



Patient Ref. No. 251000000167535



CLIENT CODE : C000049066

Cert. No. MC-5333

## CLIENT'S NAME AND ADDRESS :

SRL JAIPUR WELLNESS CORPORATE WALK IN (CASH)  
AAKRITI LABS PVT LTD. A-430, AGRASEN MARG

SRL Ltd

C/o Aakriti Labs Pvt Ltd, 3, Mahatma Gandhi Marg, Gandhi Nagar Mod,  
Tonk Road  
JAIPUR, 302015  
Rajasthan, INDIAJAIPUR 302017  
RAJASTHAN INDIA  
9314660100

PATIENT NAME : RASHMI MEENA

PATIENT ID : RASHF101292251

ACCESSION NO : 0251VL000903 AGE : 30 Years SEX : Female

ABHA NO :

DRAWN : 10/12/2022 08:54:00

RECEIVED : 10/12/2022 14:44:02

REPORTED : 11/12/2022 16:38:31

REFERRING DOCTOR : SELF

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**MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE****BLOOD COUNTS, EDTA WHOLE BLOOD**

HEMOGLOBIN (HB)	<b>10.8</b>	<b>Low</b>	12.0 - 15.0	g/dL
METHOD : CYANIDE FREE DETERMINATION				
RED BLOOD CELL (RBC) COUNT	3.87		3.8 - 4.8	mil/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE				
WHITE BLOOD CELL (WBC) COUNT	<b>3.60</b>	<b>Low</b>	4.0 - 10.0	thou/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE				
PLATELET COUNT	<b>458</b>	<b>High</b>	150 - 410	thou/ $\mu$ L
METHOD : ELECTRONIC IMPEDANCE				

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV)	<b>33.7</b>	<b>Low</b>	36 - 46	%
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR VOLUME (MCV)	87.0		83 - 101	fL
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	27.8		27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	31.9		31.5 - 34.5	g/dL
METHOD : CALCULATED PARAMETER				
RED CELL DISTRIBUTION WIDTH (RDW)	<b>14.2</b>	<b>High</b>	11.6 - 14.0	%
METHOD : CALCULATED PARAMETER				
MENTZER INDEX	22.5			
MEAN PLATELET VOLUME (MPV)	6.8		6.8 - 10.9	fL
METHOD : CALCULATED PARAMETER				

**WBC DIFFERENTIAL COUNT**

NEUTROPHILS	50		40 - 80	%
METHOD : IMPEDANCE WITH HYDRO FOCUS AND MICROSCOPY				
LYMPHOCYTES	<b>41</b>	<b>High</b>	20 - 40	%
METHOD : IMPEDANCE WITH HYDRO FOCUS AND MICROSCOPY				
MONOCYTES	06		2 - 10	%
METHOD : IMPEDANCE WITH HYDRO FOCUS AND MICROSCOPY				
EOSINOPHILS	03		1 - 6	%
METHOD : IMPEDANCE WITH HYDRO FOCUS AND MICROSCOPY				
BASOPHILS	00		0 - 2	%
METHOD : IMPEDANCE WITH HYDRO FOCUS AND MICROSCOPY				



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ABSOLUTE NEUTROPHIL COUNT		<b>1.8</b>	<b>Low</b> 2.0 - 7.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE LYMPHOCYTE COUNT		1.48	1.0 - 3.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE MONOCYTE COUNT		0.22	0.2 - 1.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE EOSINOPHIL COUNT		0.11	0.02 - 0.50	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE BASOPHIL COUNT		<b>0</b>	<b>Low</b> 0.02 - 0.10	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.2		
<b>* ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD</b>				
E.S.R		<b>25</b>	<b>High</b> 0 - 20	mm at 1 hr
METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)"				
<b>GLUCOSE FASTING, FLUORIDE PLASMA</b>				
FBS (FASTING BLOOD SUGAR)		<b>102</b>	<b>High</b> 74 - 99	mg/dL
METHOD : GLUCOSE OXIDASE				
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C), EDTA WHOLE BLOOD</b>				
HBA1C		5.6	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
METHOD : HIGH PERFORMANCE LIQUID CHROMATOGRAPHY (HPLC)				
ESTIMATED AVERAGE GLUCOSE (EAG)		114.0	< 116.0	mg/dL
METHOD : CALCULATED PARAMETER				
<b>GLUCOSE, POST-PRANDIAL, PLASMA</b>				
PPBS (POST PRANDIAL BLOOD SUGAR)		87	70 - 140	mg/dL
METHOD : GLUCOSE OXIDASE				
<b>LIPID PROFILE, SERUM</b>				
CHOLESTEROL, TOTAL		123	< 200 Desirable 200 - 239 Borderline High >= 240 High	mg/dL
METHOD : CHOLESTEROL OXIDASE				



