

CLIENT CODE : C000138356
CLIENT'S NAME AND ADDRESS :
 ADITI BAJPAI
 Plot/Flat 170/303 Sai Darshan CHSL Road Number 02 Goregaon Mahila
 Samaj Marg
 400104

SRL Ltd
 PRIME SQUARE BUILDING,PLOT NO 1,GAIWADI INDUSTRIAL
 ESTATE,S.V. ROAD,GOREGAON (W)
 MUMBAI, 400062
 MAHARASHTRA, INDIA
 Tel : 9111591115, Fax :
 CIN - U74899PB1995PLC045956

PATIENT NAME : ADITI BAJPAI PATIENT ID : **ADITF15058927A**

ACCESSION NO : **0002WC046304** AGE : 33 Years SEX : Female

DRAWN : 23/03/2023 09:15 RECEIVED : 23/03/2023 09:16 REPORTED : 25/03/2023 13:37

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MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

BLOOD COUNTS,EDTA WHOLE BLOOD

| | | | |
|--|------|-------------|---------------|
| HEMOGLOBIN (HB) | 12.4 | 12.0 - 15.0 | g/dL |
| METHOD : PHOTOMETRIC MEASUREMENT | | | |
| RED BLOOD CELL (RBC) COUNT | 4.52 | 3.8 - 4.8 | mil/ μ L |
| METHOD : COULTER PRINCIPLE | | | |
| WHITE BLOOD CELL (WBC) COUNT | 6.30 | 4.0 - 10.0 | thou/ μ L |
| METHOD : COULTER PRINCIPLE | | | |
| PLATELET COUNT | 340 | 150 - 410 | thou/ μ L |
| METHOD : ELECTRONIC IMPEDENCE & MICROSCOPY | | | |

RBC AND PLATELET INDICES

| | | | |
|--|-------------|-------------------------|------|
| HEMATOCRIT (PCV) | 37.1 | 36.0 - 46.0 | % |
| METHOD : CALCULATED PARAMETER | | | |
| MEAN CORPUSCULAR VOLUME (MCV) | 82.1 | Low 83.0 - 101.0 | fL |
| METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM | | | |
| MEAN CORPUSCULAR HEMOGLOBIN (MCH) | 27.4 | 27.0 - 32.0 | pg |
| METHOD : CALCULATED PARAMETER | | | |
| MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) | 33.4 | 31.5 - 34.5 | g/dL |
| METHOD : CALCULATED PARAMETER | | | |
| RED CELL DISTRIBUTION WIDTH (RDW) | 13.5 | 11.6 - 14.0 | % |
| METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM | | | |
| MENTZER INDEX | 18.2 | | |
| MEAN PLATELET VOLUME (MPV) | 8.4 | 6.8 - 10.9 | fL |
| METHOD : DERIVED PARAMETER FROM PLATELET HISTOGRAM | | | |

WBC DIFFERENTIAL COUNT

| | | | |
|--------------------------------------|----------|-----------------------|---|
| NEUTROPHILS | 53 | 40 - 80 | % |
| METHOD : VCSN TECHNOLOGY/ MICROSCOPY | | | |
| LYMPHOCYTES | 32 | 20 - 40 | % |
| METHOD : VCSN TECHNOLOGY/ MICROSCOPY | | | |
| MONOCYTES | 6 | 2.0 - 10.0 | % |
| METHOD : VCSN TECHNOLOGY/ MICROSCOPY | | | |
| EOSINOPHILS | 9 | High 1.0 - 6.0 | % |
| METHOD : VCSN TECHNOLOGY/ MICROSCOPY | | | |
| BASOPHILS | 0 | 0 - 1 | % |
| METHOD : VCSN TECHNOLOGY/ MICROSCOPY | | | |



