



Patient Name : Anupama Nayak.

Age/Sex :32yr/F

Sample Date : 08.07.2023

Report Date :08.07.2023

Test Description	Value (s)	Unit	Reference Range
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HAEMATOLOGY REPORT

E.S.R(Westergreen)	:07	mm/1 st	1-10
Haemoglobin	:12.4	gm%	11.5 – 17.4
Differential Count			
Neutrophil	:76	%	40 – 60
Lymphocyte	:19	%	20 – 40
Eosinophil	:02	%	00 – 06
Monocyte	:03	%	01 – 10
Basophil	:00	%	00 - 01
Total W.B.C.Count	:7,200	Cells/cumm	4,000 – 10,000
Total R.B.C. Count	:4.18	Million/cumm	04 – 5.5
Total Platelet Count	:1.80	Lacks/cumm	1.0 – 4.0
Packed Cell Volume	:35.7	gm%	36 – 52
Mean Cell Volume	:85.4	fl	76 – 96
M.C.H.	:29.6	pg	27 – 32
M.C.H.C.	:34.2	g/dl	30 – 35
Blood Grouping &Rh Typing :	" A " POSITIVE (A+VE)		

End of Report



Kindly correlate this report with clinical findings. | This Report is not Valid for any Medico-Legal Purpose

Fully Computerised Patholab= Digital ECG= D.C. n **SRI** = Sample collection from Residence = Multispeciality Clinic

B.D.A. Colony, Chandrasekharpur, Bhubaneswar - 751016

Phone : 0674 - 2302683, Mob. : 09861157976, 09337357976, E-mail : sadhanaclinic2012@gmail.com



SADHANA CLINIC & LABORATORY

In support of your good health....

Dr. S. S. Panda, M.D.

Patient Name : Anupama Nayak.

Age/Sex : 32yr/F

Sample Date : 08.07.2023

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Test Description	Value (s)	Unit	Reference Range
BIO – CHEMICAL REPORT			
Fasting Blood Sugar	:90	mg/dl	70 – 110
2hr. P.P.B.S.	:104	mg/dl	Up to 140
Serum Urea	:20.3	mg/dl	13 – 45
Serum Creatinine	:0.58	mg/dl	0.5 – 1.5
Serum Uric Acid	:2.9	mg/dl	2.5 – 7.2
S. Total Cholesterol	:186	mg/dl	140 – 250
S. Triglyceroids	:79.0	mg/dl	25 – 160
S. HDL Cholesterol	:40.5	mg/dl	30 – 65
S. LDL Cholesterol	:129.7	mg/dl	Up to 150
S. VLDL Cholesterol	:15.8	mg/dl	Up to 35
S. Bilirubin (Total)	:0.41	mg/dl	0.2 – 1.0
S. Bilirubin (Direct)	:0.23	mg/dl	Up to 0.3
S. Bilirubin (Indirect)	:0.18	mg/dl	
S.G.O.T. (AST)	:18.5	IU/L	Up to 46
S.G.P.T. (ALT)	:22.7	IU/L	Up to 40
S.Alk.Phosphate	:95.4	IU/L	36 – 113
S.Total Protein	:6.8	mg/dl	(<15years)60 - 321 6.0 – 8.0
S.Albumi	:4.7	mg/dl	3.7 – 5.5
S.Globulin	:2.1	mg/dl	1.8 – 3.6
Gamma Glut. Transferase	:38.4	IU/L	15 – 85

End of Report



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Test Description	Value (s)	Unit	Reference Range
<u>ELECTROLYTES</u>			
Serum Sodium (Na ⁺)	:143.8	mmol/L	135 – 155
Serum Potassium (K ⁺)	:3.9	mmol/L	3.5 – 5.5
Serum Chloride	:102.7	mmol/L	98 - 106
Glycosylated Hb.(HbA1c) (Fully Automated HPLC)	:5.1	%	Normal <6 6.0 – 7.0 Good Control 7.0 – 8.0 Fair Control 8.0 – 10.0 Unsatisfactory Control Above 10.0% Poor Control
MEAN PLA. GLU. VALUE (Calculated)	:85	mg/dl	< 118

*****End of Report*****



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Patient Name : Anupama Nayak.

Age/Sex : 32yr/F

Sample Date : 08.07.2023

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Test Description	Value (s)
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URINE INVESTIGATION REPORT

Physical

Quantity	:	20ml
Colour	:	Paleyellow
Appearance	:	Transparent
Sediment	:	Nil
Sp.Gravity	:	1.008
Reaction	:	Acidic

Chemical

Sugar	:	Nil
Albumin	:	Nil
Phosphates	:	Nil
Bile Salt	:	Not Tested
Bile Pigment	:	Not Tested
Ketone Bodies	:	Not Tested
Urobilinogen	:	Not Tested
Chyle	:	Not Tested

Microscopic

RBC	:	Nil
Pus Cell	:	2 - 3/H.P.F
Pus Cell Cast	:	Nil
Epithelial Cell	:	2 - 3/H.P.F
Yeast Cell	:	Nil
Carbonate Crystals	:	Nil
Bacteria	:	Nil
Spermatozoa	:	Nil
Others	:	Nil
F.U.S	:	Nil
P.P.U.S	:	Nil

End of Report



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Patient Name : Anupama Nayak.