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TRIGLYCERIDES	48		< 150 Normal 150 - 199 Borderline High 200 - 499 High >=500 Very High	mg/dL
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METHOD : LIPASE/GPO-PAP NO CORRECTION

HDL CHOLESTEROL	34	Low	< 40 Low >=60 High	mg/dL
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METHOD : DIRECT CLEARANCE METHOD

CHOLESTEROL LDL	79		< 100 Optimal 100 - 129 Near optimal/ above optimal 130 - 159 Borderline High 160 - 189 High >= 190 Very High	mg/dL
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NON HDL CHOLESTEROL	89		Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
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METHOD : CALCULATED PARAMETER

CHOL/HDL RATIO	3.6		3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
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LDL/HDL RATIO	2.3		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
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VERY LOW DENSITY LIPOPROTEIN	9.6		</= 30.0	mg/dL
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## LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.39		0 - 1	mg/dL
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METHOD : DIAZO WITH SULPHANILIC ACID

BILIRUBIN, DIRECT	0.12		0.00 - 0.25	mg/dL
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METHOD : DIAZO WITH SULPHANILIC ACID

BILIRUBIN, INDIRECT	0.27		0.1 - 1.0	mg/dL
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METHOD : CALCULATED PARAMETER

TOTAL PROTEIN	8.4	High	6.4 - 8.2	g/dL
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METHOD : BIURET REACTION, END POINT



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ALBUMIN	<b>4.5</b>	<b>High</b>	3.8 - 4.4	g/dL
METHOD : BROMOCRESOL GREEN				
GLOBULIN	3.9		2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER				
ALBUMIN/GLOBULIN RATIO	1.2		1.0 - 2.1	RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	<b>38</b>	<b>High</b>	0 - 31	U/L
METHOD : TRIS BUFFER NO P5P IFCC / SFBC 37° C				
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19		0 - 31	U/L
METHOD : TRIS BUFFER NO P5P IFCC / SFBC 37° C				
ALKALINE PHOSPHATASE	61		39 - 117	U/L
METHOD : AMP OPTIMISED TO IFCC 37° C				
GAMMA GLUTAMYL TRANSFERASE (GGT)	15		7 - 32	U/L
METHOD : GAMMA GLUTAMYL-3 CARBOXY-4 NITROANILIDE (IFCC) 37° C				
LACTATE DEHYDROGENASE	442		230 - 460	U/L
METHOD : GERMAN METHODS 37° C				
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>				
BLOOD UREA NITROGEN	7		5.0 - 18.0	mg/dL
METHOD : UREASE KINETIC				
<b>CREATININE, SERUM</b>				
CREATININE	0.73		0.6 - 1.2	mg/dL
METHOD : ALKALINE PICRATE NO DEPROTEINIZATION				
<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO	9.59			
METHOD : CALCULATED PARAMETER				
<b>URIC ACID, SERUM</b>				
URIC ACID	3.5		2.4 - 5.7	mg/dL
METHOD : URICASE PEROXIDASE WITH ASCORBATE OXIDASE				
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN	<b>8.4</b>	<b>High</b>	6.4 - 8.3	g/dL
METHOD : BIURET REACTION, END POINT				
<b>ALBUMIN, SERUM</b>				
ALBUMIN	<b>4.5</b>	<b>High</b>	3.8 - 4.4	g/dL
METHOD : BROMOCRESOL GREEN				
<b>GLOBULIN</b>				



