

## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**      Date: 23-Sep-23      Time: 11:26:52  
**Name:** KRISHNA NAIDU ID: 1921  
**Age:** 32 y      **Sex:** M      **Height:** 169 cms      **Weight:** 74 Kgs  
**Clinical History:** NIL

**Medications:** NIL

## Test Details

**Protocol:** Bruce      **Pr.MHR:** 188 bpm      **THR:** 159 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 6 m 42 s      **Max. HR:** 161 (86% of Pr.MHR) bpm      **Max. Mets:** 10.20  
**Max. BP:** 150 / 100 mmHg      **Max. BP x HR:** 24150 mmHg/min      **Min. BP x HR:** 4340 mmHg/min  
**Test Termination Criteria:** THR ACHIEVED

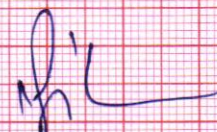
## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 37	1.0	0	0	67	110 / 70	-1.06 aVR	2.12 V2
Standing	0 : 3	1.0	0	0	67	110 / 70	-0.42 aVR	1.77 V2
Hyperventilation	0 : 2	1.0	0	0	62	110 / 70	-0.42 aVR	1.77 V2
1	3 : 0	4.6	1.7	10	113	120 / 80	-1.49 aVR	4.60 V2
2	3 : 0	7.0	2.5	12	142	130 / 90	-3.18 III	5.31 II
Peak Ex	0 : 42	10.2	3.4	14	161	150 / 100	-5.10 aVR	5.66 II
Recovery(1)	2 : 0	1.8	1	0	95	150 / 100	-3.18 II	5.66 II
Recovery(2)	2 : 0	1.0	0	0	90	130 / 90	-0.64 aVR	2.83 II
Recovery(3)	2 : 0	1.0	0	0	83	120 / 90	-0.85 II	2.12 V2
Recovery(4)	0 : 12	1.0	0	0	90	120 / 90	-0.42 aVR	1.42 V2

## Interpretation

The patient exercised according to the Bruce protocol for 6 m 42 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 67 bpm, rose to a max. heart rate of 161 (86% of Pr.MHR) bpm. Resting blood Pressure 110 / 70 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes, Negative for induced Ischaemic heart diseases

**Dr. Mrinalini Singh**  
**Consultant Physician**  
**MBBS, DNB, MRCP (UK), EDIC**  
**Reg. No. 2019/02/0392**



Ref. Doctor: APOLLO

( Summary Report edited by user )

Doctor: -

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# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23 Exec Time : 0 m 0 s Stage Time : 1 m 37 s **HR: 67 bpm**

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 110 / 70

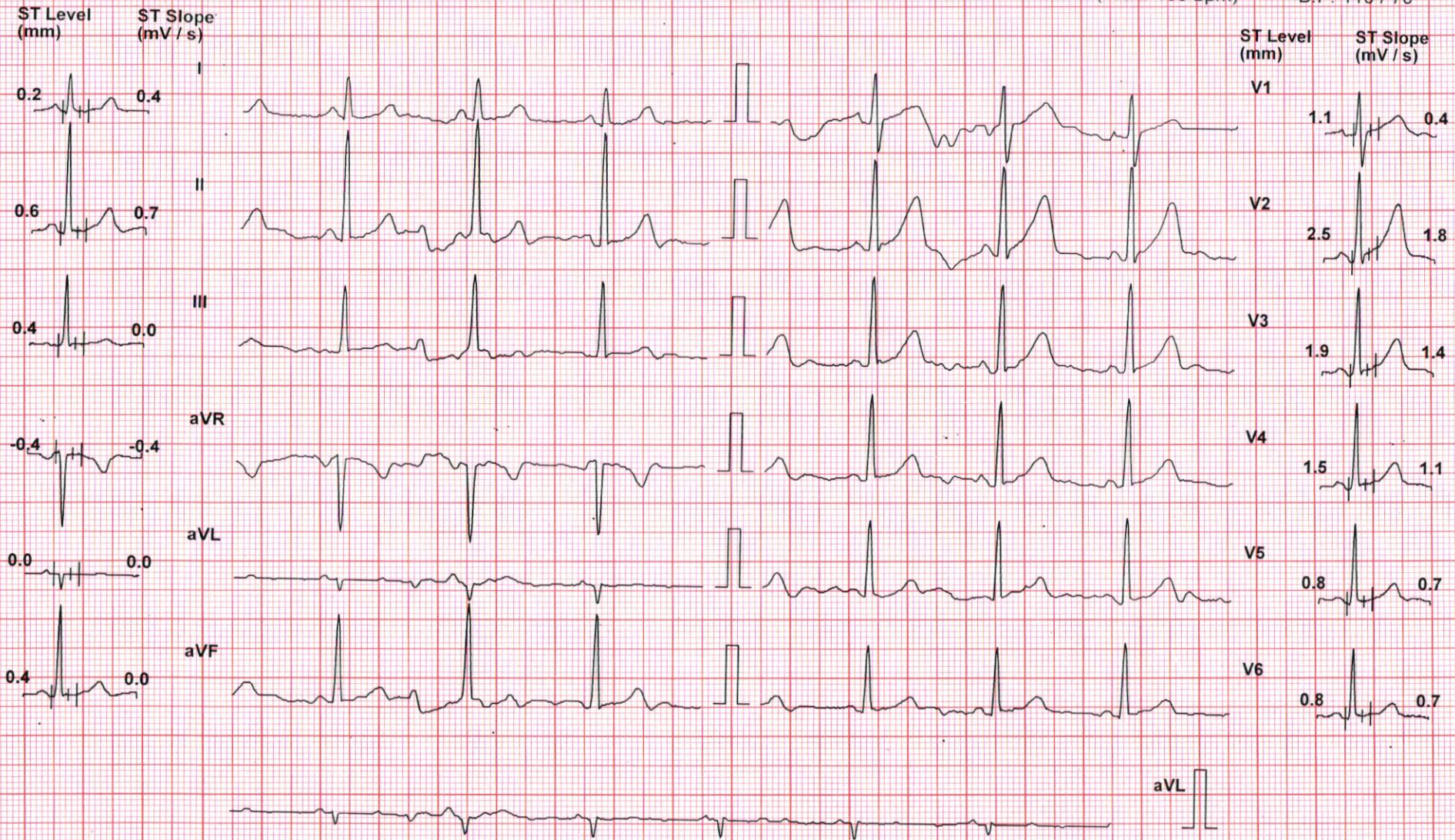


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 3 s

HR: 67 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV / s)

