



301 / ANITA DHAL / 38 Yrs / F / 162 Cms / 75 Kg Date: 01-Jul-2022 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:16	0:16	00.0	00.0	01.0	091	50 %	120/81	109	00	
Standing	00:33	0:17	00.0	00.0	01.0	095	52 %	120/81	114	00	
HV	00:51	0:18	00.0	00.0	01.0	092	51 %	120/81	110	00	
ExStart	01:08	0:17	00.0	00.0	01.0	095	52 %	120/81	114	00	
BRUCE Stage 1	04:08	3:00	01.7	10.0	04.7	122	67 %	122/82	148	00	
BRUCE Stage 2	07:08	3:00	02.5	12.0	07.1	136	75 %	124/85	168	00	
PeakEx	09:50	2:42	03.4	14.0	09.9	160	88 %	125/86	200	00	
Recovery	10:20	0:30	01.1	00.0	04.2	154	85 %	125/86	192	00	
Recovery	10:50	1:00	01.1	00.0	01.2	144	79 %	124/85	178	00	
Recovery	12:50	3:00	00.0	00.0	01.0	112	62 %	123/83	137	00	
Recovery	14:58	5:08	00.0	00.0	01.0	106	58 %	121/81	128	00	

FINDINGS :

Exercise Time : 08:42
 Max HR Attained : 160 bpm 88% of Target 182
 Max BP Attained : 125/86
 Max WorkLoad Attained : 9.9 Good response to induced stress
 Test End Reasons : Test Complete

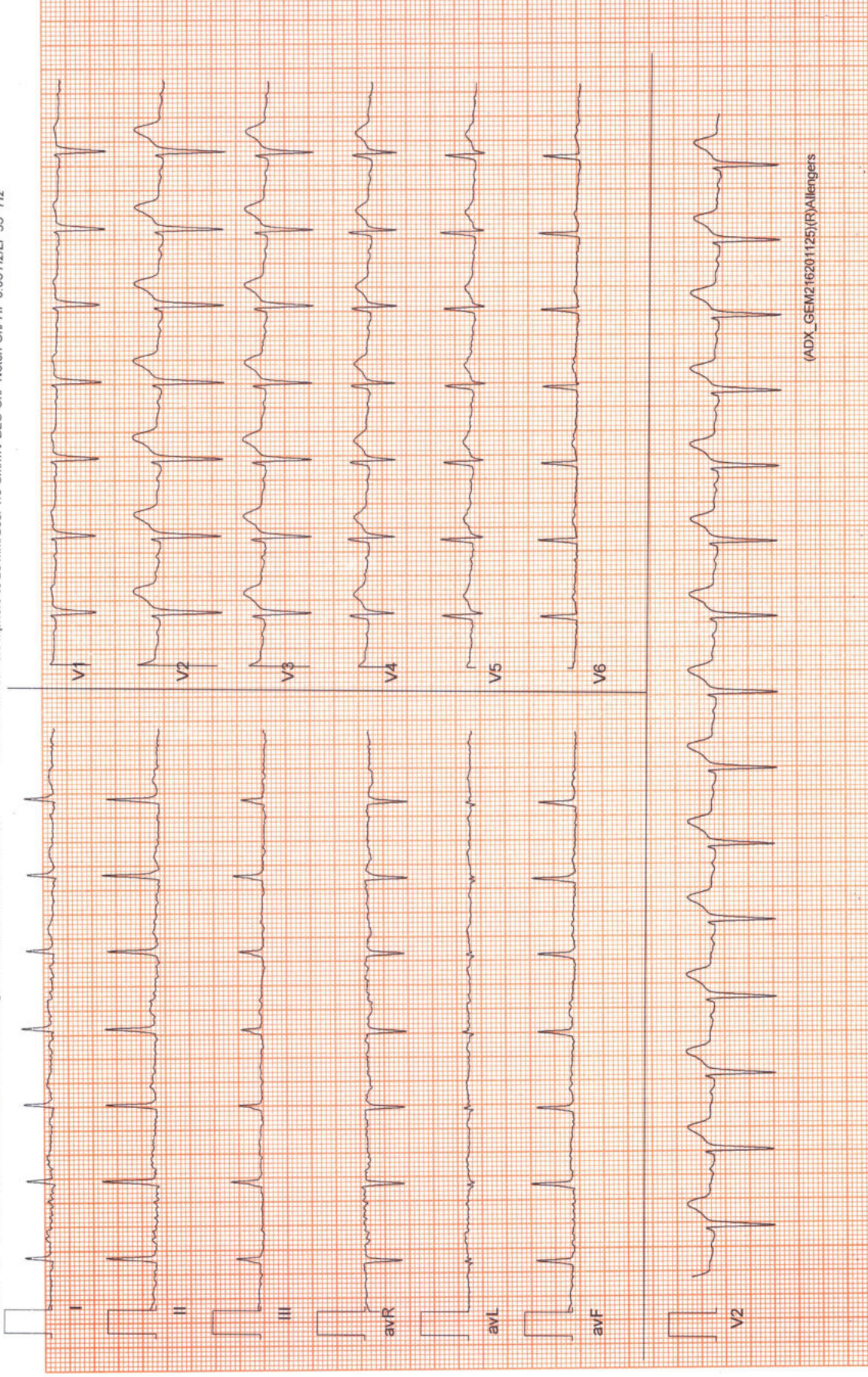
REPORT :

TMT IS Negative

Dr. N. K. HOTA
 M.B.B.S. (ENT)
 REGD No. - 6993



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.0 HR : 91 Target HR : 50% of 182 BP : 120/81
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

