** PKG10000241**Beneficiary Name :** MRS. KAPADIA GARIMA AMIT**Member Age :** 35**Member Gender :** Female**Member Relation :** Employee**Package Name :** Medi-Wheel Metro Full Body Health Checkup Female Below 40**Location :** MUMBAI,Maharashtra-400091**Contact Details :** 9820196594**Booking Date :** 06-11-2022**Appointment Date :** 12-11-2022**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

आयकर विभाग  
INCOME TAX DEPARTMENT  
GARIMA AMIT KAPADIA  
KAMESHWAR CHAUBEY  
08/06/1985  
Permanent Account Number  
AKOPC7627D  
Signature   
भारत सरकार  
GOVT. OF INDIA  
  


*Garima*

*Nupur Rai*  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

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NAME	MRS GARIMA KAPADIA	DATE	12/11/2022
HEIGHT: 162CM	WT:86 KGS	AGE	44 YRS
REFERRED BY	MEDIWHEEL	SEX	MALE

**PRESENT COMPLAIN: NIL**

**CURRENT MEDICATION: NIL**

**PAST HISTORY : NIL**

**HABITS: NIL**  
**APPETITE: GOOD      ALLERGY: NIL**  
**SLEEP: GOOD      BLADDER: NAD      BOWEL: NAD**

**FAMILY HISTORY: FATHER HAS HTN**

<u>GENERAL EXAMINATION:</u>	<u>ADVICE-</u>
P:96/min      BP: 120/70 mmHg	<i>fit for employment</i>
PALLOR: NIL      ICTERUS: NIL OEDEMA: NIL      OTHERS: NAD	
RS: A E B E clear	
CVS: NAD      CNS : NAD	
PA: SOFT , NON TENDER	
<b><u>INVESTIGATION:</u></b>	

**DR. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

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- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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DATE : 12/11/2022

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TO,

This is regarding your client Miss/Mrs/Mr. Gavimer

Kapadia Visited to our centre on 12/11/22 for her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool examination

Reason: Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

*G. Kapadia*

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Tel :- 28996565 / 28996535

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Client's sign

Medical Examiner

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS GARIMA KAPADIA</b>	<b>DATE</b>	<b>12.11.2022</b>
		<b>AGE</b>	<b>37 Years</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**X-RAY CHEST (P.A.VIEW)**

The lungs on the both side show equal translucency. The heart and trachea are central in Position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen .The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION:NO EVIDENCE OF PULMONARY,PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

*Prajakta*

**DR.PRAJAKTA .P  
CONS.RADIOLOGIST**

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- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS GARIMA KAPADIA</b>	<b>DATE</b>	<b>12/11/2022</b>
		<b>AGE</b>	<b>37 YRS</b>
<b>REF. BY DR</b>	<b>MEDIBUDDY</b>	<b>SEX</b>	<b>FEMALE</b>

## REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,

Note: Excessive bowel gas shadowing noted in abdomen.

**LIVER :** Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is minimally distended. (Non-fasting status)

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 11.5 x 5.5 cms

(b) Left kidney measures: 12.1. x 4.3 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

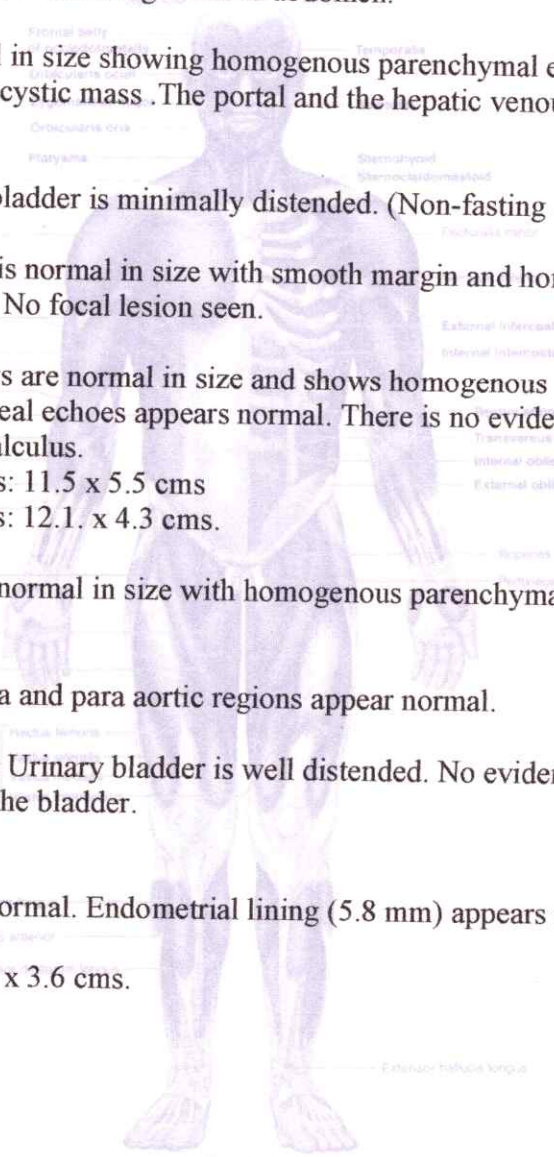
**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

### UTERUS (TAS):

Uterus is anteverted and normal. Endometrial lining (5.8 mm) appears normal. No evidence of focal lesion.

Uterus measures: 7.4 x 4.6 x 3.6 cms.



(a) Anterior view

- |                         |   |
|-------------------------|---|
| <b>BORIVALI CENTRE</b>  | 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301                                 |
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| <b>DAHISAR CENTRE</b>   | NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504   |
| <b>GORAI CENTRE</b>     | VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565           |
| <b>GOREGAON CENTRE</b>  | M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806                                       |
| <b>GOREGAON (EAST)</b>  | SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922                         |
| <b>MIRA ROAD</b>        | UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389                |

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS GARIMA KAPADIA	DATE	12/11/2022
REF. BY DR	MEDIBUDDY	AGE	37 YRS
		SEX	FEMALE

**ADNEXA :**

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Right ovary measures: 3.1 x 1.8 cm.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 3.0 x 2.0 cm.

