

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. HOLKAR DEEPAK KRISHNA
EC NO.	63827
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	MUMBAI, BANDRA KURLA COMPLEX
BIRTHDATE	01-06-1972
PROPOSED DATE OF HEALTH CHECKUP	24-08-2022
BOOKING REFERENCE NO.	22S63827100023994E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-08-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

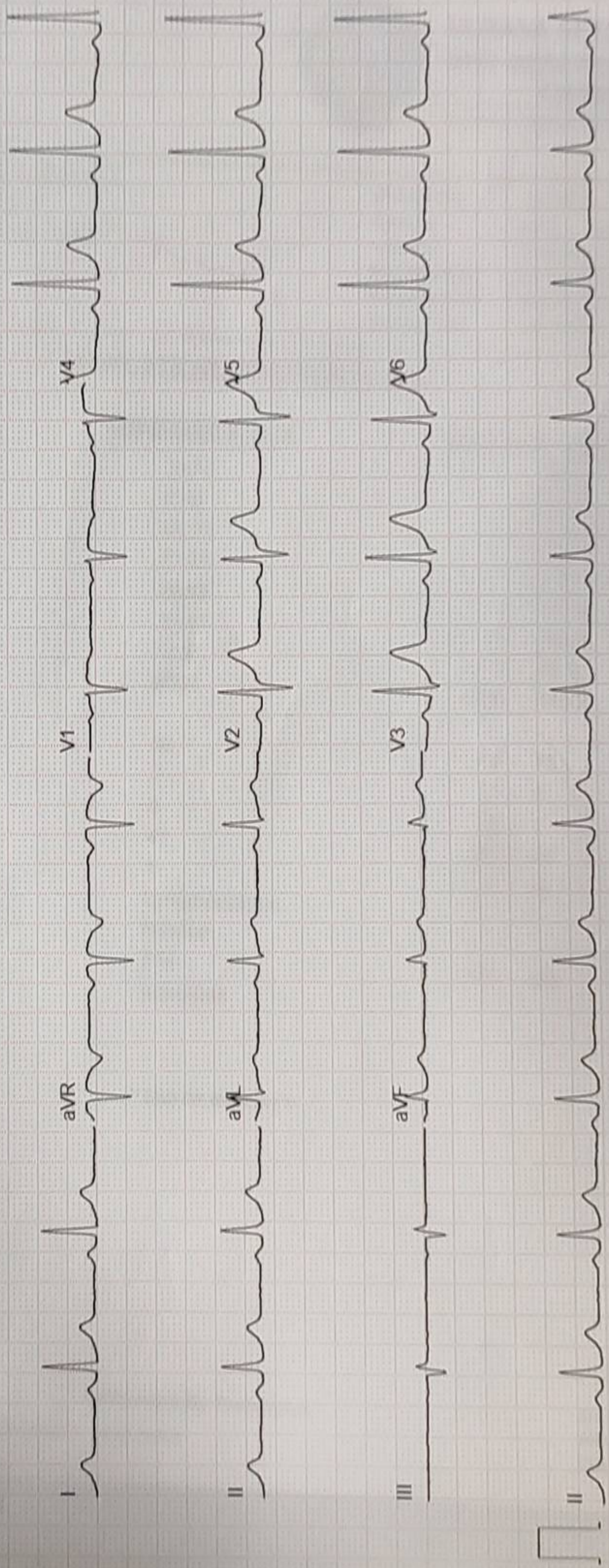
Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Mr. Deepak Ho
Age: 51 yrs

Normal sinus rhythm
Normal ECG

QRS :	88 ms
QT/QTcBaz :	384 / 402 ms
PR :	190 ms
P :	130 ms
RR/PP :	912 / 909 ms
P/QRS/T :	29 / 22 / 32 degrees





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ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

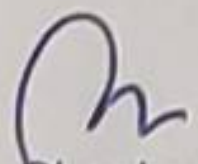
Patient Name : MR. HOLKAR DEEPAK K
Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHWWL HEALT
Class : OPD
Current Loc :
Accession No : 23003690

IP / OP No : 1127520
Gender : Male Age : 51 Y 0 M 1 D
Vch No : 1369148
Received Dt : 25-Feb-2023 17:24
Reported On : 26-Feb-2023 9:47
Sample No : 23009505

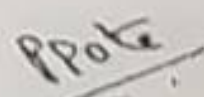
COMPLETE HEAMOGRAM (C.B.C.)

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Haemoglobin	14.70	11.50 - 16.00 gm/dL
R.B.C.	5.48	4.00 - 6.00 Mill/C.mm.
P.C.V.	44.70	37.00 - 47.00 %
M.C.V.	81.57	78.00 - 100.00 fL
M.C.H.	26.82	27.00 - 31.00 pg
M.C.H.C.	32.89	32.00 - 36.00 %
RDW	12.8	11.0 - 15.0 %
Total W.B.C. Count	5000	4000 - 11000 /C.mm
<u>DIFFERENTIAL COUNT</u>		
Neutrophils	50	40 - 75 %
Eosinophils	2	1 - 6 %
Basophils	0	0 - 1 %
Lymphocytes	47	20 - 45 %
Monocytes	1	1 - 10 %
WBC MORPHOLOGY	Lymphocytosis	
RBC MORPHOLOGY	Normal	
PLATELET COUNT	214	150 - 450 10 ³ /ul
PLATELETS	Adequate	

** END OF REPORT **


Checked By

Authorized By Technician


Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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Gender : Male Age :51 Y 0 M 1 D
Vch No : 1369148
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Sample No : 23009503

BLOOD GROUP & RH TYPE

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

BLOOD GROUP & RH TYPE

ABO Group

"O"