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| ABSOLUTE NEUTROPHIL COUNT | | 3.40 | 2.0 - 7.0 | thou/ μ L |
| METHOD : CALCULATED PARAMETER | | | | |
| ABSOLUTE LYMPHOCYTE COUNT | | 2.02 | 1.0 - 3.0 | thou/ μ L |
| METHOD : CALCULATED PARAMETER | | | | |
| ABSOLUTE MONOCYTE COUNT | | 0.38 | 0.2 - 1.0 | thou/ μ L |
| METHOD : CALCULATED PARAMETER | | | | |
| ABSOLUTE EOSINOPHIL COUNT | | 0.57 | High 0.02 - 0.50 | thou/ μ L |
| METHOD : CALCULATED PARAMETER | | | | |
| ABSOLUTE BASOPHIL COUNT | | 0.00 | Low 0.02 - 0.10 | thou/ μ L |
| METHOD : CALCULATED PARAMETER | | | | |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) | | 1.7 | | |
| METHOD : CALCULATED | | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD | | | | |
| E.S.R | | 11 | 0 - 20 | mm at 1 hr |
| METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS) | | | | |
| GLUCOSE FASTING,FLUORIDE PLASMA | | | | |
| FBS (FASTING BLOOD SUGAR) | | 87 | Normal <100 Impaired fasting glucose:100 to 125 Diabetes mellitus: > = 126 (on more than 1 occassion) (ADA guidelines 2021) | mg/dL |
| METHOD : SPECTROPHOTOMETRY HEXOKINASE | | | | |



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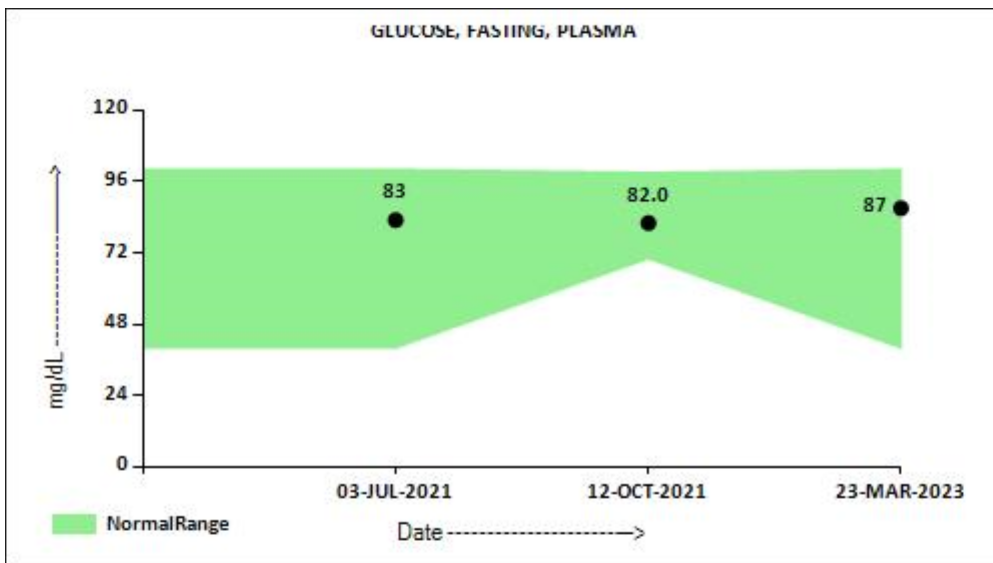
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GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

| | | | |
|-------|-----|--|---|
| HBA1C | 5.6 | Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021) | % |
|-------|-----|--|---|

METHOD : ION- EXCHANGE HPLC

| | | | |
|--------------------------------|-------|-------|-------|
| ESTIMATED AVERAGE GLUCOSE(EAG) | 114.0 | < 116 | mg/dL |
|--------------------------------|-------|-------|-------|

GLUCOSE, POST-PRANDIAL, PLASMA

| | | | |
|---------------------------------|----|---|-------|
| PPBS(POST PRANDIAL BLOOD SUGAR) | 89 | Normal <140 Impaired glucose tolerance:140 to 199 Diabetes mellitus : > = 200 (on more than 1 occassion) ADA guideline 2021 | mg/dL |
|---------------------------------|----|---|-------|

METHOD : SPECTROPHOTOMETRY HEXOKINASE

Comments

NOTE : PLEASE CORRELATE GLUCOSE RESULTS WITH CLINICAL & THERAPEUTIC HISTORY.