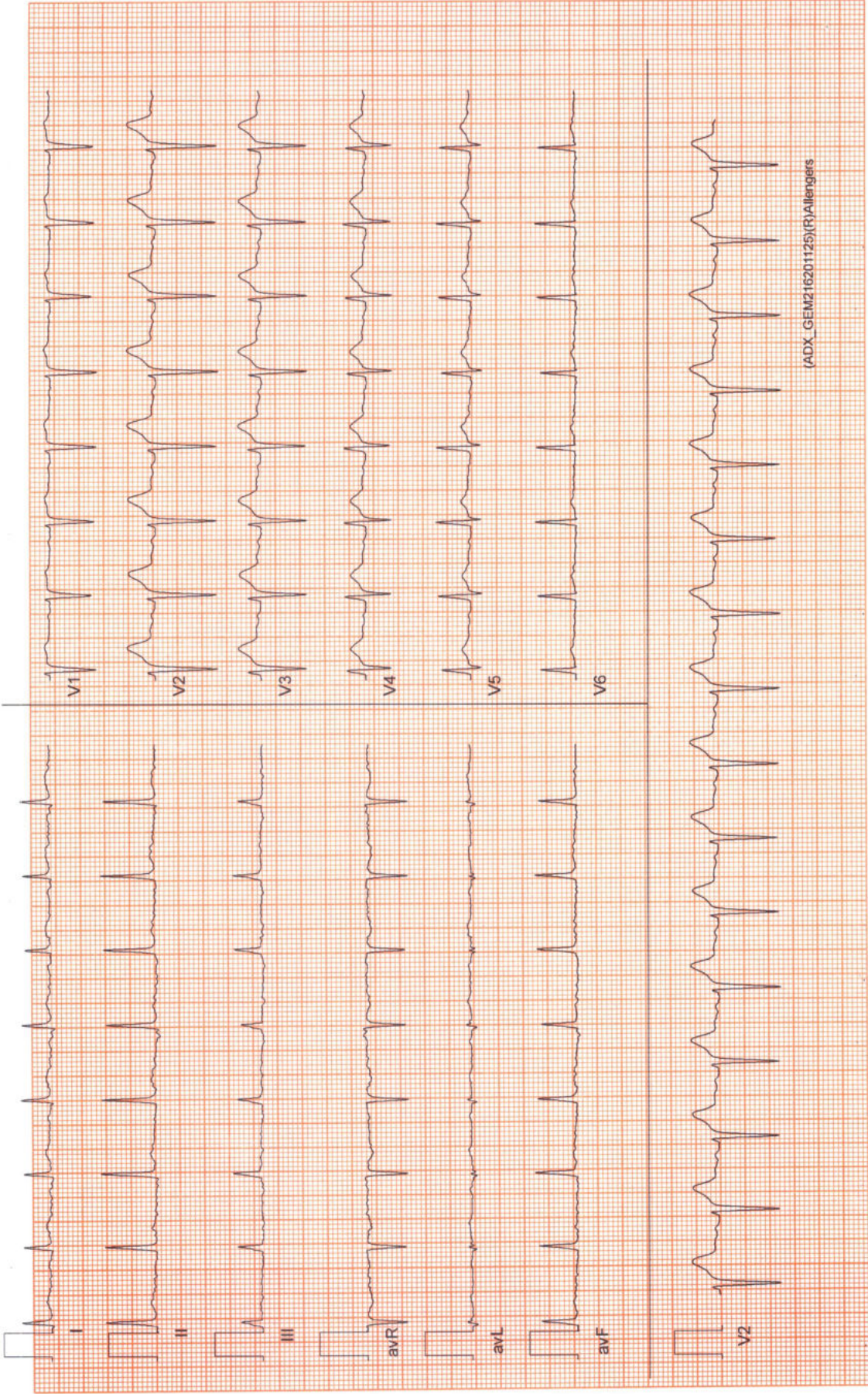
SAHIDNAGAR, BHUBANESWAR

301 / ANITA DHAL / 38 Yrs / Female / 162 Cm / 75 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:17)



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.0 HR : 95 Target HR : 52% of 182 BP : 120/81 Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