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Sample Date : 08.07.2023

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Test Description

RADIOGRAPH CHEST (PA VIEW)

- Soft tissue and bone cage of the thorax is normal.
- Trachea and mediastinum is central.
- Cardiac is normal in shape , size.
- No active pulmonary parenchyma lesion seen.
- Hila are normal in size, position.
- Both CP angle are normal.

IMPRESSION: NORMAL RADIOGRAPH

*****End of Report*****



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Patient Name : Anupama Nayak.

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Test Description Method	Value (s)	Unit	Ref. Range
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THYROID PROFILE(TOTAL T3,TOTALT4,TSH)

TRI-IODOTHYRONINE(T3, TOTAL) CLIA	:0.96	ng/ml	0.80 – 2.00
THYROXINE(T4,TOTAL) CLIA	: 9.35	µg/dl	5.1 – 14.1
THYR. STIMUL. HORMONE(TSH) CLIA	:1.81	µIU/ml	0.27 – 4.20

Comment:

Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night and the nadir occurring between 10 a.m and 4 p.m. In primary hypothyroidism, Thyroid-Stimulating Hormone(TSH) levels will be elevated. In primary hyperthyroidism, TSH levels will be low. Elevated or low TSH in the context of normal free thyroxine is often referred to as subclinical hypo or hyperthyroid-ism, respectively. Physiological rise in Total T3/T4 levels is seen in pregnancy and in patients on steroid therapy.

Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

For pregnant females:

First trimester Bio Reference range for TSH in µIU/ml is 0.1 to 2.5, Second trimester Bio Reference range for TSH in µIU/ml is 0.2 to 3.0 and Third trimester Bio Reference range for TSH in µIU/ml is 0.3 to 3.0.

*****End of Report****



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MER- MEDICAL EXAMINATION REPORT

Date of Examination	08/07/2023	
NAME	ANUPAMA NAYAK	
AGE	32yr.	Gender Female.
HEIGHT(cm)	154cm	WEIGHT (kg) 64kg.
B.P.	120/78.	
ECG	Normal Ecg.	
X Ray	Normal radiographs	
Vision Checkup	Color Vision :	
	Far Vision Ratio : Normal.	
	Near Vision Ratio :	
Present Ailments	NO	
Details of Past ailments (If Any)	NO	
Comments / Advice : She / He is Physically Fit	She is Physically Fit.	

Dr. G. C. Satpathy, MD
 (Medicine)
 Consultant Gen. Physician
 Regd. No-5119
 Signature with Stamp of Medical Examiner

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Arunima Nayak on 08/02/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. Avinish Chandra
 Medical Officer
 The Apollo Clinic, (Location) S. S. Purdy

This certificate is not meant for medico-legal purposes

ଭାରତ ସରକାର
 Unique Identification Authority of India
 Government of India

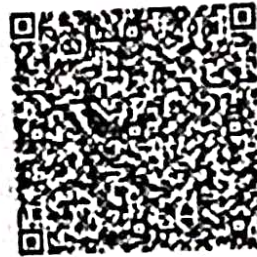
ନାମାବଳୀ ନମ୍ବର / Enrollment No. : 1040/16110/02210

28/02/2014

To
 Anupama Nayak
 ଉତ୍ତମା ନାୟକ
 F-38/8
 RENTAL COLONY
 I.R.C VILLAGE
 I R C Village
 I R C Village, Khorda
 Odisha - 751015
 9776837294



KL793678502FT
 79367850



ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :

8142 8291 3195

ଆଧାର - ସାଧାରଣ ଲୋକର ଅଧିକାର



~~ଭାରତ ସରକାର~~
~~Government of India~~



ଉତ୍ତମା ନାୟକ
 Anupama Nayak
 ପିତା : ଉତ୍ତମଧର ନାୟକ
 Father : Laxmidhar Nayak

ଜନ୍ମ ତାରିଖ/DOB: 02/07/1991
 ଲିଙ୍ଗ / Female



8142 8291 3195

ଆଧାର - ସାଧାରଣ ଲୋକର ଅଧିକାର

Anupama Nayak

SADHANA CLINIC & LAB
 Chandrasekharpur, BBSR-16
 Regd. No.-1482/13
 Mob.-9861137976, 9337357976

Patient Name : ANUPAMA NAYAK .
Age / Gender : 32 YRS/FEMALE

Referral : SELF
Reporting Date : 08.07.2023

USG ABDOMEN AND PELVIS

LIVER: Normal in size (10.4cm). Echotexture is uniform and normal. No I.H.B.D./focal lesions.

