

Name : Mr. AKASHDEEP SARKAR (32 /M)

Date : 10/06/2022

Address : AD-126,BLOCK-A,ASHA TOWER,SUSHILJYOTI AVENUE,RABINDRAPALLY,PS-BAGUIHATI, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001279596

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH149680



CHIEF COMPLAINTS

For corporate health checkup

H/O Atopic dermatitis - on treatment (allergen testing done).

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Asthma

Hypertension : Since - 2017; Medication - regular

Others : - H/O Migraine - not on any medication.



DRUG ALLERGY

NO KNOWN ALLERGY

:11/06/2022

Head ache - migranous; Concentration - good;

Sleep - normal

Eyes

Vision - normal

ENT

- Normal hearing

Skin

- Atopy.

Weight

- stable



SYSTEMIC REVIEW

Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion; High blood pressure - yes; Medication - yes

Respiratory system

Sneezing - yes; Exacerbated by - allergens

Gastrointestinal system

Appetite - normal; Bowel habits - regular; - PILES - H/O Piles present (Bleeding).

Genitourinary system

Frequency - normal

Central nervous system



Present medications

- To continue all medications.



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil

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Personal history

Marital status - Single
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Smoking - Yes
Chews tobacco - No
Physical activity - Mild

Family history

Father - alive
Aged - 66 years
Mother - alive
Aged - 56 years
Diabetes - father,mother
Hypertension - father
Coronary artery disease - none
Cancer - None
Asthma - mother
Thyroid/other endocrine disorder - mother

PHYSICAL EXAMINATION

General

Build - over weight
Height - 164 Cm
Weight - 68 Kg
BMI - 25.28
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 86
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 96
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - yes

Central nervous system

- No neurological deficit

Skin

- No significant finding

Musculo Skeletal System

- No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dl	●	13.0-17.0
RBC COUNT	5.22	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.4	%	●	41-53
MCV	81.2 *	fl	●	83-101
MCH	26.7 *	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	2.05	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Straw			
Appearance	Clear			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		

Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Found	
Ca-oxalate	2-4	/lpf
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	112	U/L	●	53-128
AST (SGOT) - SERUM	17	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	157	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	82	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	105	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

Note Hemoglobin variant present, HbA1c can not be measured accurately. Hemoglobin electrophoresis suggested.

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	108	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	6.4-8.3

GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.7 *	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	4.7 *	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	81	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.917	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.4	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	13.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

ECG

SINUS RHYTHM. LEFT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality noted.

Dr. SHWETA KHANNA
CONSULTANT RADIOLOGIST
Reg – 72134 (WBMC)

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

Dr. SHWETA KHANNA
CONSULTANT RADIOLOGIST
Reg – 72134 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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