

<b>Patient Name</b>	: Mrs. USHA R J	<b>Age/Gender</b>	: 32 Y/F
<b>UHID/MR No.</b>	: CVEL.0000137648	<b>OP Visit No</b>	: CVELOPV188533
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 12-08-2023 15:16
<b>LRN#</b>	: RAD2071390	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 882456310065		

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**Liver** appears normal in size (15.0 cms) with increased echogenicity. No focal lesion is seen. PV and CBD normal. No dilatation of the intrahepatic biliary radicals.

**Gall bladder** is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen.

**Spleen** appears normal (8.8 cms). No focal lesion seen. Splenic vein appears normal.

**Pancreas** appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

**Both the kidneys** appear normal in size, shape and echopattern. Cortical thickness and CM differentiation are maintained. No calculus / hydronephrosis seen on either side.  
Right kidney - 10.9 x 3.6 cms Left kidney - 10.0 x 4.9 cms

**Urinary Bladder** is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

**Uterus** : Post LSCS elongated uterus and measures 8.5 x 3.5 x 5.1 cms.  
.Endometrial echo-complex appears normal and measures 5.8 mm.

**Both ovaries** are polycystic.

**Right ovary** - 3.6 x 2.1 x 3.8 cms (vol 15.5 cc) **Left ovary** - 3.8 x 1.9 x 3.5 cms (vol 14.0 cc)

**Early gastritis changes seen.**

**IMPRESSION:**

- \* **GRADE 1 FATTY LIVER.**
- \* **BILATERAL POLYCYSTIC OVARIES.**
- \* **EARLY GASTRITIS CHANGES.**

(The sonography findings should always be considered in correlation with the clinical and other investigation

**Patient Name** : Mrs. USHA R J

**Age/Gender** : 32 Y/F

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finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.



**Dr. PASUPULETI SANTOSH KUMAR**  
M.B.B.S., DNB (RADIODIAGNOSIS)  
Radiology

<b>Patient Name</b>	: Mrs. USHA R J	<b>Age/Gender</b>	: 32 Y/F
<b>UHID/MR No.</b>	: CVEL.0000137648	<b>OP Visit No</b>	: CVELOPV188533
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 12-08-2023 12:33
<b>LRN#</b>	: RAD2071390	<b>Specimen</b>	:
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**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen



**Dr. PASUPULETI SANTOSH KUMAR**  
**M.B.B.S., DNB (RADIODIAGNOSIS)**  
Radiology

Name: Mrs. USHA R J  
Age/Gender: 32 Y/F  
Address: CHENNAI  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: VELACHERY\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. V J NIRANJANA BHARATHI

MR No: CVEL.0000137648  
Visit ID: CVELOPV188533  
Visit Date: 12-08-2023 08:52  
Discharge Date:  
Referred By: SELF

**Doctor's Signature**

Name: Mrs. USHA R J  
Age/Gender: 32 Y/F  
Address: CHENNAI  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: VELACHERY\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. BENITA JAYACHANDRAN

MR No: CVEL.0000137648  
Visit ID: CVELOPV188533  
Visit Date: 12-08-2023 08:52  
Discharge Date:  
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**Doctor's Signature**

Name: Mrs. USHA R J  
Age/Gender: 32 Y/F  
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Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: VELACHERY\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. YASODHA KUMARA REDDY MOKKALA

MR No: CVEL.0000137648  
Visit ID: CVELOPV188533  
Visit Date: 12-08-2023 08:52  
Discharge Date:  
Referred By: SELF

**HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

**SYSTEMIC REVIEW**

**HT-HISTORY**

**PHYSICAL EXAMINATION**

**SYSTEMIC EXAMINATION**

**IMPRESSION**

**RECOMMENDATION**

**Doctor's Signature**

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Age/Gender: 32 Y/F  
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Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: VELACHERY\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. PAVITHRA RAMAKRISHNAN