PORTAL VEIN: Normal in caliber.

GALL BLADDER: Well distended with normal walls and lumen. No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in caliber.

PANCREAS: Normal in size and echotexture.

SPLEEN: Normal in size and normal echotexture.

KIDNEYS : Both kidneys are normal in site, size and echotexture. No evidence of calculi / hydronephrosis.

Right kidney : (9.9 X 3.2 cm) , Left kidney : (8.6 X 3.1 cm)

URINARY BLADDER : Well distended with normal walls. No evidence of calculi / growth / diverticula.

UTERUS : Uterus appears normal in size and shows normal myometrial echoes. Endometrium is smooth and regular. ET measures -5.1mm

OVARIES :

Both Ovaries Normal In Size .

IMPRESSION:

➤ No significant abnormality noted.

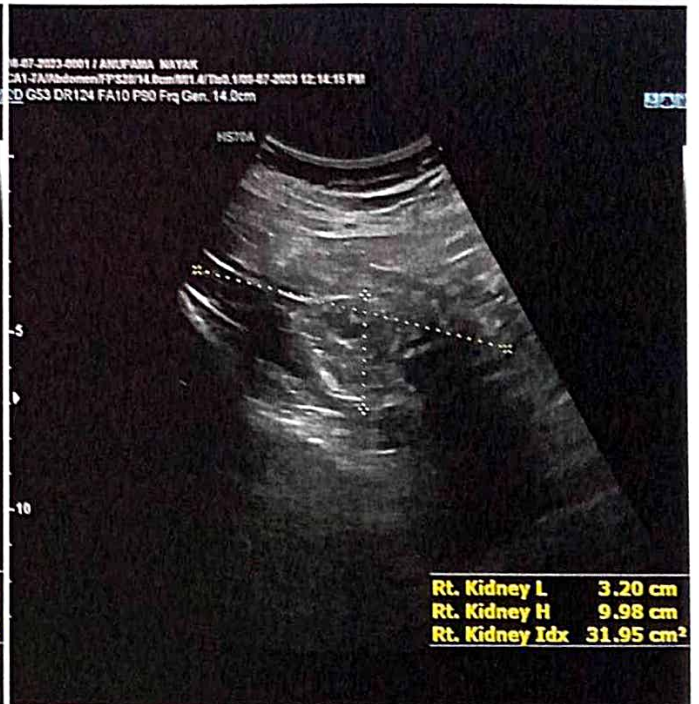

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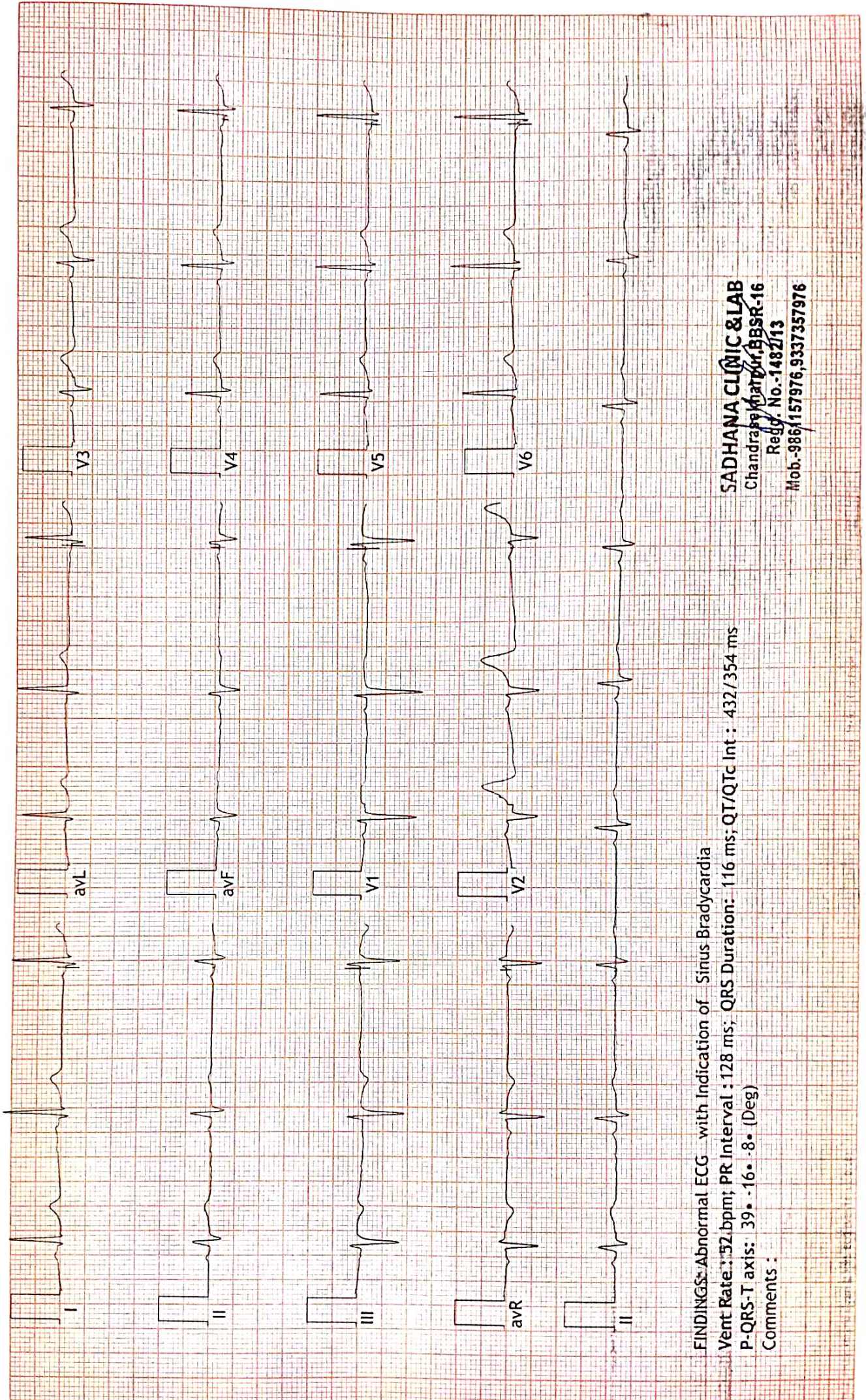
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Computerised Patholab ★ Digital ECG ★ PFT ★ TMT ★ USG ★ 2D-ECHO ★ Video-Endoscopy ★ Multispeciality OPD

