

#### Mrs. RATI PRIYA (38 /F)

UHID

AHIL.0000744993

AHC No

AHILAH192130

Date

10/02/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

# Namaste Mrs. RATI PRIYA,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases**: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via <a href="www.apollo247.com">www.apollo247.com</a> or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! 

Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

For Enquiry/Appearaments Contact +91 76988 15003 / +91 79 66701880





: Mrs. RATI PRIYA (38 /F)

Date

**Examined by: Dr. SHASHIKANT NIGAM** 

MEDIWHEEL-FULL BODY CHK-BCLOW40-FEMALE

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: AHILAH192130



#### **Chief Complaints**

For Annual health checkup No specific complaints

### Present Known illness

Hypertension

Since - 2 YRS; Medication - regular; - TAB CONCOR AM 2.5



#### Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant :

**ENT** 

- Nil Significant

į

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant



#### Past medical history

Do you have any

- No

allergies?

Do you have any drug - No

allergies?



#### Surgical history

Surgical history

Nil

Caesarian section

- 2015

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MTP - 2022



### Personal history

Ethnicity

- Indian Asian

Marital status

Married

No. of children

Male

Profession

corporate employed

Diet

Mixed Diet

Alcohol

does not consume alcohol

Smoking

Chews tobacco

No

Physical activity

Moderate

## Family history

Father

alive

Aged

70

Mother

alive

Aged

62

**Brothers** 

1

Diabetes

father

Hypertension

father, mother

Coronary artery

- none

disease Cancer

None

Thyroid/other

- mother

endocrine disorder

# Physical Examination



#### General

General appearance

- normal

Build

- normal

Height

- 154

Weight

- 54

BMI Pallor

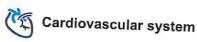
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- no



Heart rate (Per minute)

- 74

Rhythm

- Regular

- B.P. Supine

Systolic(mm of Hg)

- 130

Diastolic(mm of Hg)

- 80

Heart sounds

- S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds

Abdomen

Organomegaly

- No

Tenderness

- No

Printed By :

MUKTA S ADALTI

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For online appointment: www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital

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### STOOL ROUTINE

Stool test involves the collection and analysis of fecal matter to diagnose the presence or absence of a medical condition. One of the most common stool tests, the fecal occult blood test can be used to diagnose many conditions that cause bleeding in the gastrointestinal system including colorectal cancer or stomach cancer. Parasitic diseases like worm can be diagnosed by examining stools under a microscope for the presence of worm larvae or eggs. Some bacterial diseases can be detected with a stool culture. Viruses such as rotavirus can also be found in stools.

Test Name	Result	Unit	Level	Donas
Colour:			revel	Range
	Brown			
Consistency:	Semi Solid			
Mucus:	Absent			
Blood:	Negative			
Reaction	Acidic			
Occult Blood	Negative			
Reducing Substances	=0			
Pus:	1-2 /h.p.f			2.2
RBC	Nil	/hpf		2-3
Epithelial Cells	Nil	mpi		0-5/hpf
Yeast Cells	Nil			
Vegetable Matter	Present			
Neutral Fat	Absent			
Starch Granules	Absent			
Trophozoite	Absent	MX		
Ova:	Absent			
Cysts:	Absent			

# URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Clear			
Hq	6.5			
<ul><li>Within Normal Range</li></ul>	Borderline H	igh/Low	Out o	of Range

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Ketone

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Organization is Accredited by Joint Communication International Communication Communic Nil

> Sugar: Nil

Blood: Negative

Absent Bile Pigments:

Absent Urobilinogen

Nil E.U./dL

Nitrite Negative

Pus Cells Occassional 0-5

RBC Nil /hpf 0-5/hpf

**Epithelial Cells** Occassional

Casts: Absent

Crystals: Absent

## **COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	12.4	gm%		12-16
Packed cell volume(Calculated)	38.3	%		36-46
RBC COUNT (Impedance)	4.81	Million/ul		3.8-5.2
MCV (From RBC Histogram)	79.6 *	fl		80-100
MCH(Calculated)	25.66 *	pg		27-32
MCHC(Calculated)	32.2	%		31-36
RDW(Calculated)	15.5 *	%		11.5-14.5
WBC Count (Impedance)	6275	/cu mm		4000-11000
Neutrophils	57	%		40-75
Lymphocytes	30	%		20-40
Monocytes	08	%		2-10
Eosinophils	05	%		01-06
Basophils	00	%		0-1
Platelet Count (Impedance)	284800	/cu mm		
MPV (Calculated)	9.5	fl		150000-450000
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic– electronic)	18	mm/1st hr	•	7-11 0-20