No evidence of free fluid.

**IMPRESSION :**

- **NO SIGNIFICANT ABNORMALITY DETECTED.**

SUGGEST: CLINICAL CORRELATION.

**DR. BHAVESH GORI**  
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

MRS GARIMA KAPADIA

EJKC7566 12-Nov-2022



ECG

# ELECTROCARDIOGRAM (ECG)

PATIENT MRS. GARIMA KAPADIA AGE 37 SEX F  
 REF. BY DR. MEDI WHEEL DATE 12/11/22

INTERPRETATION :

*Slight ST depression in inferolateral leads.*

*Please consult cardiologist*

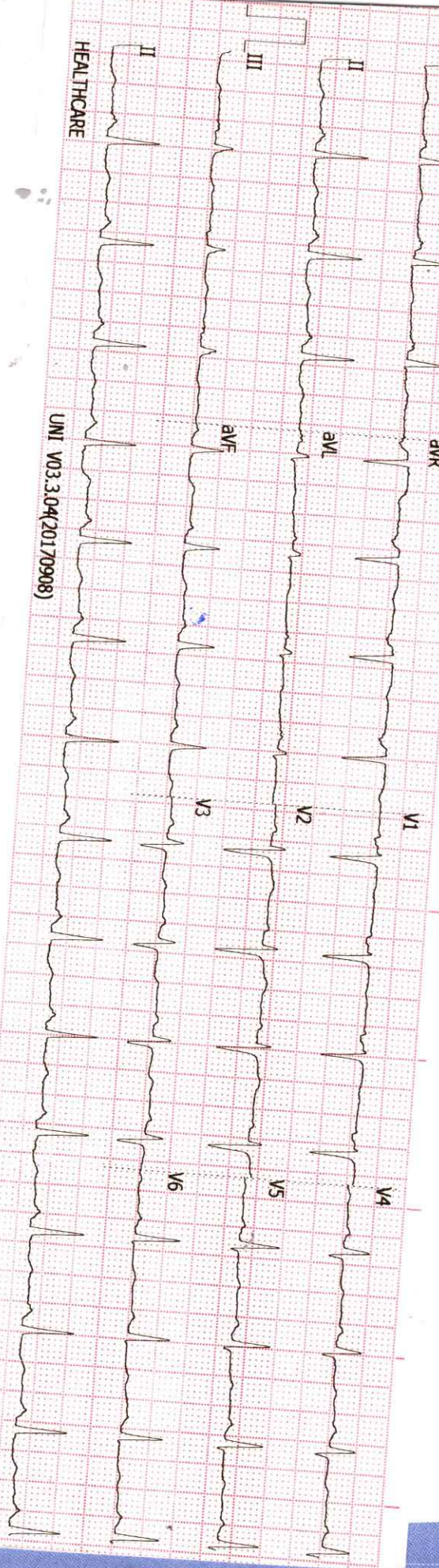
Dr.

*Dr. Anurag RAI*

MBBS, D.I.P.A., D.C.C., D.V. (P.G.D.C.O.)  
Reg. No.: 2018115643

HEALTHCARE  
Medical centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Mumbai - 400 092  
28136565 / 28136585

0.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



HEALTHCARE  
UNI V03.3.04(20170908)

History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : .....

Ventricular Rate : 79 bpm

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : AU

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : Slight ST depression in inferolateral leads

# HEALTHCARE BORIVALI

**MRS GARIMA KAPADIA**

ID : 714  
 DATE : 12/11/2022  
 AGE/SEX : 37 / F  
 HT/WT : 162 / 86  
 REF. BY : MEDIWHEEL

## TREADMILL TEST REPORT

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					96	120 / 70	115	-0.4	0.5	0	
STANDING					94	120 / 70	112	-0.4	0.6	0	
HYPERVENT					93	120 / 70	111	-0.4	0.5	0	
Stage 1	2:55	0:15	2.7	10	135	130 / 70	175	-1.2	0.4	-0.3	4.67
Stage 2	5:55	2:55	4	12	151	140 / 70	211	-2.5	0.8	-1.4	7.04
PK-EXERCISE	6:27	0:27	5.4	14	159	140 / 70	222	-1.7	0.8	-1.4	7.54
RECOVERY	7:38	1:3			119	140 / 70	166	-0.7	0.7	-0.4	
RECOVERY	8:41	2:6			105	130 / 70	136	-1.1	0.1	-0.1	
RECOVERY	9:30	2:55			100	130 / 70	130	-1	0.3	-0.7	
RECOVERY	10:41	4:6			103	120 / 70	123	-0.7	0.3	-0.5	

### RESULTS

EXERCISE DURATION : 6:27  
 MAX HEART RATE : 159 bpm  
 MAX BLOOD PRESSURE : 140 / 70 mm Hg  
 REASON OF TERMINATION : Achieved THR,

MAX WORK LOAD : 7.54 METS

BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

Fair effort tolerance  
 No angina,  
 No arrhythmia,  
 Normal HR, BP response  
 No significant ST changes noted during Test as compared to baseline ECG,  
 Stress test negative for inducible ischemia,

**HEALTHCARE**  
 Medical Centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai - 400 092  
 Tel: 28996565 / 28996535