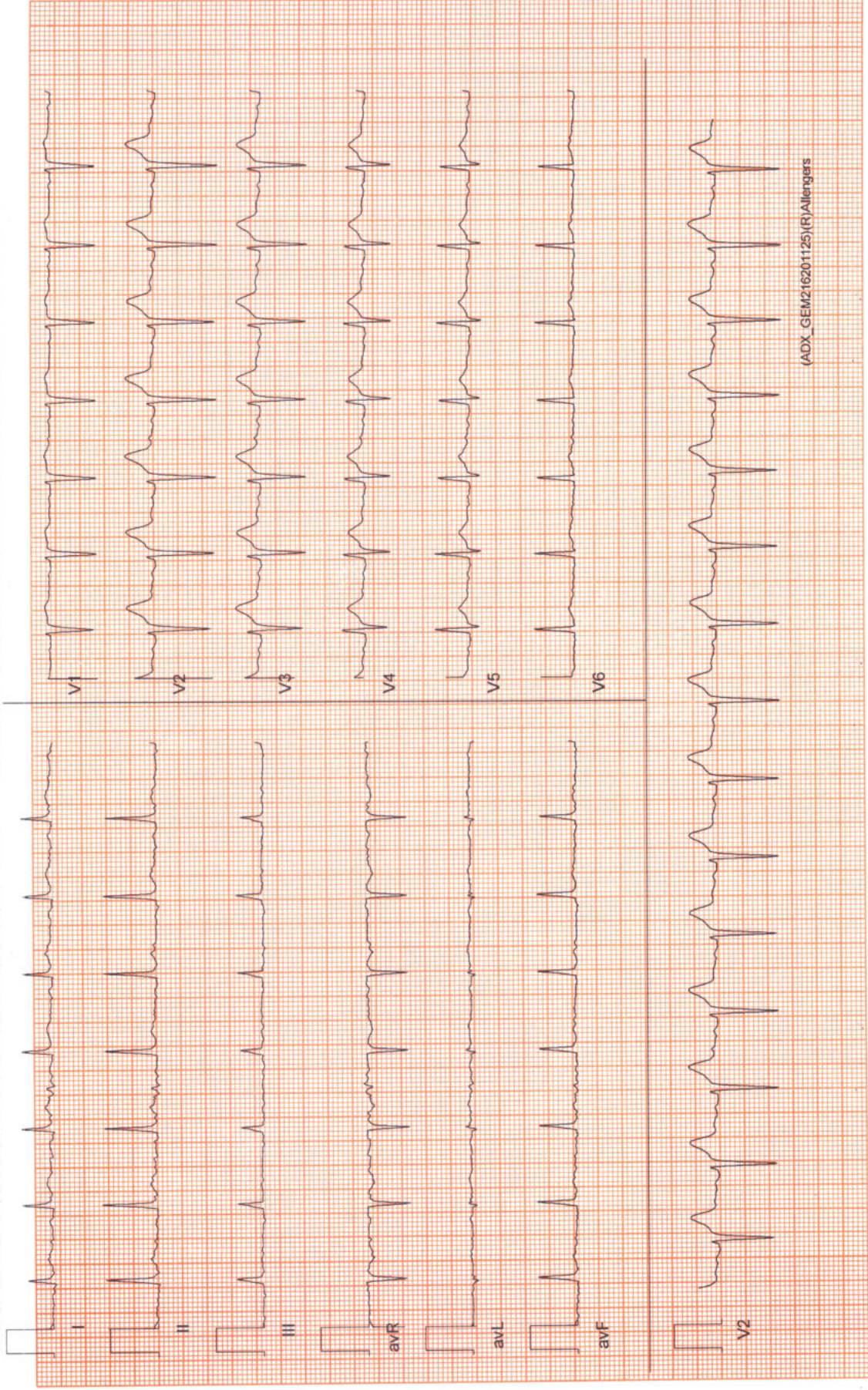
SAHIDNAGAR, BHUBANESWAR

301 / ANITA DHAL / 38 Yrs / Female / 162 Cm / 75 Kg

6 x 2 + Rhythm
BRUCE:HV(0:18)



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.0 HR : 92 Target HR : 51% of 182 BP : 120/81 Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

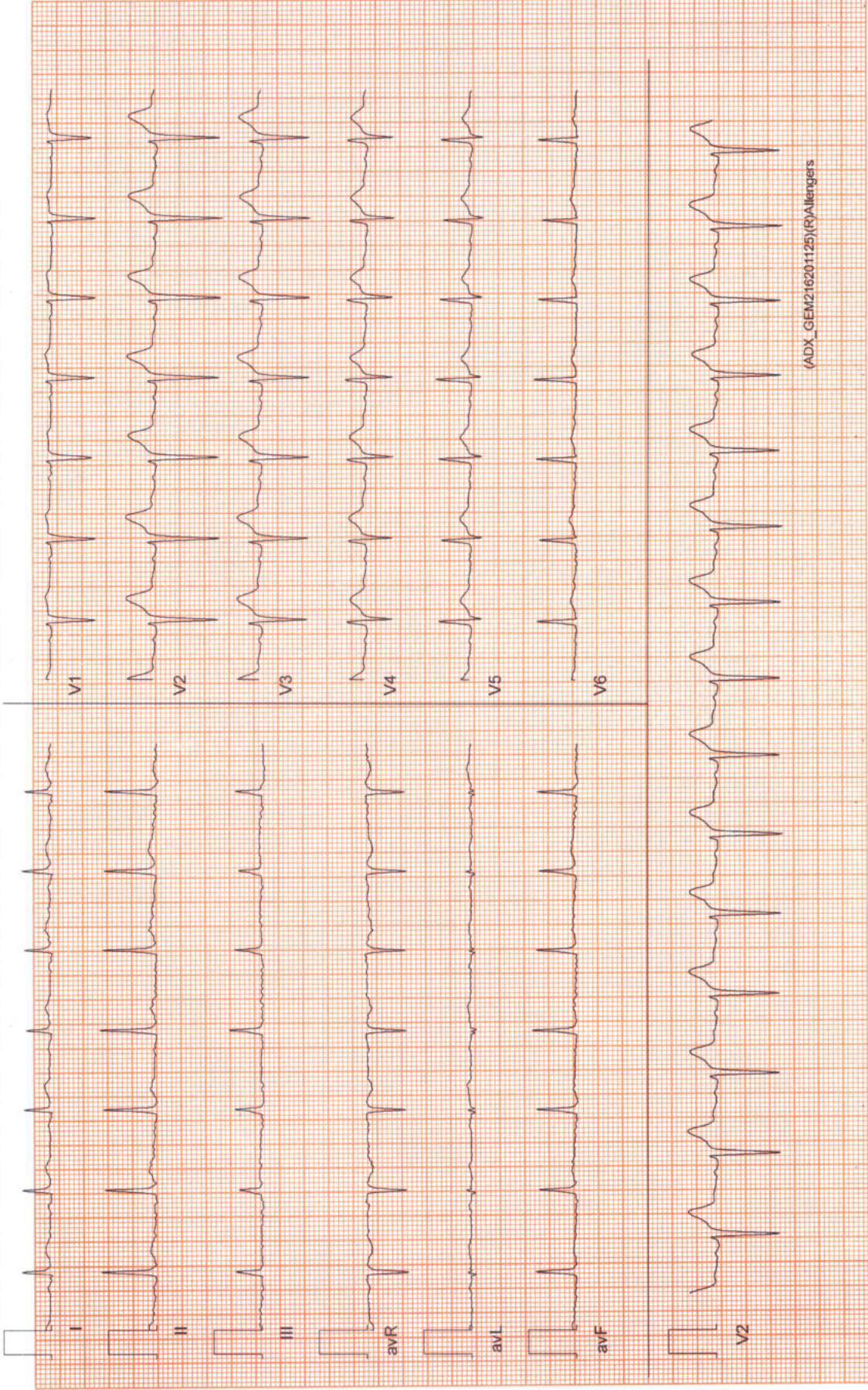
301 / ANITA DHAL / 38 Yrs / Female / 162 Cm / 75 Kg