LIPID PROFILE, SERUM



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CHOLESTEROL, TOTAL 182 Desirable : < 200 mg/dL
 Borderline : 200 - 239
 High : > / = 240

METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE

TRIGLYCERIDES 38 Normal: < 150 mg/dL
 Borderline high: 150 - 199
 High: 200 - 499
 Very High: > / = 500

METHOD : SPECTROPHOTOMETRY, ENZYMATIC ENDPOINT WITH GLYCEROL BLANK

HDL CHOLESTEROL 43 At Risk: < 40 mg/dL
 Desirable: > or = 60

METHOD : SPECTROPHOTOMETRY, HOMOGENEOUS DIRECT ENZYMATIC COLORIMETRIC

CHOLESTEROL LDL **131** **High** Optimal : < 100 mg/dL
 Near optimal/above optimal : 100-129
 Borderline high : 130-159
 High : 160-189
 Very high : = 190

METHOD : CALCULATED PARAMETER

NON HDL CHOLESTEROL **139** **High** Desirable : < 130 mg/dL
 Above Desirable : 130 -159
 Borderline High : 160 - 189
 High : 190 - 219
 Very high : > / = 220

METHOD : CALCULATED PARAMETER

VERY LOW DENSITY LIPOPROTEIN 8.0 < or = 30.0 mg/dL

METHOD : CALCULATED PARAMETER

CHOL/HDL RATIO 4.2 Low Risk : 3.3 - 4.4
 Average Risk : 4.5 - 7.0
 Moderate Risk : 7.1 - 11.0
 High Risk : > 11.0

METHOD : CALCULATED PARAMETER

LDL/HDL RATIO 2.9 Desirable/Low Risk : 0.5 - 3.0
 Borderline/Moderate Risk : 3.1 - 6.0
 High Risk : > 6.0

