

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Vinayak S Valanju	Test Code	: AHC-50
Emp Code	:	Test Date	: 26-03-2022
Age	: 38 Years	Sex	: Male
Contact No	: 9833887509	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

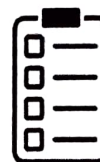
PHYSIOLOGICAL DATA

Height : 171 Cms	Weight : 83 Kgs	Expected Weight : 65 Kgs
B.P : 120/70 mmHg	PULSE : 74 /min	Body Mass Index : 28.38



MEDICAL HISTORY

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Cronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodneal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R <input type="text" value="N-36"/> L <input type="text" value="N-36"/>	NEAR	R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	<input type="text" value="NO"/>
FAR	R <input type="text" value="6/36"/> L <input type="text" value="6/36"/>	FAR	R <input type="text" value="6/6"/> L <input type="text" value="6/6"/>	



VISION REMARK : NORMAL WITH GLASS

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CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION

General Condition : Good	Nails : NAD
Oedema Feet : Absent	Skin : Normal
Temperature : Normal	Deformities : None

CARDIOVASCULAR

Heart Sound : Normal

ABDOMEN

Liver : Not Palpable	Spleen : Not Palpable
	Other Masses : NAD

GENITO URINARY

Ext. Genitalia : Normal	Discharge : No
	Hydrocele : Normal

LYMPHATIC AND ENDOCRINE

Lymph Nodes : Not Palpable	Thyroid : Not Palpable
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MUSCULO SKETEAL

Bones : NAD	Joints : NAD
	Posture Spine : Normal

NERVOUS SYSTEM

Sensory System : Normal	Reflexes : Normal
	Motor System : Normal

EYE CHECKUP

Conjunctiva : Normal	Cornea : Normal
Pupil : Normal	Fundus : NAD

E.C.G : Within Normal Limits

PFT : NA

ADVICE : Normal Health.

RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

*NAD - No Abnormality Ditected
NA - Not Applicable

Dr. Rahul S Deshpande
M.B.B.S. D. Ortho A.F.I.H (Mumbai)
Regd. No. 081019
HARDEV. HEALTH. CARE



Dr. Rahul Deshpande
M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
Industrial Health Consultant

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BLOOD GROUP & RH FACTOR Blood Group : 'A' Rh Typing : 'Positive'

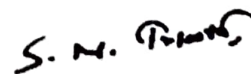
EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	15.4	mg/dl	13 - 17
RBC	4.70	mill/cumm	4.5 - 5.5
PCV / HCT	47.3	%	40 - 50
MCV	100.6	fl	83 - 101
MCH	32.8*	pj	27 - 32
MCHC	32.6	g/dl	31.5 - 34.5
RDW	12.9	%	11.6 - 14
Total WBC Count	6300	mill/cumm	4000 - 10000
Neutrophils	61	%	40 - 80
Lymphocytes	36	%	20 - 40
Monocytes	02	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	256000	per cu. mm.	150000 - 410000
ESR	11	mm	0 - 20
DIABETIC PROFILE	RESULT	UNITS	NORMAL RANGE
HbA1c	4.80	mgdl	4 - 6.5
Blood sugar fasting	90.2	mg/dl	70 - 120
KIDNEY FUNCTION TEST			
S. creatinine	1.28	mg/dl	0.5 - 1.5
Uric acid	5.80	mg/dl	4.5 - 6.7
Urea	34.98	mg/dl	14 - 40
Blood urea nitrogen	16.336	mg/dl	6 - 21
Bun/Creatinine Ratio	27.3	-NA--	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 30ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 4-5 hpf
Appearance : Clear	Specific Gravity : 1.020	Pus Cell : 6-7 hpf
Deposite : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.



Dr. Surya N. Tripathi
Consulting Pathologist
Reg No - 2000/04/1994

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BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	159.8	mg/dl	130 - 200
Hdl cholesterol	39*	mg/dl	40 - 60
Ldl cholesterol	96.40	mg/dl	95 - 145
VLDL	24.40	mg/dL	2 - 30
LDL/HDL RATIO	2.47	-NA--	0.5 - 3.5
Triglycerides	122.0	mg/dl	70 - 140
Cholesterol/HDL Ratio	4.10	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.7	mg/dl	0.2 - 1.2
Direct bilirubin	0.3	mg/dl	0 - 0.5
Indirect bilirubin	0.4*	mg/dl	0 - 0.3
SGOT	36.1	/ml	0 - 40
SGPT	30.5	/ml	0 - 40
Protein	7.1	g/dl	6 - 8
Albumin	4.3	g/dl	3.5 - 5.5
S. Globulin	2.8	g/dl	2.5 - 3.5
Alkaline phosphatase	89.3	u/l	50 - 150
GGT	30.18	u/l	10 - 50

