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- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR DEVENDRA RAVICHANDRA NIKHADE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE      **Age** : 34 Years  
**Collected At** : GOREGAON EAST MAIN BRANCH

**Lab No.** : JHC1324 \*JHC1324\*  
**Reg. Date** : 27-Aug-2022 9:24 am  
**Report Date** : 27-Aug-2022 5:00 pm  
**Print Date** : 29-Aug-2022 5:52 pm

## BIOCHEMISTRY REPORT

TEST	RESULT	NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00	5 - 20 mg/dl

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR DEVENDRA RAVICHANDRA NIKHADE

Lab No. : JHC1324 \*JHC1324\*

Referred By Dr : MEDIWHEEL

Reg. Date : 27-Aug-2022 9:24 am

Sex : MALE Age : 34 Years

Report Date : 27-Aug-2022 5:00 pm

Collected At : GOREGAON EAST MAIN BRANCH

Print Date : 29-Aug-2022 5:52 pm

## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	7.0	mg%	Male : 3.4 - 7.0 mg%

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## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

----- End of Report -----

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# HEALTHCARE

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	110	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	130.7	mg/dl	Normal: 70-140 mg/dL  Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15.3	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.71	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	43.8	%	Male : 37 - 51 %
MCV	93.00	fl	80- 96 fl
MCH	<b>32.40</b>	pg	27 - 32 pg
MCHC	34.90	gm%	32 - 37 gm%
RDW	14	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	6810	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	400000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.65	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	34		
eGFR	149.46	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	96.80		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not be used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	181	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	78	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	47	mg / dl	40 - 60 mg / dl
VLDL	15.60	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	<b>118.40</b>	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.85		< 5
LDL / HDL	2.52		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR DEVENDRA RAVICHANDRA NIKHADE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : GOREGAON EAST MAIN BRANCH

**Lab No.** : JHC1324 \*JHC1324\*  
**Reg. Date** : 27-Aug-2022 9:24 am  
**Report Date** : 27-Aug-2022 5:00 pm  
**Print Date** : 29-Aug-2022 5:52 pm

## LIVER FUNCTION TESTS

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.96	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.25	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.71	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	50	U / L	Up to 49 U / L
S.G.O.T.	51	U / L	Up to 46 U / L
Alkaline Phosphatase	89.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.21	gm / dl	6 - 8 gm / dl
Albumin	4.42	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.79	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.58		1.0- 2.3
GGT	26	IU/L	5 - 50 IU/L

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR DEVENDRA RAVICHANDRA NIKHADE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : GOREGAON EAST MAIN BRANCH

**Lab No.** : JHC1324 \*JHC1324\*  
**Reg. Date** : 27-Aug-2022 9:24 am  
**Report Date** : 27-Aug-2022 3:49 pm  
**Print Date** : 29-Aug-2022 5:52 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR DEVENDRA RAVICHANDRA NIKHADE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : GOREGAON EAST MAIN BRANCH

**Lab No.** : JHC1324 \*JHC1324\*  
**Reg. Date** : 27-Aug-2022 9:24 am  
**Report Date** : 28-Aug-2022 12:16 pm  
**Print Date** : 29-Aug-2022 5:52 pm

**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ] Method	99.63 ELFA	ng/dl	55 - 180 ng/dl
T4 [ Thyroxine ] Method	6.65 ELFA	ug/dl	4.66 - 10.50 ug/dl
TSH [Thyroid Stimulating Hormone] Method	1.27 ELFA	uIU/mL	0.25 - 5.0 uIU/mL

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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MD (PATH) MUM

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**Health Check up Booking Confirmed Request(bobE13538),Package Code-  
KG10000240, Beneficiary Code-61485**

Messages

Mediwheel &lt;customercare@policywheel.com&gt;

Wed, Aug 24, 2022 at 2:54 P

"healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;

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2,GOKULDHAM, NEAR SATELLITE TOWERS,GOREGAON EAST, MUMBAI 400063  
,City:Mumbai**

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240**Beneficiary Name** : MR. NIKHADE DEVENDRA RAVICHANDRA**Member Age** : 34**Member Gender** : Male**Member Relation** : Employee**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40**Location** : MUMBAI,Maharashtra-400034**Contact Details** : 9970285677**Booking Date** : 05-07-2022**Appointment Date** : 27-08-2022**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



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नामांकन क्रम / Enrollment No.: 1104/30814/04652

To  
देवेन्द्र रविचंद्र निखाडे  
Devendra Ravichandra Nikhade  
S/O: Ravichandra Nikhade  
plot no. 23  
ganesh mandir jawal M S E B colony, rajgopalachari  
ward  
Bhandara  
Bhandara  
Bhandara Bhandara  
Maharashtra 441904

12/08/2013

63357529



MN633575295FT



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Satellite Gardens, Film City Road,  
Near Satellite tower, Goregaon (E) Mumbai - 400063  
Ph. - 48126565 / 7977374838 / 7977362922

आपका आधार क्रमांक / Your Aadhaar No. :

**8854 7449 4931**

आधार - आम आदमी का अधिकार

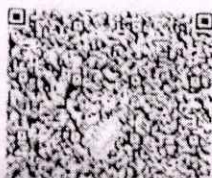
*[Signature]*  
**DR. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643



भारत सरकार

Government of India

देवेन्द्र रविचंद्र निखाडे  
Devendra Ravichandra Nikhade  
जन्म तिथि / DOB : 02/02/1987  
पुरुष / Male



*[Signature]*  
**Dr. Nupur Rai**  
21/11/22

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	Devendra Nikhade	DATE	27/8/2022
HEIGHT: 169 CM	WEIGHT 75 KGS	AGE	34 YRS
REFERRED BY	Mediowheel	SEX	Male
<b>PRESENT COMPLAINT:</b> NONE			
<b>CURRENT MEDICATION:</b> NONE			
<b>PAST HISTORY :</b>			
<b>ALLERGY: NIL HABITS: NO APPETITE: GOOD</b>			
<b>SLEEP: GOOD BLADDER: NORMAL BOWEL: NORMAL</b>			
<b>FAMILY HISTORY: Mother has DM &amp; HTN :: few months.</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P: 93/ MIN BP: 130/80 MMHG		fit for employment	
PALLOR: NIL ICTERUS: NIL			
OEDEMA: NIL OTHERS: NIL			
RS: NAD			
CVS: NAD			
PA: NAD			
CNS: NAD			
<b>INVESTIGATION:</b>		<p>DR. Y. J. MEHTA [M.D.]          for          Dr. NUPUR RAI          MBBS, DIPLOMA CARDIOLOGY (PGDCC)          Reg. No.: 2018115643</p>	

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## EYE CHECK UP & COLOUR VISION

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NAME: <u>MR. Devendra Nikhade</u>		DATE: <u>27/8/22</u>	
REF. BY: <u>Mediawheel</u>		AGE: <u>34/yo</u>	SEX: <u>Male</u>