METHOD : CALCULATED PARAMETER

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL 0.68 Upto 1.2 mg/dL

METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -DIAZO METHOD

BILIRUBIN, DIRECT **0.32** **High** < or = 0.3 mg/dL

METHOD : SPECTROPHOTOMETRY, JENDRASSIK & GROFF - DIAZOTIZATION

BILIRUBIN, INDIRECT 0.36 0.0 - 0.9 mg/dL



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| | | | | |
|--|--|-------------|------------------------|-------|
| METHOD : CALCULATED PARAMETER | | | | |
| TOTAL PROTEIN | | 6.9 | 6.0 - 8.0 | g/dL |
| METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -BIURET, REAGENT BLANK, SERUM BLANK | | | | |
| ALBUMIN | | 4.4 | 3.97 - 4.94 | g/dL |
| METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GREEN(BCG) - DYE BINDING | | | | |
| GLOBULIN | | 2.5 | 2.0 - 3.5 | g/dL |
| METHOD : CALCULATED PARAMETER | | | | |
| ALBUMIN/GLOBULIN RATIO | | 1.8 | 1.0 - 2.1 | RATIO |
| METHOD : CALCULATED PARAMETER | | | | |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | | 16 | Upto 32 | U/L |
| METHOD : SPECTROPHOTOMETRY, WITHOUT PYRIDOXAL PHOSPHATE ACTIVATION(P5P) - IFCC | | | | |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) | | 13 | Upto 33 | U/L |
| METHOD : SPECTROPHOTOMETRY, WITHOUT PYRIDOXAL PHOSPHATE ACTIVATION(P5P) - IFCC | | | | |
| ALKALINE PHOSPHATASE | | 76 | 35 - 104 | U/L |
| METHOD : SPECTROPHOTOMETRY, PNPP, AMP BUFFER - IFCC | | | | |
| GAMMA GLUTAMYL TRANSFERASE (GGT) | | 15 | < 40 | U/L |
| METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - G-GLUTAMYL-CARBOXY-NITROANILIDE - IFCC | | | | |
| LACTATE DEHYDROGENASE | | 165 | < 223 | U/L |
| METHOD : SPECTROPHOTOMETRY, LACTATE TO PYRUVATE - UV-IFCC | | | | |
| BLOOD UREA NITROGEN (BUN), SERUM | | | | |
| BLOOD UREA NITROGEN | | 7 | 6 - 20 | mg/dL |
| METHOD : SPECTROPHOTOMETRY, UREASE -COLORIMETRIC | | | | |
| CREATININE, SERUM | | | | |
| CREATININE | | 0.50 | Low 0.60 - 1.10 | mg/dL |
| METHOD : SPECTROPHOTOMETRY, JAFFE'S ALKALINE PICRATE KINETIC - RATE BLANKED - IFCC-IDMS STANDARDIZED | | | | |
| BUN/CREAT RATIO | | | | |
| BUN/CREAT RATIO | | 14 | 8 - 15 | |
| METHOD : CALCULATED PARAMETER | | | | |
| URIC ACID, SERUM | | | | |
| URIC ACID | | 3.5 | 2.4 - 5.7 | mg/dL |
| METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC- URICASE | | | | |
| TOTAL PROTEIN, SERUM | | | | |
| TOTAL PROTEIN | | 6.9 | 6.0 - 8.0 | g/dL |
| METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -BIURET, REAGENT BLANK, SERUM BLANK | | | | |
| ALBUMIN, SERUM | | | | |
| ALBUMIN | | 4.4 | 3.97 - 4.94 | g/dL |



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METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GREEN(BCG) - DYE BINDING

GLOBULIN

GLOBULIN 2.5 2.0 - 3.5 g/dL

METHOD : CALCULATED PARAMETER

ELECTROLYTES (NA/K/CL), SERUM

SODIUM, SERUM 138 136 - 145 mmol/L

METHOD : ISE INDIRECT

POTASSIUM, SERUM 5.00 3.5 - 5.1 mmol/L

METHOD : ISE INDIRECT

CHLORIDE, SERUM 102 98 - 106 mmol/L

METHOD : ISE INDIRECT

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW

APPEARANCE SLIGHTLY HAZY

CHEMICAL EXAMINATION, URINE

PH 7.0 5.00 - 7.50

SPECIFIC GRAVITY 1.010 1.010 - 1.030

PROTEIN NOT DETECTED NOT DETECTED

GLUCOSE NOT DETECTED NOT DETECTED

KETONES NOT DETECTED NOT DETECTED

BLOOD NOT DETECTED NOT DETECTED

BILIRUBIN NOT DETECTED NOT DETECTED

UROBILINOGEN NOT DETECTED

NITRITE NOT DETECTED NOT DETECTED

LEUKOCYTE ESTERASE NOT DETECTED NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF

PUS CELL (WBC'S) 0-1 0-5 /HPF

EPITHELIAL CELLS **10-15** 0-5 /HPF

CASTS NOT DETECTED

CRYSTALS NOT DETECTED

BACTERIA NOT DETECTED NOT DETECTED

YEAST NOT DETECTED NOT DETECTED

METHOD : URINE ROUTINE & MICROSCOPY EXAMINATION BY INTEGRATED AUTOMATED SYSTEM



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THYROID PANEL, SERUM

| | | | |
|----|-------|---|-------|
| T3 | 150.0 | Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0 | ng/dL |
|----|-------|---|-------|

METHOD : COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY

| | | | |
|----|------|---|-------|
| T4 | 8.64 | Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70 | µg/dL |
|----|------|---|-------|