Rh Factor

POSITIVE

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IP / OP No : 1127520
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Sample No : 23009502

ESR

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	10	1 - 20 mm/hr

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IP / OP No : 1127520
Gender : Male Age : 51 Y 0 M 1 D
Vch No : 1369148
Received Dt : 25-Feb-2023 17:24
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Sample No : 23009508

RENAL FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
BUN	12.0	6.0 - 21.0	mg/dl
Uric Acid	6.2	3.5 - 7.2	mg/dl
Sodium [Na+]	138	135 - 155	mmol/L
Potassium [K+]	3.9	3.6 - 5.5	mmol/L
Chloride [Cl-]	98	96 - 108	mmol/L
Calcium	8.6	8.4 - 10.2	mg/dl
Phosphorus	3.7	2.5 - 4.5	mg/dl
Serum Alkaline Phosphates	60.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.2	6.0 - 8.2	gm%
Serum Albumin	4.2	3.0 - 5.0	gm%
Serum Globulin	3.00	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.40	0.90 - 2.00	gm%
Serum Creatinine	1.0	0.5 - 1.5	mg/dl

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LIVER FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Bilirubin	0.4	0.1 - 1.2	mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3	mg/dl
Unconjugated (Indirect) Bilirubin	0.2	0.1 - 1.0	mg/dL
SGOT	46.0	15.0 - 46.0	U/L
SGPT	40.0	13.0 - 69.0	U/L
Serum Alkaline Phosphates	60.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.2	6.0 - 8.2	gm%
Serum Albumin	4.2	3.0 - 5.0	gm%
Serum Globulin	3.00	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.40	0.90 - 2.00	gm%
Serum Creatinine	1.0	0.5 - 1.5	mg/dl

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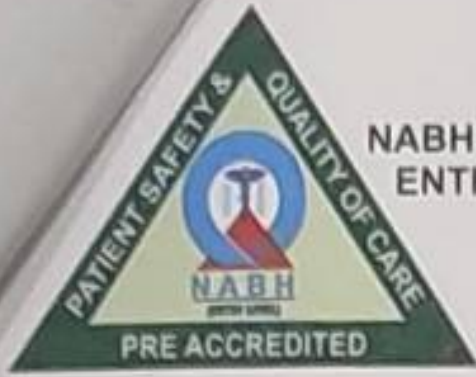
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LIPID PROFILE

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Cholesterol	170	150 - 250	mg%
Triglycerides	140	35 - 160	mg%
HDL Cholesterol	35	30 - 70	mg%
VLDL Cholesterol	28.00	7.00 - 35.00	mg%
LDL Cholesterol	107.00	108.00 - 145.00	mg%
LDL/HDL Ratio	3.06	1.10 - 3.90	
TC/HDL CHOL Ratio	4.86	3.50 - 5.00	

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Sample No : 23009508

BLOOD SUGAR F/PP

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE|UNITS

Blood Sugar Fasting (FBS)

110

70 - 110 mg%

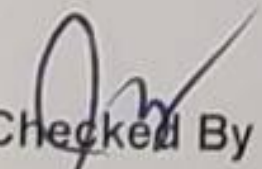
Urine Sugar (Fasting)

Absent

Urine Ketone (Fasting)

Absent

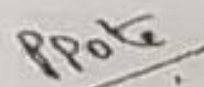
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. HOLKAR DEEPAK K	IP / OP No : 1127520
Ordered Loc : Hospital clinic	Gender : Male Age : 51Y 0 M 1 D
Referred By : Dr.MEDIWHHWL HEALT	Vch No : 1369148
Class : OPD	Received Dt : 25-Feb-2023 17:24
Current Loc :	Reported On : 26-Feb-2023 9:50
Accession No : 23003690	Sample No : 23009508

SERUM URIC ACID

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE|UNITS

Uric Acid

6.2

3.5 - 7.2 mg/dl

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[Signature]
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IP / OP No : 1127520
Gender : Male Age : 51 Y 0 M 1 D
Vch No : 1369148
Received Dt : 25-Feb-2023 17:24
Reported On : 26-Feb-2023 9:50
Sample No : 23009501

URINE ANALYSIS

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

PHYSICAL EXAMINATION

Quantity : 20 ml
Colour : Pale yellow
Appearance : Clear
Deposit : Absent
Reaction [PH] : Acidic
Specific Gravity : 1.015

CHEMICAL EXAMINATION

Urine Albumin : Absent
Sugar : Absent
Ketone Bodies : Absent
Occult Blood : Absent
Bile Pigment : Absent
Bile Salt : Absent

MICROSCOPIC EXAMINATION

Red Blood Cells : Absent 00-02
Pus Cells : 2 - 3 00-02 / hpf
Epithelial Cells : 1 - 2 00-02 / hpf
Casts : Absent
Crystals : Absent
Spermatozoa : Absent
Trichomonas Vaginalis : Absent
Yeast Cells : Absent
Amorphous Deposits : Absent
Bacteria : Absent

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IP / OP No : 1127520
Gender : Male Age :51 Y 0 M 1 D
Vch No : 1369148
Received Dt : 25-Feb-2023 17:24
Reported On : 26-Feb-2023 9:51
Sample No : 23009500

STOOL EXAMINATION

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Form & Consistency	Semi Solid	
Mucus	Absent	
Blood	Absent	
Parasites	Absent	
Occult Blood	NEGATIVE	
R.B.C Per h.p.f.	Absent	
Pus Cells per h.p.f.	2 - 3	
Macrophages Per h.p.f.	1 - 2	
Fat	Absent	
Starch	Absent	
Entamoeba Histolitica	Absent	
Entamoeba Coli	Absent	
Giardia Lamblia	Absent	
Tricomonas Hominis	Absent	
Epithelial Cells	Absent	