0.2 0.4

0.6 0.7

0.4 0.0

-0.4 -0.4

0.0 0.0

0.4 0.0

ST Level (mm) ST Slope (mV / s)

V1 1.1 0.4

V2 2.5 1.8

V3 1.9 1.4

V4 1.5 1.1

V5 0.8 0.7

V6 0.8 0.7

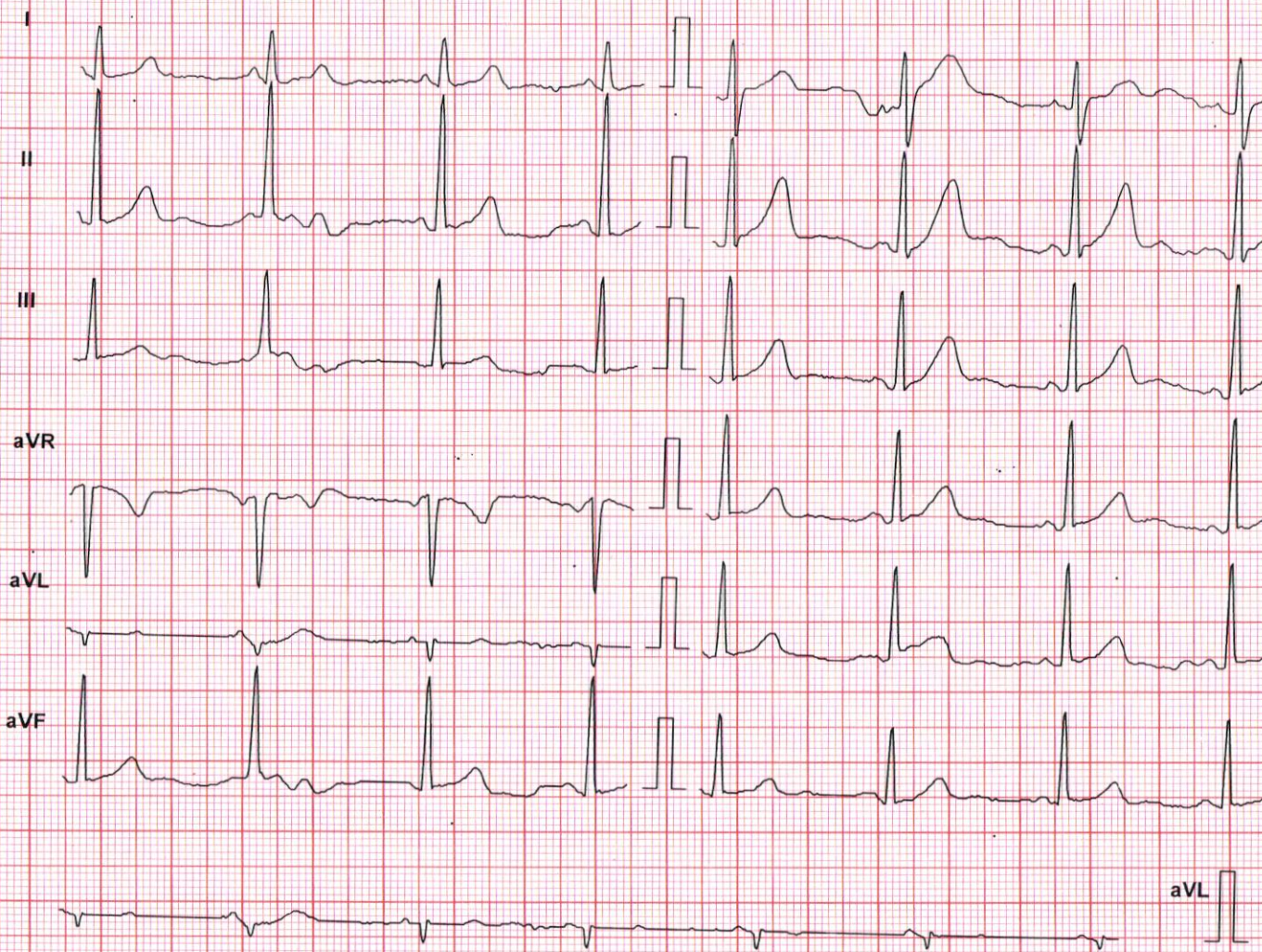


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 62 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 110 / 70

