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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

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- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MR AKASH MOYAL  
**Referred By Dr :** MEDIWHEEL  
**Sex :** MALE **Age :** 33 Years  
**Collected At :** MAHAVIR NAGAR MAIN BRANCH

**Lab No. :** KCA8088 \*KCA8088\*  
**Reg. Date :** 25-Mar-2023 9:03 am  
**Report Date :** 25-Mar-2023 8:38 pm  
**Print Date :** 27-Mar-2023 5:20 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	100.9	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) 5 - 20 mg/dl
Blood Urea Nitrogen (BUN)	12.00		
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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# HEALTHCARE

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 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 33 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8088 \*KCA8088\*  
 Reg. Date : 25-Mar-2023 9:03 am  
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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	5.0	mg%	Male : 3.4 - 7.0 mg%

----- End of Report -----

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# HEALTHCARE

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Patient's Name : MR AKASH MOYAL  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 33 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8088 \*KCA8088\*  
 Reg. Date : 25-Mar-2023 9:03 am  
 Report Date : 25-Mar-2023 6:17 pm  
 Print Date : 27-Mar-2023 5:20 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR AKASH MOYAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KCA8088 \*KCA8088\*  
**Reg. Date** : 25-Mar-2023 9:03 am  
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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	76.3	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq 200$ (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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# HEALTHCARE

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**Patient's Name :** MR AKASH MOYAL  
**Referred By Dr :** MEDIWHEEL  
**Sex :** MALE **Age :** 33 Years  
**Collected At :** MAHAVIR NAGAR MAIN BRANCH

**Lab No. :** KCA8088 \*KCA8088\*  
**Reg. Date :** 25-Mar-2023 9:03 am  
**Report Date :** 25-Mar-2023 2:50 pm  
**Print Date :** 27-Mar-2023 5:20 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.3	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.98	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	42.2	%	Male : 37 - 51 %
MCV	84.70	fl	80- 96 fl
MCH	28.80	pg	27 - 32 pg
MCHC	34.00	gm%	32 - 37 gm%
RDW	13.5	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	5770	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	50	%	40 - 75
Lymphocytes	45	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	223000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	1.13	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	33		
eGFR	79.43	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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# HEALTHCARE

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**Sex** : MALE **Age** : 33 Years  
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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	96.80		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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**Sex** : MALE **Age** : 33 Years  
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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	214	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	95.9	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	47.8	mg / dl	40 - 60 mg / dl
VLDL	19.18	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	147.02	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.48		< 5
LDL / HDL	3.08		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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MD (PATH) MUM

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- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR AKASH MOYAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE    **Age** : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KCA8088 \*KCA8088\*  
**Reg. Date** : 25-Mar-2023 9:03 am  
**Report Date** : 25-Mar-2023 8:39 pm  
**Print Date** : 27-Mar-2023 5:20 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.79	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	27.60	U / L	Up to 49 U / L
S.G.O.T.	25.20	U / L	Up to 46 U / L
Alkaline Phosphatase	65	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.12	gm / dl	6 - 8 gm / dl
Albumin	4.23	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.89	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.46		1.0- 2.3
GGT	23	IU/L	5 - 50 IU/L

----- End of Report -----

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Checked By  
PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR AKASH MOYAL  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 33 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KCA8088 \*KCA8088\*  
**Reg. Date** : 25-Mar-2023 9:03 am  
**Report Date** : 25-Mar-2023 2:50 pm  
**Print Date** : 27-Mar-2023 5:20 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR AKASH MOYAL  
Referred By Dr : MEDIWHEEL  
Sex : MALE Age : 33 Years  
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA8088 \*KCA8088\*  
Reg. Date : 25-Mar-2023 9:03 am  
Report Date : 25-Mar-2023 7:36 pm  
Print Date : 27-Mar-2023 5:20 pm

## THYROID FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ] Method	119.35 ELFA	ng/dl	55 - 180 ng/dl
T4 [ Thyroxine ] Method	9.3 ELFA	ug/dl	4.66 - 10.50 ug/dl
TSH [Thyroid Stimulating Hormone] Method	1.16 ELFA	uIU/mL	0.25 - 5.0 uIU/mL

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

Printed By : RIYA

Checked By  
PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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**Health Check up Booking Request(bobE34895),Package Code(PKG10000240),Beneficiary Code(21215)**

1 message

Tue, Mar 21, 2023 at 3:39 PM

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: customercare@mediwheel.in



**Mediwheel**  
...Your wellness partner



**011-41195959**

**Email:wellness@mediwheel.in**

Dear Healthcare Medical Centre And Diagnostic,  
City : Mumbai . Location : .Borivali West,

We have received the following request for Health Check up from



**Name** : MR. MOYAL AKASH  
**Age** : 31  
**Gender** : Male  
**Member Relations** : Employee  
**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40  
**Package Code** : PKG10000240  
**User Location** : Maharashtra,MUMBAI,400051  
**Contact Details** : 8104464795  
**Booking Date** : 21-03-2023  
**Appointment Date** : 25-03-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. MOYAL AKASH	31	Male	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40 -  
 Includes (37 )Tests

**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS <healthcare.medicals@gmail.com>

Wed, Mar 22, 2023 at 1:37 PM

To: Mediwheel <wellness@mediwheel.in>

Cc: customercare@mediwheel.in

DEAR TEAM,  
 IT WILL BE DONE AS PER SCHEDULE  
 ONLY SONOGRAPHY WILL BE DONE IN AFTERNOON 1:30 PM  
 THANKS & REGARDS  
 CHANDA

[Quoted text hidden]

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

ISO 9001:2008 *Certified*

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9833232128 /// 9022239301 /// 28996565 /// 28991376

MAIL: healthcare.medicals@gmail.com ;

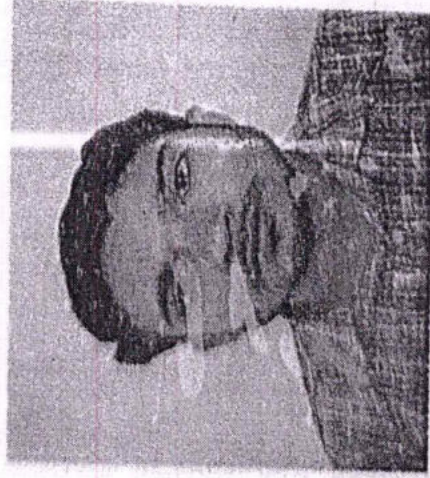
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Mahavir Suryadatsan Sec.  
Satya Kalyani Road, Mahavir Nagar,  
Kandivalli (W), Mumbai - 400 067  
Tel. No. 2869 7808



भारत सरकार  
GOVERNMENT OF INDIA



आकाश मोयल  
Akash Moyal

जन्म वर्ष / Year of Birth : 1989  
पुरुष / Male

DR. NUPUR BAI  
MBS, DIPLOMA CARDIOLOGY (MCC)  
Reg. No.: 201115643



6037 1934 9182

आधार — आम आदमी का अधिकार

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for verification  
8104464795  
Bansal@123



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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**OPHTHALMIC REPORT**

NAME <i>Akash Moyal</i>	DATE <i>25/3/23</i>
R- NO	AGE <i>33</i>
REF. BY DR.	SEX <i>Male</i>

RIGHT EYE

LEFT EYE

V.A. WITHOUT GLASSES:

*6/6*

*6/6*

V.A. WITH GLASSES:

*6/6*

*6/6*

SLIT LAMP EXAMINATION:

IOP – SCHIOTZ TONOMETER:

*—*

*—*

FUNDUS:

*Normal*

*Normal*

COLOUR VISION:  
(ISHIHARA CHART)

OCULAR MOVEMENTS:

*—*

*—*

RETINOSCOPY:

Prescription:

DISTANCE

SPH	CYL	AXIS
	<i>Plane</i>	

NEAR

SPH	CYL	AXIS
	<i>Plane</i>	

CLINICAL IMPRESSION:  
ADVICE:

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Satya Nagar Road, Manavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

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- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE : 25/3/23

TO,

Mediweel

This is regarding your client Miss/Mrs/Mr. Akash Moyal

Visited to our centre on 25/3/23 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool examination

Reason: patient is not comfortable

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

**DR. NUPUR RAI**  
M.B.S. DIPLOMA IN MICROBIOLOGY (PGDCC)  
Reg. No.: 2018115643

**Healthcare**  
Mahavir Suryadarshan Soc.  
Sarya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7888

Medical Examiner

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR AKASH MOYAL</b>	<b>DATE</b>	<b>25.03.2023</b>
		<b>AGE</b>	<b>33YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

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**X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**  
**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

*S. Jadhkar*  
**DR SACHIN JADKAR**  
**(Consultant Radiologist)**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
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- AUDIOMETRY & SPEECH THERAPY
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- CORPORATE HEALTH CHECKUPS



NAME	MR AKASH MOYAL	DATE	25.03.2023
		AGE	33YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE :** Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.  
It weighs: 13 gms.