MR No: CVEL.0000137648  
Visit ID: CVELOPV188533  
Visit Date: 12-08-2023 08:52  
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Doctor:  
Department: GENERAL  
Rate Plan: VELACHERY\_03122022  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. SHILFA NIGAR N

MR No: CVEL.0000137648  
Visit ID: CVELOPV188533  
Visit Date: 12-08-2023 08:52  
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Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
12-08-2023 16:22	Beats/min	110/80 mmHg	18 Rate/min	98.4 F	165 cms	73 Kgs	%	%	Years	26.81	cms	cms	cms		AHLL05400

Established Patient: No

**Vitals**

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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12-08-2023 16:22	Beats/min	110/80 mmHg	18 Rate/min	98.4 F	165 cms	73 Kgs	%	%	Years	26.81	cms	cms	cms		AHLL05400

**CERTIFICATE OF MEDICAL FITNESS**

Height: <u>165</u> Cm	Weight: <u>73</u> kg	BMI: <u>26.8</u>	BP: <u>110 / 80</u> mmHg
OPTHAL CHECK : Right Eye: <u>6/6</u>		Left Eye: <u>6/6</u>	Colour vision: <u>Ⓢ</u>

This is to certify that I have conducted the clinical examination  
of Mrs. Usha R.J. on 12/8/23.

After reviewing the medical history and on clinical examination it has been found that he/she is

- Medically Fit *To do work*
- **FIT FOR WORK** *Opt. Glaucoma - C. hoo LMA. send*
- Fit with restrictions/recommendations *Care glaucoma. Are removal of pressure by*

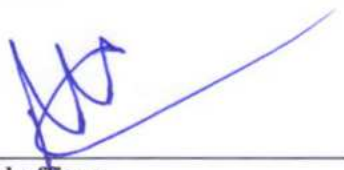
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.

- 1.....
- 2.....
- 3.....

However the employee should follow the advice/medication that has been communicated to him/her.

Review after \_\_\_\_\_

- Currently Unfit.  
Review after NIL recommended
- Unfit NIL

  
 Dr. \_\_\_\_\_  
 Medical officer  
 Apollo clinic(Location)