	RIGHT EYE	LEFT EYE
CORNEA	<u>Normal</u>	<u>Normal</u>
PUPIL	<u>Normal</u>	<u>Normal</u>
SCLERA	<u>Normal</u>	<u>Normal</u>
EYE MOVEMENTS	<u>Normal</u>	<u>Normal</u>
REFRACTIVE ERROR	<u>N-6/6</u>	<u>N-6/6</u>
COLOUR VISION	<u>Normal</u>	<u>Normal</u>

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Satellite Towers, Film City Road,  
Near Satellite Tower, Goregaon (East), Mumbai - 400063  
Ph...- 977374838 / 7977362922  
**DR SIGNATURE**

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NAME	MR DEVENDRA NIKHADE	DATE	27/08/2022
INVESTIGATION	USG ABDOMEN PELVIS	AGE	34YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

### REAL TIME ABDOMINAL ULTRASOUND REPORT

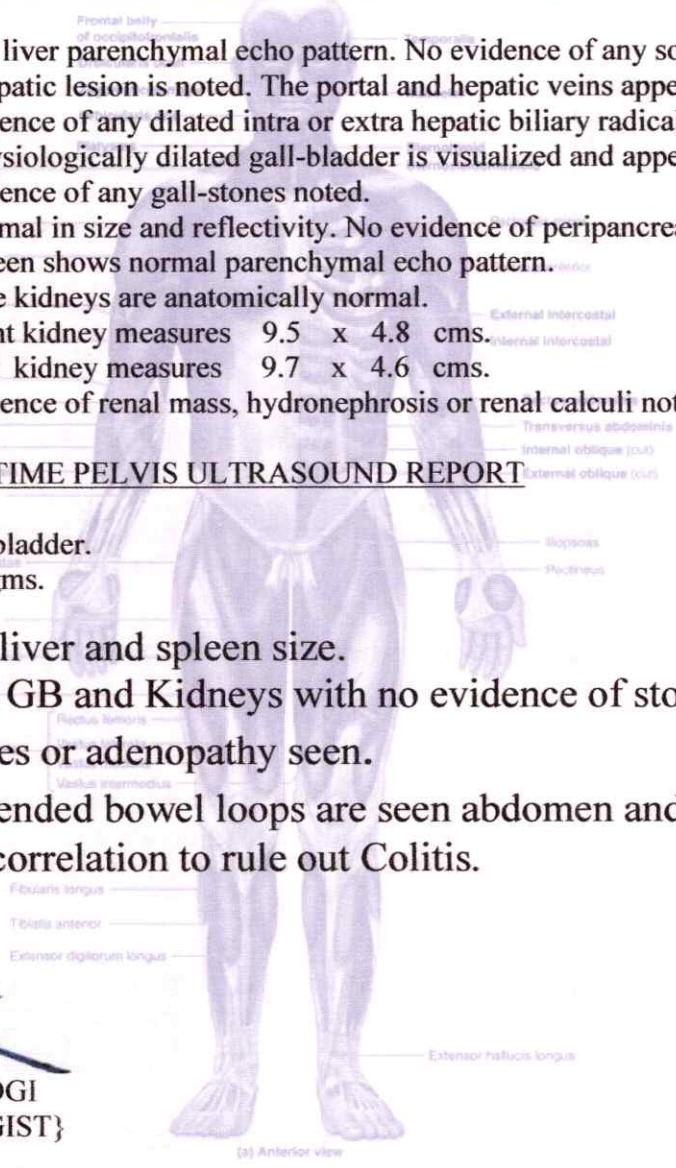
- LIVER** : Normal liver parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted.
- GALL-BLADDER:** The physiologically dilated gall-bladder is visualized and appears normal. No evidence of any gall-stones noted.
- PANCREAS** : It is normal in size and reflectivity. No evidence of peripancreatic collection is seen.
- SPLEEN** : The spleen shows normal parenchymal echo pattern.
- KIDNEYS** : Both the kidneys are anatomically normal.  
The right kidney measures 9.5 x 4.8 cms.  
The left kidney measures 9.7 x 4.6 cms.  
No evidence of renal mass, hydronephrosis or renal calculi noted.

### REAL TIME PELVIS ULTRASOUND REPORT

Anatomically normal urinary bladder.  
Prostate corresponding to 19 gms.

- CONCLUSION:** Normal liver and spleen size.  
Normal GB and Kidneys with no evidence of stone.  
No ascites or adenopathy seen.  
Gas distended bowel loops are seen abdomen and pelvis.  
Suggest : Clinical correlation to rule out Colitis.

DR. DHANANJAY RASTOGI  
{CONSULTING RADIOLOGIST}  
(MBBS, DMRD.)



- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389



- COMPUT. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR DEVENDRA NIKHADE	DATE	27/08/2022
INVESTIGATION	X-RAY CHEST PA	AGE	34YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

## X-RAY CHEST (PA VIEW)

Both the lungs are equally translucent.

The cardiac & aortic silhouettes are normal.

The pleural spaces are clear.

No hilar or mediastinal mass is seen.

Domes of diaphragm are normal in position and contour.

No skeletal abnormality is seen.

**CONCLUSION** : *Normal chest teleroentgram.*

Report with compliments to **MEDIWHEEL**

**Thank you for the opportunity to participate in the care of your patient.**  
Please bring this report next time for comparison.

DR. DHANANJAY RASTOGI  
{CONSULTING RADIOLOGIST}  
( MBBS , DMRD. )

(a) Anterior view

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

**"Home Visit Facility Call On 76667 66307"**

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

MIR D DEVENDRA RAVICHAND  
EJHC. 324 27-Aug-2022  
ECG

PATIENT Mr Devendra Nikhade

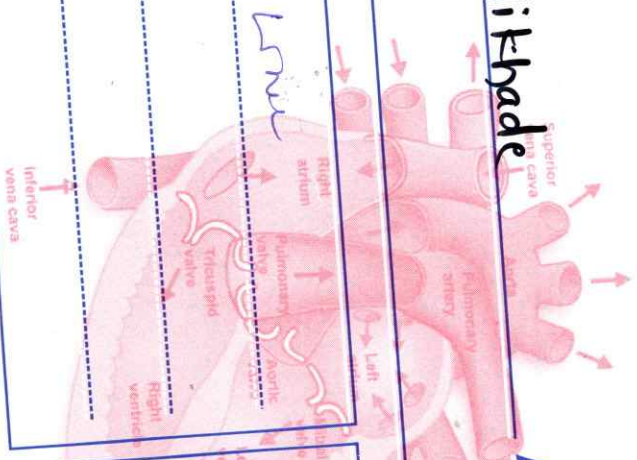
AGE 34 yrs SEX Male

REF. BY DR. Mediwheel

DATE 27/08/2022

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS  
Satellite Gardens, Film City Road,  
Near Satellite Fortis Hospital, El Mumbal - 400063  
Ph. 40126565 / 7917374838 / 7917362922

