

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI

SEX: Female AGE: .

REF. BY : BOB

DATE :03/04/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	9,400 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	12.5 g%	13.0 - 18.0 g%
Platelets:	2,22,000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.42 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	83.4 fL	80.0 - 97.0 fL
MCH:	28.2 pg	26.0 - 32.0 pg
MCHC:	33.9 g/dL	31.0 - 36.0 g/dL
HCT:	36.8 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	46 %	40 - 75 %
Lymphocyte:	44 %	20 - 45 %
Monocytes:	05 %	2 - 10 %
Eosinophills:	05 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	06 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

BLOOD GROUP

BLOOD GROUP	:	"O"
R.H.FACTOR	:	POSITIVE

Dr. S R. SARDA
M.D Reg. No. 56462
CENTER FOR DIABETES & SELF CARE
atashnagar, Jalna Road, Aurangabad
2333851, 2334858
Dr. Sampat Sarda
M.D.(Pathology)

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI

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REF. BY : BOB

DATE :03/04/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	08 mg%	5-25 mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.55mg%	0.2-1.0 mg
DIRECT	0.25	0.0-0.3
INDIRECT	0.30	0.3-0.7
S.G.O.T	30 IU/L	15-40 IU/L
S.G.P.T	37 IU/L	15-40 IU/L
ALK PHOSPHATASE	80 IU/L	42-128IU
S.PROTEIN TOTAL	6.8gm%	6.0-8.0 gm%
ALBUMIN	3.8gm%	3.2-4.4 gm%
GLOBULINS	3.0gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.2	
G.G.T.P	18	upto50IU
SR.URIC ACID	4.9	3.5-7.0 mg %\$sruric-

Dr.S R. SARDA

M.D Reg. No.56462

SARDA CENTER FOR DIABETES & SELF CARE

4, Vyanktesh Nagar, Jalna Road, Aurangabad

Dr. Sampat Sarda
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NAME: MRS. DISHA JOSHI

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REF. BY : BOB

DATE :03/04/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	93 mg/dl
Post Meal Blood Suagr Level:	109 mg/dl

REFERANCE RANGE :	NON DIABETIC	IGT	DIABETIC
FASTING	</=90MG	90-126 mg %	>/=126mg %
POSTMEAL	</=140mg	140-200mg%	>/=200mg

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Jalna Road, Aurangabad
Phone No. 2333851, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI

SEX: Female AGE: .

REF. BY : BOB

DATE :03/04/2023

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.3 %	4.7-5.9 %
M.B.G	98.89% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

Dr.S R. SARDA

M.D Reg. No.56462

Dr.Sampat Sarda

M.D.(Pathology)

DIABETES & SELF CARE
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Phone No.2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI


SEX: Female AGE: .

REF. BY : BOB

DATE :03/04/2023

LIPID PROFILE

Serum Cholesterol :	155 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	37 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	160 mg/dl	up to 165 mg/dl
LDL Cholesterol:	86 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	32 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	2.32	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	4.19	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11


Dr. S R. SARDA
M.D. Reg. No. 55462
Dr. Sampat Sarda
M.D. (Pathology)
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Jalna Road, Aurangabad
Phone No. 2333851, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI

SEX: Female AGE: .

REF. BY : BOB

DATE :03/04/2023

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	128.01 ng/ml	87- 178 ng/ml
Total T 4 :	6.15 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	2.80 uIU/ml	0.38 -5.33uIU/ml

Dr.S R. SARDA

M.D Reg. No.66462

Dr.Sampat Sarda CENTRE FOR DIABETES & SELF CARE

4, Vyanktesh Nagar, Jalna Road, Aurangabad

M.D.(Pathology)

Phone No. 2333851, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. DISHA JOSHI

SEX: Female AGE: .

REF. BY : BOB

DATE :03/04/2023

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

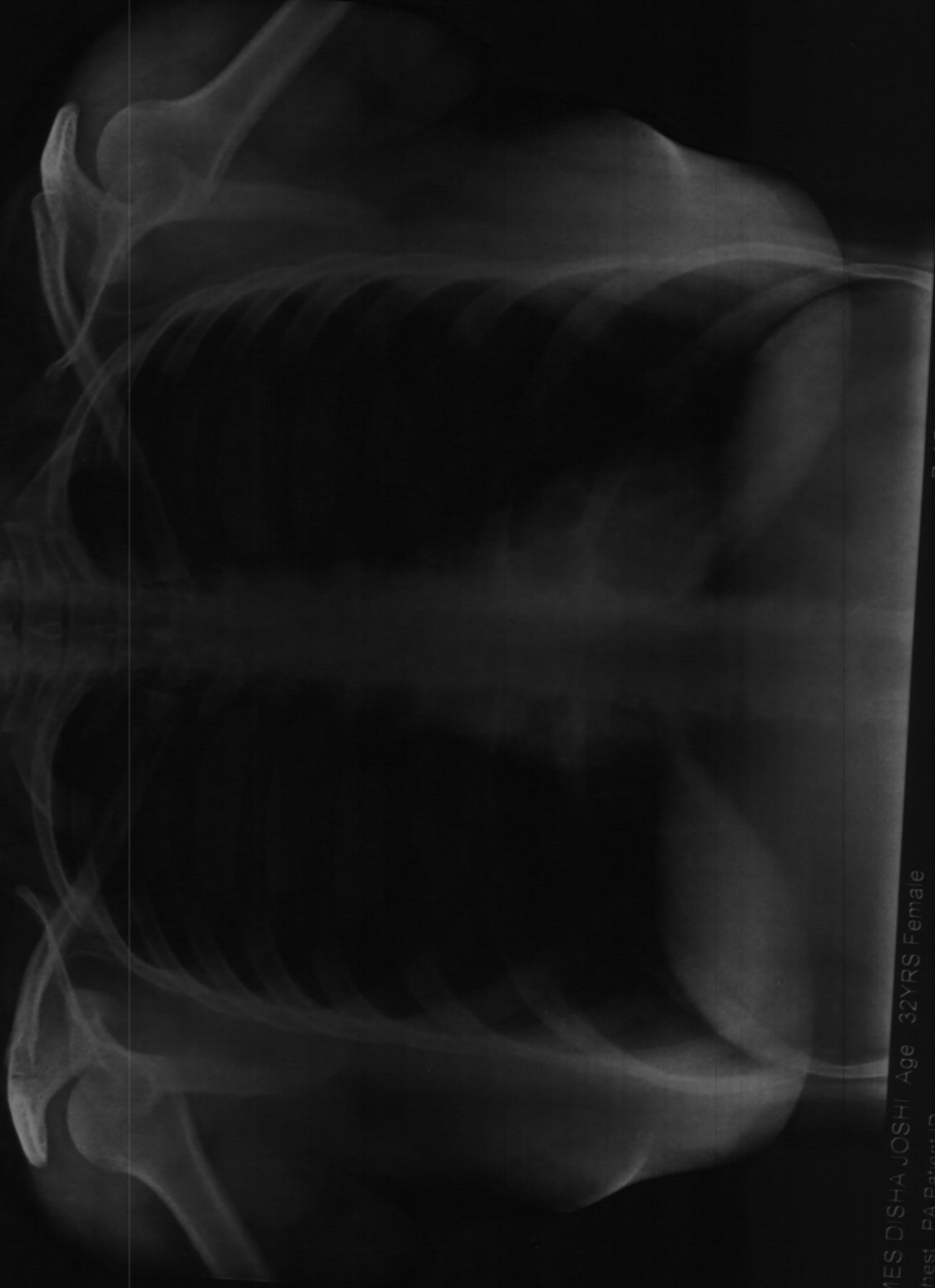
Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