6 x 2 + Rhythm
ExStart



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.0 HR : 95 Target HR : 52% of 182 BP : 120/81

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

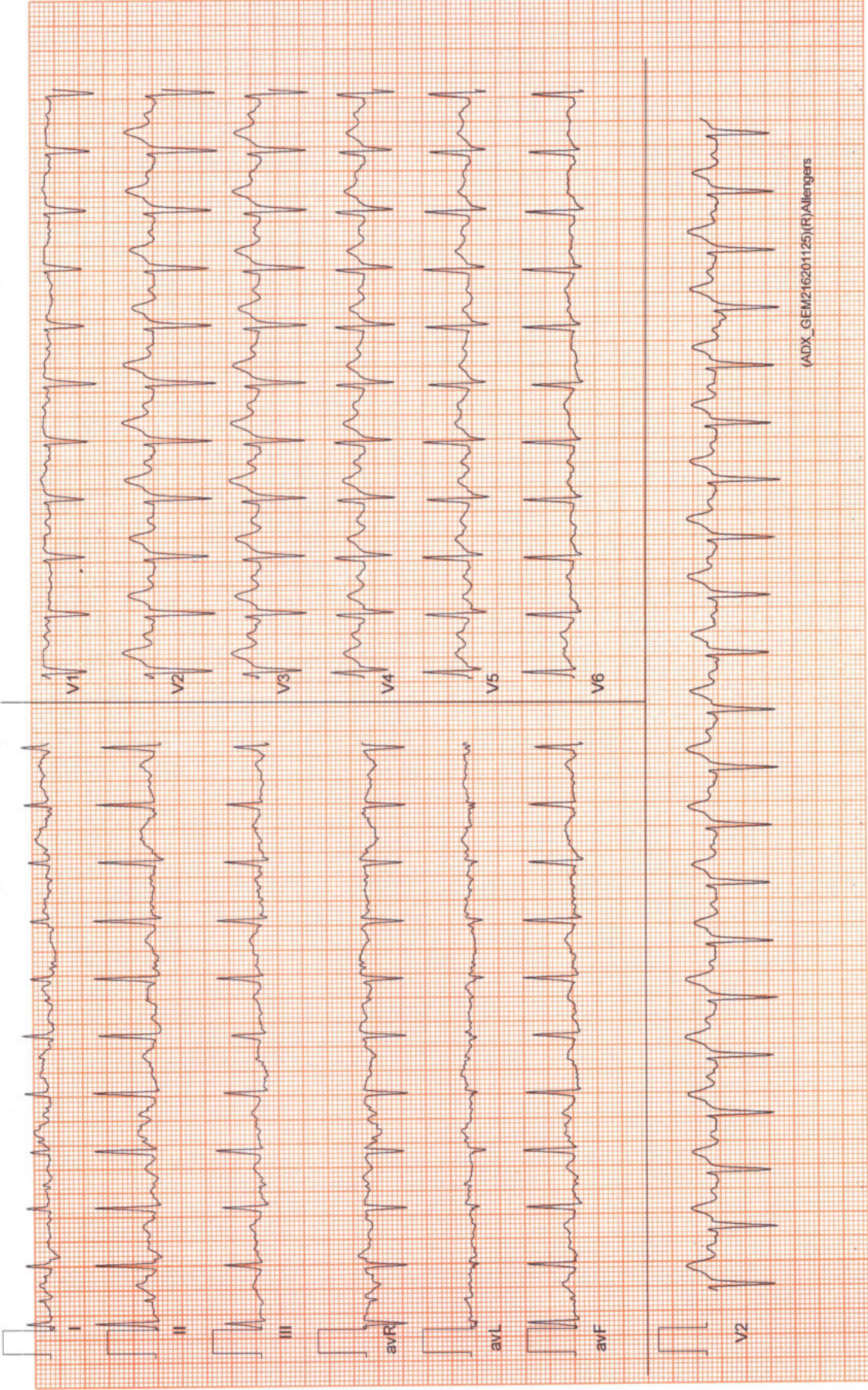
SAHIDNAGAR, BHUBANESWAR

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6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 01 - 07 - 2022 11:12:09 AM METs : 4.7 HR : 122 Target HR : 67% of 182 BP : 122/82 ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