INTERPRETATION : Low

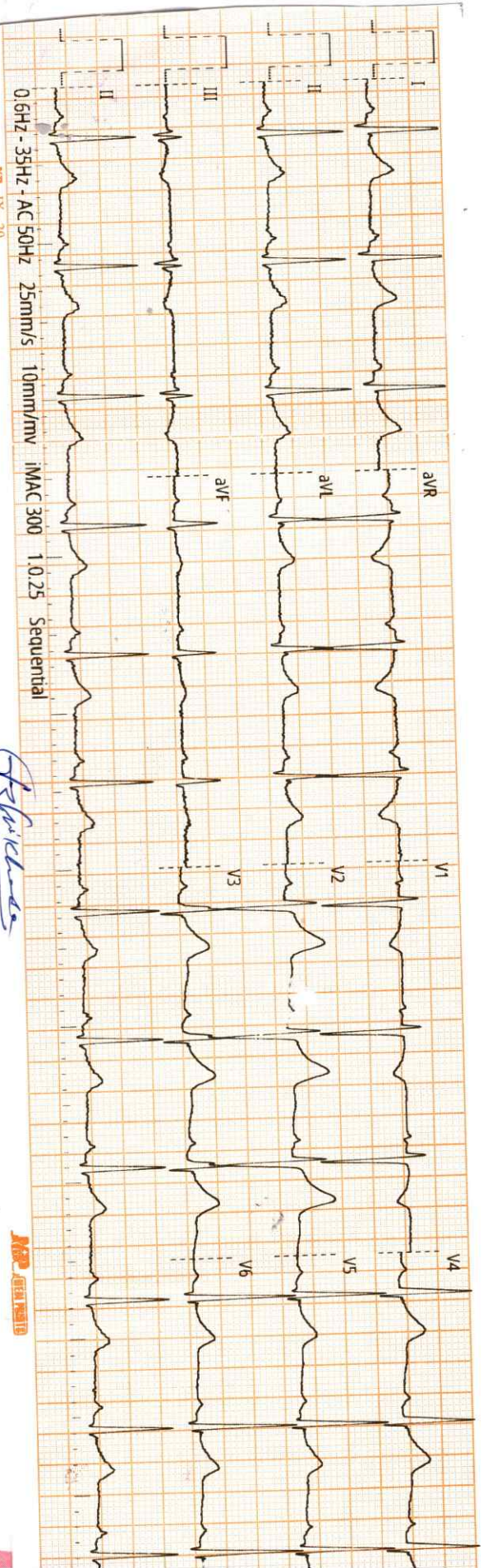


DR. [Signature]  
**DR. NUPUR RAI**  
-MBBS- DIPLOMA CARDIOLOGY (PGDCG)  
Reg. No.: 2018115643

0.6Hz - 35Hz - AC 50Hz 25mm/s 10mm/mV iMAC 300 1.0.25 Sequential

*Handwritten signature*

**MR** GEN 12/10



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 97 bpm

Ventricular Rate : 97 bpm

Rhythm : NS

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : (N)

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : NS

.....

2

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE: 27/8/22

TO,

Whomever Concern

This is regarding your client Miss/Mrs/Mr. Devendra

Nikhade.

Visited to our centre on 27/8/22 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool Routine.

Reason: Cannet collect.

We are canceling / will reschedule it as per her/his convenience.

Thank you.

*Dr. NUPUR RAI*  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

*Dr. Nupur Rai*  
HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS  
Satellite Gardens, Film City Road,

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- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Client's sign

Medical Examiner

# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

**MR DEVENDRA NIKHADE**

ID : 287

DATE : 27-08-2022

AGE/SEX : 34 / M

HT/WT : 169 / 75

REF. BY : MEDIWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce

HISTORY : NONE

INDICATION :

MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METTS
								II	V1	V5	
SUPINE					75	130 / 70	97	1.5	-0.5	1.9	
STANDING					75	130 / 70	97	1.4	-0.7	2	
HYPERVENT		0:4			76	130 / 70	98	1.5	-0.7	2	
VALSALVA					75	130 / 70	97	2.7	-0.9	3.4	
Stage 1	2:55	2:55	2.7	10	105	130 / 70	136	1.4	0.2	1.2	4.67
Stage 2	5:55	2:55	4	12	130	140 / 80	182	0.8	0.3	0.8	7.04
PK-EXERCISE	9:23	1:16	6.7	16	162	150 / 80	243	0.9	1.6	0	11.69
RECOVERY 1	10:37	0:54			119	150 / 80	178	2.3	0.5	2.7	
RECOVERY 2	11:38	1:55			106	140 / 80	148	1.2	0.8	1.7	

**RESULTS**

EXERCISE DURATION : 9:23

MAX HEART RATE : 162 bpm

MAX BLOOD PRESSURE : 150 / 80 mm Hg

REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,

ARRHYTHMIA : None,

H.R. RESPONSE : Normal Chronotropic Response,

**IMPRESSIONS**

GOOD EFFORT TOLERANCE,  
 NO ANGINA , NO ARRHYTHMIA,  
 NORMAL HR , BP RESPONSE,  
 NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO  
 BASELINE E.C.G,  
 STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

MAX WORK LOAD : 11.69 METTS

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
 Spinnaker Gardens, Film City Road

Near Satellite Towers, Goregaon (E) Mumbai - 400063  
 Ph. 40123555 / 7977374838 / 7977362922

**Dr. NUPUR RAI**

MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

Technician :