Within Normal Range

Borderline High/Low



**Out of Range** 





Level

Range

Date AHC No

#### Organization is Accredite INE GLUCOSE(FASTING)

Test Name Result Unit

Urine Glucose (Post Prandial) Nil

URINE GLUCOSE(POST PRANDIAL)

Test Name Result Unit Level Range

Urine Glucose (Post Prandial) Nil

BLOOD GROUPING AND TYPING (ABO and Rh)

**Test Name** Result Unit Level Range

BLOOD GROUP: O Positive

## LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

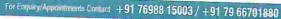
	iow the response	to treatment.			Anthon thom
Test Name	Result	Unit	Level	Range	
ALT(SGPT) - SERUM / PLASMA	20	U/L		0-35	
ALKALINE PHOSPHATASE - SERUM/PLASMA	134 *	U/L	•	Adult(Female): 35 - 104	
AST (SGOT) - SERUM	24	U/L		>1 year Female : <32	
Total Bilirubin	0.83	mg/dL		0.300-1.200	
Direct Bilirubin	0.277	mg/dL		Upto 0.3 mg/dl	
Indirect Bilirubin	0.553	mg/dL	•	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/d 10-19 Years 0.2-1.1 mg/dL	dL
CREATININE - SERUM / PLASMA				≥20 Years 0.2-1.2 mg/dL	

## CREATININE - SERUM / PLASMA

**Test Name** Result Unit Level Range

Within Normal Range Borderline High/Low Out of Range

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**Test Name** 

## UHID : AHIL.0000744993



Organization is Accredited by Joint Commission Intended REATININE - SERUM / PLASMA

0.69

mq/dL

Level

Range

Adult Female: 0.5 - 1.2

#### LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	111 *	U/L	•	Male : 10 - 71 Female : 6 - 42

Result

### GLUCOSE - SERUM / PLASMA (FASTING)

Glucose - Plasma (Fasting)	91	mg/dL	70 - 100 : Normal

Unit

125 : Impaired Glucose Tolerance >= 126 : Diabetes Mellitus

## GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	120	mg/dL	•	70-140

### GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.2	%		Normal < 5.7
				%Increased risk for Diabetes 5.7 - 6.4%
				Diabetes >= 6.5%
				Monitoring criteria for Diabetes Mellitus <7.0: Well Controlled Diabetes 7.1 – 8.0: Unsatisfactory Control > 8.0: Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

102.54

#### LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Within Normal Range	Borderline	High/Low	Out	of Range	
PROTEIN TOTAL - SERUM / PLASMA	7.63	g/dL	•	6.00-8.00	
Test Name	Result	Unit	Level	Range	

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Date	0/02/2023
AHC No	HILAH192130

MEDIWHEEL-FULL BODY	CHK-BELOW40-FEMALE
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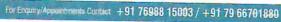
TANK DELOV	A-0-1 CIVIACE			AHC No. AHILAH192
fon is According from int中ROTEIN TOTAL - SERUM / PLASMA	7.63	g/dL	•	6.00-8.00
ALBUMIN - SERUM	4.43	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.43	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.2			2.20-4.20
Globulin-Serum/Plasma	3.2			2.20-4.20
A/G ratio	1.38			1.00-2.00
A/G ratio	1.38			1.00-2.00
THYROID PROFILE (T3,T4 AND TS	SH)			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.1	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female: First Trimester: 1.61 - 3.53 Second Trimester: 1.98 - 4.02 Third Trimester: 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	121	nmol/L	•	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.21	μIU/mL	•	14-120 years : 0.27 - 4.20

### **URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	2.6	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				remale . 2.4-5.7
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL		6-20
UREA - SERUM / PLASMA	19	mg/dL		15 - 50
LIPID PROFILE - SERUM		e <u>s</u>		
Test Name	Result	Unit	Level	Range
Within Normal Range	Borderline Hi	gh/Low	Out o	of Range

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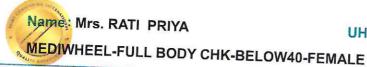














