

SANITISE YOUR HANDS
BEFORE ENTERING...

THANK YOU



GPS Map Camera

Bhubaneswar, Odisha, India

Plot No, 119, Saheed Nagar Rd, Saheed Nagar,
Bhubaneswar, Odisha 751007, India

Lat 20.292532°

Long 85.845898°

26/02/22 10:00 AM

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

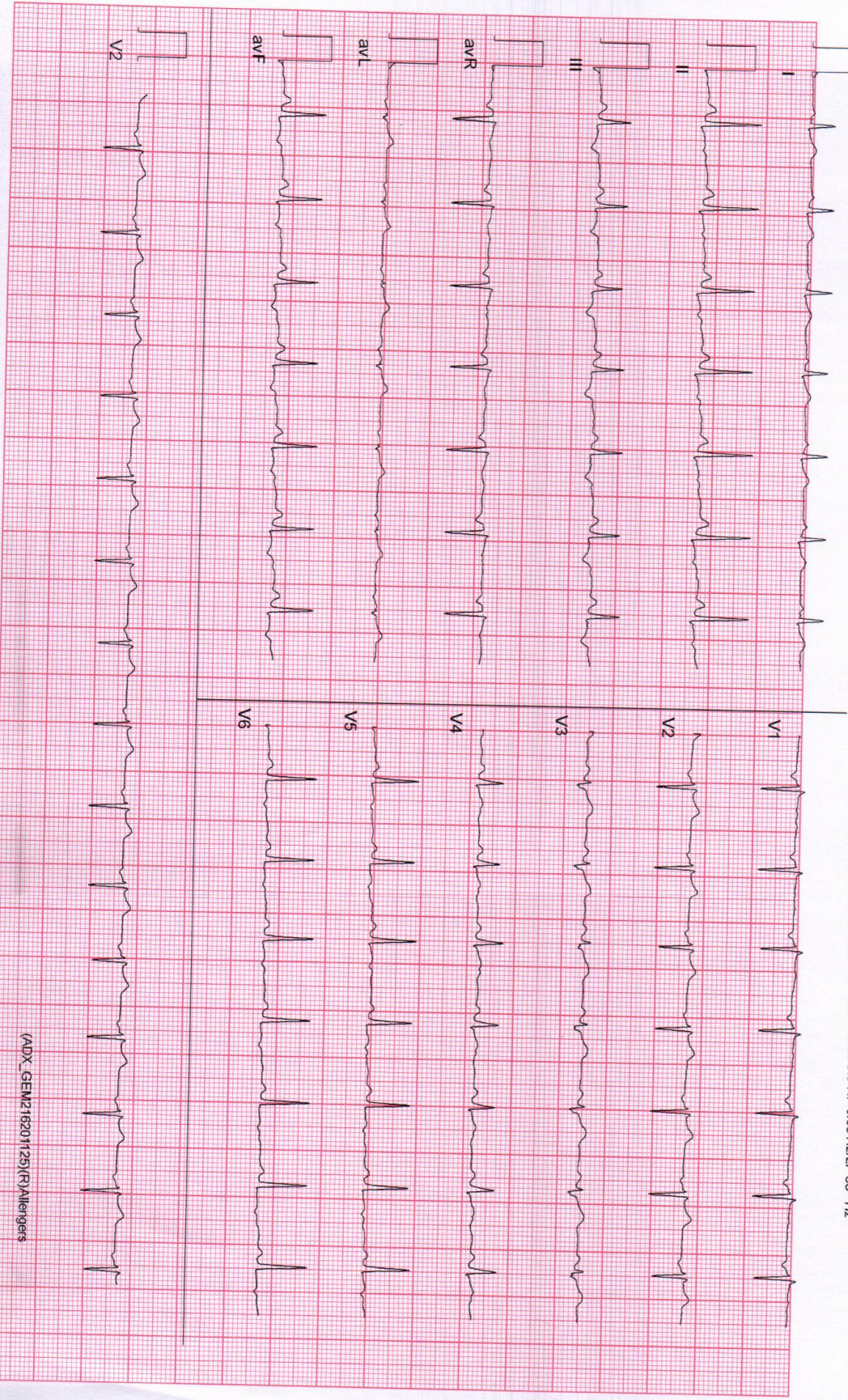
87 / JYOTIRIMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:25)



Date: 26 - 02 - 2022 01:35:56 PM METS : 1.0 HR : 89 Target HR : 50% of 177 BP : 123/80