ZENA HEALTHCARE

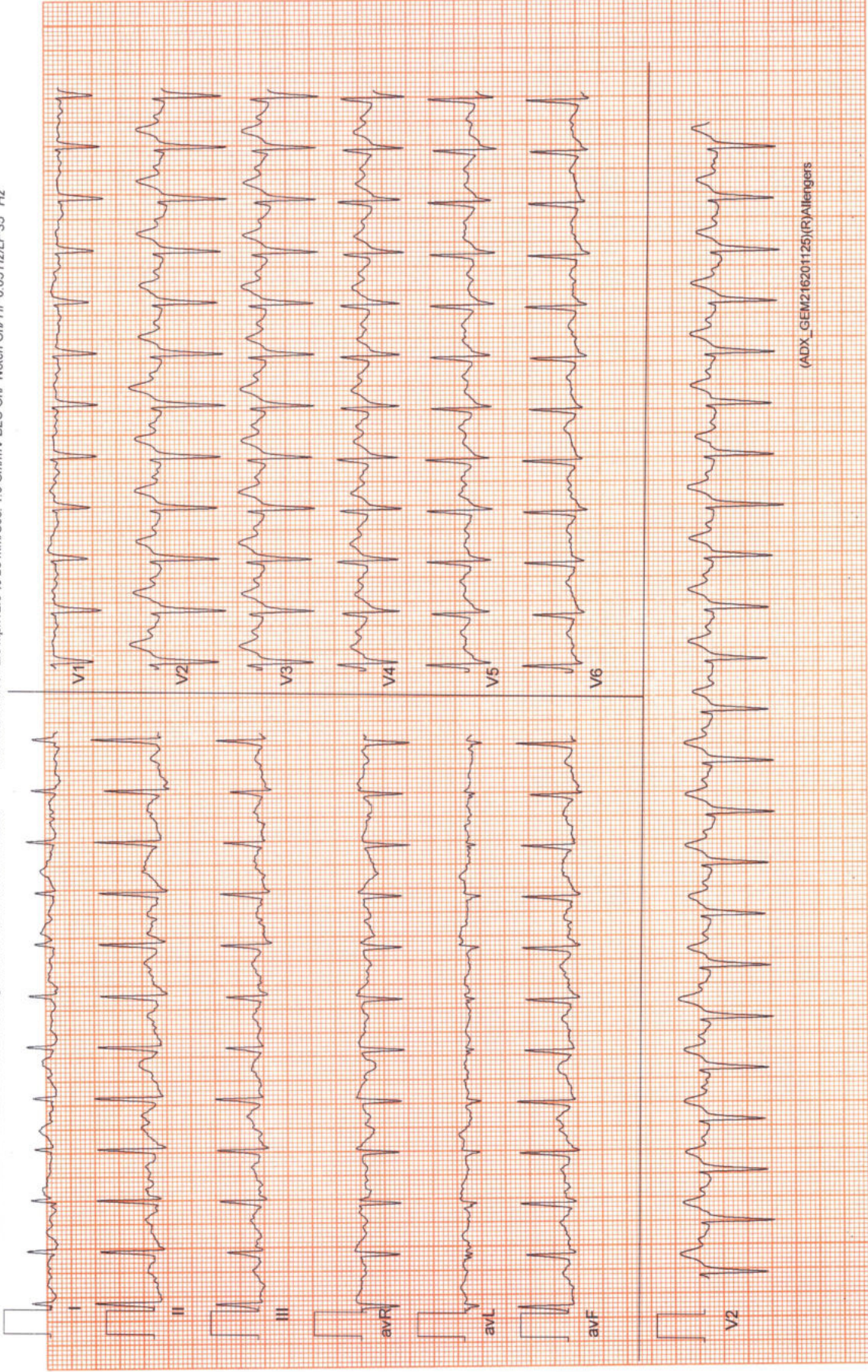
SAHIDNAGAR, BHUBANESWAR

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6 x 2 + Rhythm
BRUCE: Stage 2(3:00)