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GLOBULIN	3.9	2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER			
<b>ELECTROLYTES (NA/K/CL), SERUM</b>			
SODIUM, SERUM	144.7	137 - 145	mmol/L
METHOD : ION-SELECTIVE ELECTRODE			
POTASSIUM, SERUM	4.12	3.6 - 5.0	mmol/L
METHOD : ION-SELECTIVE ELECTRODE			
CHLORIDE, SERUM	105.8	98 - 107	mmol/L
METHOD : ION-SELECTIVE ELECTRODE			

**Interpretation(s)****PHYSICAL EXAMINATION, URINE**

COLOR PALE YELLOW

METHOD : GROSS EXAMINATION

APPEARANCE SLIGHTLY HAZY

METHOD : GROSS EXAMINATION

**CHEMICAL EXAMINATION, URINE**

PH 6.0 4.7 - 7.5

METHOD : DOUBLE INDICATOR PRINCIPLE

SPECIFIC GRAVITY 1.020 1.003 - 1.035

METHOD : IONIC CONCENTRATION METHOD

PROTEIN NOT DETECTED NOT DETECTED

METHOD : PROTEIN ERROR OF INDICATORS WITH REFLECTANCE

GLUCOSE NOT DETECTED NOT DETECTED

METHOD : GLUCOSE OXIDASE PEROXIDASE / BENEDICTS

KETONES NOT DETECTED NOT DETECTED

METHOD : SODIUM NITROPRUSSIDE REACTION

BLOOD NOT DETECTED NOT DETECTED

METHOD : PEROXIDASE ANTI PEROXIDASE

BILIRUBIN NOT DETECTED NOT DETECTED

METHOD : DIPSTICK

UROBILINOGEN NORMAL NORMAL

METHOD : EHRlich REACTION REFLECTANCE

NITRITE NOT DETECTED NOT DETECTED

METHOD : NITRATE TO NITRITE CONVERSION METHOD

LEUKOCYTE ESTERASE DETECTED NOT DETECTED



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## MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD : MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	8-10	0-5	/HPF
METHOD : DIPSTICK, MICROSCOPY			
EPITHELIAL CELLS	8-10	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
YEAST	NOT DETECTED	NOT DETECTED	

## Interpretation(s)

## THYROID PANEL, SERUM

T3	139.4	60.0 - 181.0	ng/dL
METHOD : CHEMILUMINESCENCE			
T4	10.70	4.5 - 10.9	µg/dL
METHOD : CHEMILUMINESCENCE			
TSH (ULTRASENSITIVE)	3.237	0,550 - 4,780	µIU/mL
METHOD : CHEMILUMINESCENCE			

## Interpretation(s)

## PAPANICOLAOU SMEAR

TEST METHOD	CONVENTIONAL GYNEC CYTOLOGY
SPECIMEN TYPE	TWO UNSTAINED CERVICAL SMEARS RECEIVED
REPORTING SYSTEM	2014 BETHESDA SYSTEM FOR REPORTING CERVICAL CYTOLOGY
SPECIMEN ADEQUACY	SMEARS ARE SATISFACTORY FOR EVALUATION.
MICROSCOPY	SMEARS ARE SATISFACTORY FOR EVALUATION AND COMPRISING OF SUPERFICIAL AND INTERMEDIATE SQUAMOUS EPITHELIAL CELLS AGAINST MODERATE ACUTE INFLAMMATION. ENDOCERVICAL CELLS NOT SEEN . NO FUNGUS OR PARASITE SEEN

METHOD : MICROSCOPY



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INTERPRETATION / RESULT NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

## PHYSICAL EXAMINATION, STOOL

COLOUR SAMPLE NOT RECEIVED

METHOD : GROSS EXAMINATION

## \* ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE A

METHOD : TUBE AGGLUTINATION

RH TYPE NEGATIVE

METHOD : TUBE AGGLUTINATION

## Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.  
RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia (>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504  
This ratio element is a calculated parameter and out of NABL scope.

## ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR (>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr (62 if anemic) and in second trimester (0-70 mm /hr (95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

## LIMITATIONS

**False elevated** ESR : Increased fibrinogen, Drugs (Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis, (Sickle Cells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

## REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.

## GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

**Increased in**

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

**Decreased in**

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g., galactosemia), Drugs- insulin,



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ethanol, propranolol; sulfonyleureas, tolbutamide, and other oral hypoglycemic agents.

**NOTE:**

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycaemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN (HbA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.
  - Diagnosing diabetes.
  - Identifying patients at increased risk for diabetes (prediabetes).
- The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.
- eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
  - eAG gives an evaluation of blood glucose levels for the last couple of months.
  - eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

I. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin).

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.

IV. Interference of hemoglobinopathies in HbA1c estimation is seen in  
a. Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b. Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c. HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c

**LIVER FUNCTION PROFILE, SERUM-**

**LIVER FUNCTION PROFILE**

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels result from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**BLOOD UREA NITROGEN (BUN), SERUM-** Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

**CREATININE, SERUM-** Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)



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Scan to View Report





CLIENT CODE : C000049066

Cert. No. MC-5333

## CLIENT'S NAME AND ADDRESS :

SRL JAIPUR WELLNESS CORPORATE WALK IN (CASH)  
AAKRITI LABS PVT LTD. A-430, AGRASEN MARG

SRL Ltd  
C/o Aakriti Labs Pvt Ltd, 3, Mahatma Gandhi Marg, Gandhi Nagar Mod,  
Tonk Road  
JAIPUR, 302015  
Rajasthan, INDIA

JAIPUR 302017  
RAJASTHAN INDIA  
9314660100

PATIENT NAME : RASHMI MEENA

PATIENT ID : RASHF101292251

ACCESSION NO : 0251VL000903 AGE : 30 Years SEX : Female ABHA NO :

DRAWN : 10/12/2022 08:54:00 RECEIVED : 10/12/2022 14:44:02 REPORTED : 11/12/2022 16:38:31

REFERRING DOCTOR : SELF

CLIENT PATIENT ID : 012212100010

Test Report Status	Final	Results	Biological Reference Interval	Units
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- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

URIC ACID, SERUM-  
**Causes of Increased levels:-**Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome**Causes of decreased levels-**Low Zinc intake,OCP,Multiple Sclerosis

TOTAL PROTEIN, SERUM-Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease  
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**\*\*End Of Report\*\***

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession  
TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

Dr. Abhishek Sharma  
Consultant Microbiologist

Dr. Akansha Jain  
Consultant Pathologist



Scan to View Details



Scan to View Report



# Aakriti Labs

3 Mahatma Gandhi Marg, Gandhi Nagar Mod  
Tonk Road, Jaipur (Raj.) Ph.: 0141-2710661  
www.aakritilabs.com  
CIN NO.: U85195RJ2004PTC019563



Name : Mrs. RASHMI MEENA

Age/Gender: 30 Y/Female

Patient ID : 012212100010

BarcodeNo : 10070077

Referred By : Self

Registration No: 48011

Registered : 10/Dec/2022 08:54AM

Analysed : 10/Dec/2022 12:07PM

Reported : 10/Dec/2022 12:07PM

Panel : Medi Wheel(ArcoFemi  
Healthcare Ltd)