Excessive bowel gases shadowing noted.

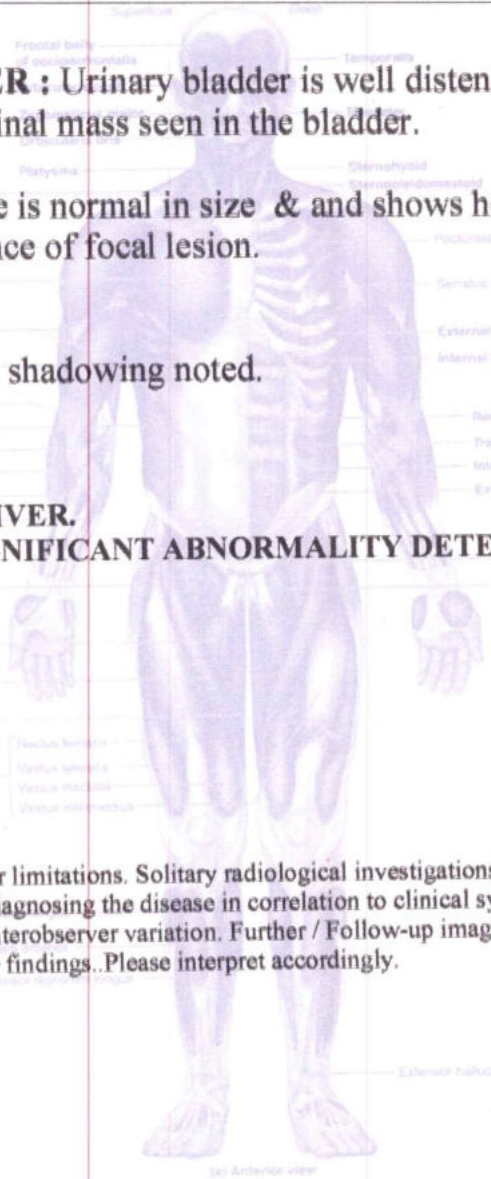
**IMPRESSION :**

- **MILD FATTY LIVER.**
- **NO OTHER SIGNIFICANT ABNORMALITY DETECTED.**

Suggest : Clinical correlation.

*Jadkar*  
**DR. SAHIN JADKAR**  
**CONS. RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.



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- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



# ELECTROCARDIOGRAM (ECG)

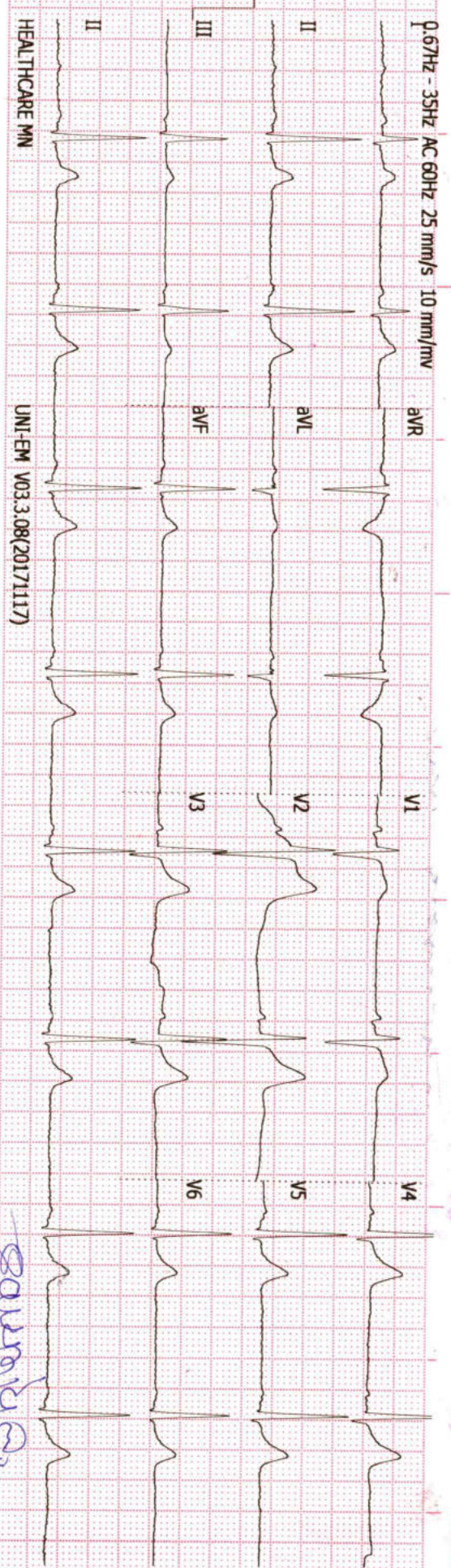
MR AKASH MOYAL  
EKCA8088 25-Mar-2023  
ECG

PATIENT MR. AKASH MOYAL. AGE. 33 SEX MALE  
REF. BY DR. MEDIWHEEL. DATE 25/03/2023

INTERPRETATION : Sinus bradycardia

Healthcare  
Mishra Survekar  
Saiya Nagar Road, Mahavi, 9th  
Kandivli (W), Mumbai - 400 067  
Tel. No. 2869 7800

Dr. Sys  
Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2016115643



*Signature*



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... } *50 bpm*

Ventricular Rate : ..... }

Rhythm : ..... } *4.*

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : ..... } *(15)*

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... *Sinus bradycardia* .....

.....

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME:</b>	MR AKASH MOYAL	<b>DATE:</b>	25/03/2023
<b>HEIGHT:</b> 165 CMS	<b>WEIGHT:</b> 70.7 KG	<b>AGE:</b>	33 YRS
<b>REFERRED BY:</b>	MEDIWHEEL	<b>SEX:</b>	MALE

**PRESENT COMPLAINT:** NIL

**CURRENT MEDICATION:** NIL

**PAST HISTORY :** H/O COVID INFECTION IN 2021  
H/O 3 DOSES OF COVID VACCINE TAKEN

**FAMILY HISTORY:** MOTHER AND FATHER K/C/O HTN, DM

**ALLERGY:** DUST, RICE      **HABITS:** SMOKING SINCE 15YRS,  
ALCOHOL SOCIAL DRINKER      **APPETITE:** GOOD

**BLADDER:** NAD      **BOWEL:** NAD

**DIET:** MIXED      **WATER INTAKE:** APPROX 2-3LIT/DAY

**GENERAL EXAMINATION:**      **ADVICE-**

P:70 /min    **BP:** 120/80 mm of hg  
BMI-26.0

*Avoid oily fatty fried food, Junk food. Brisk walking for 30 mins daily*

**ICTERUS:** NIL      **OEDEMA:** NIL

**OTHERS:** NAD

*Repeat lipid profile after 1 month.*

**RS:** NAD

*Medically fit*

**CVS:** NAD

**PA:** NAD

**CNS:** NAD

**DR. NUPUR RAI**  
MBBS, DDI, OVA, CARDIOLC  
**DR. V. J. MEHTA**  
M.D.

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NAME	MR AKASH MOYAL	DATE	25.03.2023
REF. BY DR.	MEDIWHEEL	AGE	33YRS
		SEX	MALE