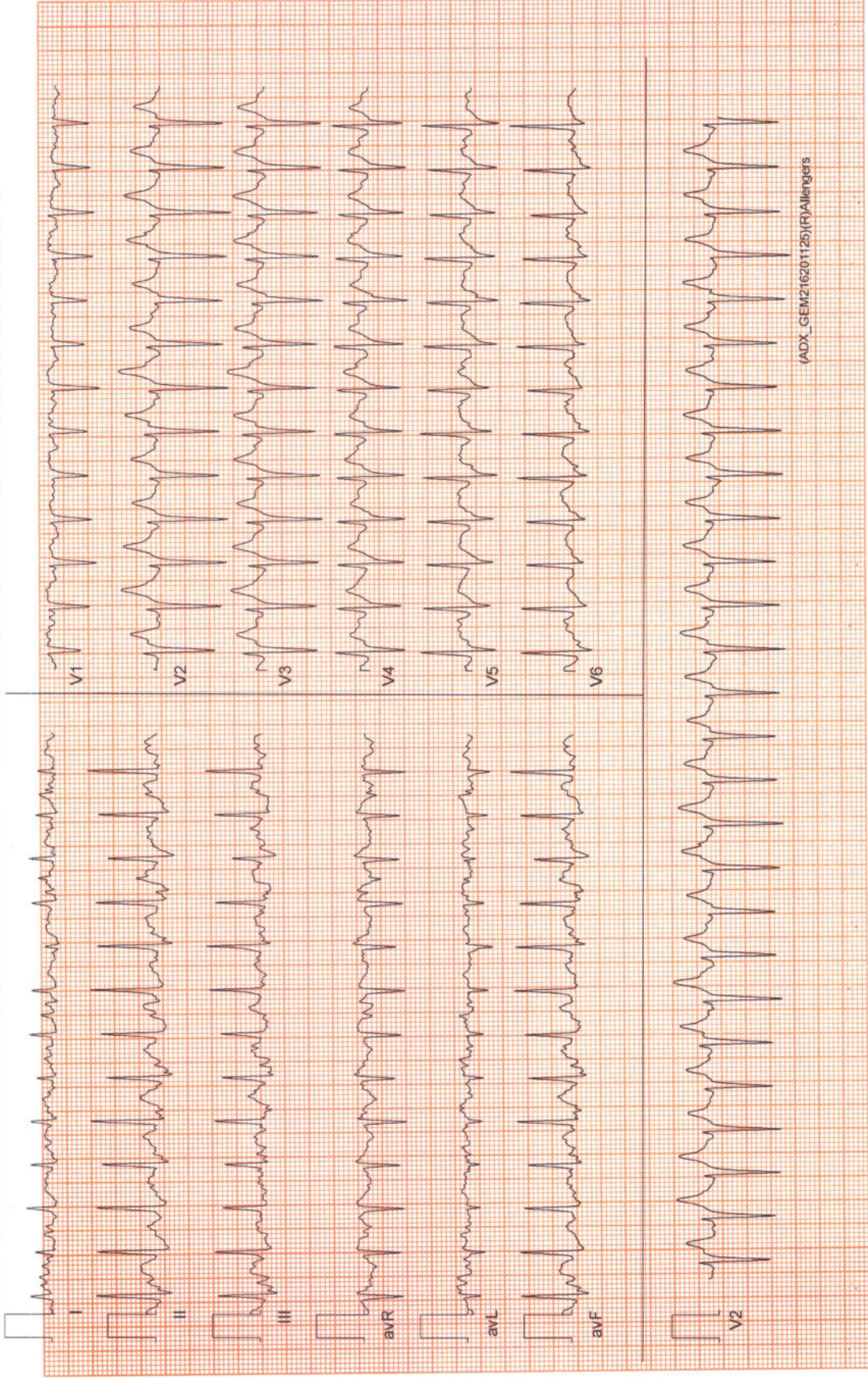


Date: 01 - 07 - 2022 11:12:09 AM METs : 7.1 HR : 136 Target HR : 75% of 182 BP : 124/85 ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



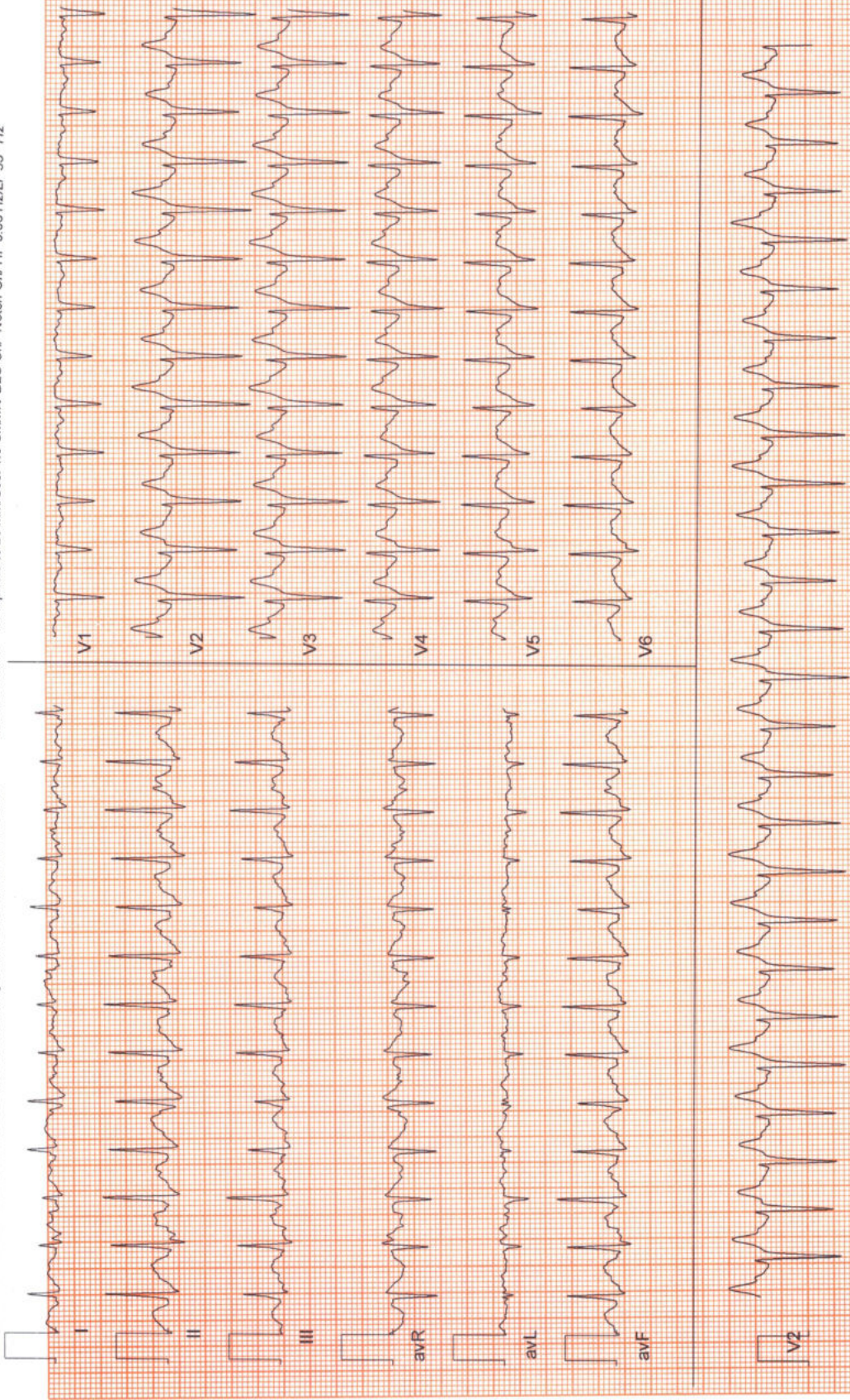


Date: 01 - 07 - 2022 11:12:09 AM METs : 9.9 HR : 160 Target HR : 88% of 182 BP : 125/86 ExTime : 08:42 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 01 - 07 - 2022 11:12:09 AM METs : 4.2 HR : 154 Target HR : 85% of 182 BP : 125/86 ExTime : 08:42 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