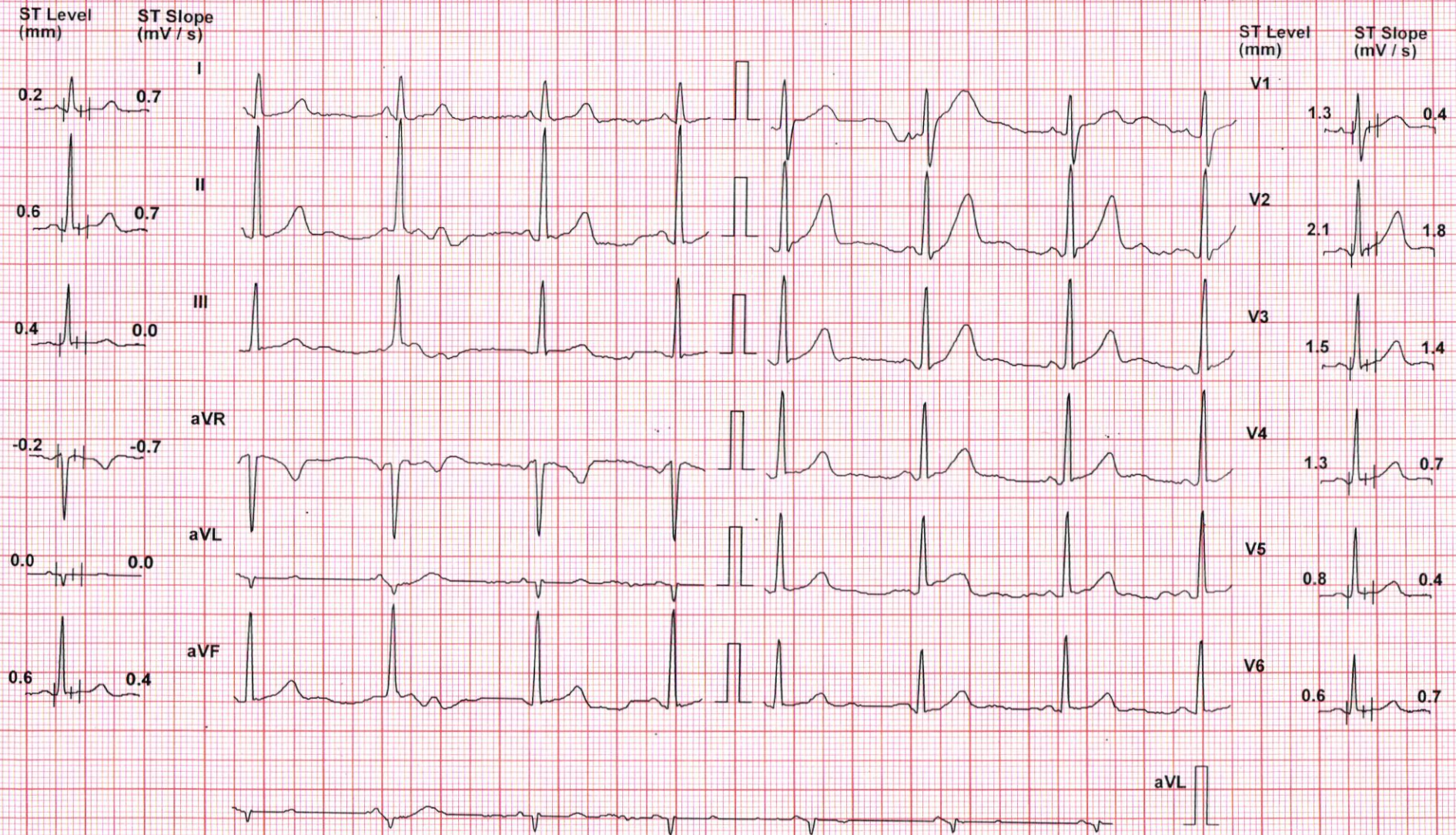


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23 Exec Time : 3 m 0 s Stage Time : 3 m 0 s **HR: 113 bpm**

Protocol: Bruce

Stage: 1

Speed: 1.7 mph Grade: 10 % (THR: 159 bpm) B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

0.4 1.1

-0.8 0.7

-1.3 -0.4

0.2 -0.7

0.6 0.4

-1.1 0.0

ST Level (mm) ST Slope (mV/s)

