

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	POONAM BALMIKI
DATE OF BIRTH	30-01-1981
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	26-02-2022
BOOKING REFERENCE NO.	21M92094100012404S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. BALMIKI RAKESH
EMPLOYEE EC NO.	92094
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	KOLKATA,BEDIAPARA
EMPLOYEE BIRTHDATE	25-01-1981

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-02-2022** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



ভারতীয় বিশিষ্ট পরিচয় প্রাধিকরণ

ভারত সরকার

Unique Identification Authority of India

Government of India

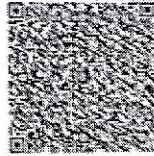
ভাণ্ডারিকার আই ডি / Enrollment No.: 1215/80045/31430

To  
মুদম বাম্বিকী  
POONAM BALMIKI  
28/50 DUMDUM ROAD  
Cossipore  
Cossipore  
Kolkata Kolkata  
West Bengal 700002  
8981565644

11/12/2016  
314092578



MA140925789F7



আপনার আধার সংখ্যা / Your Aadhaar No. :

**7259 8781 7686**

আধার - সাধারণ মানুষের অধিকার

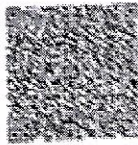


ভারত সরকার

Government of India



মুদম বাম্বিকী  
POONAM BALMIKI  
পিতা : ভাবর রাম জেদিয়া  
Father : BHAWAR RAM JEDIYA  
অনুমোদিত / DOB : 30/01/1981  
মহিলা / Female



**7259 8781 7686**

আধার - সাধারণ মানুষের অধিকার

Pa. iho Treat Diagnostic Centre  
& Poly Clinic  
75 Dum Dum Road, Kol-700074  
Phone No. - (033) 2560 3641





# Patho Treat

TEST REPORT

DIAGNOSTIC CENTRE & POLYCLINIC

## Medical Fitness Certificate

Regd. Off: 75, Dum Dum Road, Kolkata - 700 074

Phone No.: (033) 2560 3641 / 3642, (033) 6526 0026, (Infront of Motijheel College of Commerce)

"It is certified that Mr./Ms. Poonam Balmiki Employee ID: \_\_\_\_\_ employed with  
M/s. BANK OF BARODA has been carefully examined by me on date 26/12/22

DOB	<u>30/01/81</u>	Age (Yrs)		Sex (M/F)		MB No.													
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S N	Investigation Details	Summary of Investigation
1	BLOOD EXAMINATION	<u>Normal</u>
2	Urine Routine Examination	<u>Normal</u>
3	OTHERS	<u>Normal</u>
4	Height, Weight/ BMI	<u>165 cm, 85 kg</u>
5	BP/ Pulse	<u>102/74, 82/min</u>

Based on medical examination conducted he/she is (Pls tick (✓) appropriate box)

FIT to work (Found free from any infectious or communicable diseases)

NOT FIT to work

Name of the Medical Examiner: \_\_\_\_\_

Signature of Medical Examiner: \_\_\_\_\_

Stamp Of Medical Examiner: \_\_\_\_\_

Registration Number: \_\_\_\_\_

FINAL IMPRESSION: fit & healthy

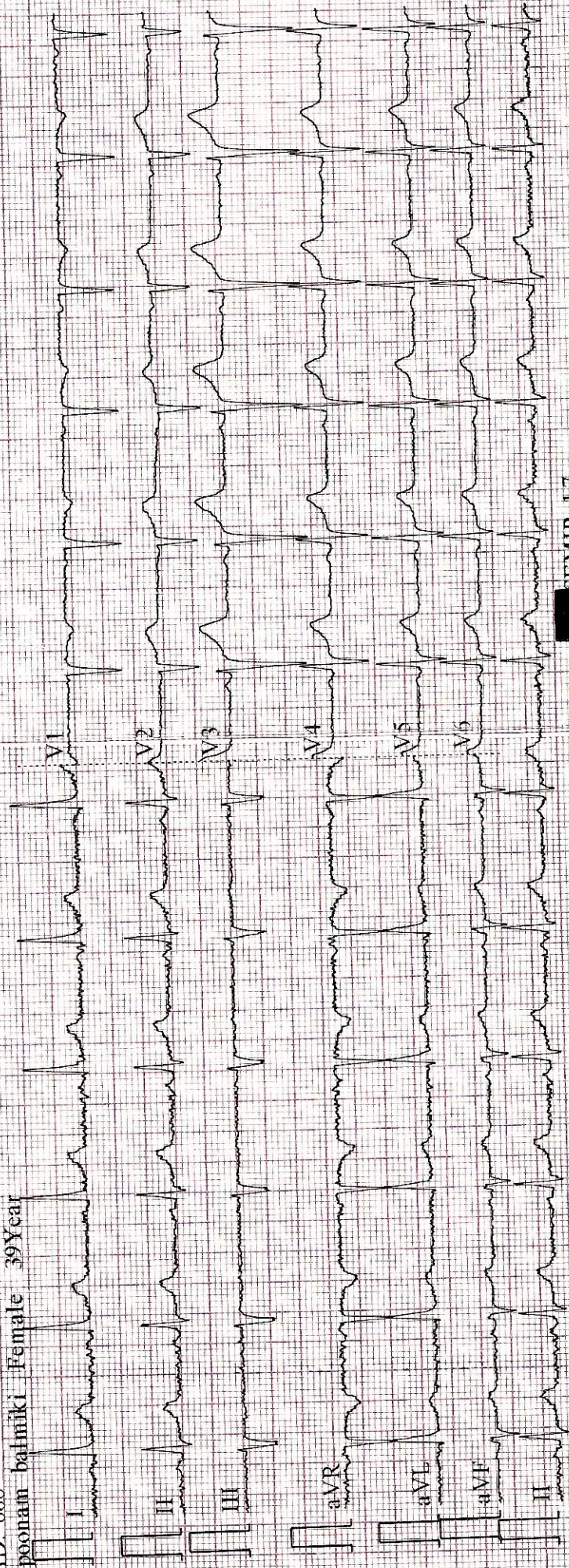
*Dr. Debasish Banerjee*  
M.B.B.S., MD (Medicine)  
Reg. No. - 42951

