



Lab No. : TLG/28-01-2023/SR7226814

Patient Name : SAHIL ARORA Age : 31 Y 0 M 18 D

Gender : M

Lab Add. : Newtown, Kolkata-700156

Ref Dr.: Dr.MEDICAL OFFICER **Collection Date:** 28/Jan/2023 11:36AM

Report Date : 03/Feb/2023 12:32PM

Result Unit Bio Ref. Interval Method

PHOSPHORUS-INORGANIC, BLOOD, GEL SERUM

PHOSPHORUS-INORGANIC,BLOOD 2.7 mg/dL 2.4-5.1 mg/dL Phosphomolybdate/UV

URIC ACID, URINE, SPOT URINE

URIC ACID, SPOT URINE **27.00** mg/dL 37-92 mg/dL URICASE

Test Name

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist









Lab No. : SR7226814 Name : SAH	IL ARORA		Age/G: 31 Y 0 M 18 D / M	Date: 28-01-2023
THYROID PANEL (T3, T4, TSH), GEL SE	RUM			
T3-TOTAL (TRI IODOTHYRONINE)	1.29	ng/ml	0.60-1.81 ng/ml	CLIA
T4-TOTAL (THYROXINE)	6.8	μg/dL	3.2-12.6 μg/dL	CLIA
TSH (THYROID STIMULATING HORMON	E) 3.82	μIU/mL	0.55-4.78 μIU/mL	CLIA

Serum TSH levels exhibit a diurnal variation with the peak occurring during the night and the nadir, which approximates to 50% of the peak value, occurring between 1000 and 1600 hours.[1,2]

References:

- 1. Bugalho MJ, Domingues RS, Pinto AC, Garrao A, Catarino AL, Ferreira T, Limbert E and Sobrinho L. Detection of thyroglobulin mRNA transcripts in peripheral blood of
- individuals with and without thyroid glands: evidence for thyroglobulin expression by blood cells. Eur J Endocrinol 2001;145:409-13.
- 2. Bellantone R, Lombardi CP, Bossola M, Ferrante A, Princi P, Boscherini M et al. Validity of thyroglobulin mRNA assay in peripheral blood of postoperative thyroid carcinoma patients in predicting tumor recurrence varies according to the histologic type: results of a prospective study. Cancer 2001;92:2273-9.

BIOLOGICAL REFERENCE INTERVAL: [ONLY FOR PREGNANT MOTHERS]

Trimester specific TSH LEVELS during pregnancy:

FIRST TRIMESTER: $0.10-3.00~\mu$ IU/mL SECOND TRIMESTER: 0.20 -3.50 μ IU/mL THIRD TRIMESTER: 0.30 -3.50 μ IU/mL

References:

- 1. Erik K. Alexander, Elizabeth N. Pearce, Gregory A. Brent, Rosalind S. Brown, Herbert Chen, Chrysoula Dosiou, William A. Grobman, Peter Laurberg, John H. Lazarus, Susan J. Mandel, Robin P. Peeters, and Scott Sullivan. Thyroid. Mar 2017.315-389. http://doi.org/10.1089/thy.2016.0457
- 2. Kalra S, Agarwal S, Aggarwal R, Ranabir S. Trimester-specific thyroid-stimulating hormone: An indian perspective. Indian J Endocr Metab 2018;22:1-4.

GLUCOSE, FASTING, BLOOD, NAF PLASMA

GLUCOSE,FASTING 86

mg/dL

Impaired Fasting-100-125 Gluc Oxidase Trinder .~Diabetes- >= 126.~Fasting is defined as no caloric intake for at least 8 hours.

In the absence of unequivocal hyperglycemia, diagnosis requires two abnormal test results from the same sample or in two separate test samples.

Reference

ADA Standards of Medical Care in Diabetes – 2020. Diabetes Care Volume 43, Supplement 1.