S. N. Tripathi

Dr. Surya N. Tripathi
Consulting Pathologist
Reg No - 2000/04/1994

TEST DATE : 26-03-2022
REF. BY : HARDEV HEALTH CARE
EMP CODE :
NAME : Vinayak S Valanju
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	91.4	ng/dl	60 - 200
T4	C.L.I.A.	7.0	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	0.83	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 26-03-2022
Sample Received on (SRT) : 27.03.2022
Report Released on (RRT) : 28 March 2022
Sample Type : SERUM
Labcode : 110741711/AND45
Test Code : AHC-50

Dr.Durgaprasad N Agrawal MD

Dr.Caesar Sengupta MD

Medical Test Date : 26-03-2022

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Name : Vinayak S Valanju

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X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study

SUGGEST : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

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3ch x 4 + (1ch)

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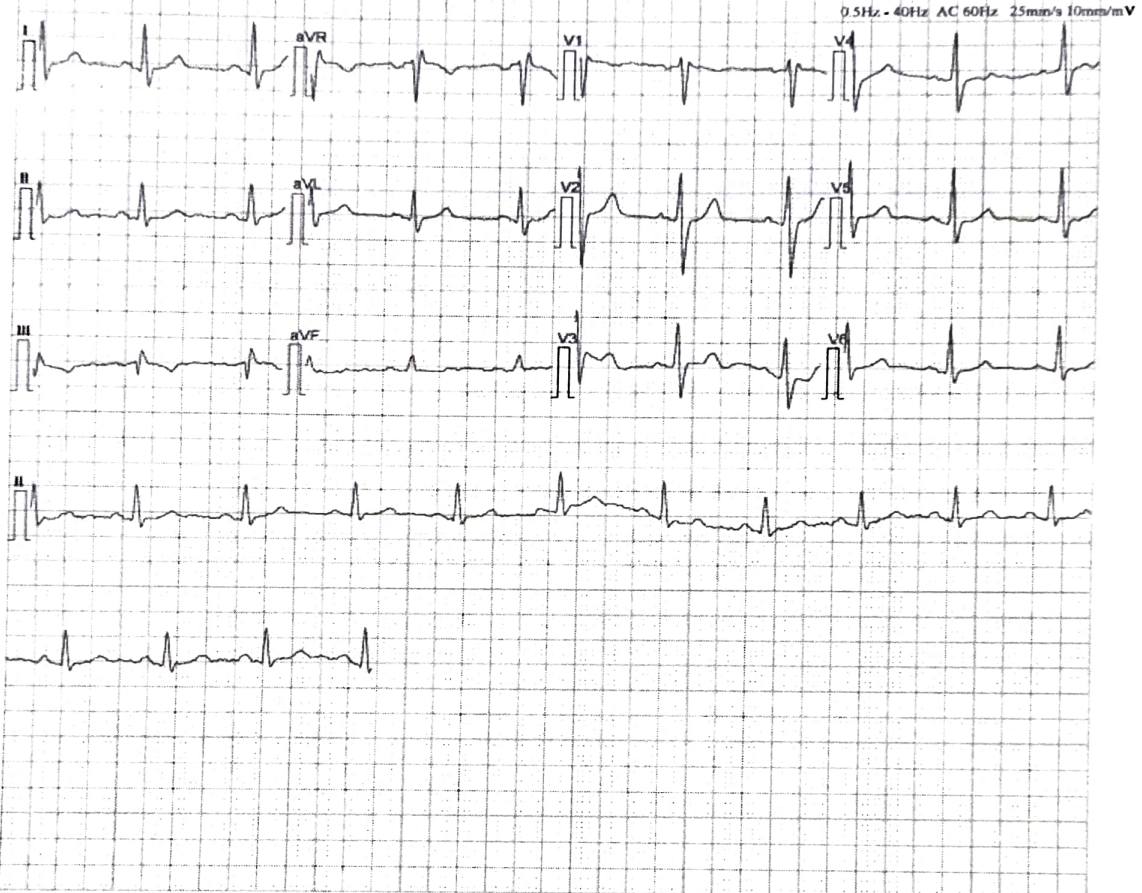
ID: 20210232236805

Sex: Male

Date of Birth: 38

Hospital:

Department:



[Measurement]					
HR:	84 bpm	P	Width:	80 ms	RV5/SV1: 1.064/-0.779 mV
P Axis:	53 deg	PR	Interval:	146 ms	RV5+SV1: 1.843 mV
QRS Axis:	45 deg	QRS	Duration:	112 ms	
T Axis:	16 deg	QT/QTc	Interval:	346/408 ms	
[Analysis Result]					
** normal ECG **					
Sinus rhythm					

Reporter: _____

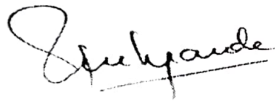
Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani
M.D.(Med)
Reg No - 58574

Date : 26-03-2022

FITNESS CERTIFICATE

This is to certify that **Mr. Vinayak S Valanju** Emp. No. age **38** Yrs. has undergone the medical examination with us on **26-03-2022**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.



Dr. Rahul S Deshpande
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HARDEV. HEALTH. CARE

Authorised Medical Practitioner