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS**

**LIVER :** Liver is normal in size showing increased parenchymal echotexture. There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is well distended. The gall bladder wall of normal thickness. No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

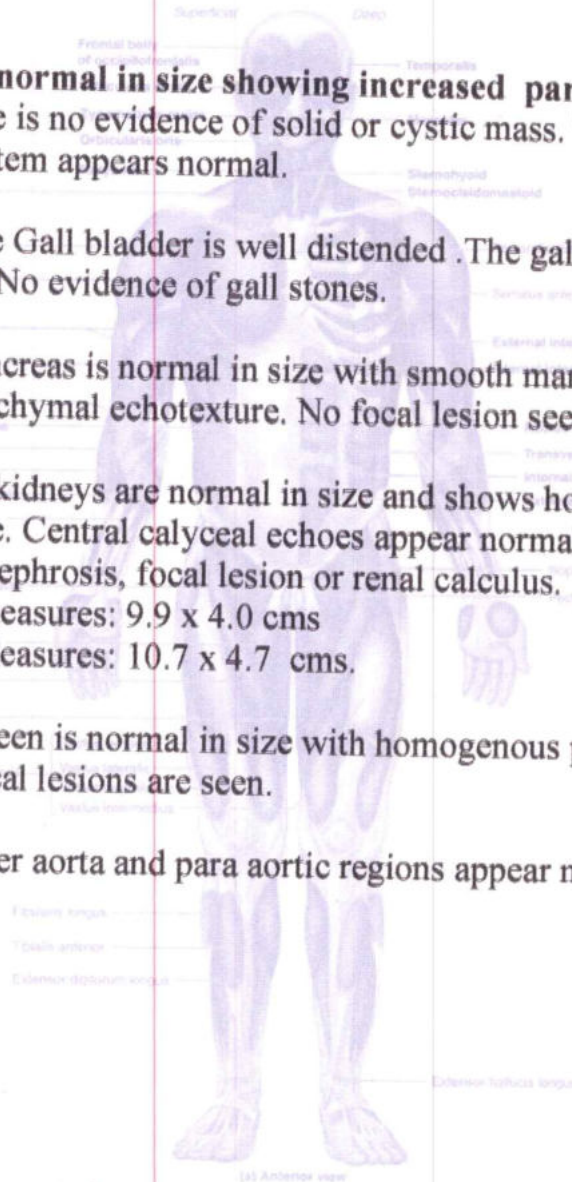
**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

(a) Right kidney measures: 9.9 x 4.0 cms

(b) Left kidney measures: 10.7 x 4.7 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesions are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.



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NAME	MR AKASH MOYAL	DATE	25.03.2023
		AGE	33YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

**URINARY BLADDER :** Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE :** Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.  
It weighs: 13 gms.

Excessive bowel gases shadowing noted.

**IMPRESSION :**

- MILD FATTY LIVER.
- NO OTHER SIGNIFICANT ABNORMALITY DETECTED.

Suggest : Clinical correlation.

*S. Sahin*  
**DR. SAHIN JADKAR**  
**CONS. RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR AKASH MOYAL	DATE	25.03.2023
		AGE	33YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### IMPRESSION :

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

*S. J. Kar*  
**DR SACHIN JADKAR**  
 (Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
MAHAVIR NAGAR KANDIVALI WEST 400068

## TREADMILL TEST REPORT

MR AKASH MOYAL  
ID : 741  
DATE : 25/03/2023  
AGE/SEX : 33 / M  
HT/WT : 165 / 70  
REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION :  
MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					74	120 / 80	88	0.5	0.1	0.7	
STANDING					75	120 / 80	90	0.5	0.2	0.8	
HYPERVENT					74	120 / 80	88	0.6	0.2	0.8	
Stage 1	2:55	0:4	2.7	10	90	120 / 80	108	0.7	0	0.8	4.67
Stage 2	5:55	2:55	4	12	109	130 / 80	141	0.6	0.4	0.8	7.04
Stage 3	8:55	2:55	5.4	14	132	140 / 90	184	0	0.2	0.6	9.92
PK-EXERCISE	10:59	1:59	6.7	16	165	150 / 100	247	-0.2	-0.3	0.3	12.64
RECOVERY	12:11	1:2			107	150 / 100	160	1.7	0.2	2	
RECOVERY	13:12	2:3			90	140 / 80	126	1.1	0.2	1.3	
RECOVERY	14:4	2:55			90	130 / 80	117	0.7	0.2	0.8	

### RESULTS

EXERCISE DURATION : 10:59

MAX HEART RATE : 165 bpm 88 % of target heart rate 187 bpm

MAX BLOOD PRESSURE : 150 / 100 mm Hg

REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,

ARRHYTHMIA : None,

H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

GOOD EFFORT TOLERANCE,  
NO ANGINA, NO ARRHYTHMIA,  
NORMAL HR, BP RESPONSE,  
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 12.64 METS

**Healthcare**  
Mahavir Suryadarshan Soc.  
Mahavir Nagar  
Salya Nagar Road, Kandivali West,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2699 7808

Technician : 1

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCI)  
Reg. NO. 15643  
NROGESH MEHTA ( MD )



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

PRETEST  
SUPINE

ST @ 10mm/mV  
80ms Post-J

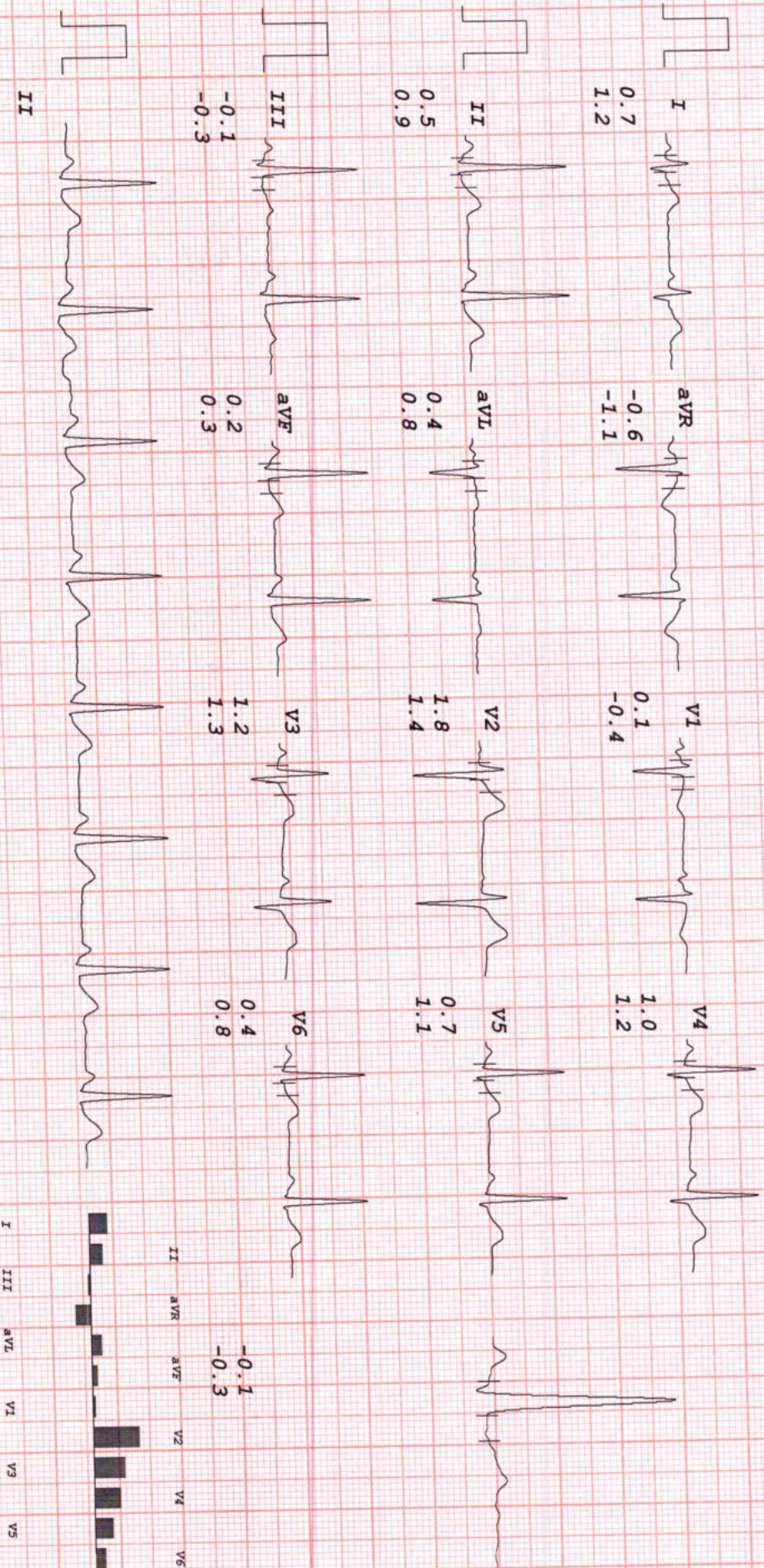
MR AKASH MOYAL  
I.D. 741  
Age 33/M  
Date 25/03/2023