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist

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Lab No. : SR7226814 No.	ame : SAHI	L ARORA		Age/G: 31 Y 0 M 18 D / M	Date : 28-01-2023
CBC WITH PLATELET & RETIO	CULOCYTE C	OUNT , EDTA W	HOLE BLOOD		
HEMOGLOBIN		14.8	g/dL	13 - 17	PHOTOMETRIC
WBC		5.2	*10^3/µL	4 - 10	DC detection method
RBC		5.10	*10^6/µL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE)	COUNT	165	*10^3/µL	150 - 450*10^3/μL	DC detection method/Microscopy
DI FFERENTI AL COUNT					
NEUTROPHILS		63	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES		28	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES		06	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS		03	%	1-6%	Flowcytometry/Microscopy
BASOPHILS		00	%	0-0.9%	Flowcytometry/Microscopy
CBC SUBGROUP 1					
HEMATOCRIT / PCV		45.6	%	40 - 50 %	Calculated
MCV		89.5	fl	83 - 101 fl	Calculated
MCH		29.1	pg	27 - 32 pg	Calculated
MCHC		32.5	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTI	ON WIDTH	15.0	%	11.6-14%	Calculated
RETICULOCYTE COUNT- AUTOMATED,BLOOD		0.9	%	0.5-2.5%	Cell Counter/Microscopy

Dr Mansi Gulati Consultant Pathologist MBBS, MD, DNB (Pathology)









Lab No.: SR7226814 Name: SAHIL ARORA Age/G: 31 Y 0 M 18 D / M Date: 28-01-2023

ESR (ERYTHROCYTE SEDIMENTATION RATE), EDTA WHOLE BLOOD

1stHour 0.00 - 20.00 mm/hr Westergren

BLOOD GROUP ABO+RH [GEL METHOD], EDTA WHOLE BLOOD

Gel Card ABO

Gel Card RH **POSITIVE**

TECHNOLOGY USED: GEL METHOD

ADVANTAGES:

Gel card allows simultaneous forward and reverse grouping.

Card is scanned and record is preserved for future reference.

Allows identification of Bombay blood group. Daily quality controls are run allowing accurate monitoring.

Historical records check not performed.

DR. NEHA GUPTA MD, DNB (Pathology) **Consultant Pathologist**

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Lab No. : SR7226814 Name : SAHIL ARORA Age/G : 31 Y 0 M 18 D / M Date : 29-01-2023

URINE ROUTINE ALL, ALL, URINE

PHYSI CAL EXAMINATION

COLOUR PALE YELLOW
APPEARANCE SLIGHTLY HAZY

CHEMI CAL EXAMINATION

pH	5.0	4.6 - 8.0	Dipstick (triple indicator method)
SPECIFIC GRAVITY	1.015	1.005 - 1.030	Dipstick (ion concentration method)
PROTEIN	NOT DETECTED	NOT DETECTED	Dipstick (protein error of pH indicators)/Manual
GLUCOSE	NOT DETECTED	NOT DETECTED	Dipstick(glucose-oxidase-peroxidase method)/Manual
KETONES (ACETOACETIC ACID, ACETONE)	NOT DETECTED	NOT DETECTED	Dipstick (Legals test)/Manual
BLOOD	NOT DETECTED	NOT DETECTED	Dipstick (pseudoperoxidase reaction)
BILIRUBIN	NEGATIVE	NEGATIVE	Dipstick (azo-diazo reaction)/Manual
UROBILINOGEN	NEGATIVE	NEGATIVE	Dipstick (diazonium ion reaction)/Manual
NITRITE	NEGATIVE	NEGATIVE	Dipstick (Griess test)
LEUCOCYTE ESTERASE	NEGATIVE	NEGATIVE	Dipstick (ester hydrolysis reaction)

MI CROSCOPI C EXAMINATION

LEUKOCYTES (PUS CELLS)	0-1	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	0-5	Microscopy
RED BLOOD CELLS	NOT DETECTED	/hpf	0-2	Microscopy
CAST	NOT DETECTED		NOT DETECTED	Microscopy
CRYSTALS	NOT DETECTED		NOT DETECTED	Microscopy
BACTERIA	NOT DETECTED		NOT DETECTED	Microscopy
YEAST	NOT DETECTED		NOT DETECTED	Microscopy

Note

- 1. All urine samples are checked for adequacy and suitability before examination.
- 2. Analysis by urine analyzer of dipstick is based on reflectance photometry principle. Abnormal results of chemical examinations are confirmed by manual methods.
- 3. The first voided morning clean-catch midstream urine sample is the specimen of choice for chemical and microscopic analysis.
- 4. Negative nitrite test does not exclude urinary tract infections.
- 5. Trace proteinuria can be seen in many physiological conditions like exercise, pregnancy, prolonged recumbency etc.
- 6. False positive results for glucose, protein, nitrite, urobilinogen, bilirubin can occur due to use of certain drugs, therapeutic dyes, ascorbic acid, cleaning agents used in urine collection container.
- 7. Discrepancy between results of leukocyte esterase and blood obtained by chemical methods with corresponding pus cell and red blood cell count by microscopy can occur due to cell lysis.
- 8. Contamination from perineum and vaginal discharge should be avoided during collection, which may falsely elevate epithelial cell count and show presence of bacteria and/or yeast in the urine.