1.5 0.7

3.0 3.2

2.3 3.2

1.7 2.1

-0.6 0.4

1.3 3.2

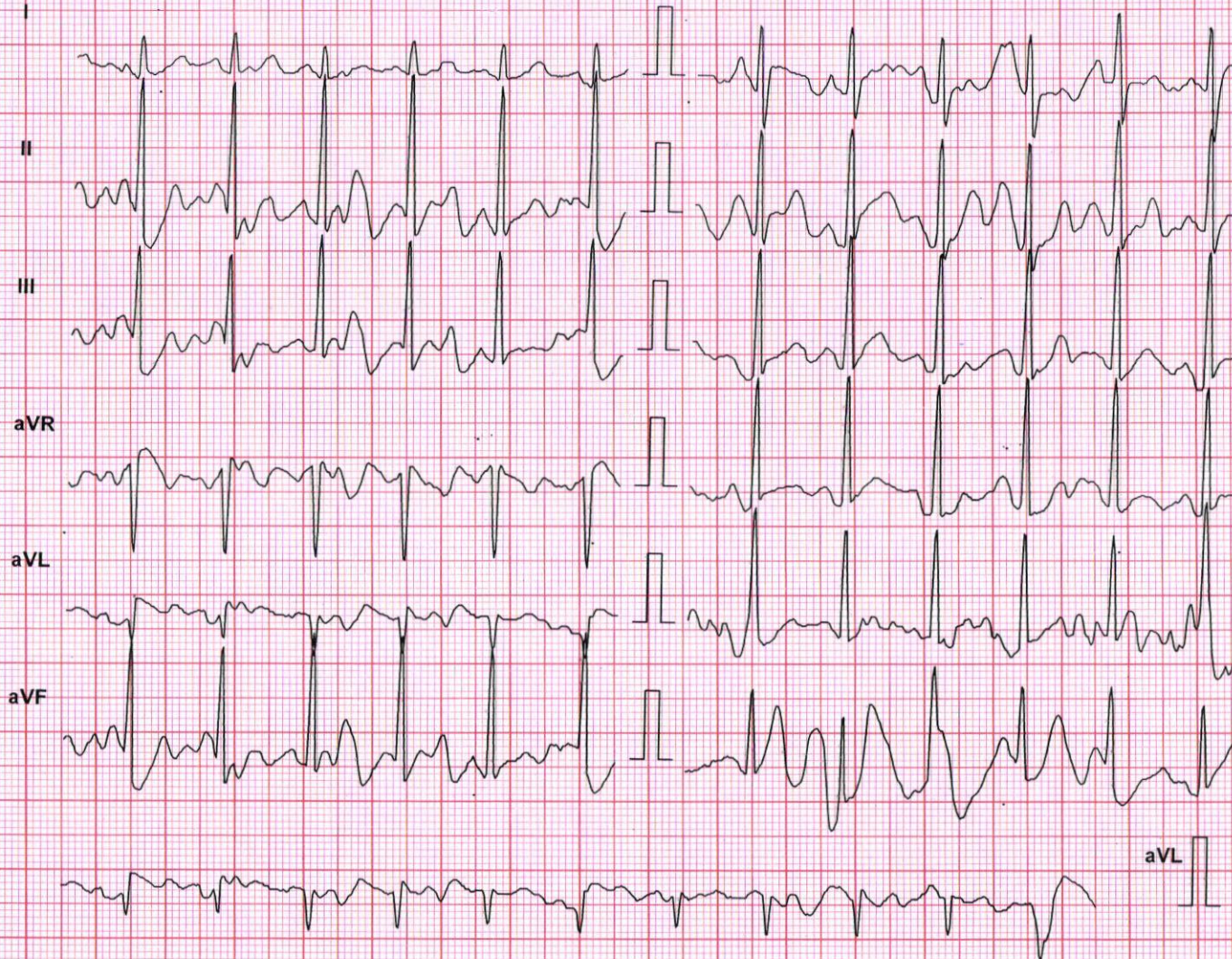


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time: 6 m 0 s

Stage Time: 3 m 0 s

HR: 142 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 159 bpm)

B.P: 130 / 90

ST Level (mm)    ST Slope (mV/s)

0.2    1.1

0.0    4.6

0.0    3.2

-0.2    -2.8

0.2    -0.4

0.0    3.9

ST Level (mm)    ST Slope (mV/s)

0.8    0.4

1.7    3.5

0.6    2.1

0.6    2.5

0.6    1.8

-1.3    -0.7

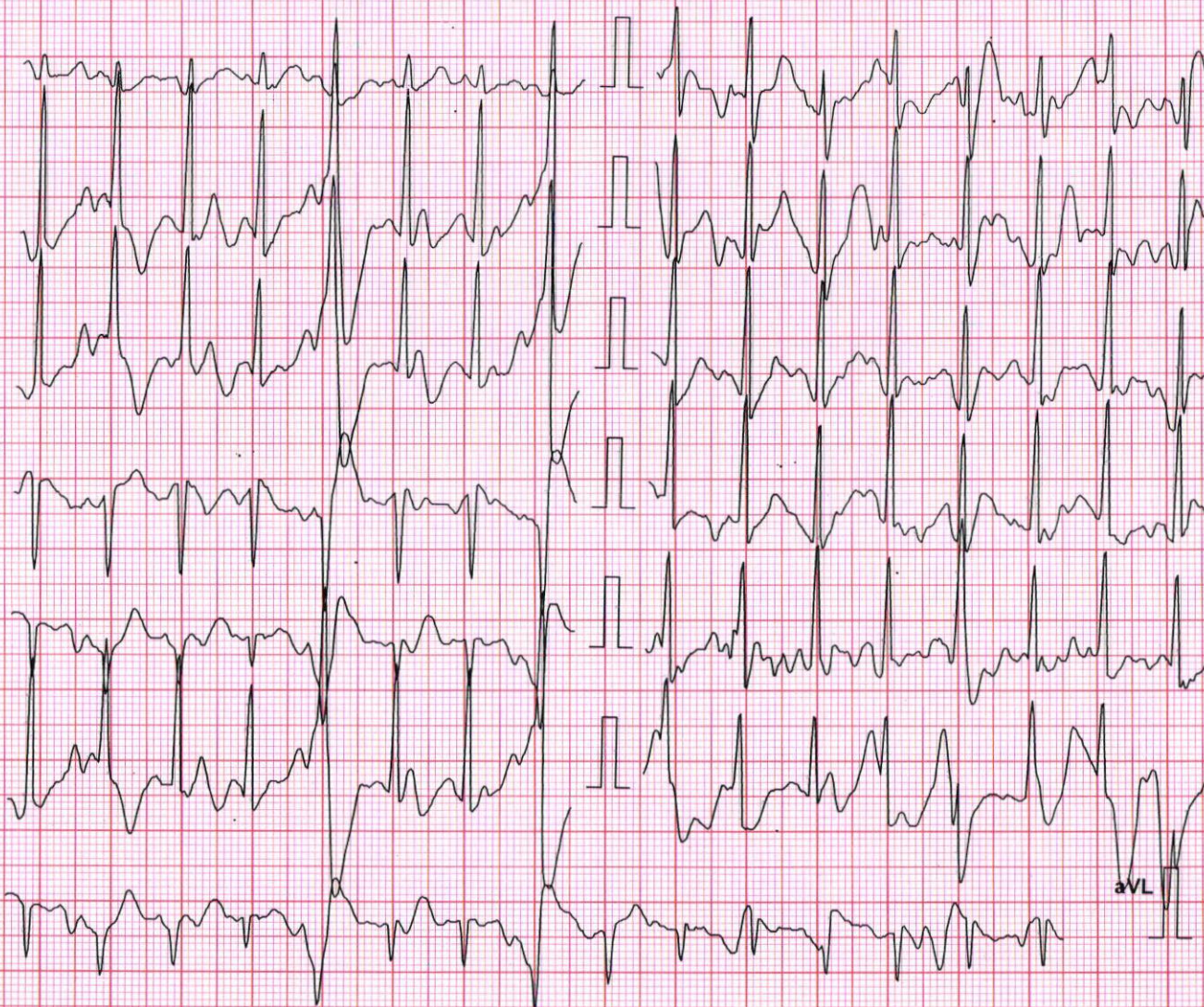


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23 Exec Time : 6 m 42 s Stage Time : 0 m 42 s **HR: 161 bpm**