RATE 74bpm  
B.P. 120/80

LINKED MEDIAN

Mag. X 2

III



SAURABH M.



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 75bpm  
 B.P. 120/80

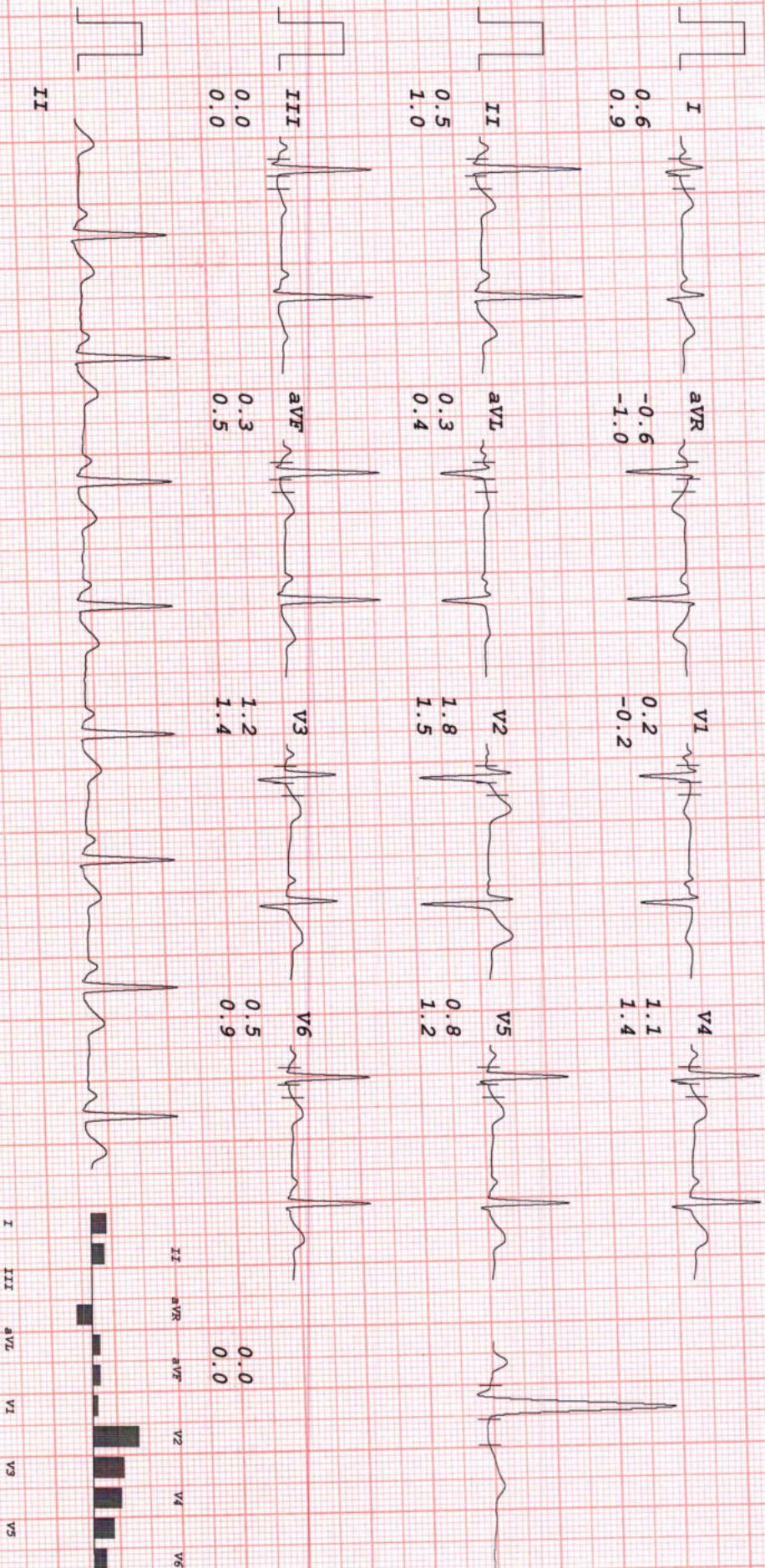
PRETEST  
 STANDING

SP @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



SAURABH



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 74bpm  
 B.P. 120/80

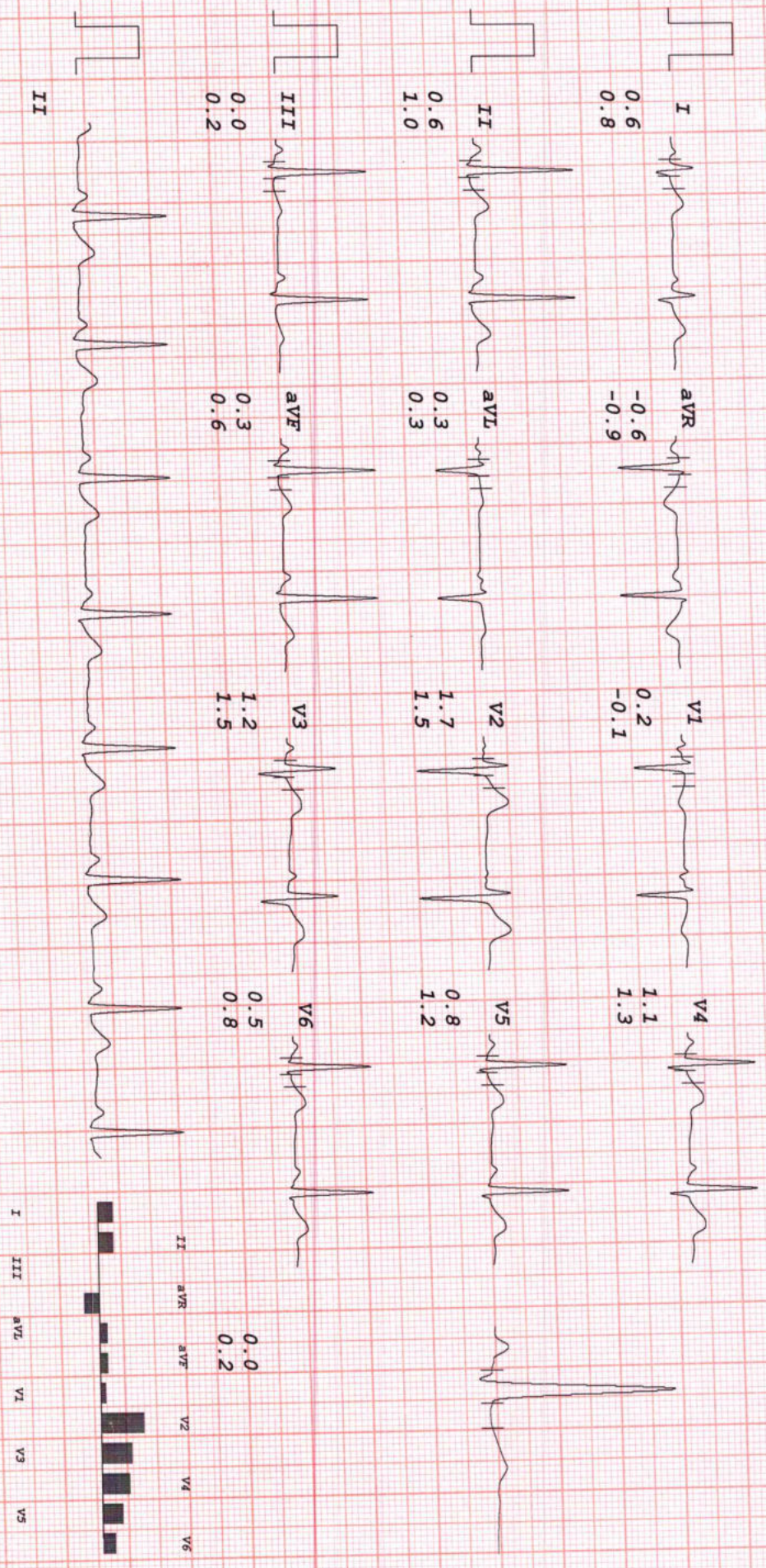
PRETEST  