## USG: WHOLE ABDOMEN (Female)

- LIVER** : Is normal in size, shape and echogenicity.  
The IHBR and hepatic radicals are not dilated.  
No evidence of focal echopoor/echorich lesion seen.  
Portal vein diameter and Common bile duct normal in size
- GALL** : Is normal in size, shape and echotexture. Walls are smooth and  
**BLADDER** regular with normal thickness. There is no evidence of cholelithiasis.
- PANCREAS**: Is normal in size, shape and echotexture. Pancreatic duct is not dilated.
- SPLEEN** : Is normal in size, shape and echogenicity. Splenic hilum is not dilated.
- KIDNEYS** : Right Kidney:-Size: 96 x 36 mm, Left Kidney:-Size: 96 x 45 mm.  
Bilateral Kidneys are normal in size, shape and echotexture,  
corticomedullary differentiation is fair and ratio appears normal.  
Pelvi calyceal system is normal. No evidence of hydronephrosis/ nephrolithiasis.
- URINARY** : Bladder walls are smooth, regular and normal thickness.  
**BLADDER** : No evidence of mass or stone in bladder lumen.
- UTERUS** : Uterus is anteverted with normal in size shape & echotexture.  
Uterine muscular shadows normal echopattern.  
Endometrium is normal and centrally placed with size: 3 mm.  
No evidence of mass lesion is seen. Size of uterus: 76 x 48 x 30 mm.  
IUCD seen in situ.
- ADNEXA** : Right ovary is normal in size shape and echotexture.  
**53 x 37 mm size cystic lesion seen in left ovary.**
- SPECIFIC** : No evidence of retroperitoneal mass or free fluid seen in peritoneal cavity.  
NO evidence of lymphadenopathy or mass lesion in retroperitoneum.  
Visualized bowel loop appear normal. Great vessels appear normal.

**IMPRESSION: Left ovarian cyst**

Page 2 of 3



  
Dr. Neera Mehta  
M.B.B.S., D.M.R.D.  
RMCNO.005807/14853



# Aakriti Labs

3 Mahatma Gandhi Marg, Gandhi Nagar Mod  
Tonk Road, Jaipur (Raj.) Ph.: 0141-2710661  
www.aakritilabs.com  
CIN NO.: U85195RJ2004PTC019563



Name : Mrs. RASHMI MEENA  
Age/Gender: 30 Y/Female  
Patient ID : 012212100010  
BarcodeNo : 10070077  
Referred By : Self

Registration No: 48011  
Registered : 10/Dec/2022 08:54AM  
Analysed : 10/Dec/2022 03:12PM  
Reported : 10/Dec/2022 03:12PM  
Panel : Medi Wheel (ArcoFemi  
Healthcare-Ltd)


## DIGITAL X-RAY CHEST PA VIEW

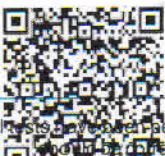
Soft tissue shadow and bony cages are normal.  
Trachea is central.  
Bilateral lung field and both CP angle are clear.  
Domes of diaphragm are normally placed.  
Transverse diameter of heart appears with normal limits.