**DR. NUPUR RAI**  
 MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643 (MD)

Technician : 1

# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

RATE 96bpm  
B.P. 120/70

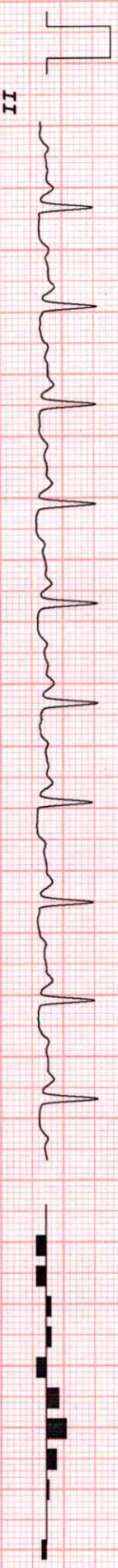
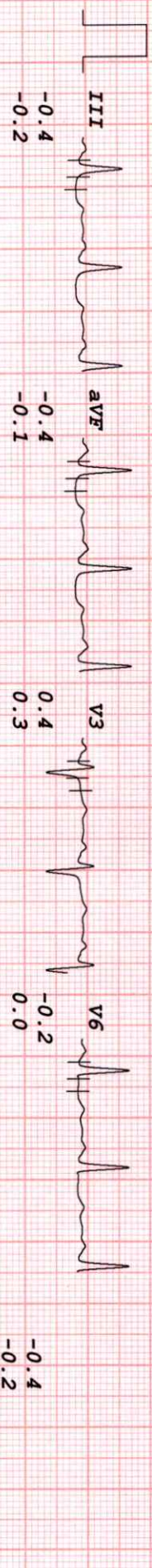
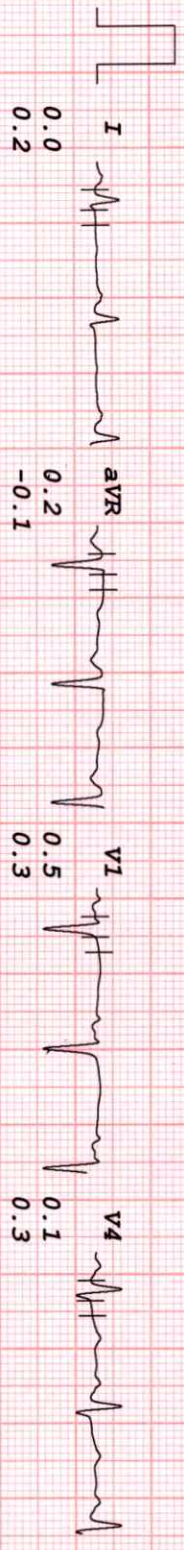
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms Post-J

LINKED MEDIAN

Mag. X 2

III



I III aVL V1 V3 V5

II aVR aVF V2 V4 V6



# HEALTHCARE BORIVALI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

RATE 94bpm  
B.P. 120/70

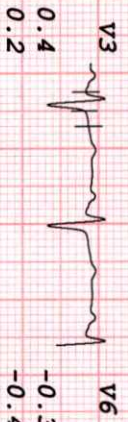
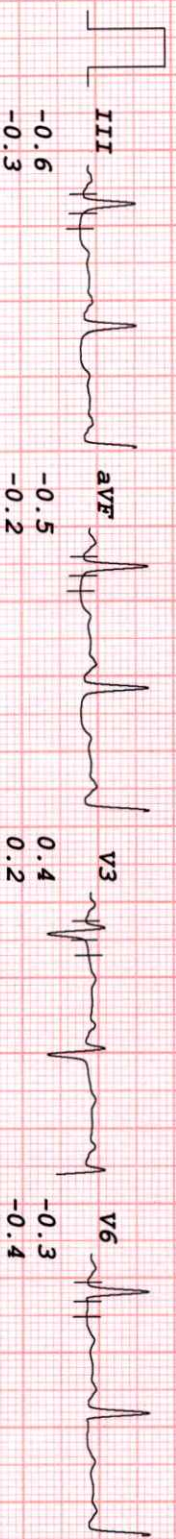
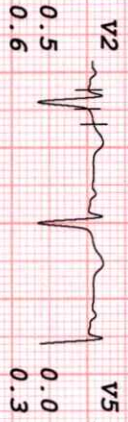
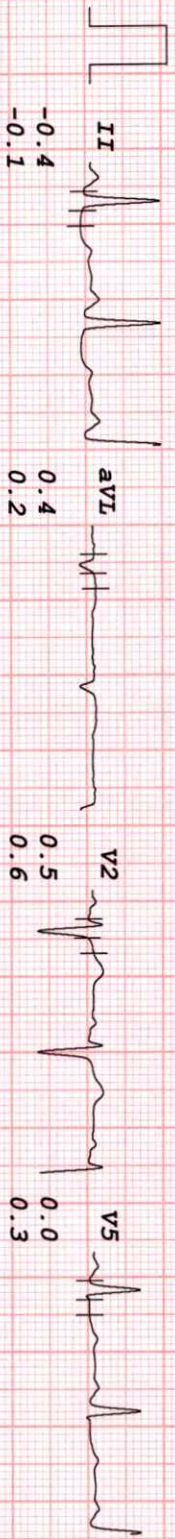
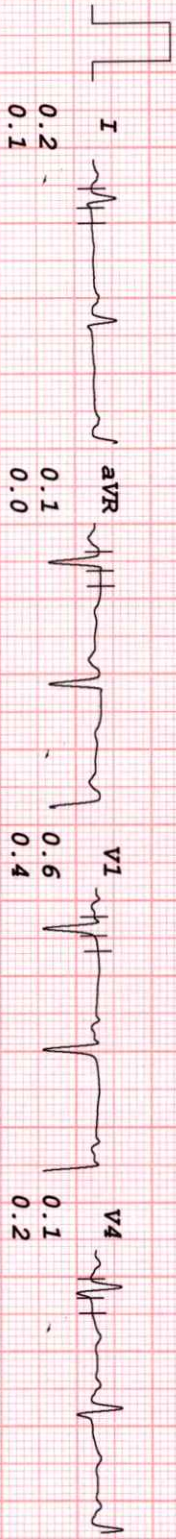
PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