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Noch On HF 0.05 HZ LF 35 Hz



(ADX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

SAHIDNAGAR BHUBANESWAR

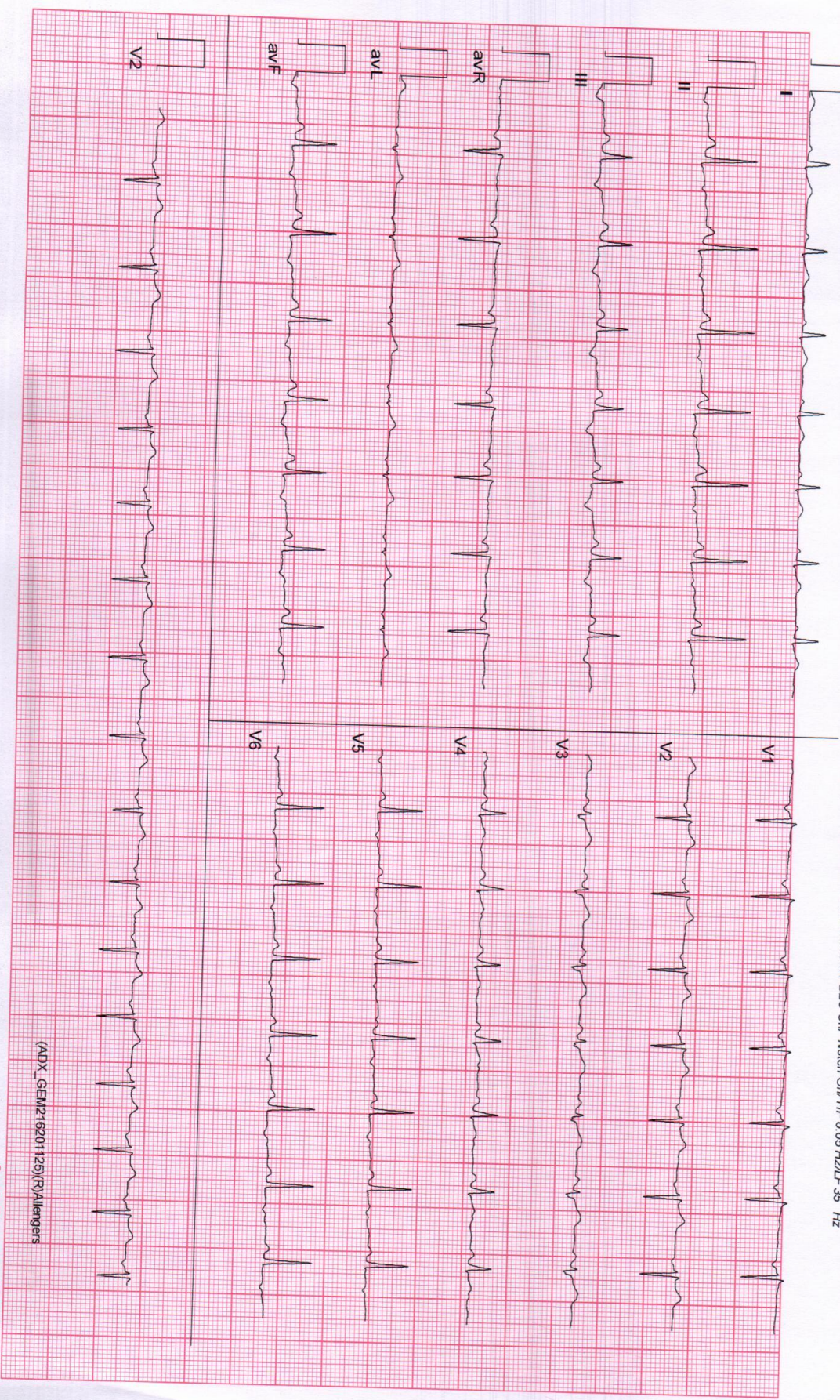
87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:17)



Date: 26 - 02 - 2022 01:35:56 PM METs : 1.0 HR : 92 Target HR : 52% of 177 BP : 123/80