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Dr.Sampat Sarda
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333851, 2334858

R



MES DISHA JOSHI Age 32YRS Female
Chest PA Patient ID

Ref Dr

Date 03.04.2023 PM 03.20.18

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES
☎: 0240-2325282, 8446100111



DIAGNOSTIC CENTRE
X-RAY & IMAGING CLINIC

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240 - 2353182

Mrs.DISHA JOSHI
32 YRS

03-04-2023

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneuamtised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya

Radiologist

Regd.No.58902

Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA

M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI

M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
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X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240-2353182, 2325282, 8446100111

03-04-2023

Mrs. DISHA JOSHI
31YRS

USG ABDOMEN AND PELVIS

Liver is normal in size, shape and echotexture, No e/o any solid, cystic, diffuse parenchymal pathology. Intrahepatic biliary radicles and portovenous echocomplex appeared normal. Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gb calculus, normal gb wall thickness.

Spleen is normal in size and echotexture.

Pancreas is normal in size, shape and echotexture, no e/o any solid, cystic, diffuse parenchymal pathology, normal peripancreatic fat planes.

Both kidneys are normal in size, shape and echotexture, normal cortico - medullary distinction on either side.

No e/o any calculus seen, no e/o hydronephrosis.

Urinary bladder is well distended and appeared normal, no e/o any intravesical pathology seen. Normal perivesical fat planes.

No e/o ascitis, paraaortic adenopathy.

Uterus is normal in size, shape and echotexture. No e/o any mass lesion delineated. Normal endometrial and myometrial echocomplex, Normal central midline triple layered endometrial thickness of 5-7 mms.

Both ovaries are normal in size, shape and echotexture.

No fluid in POD.

IMPRESSION

NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS

URINARY BLADDER.

NORMAL UTERUS AND BOTH ADNEXAE.

Dr. P. A. Barjatya

Radiologist

Regd.No.58902

Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA

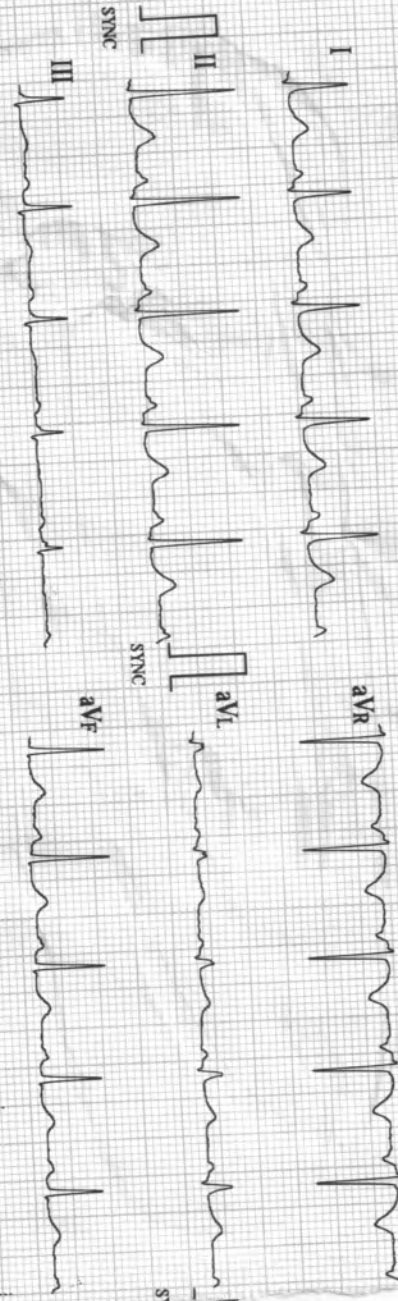
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI

M.B.B.S., D.M.R.D.
9850171587

25mm/s 0.5-25Hz

10mm/mV



10mm/mV

BIOMEDICS SADASHIV P

ECC-1203 V2.004 (BIOS: V2.004 AMP: V1.008)

04/03/2023 14:21

ID : 2451

Name: _____

Sex : _____

Age : _____

HR	: 100	bpm
R-R	: 596	ms
P-R	: 130	ms
QRS	: 77	ms
QT/QTc	: 337/435	ms
P/QRS/T	: 31/43/40	°
RV5/SV1	: 1.240/0.940	mV
RV5-SV1	: 2.180	mV

Machine Interpretation Only

Confirm with Physician

Physician: _____

BIOMED

ETH PUNE-30 CELL-9822198798

BIOMEDICS

ADITYA R. ANAND

Product: ECG-1203 (BIOS: V2.004 AMP: V1.008)

04/03/23

14:21

SARDA

CENTRE FOR DIABETES & SELF CARE

4, Vyankatesh Nagar, Jalna Road, Aurangabad. Ph. : (0240) 233851, 233

Name: Mrs - Disha Joshi Age: 31 y/m
4013

CLINICAL SUMMARY:

Weight: _____ Height (Cms): _____ Blood Pressure: _____

ECG FINDINGS:

Rate: 100/min ORS. Complex: N

Rhythm: N ST Segment: N

Mechanism: N T. Wave: N

Axis: N QT Interval: N

P. Wave: N PR Interval: N

Recommendation: Warn

31/4/23

Date: _____

Dr. A. S. SARDA
M.D. Reg. No. 73570
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankateshnagar, Jalna Road, Aurangabad
Ph. : (0240) 233851, 233852

Name : Mrs. Disha Joshi

Date: 03/04/2023

Age/Sex: 31Yrs/Female

Ref By DR. Sarda sir

Stress Test Report

- 1) Protocol-Bruce
- 2) Exercise Time-8.59min
- 3) Baseline Heart Rate and Blood Pressure-111bpm.BP-112/51mm of Hg.
- 4) Mets-10.10
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-171bpm.BP-152/81mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -90%
- 11) Reason for Termination- Target Heart Rate Achieved.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.



**DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)**

**Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491**



ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Joshi, Disha
Patient ID: 14317
Height: 154 cm
Weight: 63 kg

DOB: 26.02.1992
Age: 31 yrs
Gender: Female
Race: Asian

Study Date: 03.04.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:16	0.00	0.00	112	112/81	
	STANDING	00:13	0.00	0.00	111		
EXERCISE	STAGE 1	03:00	1.70	10.00	134	122/81	
	STAGE 2	03:00	2.50	12.00	155	132/81	
	STAGE 3	03:00	3.40	14.00	171	142/81	
RECOVERY		03:55	0.00	0.00	115	152/81	

The patient exercised according to the BRUCE for 8:59 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 111 bpm rose to a maximal heart rate of 171 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 112/81 mmHg, rose to a maximum blood pressure of 152/81 mmHg. The exercise test was stopped due to Target heart rate achieved.


Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 8.59 min.
Target heart rate achieved.
No angina/arrhythmias.No ST-T Changes.
Test is negative for induced ischemia.




Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

Physician _____

Technician _____

Joshi, Disha
 Patient ID 14317
 03.04.2023
 4:38:21pm

Tabular Summary

Female 154 cm 63 kg
 31yrs Asian
 Meds:

BRUCE: Total Exercise Time 08:59
 Max HR: 171 bpm 90% of max predicted 189 bpm HR at rest: 111
 Max BP: 152/81 mmHg BP at rest: 112/81 Max RPP: 23998 mmHg*bpm

Test Reason:
 Medical History:

Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Maximum Workload: 10.10 METS

Max. ST: -0.95 mm, 0.00 mV/s in III; EXERCISE STAGE 3 07:29

Arrhythmia: A:163, PVC:2

ST/HR index: 1.33 μ V/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to
 Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate
 response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall
 impression: Normal stress test.

Conclusion: Exercise of bruce protocol for 8.59 min.

Target heart rate achieved.

No angina/arrhythmias.No ST-T Changes.

Test is negative for induced ischemia.

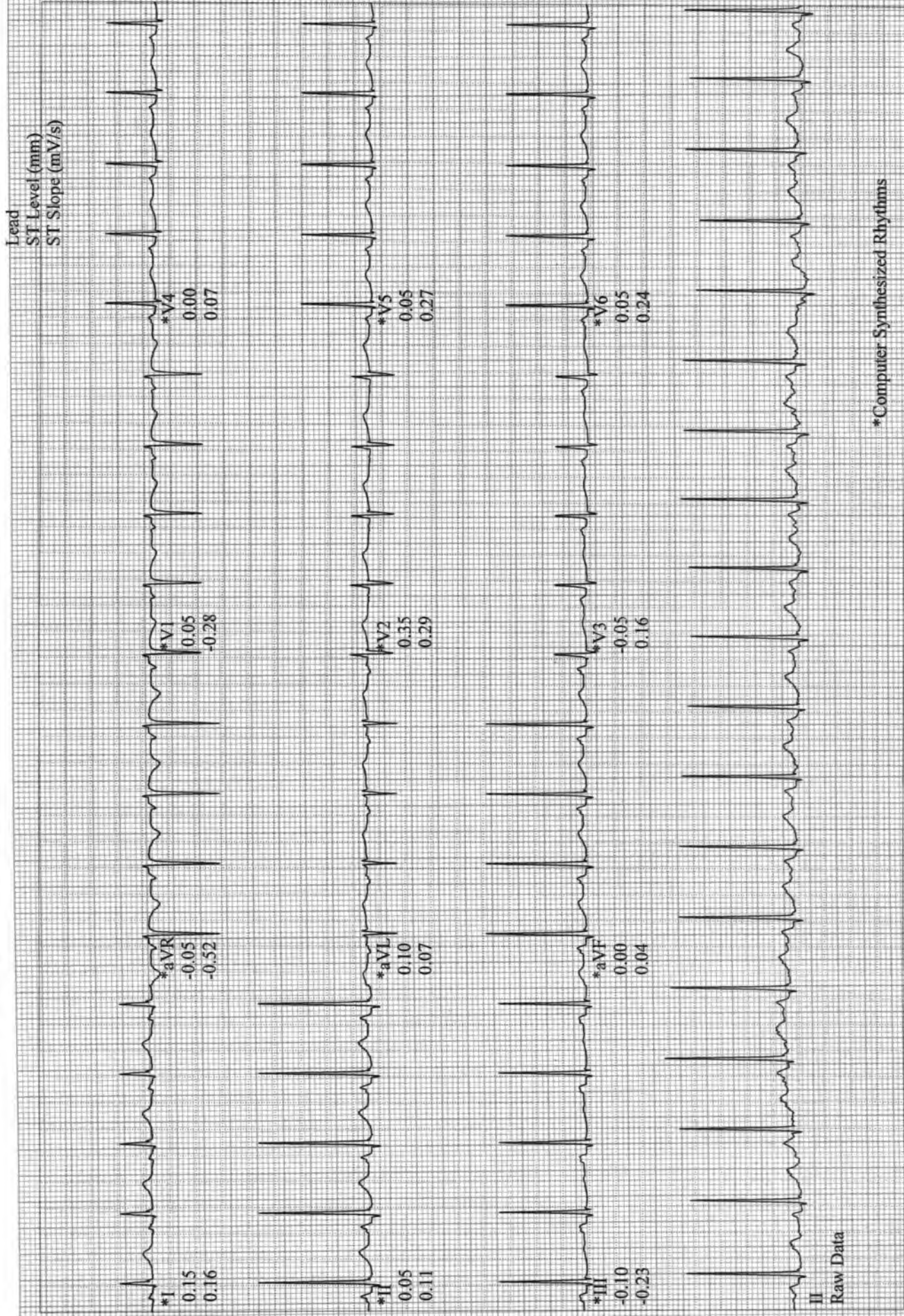
Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (HH mm)	Comment
PRETEST	SUPINE	00:16	0.00	0.00	1.0	112	112/81	12544	0	-0.10	
EXERCISE	STANDING	00:13	0.00	0.00	1.0	111			0	-0.20	
	STAGE 1	03:00	1.70	10.00	4.6	134	122/81	16348	0	-0.25	
	STAGE 2	03:00	2.50	12.00	7.0	155	132/81	20460	0	-0.95	
RECOVERY	STAGE 3	03:00	3.40	14.00	10.1	171	142/81	24282	1	-0.85	
		03:55	0.00	0.00	1.0	115	152/81	17480	0	-0.35	

Josh, Disha
Patient ID 14317
03.04.2023
4:38:37pm

Linked Medians

111 bpm
112/81 mmHg
PRETEST
SUPINE
00:14
BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL



*Computer Synthesized Rhythms

Joshi, Disha
 Patient ID 14317
 03.04.2023
 4:38:37pm

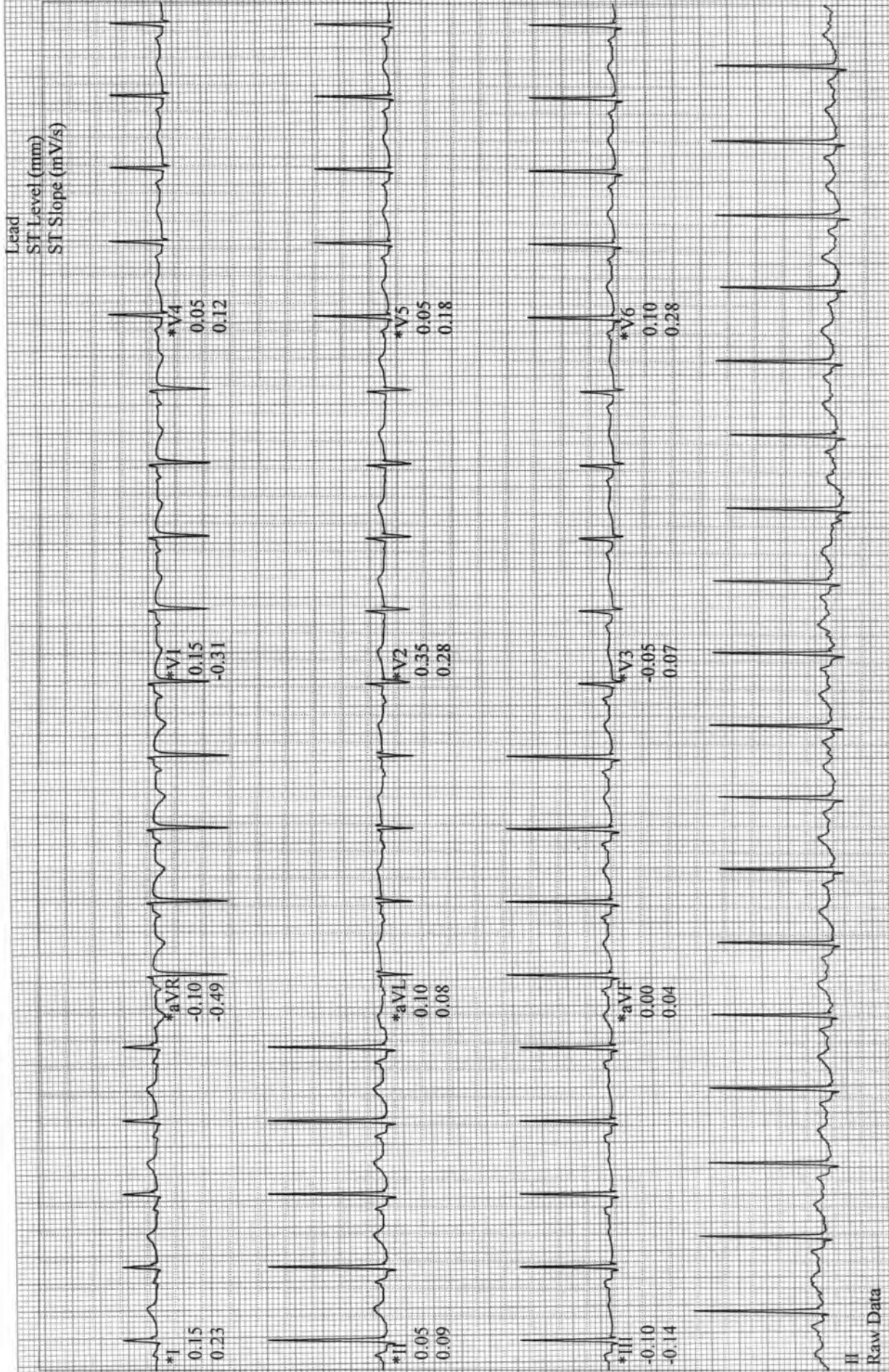
Linked Medians

PRETEST
 SUPINE
 00:15

112 bpm
 112/81 mmHg

BRUCE
 0.0 mph
 0.0 %

ASIAN HOSPITAL



*Computer Synthesized Rhythms

Joshi, Disha
Patient ID 14317
03.04.2023
4:38:42pm

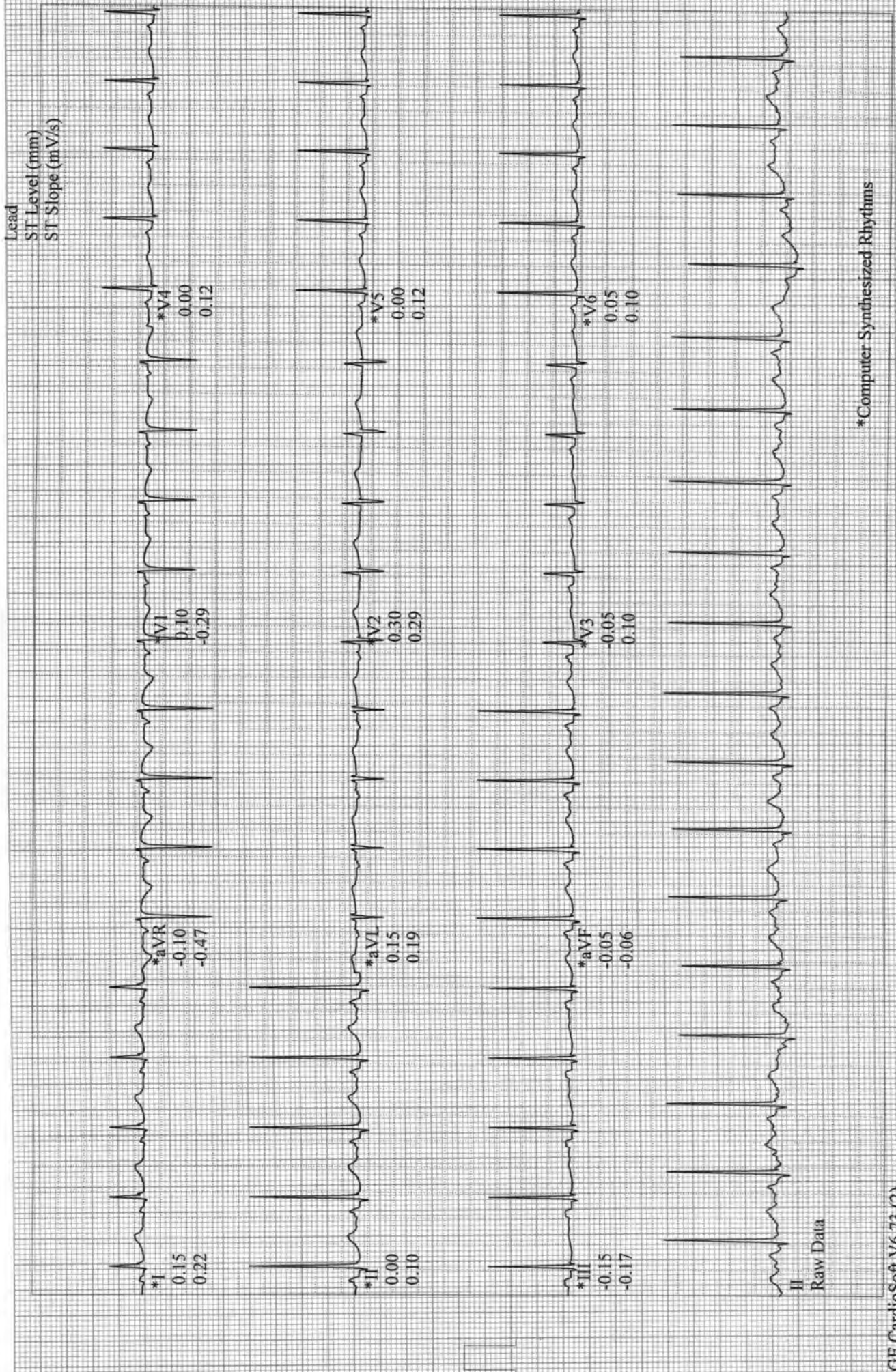
Linked Medians

PRETEST
STANDING
00:20

111 bpm
112/81 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL



Joshi, Disha
Patient ID 14317
03.04.2023
4:41:46pm

12-Lead Report