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IP / OP No : 1127520
Gender : Male Age : 51 Y 0 M 1 D
Vch No : 1369148
Received Dt : 25-Feb-2023 17:24
Reported On : 26-Feb-2023 14:22
Sample No : 23009507

BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Blood Sugar Post Prandial (PPBS)	148	70 - 140	mg/dl
Urine Sugar (PP)	Absent		
Urine Ketone (PP)	Absent		

METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)

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Sample No : 23009506

PSA

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE UNITS

PSA

PSA (Prostate Specific
Antigen), Total, Serum

0.38

< 4.00 ng/ml
< 40 yrs : 0.21 to 1.72 ng/ml
40 - 49 yrs: 0.27 to 2.19 ng/ml
50 - 59 yrs: 0.27 to 3.42 ng/ml
60 - 69 yrs: 0.22 to 6.16 ng/ml
> 69 : 0.21 - 6.77 ng/ml

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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : DEEPAK HOLKAR (51Y/M)
REF. BY : MEDIWHEEL
TEST ASKED : T3-T4-TSH

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION - TROMBAY
ROAD, SUMAN NAGAR, CHEMBUR, MUMBAI, MAHARASHTRA
400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.L.I.A	129	ng/dl	60-200
TOTAL THYROXINE (T4)	C.L.I.A	10.1	µg/dl	4.5-12
THYROID STIMULATING HORMONE (TSH)	C.L.I.A	2.89	µIU/ml	0.3-5.5

Comments : SUGGESTING THYRONORMALCY

Please correlate with clinical conditions.

Method :

T3 - Competitive Chemi Luminescent Immuno Assay

T4 - Competitive Chemi Luminescent Immuno Assay

TSH - Sandwich Chemi Luminescent Immuno Assay

Disclaimer :

Results should always be interpreted using the reference range provided by the laboratory that performed the test. Different laboratories do tests using different technologies, methods and using different reagents which may cause difference in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports. To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

Sample Collected on (SCT) : 25 Feb 2023 17:35

Sample Received on (SRT) : 25 Feb 2023 19:17

Report Released on (RRT) : 25 Feb 2023 22:34

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Labcode : 2502103340/AJ392

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Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**
Email: info@suranasethiahospital.in Web : www.suranasethiahospital.com

Dr Megha S MD.DNB (Path)

Dr Sumanya Basak DNB



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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : DEEPAK HOLKAR (51Y/M)
REF. BY : MEDIWHEEL
TEST ASKED : HbA1c

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION -
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	6.9	%

Reference Range :

Reference Range: As per ADA Guidelines

Below 5.7% : Normal
5.7% - 6.4% : Prediabetic
>=6.5% : Diabetic

Guidance For Known Diabetics

Below 6.5% : Good Control
6.5% - 7% : Fair Control
7.0% - 8% : Unsatisfactory Control
>8% : Poor Control

Method : Fully Automated H.P.L.C. using Biorad Variant II Turbo

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	151	mg/dl
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Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

~~ End of report ~~

Sample Collected on (SCT) : 25 Feb 2023 17:35

Sample Received on (SRT) : 25 Feb 2023 19:18

Report Released on (RRT) : 25 Feb 2023 22:19

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Dr Meha S MD DNB (Path)

Dr Sumanta Basak DPB



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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MR. DEEPAK HOLKAR	SEX	: MALE
AGE	: 51 YRS	DATE	: 25/02/2023
REF BY	: C/O. BANK OF BAROIDA		

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection.

SPLEEN

Spleen shows normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated

KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 9.9 x 4.7 cm.

Left kidney measures 9.9 x 5.0 cm.

Contd 2/..

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:2:

AORTA AND RETROPERITONEUM

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

URINARY BLADDER

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

PROSTATE

Prostate is normal in size, shape, position and echogenicity. It measures 3.6 x 2.7 x 3.4 cm (volume = 18 cc). No focal mass lesion is seen. Prostatic capsule is intact.

IMPRESSION:

- No significant abnormality is detected in abdomen and pelvis.


DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG





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NAME	: MR. DEEPAK HOLKAR	SEX	: MALE
AGE	: 51 YRS	DATE	: 25/02/2023
REF BY	: C/O. BANK OF BAROIDA		

EXAMINATION: 2D ECHOCARDIOGRAPHY

Conclusion:

1. All chambers normal sized.
2. Good LV function with LVEF = 60 %
3. All valves structurally & functionally normal.
4. No regional wall motion abnormality.
5. IAS / IVS intact.
6. No clot / vegetation / effusion.

Doppler Study:

- No diastolic dysfunction
- No TR. No PH.
- No other valvular regurgitation.
- No signs of high LVEDP.

Impression:

- Normal study.

**Dr. Dinesh Rajpal
MD, Physician
Reg. No.82808.**

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Doppler Study:

- Diastolic dysfunction: Normal
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO MR: NO PR: NO TR: NO
- Peak / Mean across MV = Normal mm of Hg.
- Peak / mean across AV = Normal mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = Normal mm of Hg.