Hospitality Centre  
Patho Treat Diagnostic Centre  
& Poly Clinic  
75 Dum Dum Road, Kol-700074  
Phone No. - (033) 2560 3641



ID: 888

poonam balmiki Female 39Year



SEMIP I.7

0.67-25Hz, 25mm/s, 10mm/mV, 2\*5s, Ir ♡66 1.32

BPL 26-02-2022 11:31:23

ID: 888  
 poonam balmiki  
 female 39Year

HR : 69 bpm  
 P : 100 ms  
 PR : 140 ms  
 QRS : 90 ms  
 QT/QTc : 387/417 ms  
 P/QRS/T : 44/-6/31 °  
 RV5/SV1 : 0.783/0.916 mV

Diagnosis Information:  
 Sinus Rhythm  
 Suspect Anteroseptal Myocardial Infarction?(V1,V2)

Dr. Uday Sankar Das  
 MBBS, MD (Med),  
 DM (Cardio), DNB (Cardio)  
 Reg. No. 64909 (WBMC)

Report Confirmed by:







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ID NO: B/02/09

PT.NAME= MRS POONAM BALMIKI


SEX: F AGE: 41 YRS

DATE OF RECEIPT: 26.02.2022

DATE OF REPORT: 26.02.2022

Reference By: BANK OF BARODA

<u>INVESTIGATION</u>	<u>RESULT / UNIT</u>	<u>REFERENCE VALUE</u>
TOTAL TRI-IODOTHYRONIN (T3)	117ng/dl	( 60 – 181 )
TOTAL THYROXINE (T4)	7.1ng/dl	( 4.5 – 10.9 )
THYROID STIMULATING HORMONE	3.15nl/ml	( 0.35 – 5.5 )

  
DR. SUMANA MAJUMDAR  
M.B.B.S., MD  
(PATHOLOGIST)



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## HEMATOLOGY

<u>TEST</u>		<u>RESULT</u>
"ABO" GROUPING	:	" B"
Rh (D) FACTOR	:	POSITIVE

  
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## REPORT ON EXAMINATION OF BLOOD

### INVESTIGATION


### RESULT & UNIT

GLYCOSYLATED HB%  
(HBA1C)

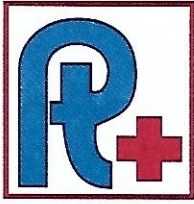
5.02%

### REFERENCE RANGE : -

Below 6.0 % ----- Normal Value  
6.0 % - 7.0 % ----- Good Control  
7.0 % - 8.0 % ----- Fair Control  
8.0 % - 10.0 % ----- Unsatisfactory Control  
Above 10.0 % ----- Poor Control

  
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## DIGITAL X-RAY CHEST PA VIEW

- **Prominent broncho vascular marking is seen in bilateral lung fields.**
- Domes of diaphragms are smooth and regular.
- Costophrenic angles are clear.
- Cardiac shadow is normal.
- Mediastinum is central.
- Both hila are normal in position and density.
- Bony thorax shows no abnormality.