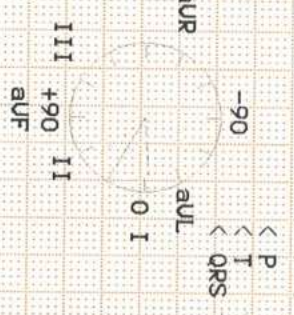


This certificate is not meant for medico-legal purposes

**Dr. YASODH REDDY**  
 M.B.B.S., F sp Diabetology  
 CLIN - Cardiology  
 Reg. No: 93787  
 Apollo Family Physician

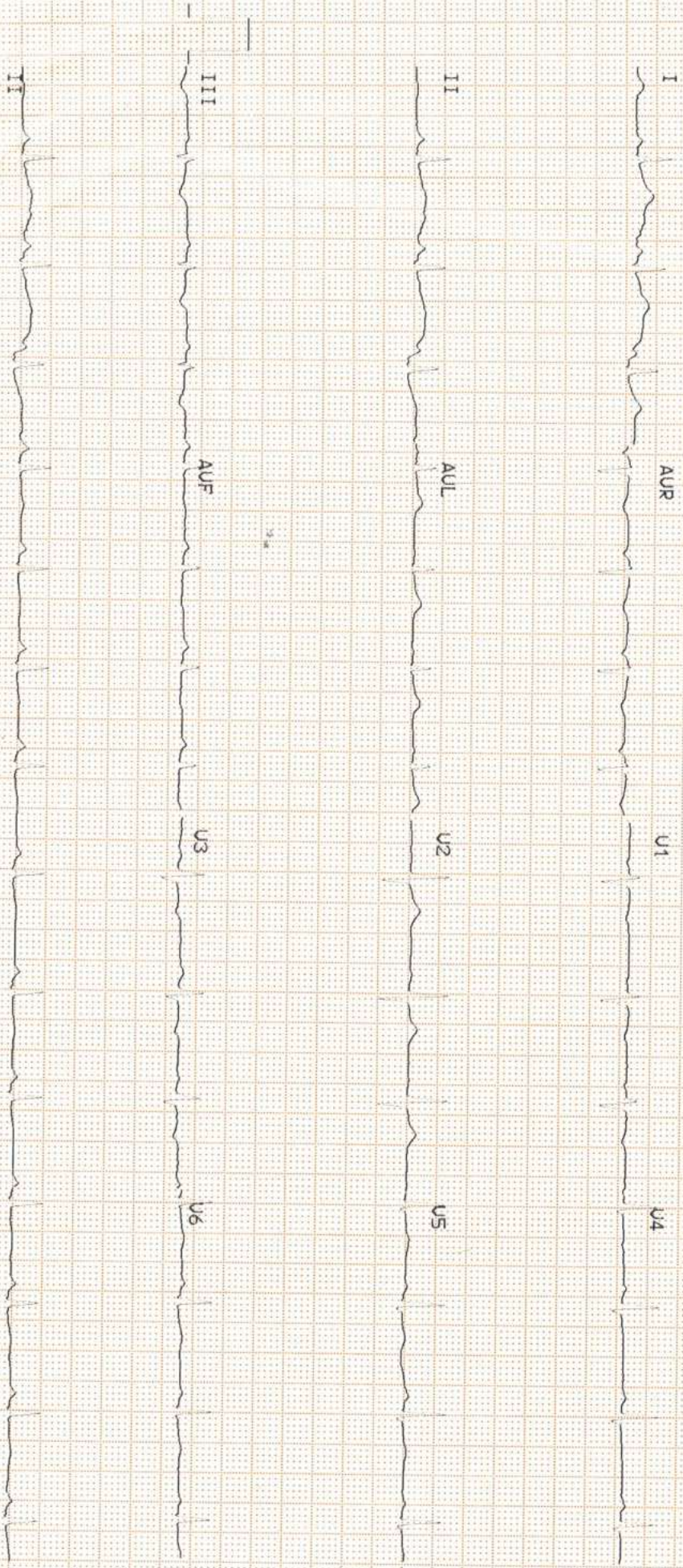


Measurement Results:  
 QRS : 94 ms  
 QT/QTcB : 370 / 443 ms  
 PR : 130 ms  
 P : 104 ms  
 RR/PP : 698 / 700 ms  
 P/QRS/T : 50 / 30 / -5 degrees  
 QTd/QTcBD : 58 / 69 ms  
 Sokolow : 1.0 mV  
 NK : 12



Interpretation:

Unconfirmed report.





Name Mrs. Usha R.J .	Date 12/08/2023 .
Age 32yrs .	UHID No. 137648
Sex: <input type="checkbox"/> Male <input checked="" type="checkbox"/> Female	

**OPHTHAL FITNESS CERTIFICATE**

	RE	LE
DV-UCVA :	6/6	6/6 .
DV-BCVA :		
NEAR VISION :	N <sub>6</sub>	N <sub>6</sub> .
ANTERIOR SEGMENT :		
IOP :		
FIELDS OF VISION :	(N)	(N)
E O M :		
COLOUR VISION :	Normal	Normal
FUNDUS :		
IMPRESSION :		
ADVICE :	fit for work / R/A - 6 months .	



**GYNAECOLOGY CONSULT**

Name: Mrs. Usha R J  
Age : 32 y.

UHID : 137648 . Date: 12.8.2023.  
Consultant Gynaecologist: Dr. Parvitha.

**DRUG ALLERGIES**

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others - Nil.

Past Medical / Surgical History : LSCS.

Family History :

**OTHER SYSTEMS:**

**GYNAEC HISTORY :**

Marital Status - S/M/Others

Children - MA x byrs

Deliveries - P4 / CS - 3 / LSCS

L.C.B. -

Abortion -

Contraception - nil - 02/08/23.