 HYPERVENT  
 PHASE TIME 0:04

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



BAJAJ MEDICALS



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL

I.D. 741

Age 33/M

Date 25/03/2023

RATE 90bpm

B.P. 120/80

Bruce

Stage 1

TOTAL TIME 2:55

PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

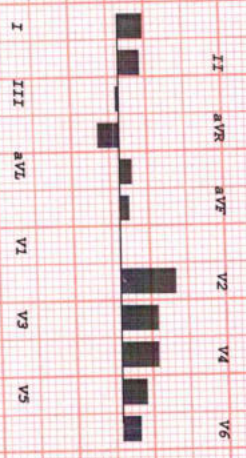
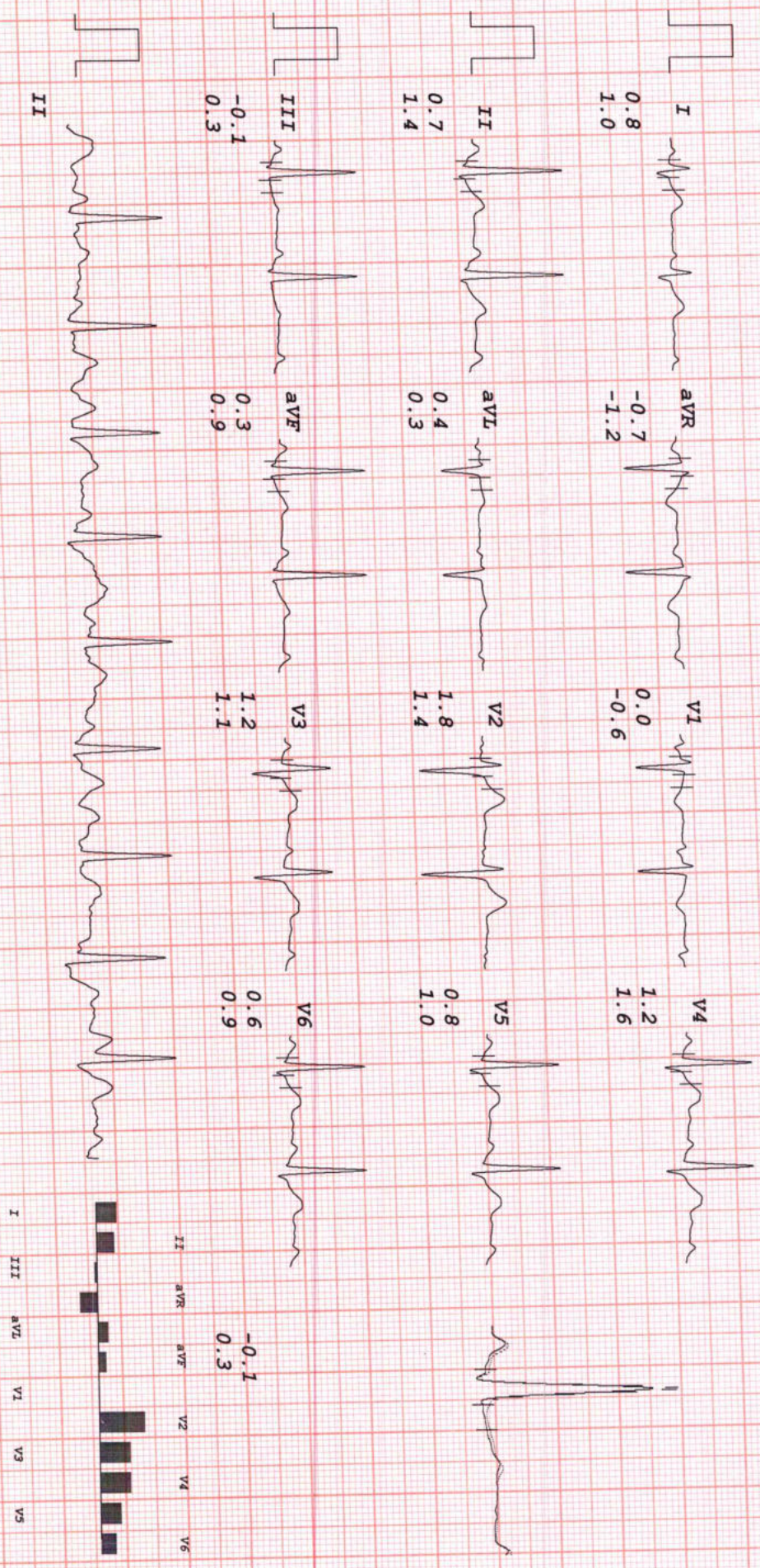
Speed 2.7 km/hr

SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



SAURASHI



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 109bpm  
 B.P. 130/80

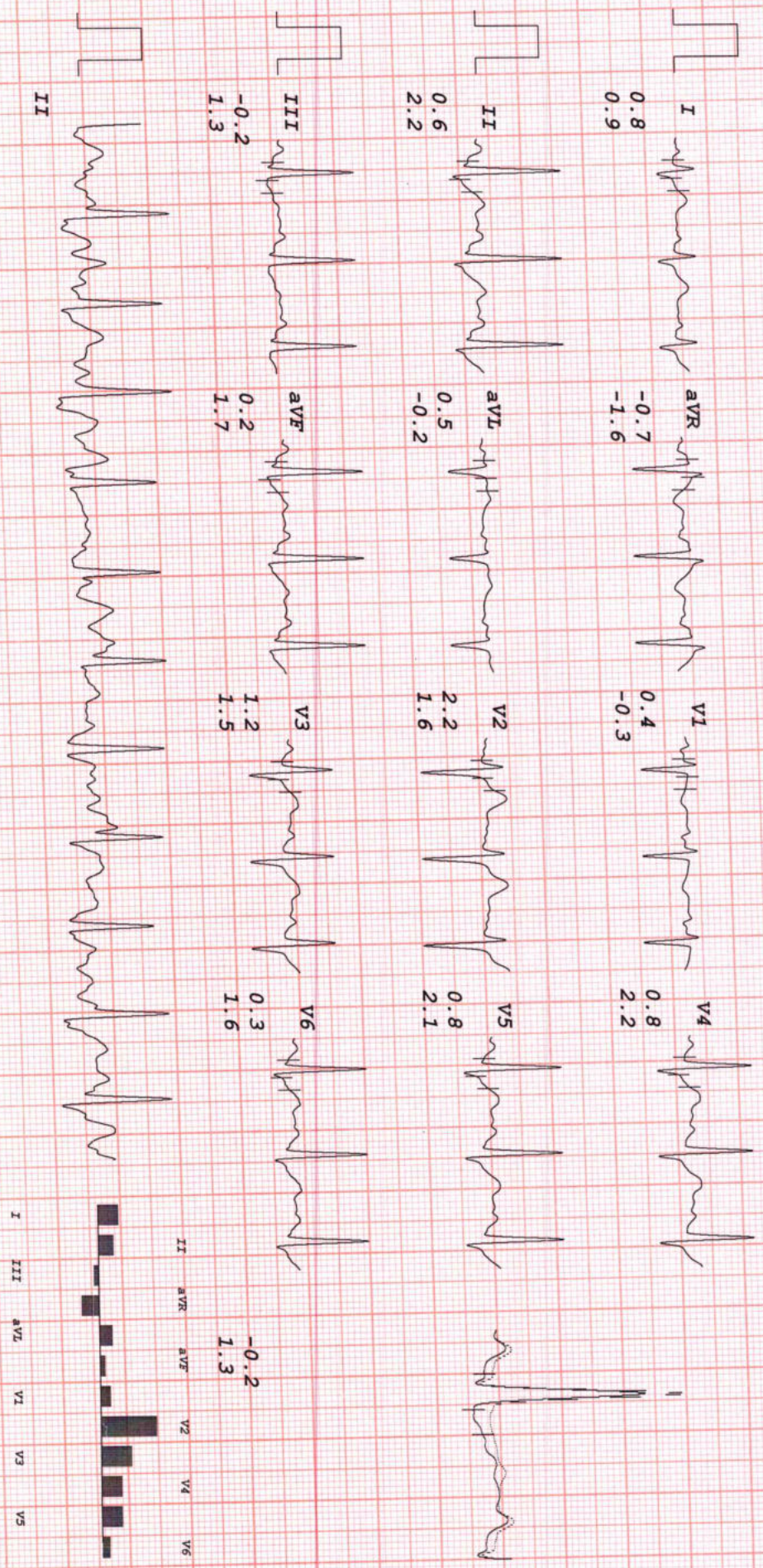
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



*Signature*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 132bpm  
 B.P. 140/90

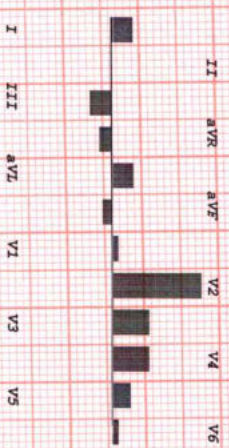
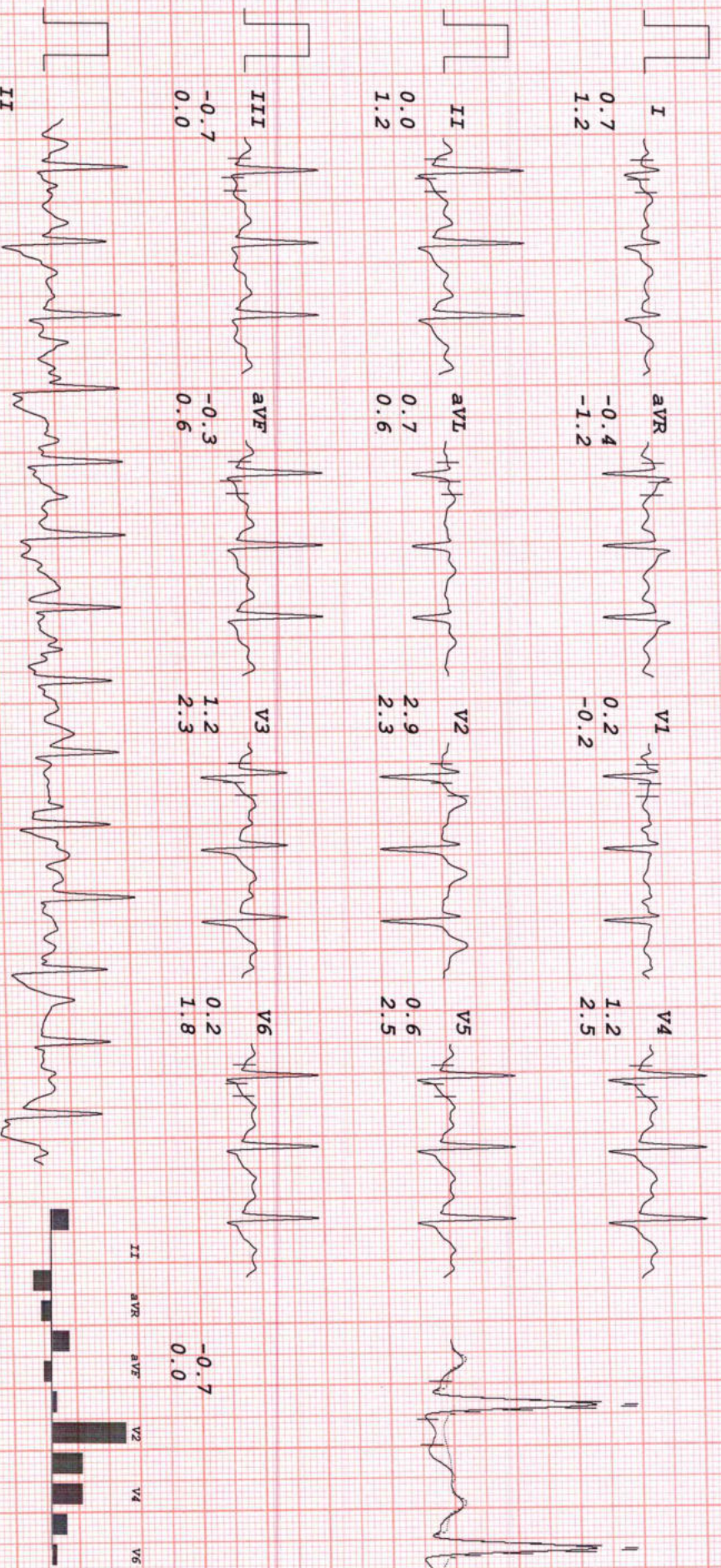
Bruce  
 Stage 3  
 TOTAL TIME 8:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



