

## MEDICAL SUMMARY

NAME:	Suresh Nark	UHID:	
AGE:	29	DATE OF HEALTHCHECK:	11/2/2023
GENDER:	Male		

HEIGHT:	180 cm	MARITAL STATUS:	
WEIGHT:	83.1 kg	NO OF CHILDREN:	

BMI - 25.6

C/O: No fresh complains

K/C/O: NO

PRESENT MEDICATION: NO

P/M/H:

P/S/H:

H/A: SMOKING:

ALCOHOL:

TOBACCO/PAN:

NO

FAMILY HISTORY FATHER: on Anti Hypertension HTN  
MOTHER: -

O/E:

LYMPHADENOPATHY: NO

BP: 120/70 mmHg PULSE: 78/min

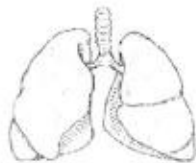
PALLOR/LCTERUS/CYNOSIS/CLUBBING: NO

TEMPERATURE: Afebrile SCARS:

OEDEMA: NO

S/E:

RS:



AERIE.

P/A:

Soft, non tender

CVS: S1S2 (+)

Extremities & Spine: (N)

ENT: (N)

CNS: Conscious, well oriented Skin: (N)

Vision:

	Without Glass		With Glass	
	Right Eye	Left eye	Right Eye	Left eye
FAR :				
NEAR :				
COLOUR VISION:				
ADVISE :				

• ANDHERI • COLABA • NASHIK • VASHI

## OPHTHALMIC EVALUATION

UHID No.: \_\_\_\_\_

Name: Mr. Suresh P. Naik

Date: 11/02/2023

Age: 29 yrs Gender: Male/Female

Without Correction :

Distance: Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

Near : Right Eye N-6 Left Eye N-6

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : (BE) WNL

Anterior Segment Examination : (BE) WNL

Pupils : (BE) WNL

Fundus : (BE) WNL

Intraocular Pressure : \_\_\_\_\_

Diagnosis : (BE) WNL

Advice : \_\_\_\_\_

Re-Check on \_\_\_\_\_

(This Prescription needs verification every year)

**DR. SAGORIKA DEY**  
MBBS, DOMS

Dr. REGN NO: 2008/04/1182  
(Consultant Ophthalmologist)

*Sdey*

## DENTAL CHECKUP

Name: <u>Suresh Naik</u>	MR NO:
Age/Gender : <u>29/M</u>	Date: <u>11/2</u>

Medical history:  Diabetes  Hypertension  \_\_\_\_\_

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility				
Caries ( Cavities )				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

NA

**TREATMENT ADVISED:**

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis:  Scaling & polishing  
 Orthodontic Advice for Braces:  Yes /  No  
 Prosthetic Advice to Replace Missing Teeth:  Denture  Bridge  Implant  
 Oral Habits:  Tobacco  Cigarette  Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.

Other Findings: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

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Name : Mr. Suresh P Naik  
UHID : FVAH 5000.  
Ref. by : SELF  
Barcode No : 4973

Gender : Male Age : 29 Years  
Bill No : Lab No: V-277-23  
Sample Col.Dt : 11/02/2023 09:30  
Reported On : 11/02/2023 21:21

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
Haemoglobin(Colorimetric method)	14 g/dl	13 - 18
RBC Count (Impedance)	5.13 Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	41.4 %	35 - 55
MCV:(Calculated parameter)	80.7 fl	78 - 98
MCH:(Calculated parameter)	27.2 pg	26 - 34
MCHC:(Calculated parameter)	33.8 gm/dl	30 - 36
RDW-CV:	13.6 %	11.5 - 16.5
Total Leucocyte count(Impedance)	7760 /cumm.	4000 - 10500
Neutrophils:	54 %	40 - 75
Lymphocytes:	34 %	20 - 40
Eosinophils:	<b>08</b> %	0 - 6
Monocytes:	04 %	2 - 10
Basophils:	00 %	0 - 2

Platelets Count(Impedance method)	2.99 Lakhs/c.mm	1.5 - 4.5
MPV	7.9 fl	6.0 - 11.0

Peripheral Smear (Microscopic examination)  
RBCs: Normochromic, Normocytic

WBCs: Eosinophilia


Platelets Adequate

Note: Test Run on 5 part cell counter.