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

(THR: 159 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

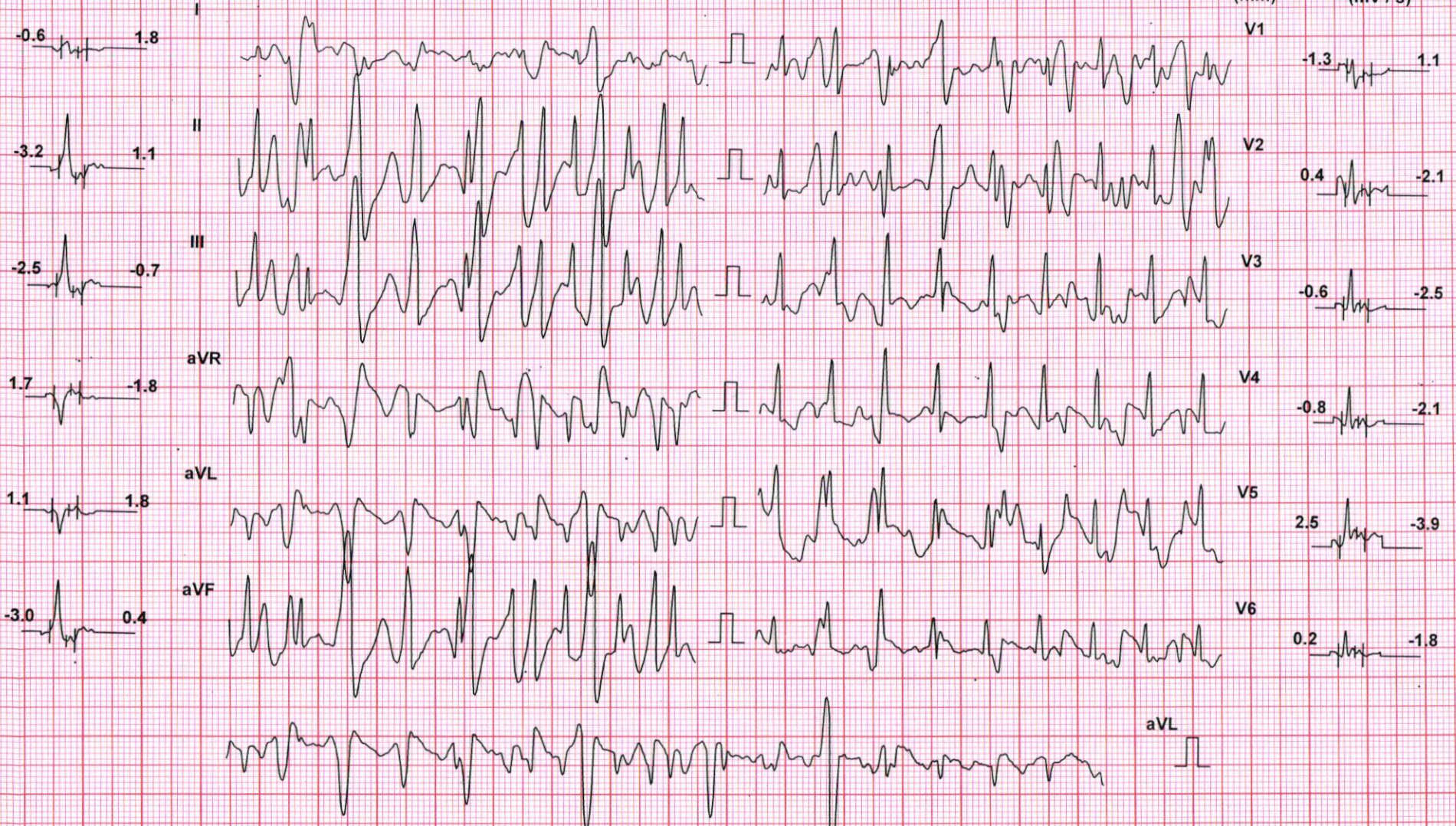


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23 Exec Time : 6 m 42 s Stage Time : 1 m 0 s **HR: 122 bpm**

