



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swarup Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012304140031	Reg No/BarcodeNo	: 554926/01496970
Patient Name	: Mr..NAVEEN KUMAR MISHRA	Reg. Date	: 14/Apr/2023 10:50AM
Age/Sex	: 34 Y / Male	Sample Taken Date	: 14/Apr/2023 11:27AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 12:29PM
Referred By Doctor	: Dr. B O B		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting Hexokinase 91 mg/dl 70 - 100

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) Hexokinase 101 mg/dl 70-140

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 35 IU/l 12 - 64

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN Urease 9 mg/dl 8.4 - 21.0

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum Kinetic Alkaline Picrate 0.87 mg/dl 0.70 - 1.30

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum Uricase 7.1 mg/dl 3.7 - 7.7

Sample Type:Serum



*A Gupta*

Dr. Arun Kumar Gupta  
M.D. Chief Pathologist  
(Reg No. 34930)





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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Diazonium Salt	0.72	mg/dl	0.20 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.23	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.49	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	23	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	44	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	57	U/L	40 - 150
PROTEIN TOTAL Biuret	7.6	g/dl	6.4 - 8.3
ALBUMIN BCG	4.5	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.45	Ratio	1.5 - 2.5

Sample Type:Serum



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**BIOCHEMISTRY**

**Lipid Profile**

CHOLESTEROL TOTAL Enzymetic	189	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	102	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	42	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	126.6	mg/dl	70 - 130
VLDL CALCULATED Calculated	20.4	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	<b>4.5</b>	Ratio	Less than 4.0
LDL / HDL RATIO	3.01		

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BIOCHEMISTRY**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	9	mg/dl	8.4 - 21.0
CREATININE, Serum Kinetic Alkaline Picrate Ratio	0.87	mg/dl	0.70 - 1.30
	10.34	mg/dl	5 - 20

**Sample Type:Serum**



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Age/Sex	: 34 Y / Male	Sample Taken Date	: 14/Apr/2023 04:25PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 05:02PM
Referred By Doctor	: Dr. B O B		

CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.020	1.001-1.030
pH ( methylred/Bromothymol blue method )	6	7.50 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 11:41AM
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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

**CBC / COMPLETE BLOOD COUNT**

HEMOGLOBIN (Hb) Photometry Cyanide Free	15.2	g/dl	13.5-17.5
TLC Impedence	5200	/cumm	4000-11000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	66	%	40-80
LYMPHOCYTE DHSS/Microscopic	25	%	24-44
EOSINOPHIL DHSS/Microscopic	4	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	233	10 <sup>3</sup> /μL	140 - 440
RBC COUNT Impedance	4.6	10 <sup>6</sup> /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	43.8	%	41-53
MCV Calculated	<b>95.8</b>	fL	83-91
MCH Calculated	33.3	pg	26-34
MCHC Calculated	34.7	g/dL	31-37
RDW-CV Calculated	11.7	%	11.6 - 14.0
MPV	9.5	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.4	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	1.2	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.3	10 <sup>3</sup> /μL	0.0-2.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.2	10 <sup>3</sup> /μL	0.02 - 0.50

Sample Type - Whole Blood EDTA



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Age/Sex	: 34 Y / Male	Sample Taken Date	: 14/Apr/2023 11:24AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 11:56AM
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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated) 8 mm 0 - 14  
WESTERGREN

**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO AB  
Reverse & Forward  
Rh POSITIVE  
Reverse & Forward

Sample Type:EDTA Blood



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**HAEMATOLOGY**

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 5.8 %  
Average of Glucose Level 120 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

**\*Not in NABL Scope\***

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

**T3 / TRIDOTHYRONINE TOTAL**

T3 TOTAL 0.99 ng/mL 0.35 - 1.93  
CMIA

Sample Type:Serum

**T4 / THYROXIN TOTAL**

T4 TOTAL 8.57 µg/dl 4.50 - 10.9  
CMIA

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) 2.08  $\mu$ IU/ml 0.35 - 5.50  
CMIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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**X-RAY**

**MEDIWHEEL MALE BELOW 40**

**X RAY CHEST PA VIEW**

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

**Hilar shadow are heavy.**

**Broncho-vascular markings are prominent ----- Bronchitis.**

No parenchymal lesion is seen.

