

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Omkar Ravindra Joshi	Test Code	: AHC-19
Emp Code	:	Test Date	: 19-02-2022
Age	: 39 Years	Sex	: Male
Contact No	: 8108541010	Dep. Name	: -
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: -

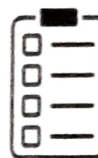
PHYSIOLOGICAL DATA

Height	: 164 Cms	Weight	: 80.5Kgs	Expected Weight	: 60 Kgs
B.P	: 130/90 mmHg	PULSE	: 76 /min	Body Mass Index	: 29.93



MEDICAL HISTORY

<input checked="" type="checkbox"/> Frequent Cold	<input checked="" type="checkbox"/> Frequent Sneezing	<input checked="" type="checkbox"/> Joint Pain
<input checked="" type="checkbox"/> Shortness of breath	<input checked="" type="checkbox"/> Frequent Headache	<input checked="" type="checkbox"/> Chronic Cough
<input checked="" type="checkbox"/> Backache	<input checked="" type="checkbox"/> Intestinal trouble	<input checked="" type="checkbox"/> Ear Discharge
<input checked="" type="checkbox"/> Impaired Hearing	<input checked="" type="checkbox"/> Chest Pain Or Pressure	<input checked="" type="checkbox"/> Diabetes
<input checked="" type="checkbox"/> Recent Loss Of Weight	<input checked="" type="checkbox"/> Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> Hydrocele	<input checked="" type="checkbox"/> Renal Calculus	<input checked="" type="checkbox"/> Duodenal Ulcer
<input checked="" type="checkbox"/> Hernia	<input checked="" type="checkbox"/> Tonsillitis	<input checked="" type="checkbox"/> Appendicitis
<input checked="" type="checkbox"/> Cataract	<input checked="" type="checkbox"/> DNS	<input checked="" type="checkbox"/> Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES	WITH GLASSES	COLOUR BLINDNESS
NEAR R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	NEAR R <input type="text" value="X"/> L <input type="text" value="X"/>	<input type="text" value="NO"/>
FAR R <input type="text" value="6/6"/> L <input type="text" value="6/6"/>	FAR R <input type="text" value="X"/> L <input type="text" value="X"/>	



VISION REMARK : NORMAL WITHOUT GLASS

Medical Test Date : 19-02-2022 Test Code : AHC-19
 Name : Omkar Ravindra Joshi Emp Code :

CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION

General Condition : Good Nails : NAD
 Oedema Feet : Absent Skin : Normal
 Temperature : Normal Deformities : None

CARDIOVASCULAR

Heart Sound : Normal

ABDOMEN

Liver : Not Palpable Spleen : Not Palpable
 Other Masses : NAD

GENITO URINARY

Ext. Genitalia : Normal Discharge : No
 Hydrocele : Normal

LYMPHATIC AND ENDOCRINE

Lymph Nodes : Not Palpable Thyroid : Not Palpable

MUSCULO SKETAL

Bones : NAD Joints : NAD
 Posture Spine : Normal

NERVOUS SYSTEM

Sensory System : Normal Reflexes : Normal
 Motor System : Normal

EYE CHECKUP

Conjunctiva : Normal Cornea : Normal
 Pupil : Normal Fundus : NAD

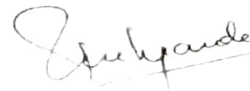
E.C.G : Within Normal Limits

PFT : NA

ADVICE : Normal Health.

RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

*NAD - No Abnormality Ditected
 NA - Not Applicable



Dr. Rahul S. Deshpande
 M.B.B.S., D. Ortho (A.P.), (Mumbai) M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
 Industrial Health Consultant
 HARDEV HEALTH CARE

Medical Test Date : 19-02-2022 Test Code : AHC-19
 Name : Omkar Ravindra Joshi Emp Code :

BLOOD GROUP & RH FACTOR Blood Group : A Rh Typing : Positive

EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	14.3	mg/dl	13 - 17
RBC	5.11	mill/cumm	4.5 - 5.5
PCV / HCT	42.7	%	40 - 50
MCV	83.6	fl	83 - 101
MCH	28.0	pl	27 - 32
MCHC	33.5	g/dl	31.5 - 34.5
RDW	14.3*	%	11.6 - 14
Total WBC Count	9700	mill/cumm	4000 - 10000
Neutrophils	64	%	40 - 80
Lymphocytes	31	%	20 - 40
Monocytes	04	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	321000	per cu. mm.	150000 - 410000
ESR	10	mm	0 - 20
DIABETIC PROFILE			
HbA1c	4.39	mg/dl	4 - 6.5
Blood sugar fasting	84.76	mg/dl	70 - 120
Blood sugar post lunch	107.3	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.39	mg/dl	0.5 - 1.5
Uric acid	2.8*	mg/dl	4.5 - 6.7
Urea	29.54	mg/dl	14 - 40
Blood urea nitrogen	13.795	mg/dl	6 - 21
Bun/Creatinine Ratio	20.8	-NA-	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 25ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 0-1 hpf
Appearance : Clear	Specific Gravity : 1.015	Pus Cell : 3-4 hpf
Deposite : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Maternal : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

S. M. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

Medical Test Date : 19-02-2022 Test Code : AHC-19
 Name : Omkar Ravindra Joshi Emp No :

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	149.2	mg/dl	130 - 200
Hdl cholesterol	42	mg/dl	40 - 60
Ldl cholesterol	83.02*	mg/dl	95 - 145
VLDL	24.18	mg/dL	2 - 30
LDL/HDL RATIO	1.98	-NA-	0.5 - 3.5
Triglycerides	120.9	mg/dl	70 - 140
LIVER FUNCTIN TEST			
Total bilirubin	0.8	mg/dl	0.2 - 1.2
Direct bilirubin	0.4	mg/dl	0 - 0.5
Indirect bilirubin	0.4*	mg/dl	0 - 0.3
SGOT	37.29	/ml	0 - 40
SGPT	31.28	/ml	0 - 40
Protein	6.9	g/dl	6 - 8
Albumin	4.2	g/dl	3.5 - 5.5
S. Globulin	2.7	g/dl	2.5 - 3.5
Alkaline phosphatase	110.3	u/l	50 - 150
GGT	18.64	u/l	10 - 50
OTHER			
PSA	2.80*	-NA-	0 - 2