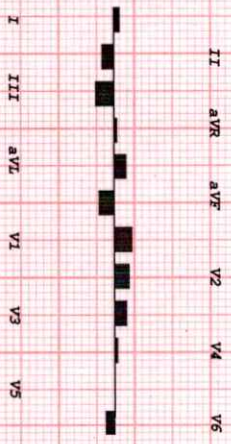
LINKED MEDIAN

Mag. X 2

III



-0.6  
-0.3



# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

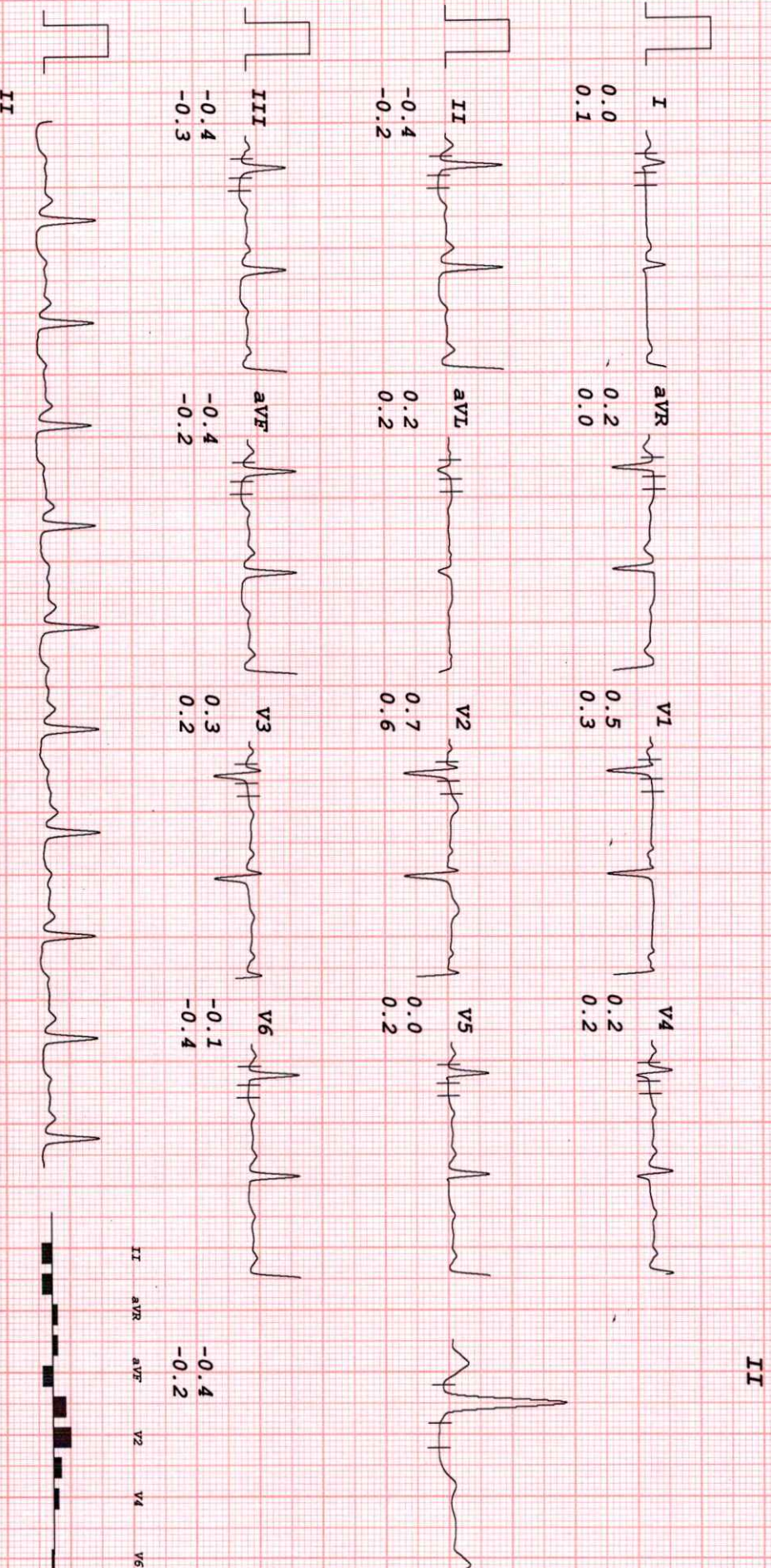
RATE 93bpm  
B.P. 120/70

PRETEST  
HYPERVENT  
PHASE TIME 0:15

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
 I.D. 714  
 Age 37/F  
 Date 12/11/2022