Dr. PANKTI PATEL MBBS , MD (PATHOLOGY) CONSULTANT PATHOLOGIST









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Lab No. : SR7226814 Nar	me : SAHIL ARORA		Age/G: 31 Y 0 M 18 D / M	Date : 28-01-2023
BILIRUBIN (DIRECT), GEL SER	RUM			
BILIRUBIN (DIRECT)	0.20	mg/dL	<0.2 mg/dL	Vanadate oxidation
SGPT/ALT, GEL SERUM				
SGPT/ALT	62.00	U/L	7-40 U/L	Modified IFCC
SODIUM, BLOOD , GEL SERUM				
SODIUM,BLOOD	140.00	mEq/L	132 - 146 mEq/L	ISE INDIRECT
CHLORIDE, BLOOD,				
CHLORIDE,BLOOD	102.00	mEq/L	99-109 mEq/L	ISE INDIRECT
CREATININE, BLOOD , GEL SER	RUM 0.95	mg/dL	0.7-1.3 mg/dL	Jaffe, alkaline picrate, kinetic
BILIRUBIN (TOTAL), GEL SERU	JM			
BILIRUBIN (TOTAL)	1.10	mg/dL	0.3-1.2 mg/dL	Vanadate oxidation
CALCIUM, BLOOD				
CALCIUM,BLOOD	9.50	mg/dL	8.7-10.4 mg/dL	Arsenazo III
URIC ACID, BLOOD , GEL SERU	<i>IM</i>			
URIC ACID,BLOOD	5.80	mg/dL	3.5-7.2 mg/dL	Uricase/Peroxidase
GLUCOSE, PP , BLOOD, NAF PL	ASMA			
GLUCOSE,PP	100	mg/dL	Impaired Glucose Tolerance-140 to 199. Diabetes>= 200.	O Gluc Oxidase Trinder

The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75-g anhydrous glucose dissolved in water. In the absence of unequivocal hyperglycemia, diagnosis requires two abnormal test results from the same sample or in two separate test samples.

Reference :

ADA Standards of Medical Care in Diabetes – 2020. Diabetes Care Volume 43, Supplement 1.

LIPID PROFILE . GFI SFRUM

•	IFID FROITLE, GLE SENOW				
	CHOLESTEROL-TOTAL	227.00	mg/dL	Desirable: < 200 mg/dL Borderline high: 200-239 mg/dL High: > or =240 mg/dL	Enzymatic
	TRIGLYCERIDES	196.00	mg/dL	Normal:: < 150, BorderlineHigh::150-199, High:: 200-499, VeryHigh::>500	GPO-Trinder
	HDL CHOLESTEROL	38.00	mg/dl	< 40 - Low 40-59- Optimum 60 - High	Elimination/catalase
	LDL CHOLESTEROL DIRECT	150.0	mg/dL	OPTIMAL: <100 mg/dL, Near optimal/ above optimal: 100-129 mg/dL, Borderline high: 130-159 mg/dL, High: 160-189 mg/dL, Very high: >=190 mg/dL	Calculated
	VLDL	39	mg/dl	< 40 mg/dl	Calculated
	CHOL HDL Ratio	6.0		LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK 7.1-11.0 HIGH RISK >11.0	Calculated

Reference: National Cholesterol Education Program. Executive summary of the third report of The National Cholesterol Education Program (NCEP) Expert Panel on detection, evaluation, and treatment of high blood cholesterol in adults (Adult Treatment Panel III). JAMA. May 16 2001;285(19):2486-97.

TOTAL PROTEIN [BLOOD] ALB:GLO RATIO, .









