

**Name** : Mr. SUBHASIS GHOSAL (47 /M)

**Date** : 22/03/2022

**Address** : FLAT 4B,SURYAUDAY APARTMENT,2(685 NEW)MOTILAL COLONY,PS-DUMDUM,KOLKATA- 700081., KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AGHL.0000906039

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH144343



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Occasional palpitation.  
PRESENT KNOWN ILLNESS:-  
H/O Hypertension - on medication

No H/O DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:23/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

PALPITATION – Present occasional.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Yes, BOWEL HABITS – Regular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP  
– Normal.

### Eyes

VISION - Normal.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



### Present medications

Tab. Triolmizest (20 mg).



### Past medical history

Past medical history - nil significant  
Covid 19 - Yes



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - has expired

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Mother	- alive	Extremities	- No significant finding.
Brothers	- 2	Spine	- No significant finding
Diabetes	- father,mother	<b>Dental consultation</b>	
Hypertension	- father,mother	Dental findings	- Consultant's notes attached
Coronary artery disease	- none		
Cancer	- None		

## PHYSICAL EXAMINATION



### General

Build	- over weight
Height (in cms)	- 181
Weight (in Kgs)	- 98
BMI	- 29.91
Pallor	- no
Oedema	- no



### Cardiovascular system

Heart rate(Per minute)	- 112
Rhythm	- Normal
Systolic(mm of Hg)	- 180
Diastolic(mm of Hg)	- 96
Heart sounds	- S1S2+



### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Appearance	- Normal
Organomegaly	- No
Tenderness	- No
Bowel sounds	- Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.9 *	g/dl	●	13.0-17.0
RBC COUNT	4.4 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	38.1 *	%	●	41-53
MCV	86.7	fl	●	83-101
MCH	27.0	pg	●	27-32
MCHC	31.1 *	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	4700	/cu mm	●	4000-10000
Platelet Count	2.47	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	00	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	66	U/L	●	53-128
AST (SGOT) - SERUM	31	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	171	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	26	U/L	●	7-64

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	94	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	89	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	39	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	116	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	16	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.5	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.3	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	119	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.9	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	8.5 *	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.93	ng/mL	●	0.00-6.50

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.8	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.8:1.0			1.0-2.0

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

**X-RAY CHEST PA**

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

URINE SUGAR- FASTING(QUALITATIVE)

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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