EXTime : 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

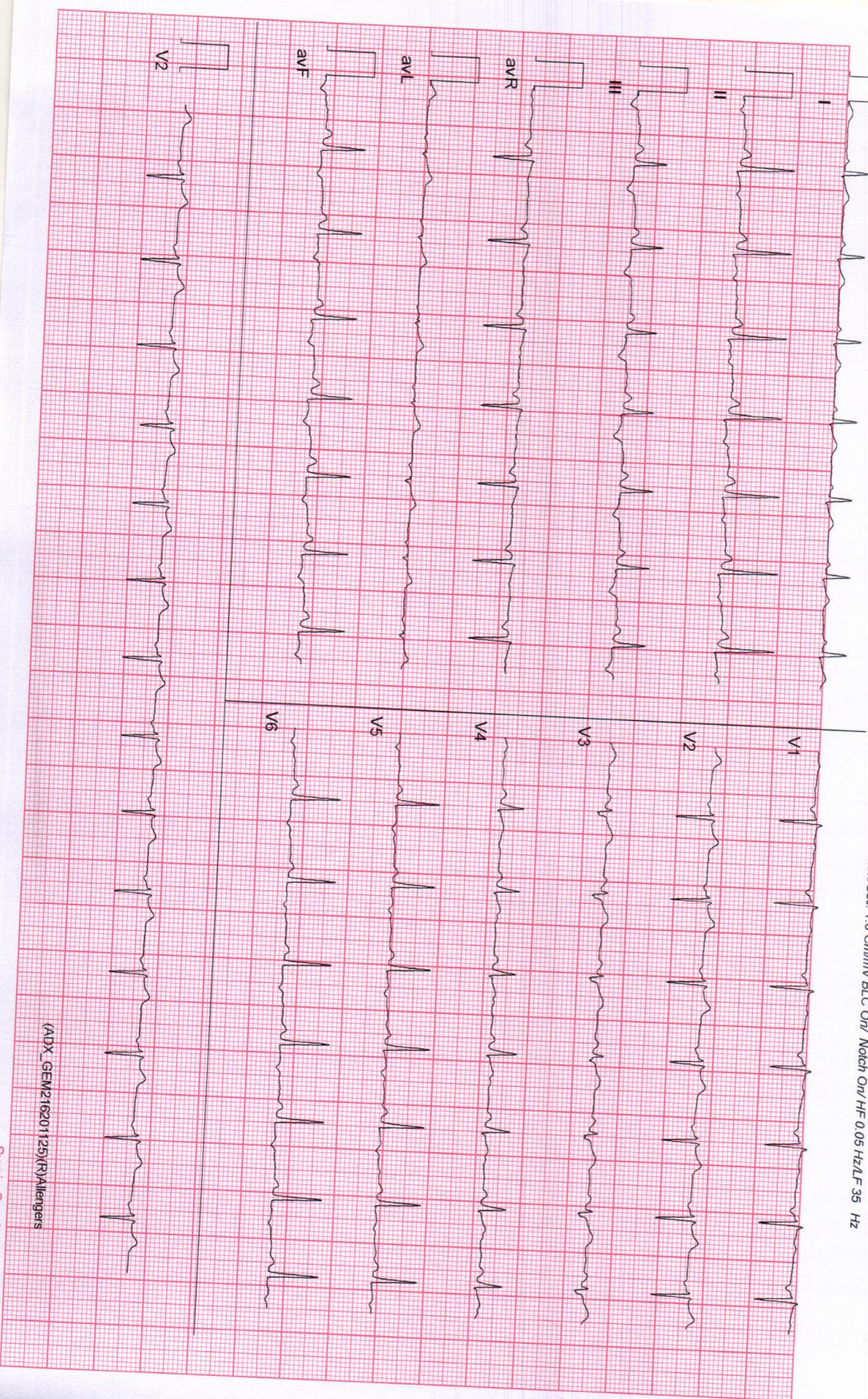
87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
BRUCE:HV(0:17)



Date: 26 - 02 - 2022 01:35:56 PM METs - 1.0 HR : 87 Target HR : 49% of 177 BP : 123/80

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengens

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

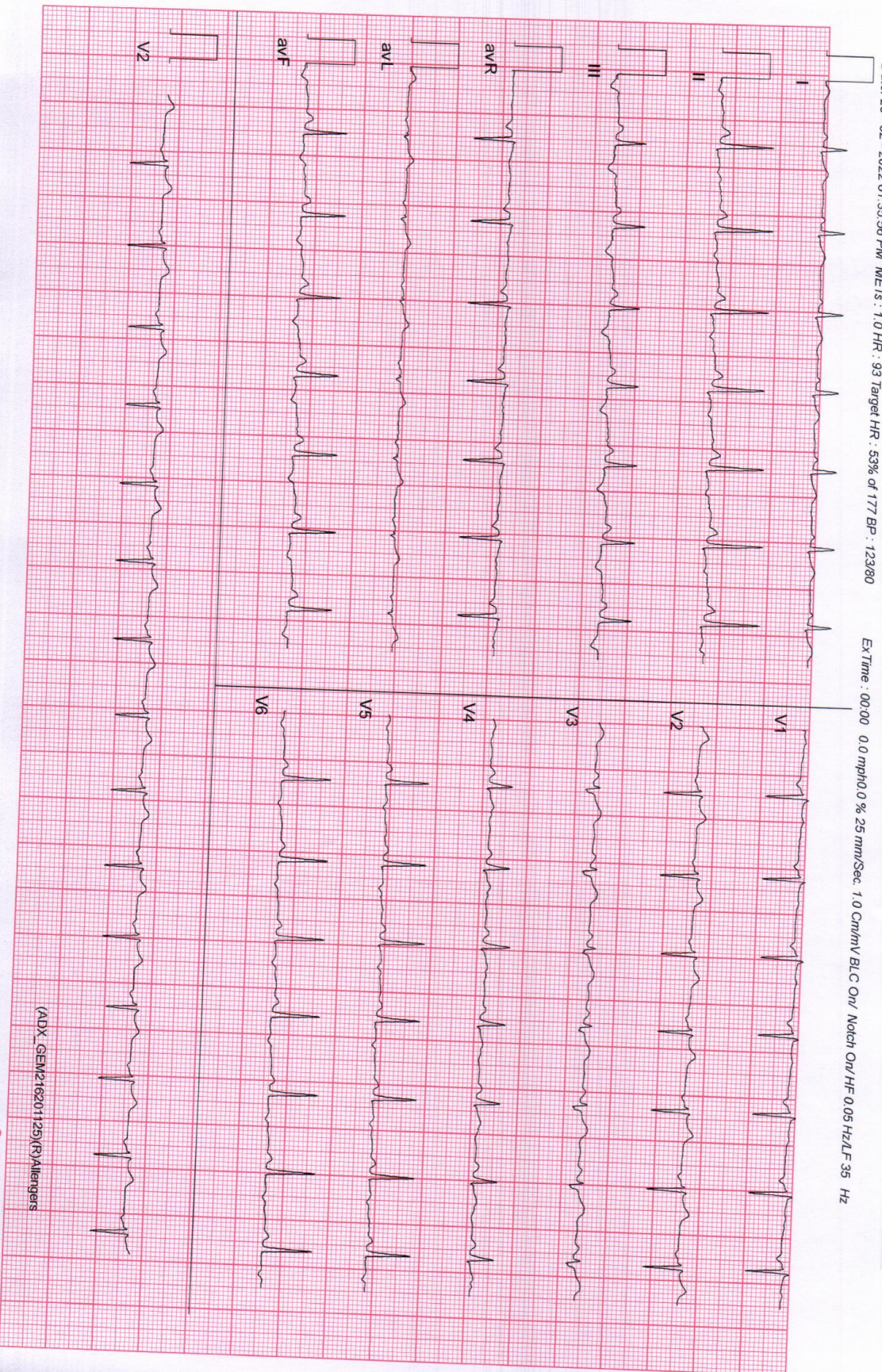
87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
ExStart