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 150 / 100

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

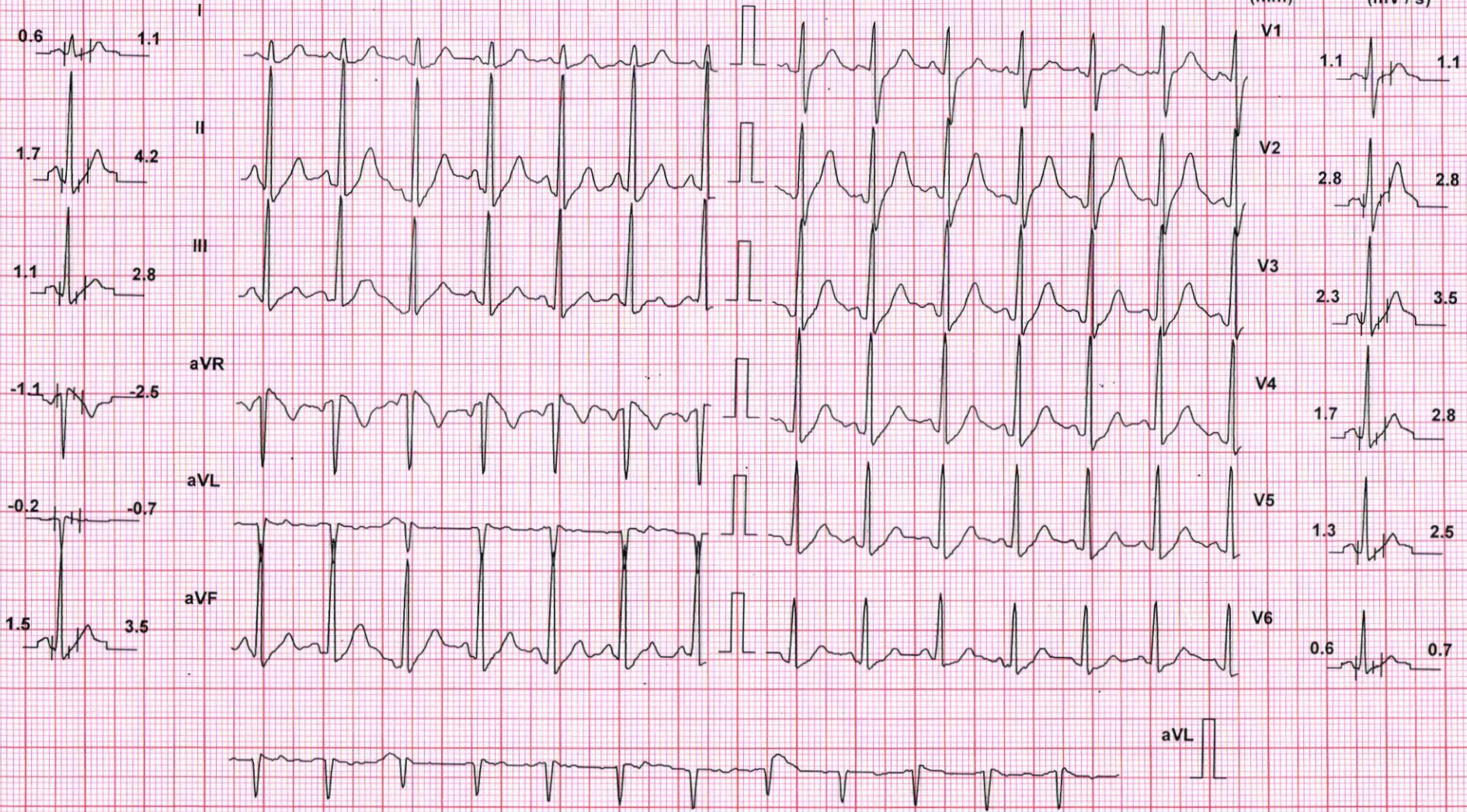


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time : 6 m 42 s Stage Time : 2 m 0 s **HR: 95 bpm**

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV/s)

0.2 1.1

0.6 2.8

0.4 2.1

-0.6 -2.1

0.0 0.0

0.6 2.5

ST Level (mm)

ST Slope (mV/s)

0.8 0.4

2.1 2.8

1.5 2.5

0.8 2.1

0.4 1.8

0.2 1.1

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time : 6 m 42 s Stage Time : 2 m 0 s

**HR: 90 bpm**

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 130 / 90

ST Level (mm)    ST Slope (mV/s)

-0.2    0.4

0.2    1.1

0.6    0.7

-0.2    -1.1

-0.2    0.0

0.4    1.1

ST Level (mm)

ST Slope (mV/s)

V1

0.2    0.0

V2

1.1    1.8

V3

0.4    1.1

V4

0.2    1.1

V5

0.4    1.1

V6

0.2    0.4

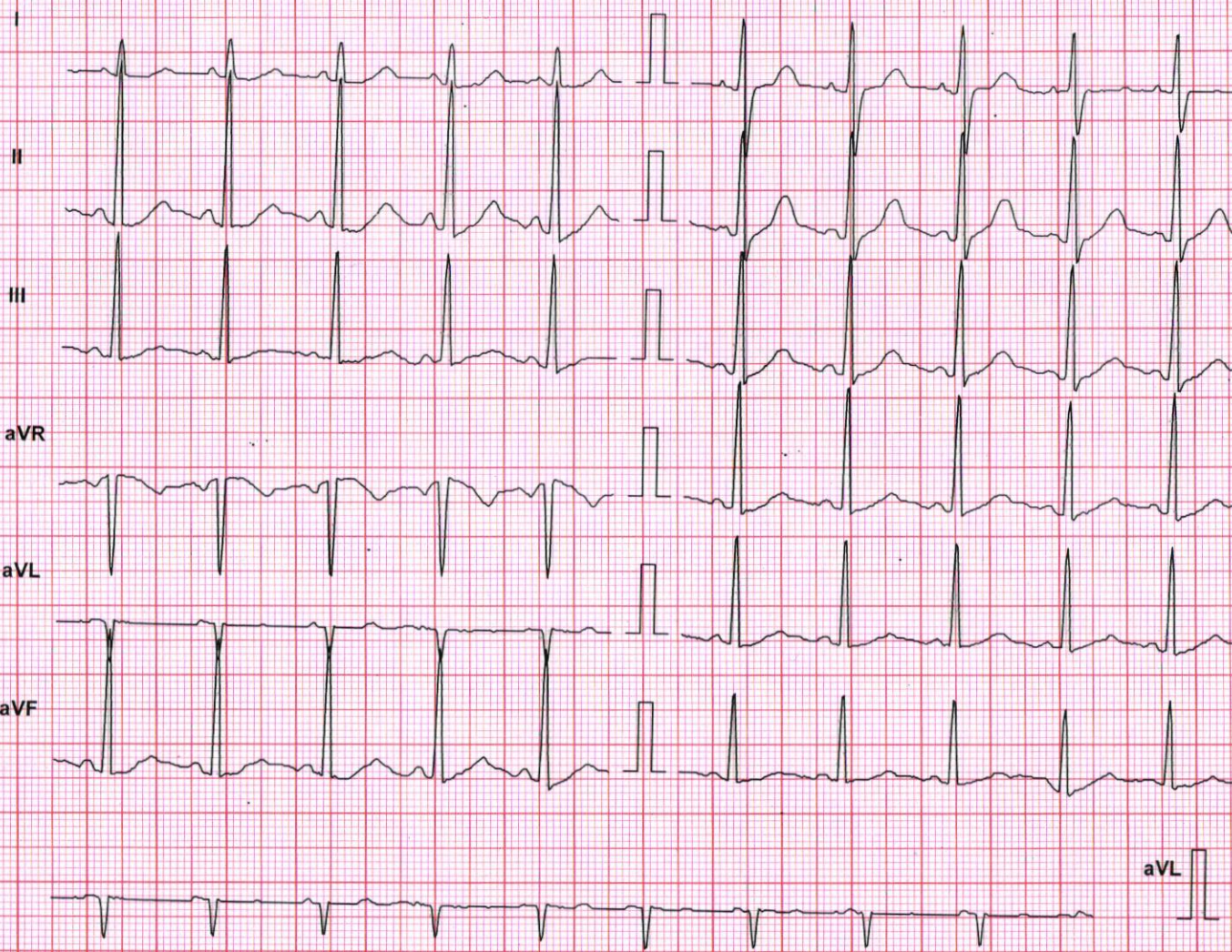


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



# SEABIRD MEDICARE CENTRE POWAI

**KRISHNA NAIDU (32 M)**

ID: 1921

Date: 23-Sep-23

Exec Time : 6 m 42 s

Stage Time : 2 m 0 s

HR: 83 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 120 / 90

ST Level (mm)    ST Slope (mV / s)