**IMPRESSION:- NO OBVIOUS ABNORMALITY DETECTED.**

\*\*\* End Of Report \*\*\*

Page 1 of

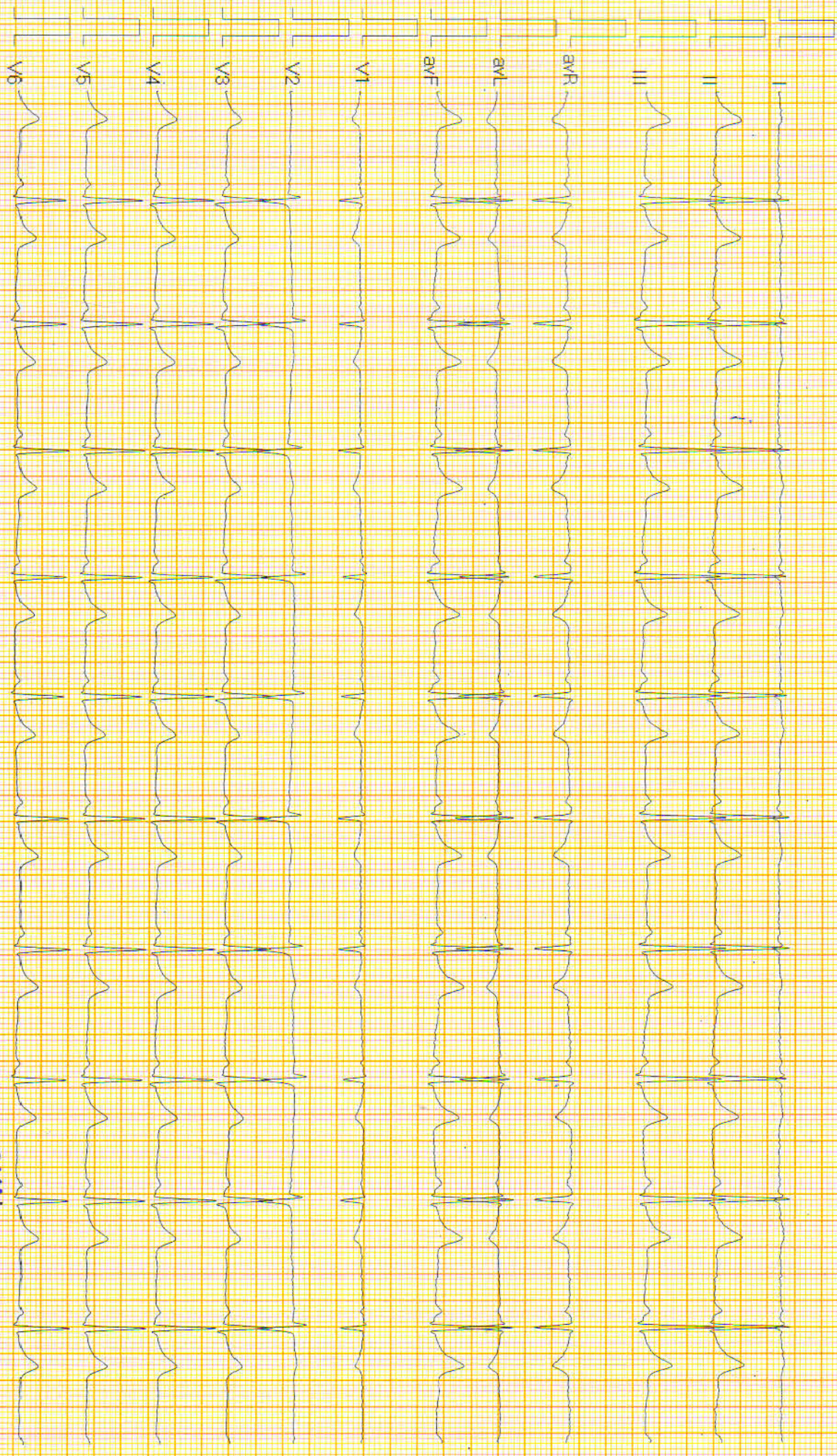
  
Dr. Neera Mehta  
M.B.B.S.,D.M.R.D.  
RMCNO.005807/14853





MRS RASHMI MEENA / 30 Yrs / F / 10 Cms / 10 Kg / HR 66

Date: 10/12/2022 BP: 113/77 mmHg BLC: On Notch On HF: 0.05-Hz LF: 35-Hz



*Normal*

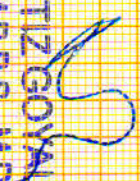
**DR. NITZ GOVAL**  
MBBS, M.D.  
RMC - 023319

RASHMI MEENA / 30 Yrs / F / 0 Cms / 0 Kg  
Date: 10 / 12 / 2022

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	01.1	00.0	01.0	066	35%	113/71	074	00	
Standing	00:09	0:04	01.1	00.0	01.0	066	35%	113/71	074	00	
HV	00:31	0:22	00.0	00.0	01.0	071	37%	113/71	080	00	
Warm Up	00:39	0:08	00.0	00.0	01.0	081	43%	113/71	091	00	
ExStart	00:50	0:11	01.0	00.0	01.0	075	39%	113/71	084	00	
BRUCE Stage 1	03:50	3:00	01.7	10.0	04.7	145	76%	113/71	163	00	
BRUCE Stage 2	06:50	3:00	02.5	12.0	07.1	156	82%	113/71	176	00	
PeakEX	07:49	0:59	03.4	14.0	08.1	163	86%	113/71	184	00	
Recovery	08:49	1:00	00.0	00.0	01.2	123	65%	135/85	166	00	
Recovery	09:49	2:00	00.0	00.0	01.0	108	57%	122/68	131	00	
Recovery	09:55	2:06	00.0	00.0	01.0	108	57%	122/68	131	00	

REPORT :

FINAL REPORT- TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA

  
**DR. NITIZ GOYAL**  
 M.B.B.S., M.D.  
 RMC - 0233319  
 Doctor : DR. NITIZ GOYAL