Date: 26 - 02 - 2022 01:35:56 PM METs : 1.0 HR : 93 Target HR : 53% of 177 BP : 123/80

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

Swain Surgicals - 9337482751

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

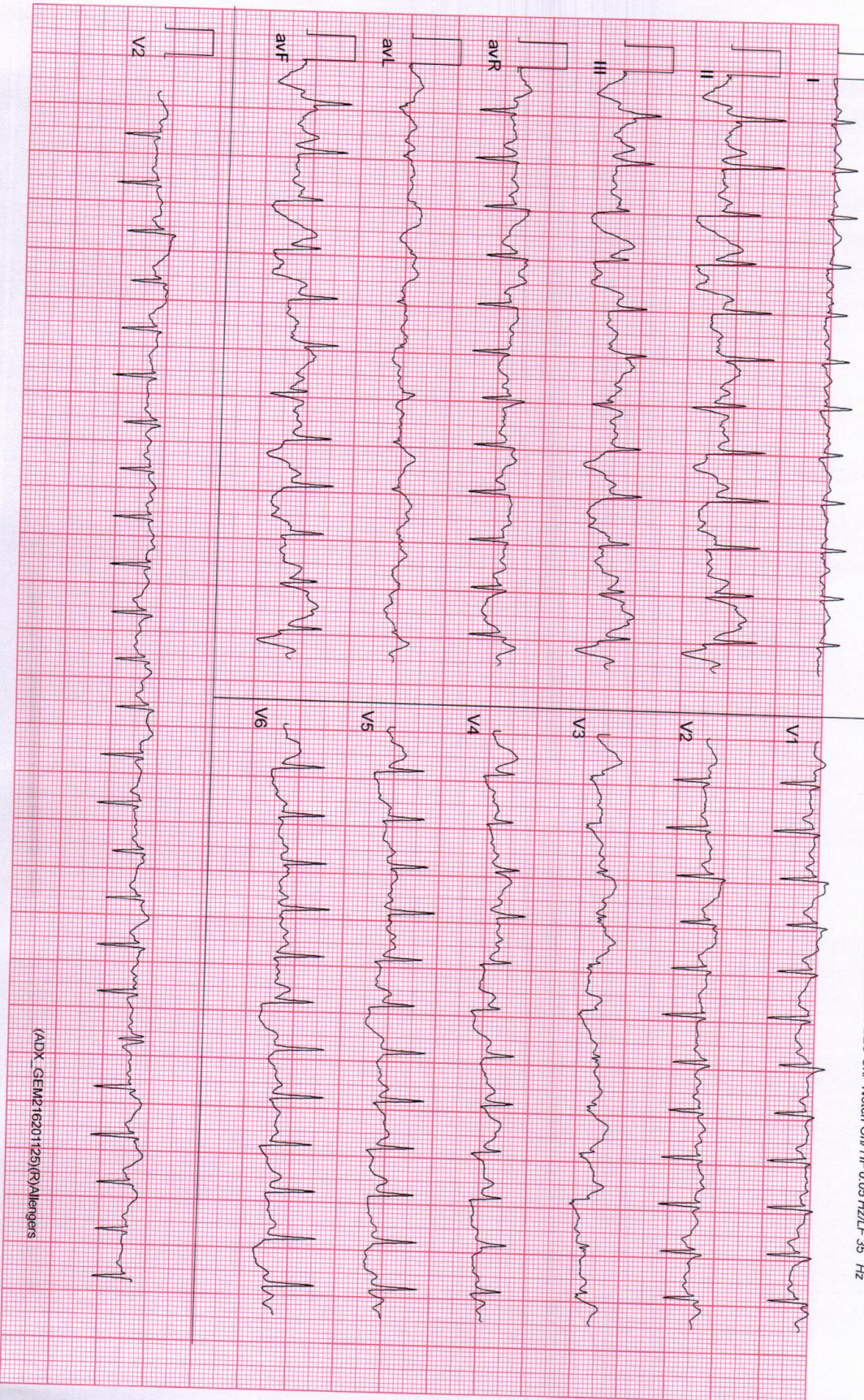
87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