Periods -

L.M.P. -

Menopause -

Present Medication :

**GYNAEC EXAMINATION:**

P/A Soft

S/E Cervix & vagina - healthy

P/V

P/R

**GENERAL EXAMINATION :**

Height :

Weight :

BMI :

General Condition :

Blood Pressure:

Thyroid :

Others :

**PAP SMEAR :** Taken / Not Taken (Reason)

**OPINION & ADVICE :**

**BREASTS :**

**REVIEW DETAILS :** (with date)  
With Patient / With reports only

Signature with Date & Time :

P.T.O. for more space

Your Apollo order has been confirmed

CVEL. 137648

noreply@apolloclinics.info <noreply@apolloclinics.info>

Sat 7/29/2023 12:58 PM

To:ushakrishnan91@gmail.com <ushakrishnan91@gmail.com>

Cc:Velachery Apolloclinic <velachery@apolloclinic.com>;Martin Amalraj I H <martin.amalraj@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>

Dear **MS. J USHA R**,

Namaste Team,

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at **VELACHERY clinic on 2023-08-12 at 08:25-08:30**.

Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"In view of corona virus precautionary measures, you are requested to take a mandatory check for symptoms & self-declaration at centre. Please cooperate. Thank you."

**NOTE: We are not providing the breakfast in view of corona virus. And that customers on their own should carry their breakfast.**

**Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.**

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check Centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**



भारत सरकार

GOVERNMENT OF INDIA



ஆர் ஜெ உஷா  
R J Usha

பிறந்த நாள் / DOB : 30/07/1991

பெண் / FEMALE

8824 5631 0065



ஆதாரம் - சாதாரண மனிதனின் அதிகாரம்

Patient Name : Mrs. USHA R J Age : 32 Y/F  
UHID : CVEL.0000137648 OP Visit No : CVELOPV188533  
Conducted By: : Dr. SHANMUGA SUNDARAM D Conducted Date : 12-08-2023 14:31  
Referred By : SELF

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### **2D-ECHO WITH COLOUR DOPPLER**

#### Dimensions:

Ao (ed)	2.6 CM
LA (es)	3.1 CM
LVID (ed)	5.0 CM
LVID (es)	3.3 CM
IVS (Ed)	1.0 CM
LVPW (Ed)	1.0 CM
EF	62.00%
%FD	32.00%
MITRAL VALVE :	NORMAL
AML	NORMAL
PML	NORMAL
AORTIC VALVE	NORMAL
TRICUSPID VALVE	NORMAL
RIGHT VENTRICLE	NORMAL
INTER ATRIAL SEPTUM	INTACT
INTER VENTRICULAR SEPTUM	INTACT
AORTA	NORMAL
RIGHT ATRIUM	NORMAL
LEFT ATRIUM	NORMAL
Pulmonary Valve	NORMAL
PERICARDIUM	NORMAL

#### LEFT VENTRICLE:

Patient Name	: Mrs. USHA R J	Age	: 32 Y/F
UHID	: CVEL.0000137648	OP Visit No	: CVELOPV188533
Conducted By:	: Dr. SHANMUGA SUNDARAM D	Conducted Date	: 12-08-2023 14:31
Referred By	: SELF		

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## NO REGIONAL WALL MOTION ABNORMALITY

### COLOUR AND DOPPLER STUDIES

AV max 0.8 m/s ; PG 3.2 mmHg;

PV max 0.8 m/s; PG 2.9 mmHg;

MV E 0.5 m/s ; MV A 0.4 m/s;

TV E 0.3 m/s; TV A 0.2 m/s.

### IMPRESSION ;

\*NO REGIONAL WALL MOTION ABNORMALITY;

\*NORMAL LEFT VENTRICULAR IN SIZE & SYSTOLIC FUNCTION;

\*NO PERICARDIAL EFFUSION/ PULMONARY ARTERY  
HYPERTENSION.



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DR.SHANMUGA SUNDRAM

CONSULTANT CARDIOLOGIST