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

TEST DATE : 19-02-2022
REF. BY : HARDEV HEALTH CARE
EMP CODE :
NAME : Omkar Ravindra Joshi
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	89.5	ng/dl	60 - 200
T4	C.L.I.A.	6.40	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	1.90	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 19-02-2022

Sample Received on (SRT) : 20.02.2022

Report Released on (RRT) : 21 February 2022

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-19

Dr.Durgaprasad N Agrawal MD Dr.Caesar Sengupta MD

Medical Test Date : 19-02-2022

Test Code : AHC-19

Name : Omikar Ravindra Joshi

Emp Code :

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study

SUGGEST : Clinico pathological correlation & sos flu.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 19-02-2022

Test Code : AHC-19

Name : Omkar Ravindra Joshi

Emp Code :

3ch x 4 + (1ch)

Name AHC-19

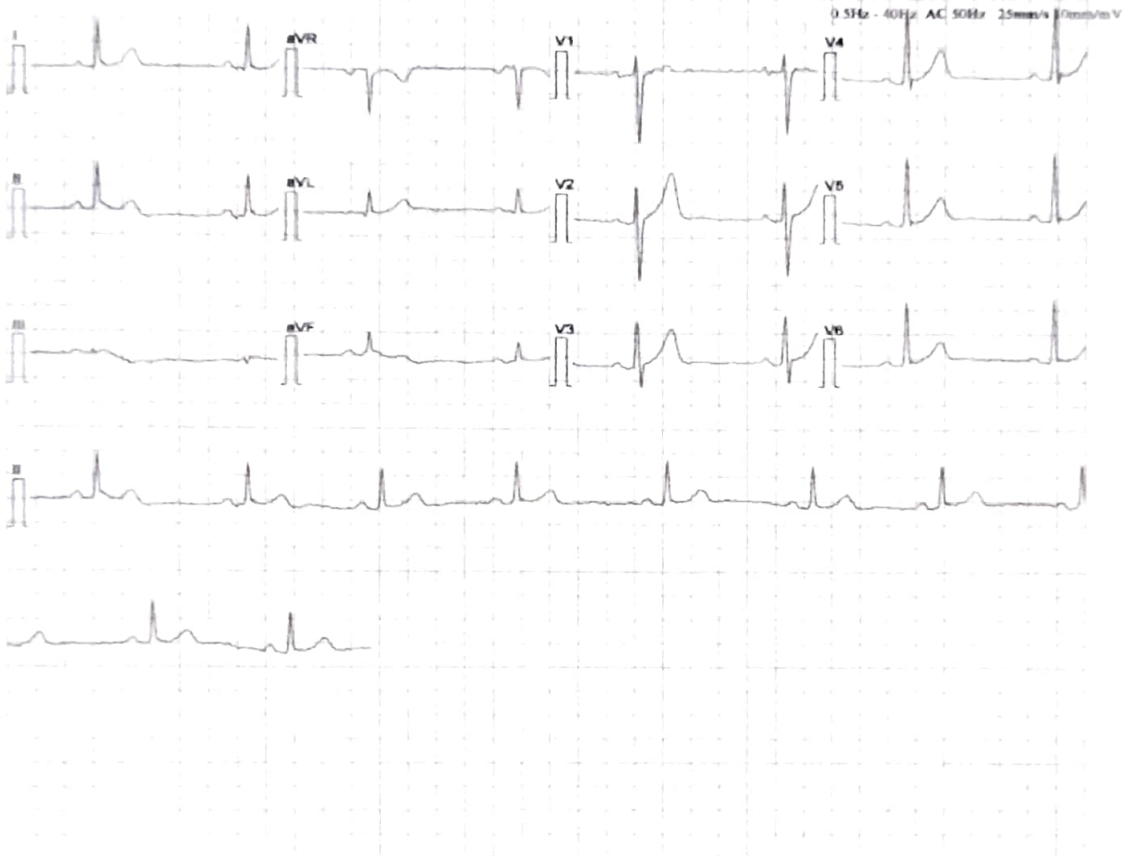
ID 20210821124414

Sex Male

Date of Birth 10/10/1982

Hospital

Department



[Measurement]						
HR	60 bpm	P	Width	90 ms	RVS/SV1	1.424/-1.356 mV
P Axis	34 deg	PR	Interval	132 ms	RVS-SV1	2.780 mV
QRS Axis	32 deg	QRS	Duration	90 ms		
T Axis	24 deg	QT/QTc	Interval	366/366 ms		
[Analysis Result]						
-- normal ECG --						
Sinus rhythm						

Reporter: _____

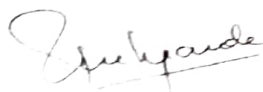
Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani
M.D. (Med)
Reg No - 58574

Date : 19-02-2022

FITNESS CERTIFICATE

This is to certify that **Mr. Omkar Ravindra Joshi** Emp. No. age **39** Yrs. has undergone the medical examination with us on **19-02-2022**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.



Dr Rahul S Deshpande
M.B.B.S. D. Ortho A.F.P.S. (di. (bat))
Regd. No. 123456
HARDEV HEALTH CARE

Authorised Medical Practitioner

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

19, Shree Mangal Karyalay,
Opp. Shree Nagar Vidya Mandir, Shree Nagar,
Wagle Estate, Thane - 400 604 • Tel: 7208542237

..... Experience the Difference

3, Durranikar, Near Panch Parmeshwar Mandir,
Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel: 7208542237

NAME : OMKAR JOSHI

AGE/SEX : 39Y/M

REF BY : HARDEV HEALTH CARE

DATE: 19/02/2022

REAL TIME ABDOMINAL ULTRASOUND REPORT

LIVER :

Normal size liver with raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

GALL-BLADDER:

Multiple (5 to 7) gall bladder polyps seen largest measuring 5mm . No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

KIDNEYS :

Both kidneys are normal in size. No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. No e/o renal scarring

The right kidney measures 9.2 x 4.3 cms. The left kidney measures 8.9 x 4.1 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Prostate gland is normal in size, measures 17 gms.