Date: 26-02-2022 01:35:56 PM METs : 4.7 HR : 149 Target HR : 84% of 177 BP : 123/82

EXTime : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R3)Allengars

ZENA HEALTHCARE

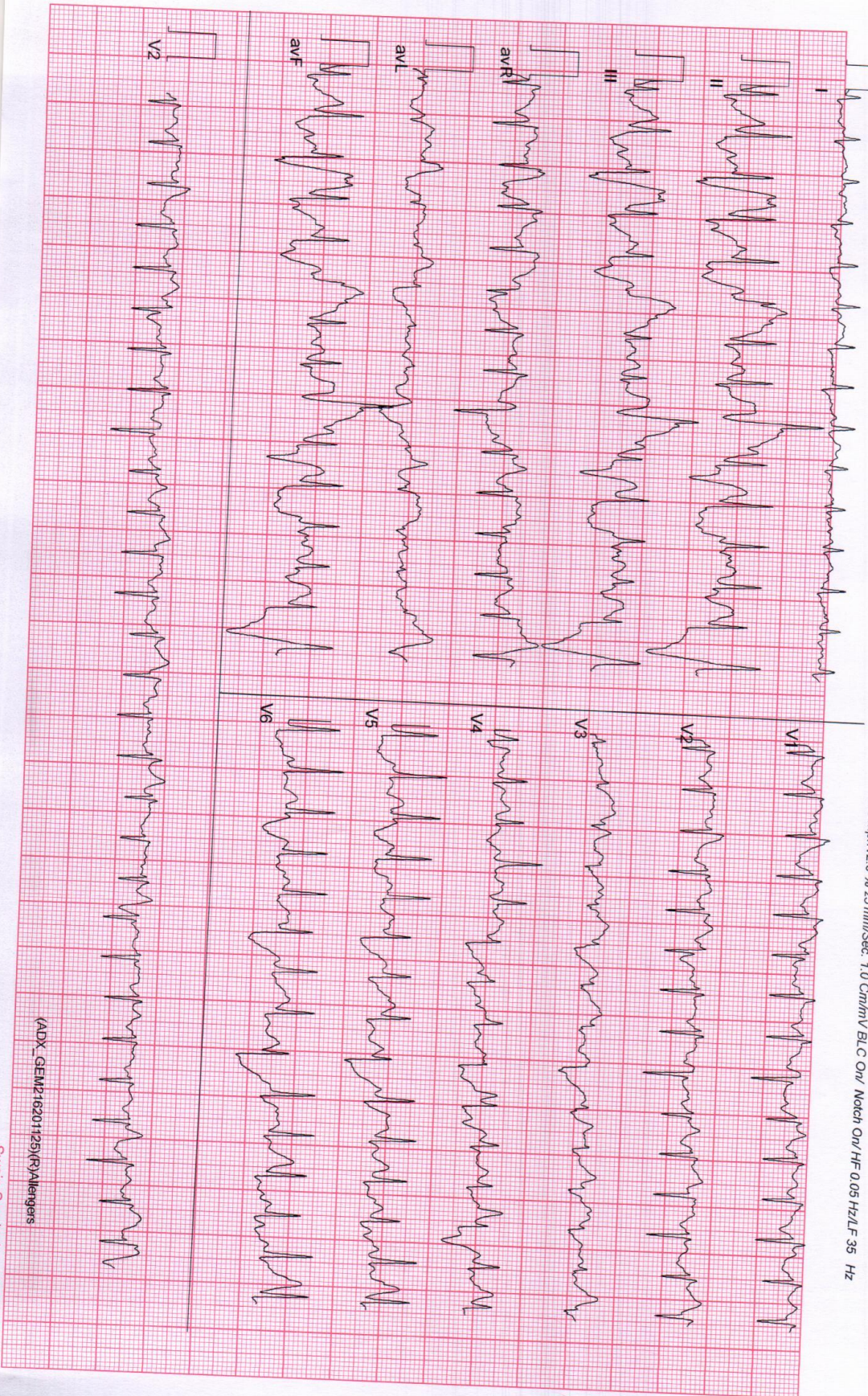
SAHIDNAGAR, BHUBANESWAR

87 / JYOTIRMAAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

Date: 26 - 02 - 2022 01:35:56 PM METs : 7.1 HR : 172 Target HR : 97% of 177 BP : 129/85

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)

EXTime : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ADX_GEM216201125(R)Aalengrs

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
87 / JYOTIRMAVEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
PeakEx



Date: 26 - 02 - 2022 01:35:56 PM METS : 8.4 HR : 185 Target HR : 105% of 177 BP : 125/85

EXTime : 07:15 3.4 mph/14.0 % 25mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)/RJ/allerges

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
Recovery(0:30)



Date: 26 - 02 - 2022 01:35:56 PM METs : 4.1 HR : 181 Target HR : 102% of 177 BP : 125/85