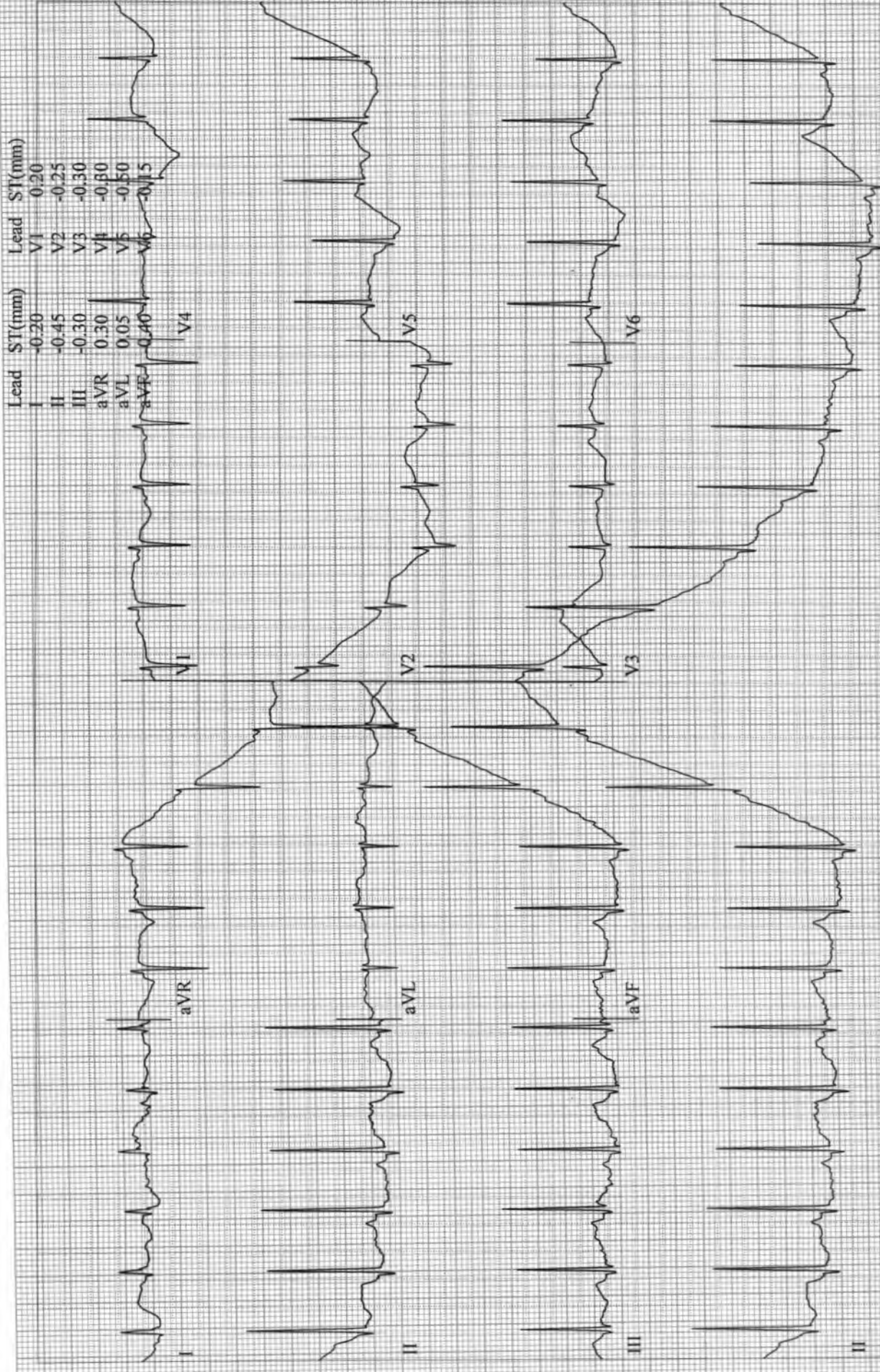
BRUCE
1.7 mph
10.0 %

EXERCISE
STAGE I
02:50

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.20	V1	0.20
II	-0.45	V2	-0.25
III	-0.30	V3	-0.30
aVR	0.30	V4	-0.80
aVL	0.05	V5	-0.50
aVF	0.40	V6	-0.15



12-Lead Report

BRUCE
2.5 mph
12.0 %

EXERCISE
STAGE 2
05:50

155 bpm
132/81 mmHg

Joshi, Disha
Patient ID 14317
03.04.2023
4:44:46pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.05	V1	0.30
II	-0.70	V2	0.15
III	-0.60	V3	-0.15
aVR	0.40	V4	0.15
aVL	0.30	V5	0.20
aVF	-0.65	V6	0.30