CONCLUSION :

- Fatty liver grade I
- Gall bladder polyps


DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB
FMF (Fetal Medical Foundation) ID- 176269

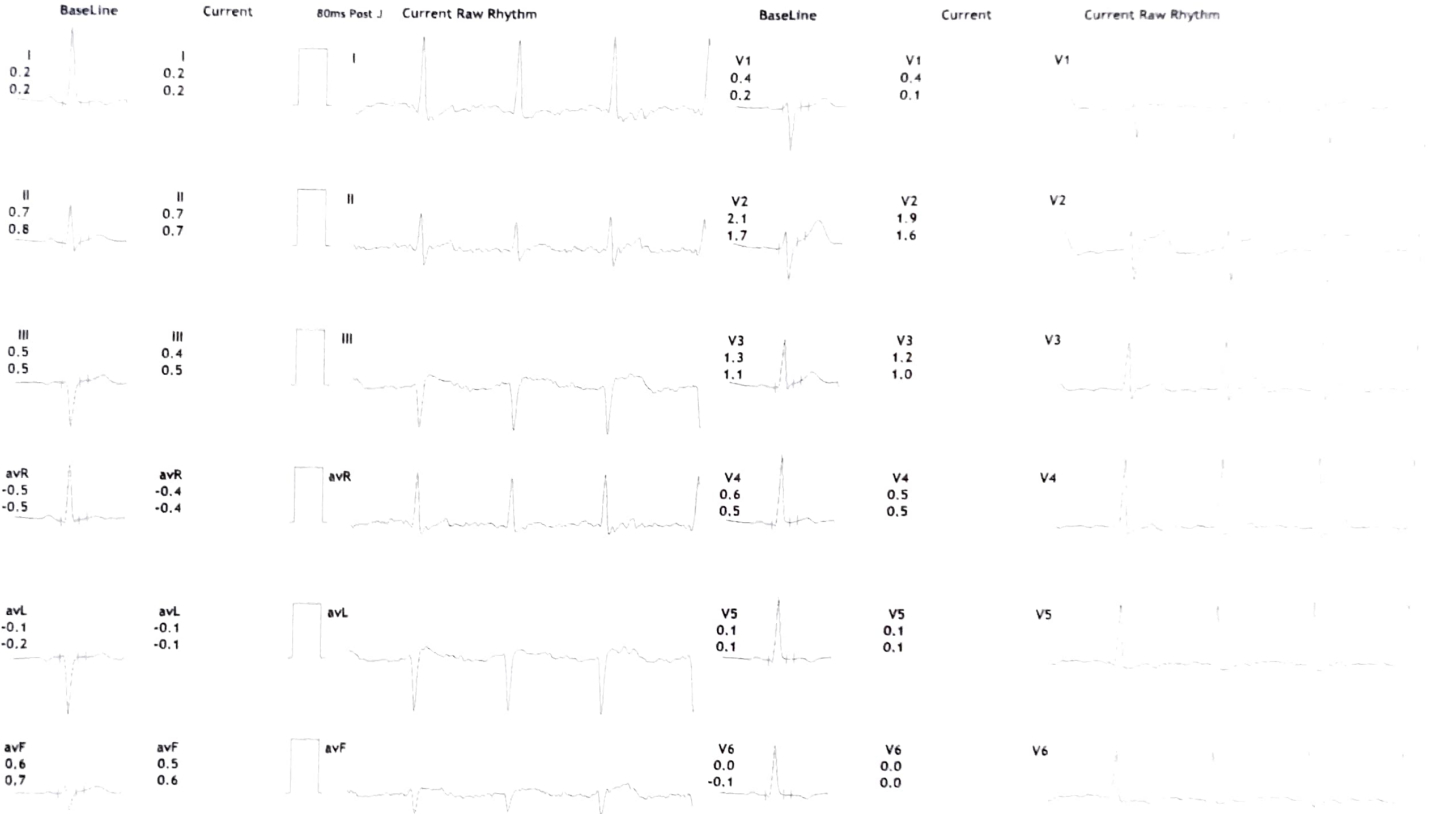
199120/MR OMKAR JOSHI: 91 bpm
39 Yrs/Male METS: 1.2
80 Kg/164 Cms BP: ---/---
Date: 19-Feb-2022 12:37:25 PM

Mulund
MPHR: 50% of 181
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:11
BLC :On
Notch :On

Stage 1 (00:11)
10.0 mm/mV
25 mm/Sec.



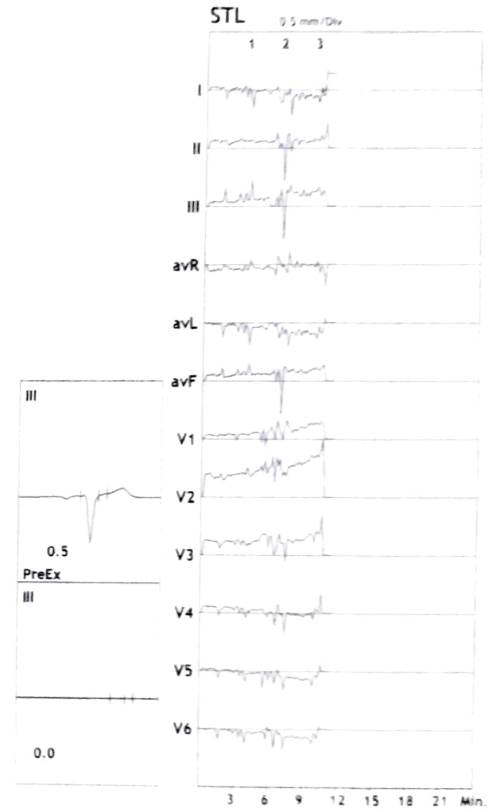
Ref. By : Dr. Ameya Chavan
Medication : Nil
Objective : NIL