**Advise :-** Correlate Clinically.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*



**7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR****184 / NAVEEN KUMAR MISHRA / 34 Yrs / M / 0 Cms / 0 Kg Date: 14-Apr-2023 Refd By : BANK OF BARODA**

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	01:08	0:01	00.0	00.0	01.0	79	124/80	097	00	
Standing	01:21	0:01	00.0	00.0	01.0	92	124/80	114	00	
HV	01:32	0:01	00.0	00.0	01.0	91	124/80	114	00	
ExStart	01:36	0:01	00.0	00.0	01.0	88	124/80	112	00	
BRUCE Stage 1	04:36	3:00	01.7	10.0	04.7	136	134/84	182	01	
BRUCE Stage 2	07:36	3:00	02.5	12.0	07.1	153	144/88	220	00	
PeakEx	08:41				08.2	158	144/88	227	00	
Recovery	09:40	0:27	00.0	00.0	04.4	165	144/88	237	00	
Recovery	10:40	2:00	00.0	00.0	01.0	120	136/84	213	00	
Recovery	10:43	2:02	00.0	00.0	01.0	120	136/84	163	00	

**Findings :**

Exercise Time : 07:06  
 Max HR Attained : 165 bpm 89% of Target 186  
 Max BP Attained : 144/88  
 Max WorkLoad Attained : 8.2 Fair response to induced stress  
 Max ST Dep Lead & Value : avF & -1.4 mm  
 Duke Treadmill Score : 10.0  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**





**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

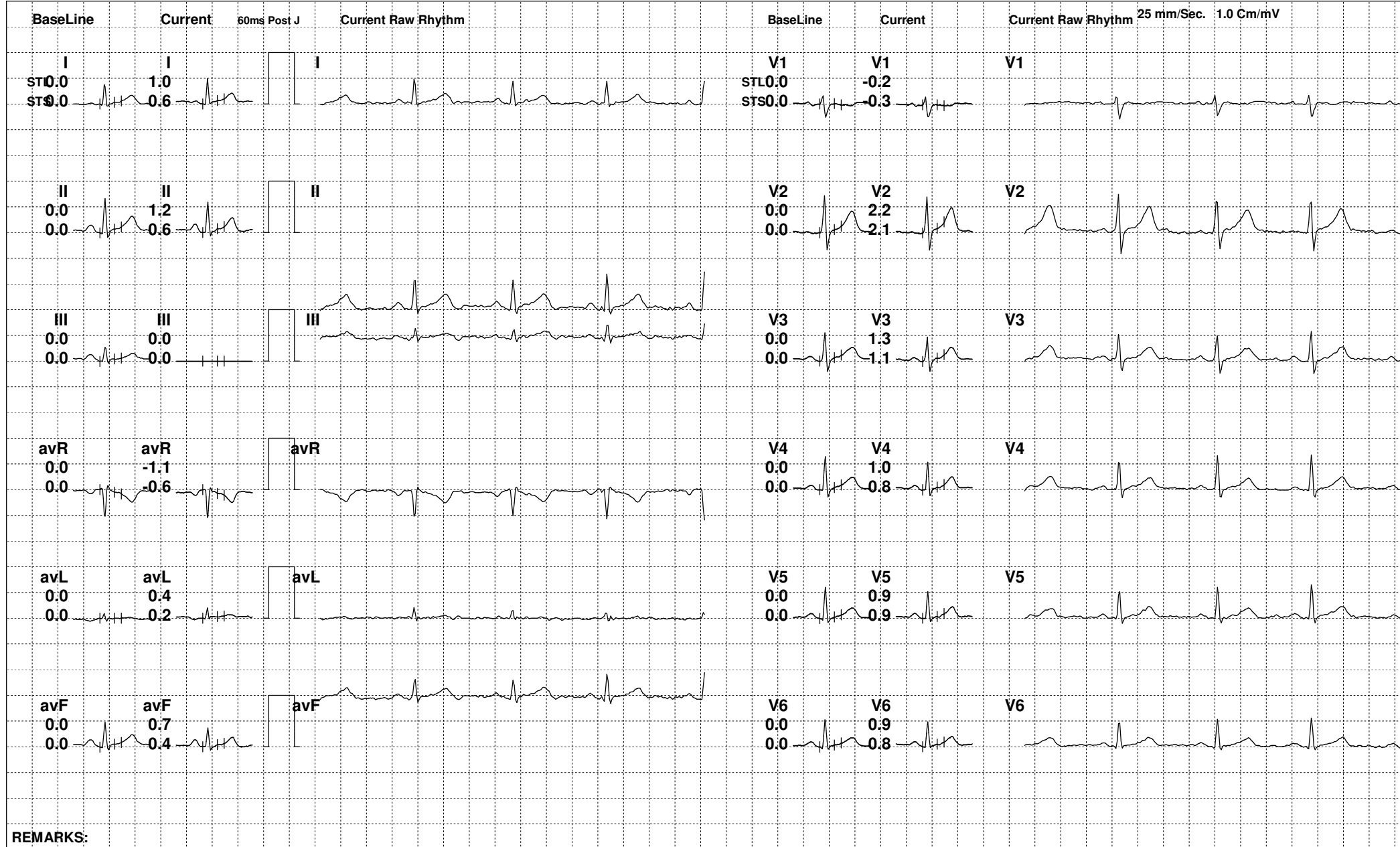
STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 88% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