Measurements:

	Measurement	Unit
Aorta		
LA	38	mm
AO	29	mm
ACS	11	mm
Mitral Valve		
Study		
Excursion D-E		mm
EF slop		mm/s
EPSS		mm

	Measurement	Unit
LV study		
IVsd	10	mm
LVIDd	46	mm
LVPWD	11	mm
IVSs		mm
LVIDs	32	mm
LVPWa	12	mm
EF %	60	%
% FS		%

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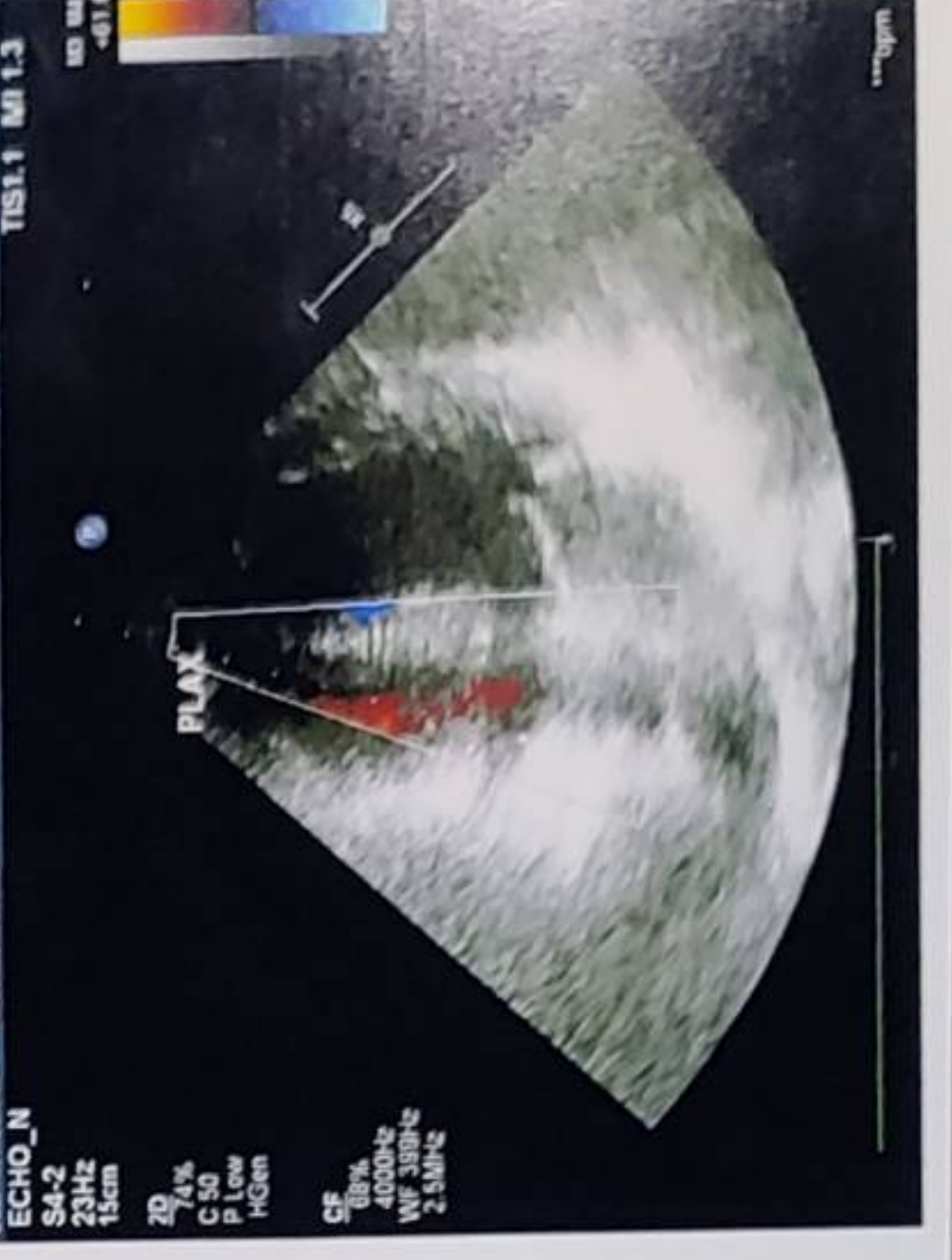