METHOD : COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY

| | | | |
|----------------------|-------|---|--------|
| TSH (ULTRASENSITIVE) | 1.680 | Non Pregnant Women 0.27 - 4.20 Pregnant Women 1st Trimester: 0.33 - 4.59 2nd Trimester: 0.35 - 4.10 3rd Trimester: 0.21 - 3.15 | µIU/mL |
|----------------------|-------|---|--------|

METHOD : SANDWICH ELECTROCHEMILUMINESCENCE IMMUNOASSAY

PAPANICOLAOU SMEAR

| | |
|-------------------------|---|
| TEST METHOD | CONVENTIONAL GYNEC CYTOLOGY |
| SPECIMEN TYPE | TWO UNSTAINED CERVICAL SMEARS RECEIVED. (2CW-7776) |
| REPORTING SYSTEM | 2014 BETHESDA SYSTEM FOR REPORTING CERVICAL CYTOLOGY |
| SPECIMEN ADEQUACY | SMEARS ARE SATISFACTORY FOR EVALUATION. |
| MICROSCOPY | THE SMEARS SHOW MAINLY SUPERFICIAL SQUAMOUS CELLS, FEW INTERMEDIATE SQUAMOUS CELLS, OCCASIONAL SQUAMOUS METAPLASTIC CELLS AND OCCASIONAL CLUSTERS OF ENDOCERVICAL CELLS IN THE MODERATE BACKGROUND OF POLYMORPHS. |
| INTERPRETATION / RESULT | NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY |
| - | REACTIVE CELLULAR CHANGES ASSOCIATED WITH INFLAMMATION (INCLUDES TYPICAL REPAIR - MODERATE INFLAMMATION) |



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Comments

Suggestions / Guidelines: (REF: THE BETHESDA SYSTEM FOR REPORTING CERVICAL CYTOLOGY,2014, 3rd Edition)
 ADVISED REPEAT SMEAR, AFTER TREATMENT OF INFLAMMATION.

- 1) Please note papanicolaou smear study is a screening procedure for cervical cancer with inherent false negative results, hence should be interpreted with caution.
- 2) No cytologic evidence of hpv infection in the smears studied.
- 3) Primary screening of papanicolaou smears is carried out by cytotechnologist with 100% rescreening and reporting by surgical pathologist.

MICROSCOPIC EXAMINATION,STOOL

| | | | |
|--|--|--|-----|
| REMARK | TEST CANCELLED AS SPECIMEN NOT RECEIVED | | |
| * ABO GROUP & RH TYPE, EDTA WHOLE BLOOD | | | |
| ABO GROUP | B | | |
| METHOD : HAEMAGGLUTINATION (AUTOMATED) | | | |
| RH TYPE | POSITIVE | | |
| METHOD : HAEMAGGLUTINATION (AUTOMATED) | | | |
| * XRAY-CHEST | | | |
| IMPRESSION | NO ABNORMALITY DETECTED | | |
| * TMT OR ECHO | | | |
| TMT OR ECHO | NORMAL | | |
| * ECG | | | |
| ECG | WITHIN NORMAL LIMITS | | |
| * MEDICAL HISTORY | | | |
| RELEVANT PRESENT HISTORY | FULLY VACCINATED FOR COVID 19 HEEL PAIN BILATERAL SINCE 15 DAYS | | |
| RELEVANT PAST HISTORY | COVID 19 IN 2022 | | |
| RELEVANT PERSONAL HISTORY | NOT SIGNIFICANT | | |
| LMP (FOR FEMALES) | 20/3/23 | | |
| RELEVANT FAMILY HISTORY | HYPERTENSION | | |
| HISTORY OF MEDICATIONS | NOT SIGNIFICANT | | |
| * ANTHROPOMETRIC DATA & BMI | | | |
| HEIGHT IN METERS | 1.50 | | mts |
| WEIGHT IN KGS. | 66.2 | | Kgs |
| BMI | 29 | BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese | |



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*** GENERAL EXAMINATION**

| | | |
|---|---|--|
| MENTAL / EMOTIONAL STATE | NORMAL | |
| PHYSICAL ATTITUDE | NORMAL | |
| GENERAL APPEARANCE / NUTRITIONAL STATUS | HEALTHY | |
| BUILT / SKELETAL FRAMEWORK | AVERAGE | |
| FACIAL APPEARANCE | NORMAL | |
| SKIN | NORMAL | |
| UPPER LIMB | NORMAL | |
| LOWER LIMB | NORMAL | |
| NECK | NORMAL | |
| NECK LYMPHATICS / SALIVARY GLANDS | NOT ENLARGED OR TENDER | |
| THYROID GLAND | NOT ENLARGED | |
| CAROTID PULSATION | NORMAL | |
| TEMPERATURE | NORMAL | |
| PULSE | 80/MIN.REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT | |
| RESPIRATORY RATE | NORMAL | |

*** CARDIOVASCULAR SYSTEM**

| | | |
|--------------|----------------------|-------|
| BP | 96/70 MM HG (SUPINE) | mm/Hg |
| PERICARDIUM | NORMAL | |
| APEX BEAT | NORMAL | |
| HEART SOUNDS | NORMAL | |
| MURMURS | ABSENT | |

*** RESPIRATORY SYSTEM**

| | | |
|-------------------------|--------------------|--|
| SIZE AND SHAPE OF CHEST | NORMAL | |
| MOVEMENTS OF CHEST | SYMMETRICAL | |
| BREATH SOUNDS INTENSITY | NORMAL | |
| BREATH SOUNDS QUALITY | VESICULAR (NORMAL) | |
| ADDED SOUNDS | ABSENT | |

*** PER ABDOMEN**

| | | |
|-------------------|--------------|--|
| APPEARANCE | NORMAL | |
| VENOUS PROMINENCE | ABSENT | |
| LIVER | NOT PALPABLE | |
| SPLEEN | NOT PALPABLE | |



CLIENT CODE : C000138356
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 Samaj Marg
 400104

SRL Ltd
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 MUMBAI, 400062
 MAHARASHTRA, INDIA
 Tel : 9111591115, Fax :
 CIN - U74899PB1995PLC045956

PATIENT ID : **ADITF15058927A**

ACCESSION NO : **0002WC046304** AGE : 33 Years SEX : Female

DRAWN : 23/03/2023 09:15 RECEIVED : 23/03/2023 09:16 REPORTED : 25/03/2023 13:37

REFERRING DOCTOR : SELF

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| HERNIA | | ABSENT | | |
| * CENTRAL NERVOUS SYSTEM | | | | |
| HIGHER FUNCTIONS | | NORMAL | | |
| CRANIAL NERVES | | NORMAL | | |
| CEREBELLAR FUNCTIONS | | NORMAL | | |
| SENSORY SYSTEM | | NORMAL | | |
| MOTOR SYSTEM | | NORMAL | | |
| REFLEXES | | NORMAL | | |
| * MUSCULOSKELETAL SYSTEM | | | | |
| SPINE | | NORMAL | | |
| JOINTS | | NORMAL | | |
| * BASIC EYE EXAMINATION | | | | |
| CONJUNCTIVA | | NORMAL | | |
| EYELIDS | | NORMAL | | |
| EYE MOVEMENTS | | NORMAL | | |
| CORNEA | | NORMAL | | |
| DISTANT VISION RIGHT EYE WITHOUT GLASSES | | REDUCE VISUAL ACUITY (6/9) | | |
| DISTANT VISION LEFT EYE WITHOUT GLASSES | | REDUCE VISUAL ACUITY (6/9) | | |
| NEAR VISION RIGHT EYE WITHOUT GLASSES | | WITHIN NORMAL LIMIT (N6) | | |
| NEAR VISION LEFT EYE WITHOUT GLASSES | | WITHIN NORMAL LIMIT (N6) | | |
| COLOUR VISION | | NORMAL (17/17) | | |
| * BASIC ENT EXAMINATION | | | | |
| EXTERNAL EAR CANAL | | NORMAL | | |
| TYMPANIC MEMBRANE | | NORMAL | | |
| NOSE | | NO ABNORMALITY DETECTED | | |
| SINUSES | | CLEAR | | |
| THROAT | | NO ABNORMALITY DETECTED | | |
| TONSILS | | NOT ENLARGED | | |
| * BASIC DENTAL EXAMINATION | | | | |
| TEETH | | NORMAL | | |
| GUMS | | HEALTHY | | |
| * SUMMARY | | | | |
| RELEVANT HISTORY | | NOT SIGNIFICANT | | |