REMARKS:

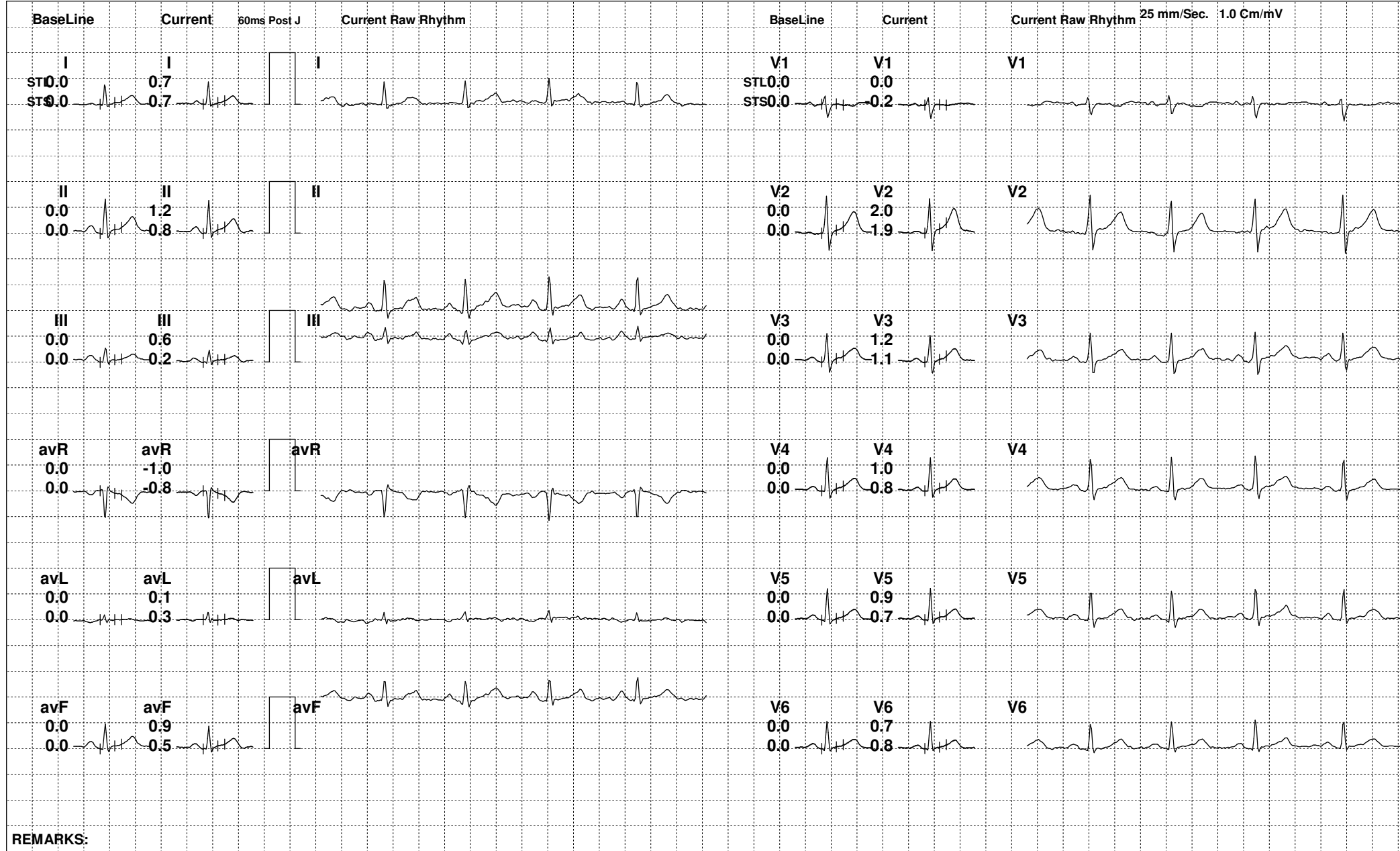




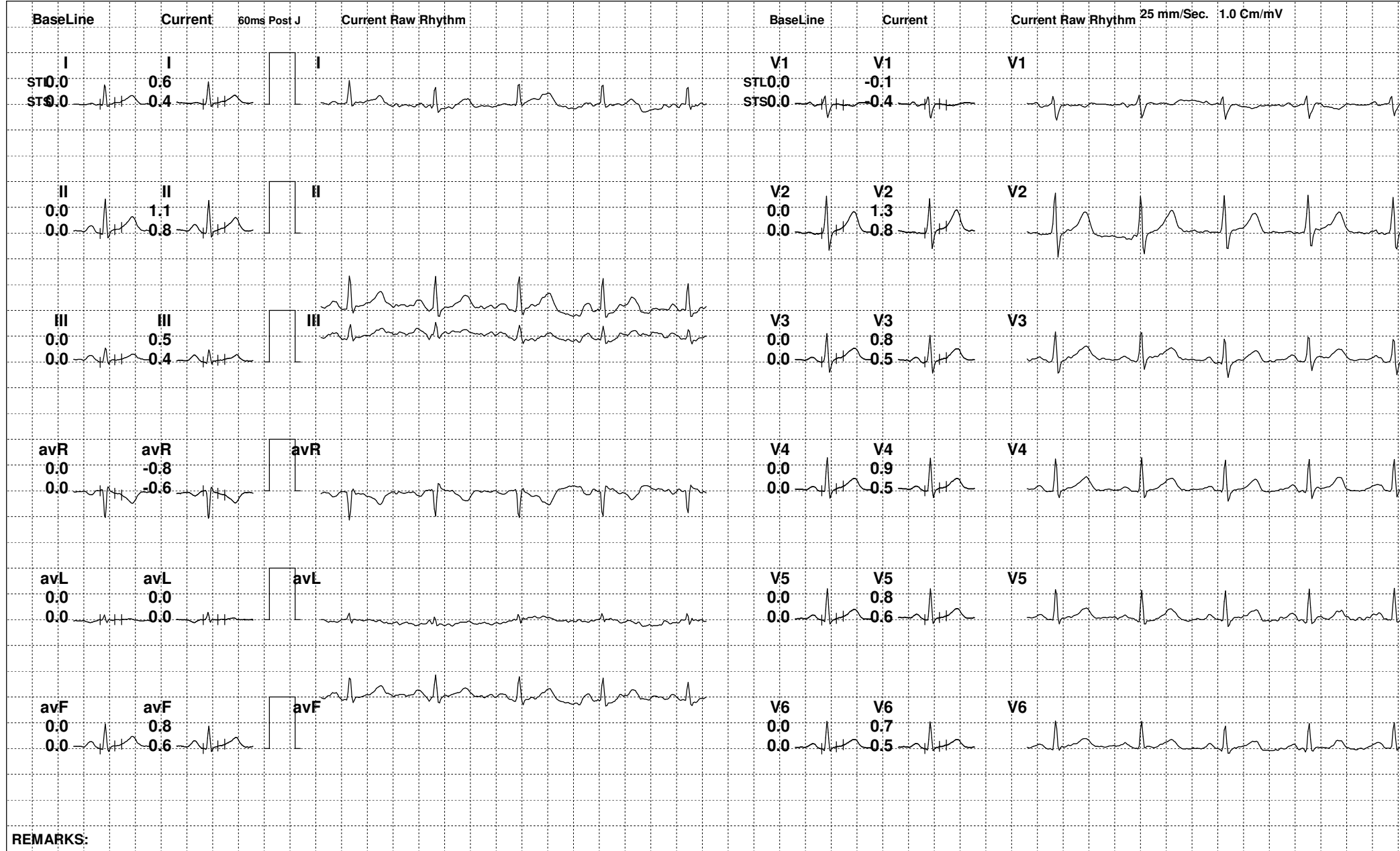
184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 1.0/ 92 bpm 49% of THR BP: 124/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:19 0.0 mph, 0.0%



REMARKS:



REMARKS:

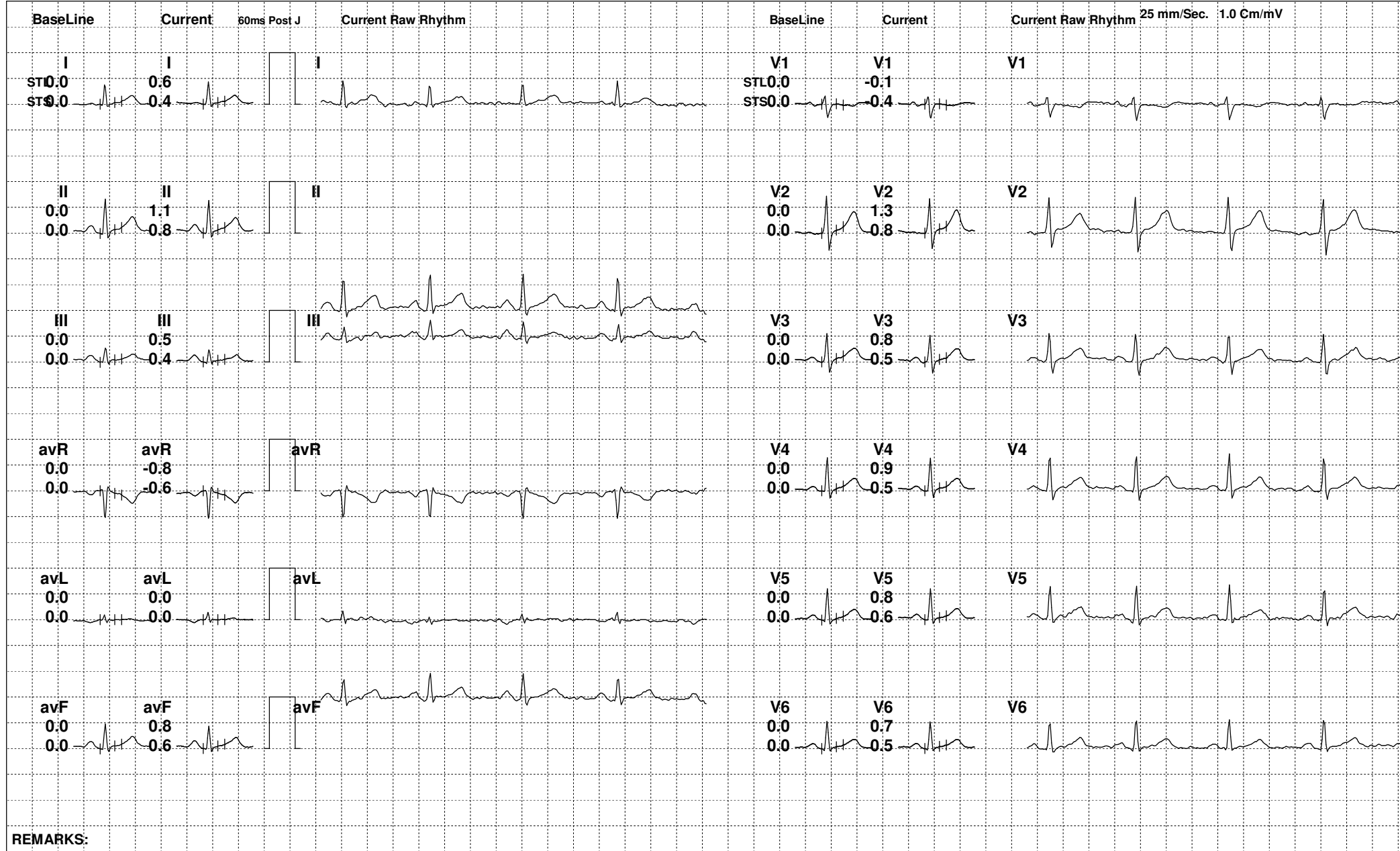




184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 1.0/ 88 bpm 47% of THR BP: 124/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:34 0.0 mph, 0.0%