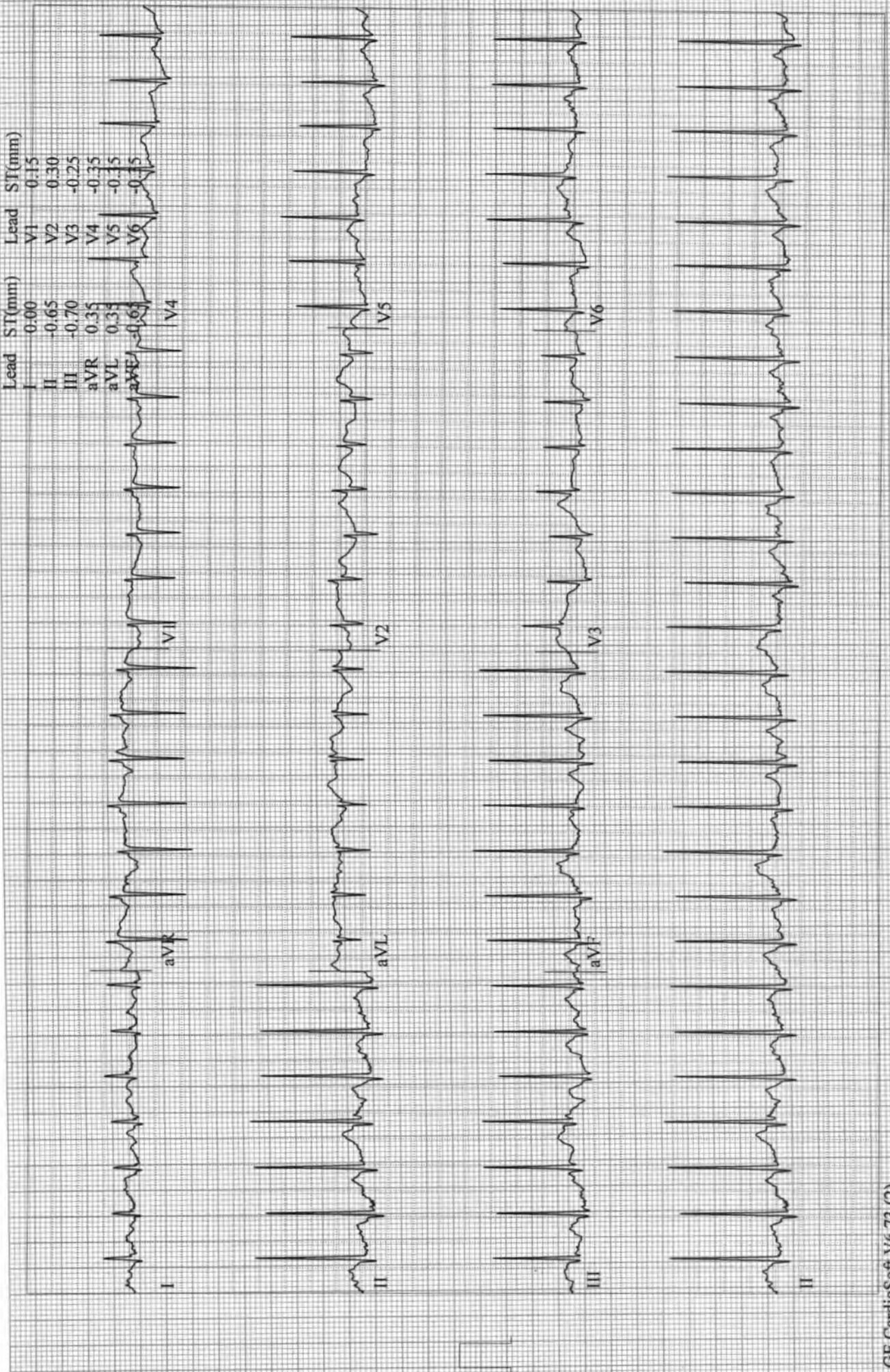
Joshi, Disha
Patient ID 14317
03.04.2023
4:47:46pm

12-Lead Report

BRUCE
3.4 mph
14.0 %
EXERCISE
STAGE 3
08:50

171 bpm
142/81 mmHg

ASIAN HOSPITAL
Measured at 60ms Post J (10mm/mV)
Auto Points

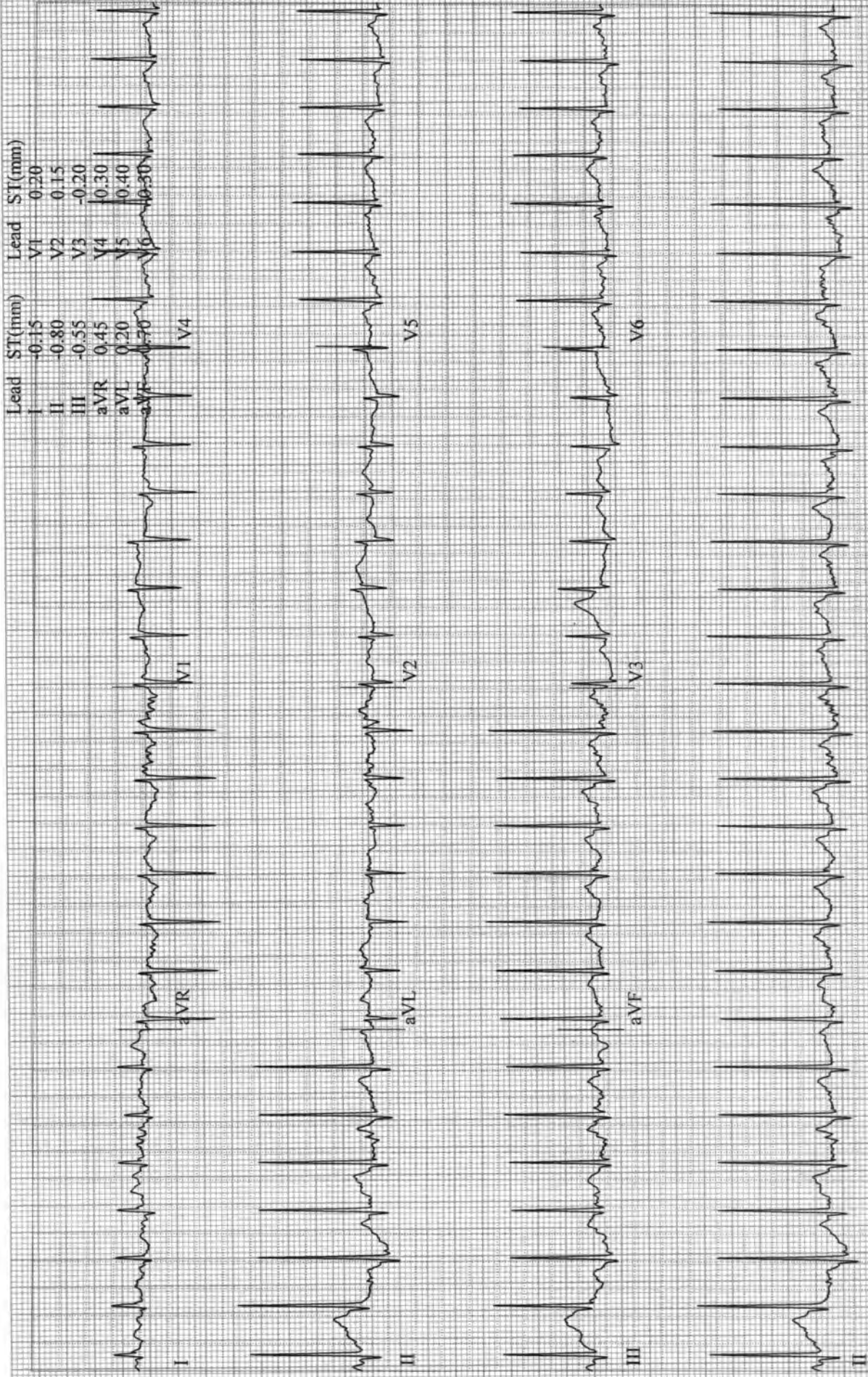


Joshi, Disha
Patient ID 14317
03.04.2023
4:47:55pm

12-Lead Report (PEAK EXERCISE)
EXERCISE BRUCE
STAGE 3 3.4 mph
09:00 14.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Joshi, Disha
Patient ID 14317
03.04.2023
4:48:45pm