Protocol : BRUCE
History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	80	---/---	0	-	
Standing					1.0	78	---/---	0	-	
HV					1.0	76	---/---	0	-	
ExStart					1.0	78	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	117	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	142	---/---	0	-	
Stage 3	3:01	9:02	3.4	14.0	10.2	184	---/---	0	-	

Findings :

Exercise Time :00:00
 Max HR Attained :184 bpm 102% of Max Predictable HR 181
 Max BP : 0/0(mmHg)
 Max WorkLoad attained :10.2(Good Effort Tolerance)



Advice / Comments:

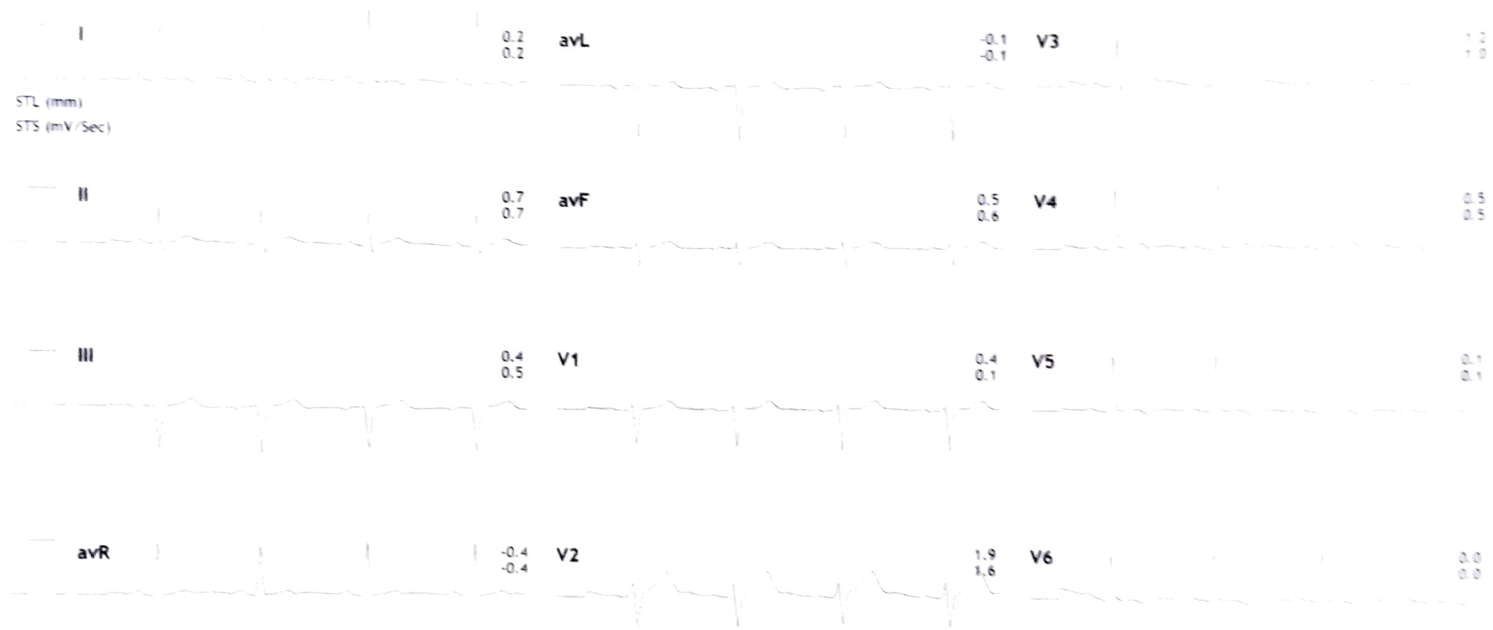
199120/MR OMKAR JOSHI: 91 bpm
 39 Yrs/Male METS: 1.2
 80 Kg/164 Cms BP: ---/---
 Date: 19-Feb-2022 12:37:25 PM