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| RELEVANT GP EXAMINATION FINDINGS | | REDUCE VISUAL ACUITY DISTANT VISION BOTH EYES | | |
| RELEVANT LAB INVESTIGATIONS | | RAISED EOSINOPHILS (9) RAISED LDL (131) RAISED NON HDL (139) | | |
| RELEVANT NON PATHOLOGY DIAGNOSTICS | | USG-HEMANGIOMA IN THE LEFT LOBE OF LIVER. | | |
| REMARKS / RECOMMENDATIONS | | LOW VITAMIN D,RAISED EOSINOPHILS,RAISED LDL VITAMIN D SUPPLEMENTS FOLLOW UP WITH PHYSICIAN | | |

Interpretation(s)

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.
 RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.
 WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.
 (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.
 ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-**TEST DESCRIPTION** :-
 Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythemia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACCC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in :Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease, malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonyleureas,tolbutamide,and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values),there is wide fluctuation within individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.



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High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.
 GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- Diagnosing diabetes.
- Identifying patients at increased risk for diabetes (prediabetes).
 The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.
 - eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
 - eAG gives an evaluation of blood glucose levels for the last couple of months.
 - eAG is calculated as $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

HbA1c Estimation can get affected due to :

- Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin).
- Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.
- Interference of hemoglobinopathies in HbA1c estimation is seen in

- Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-
Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to: Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels: Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome **Causes of decreased levels:** Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.



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Cert. No. MC-2010

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Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma,Waldenstroms disease.
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ALBUMIN, SERUM-
 Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. **Low blood albumin levels (hypoalbuminemia) can be caused by:** Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

MEDICAL HISTORY-*****
 THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLEABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.



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MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

*** ULTRASOUND ABDOMEN**

ULTRASOUND ABDOMEN

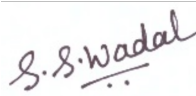
- HEMANGIOMA IN THE LEFT LOBE OF LIVER (8 x 8 MM).
- PROMINENT ENDOMETRIUM (12 MM).

****End Of Report****

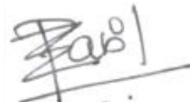
Please visit www.srlworld.com for related Test Information for this accession
 TEST MARKED WITH '*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.



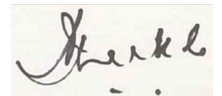
Dr. Swati Karmarkar,
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 (Reg.no.MMC2012/06/1868
 Junior Biochemist



Dr. Ekta Patil,MD
 Microbiologist



Dr. J N Shukla ,MBBS, AFIH
 Consultant Physician

CONDITIONS OF LABORATORY TESTING & REPORTING

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form. 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services. 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event. 4. A requested test might not be performed if: <ol style="list-style-type: none"> i. Specimen received is insufficient or inappropriate ii. Specimen quality is unsatisfactory iii. Incorrect specimen type iv. Discrepancy between identification on specimen container label and test requisition form | <ol style="list-style-type: none"> 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity. 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis. 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification. 8. Test results cannot be used for Medico legal purposes. 9. In case of queries please call customer care (91115 91115) within 48 hours of the report. |
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