12-Lead Report

RECOVERY

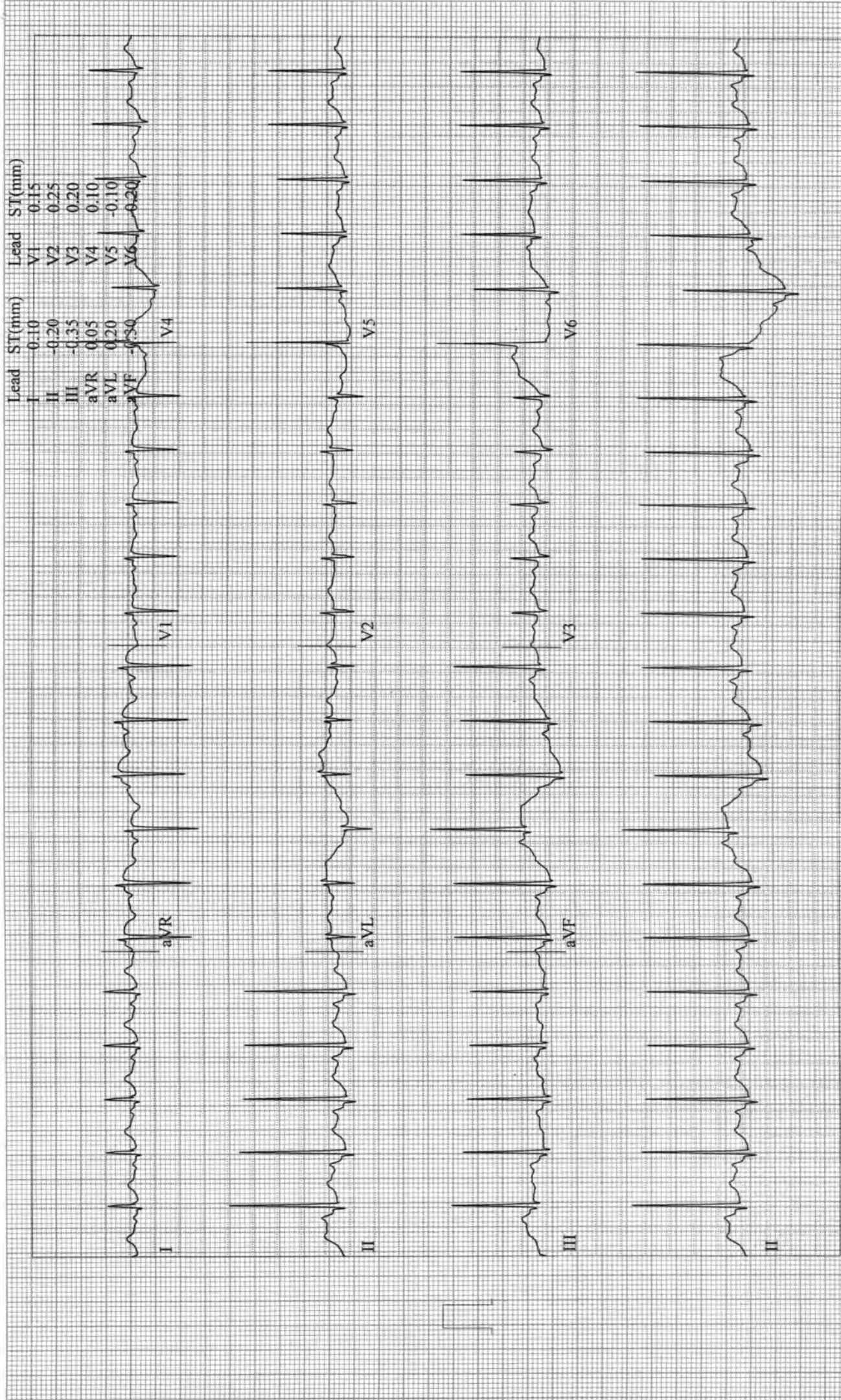
#1
00:50

137 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Joshi, Disha
Patient ID 14317
03.04.2023
4:49:45pm