EXTime : 07:14 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LE 35 Hz



ADX_GEN2 16201125(R)/Allergers

ZENA HEALTHCARE

SAHDNAGAR, BHUBANESWAR

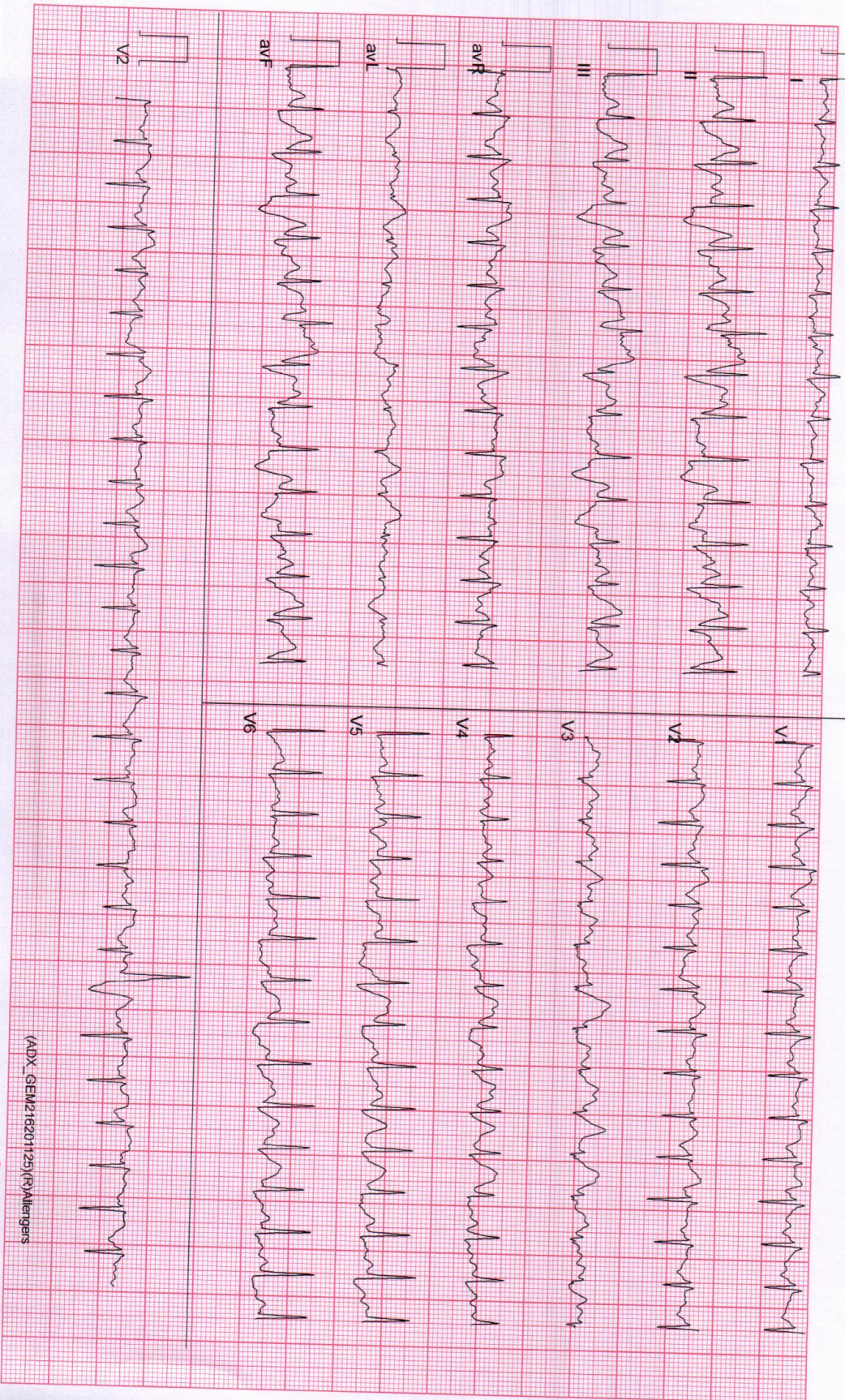
87 / JYOTIRMAAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 26 - 02 - 2022 01:35:56 PM METs : 1.1 HR : 168 Target HR : 95% of 177 BP : 129/83

EXTime : 07:14 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(AD)_GEM216201125)(R)Allergens