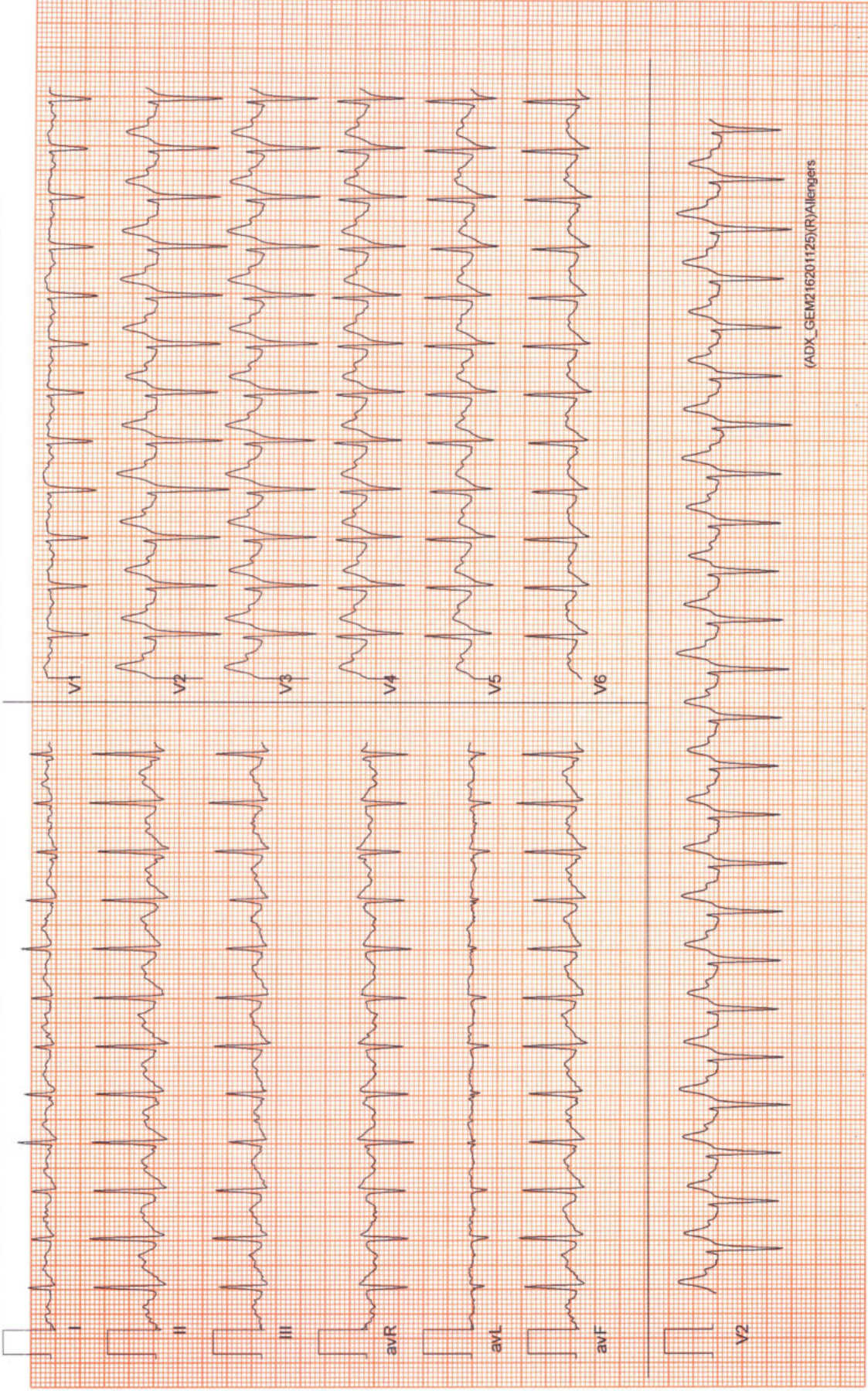
SAHIDNAGAR, BHUBANESWAR

301 / ANITA DHAL / 38 Yrs / Female / 162 Cm / 75 Kg

**6 x 2 + Rhythm
Recovery(1:00)**



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.2 HR : 144 Target HR : 79% of 182 BP : 124/85 ExTime : 08:42 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