0.2    0.4

0.6    1.1

0.4    0.0

-0.2    -0.4

0.0    0.0

0.4    0.7

ST Level (mm)

ST Slope (mV / s)

V1

0.8    0.0

V2

1.9    1.4

V3

1.3    1.4

V4

0.6    0.7

V5

0.6    1.1

V6

0.4    0.7

I

II

III

aVR

aVL

aVF

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

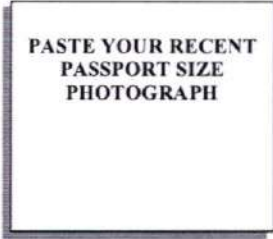
Schiller Spandan V 4.7



**Annexure-2**

**Self-Health Declaration**

(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: First Name S Middle Name Kushna Surname Naidu  
Address: B 812, B Wing, Usha Nagar CHS  
Bhandup West  
City: Mumbai Pin: 400079  
Birth Place: Jamshedpur Birth Date: 18th May Religion: Hindu  
(dd/mm/yyyy)  
Post applied for: — Marital Status:  Married /  Unmarried Gender:  M /  F

**2 PREVIOUS EMPLOYMENT:** Yes / No If yes specify —

Name	Nature of work	Duration
i)		
ii)		
iii)		

**3 NAME OF FAMILY DOCTOR:**

Address: —

Contact Details:

**4 PERSONAL HABITS:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work  
Have you ever suffered from job related disease or injury?  
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>



Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

Bank of Baroda,

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes") Tuberculosis

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

iv) Immunization: Yes No

Tetanus Toxoid	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Others	<input checked="" type="checkbox"/>	<input type="checkbox"/>



**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	68	Good		
Mother	58	Good		
Spouse	30	Good		
Children-1	-	-		
Children -2	-	-		

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 23/09/2023

  
 (Signature of Candidate)



**Annexure-3**

**Pre-Employment Medical Assessment**

(All details given below will be filled by examine physician & treated as confidential)  
(Please ✓ Mark Where Applicable)

**1 Personal Habits:** NO

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**2 Medical History:**

i) **Any Disability:** Yes  No If yes specify with disability %

ii) **Personal History:**  
NO

iii) **Known case of or past history of**

NO H10 - TB at age 18 yrs completed ART  
(pulmonary Koch's)

iv) **Immunization:** Yes No

Tetanus Toxoid	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Others	<input type="checkbox"/>	<input type="checkbox"/>

v) **Family History:** NO

Has anyone of parents suffered from

<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	Tuberculosis
<input type="checkbox"/>	Cancer	<input type="checkbox"/>	Epilepsy
		<input type="checkbox"/>	Any other Disease



**3 Physical Examination:**

- i) Build: Poor / Average / Strong Skin: N  
 ii) Throat: N Tonsils: N Thyroid: N Lymph nodes:  
 iii) Teeth & Gums: NAD Tongue:  
 iv) Height 169 cms Weight 74 kg BMI 25.9.  
 v) Identification marks:

Mole on Rt side of chin

**1 Vision (To be checked by eye specialist):**

General Eye examination: \_\_\_\_\_

		Rt	Lt	Colour Vision (Pls ✓ Mark Applicable)	
Visual Acuity	Distance	<u>5/25<sup>P</sup></u>	<u>6/18<sup>P</sup></u>	Normal Colour vision	<input checked="" type="checkbox"/>
	Near	<u>N6</u>		Total colour deficiency	<input checked="" type="checkbox"/>
Corrected Vision	Distance	<u>6/6<sup>1.50</sup></u>	<u>6/6</u>	Partial Colour Deficiency	<input checked="" type="checkbox"/>
	Near	<u>6/6<sup>2.50</sup></u>	<u>N6</u>		
Power of lens	Spherical	<u>-1.50</u>	<u>-1.00</u>	If partial - pl. mention	
	Cylindrical	<u>-2.50</u>	<u>-3.50</u>		<input checked="" type="checkbox"/>
	Axis	<u>10°</u>	<u>175°</u>		

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
If yes pl. give details _____	<input checked="" type="checkbox"/>	

Signature & Seal of Ophthalmologist

*Lata Min*  
**DR LATA MIN RAIPAL**  
 MBBS, DOMS, FRCO (S) FRCO (C)  
 Reg No: 2001/118/1312











v) 2D Echo/TMT: negative for induced ischemia at given workload

vi) PFT: FVC        FEV1        FEV1/FVC %        PEFR       

vii) Any other Investigations / clinical finding:         
      

**14 COMMENTS AND RECOMMENDATIONS:**

(Pls  $\checkmark$  Mark Applicable)

Fit  Unfit

Remarks:

pre-diabetes, Dyslipidemia, hyperuricemia

**Details of Examining Physician:**

Name: \_\_\_\_\_

Registration No.: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Contact No.: \_\_\_\_\_

  
**Dr. Mrinalini Singh**  
**Consultant Physician**  
**MBBS, DNB, MRCP (UK), EDIC**  
**Reg. No. 2019/02/0392**

Signature with Seal of Examining Physician

**For office use only:**

Date of receipt of original documents: \_\_\_\_\_ PEM No.: \_\_\_\_\_

MDMS No: \_\_\_\_\_

Medically  Fit  Temp. Unfit  Unfit

Special Remarks: \_\_\_\_\_









PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 11:09 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:03 pm