ZENA HEALTHCARE

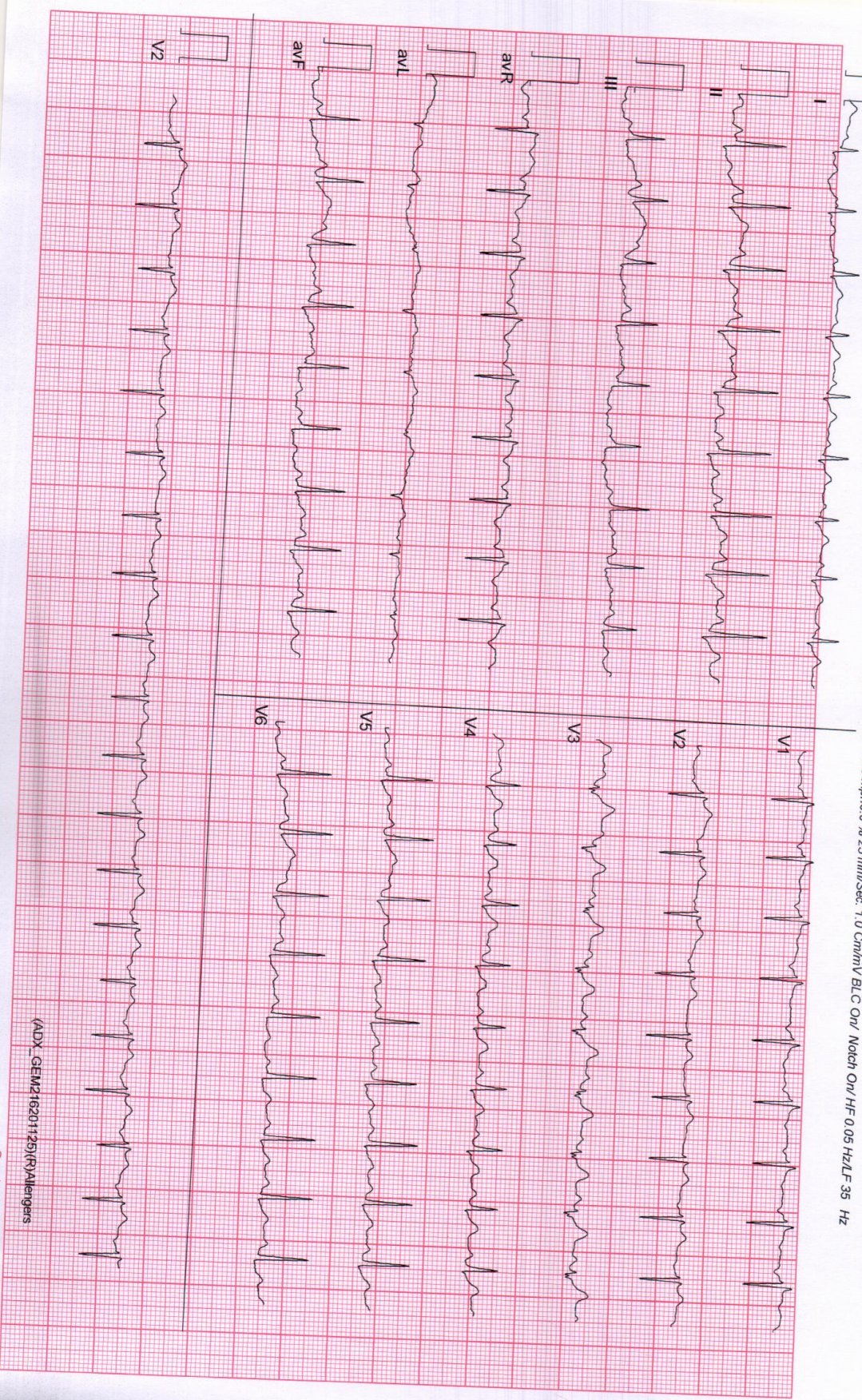
SAHIDNAGAR, BHUBANESWAR
87 / JYOTIRMAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 26 - 02 - 2022 01:35:56 PM METs : 1.0 HR : 115 Target HR : 65% of 177 BP : 123/82

EX Time : 07:14 0.0 mph 0.0 % 25 mm/Sec: 1.0 Cm/mv BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



(ADDX_GEM216201125)(R)Allergers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