Mulund

MPHR: 50% of 181 BRUCE
 Speed: 1.7 mph (1.0-100)Hz
 Grade: 10.0%

Ex Time 00:11
 BLC :On
 Notch :On

Stage 1 (00:11)
 10.0 mm/mV
 25 mm/Sec



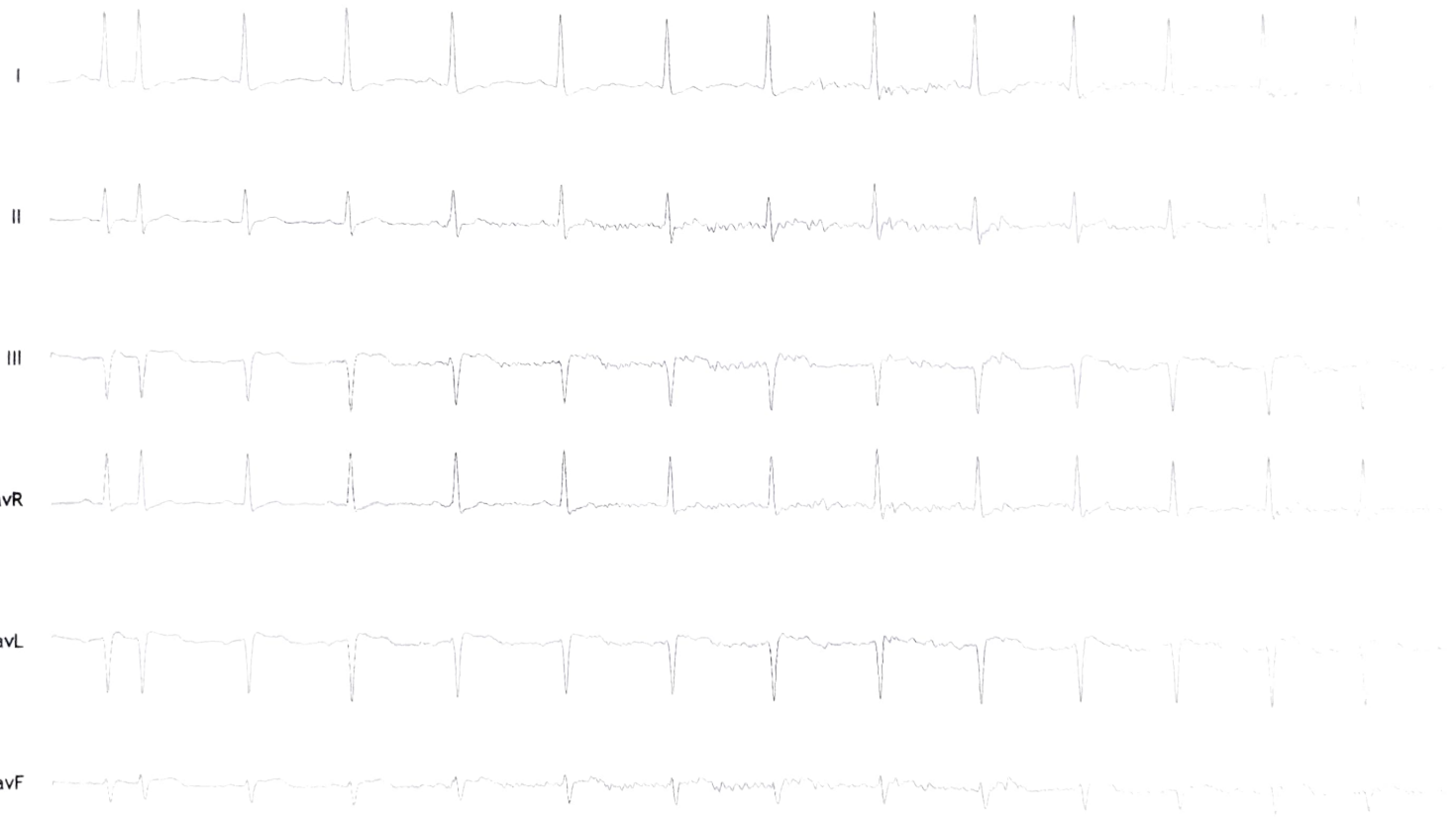
199120/MR OMKAR JOSHI: 93 bpm
39 Yrs/Male METS: 1.3
80 Kg/164 Cms BP: ---/---
Date: 19-Feb-2022 12:37:25 PM

MPHR: 51% of 181
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:13
BLC : On
Notch : On

Stage 1 (00:13)
10.0 mm/mV
25 mm/Sec.



199120/MR OMKAR JOSHI: 93 bpm
39 Yrs/Male METS: 1.3
80 Kg/164 Cms BP: ---/---
Date: 19-Feb-2022 12:37:25 PM

MPHR: 51% of 181
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:13
BLC :On
Notch :On

Stage 1 (00:13)
10.0 mm/mV
25 mm/Sec.



199120/MR OMKAR JOSHIR: 93 bpm
39 Yrs/Male METS: 1.3
80 Kg/164 Cms BP: ---/---
Date: 19-Feb-2022 12:37:25 PM

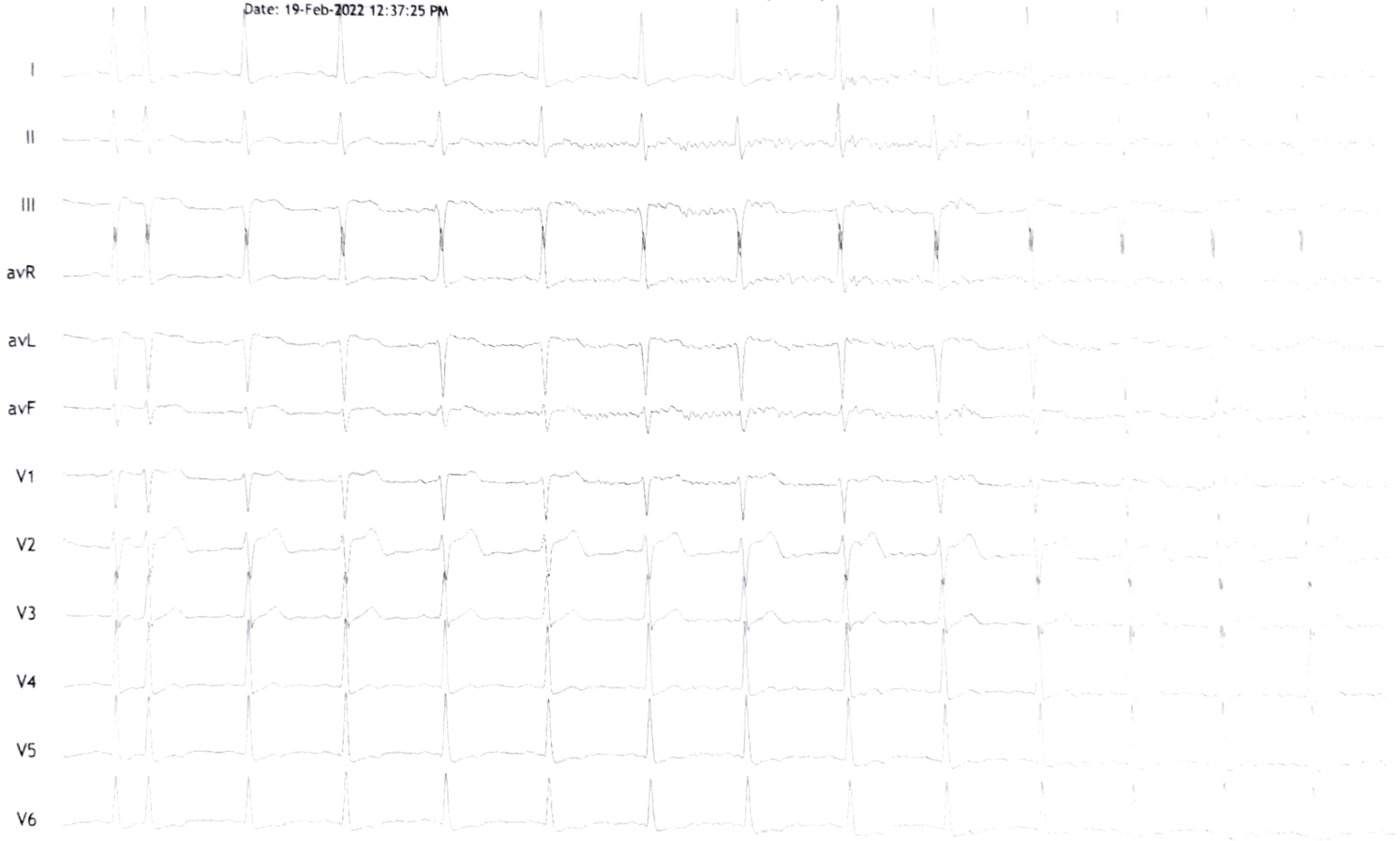
Mulund

MHR: 51% of 181
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:13
BLC : On
Notch : On