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TOTAL PROTEIN	7.60	g/dL	5.7-8.2 g/dL	BIURET METHOD
ALBUMIN	4.7	g/dL	3.2-4.8 g/dL	BCG Dye Binding
GLOBULIN	2.90	g/dl	1.8-3.2 g/dl	Calculated
AG Ratio	1.62		1.0 - 2.5	Calculated
ALKALINE PHOSPHATASE , GEL SEI	RUM			
ALKALINE PHOSPHATASE	83.00	U/L	46-116 U/L	IFCC standardization
UREA,BLOOD	19.3	mg/dL	19-49 mg/dL	Urease with GLDH
PDF Attached				
GLYCATED HAEMOGLOBIN (HBA1C) , EDTA WHOLE BLOC	D		
GLYCATED HEMOGLOBIN (HBA1C)	5.5	%	***FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL INFORMATION ***	
HbA1c (IFCC)	37.0	mmol/mol		HPLC

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Analyzer used: Bio-Rad-VARIANT TURBO 2.0

Method: HPLC Cation Exchange

Recommendations for glycemic targets

- Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.
- Ø The timing and frequency of SMBG should be tailored based on patients' individual treatment, needs, and goals.
- Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.
- Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.
- \varnothing For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease . Action suggested >8% as it indicates poor control.
- Ø Some patients may benefit from HbA1c goals that are stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin B_{12} / folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333;586-8

References

1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. Ann Intern Med. Published online 1 March 2016. doi:10.7326/M15-3016.

2. Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. Clin Chem Lab Med. 2007;45(8):1077-1080.

SGOT/AST, GEL SERUM

SGOT/AST 32.00 U/L 13-40 U/L Modified IFCC

POTASSIUM, BLOOD, GEL SERUM

POTASSIUM,BLOOD 4.20 mEq/L 3.5-5.5 mEq/L ISE INDIRECT

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Lab No. : SR7226814 Name : SAHIL ARORA Age/G : 31 Y 0 M 18 D / M Date : 28-01-2023

DR. ANANNYA GHOSH MBBS, MD (Biochemistry)

Consultant Biochemist









Lab No. : SR7226814 No.	ame : SAHII	L ARORA		Age/G: 31 Y 0 M 18 D / M	Date : 28-01-2023
CBC WITH PLATELET (THRON	ивосуте) с	OUNT , EDTA W	/HOLE BLOOD		
HEMOGLOBIN		14.8	g/dL	13 - 17	PHOTOMETRIC
WBC		5.2	*10^3/µL	4 - 10	DC detection method
RBC		5.10	*10^6/µL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE)	COUNT	165	*10^3/µL	150 - 450*10^3/μL	DC detection method/Microscopy
DI FFERENTI AL COUNT					
NEUTROPHILS		63	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES		28	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES		06	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS		03	%	1-6%	Flowcytometry/Microscopy
BASOPHILS		00	%	0-0.9%	Flowcytometry/Microscopy
CBC SUBGROUP					
HEMATOCRIT / PCV		45.6	%	40 - 50 %	Calculated
MCV		89.5	fl	83 - 101 fl	Calculated
MCH		29.1	pg	27 - 32 pg	Calculated
MCHC		32.5	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTI	ON WIDTH	15.0	%	11.6-14%	Calculated
PDW-PLATELET DISTRIBUTION	HTDIW NC	28.7	fL	8.3 - 25 fL	Calculated
MPV-MEAN PLATELET VOLUM	4E	14		7.5 - 11.5 fl	Calculated

DR. A. SHARMA

MBBS. MD (Path)
DM (Hematopathology)
PGIMER Chandigarh
Consultant Hematopathologist



Patient Name : SAHIL ARORA Ref Dr. : Dr.MEDICAL OFFICER

Age : 31 Y 0 M 18 D Collection Date:

Gender: M **Report Date**: 28/Jan/2023 04:13PM



E.C.G. REPORT

DATA	
HEART RATE	63 Bpm
PR INTERVAL	157 Ms
PRINIERVAL	137 175
QRS DURATION	85 Ms
QT INTERVAL	369 Ms
Q1 IIII EIWAE	303 16
QTC INTERVAL	379 Ms
AXIS	
P WAVE	52 Degree
QRS WAVE	44 Degree
\	
T \\(\lambda\)/\(\sigma\)	12 Dagge
T WAVE IMPRESSION	-12 Degree
TIMILKESSTOW	: Sinus rhythm.
	Non specific ST-T changes.

J. S. S. SAHAI

DM (Cardiology)

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Patient Name : SAHIL ARORA Ref Dr. : Dr.MEDICAL OFFICER

Age : 31 Y 0 M 18 D Collection Date:

Gender : M **Report Date** : 28/Jan/2023 12:01PM



X-RAY REPORT OF CHEST (PA)

FINDINGS:

No active lung parenchymal lesion is seen.

Both the hila are normal in size, density and position.

Mediastinum is in central position. Trachea is in midline.

Domes of diaphragm are smoothly outlined. Position is within normal limits.

Lateral costo-phrenic angles are clear.