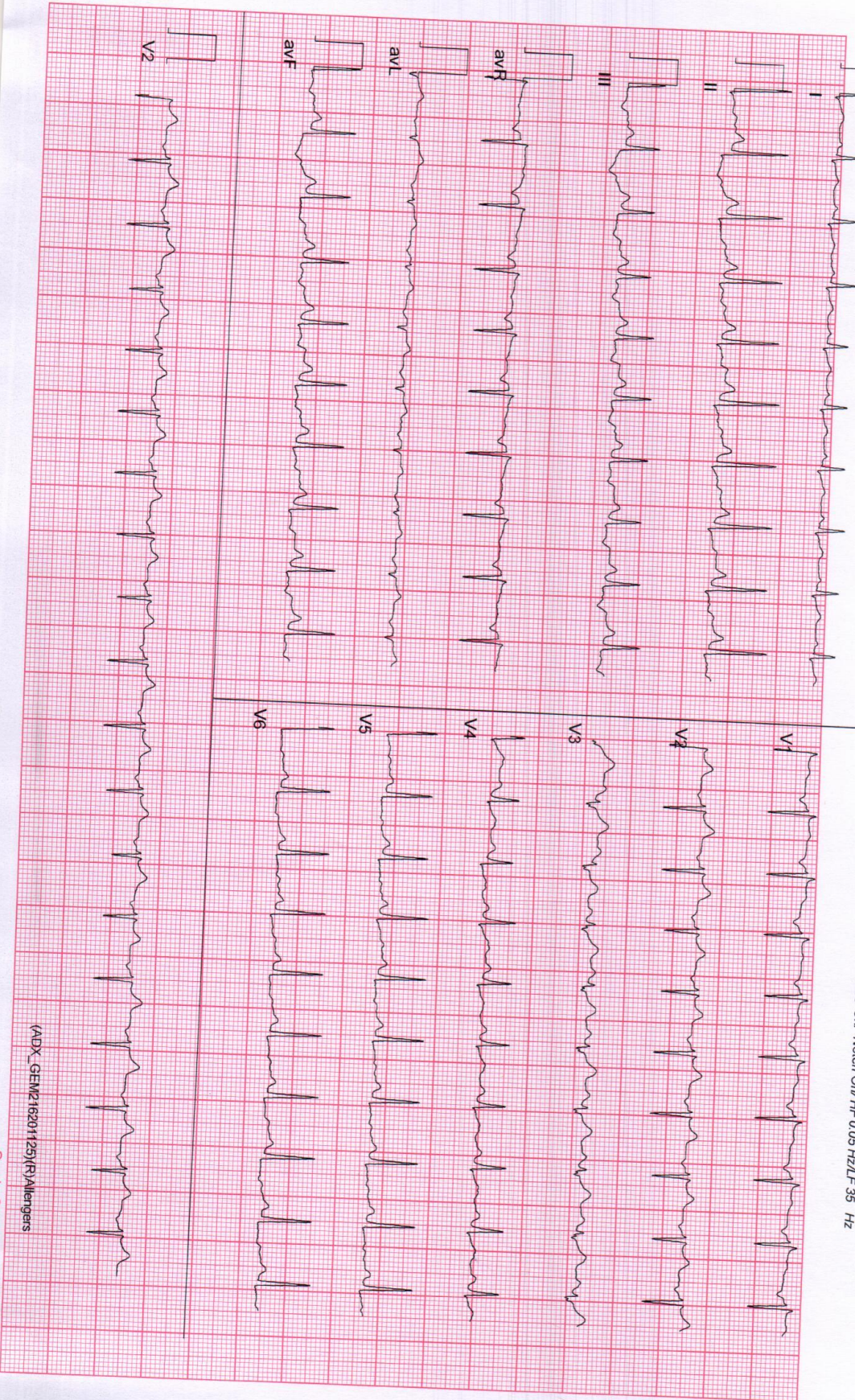
87 / JYOTIRMAAYEE PARIDA / 43 Yrs / Female / 157 Cm / 60 Kg

6 x 2 + Rhythm
Recovery(5:08)



Date: 26 - 02 - 2022 01:35:56 PM METs : 1.0 HR : 111 Target HR : 63% of 177 BP : 123/81

Ex Time : 07:14 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/HF 0.05 Hz/LF 35 Hz



(ADX - GEM216201125)(R)Allengers

Swain Surgicals - 9337482751



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ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Regd. No. : 1834

Patient Name : MRS. JYOTIRMAYEE PARIDA

Age / Gender : 43 years / Female

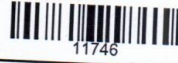
Patient ID : 10159

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:52 PM

Reporting Time : 26/02/2022, 06:06 PM

Sample ID :



11746

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	12.6	12.0 - 15.0	
Erythrocyte (RBC) Count	4.67	3.8 - 4.8	gm/dL
Packed Cell Volume (PCV)	39.0	36 - 46	ml/cu.mm
Mean Cell Volume (MCV)	83.51	83 - 101	%
Mean Cell Haemoglobin (MCH)	26.98	27 - 32	fL
Mean Corpuscular Hb Conc. (MCHC)	32.31	31.5 - 34.5	pg
Red Cell Distribution Width (RDW)	14.2	11.6 - 14.0	g/dL
Total Leucocytes (WBC) Count	5800	4000-10000	%
Neutrophils	65	40 - 80	cell/cu.mm
Lymphocytes	27	20 - 40	%
Monocytes	01	2 - 10	%
Eosinophils	07	1 - 6	%
Basophils	00	1-2	%
Platelet Count	91	150 - 410	%
Mean Platelet Volume (MPV)	12.3	7.2 - 11.7	10 ³ /ul
PCT	0.091	0.2 - 0.5	fL
PDW	16.1	9.0 - 17.0	%

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health



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Healthcare Services
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Regd. No. : 1834

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MRS. JYOTIRMAYEE PARIDA

Age / Gender : 43 years / Female

Patient ID : 10159

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:52 PM

Reporting Time : 26/02/2022, 06:08 PM

Sample ID :



11746

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	152.4	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	124.3	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.7	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	84.84	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	24.86	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.57	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	1.99	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab Technician

Wah
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Website : www.zenacare.in

Wishing Good Health

Patient Name : MRS. JYOTIRMAYEE PARIDA

Age / Gender : 43 years / Female

Patient ID : 10159

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:52 PM

Reporting Time : 26/02/2022, 06:08 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.23	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.36	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.22	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

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Patient Name : MRS. JYOTIRMAYEE PARIDA

Age / Gender : 43 years / Female

Patient ID : 10159

Referral : MEDI WHEEL

Collection Time : 26/02/2022, 12:52 PM

Reporting Time : 26/02/2022, 06:08 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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