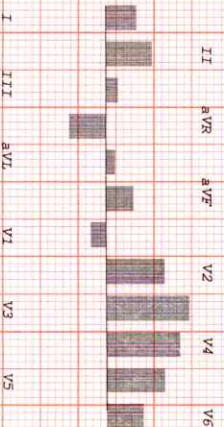
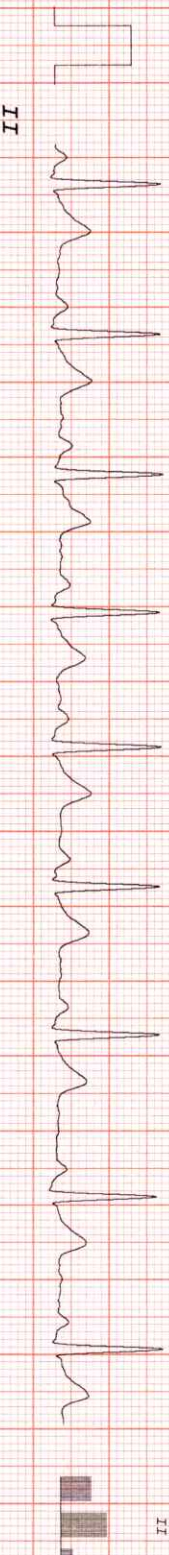
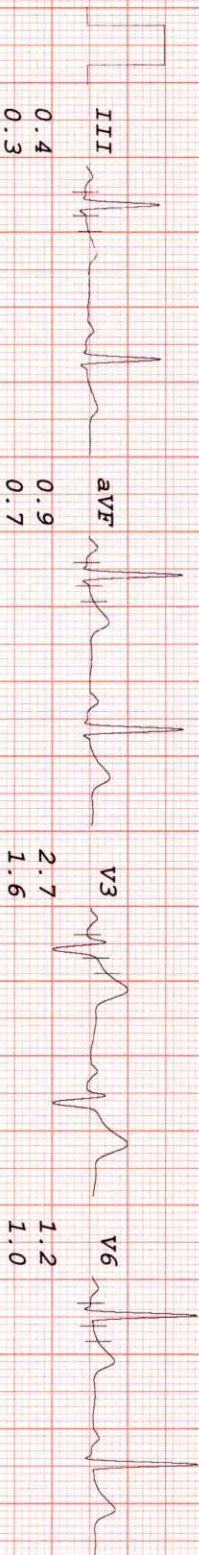
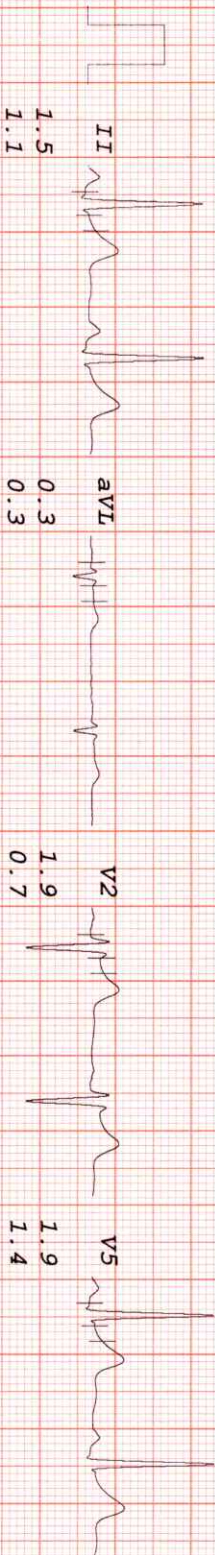
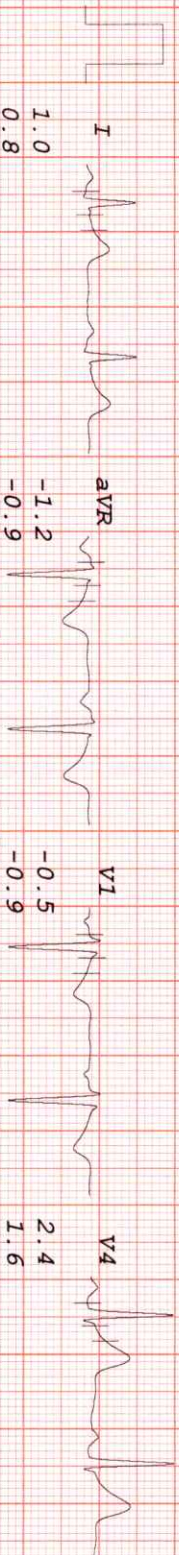
MR DEVENDRA NIKHADE  
I.D. 287  
Age 34/M  
Date 27-08-2022

HEALTHCARE MEDICAL CENTRE GOREGAON (E)  
EKG TEST  
SUPINE  
ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



Handwritten signature in blue ink.

HEALTHCARE MEDICAL CENTRE GOREGAON (E)

MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

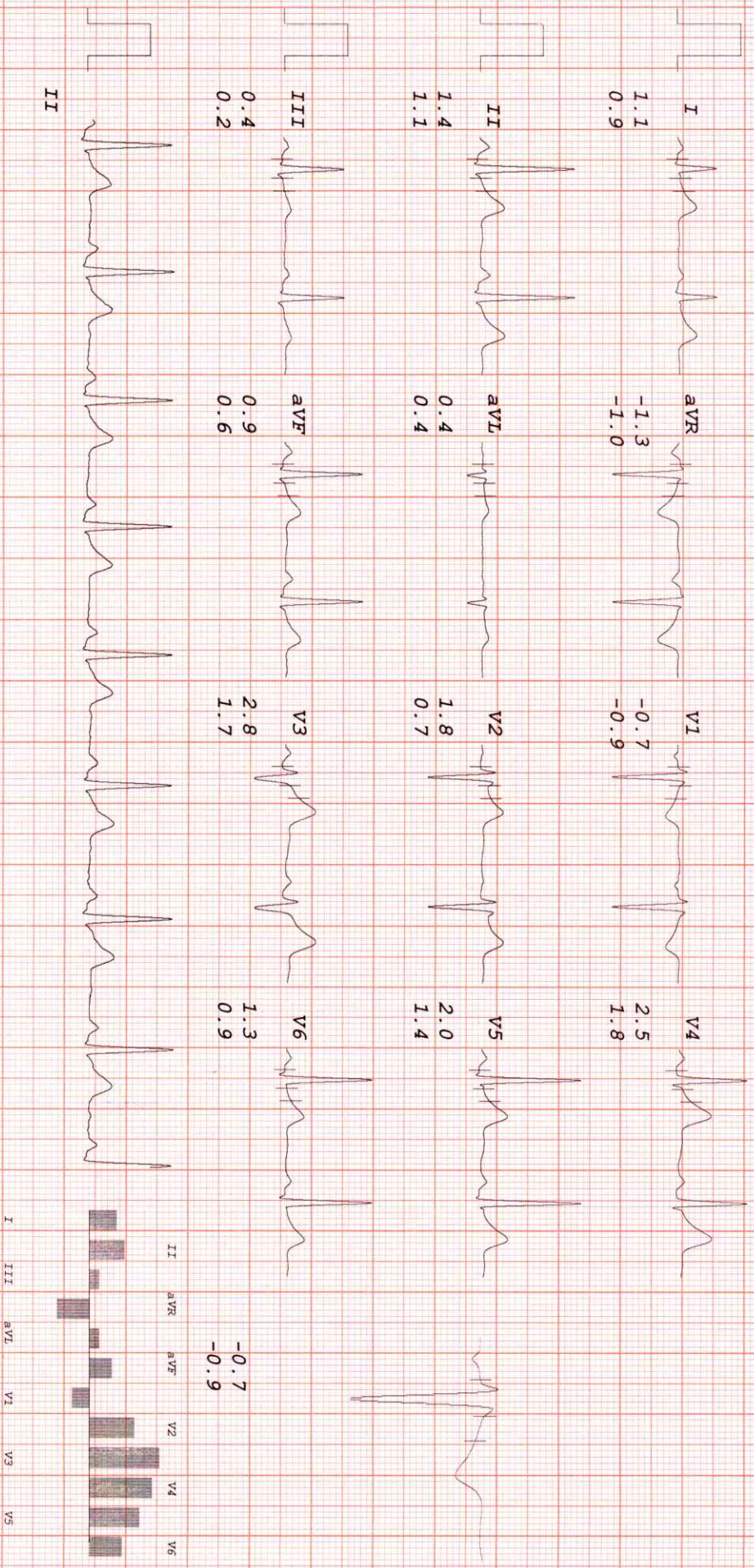
RATE 75bpm  
 B.P. 130/70

PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2



*Dr. Nikha*





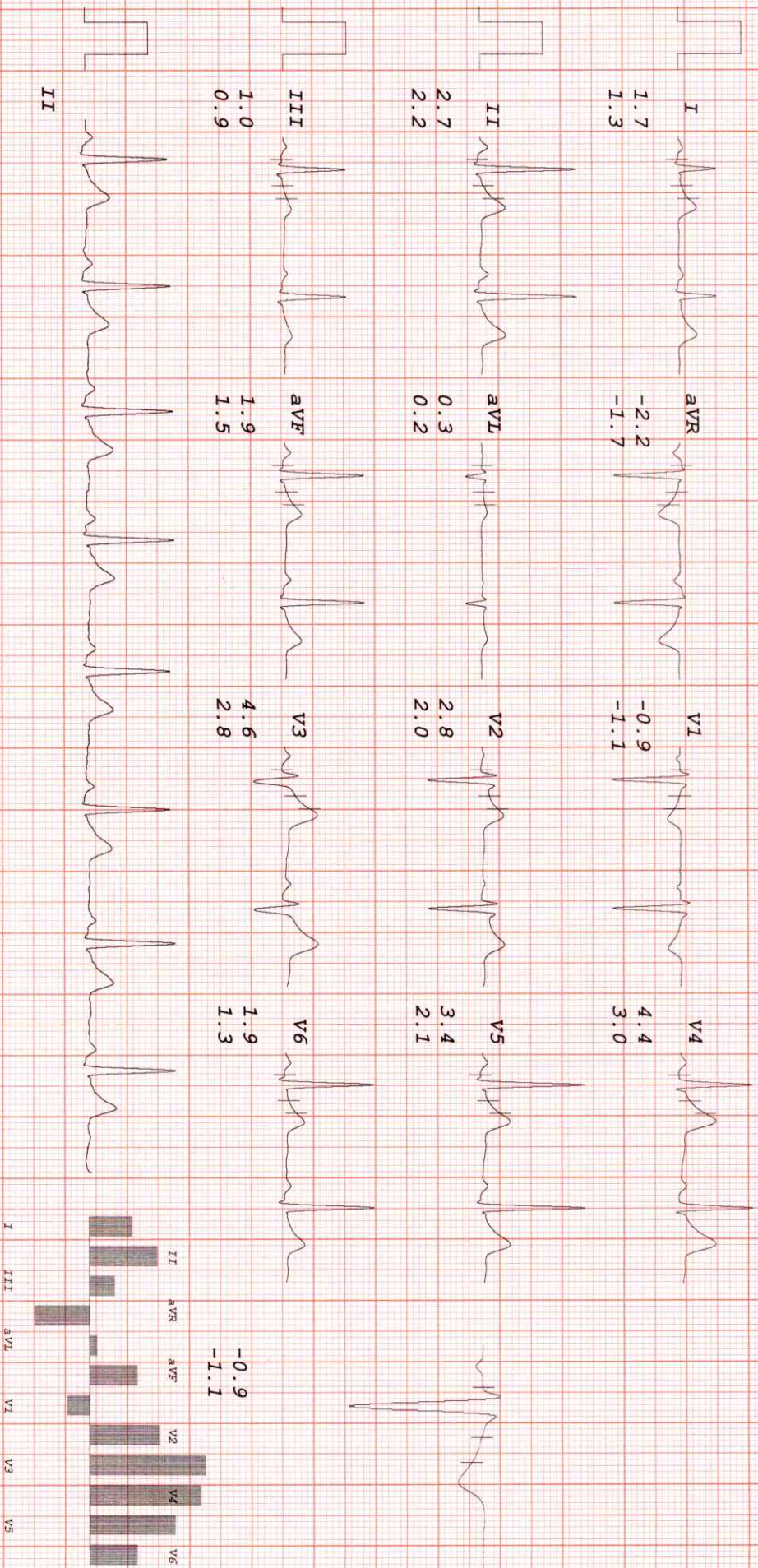
MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

HEALTHCARE MEDICAL CENTRE GOREGAON (E)  
 PRETEST  
 RATE 75bpm  
 B.P. 130/70  
 VALSALVA  
 ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*Dr. Nikha*

# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

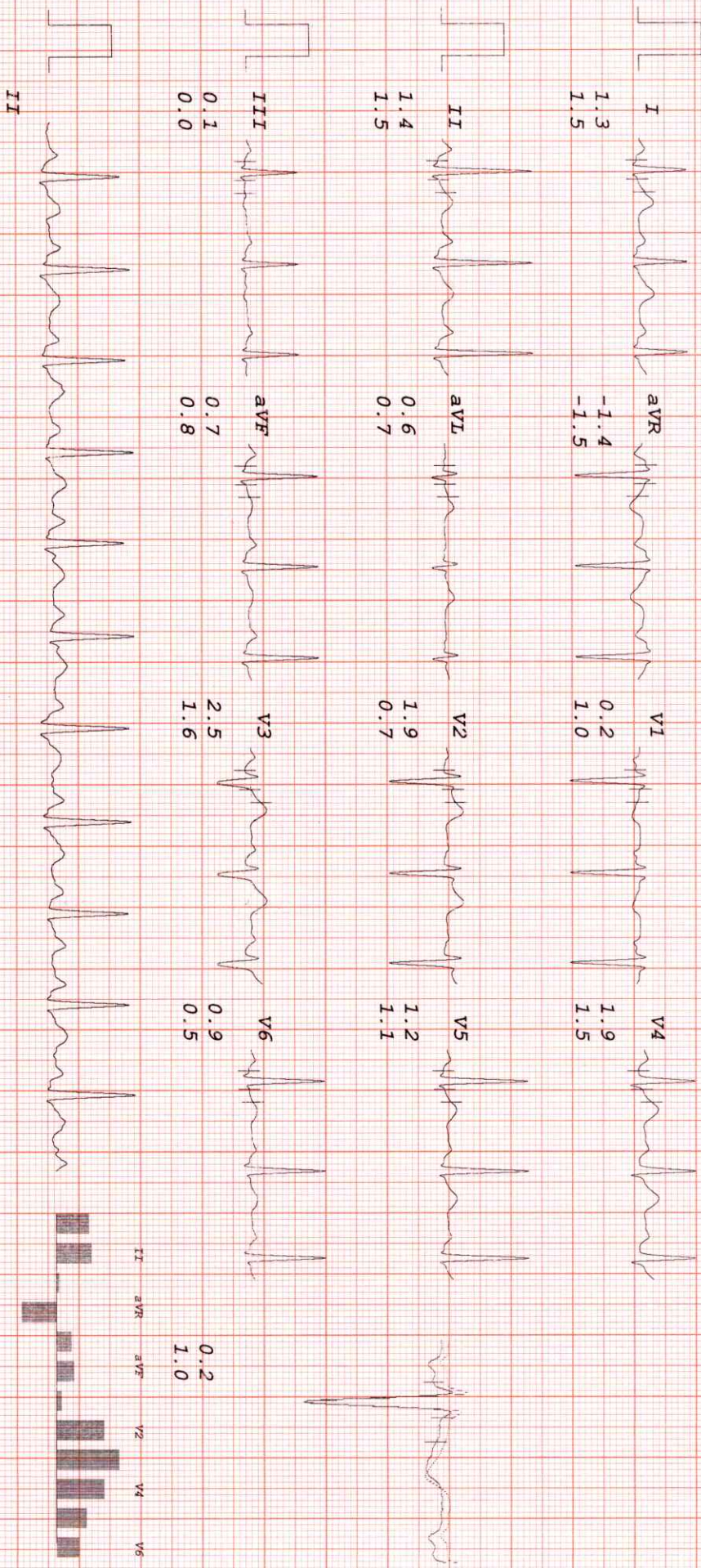
MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