Organization is Accredited by Juni Communication (c. F. F. J. C.)				AHC No AHILAH1921	
by John Commission Intellectal Cholesterol  Triglycerides - Serum	178	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High	
	127	mg/dL		0-150	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	52 *	mg/dL		< 40 : Major risk factor for heart disease	
LDL Cholesterol (Direct LDL)	een:			40 - 59 : The higher The better. >=60 : Considered protective against heart disease	
	112	mg/dL		100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High	
VLDL CHOLESTEROL	25			< 40 mg/dl	
C/H RATIO	4			0-4.5	
				V T,U	

#### X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

# Investigations Not Done / Not Yet Reported

### Histopathology

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

#### CARDIOLOGY

ECHO/TMT

**ECG** 

Within Normal Range

Borderline High/Low



Out of Range







**Executive Summary** 



.BODY WEIGHT 54 KG,DEAL BODY WEIGHT 45-54 KG

.ECG - NORMAL SINUS RHYTHM

.TMT — TEST IS NEGATIVE, EXERCISE TIME 9:32 , WORKLOAD 11.80 METS

.USG ABDOMEN - LEFT RENAL CALYCEAL CALCULUS

.CHEST X-RAY - NORMAL

.EYE - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

## Wellness Prescription

#### Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

### Advice On Physical Activity :-

REGULAR WALK FOR 30 MINS FOR HEALTH, 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 45-54 KG

Printed By : MUKTA S ADALT

Physician Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.





# DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mrs. RATI PRIYA | Female | 38Yr 1Mth 15Days

UHID : AHIL.0000744993 Patient Leas

AHIL.0000/44993 Patient Location: AHC
AHILAH192130

Ref Doctor : DR. SHASHIKANT NIGAM

### X-RAY CHEST PA

#### FINDINGS:

Lung fields are clear.

Patient Identifier:

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

#### **IMPRESSION**

NORMAL STUDY.

--- END OF THE REPORT ---

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Page 1 of 1







AHIL.0000744993 Mrs. RATI PRIYA

Name:

38 Year(s) / Female

UHID:

Distance Vision:

Right Eye -

Left Eye -

Near Vision:

Right Eye: N 6

Left Eye :

APLN.TN - Right Eye \

Left Eye- | 2 mmHg

Both Eye - Colour Vision

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

**Doctor's Signature** 

AHMROP028V1

Ophthalmologist Name



AHIL.0000744993
Mrs. RATI
PRIYA
38 Year(s) / Female

## DENTISTRY

Nome			
Name :		Date : 0 02 2	
Occupation :		Ref. Physician :	
Age:Sex:Male	Female		
	DENTAL	RECORD	
ALLERGIES:			
PAIN : Score (0-10) L	ocation :	С	haracter :
DENTAL CLEANING HABIT	Once Tw	. —	casionally
Ti.	7	□ ••	
Tooth Paste Powder Any other			
DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?  Yes No			
ARE YOUR TEETH SENSITIVE TO HEAT / COLD?			
ORAL HYGIENE			
		Goo	d Fair Poor
ORAL TISSUE EXAMINATION	PERIODONTAI	LEXAMINATION	00011101011
NORMAL FINDINGS	,		OCCLUSION CLASS I II III
IN DISEASE		MILD MOD SEV	CROSSBITE
Cheeks	Gingivitis		Hypoplasia
Tongue :	Calculus		Impaction
Floor of the mouth:	Recession	召吕吕	Non-vital
Palate	Periodontal Pockets	HHH	Fracture
Tonsilar Area :	Attrition	님 님님	Abcess Ulcers
Any other :	Erosion	H H H	Caries
,	Mobility	닐 닏 닏	Missing Teeth
	Wiodility		Supernumerary
			Others
PRESENT COMPLAINT:	V <sub>2</sub>		
Anti	HTN Thyroid coagulant Under D	☐ Acidity ☐ Pregr Orug Therapy	
HMROP007V1	) <del>-</del>	comes f	tm. 0 - 6.





#### DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mrs. RATI PRIYA | Female | 38Yr 1Mth 15Days

UHID : AHIL.0000744993 Patien

Patient Location: AHC

Patient Identifier: AHILAH192130

DRN : 223007502 Completed on : 10-FEB-2023 09:41

Ref Doctor : DR. SHASHIKANT NIGAM

#### **USG WHOLE ABDOMEN**

#### FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 9 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi on right side. Pelvicalyceal system on both sides appear normal.

Approximately 4 mm sized calculus is seen in mid calyx of left kidney.