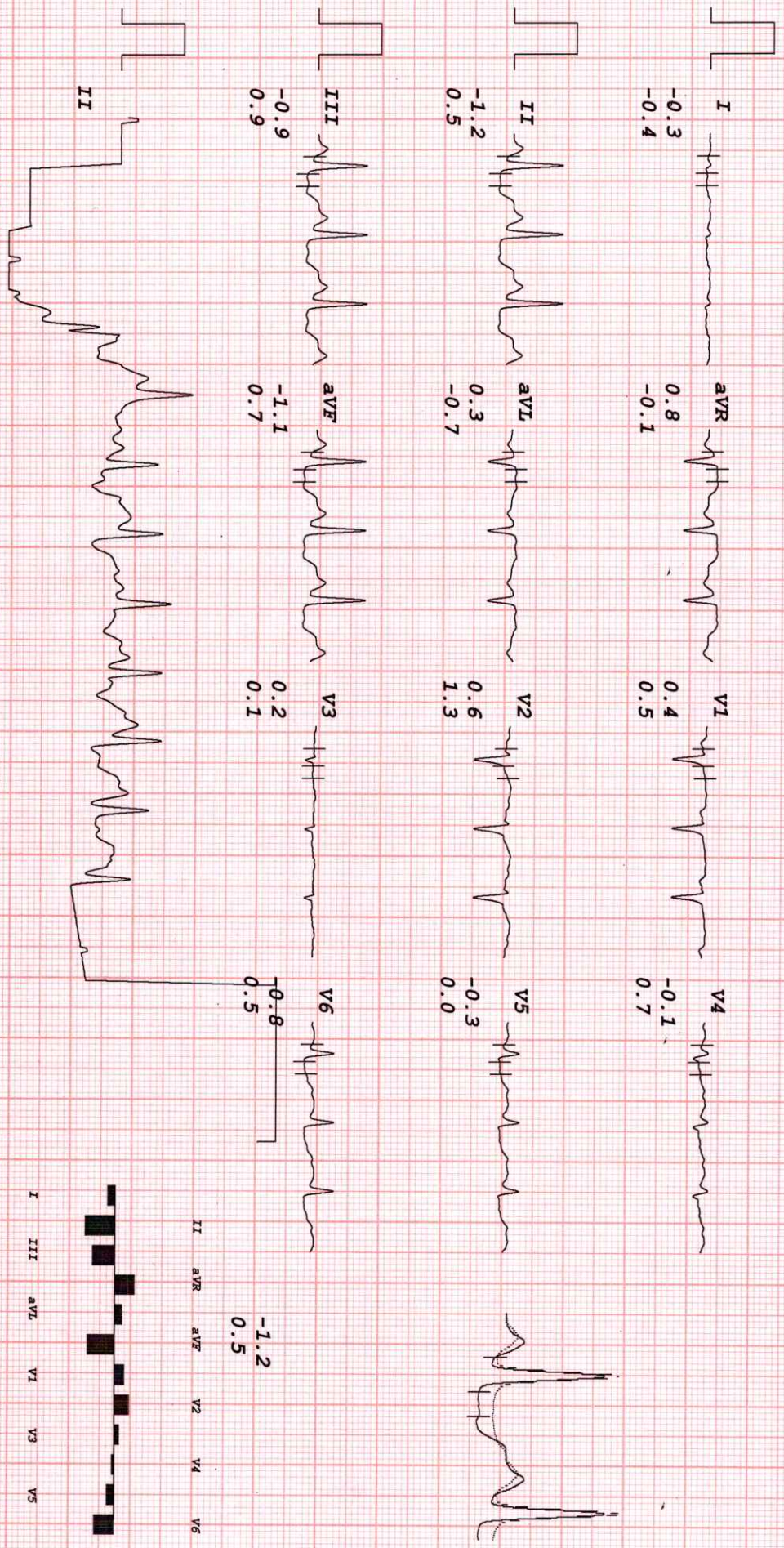
RATE 135bpm  
 B.P. 130/70

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALI

MRS GARIMA KAPADIA  
 I.D. 714  
 Age 37/F  
 Date 12/11/2022

RATE 151bpm  
 B.P. 140/70

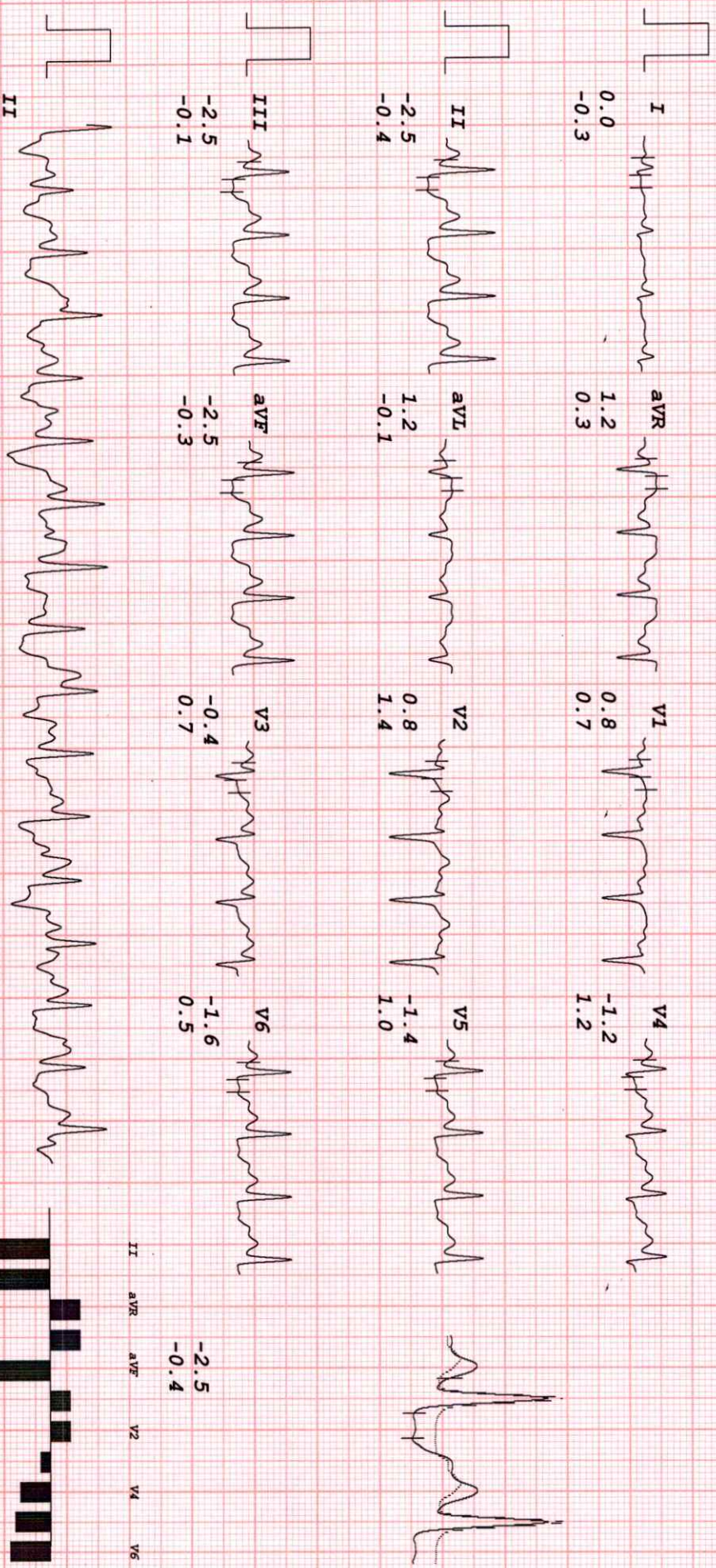
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mv  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