RATE 105bpm  
 B.P. 130/70  
 Bruce Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2



*Dr. Nikhade*

# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

RATE 130bpm  
 B.P. 140/80

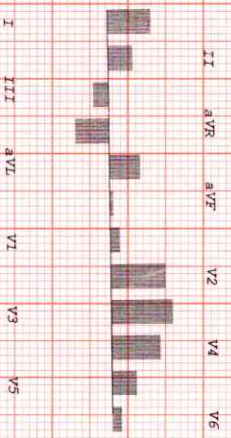
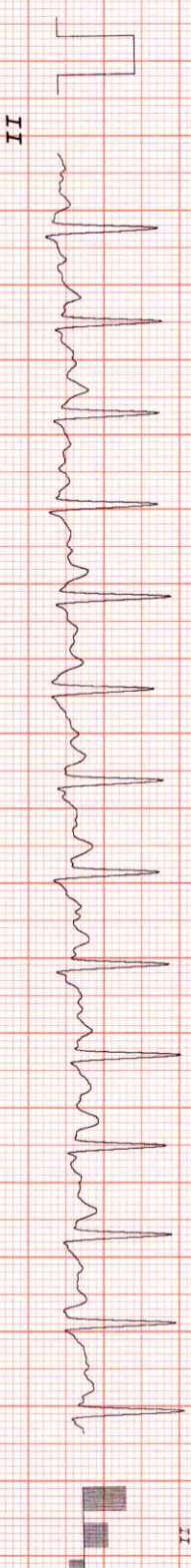
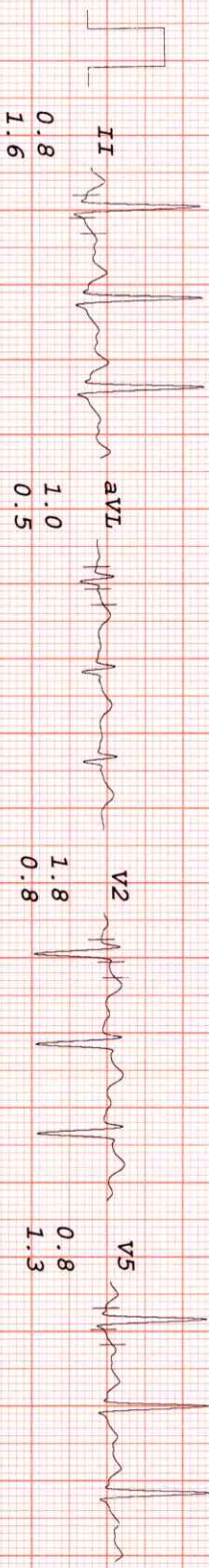
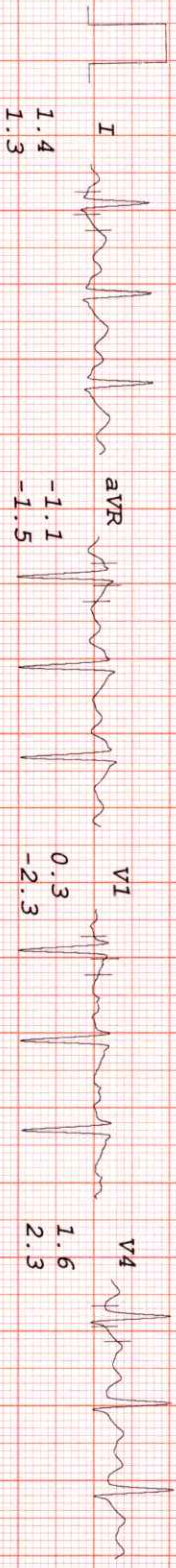
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V1



*AK*

# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

RATE 146bpm  
 B.P. 140/80

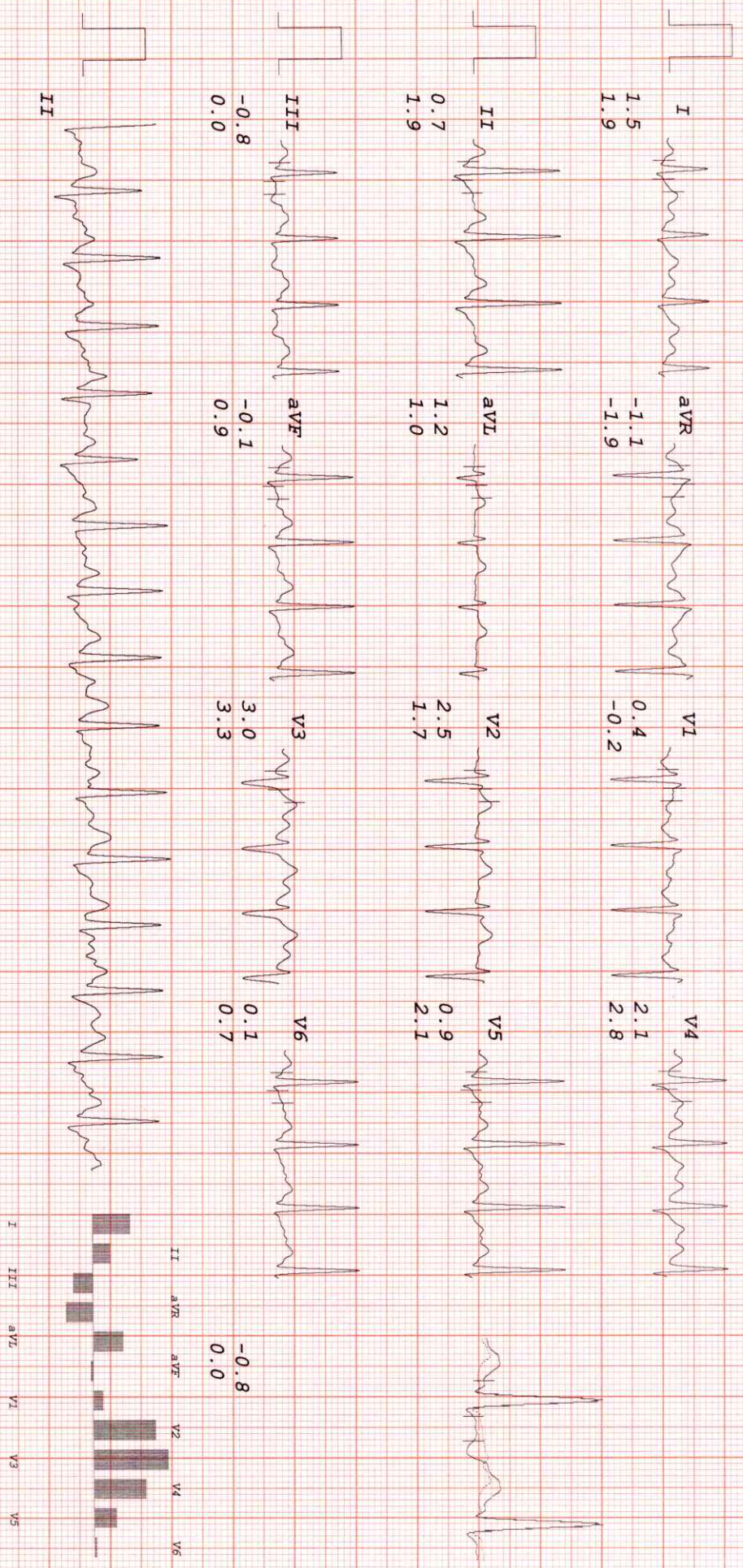
Bruce  
 Stage 3  
 TOTAL TIME 7:55  
 PHASE TIME 1:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