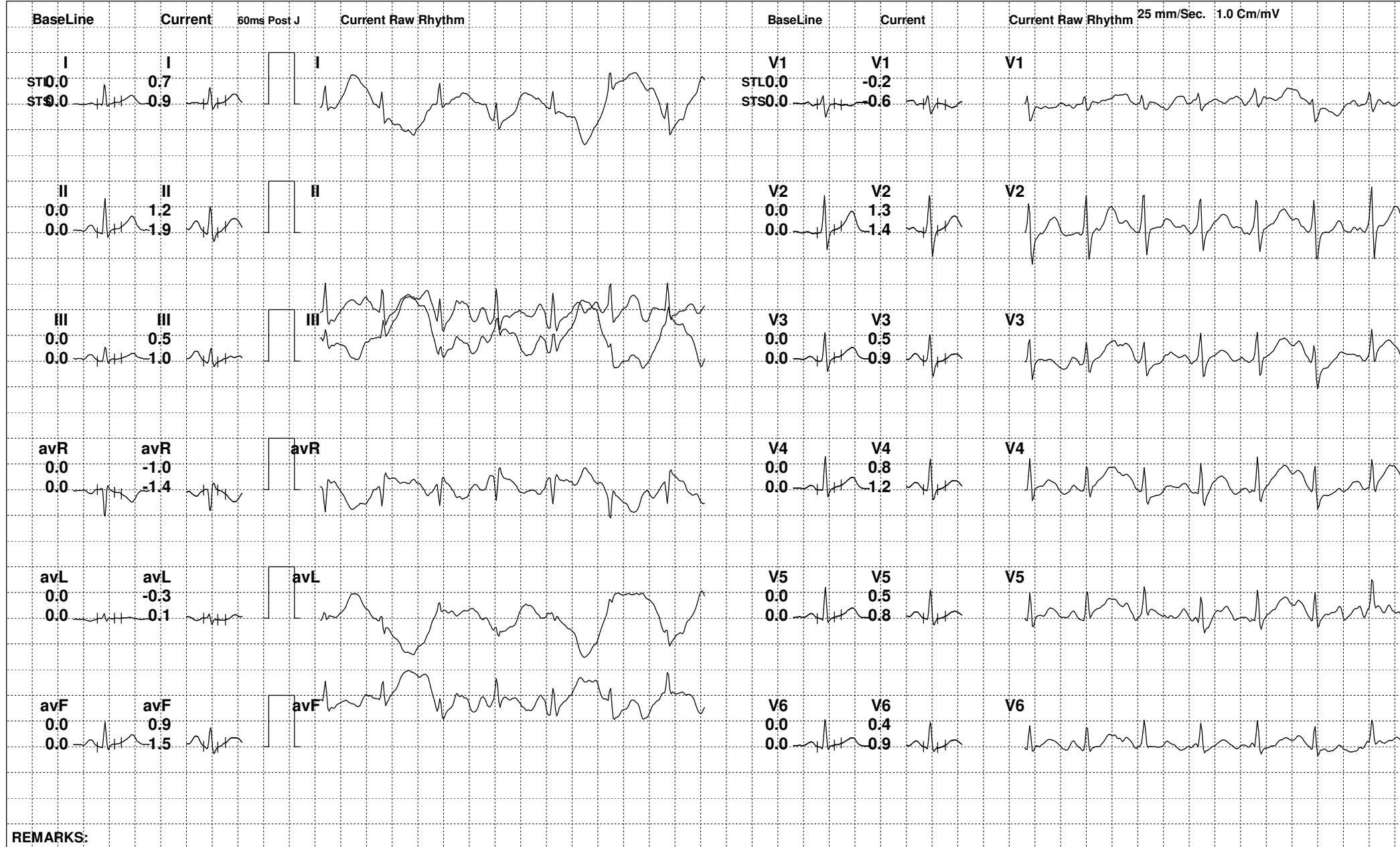
REMARKS:



184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 4.7/ 134 bpm 72% of THR BP: 134/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



REMARKS:

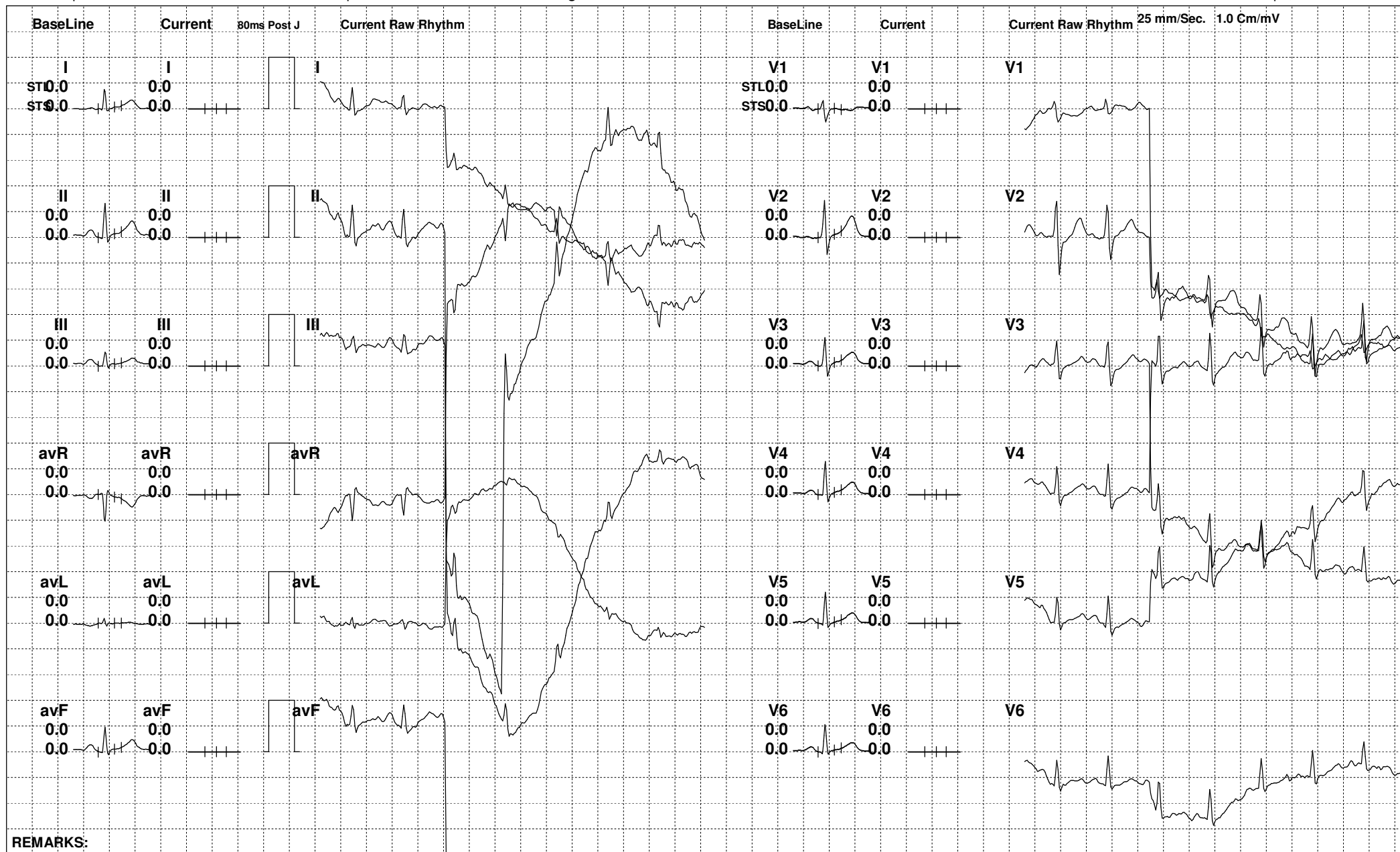




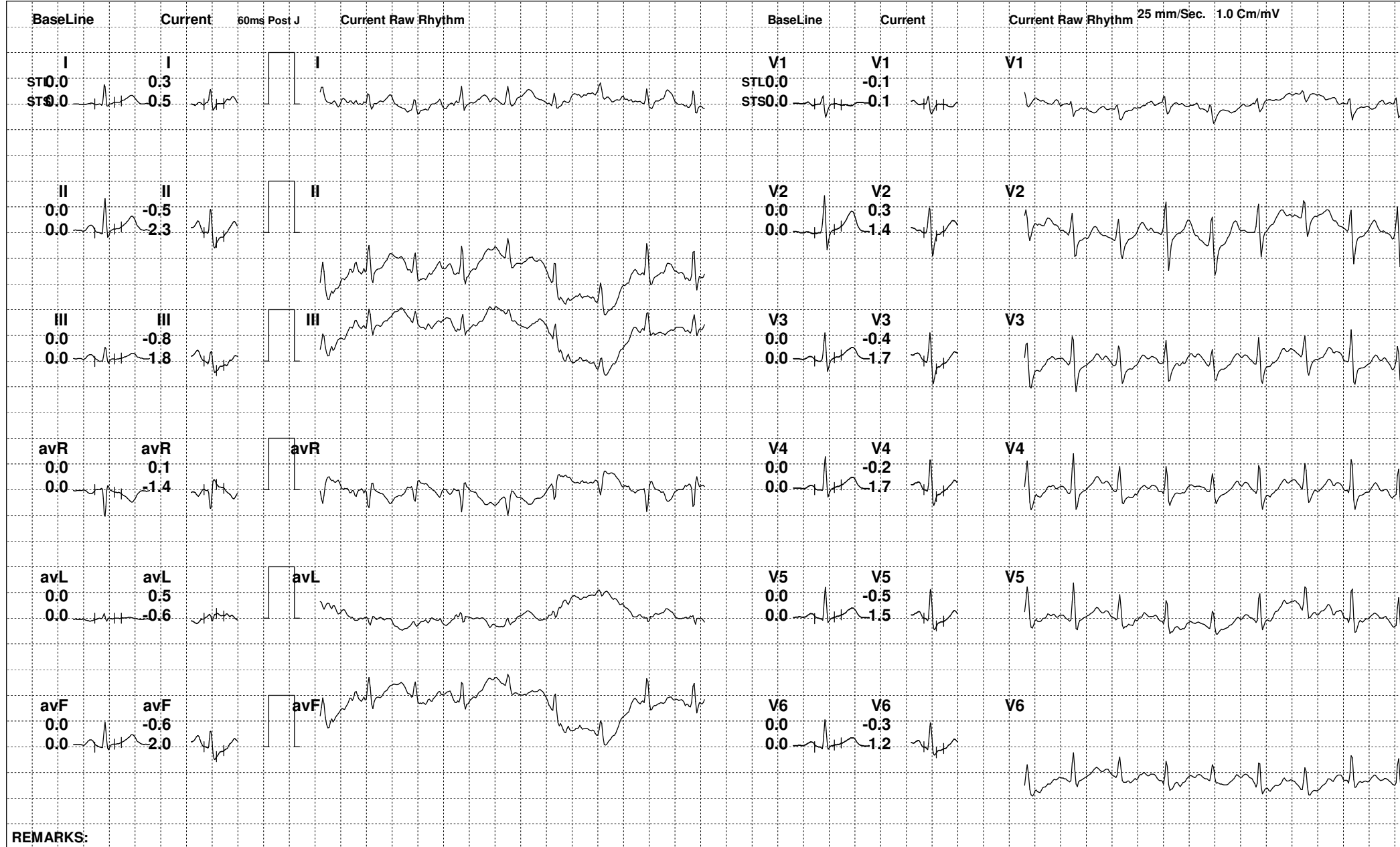
184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 7.1/ 144 bpm 77% of THR BP: 144/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