anhelctromedicals.net



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL

I.D. 741

Age 33/M

Date 25/03/2023

RATE 165bpm

B.P. 150/100

Bruce

PK-EXERCISE

TOTAL TIME 10:59

PHASE TIME 1:59

ST @ 10mm/mV

80ms PostJ

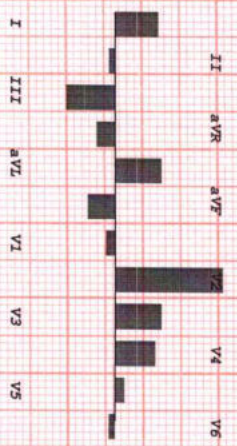
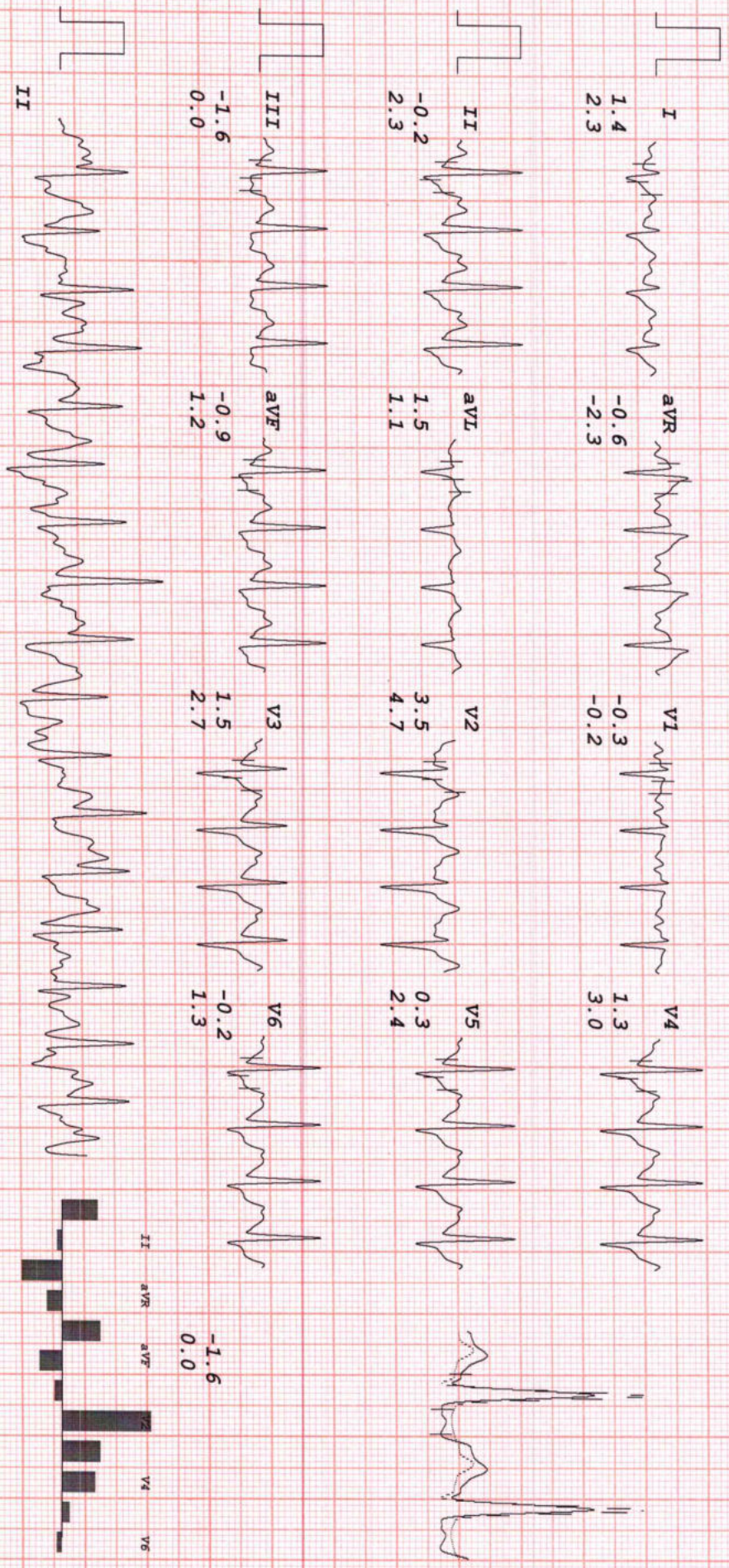
Speed 6.7 km/hr

SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 107bpm  
 B.P. 150/100

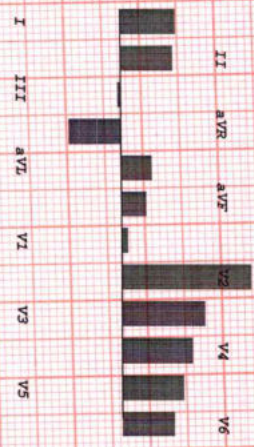
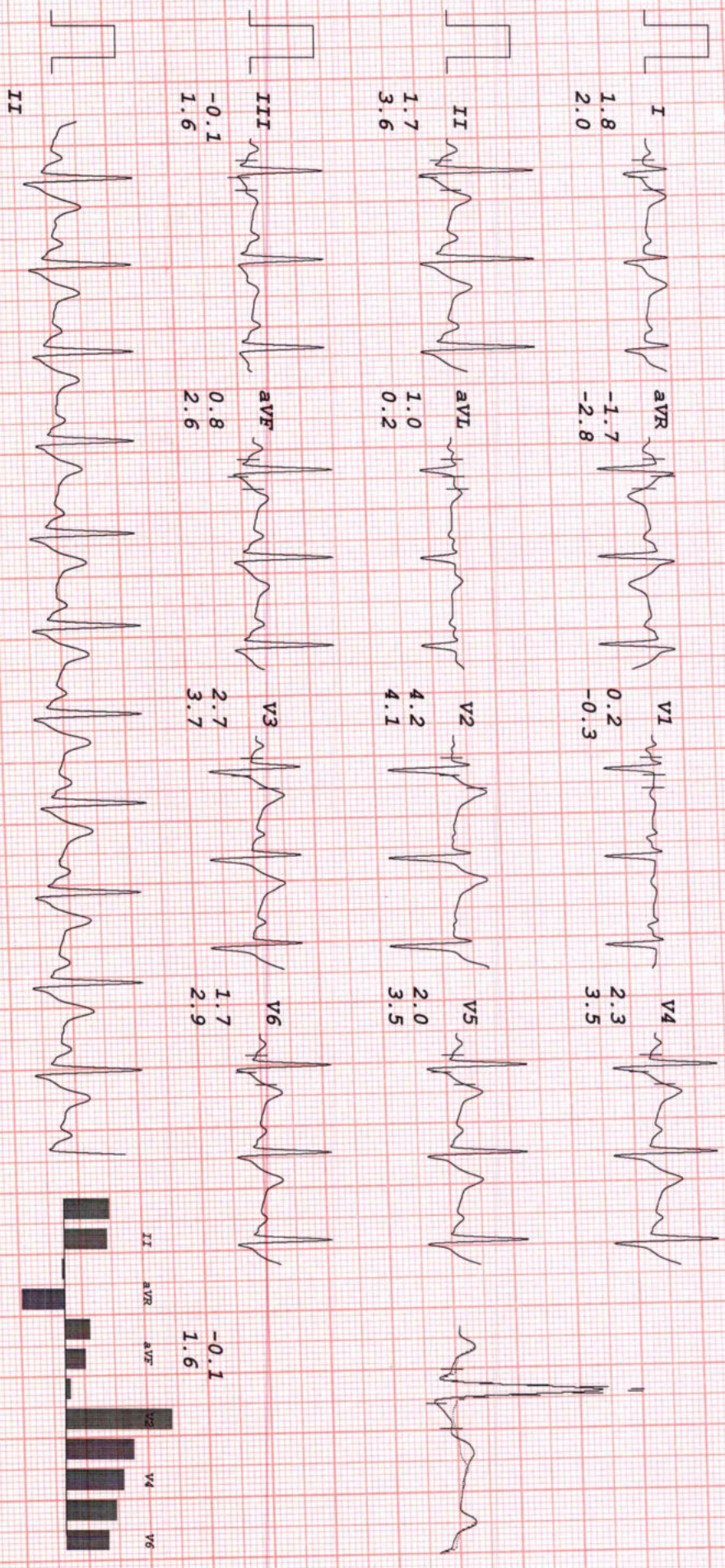
Bruce  
 RECOVERY  
 TOTAL TIME 12:11  
 PHASE TIME 1:02