Ms Kaveri Gaonkar  
Entered By

Ms Kaveri Gaonkar  
Verified By

End of Report  
Results are to be correlated clinically

  
Dr. M. D. Patwardhan  
M.D(Path)  
Chief Pathologist

Name : Mr. Suresh P Naik                      Gender : Male                      Age : 29 Years  
UHID : FVAH 5000.                              Bill No :                              Lab No: V-277-23  
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TEST                                      RESULTS                                      BIOLOGICAL REFERENCE INTERVAL

**ESR(Westergren Method)**

**Erythrocyte Sedimentation Rate:-**                      03                      mm/1st hr                      0 - 20

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M.D(Path)  
Chief Pathologist

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
	<b>PLASMA GLUCOSE</b>		
Fasting Plasma Glucose :	95	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : $\geq$ 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	96	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : $\geq$ 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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M.D(Path)  
Page 2 of Chief Pathologist

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Lipid Profile- Serum</b>			
S. Cholesterol(Oxidase)	208	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	93	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	18.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	<b><u>35.9</u></b>	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	153.5	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<b><u>5.8</u></b>		3.5 - 5
Ratio of LDL/HDL	<b><u>4.3</u></b>		2.5 - 3.5

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Dr. Milind Patwardhan  
Page 6 of 6 MD(Path)  
Chief Pathologist

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TEST      RESULTS      UNITS      BIOLOGICAL REFERENCE INTERVAL

**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	7.26	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.56	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.7	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.69		0.9 - 2
S.Total Bilirubin (DPD):	0.57	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.39	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	23	U/L	5 - 36
S.ALT (SGPT) (IFCC Kinetic with P5P):	25	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	82	U/L	40 - 129
S.GGT(IFCC Kinetic):	26	U/L	11 - 50

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Page 7 of 10  **Dr. Milind Patwardhan**

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Name : Mr. Suresh P Naik Gender : Male Age : 29 Years  
UHID : FVAH 5000. Bill No : Lab No: V-277-23  
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Thyroid (T3,T4,TSH)- Serum</b>			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.63	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	102.2	nmol/L	66 - 181 nmol/L
TSH (Thyroid-stimulating hormone) (ECLIA)	1.58	□IU/mL	Euthyroid : 0.35 - 5.50 □IU/mL Hyperthyroid : < 0.35 □IU/mL Hypothyroid : > 5.50 □IU/mL

Grey zone values observed in physiological/therapeutic effect.

**Note:**

**T3 :**

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

**T4 :**

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

**TSH :**

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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TEST      RESULTS      BIOLOGICAL REFERENCE INTERVAL

**URINE REPORT**

**PHYSICAL EXAMINATION**

QUANTITY	60	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.010		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

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Suresh, Naik  
5000

29 Years Male

11.02.2023 10:25:15  
Apollo Clinic  
1st Flr, The Emerald, Sector-12,  
Vashi, Mumbai-400703.