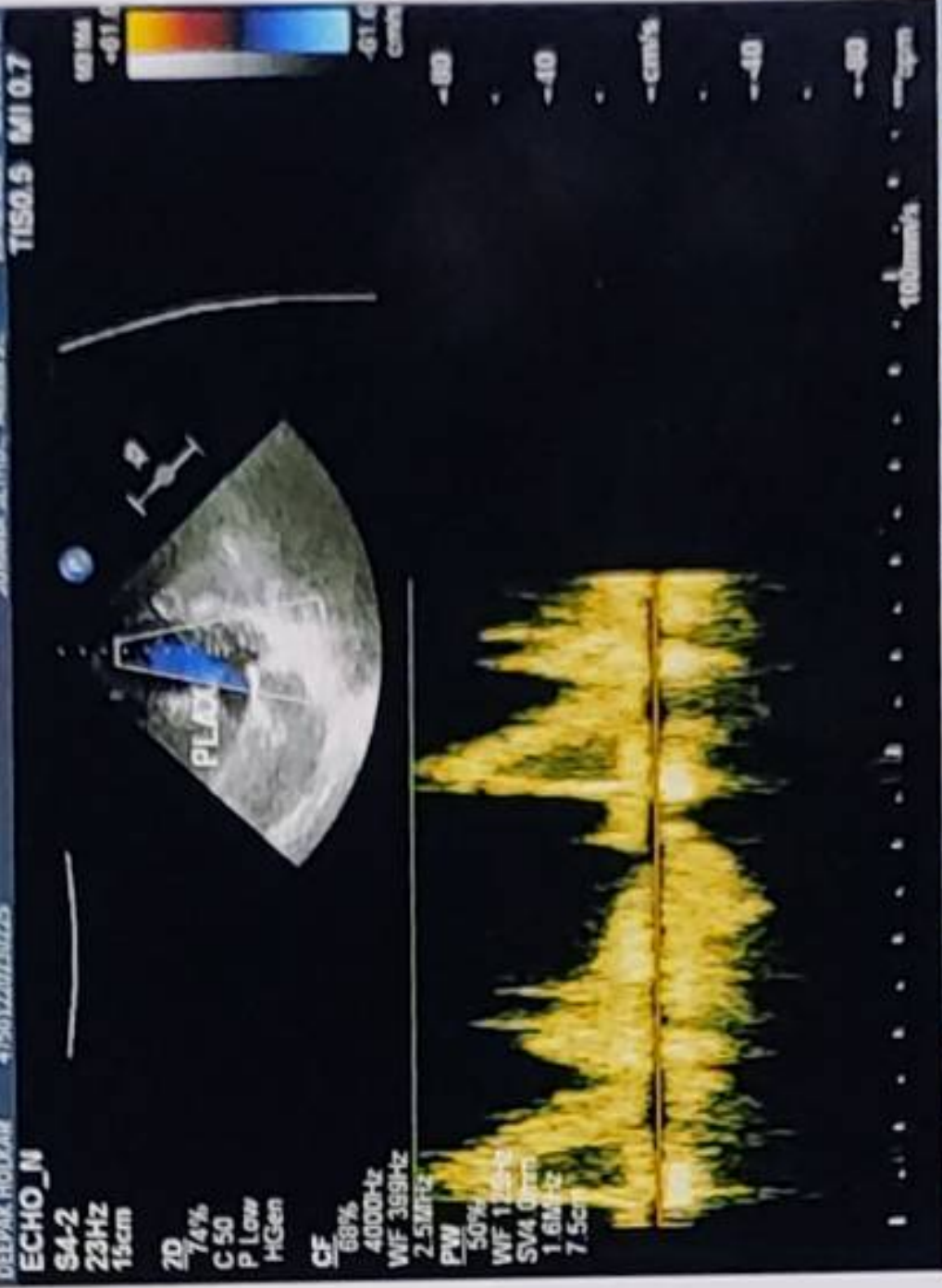
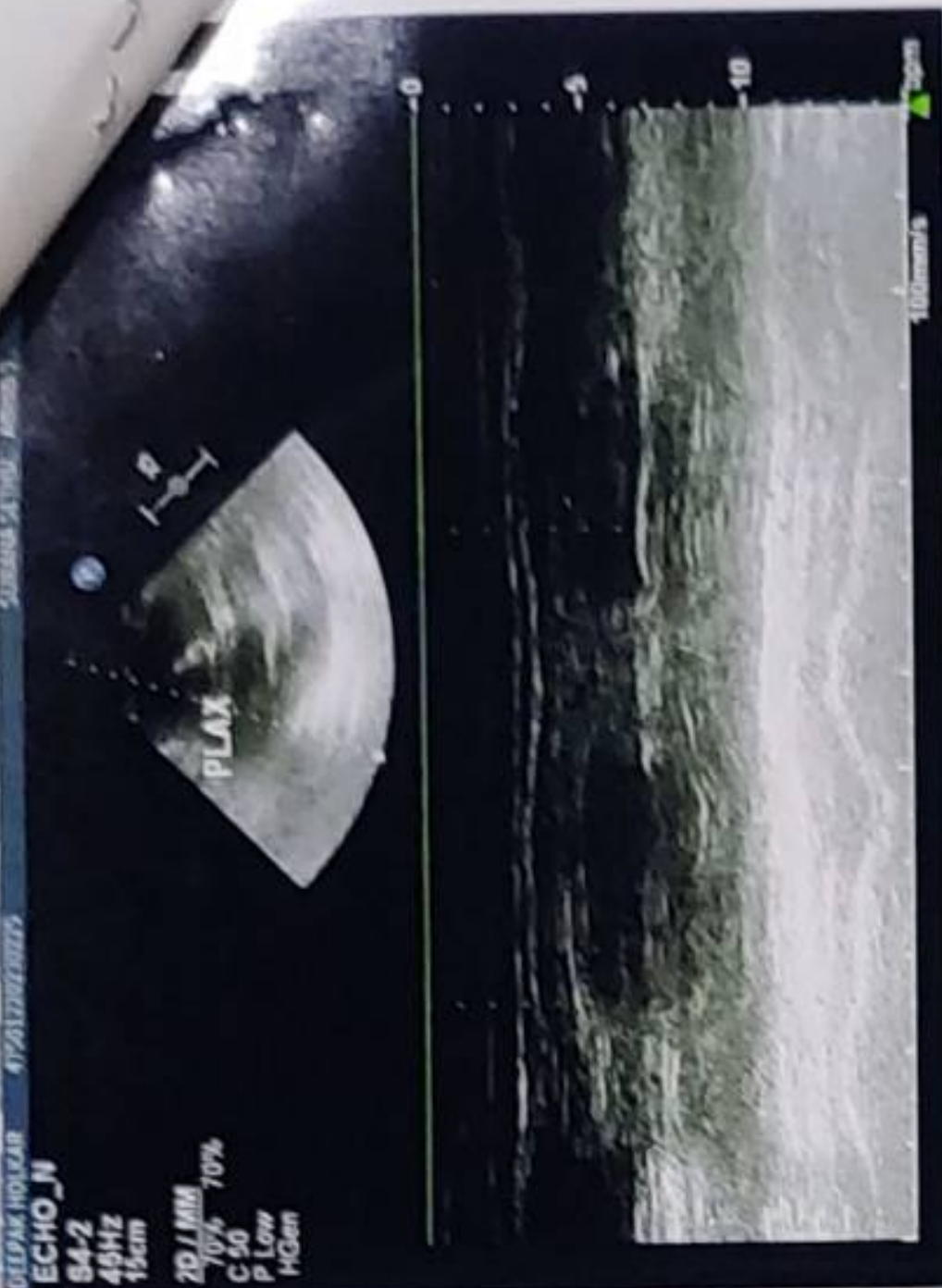
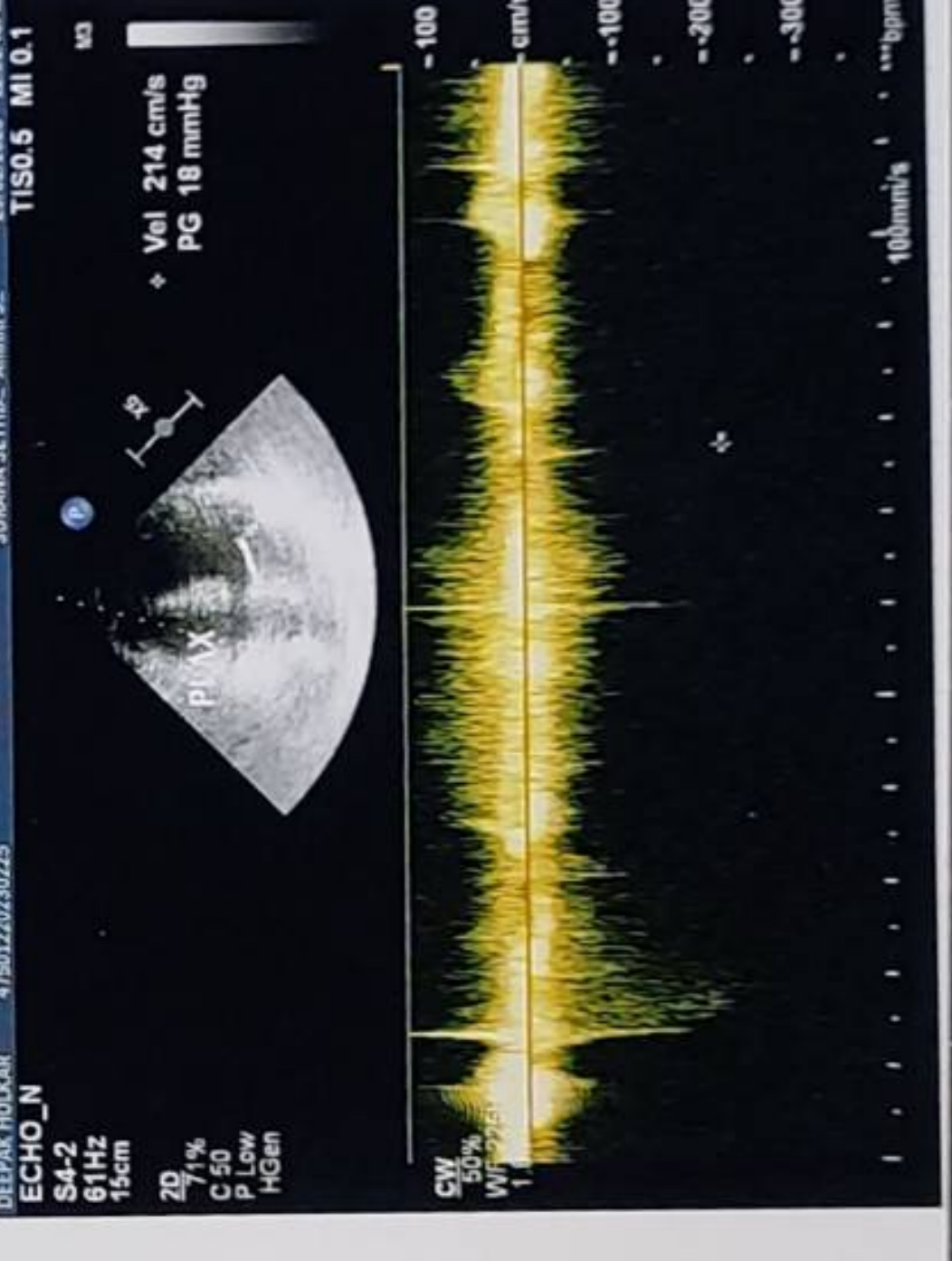
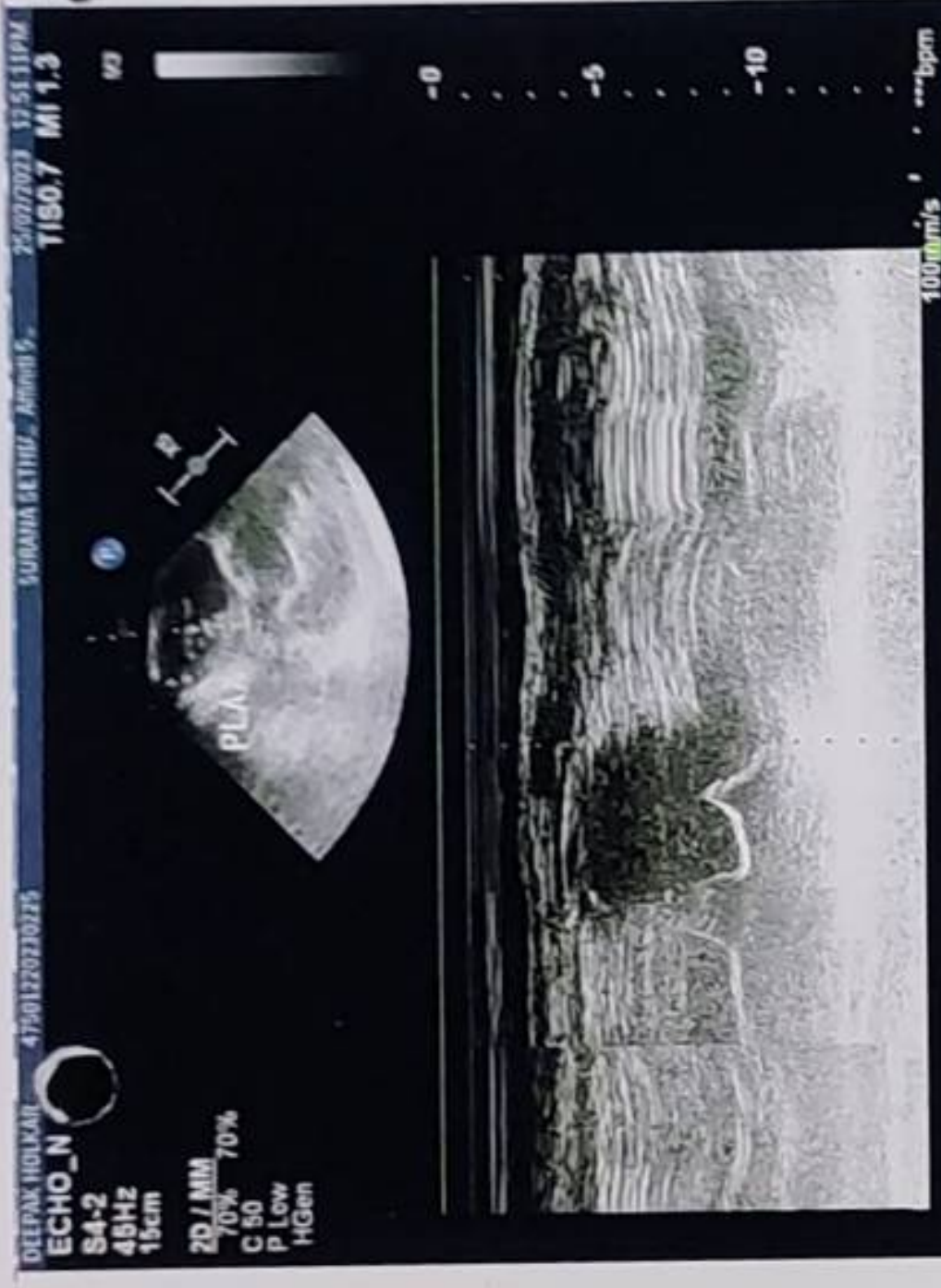