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



BOVERA@em



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 90bpm  
 B.P. 140/80

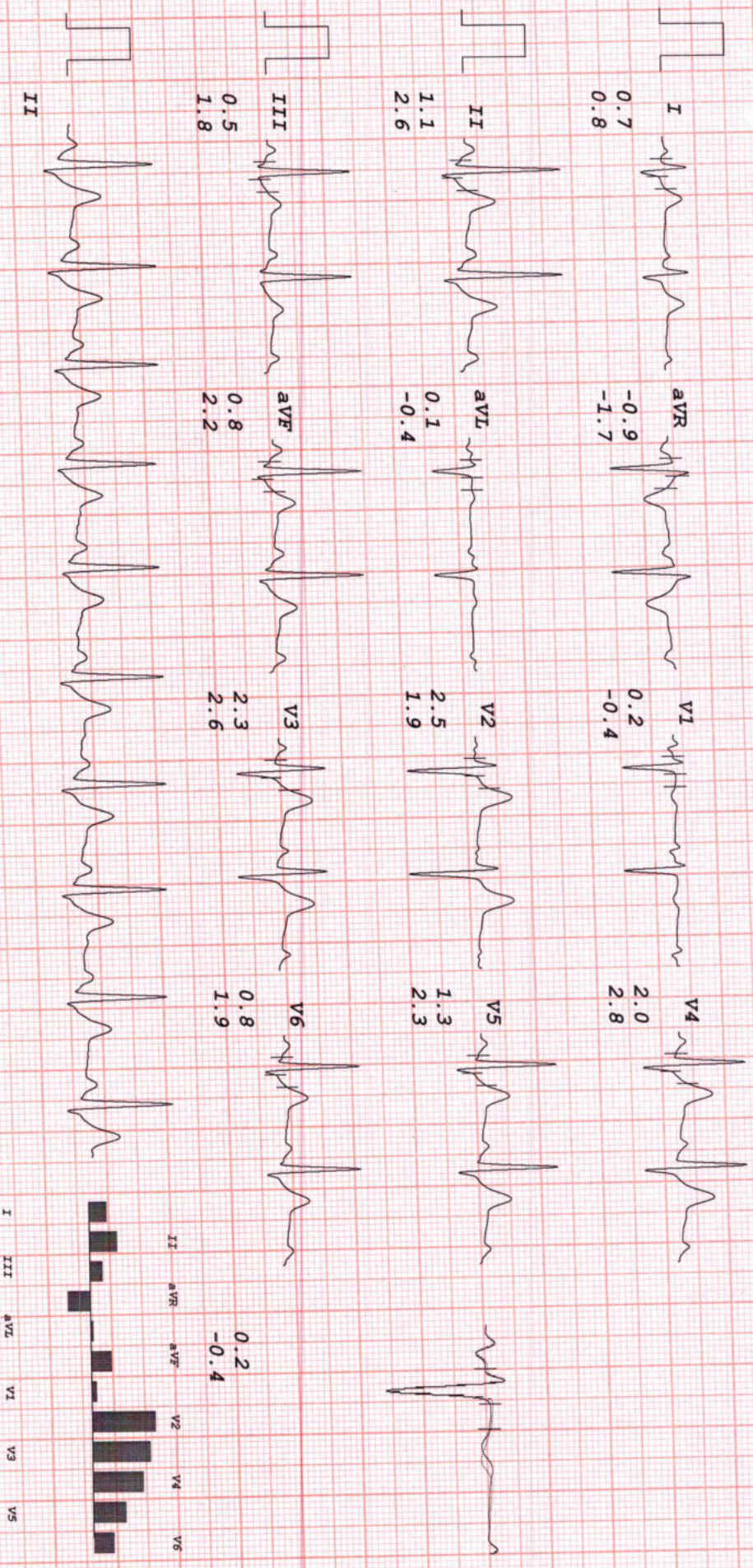
Bruce  
 RECOVERY  
 TOTAL TIME 13:12  
 PHASE TIME 2:03

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2

V1



*BAVERIA*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR AKASH MOYAL  
 I.D. 741  
 Age 33/M  
 Date 25/03/2023

RATE 90bpm  
 B.P. 130/80

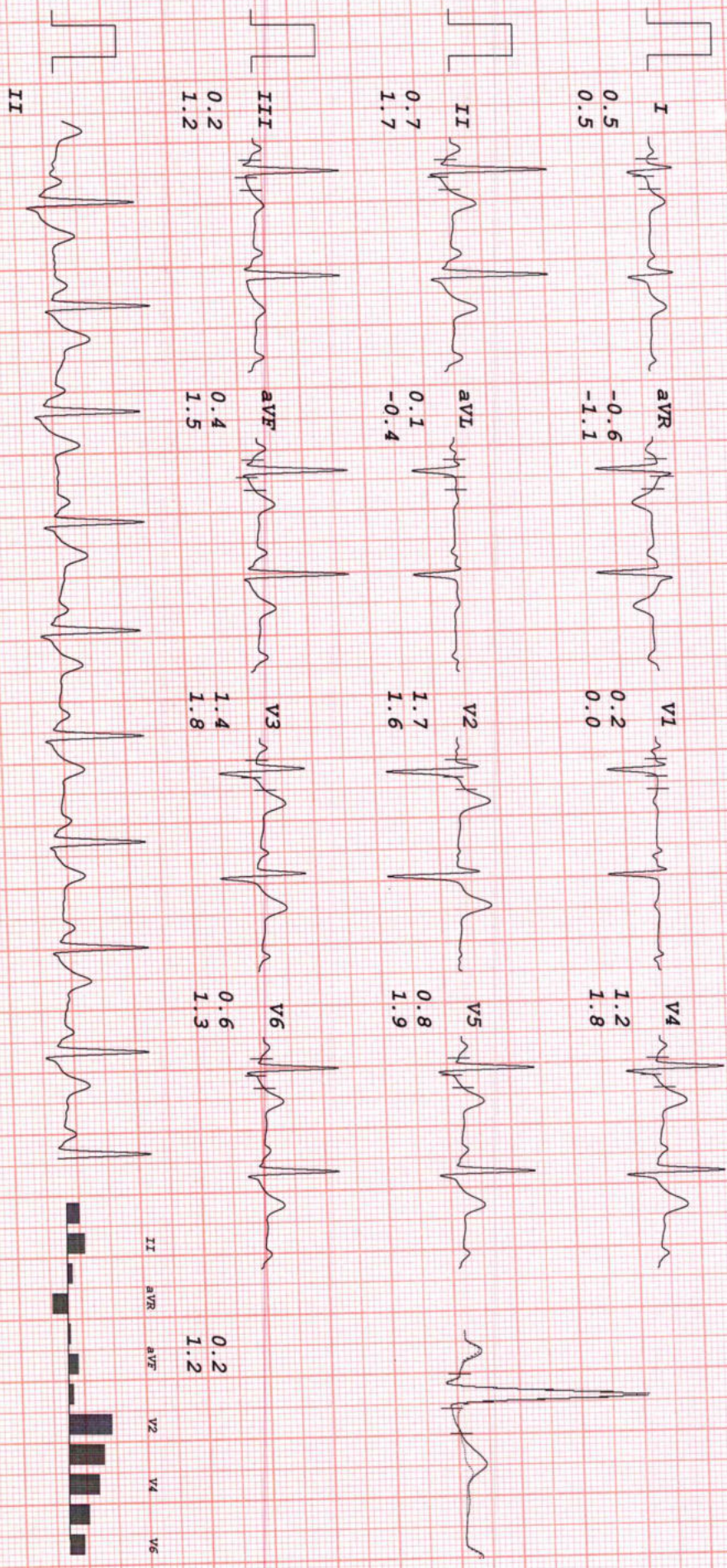
Bruce  
 RECOVERY  
 TOTAL TIME 14:04  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Rhythm: Filtered (20 Cycle) Base Corrected. Avg. Complex: Filtered UNI-BM, Indore. Tel.: +91-731-4030035, Fax: +91-731-4031180, E-Mail: em@electromedicals.net, Med: www.uni-em.com, TMR Ver: 1.0-6

*Souparnika*