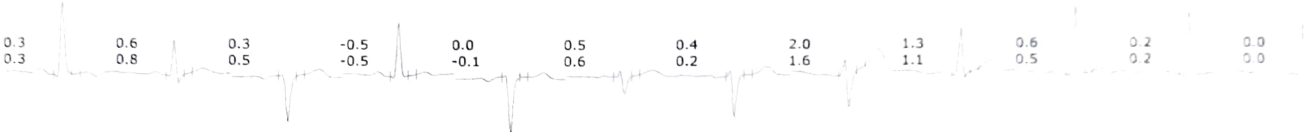
Stage 1 (00:13)
10.0 mm/mV
25 mm/Sec



I II III avR avL avF V1 V2 V3 V4 V5 V6

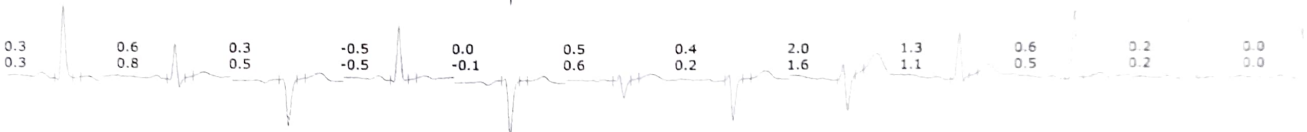
Supine

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
80 bpm ---/---



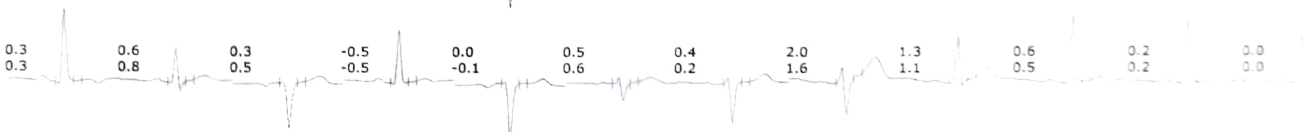
Standing

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
78 bpm ---/---



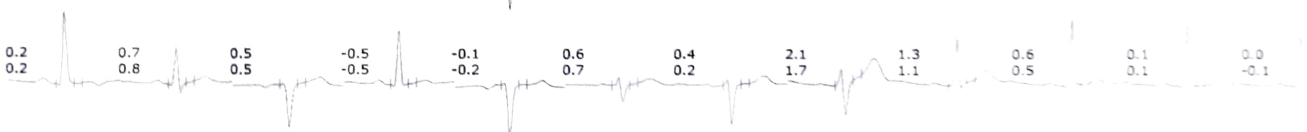
HV

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
76 bpm ---/---



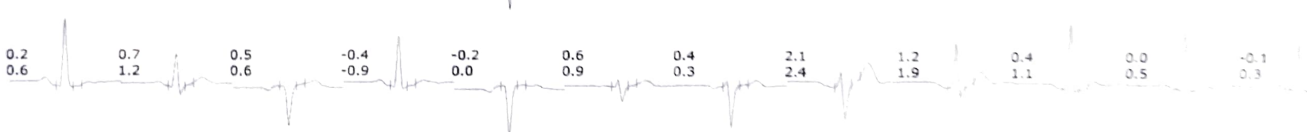
ExStart

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