## IMPRESSION

**Prominent broncho vascular marking is seen in bilateral lung fields**

DR. VIMLESH JI VIMAL  
M.B.B.S., MD,  
DMRD (Radiologist)





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## REPORT ON THE BIO-CHEMICAL EXAMINATION

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
TRIGLYCERIDES	170.00	mg / dL	( 65.00 – 170.00 )
HDL - CHOLESTEROL	45.00	mg / dL	( 30 . 00 – 55 . 00 )
LDL - CHOLESTEROL ( By Enzymatic Method at 370C )	110.00	mg / dL	( up to 150.00 )
VLDL	34.0	mg / dL	( 16 . 00 - 40 . 00 )
CHOLESTEROL - TOTAL	189.00	mg / dL	(150 . 00 – 250 . 00 )
LDL/HDL	2.4:1		

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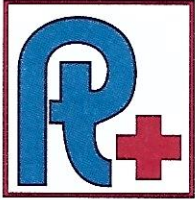
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## REPORT ON THE BIO - CHEMICAL EXAMINATION

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
SUGAR (F)	82	mg / dl	(70 - 110)
SUGAR (PP)	90	mg / dl	(110 - 140)
CREATININE	0.77	mg /dL	(0.70 - 1.20)
URIC - ACID	5.5	mg/dL	(Male -3.4 - 7.0 Female - 2.4 - 5.7)
BUN	13.2	mg/dL	(5 - 23)

  
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## EXAMINATION

Quantity	50 ml	<u>Unorganized Examination</u>	
Colour	pale yellow	Crystals	Not Found
Appearance	clear	<u>Organized Constituents</u>	
Sediment	Nil		Not Found
Sp. Gravity	1.020	<u>CASTS</u>	
<u>CHEMICAL EXAMINATION</u>		Cellular (Pus Cell)	Not Found
Reaction	Acidic	Hyaline	Not Found
Albumin	Nil	Granular	Not Found
Proteins	Nil	Fatty	Not Found
Sugar	Nil	Others	Not Found
Acetone	Negative	<u>CELLS</u>	
Bile Salt	Negative	Epithelial Cells	(3 - 4 / HPF)
Bile Pigment	Negative	Pus Cells	(0 - 1 / HPF)
Phosphates	Nil	R.B.C.	Not Found
Chyle	-----	Others	Nil
Occult Blood	Negative	Bacteria	Not Found
Urobilinogen	-----		
Bence-Jones	-----		

  
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TEST	RESULT & UNIT	NORMAL RANGE
HAEMOGLOBIN (Cyanmethemoglobin Method)	8.1 gm %	Male :- ( 13 - 18 ) Female :- ( 11.5 - 16.5 )
Total R.B.C	3.54 Million / cmm	3.5 - 6.5 Million / cmm
Total W.B.C	6800 / cmm	( 4000 - 11000 ) / cmm
Platelets Count	1.46 lac / cmm	( 1.5 - 4.0 ) lac / cmm

### Differential Count W.B.C


TEST	RESULT & UNIT	NORMAL RANGE
Neutrophils	67%	( 40 - 80 ) %
Lymphocytes	26%	( 20 - 40 ) %
Eosinophils	05 %	( 2 - 10 ) %
Monocytes	02 %	( 1 - 6 ) %
Basophils	00 %	( 0 - 2 ) %

### Hemogram

TEST	RESULT & UNIT	NORMAL RANGE
PCV	24.3%	( 38 - 54 ) %
MCV	69.6 Um <sup>3</sup>	( 77 - 93 ) Um <sup>3</sup>
MCH	23.1 g % <sup>s</sup>	( 26 - 32 ) g %
MCHC	33.2 %	( 27 - 35 ) %

Morphology of RBC : Normocytic, Normochromic.

ESR(Westergern Method): 1<sup>st</sup> Hour-22/mm ( MALE : 0 -14 FEMALE : 0-20 )

  
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## REPORT ON THE BIO – CHEMICAL EXAMINATION

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
BILIRUBIN TOTAL	0.40	mg /dL	( Up to 1.00 )
Bilirubin Conjugated	0.10	mg /dL	( Up to 0.25 )
Bilirubin Unconjugated	0.30	mg /dL	( Up to 0.75 )
SGOT/AST	19.00	U/L	( Male : 10 -35 Female: 10 – 31)
SGPT/ALT	23.00	U/L	( 9.00 - 43.00 )
TOTAL PROTEIN	6.19	g/dL	( 6.00 - 8.50 )
ALBUMIN :	3.5	gm/dL	( 3.5 – 5.2 )
GLOBULIN :	2.69	gm/dL	( 2.3 – 3.6 )
GAMA GT ( G . G . T )	35.6	IU/L	( 7.00 - 52.00 )
ALKALINE PHOSPHATSE 389	104.00	IU/L	Up to 5Yrs. F: 48-406, M: 75-

5-10 Yrs.: 96-332, M: 93-362  
11- 15 Yrs. F: 52-162, M:74-390  
16- 19 Yrs.: 47-119, M:52-171  
Adult F: 35-141, M: 40-129

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