58 bpm  
-- / -- mmHg

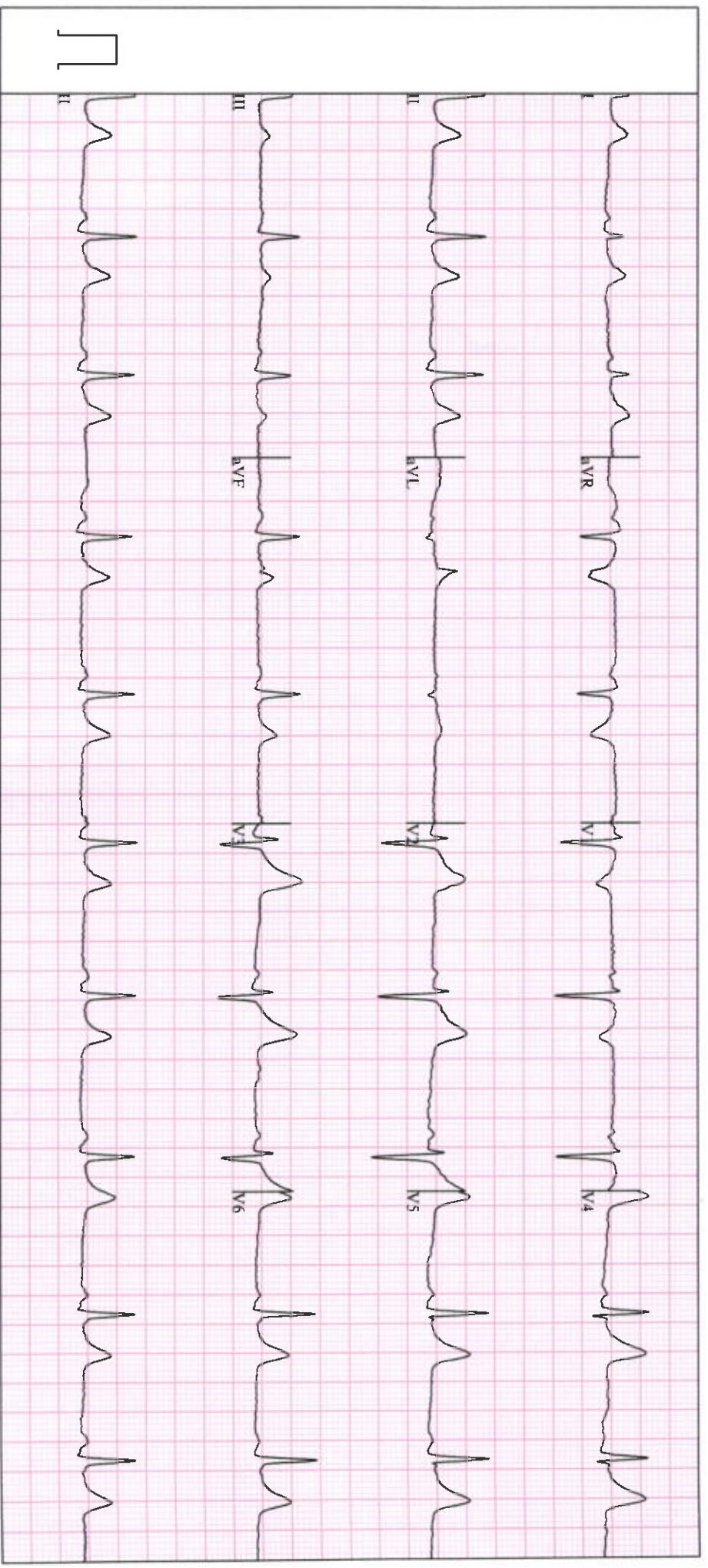
# NORMAL ECG

QRS : 80 ms  
QT / QTcBaz : 416 / 408 ms  
PR : 142 ms  
P : 108 ms  
RR / PP : 1042 / 1034 ms  
P / QRS / T : 47 / 62 / 40 degrees

Sinus bradycardia  
Otherwise normal ECG

WNL

**DR. ANIRBAN DASGUPTA**  
M.B., B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC - 2005/02/10920





Apollo Clinic  
The Emerald, Plot No-195/B, Sector-12,  
Neel Siddhi Towers, Vashi-400703

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: SURESH, NAIK  
Patient ID: 05000  
Height:  
Weight:

DOB: 24.07.1993  
Age: 29yrs  
Gender: Male  
Race: Asian

Study Date: 11.02.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. ANIRBAN DASGUPTA  
Technician: Anita Gaikwad

Medications:  
NIL

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:20	0.00	0.00	72	120/70	
	STANDING	00:15	0.00	0.00	67		
	HYPERV.	00:15	0.00	0.00	75		
	WARM-UP	00:08	0.00	0.00	76		
EXERCISE	STAGE 1	01:33	1.70	10.00	117		
	STAGE 2	01:35	2.50	12.00	129	130/70	
	STAGE 3	02:02	3.40	14.00	164	140/70	
RECOVERY		01:06	0.00	0.00	118	160/70	

The patient exercised according to the BRUCE for 5:08 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 68 bpm rose to a maximal heart rate of 166 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/70 mmHg, rose to a maximum blood pressure of 160/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

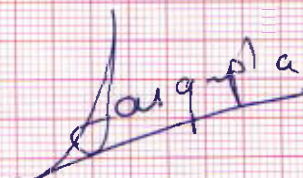
### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

 - Dr. ANIRBAN DASGUPTA  
M.B.B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC -2005/02/0920



PATIENT'S NAME	SURESH P NAIK	AGE :- 29y/M
UHID NO	5000	11 Feb 2023

**X-RAY CHEST PA VIEW**

**OBSERVATION:**

Bilateral lung fields are clear.

Both hila are normal.

Bilateral cardiophrenic and costophrenic angles are normal.

The trachea is central.

Aorta appears normal.

The mediastinal and cardiac silhouette are normal.

Soft tissues of the chest wall are normal.

Bony thorax is normal.

**IMPRESSION:**

- No significant abnormality seen.



**DR.CHHAYA S. SANGANI**  
**CONSULTANT SONOLOGIST**  
Reg No. 073826

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PATIENT'S NAME	SURESH P NAIK	AGE :- 29y/M
UHID NO	5000	11 Feb 2023

**USG WHOLE ABDOMEN**

**LIVER** is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

**SPLEEN** is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

**RIGHT KIDNEY** measures 11.3 x 5.2 cm. **LEFT KIDNEY** measures 11.5 x 5.1 cm.

**Urinary Bladder** is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

**PROSTATE** is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

**IMPRESSION** –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR.CHHAYA S. SANGANI**  
**CONSULTANT SONOLOGIST**  
**Reg: No. 073826**

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Name: Mr Suresh Naik

Age: 29Y

Date of Health check-up: 11/2/23

## Findings and Recommendation:

### Findings:-

Chol - ↑.

### Recommendation:-

Diet/Exer

Signature:

Consultant

DR. ANIRBAN DASGUPTA  
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