No evidence of ascites or lymphadenopathy.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 6 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

No definite evidence of adnexal/pelvic mass is seen.

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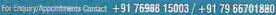
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717876

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Mrs. RATI PRIYA AHIL.0000744993 AHILAH192130

**USG WHOLE ABDOMEN** 

IMPRESSION:

Left renal calyceal claculus.

Rest normal study.

--- END OF THE REPORT ----

DR. VAIBHAVI PATEL

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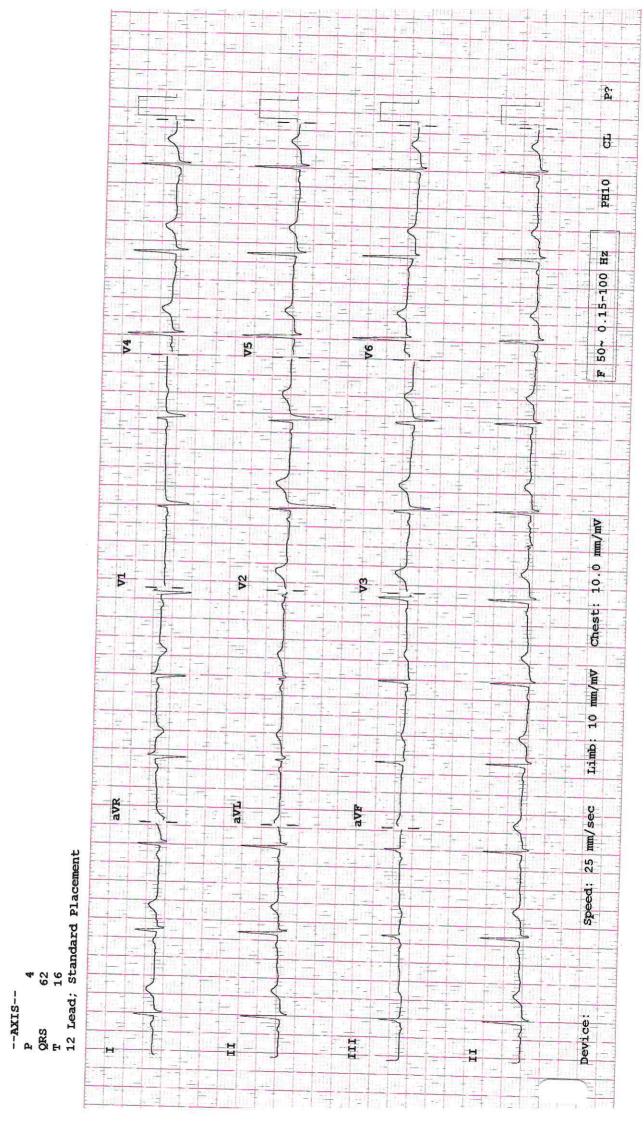




If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

TOOMING LIVES	Age, Sex, Date, Name of Treating Physician					
COTETRICS & GYNAECOL	OGY - AHC					
AHIL.0000744000						
Name: PRIYA	Date: \0\2\23 Unit No.:					
Occupa 38 Year(s) / Female	Ref. Physician: DR. Usha Boure					
Age : ⇒male	Copies to :					
GYNAEC CHECK UP						
Chief Complaint:	OILCK OF					
None.	+2					
Children: 1	Weight:					
Deliveries: 1USCS	BP:					
Last Child: Mul / Syears / LSCS	*					
Abortions: 1 MTP , 1 D&E.	Breasts: Normal					
Periods: legular _ 4-to day	Breasts: Normal  PAP Smear: Tolum.					
LMP: 30/1/23	Previous Medical H/O:					
Menopause: -	HTD ( Dr medication)					
G. Condition:	FIHLO: HTW, DM.					
P/A: Safe-	Previous Surgical H/O:					
S/E:	None.					
PN: O Gre						
P/N: Occurre: Healthy  P/R: Corre: Healthy  Looking	5					
Impression:	) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4					

Doctor Signature
Date & Time
(0 2 23



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2

132 89 391 410

PR QRSD QT QTC

99

Rate

NO ANGINA # ARRHYTHMIA DURING TEST.

GOOD EFFOR TOLERANCE.

Physician

ST-T CHANGES SEEN DURING PEAK EXERCISE AND RECOVERY.
TEST TERMINATED DUE PATIENT FATIGUE AND THR ACHIEVED.

Technician