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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**BLOOD GROUP**

ABO Group

"O"

RH (D)

Positive

Method : Slide Method  
Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**



**Molly R**  
Lab Technician

*Proudly... Caring For You*

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
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6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
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  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 11:09 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:04 pm

## REPORT

### Liver Function Tests

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	28.5	U/L	0 - 40
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	<b>46.4</b>	U/L	0 - 41.0
GGT (Serum, Method- IFCC Method)	24.3	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.44	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.18	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.26	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.1	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.4	g/dl	3.5 - 5.2
Globulin Calculated	2.70	g/dl	1.90 - 3.70
A/G ratio Calculated	1.63		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

Pathologist

Molly R  
Lab Technician



MC - 5321

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PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

**Processing Location:** - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 9:50 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:04 pm

## REPORT

### Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	236.33	mg/dl	Upto 240
Method: CHOD-PAP			
Triglycerides	<b>270.01</b>	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	<b>30.51</b>	mg/dl	35 - 55
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	<b>151.82</b>	mg/dl	<100
Calculated			
VLDL-Cholesterol	<b>54.00</b>	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	<b>7.75</b>		Upto 5.0
Calculated			
LDLC/HDLC Ratio	<b>4.98</b>		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl  
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser  
Sample: Serum

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**



MC - 5321



**Molly R**  
Lab Technician



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23-Sep-2023 / 5:02 pm

## REPORT

### LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	56.5	U/L	40 - 129

----- End of Report -----

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MBBS, DCP

**Consultant Pathologist**



MC - 5321

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**

**Molly R**  
Lab Technician



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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23-Sep-2023 / 9:55 am  
Report Date  
23-Sep-2023 / 5:03 pm

**REPORT**

**Glycosylated Haemoglobin (HbA1c)**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
HbA1c	5.75	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	127.40	mg/dl	

**Interpretation & Remark:**

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAg(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
**Consultant Pathologist**



MC - 5321

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**

**Molly R**  
Lab Technician





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Report Date

23-Sep-2023 / 11:55 am

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.2	gm/dl	13.0 -17.0
<b><u>RED BLOOD CELLS</u></b>			
R.B.C. Count	5.28	million / cumm	4.5- 5.5
PCV	43.8	%	40- 50
MCV	<b>82.8</b>	fL	83 - 101
MCH	<b>26.9</b>	pg	27 - 32
MCHC	32.5	gm / dl	31.5 - 34.5
RDW (CV)	13.7	%	11.6- 14.0
Total W.B.C. Count	6390	/cu.mm.	4000 - 10000
<b><u>DIFFERENTIAL COUNT</u></b>			
Neutrophils	62	%	40 - 80
Lymphocytes	31	%	20 - 40
Eosinophils	04	%	1 - 6
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**

**Molly R**  
Lab Technician



MC - 5321





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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	302000	/cumm	150000 - 410000
<b><u>MORPHOLOGY</u></b>			
RBC Morphology	Predominantly Normocytic and Normochromic.		
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----



MC - 5321

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Consultant Pathologist

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY

Pathologist



Molly R  
Lab Technician



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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	20	mm at 1hr	0 - 15

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

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MBBS, DCP

**Consultant Pathologist**

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**

**Molly R**  
Lab Technician



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**REPORT**

**BLOOD SUGAR**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	<b>103.79</b>	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	<b>157.59</b>	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP  
Consultant Pathologist

Molly R  
Lab Technician



MC - 5321



DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



## CONDITIONS OF REPORTING

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C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

**Processing Location:** - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 11:09 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

24-Sep-2023 / 3:49 pm

## REPORT

### THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	1.46	μIU/ml	0.25-5 μIU/ml
T3	0.92	nmol/l	0.92-2.33 nmol/l
T4	65.36	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

**TSH :** A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3:** Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4 :** Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

DR.SANDIP M HUDDEDAR  
MBBS, DCP

**Consultant Pathologist**

DR.RITESH KHARCHE  
MBBS, MD PATHOLOGY

**Pathologist**

**LATHA SONAWANE**  
Lab Technician



## CONDITIONS OF REPORTING

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PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 9:50 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:05 pm

## REPORT

### URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
<b>PHYSICAL EXAMINATION</b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

### MICROSCOPIC EXAMINATION

DR. SANDIP M HUDDEDAR  
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY

Pathologist

Molly R  
Lab Technician



MC - 5321



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23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:05 pm

## REPORT

### URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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Pathologist

Molly R  
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PID NO. : BIA0885

Name : S KRISHNA NAIDU

Sex / Age : Male / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

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105-107 Gateway Plaza, Central Avenue, Hiranandani  
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Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 11:09 am

Coll Date

23-Sep-2023 / 9:55 am

Report Date

23-Sep-2023 / 5:04 pm

## REPORT

### RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	16.89	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	7.89	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.9	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Method: Uricase-POD	<b>7.6</b>	mg/dl	3.4 - 7.0

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

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*Sea Bird*  
**Sea Bird Medicare Centre**

Report ID : **KNM239155544** Reg. : **23-Sep-2023**  
Patient Name : **Mr. KRISHNA NAIDU** Report Date : **25-Sep-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **32 Year / Male**

**CHEST X RAY REPORT**

X-Ray No : 3317

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.


Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

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Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



Name: Mr. KRISHNA NAIDU	Age : 32 Y	Sex : Male
Date : 23-09-2023 12:23 PM	Ref Dr : SELF	Reg. No. : MHM2309/210

### USG ABDOMEN AND PELVIS

**LIVER:** Liver appears mildly enlarged (13.2 cm) in size and **shows diffuse increased echotexture**. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.5 x 4.0 cm. Left kidney measures 10.0 x 5.0 cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 2.7 x 2.8 x 2.7 cm vol-11 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Fatty liver grade I .

*Advice: Clinical co-relation and further evaluation.*



DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

**Thanks For Reference:** Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