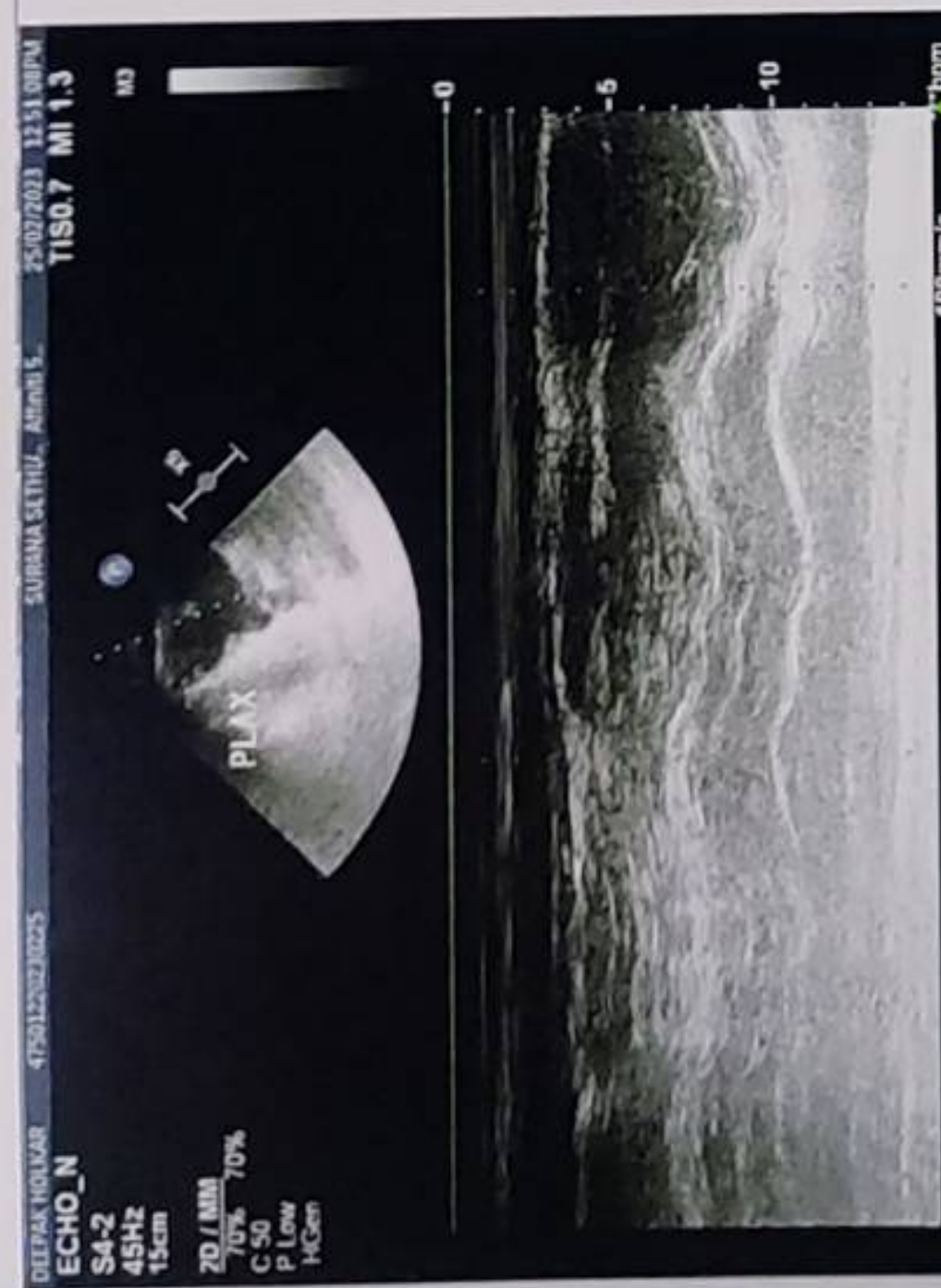
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MR. DEEPAK HOLKAR	SEX	: MALE
AGE	: 51 YRS	ID NO.	: 1127520
REF BY	: C/O. MEDIWHEEL	DATE	: 25/02/2023