The cardio-thoracic ratio is normal.

Bony thorax reveals no definite abnormality.

IMPRESSION:

Normal study.

DR. UDIT KUMAR MBBS, DNB (Radiology) Consultant Radiologist

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Patient Name : SAHIL ARORA Ref Dr. : Dr.MEDICAL OFFICER

Age : 31 Y 0 M 18 D Collection Date:

Gender : M Report Date : 28/Jan/2023 11:58AM



DEPARTMENT OF ULTRASONOGRAPHY REPORT ON EXAMINATION OF WHOLE ABDOMEN

LIVER

Liver is mildly enlarged (16.8 cm) in size with smooth margins. **Parenchymal echogenicity of both lobes are increased.** No focal mass lesion is seen in liver. Intrahepatic biliary radicals are not dilated. Portal vein branches and hepatic veins are normal.

PORTA

Portal vein is normal in caliber. Common bile duct is not dilated . No intraluminal calculus or soft tissue is seen in CBD.

GALL BLADDER

Gall bladder is normal in size, shape. No intraluminal calculus or mass is seen. Gall bladder wall is normal in thickness. No pericholecystic fluid collection noted.

PANCREAS

Pancreas is normal in size, shape and contour. Parenchymal echogenicity is normal and homogeneous. No focal mass or calcification seen. Main pancreatic duct is not dilated. No peripancreatic fluid collection or pseudocyst noted.

SPLEEN

Spleen is normal in size (11.1 cm), shape, position. Echotexture is normal. No focal lesion is noted. Splenic vein at splenic hilum is normal in caliber. No collateral seen.

KIDNEYS

Both the kidneys are normal in size (Right kidney measures: 10.6 cm. and Left kidney measures: 10.3 cm.), shape and position. Surfaces are smooth. Cortical echogenicity and cortical thickness of both kidneys are normal. Normal cortico-medullary differentiation is maintained. No calculus, mass or hydronephrosis is seen in either kidney.

URETER

Ureters are not dilated.

URINARY BLADDER

Urinary bladder is distended, wall thickness appeared normal. No intraluminal pathology (calculi/mass) could be detected.

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Lab No. : TLG/28-01-2023/SR7226814

Patient Name : SAHIL ARORA

Age : 31 Y 0 M 18 D

Gender : M **Report Date** : 28/Jan/2023 11:58AM

: Dr.MEDICAL OFFICER

PROSTATE

Prostate is normal in size. Echotexture appears within normal limits. No focal alteration of its echogenicity is seen.

Lab Add.

Collection Date:

Ref Dr.

: Tollygunge

It measures : 2.6 cm x 3.2 cm x 2.9 cm.

Approximate weight = 12.5 gms.

IMPRESSION:

Mild hepatomegaly with Grade I fatty changes

Kindly note

- * Ultrasound is not the modality of choice to rule out subtle bowel lesion.
- * Please Intimate us for any typing mistakes and send the report for correction within 7 days.
- * The science of Radiological diagnosis is based on the interpretation of various shadows produced by both the normal and abnormal tissues and are not always conclusive. Further biochemical and radiological investigation & clinical correlation is required to enable the clinician to reach the final diagnosis.

The report and films are not valid for medico-legal purpose.

Patient I dentity not verified.

MBBS, DNB (Radiology) Consultant Radiologist

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SURAKSHA DIAGNOSTIC, RAJARHAT, KOLKATA. BIO-RAD VARIANT TURBO CDM 5.4 s/n 15893

PATIENT REPORT V2TURBO_A1c_2.0

Patient Data Analysis Data

Sample ID: C02135048388 Analysis Performed: 28/JAN/2023 15:57:02

 Patient ID:
 SR7226814
 Injection Number:
 10858U

 Name:
 Run Number:
 308

 Physician:
 Rack ID:
 0002

 Sex:
 Tube Number:
 7

DOB: Report Generated: 28/JAN/2023 16:05:37

Operator ID: ASIT

Comments:

	NGSP		Retention	Peak
Peak Name	%	Area %	Time (min)	Area
A1a		1.3	0.159	22316
A1b		1.0	0.213	16358
F		1.8	0.265	30683
LA1c		1.7	0.387	28909
A1c	5.5		0.486	74142
P3		3.4	0.771	57402
P4		1.2	0.853	20770
Ao		85.1	0.990	1434437

Total Area: 1,685,019

<u>HbA1c (NGSP) = 5.5 %</u> HbA1c (IFCC) = 37 mmol/mol