II



# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

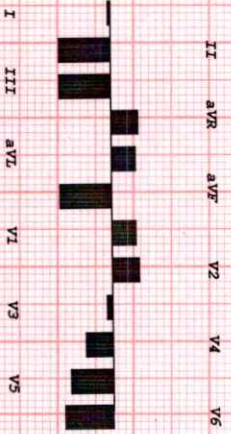
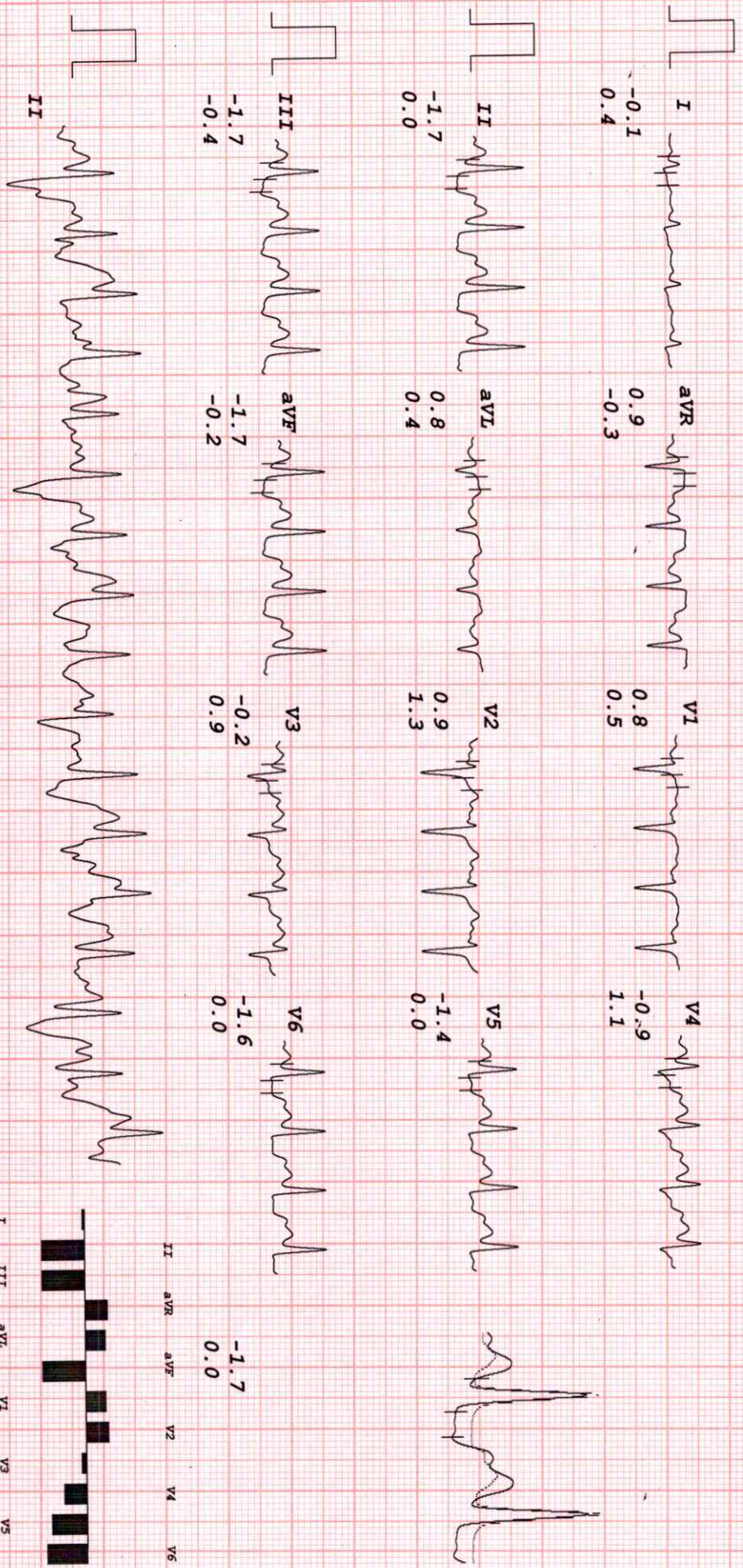
RATE 159bpm  
B.P. 140/70