X-RAY CHEST PA VIEW

Protocol :

Computerised radiography of chest PA reveals:

Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits. Aortic knuckle calcification is seen.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

Impression:

- No significant lung abnormality detected.

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG

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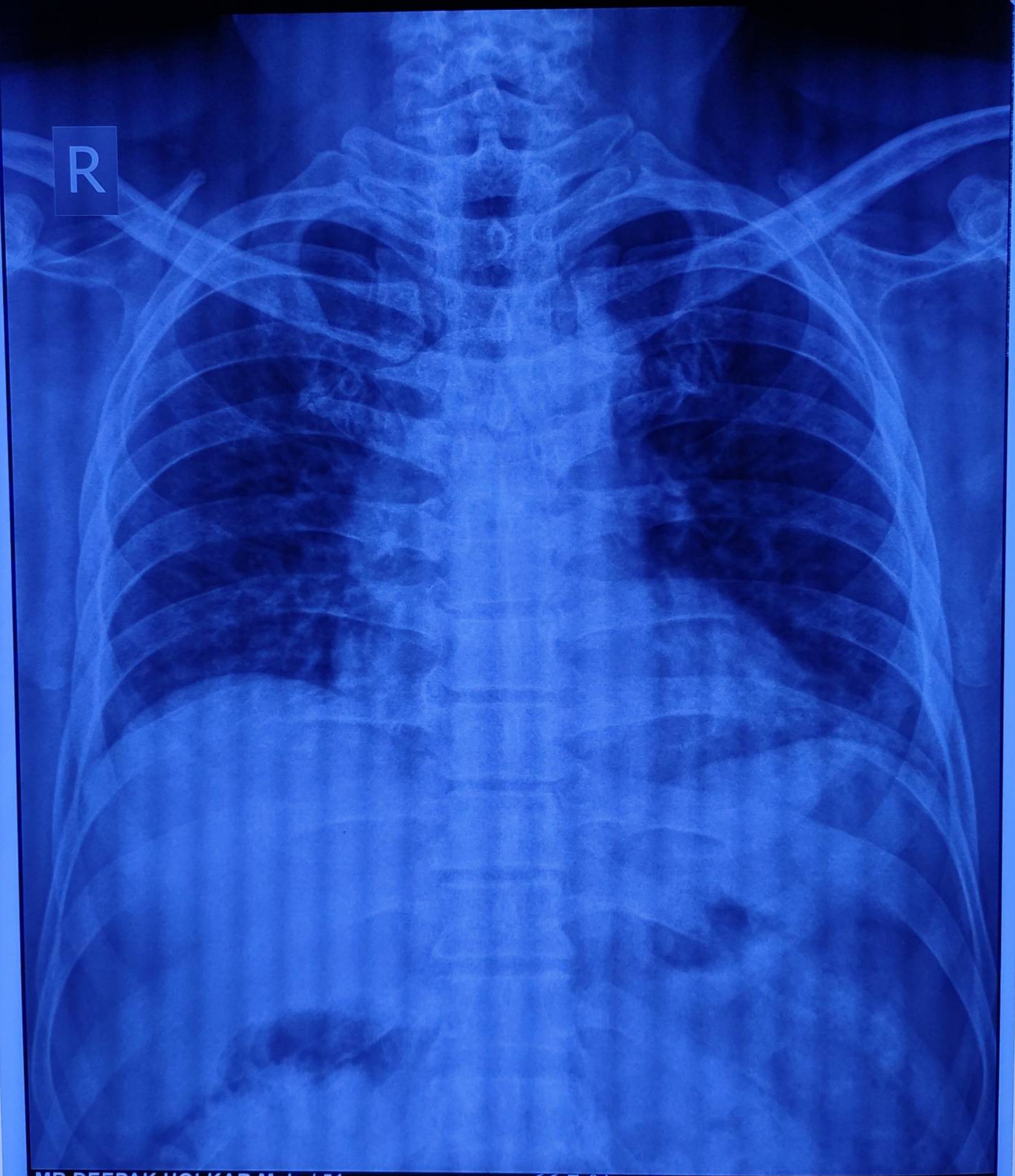
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Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com

R



MR.DEEPAK HOLKAR Male / 51

66.7 %

Chest PA

Pat. ID. : OPD/1127520

Ref.Dr. C/O MEDIWHEEL

25/02/2023 10:36:17 AM

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