78 bpm ---/---



Stage 1

(1) 3:01 1.7 mph
(2) 3:01 10.0 %
117 bpm---/---



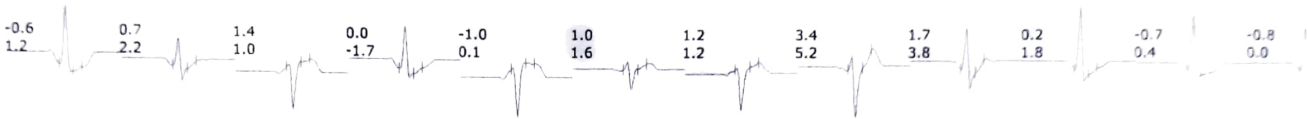
Stage 2

(1) 6:01 2.5 mph
(2) 3:01 12.0 %
142 bpm---/---

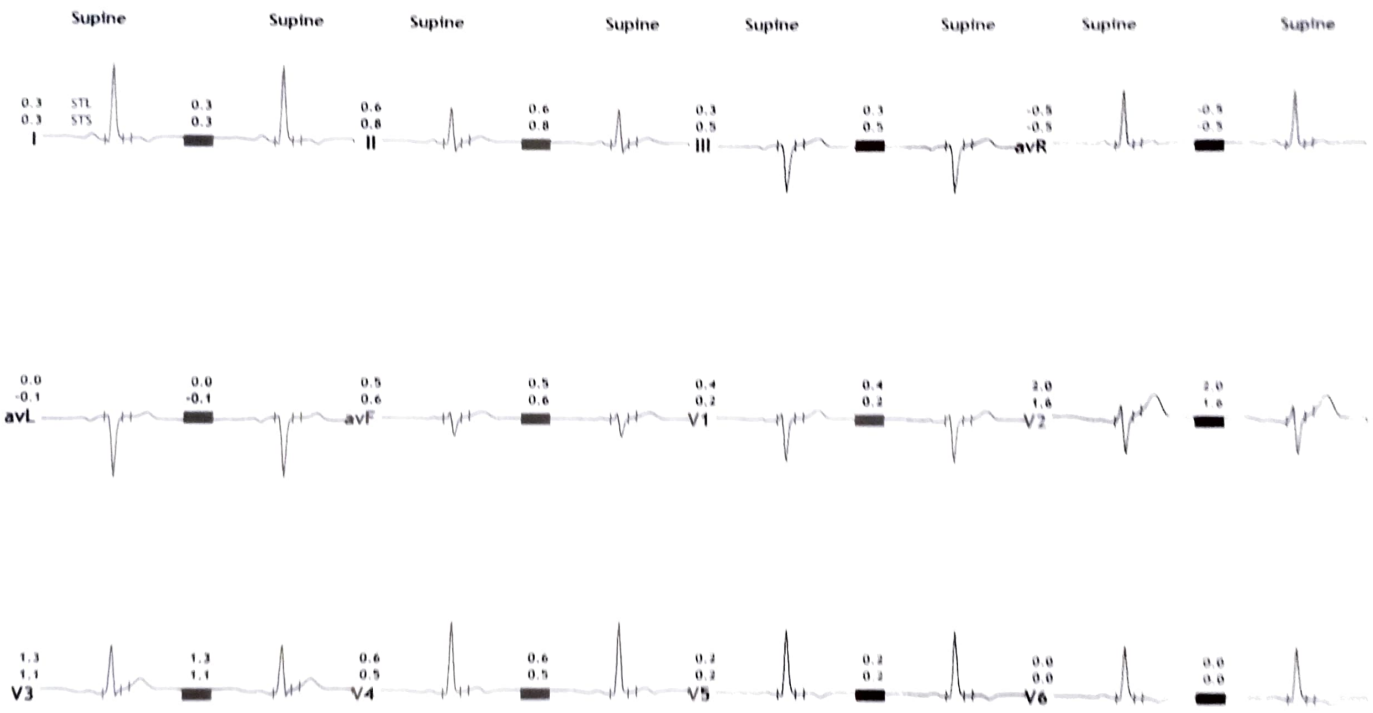


I II III avR avL avF V1 V2 V3 V4 V5 V6

Stage 3
(1) 9:01 3.4 mph
(2) 3:01 14.0 %
184 bpm---/---



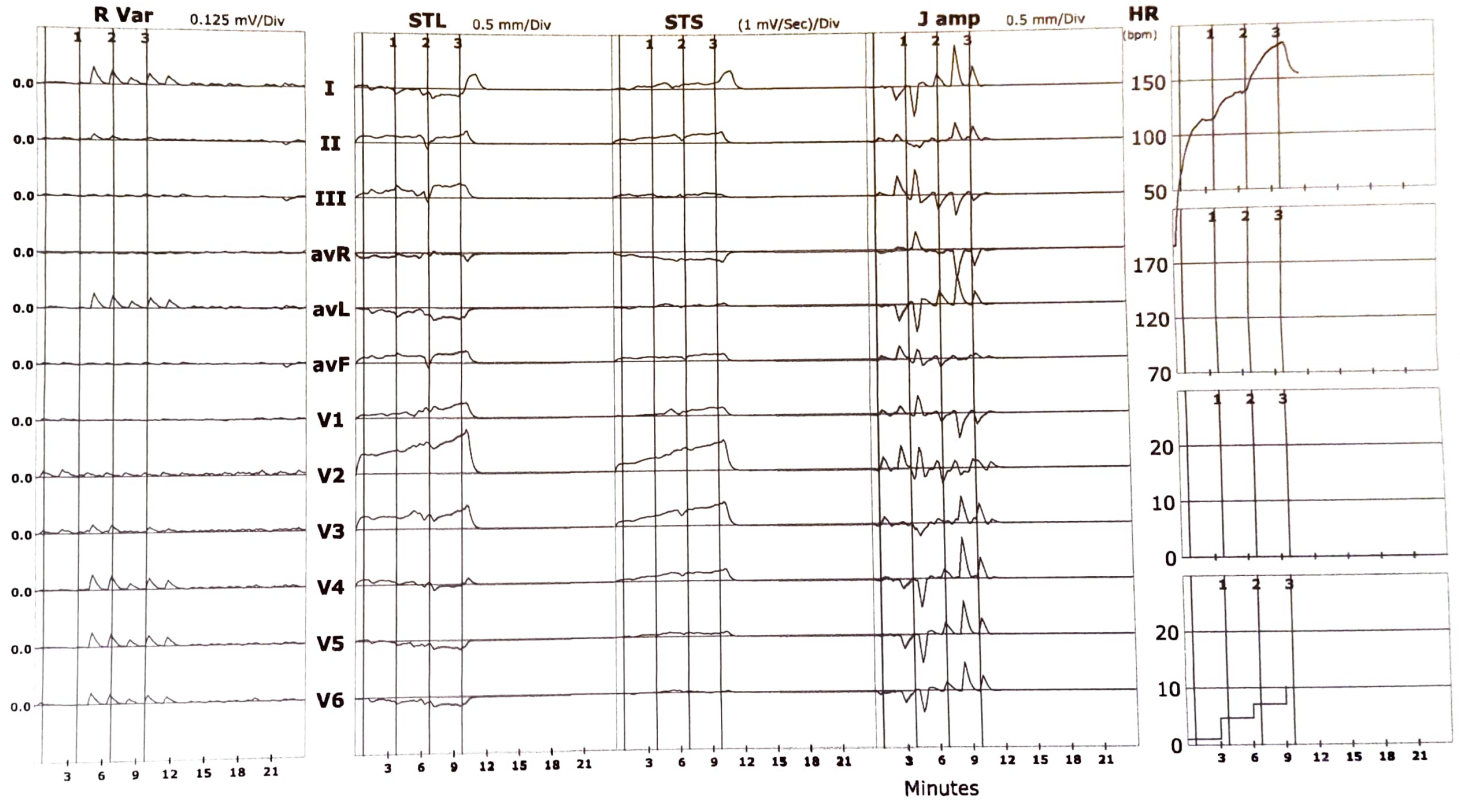
Supine : PhTime 0:32 StageTime 0:01 0.0 mph 0.0% 1.0 METs 80 bpm ---/--- @73ms Post J
 Supine : PhTime 0:32 StageTime 0:01 0.0 mph 0.0% 10.2 METs 80 bpm ---/--- @73ms Post J



Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 80 mSecs Post J	Supine	0.3	0.6	0.3	-0.5	0.0	0.5	0.4	2.0	1.3	0.6	0.2	0.0
	Standing	0.3	0.6	0.3	-0.5	0.0	0.5	0.4	2.0	1.3	0.6	0.2	0.0
	HV	0.3	0.6	0.3	-0.5	0.0	0.5	0.4	2.0	1.3	0.6	0.2	0.0
	ExStart	0.2	0.7	0.5	-0.5	-0.1	0.6	0.4	2.1	1.3	0.6	0.1	0.0
	Stage 1	0.2	0.7	0.5	-0.4	-0.2	0.6	0.4	2.1	1.2	0.4	0.0	-0.1
	Stage 2	-0.3	0.0	0.0	-0.3	-0.8	0.0	1.1	2.7	1.5	0.6	-0.3	-0.3
	Stage 3	-0.6	0.7	1.4	0.0	-1.0	1.0	1.2	3.4	1.7	0.2	-0.7	-0.8
STS mV/Sec.	Supine	0.3	0.8	0.5	-0.5	-0.1	0.6	0.2	1.6	1.1	0.5	0.2	0.0
	Standing	0.3	0.8	0.5	-0.5	-0.1	0.6	0.2	1.6	1.1	0.5	0.2	0.0
	HV	0.3	0.8	0.5	-0.5	-0.1	0.6	0.2	1.6	1.1	0.5	0.2	0.0
	ExStart	0.2	0.8	0.5	-0.5	-0.2	0.7	0.2	1.7	1.1	0.5	0.1	-0.1
	Stage 1	0.6	1.2	0.6	-0.9	0.0	0.9	0.3	2.4	1.9	1.1	0.5	0.3
	Stage 2	1.1	0.0	0.0	-1.5	0.1	0.0	0.9	4.1	2.9	1.9	0.9	0.4
	Stage 3	1.2	2.2	1.0	-1.7	0.1	1.6	1.2	5.2	3.8	1.8	0.4	0.0
STI μ Vs	Supine	1.0	2.3	1.2	-1.7	-0.1	1.8	1.9	8.8	5.5	2.4	0.5	-0.1
	Standing	1.0	2.3	1.2	-1.7	-0.1	1.8	1.9	8.8	5.5	2.4	0.5	-0.1
	HV	1.0	2.3	1.2	-1.7	-0.1	1.8	1.9	8.8	5.5	2.4	0.5	-0.1
	ExStart	0.7	2.8	2.0	-1.7	-0.7	2.3	2.1	9.0	5.3	2.2	0.4	-0.3
	Stage 1	-0.5	1.6	2.1	-0.6	-1.2	1.8	2.3	7.2	3.2	0.1	-1.2	-1.4
	Stage 2	-4.6	0.0	0.0	1.8	-5.2	0.0	4.0	7.2	2.8	-0.4	-3.4	-2.3
	Stage 3	-5.9	0.0	5.9	3.0	-5.9	2.9	4.4	9.5	2.5	-2.6	-4.6	-4.2

199120/MR OMKAR JOSHI
39 Yrs/Male
80 Kg/164 Cms
Date: 19-Feb-2022 12:37:25 PM



Time (Min.)	HR (Bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post (μV)	JRR Var (%)	PVC (Counts)	Missed Beats (Counts)
00 : 30	79	330	90	-8	416	62	692	-506	246	33	avL	-4	146.67	-	-
01 : 00	99	153	90	-7	315	80	677	-488	223	53	avL	-4	6.59	-	-
01 : 30	110	153	90	-8	454	79	651	-488	207	-59	avL	-122	13.97	-	-
02 : 00	112	150	87	-5	448	85	638	-471	199	14	avL	-12	4.14	-	-
02 : 30	118	140	127	-7	439	92	639	-469	199	14	avL	-8	3.25	-	-
03 : 00	115	140	87	-6	432	90	635	-482	219	-8	V6	-28	2.58	-	-
03 : 30	117	140	83	-8	426	88	644	-480	230	-12	V6	-41	3.68	-	-
04 : 00	130	123	87	-8	441	102	633	-433	245	-122	avL	-161	17.61	-	-
04 : 30	135	117	83	-8	432	111	611	-451	210	-31	avL	-45	2.27	-	-
05 : 00	135	113	87	-7	429	119	604	-455	236	-112	V1	-31	2.26	-	-
05 : 30	141	100	83	-90	424	106	612	-439	227	-77	V6	-65	2.29	-	-
06 : 00	140	93	87	0	425	122	596	-452	596	-138	III	-79	2.36	-	-
06 : 30	142	100	87	17	424	-177	600	-439	252	-96	V6	-134	56.16	-	-
07 : 00	159	93	83	-12	429	134	618	-432	200	-151	I	-126	37.23	-	-
07 : 30	165	87	83	-12	420	128	606	-410	197	-118	avL	-106	1.87	-	-
08 : 00	173	83	83	-10	303	127	555	-406	197	-124	avL	-100	1.94	-	-
08 : 30	176	80	83	-12	297	120	548	-389	178	-116	avL	-94	3.00	-	-
09 : 00	180	77	100	-14	294	126	534	-386	181	-114	avL	-118	4.04	-	-
09 : 30	184	73	100	-16	290	128	530	-402	190	-118	avL	-112	3.09	-	-
10 : 00	180	73	97	-14	292	127	512	-410	207	-126	avL	-102	3.13	-	-
10 : 30	180	90	-73	-14	92	127	512	-410	207	-126	V6	-102	1.92	-	-
11 : 00	180	90	-73	-14	92	127	512	-410	207	-126	V6	-102	0.00	-	-