Brice  
PR-EXERCISE  
TOTAL TIME 6:27  
PHASE TIME 0:27

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

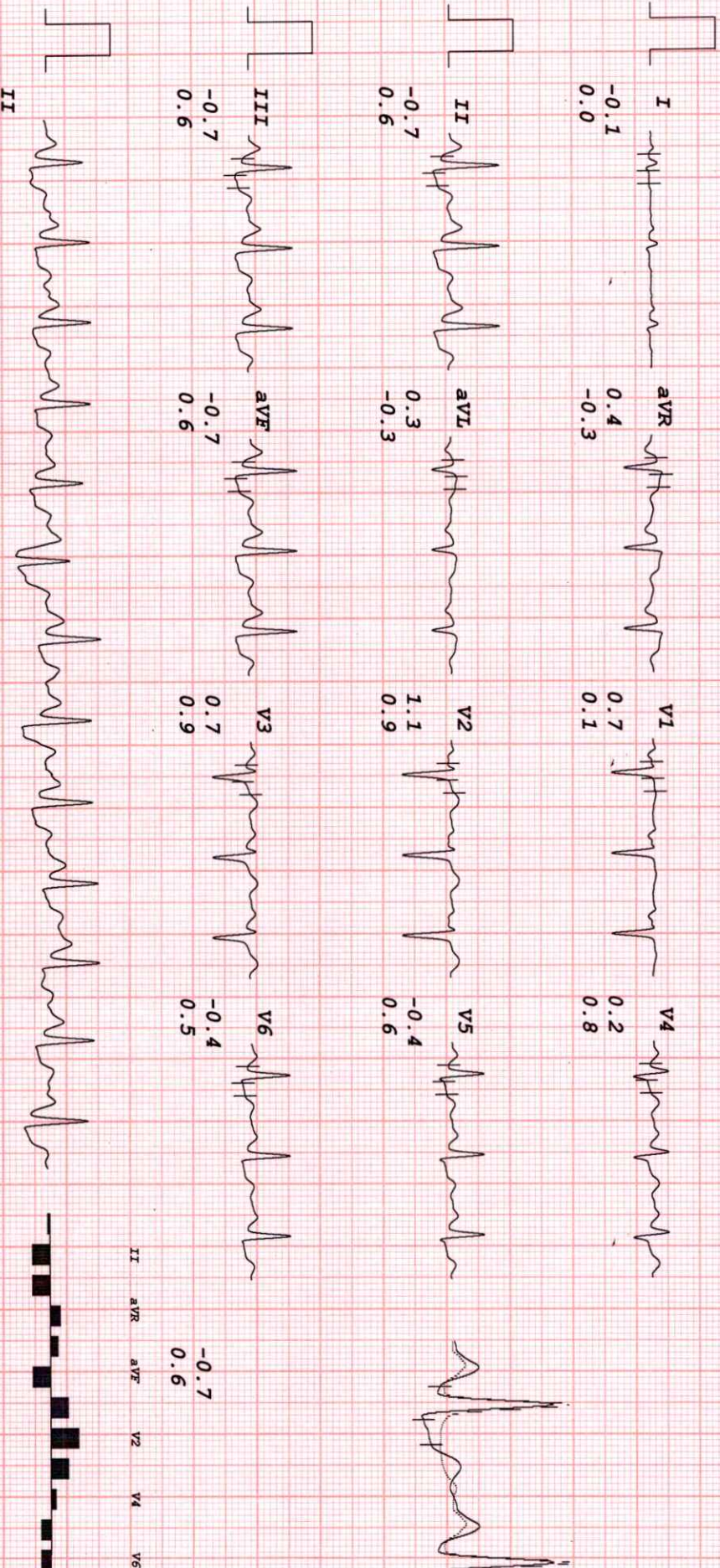
RATE 119bpm  
B.P. 140/70

Bruce  
RECOVERY  
TOTAL TIME 7:38  
PHASE TIME 1:03

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

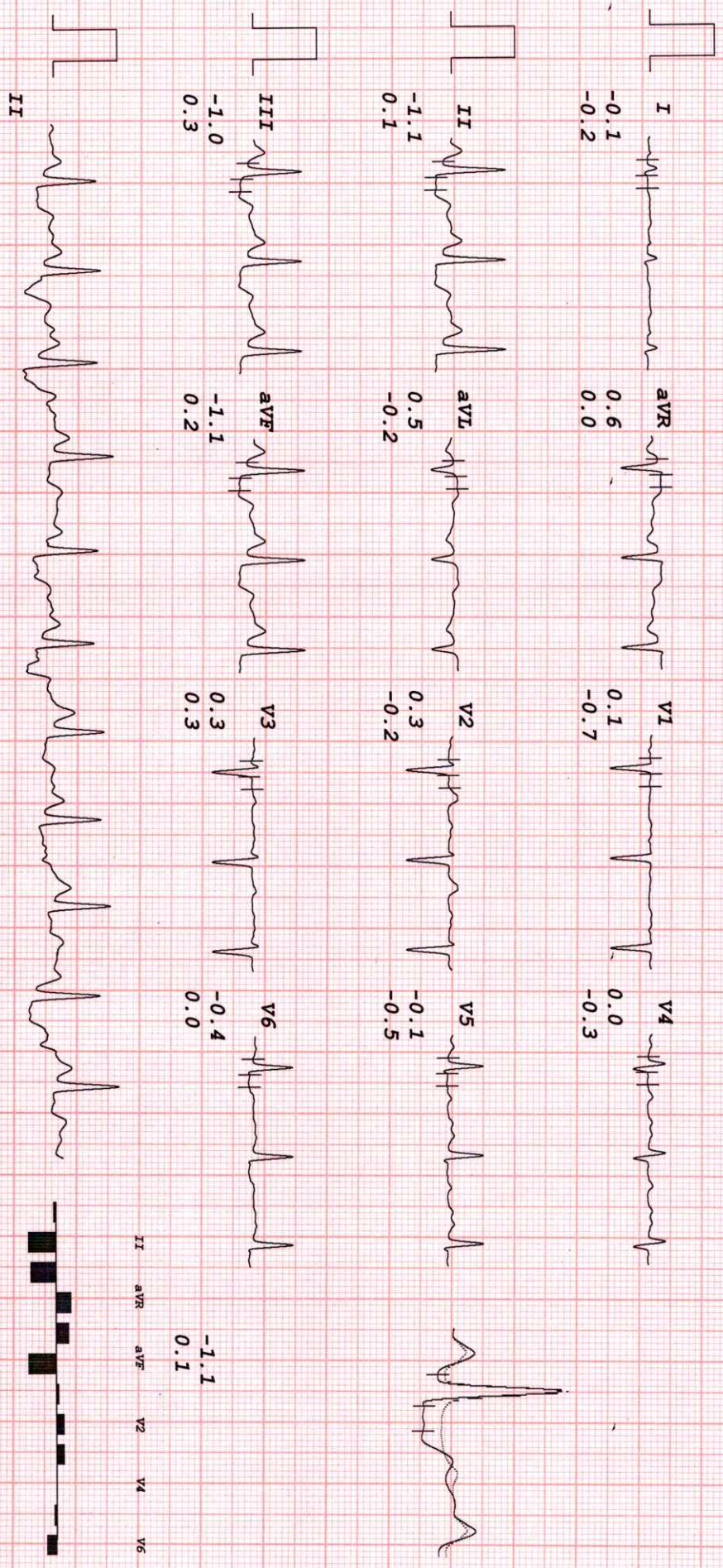
RATE 105bpm  
B.P. 130/70

Bruce  
RECOVERY  
TOTAL TIME 8:41  
PHASE TIME 2:06

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
