

Name : Mr. YUDHISTHIR SHARMA (39 /M)

Date : 13/08/2022

Address : FL NO-301 HARINANDAN RAJLAXMI APARTMENT,MAHESH
SERAMPUR,PS-SERAMPUR, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001154655

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH154631



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Stroke, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:16/08/2022



SYSTEMIC REVIEW

Cardiovascular system

Chest pain - no

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Symptoms - acidity, bloating, feeling full, heart burn; Exacerbated by - spicy food; Relieved by - rest; PPI treatment for more than 6 weeks - no; Peptic ulcer - no; Bowel habits - constipation, incomplete evacuation; Frequency of stools - every day; Piles - no

Genitourinary system

Frequency - normal; Dysuria/burning micturition - yes, intermittent

Central nervous system

- Nil Significant

Eyes

Vision - normal; Glasses - yes; Left eye - Loss of vision

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Knee (left) - pain

Weight

- stable



Present medications

- Nil



Past medical history

Do you have any drug allergies? - No

Covid 19 - Yes
- 2020

Hospitalization for Covid 19 - No



Surgical history

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Appendectomy - 2021
Accidental injury due to - sharp object injury
Others - Right eye excavation at 7 yrs of age and at 2004 repeat OT done for infection

Heart rate (Per minute) - 92
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Personal history

Marital status - Married
No. of children - 2
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Sedentary

Family history

Father - alive
Mother - alive
Brothers - 1
Sisters - 1
Diabetes - mother
Hypertension - mother
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION

General

Build - over weight
Height - 167 Cm
Weight - 72 Kg
BMI - 25.82
Pallor - No
Oedema - no

Cardiovascular system

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Central nervous system

- No neurological deficit

Skin

- No significant finding

Musculo Skeletal System

- No significant finding

Ophthalmology consultation

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Ophthalmology findings - PGVA(RE):6/9

BCVA(RE):N8

COLOUR VISION:24/24 ALL READ

GENERAL HISTORY : NA

OCULAR MOVEMENTS : FULL

ANTERIOR SEGMENT : (RE) NORMAL
(LE):PROSTHETIC EYE

ACCEPTANCE

RE:-0.25X165*(6/6) ADD:+1.25DS(N6)

LE:PLANO

ADVICE *Glass use regularly* Review after 1
year/SOS

Printed By : Debjani Chowdhury

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0 *	g/dl	●	13.0-17.0
RBC COUNT	4.50	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	36.3 *	%	●	41-53
MCV	80.6 *	fl	●	83-101
MCH	26.7 *	pg	●	27-32
MCHC	33.1	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	4700	/cu mm	●	4000-10000
Platelet Count	2.08	lacs/cu mm	●	1.5-4.0
Neutrophils	48	%	●	40-80
Lymphocytes	42 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	39 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	71 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	118	U/L	●	53-128
AST (SGOT) - SERUM	66 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	130	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 28 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 2.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 13.3 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 119 * mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 98 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 136 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 17.3 * µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.6 * % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.4 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 39 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 73 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 18 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.8 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

X-RAY CHEST PA

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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