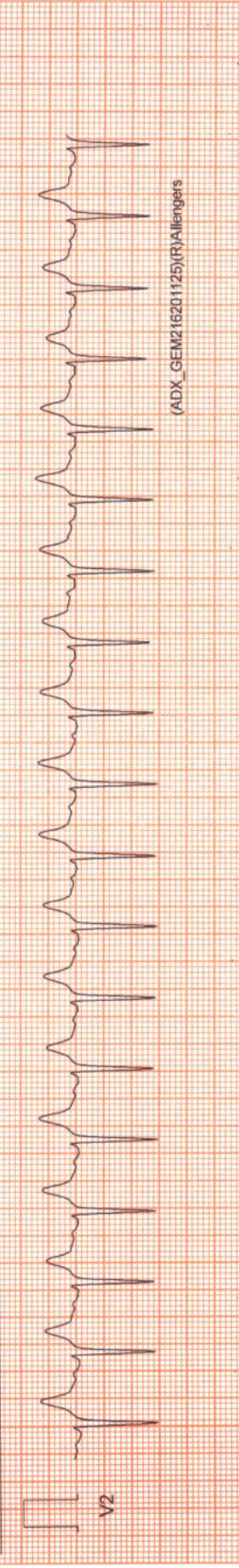
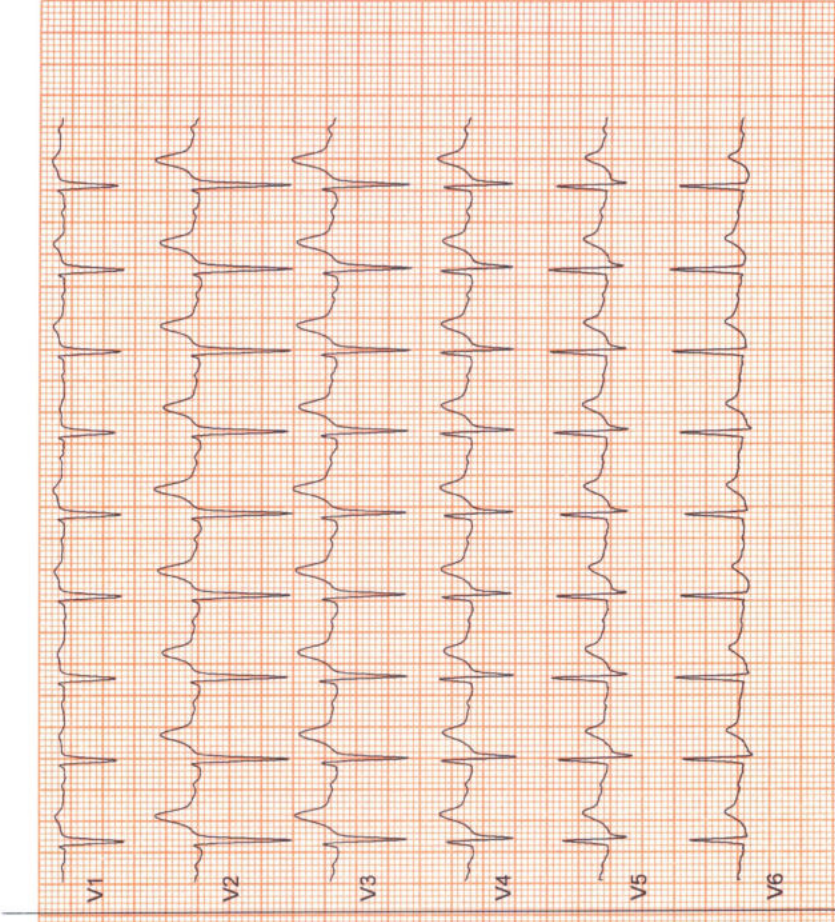
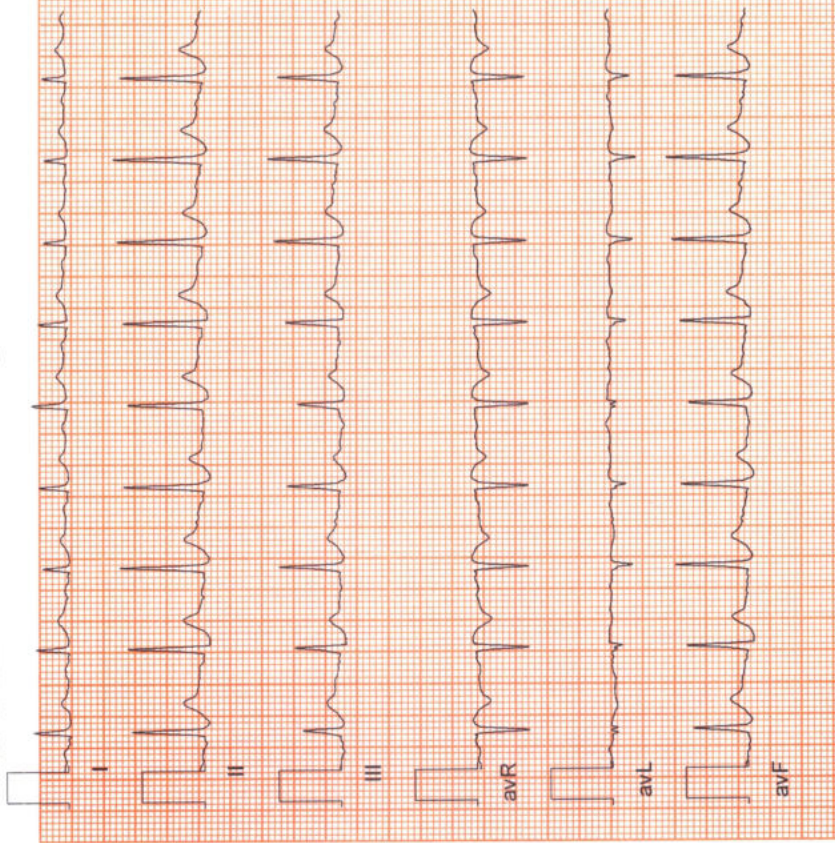
SAHIDNAGAR, BHUBANESWAR

301 / ANITA DHAL / 38 Yrs / Female / 162 Cm / 75 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 01 - 07 - 2022 11:12:09 AM METs : 1.0 HR : 112 Target HR : 62% of 182 BP : 123/83 Ex Time : 08:42 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers