

Name : Mr. RAHUL B DERE (35 /M)

Date : 30/09/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .RAJASHRI DHONGADE

UHID : MHN1.0000152942

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH35484



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:30/09/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Covid 19 - Yes
- 2021



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 2
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active
- level ground walking



Family history

Father - alive
Aged - 60
Mother - alive
Aged - 55
Brothers - 1
Sisters - 3
Diabetes - mother
Hypertension - mother
Coronary artery
disease - none
Cancer - None
Liver problems - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 174
Weight - 66.5
BMI - 21.96
Pallor - No
Oedema - no
Temperature - 97.2
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 65
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

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Organomegaly - No

Tenderness - No

Printed By : Leena Ganpat Wakare

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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-18.0
Haematocrit	41.5	%	●	39.0-54.0
RBC COUNT	4.12 *	Million/ul	●	4.2-6.5
MCV	100.7 *	fl	●	75.0-95.0
MCH	33.1 *	pg	●	26.0-32.0
MCHC	36.1 *	g/dl	●	31.0-36.0
RDW	15.5	%	●	11-16
Platelet Count(Optical/Impedance)	216	10 ⁹ /m ³	●	140-440
TLC Count	5.9	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	58	%	●	45-75
Lymphocytes	37	%	●	20-45
Eosinophils	01	%	●	1-6
Monocytes	04	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	32	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	2.6	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.7		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA	65	U/L	●	0-100
AST (SGOT) - SERUM	35	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	130	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.9	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	100	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	129	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	41	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	0.0-4.5
LDL Cholesterol (Direct LDL)	94	mg/dL		

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.1	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.1	g/dL	●	6.4-8.2

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	141	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	8.5	µg/dL	●	Healthy Adults:5.2-12.7

Haematology

STOOL ROUTINE

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	56	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.6	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.3	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.5	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

EKG

NORMAL EKG

ULTRASOUND - WHOLE ABDOMEN

● Within Normal Range ● Borderline High/Low ● Out of Range

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Executive Summary


 Physical examination and tests in the package do not reveal any significant abnormality

Wellness Prescription


Advice On Diet :-

 Well-balanced diet

Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

Follow-up and Review Plan

 Annual health check



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : Shweta Sharad Shardul

Dr.RAJASHRI DHONGADE
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515