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Age 37/F  
Date 12/11/2022

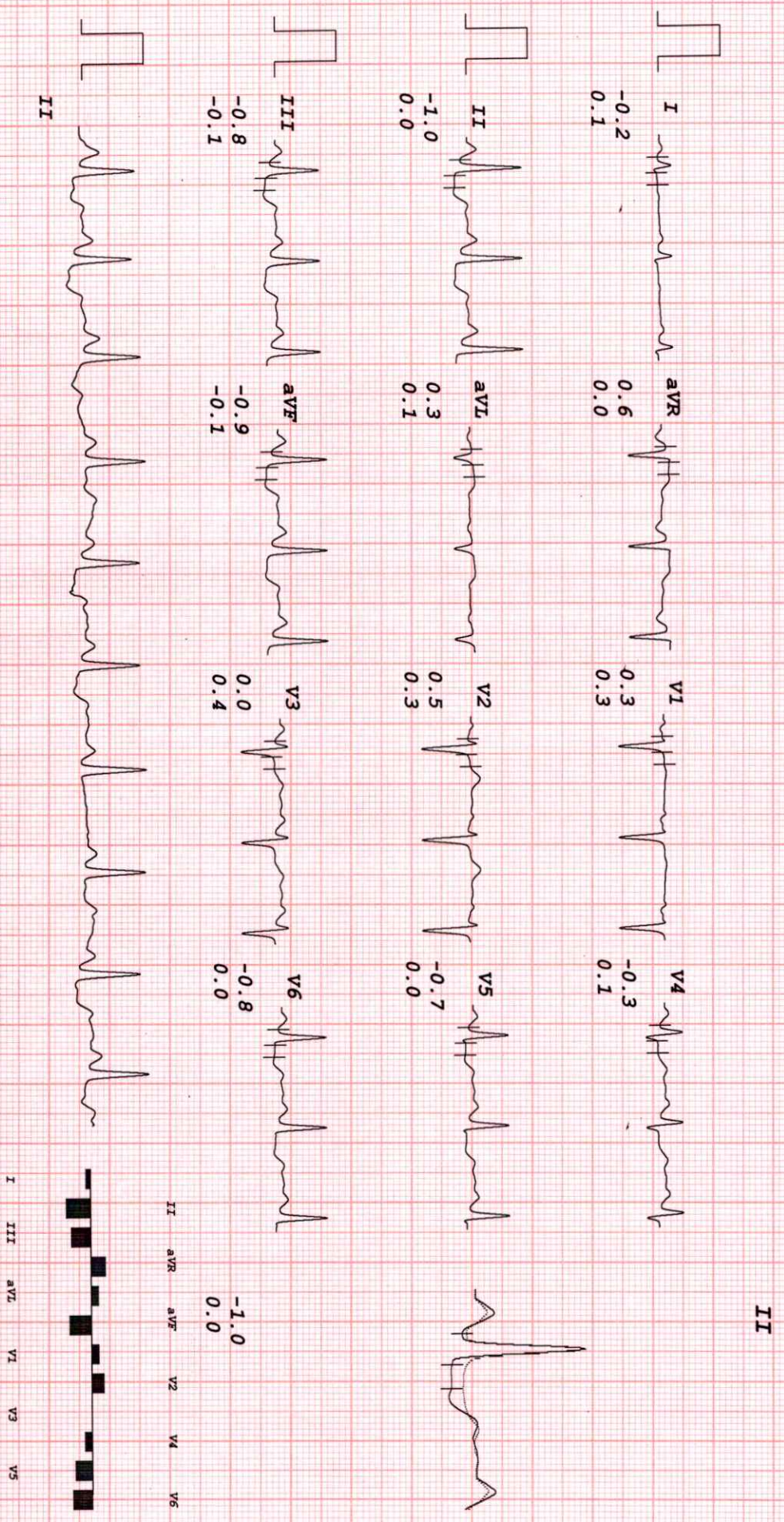
RATE 100bpm  
B.P. 130/70

Bruce  
RECOVERY  
TOTAL TIME 9:30  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE BORIVALLI

MRS GARIMA KAPADIA  
I.D. 714  
Age 37/F  
Date 12/11/2022

RATE 103bpm  
B.P. 120/70

Bruce  
RECOVERY  
TOTAL TIME 10:41  
PHASE TIME 4:06

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