12-Lead Report

RECOVERY

#1
01:50

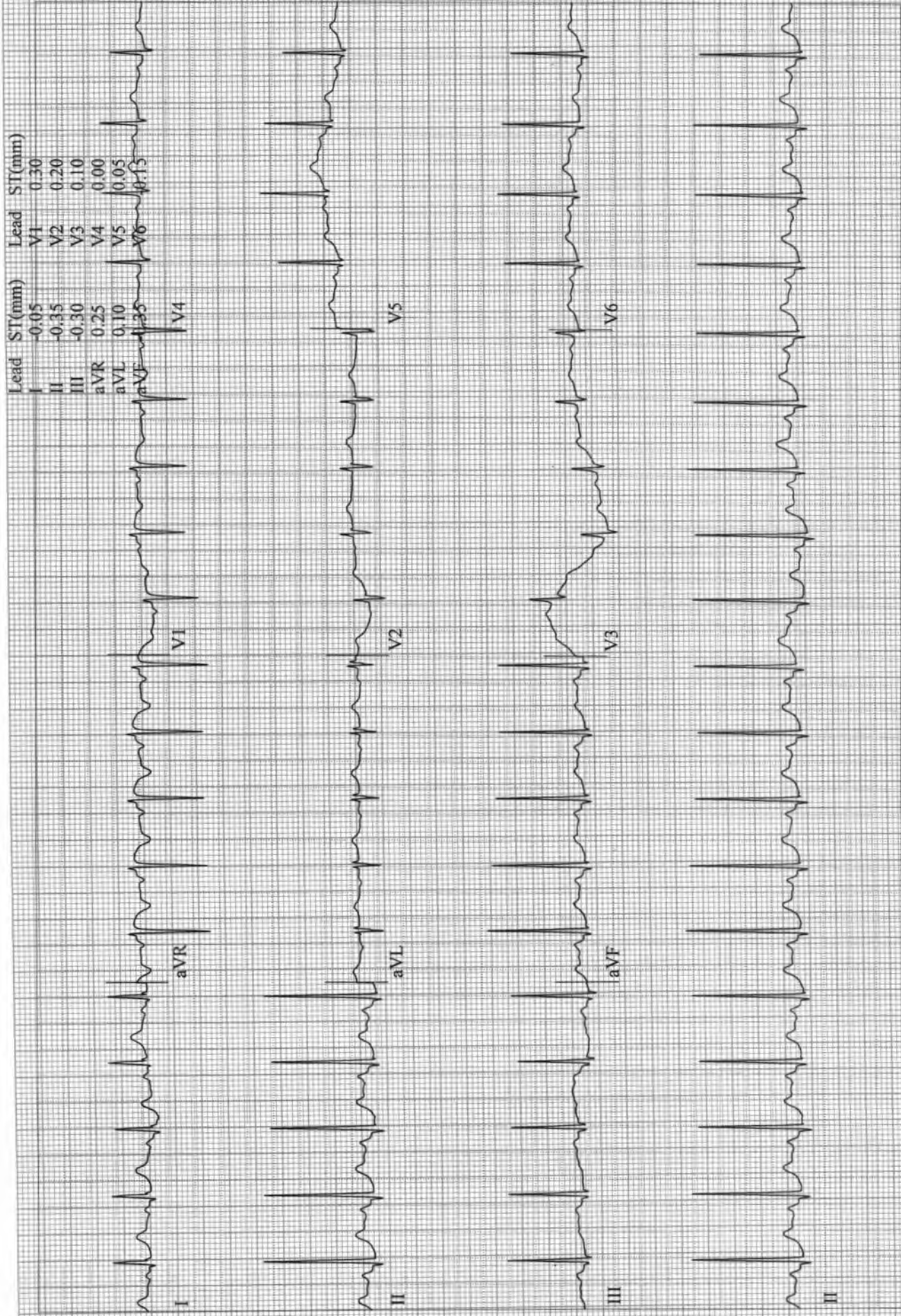
118 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.05	V1	0.30
II	-0.35	V2	0.20
III	-0.30	V3	0.10
aVR	0.25	V4	0.00
aVL	0.10	V5	0.05
aVF	0.35	V6	0.15



Joshi, Disha
Patient ID 14317
03.04.2023
4:50:44pm

12-Lead Report

RECOVERY
#1
02:50

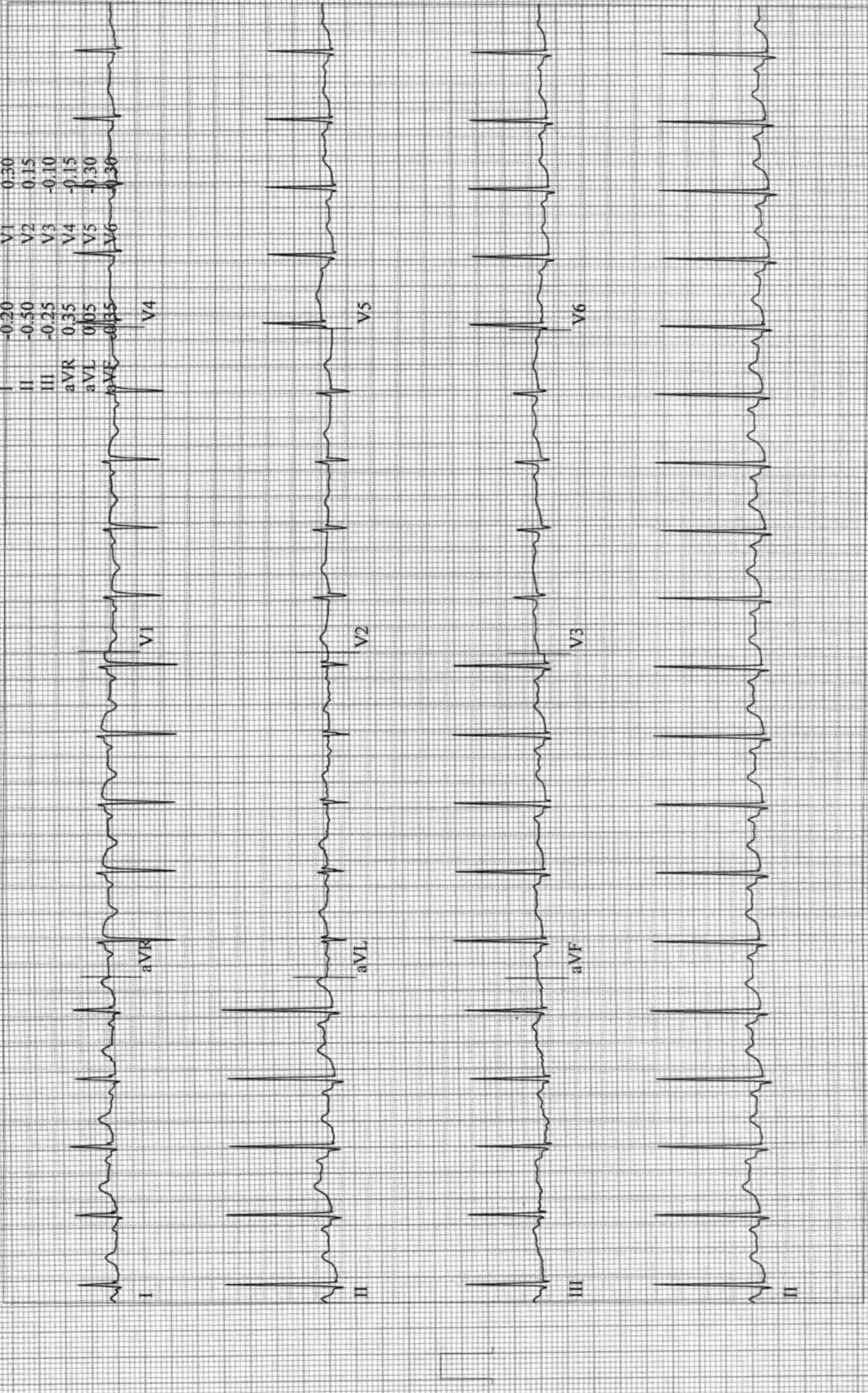
113 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.20	V1	0.30
II	-0.50	V2	0.15
III	-0.25	V3	-0.10
aVR	0.35	V4	-0.15
aVL	0.05	V5	-0.30
aVF	0.35	V6	0.30



Joshi, Disha
Patient ID 14317
03.04.2023
4:51:46pm

12-Lead Report

RECOVERY

#1
03:50

115 bpm
152/81 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	-0.15	V1	0.30
II	-0.50	V2	0.10
III	-0.35	V3	-0.25
aVR	0.40	V4	-0.35
aVL	0.10	V5	-0.45
aVF	-0.45	V6	-0.25