**LINKED MEDIAN**

Mag. X 2

III



SK/Intk

# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

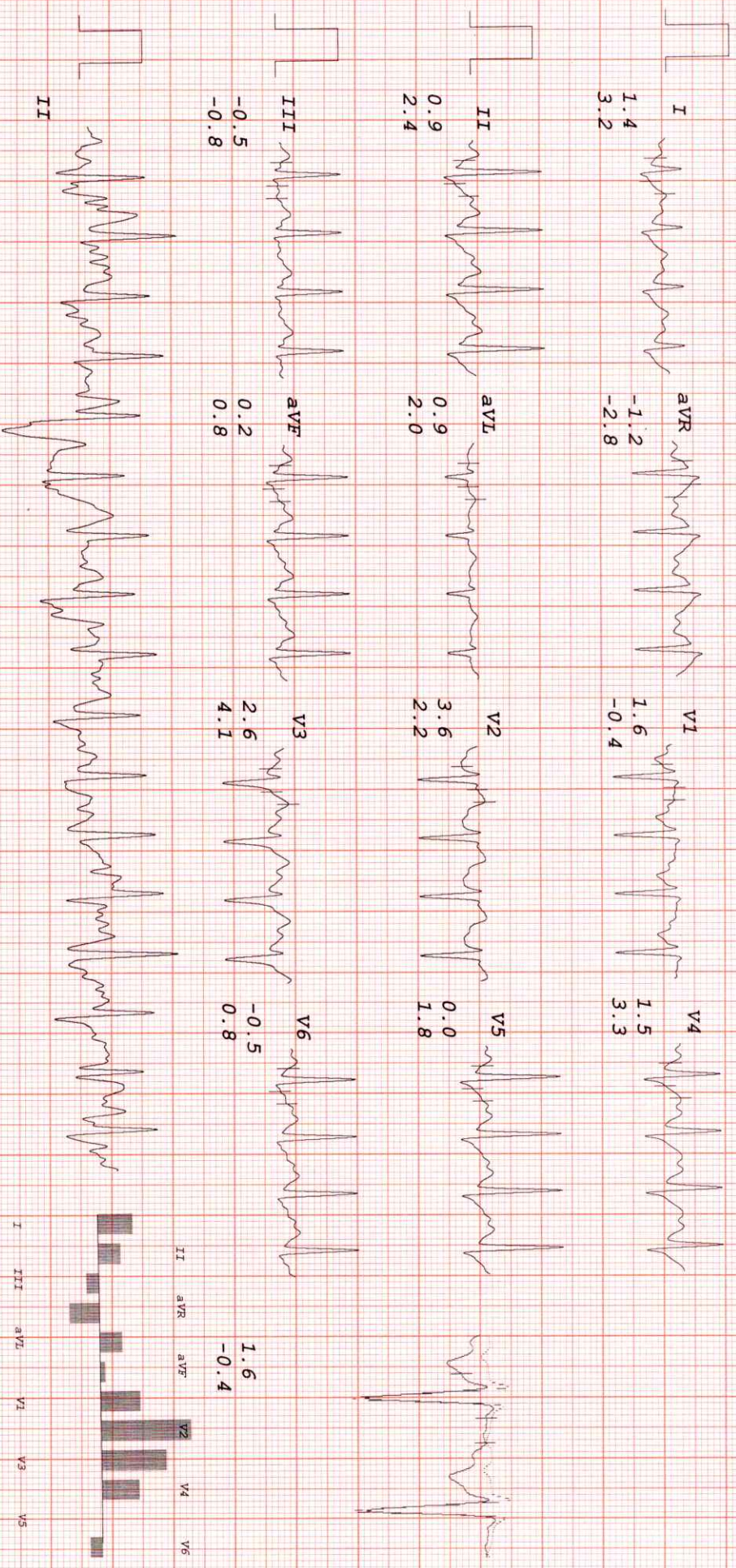
RATE 162bpm  
 B.P. 150/80

Bruce  
 PK-EXERCISE  
 TOTAL TIME 9:23  
 PHASE TIME 1:16

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

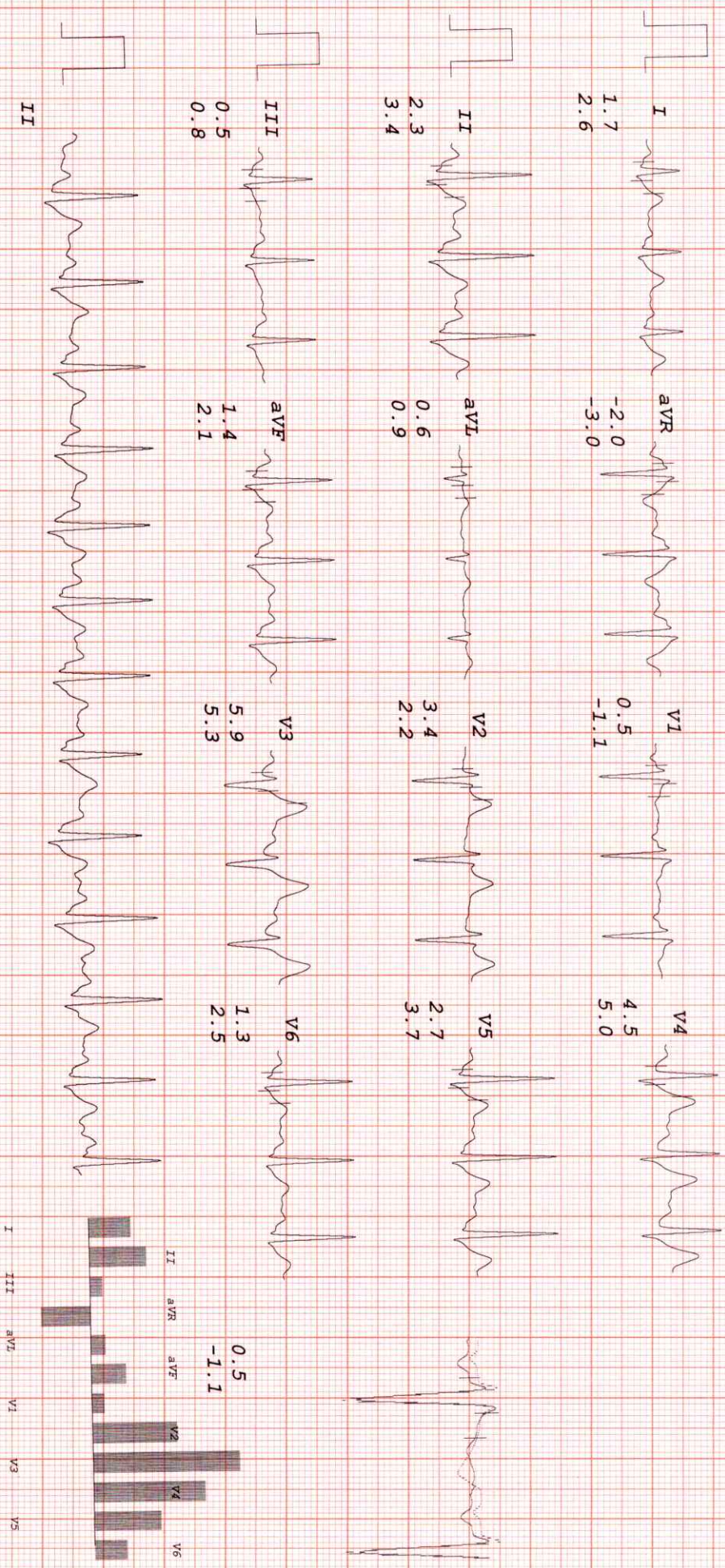
MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

RATE 119bpm  
 B.P. 150/80  
 Bruce  
 RECOVERY  
 TOTAL TIME 10:37  