Chandrasekharpur, Bhubaneswar - 751016

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FINDINGS: Abnormal ECG with Indication of Sinus Bradycardia

Vent Rate.: 52 bpm; PR Interval : 128 ms; QRS Duration: 116 ms; QT/QTc Int : 432/354 ms

P-QRS-T axis: 39. -16. -8. (Deg)

Comments :

SADHANA CLINIC & LAB

Chandrasekhara, Bhubaneswar, BSR-16

Regd. No.-1482/13

Mob.-986157976, 9337357976

2-D-ECHO WITH DOPPLER STUDY & COLOUR FLOW IMAGING

Patient Name: MRS ANUPAMA NAYAK Referral :DRSELF

Age/Gender: 32YRS/FEMALE

Reporting Date: 0807, 2023

M-MODE EVALUATION

Mitral Valve:

	Leaflets	: Normal	
	EPSS	: 4	mm.
Aortic Root Diameter :		: 31	mm.
Aortic Valve	Cusp separation (MACS)	: 19	mm.
	Closure Line	: Central	
Left Atrium:		: 31	mm.
Left Ventricle:	Internal dimension diastole	: 40	mm.
	Internal dimension systole	: 24	mm.
	Ejection fraction	: 70%	FS: 40%
IVS	Thickness diastole	: 09	mm.
Post L. V. Wall	Thickness diastole	: 09	mm.
Right Ventricle (MC)	Dimension diastole	: 17.0	mm.
Tricuspid Valve	: normal		
Pulmonary Valve	: normal		
Pericardium	: normal		

2 D EVALUATION

CHAMBERS -NORMAL
VALVES - NORMAL
IAS - Intact.
IVS - Intact.
PERICARDIUM - Normal.
CONTRACTILITY-Normal
RWMA-Nil.

DOPPLER STUDY

	Peak velocity in m/sec	Maximum PG in mmHg.
MVE (pw)	0.8	DT-254ms
MVA (pw)	0.6	E/A-1.14
PV (cw)	0.9	3.0
AV (cw)	1.3	7.3
TV (cw)	2.1	17.5

COLOUR FLOW IMAGING

AR = NIL
MR = NIL
TR = TRACE
PR = NIL

IMPRESSION:

NORMAL CHAMBERS AND VALVES
NORMAL LV SYSTOLIC FUNCTION (LV EF - 70%)
NO RWMA
TRACE TR. NO PAH
NORMAL PA PRESSURE.
NO PERICARDIAL EFFUSION/ CLOT / VEG

Dr. Ashwini
8/7/23
DR. ASHWINI MOHANTY
Clinical Cardiologist

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Computerised Patholab ★ Digital ECG ★ PFT ★ TMT ★ USG ★ 2D-ECHO ★ Video-Endoscopy ★ Multispeciality OPD

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