 PHASE TIME 0:54

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 1  
 LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICAL CENTRE GOREGAON (E)

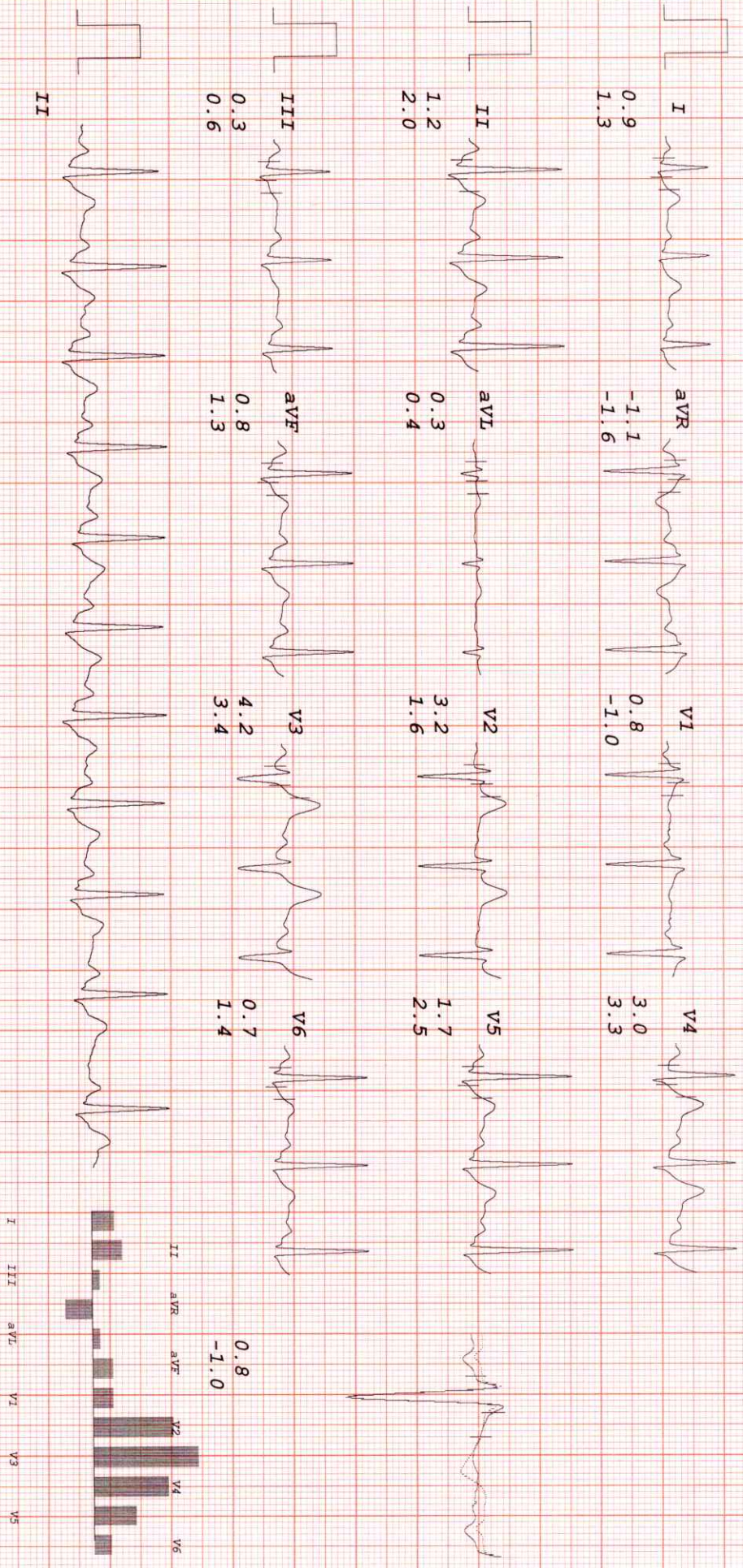
MR DEVENDRA NIKHADE  
 I.D. 287  
 Age 34/M  
 Date 27-08-2022

RATE 106bpm  
 B.P. 140/80  
 Bruce  
 RECOVERY  
 TOTAL TIME 11:38  
 PHASE TIME 1:55

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 2  
 LINKED MEDIAN

Mag. X 2



*Handwritten signature*