REMARKS:



REMARKS:

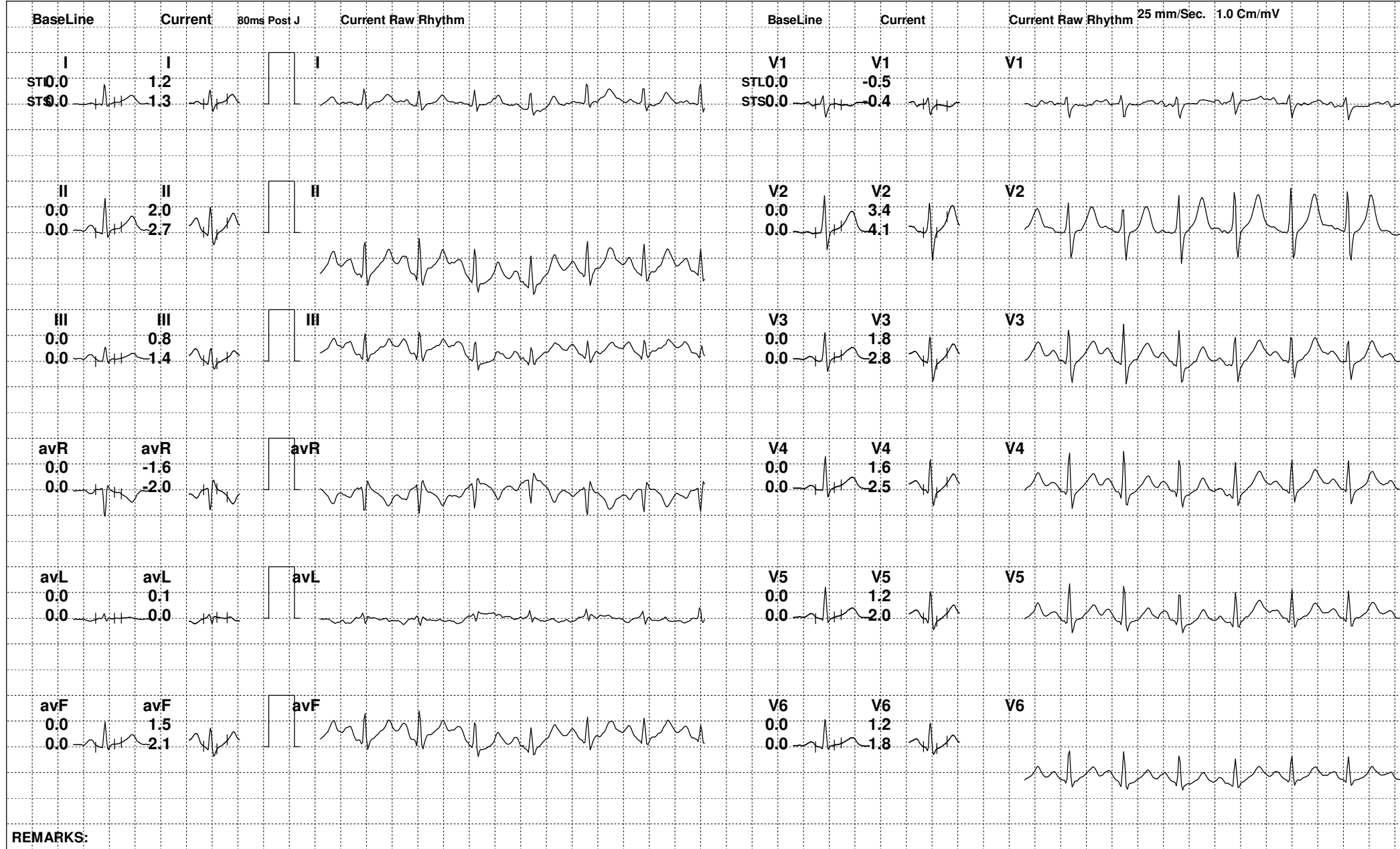




184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 4.4/ 157 bpm 84% of THR BP: 144/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:06 0.0 mph, 0.0%



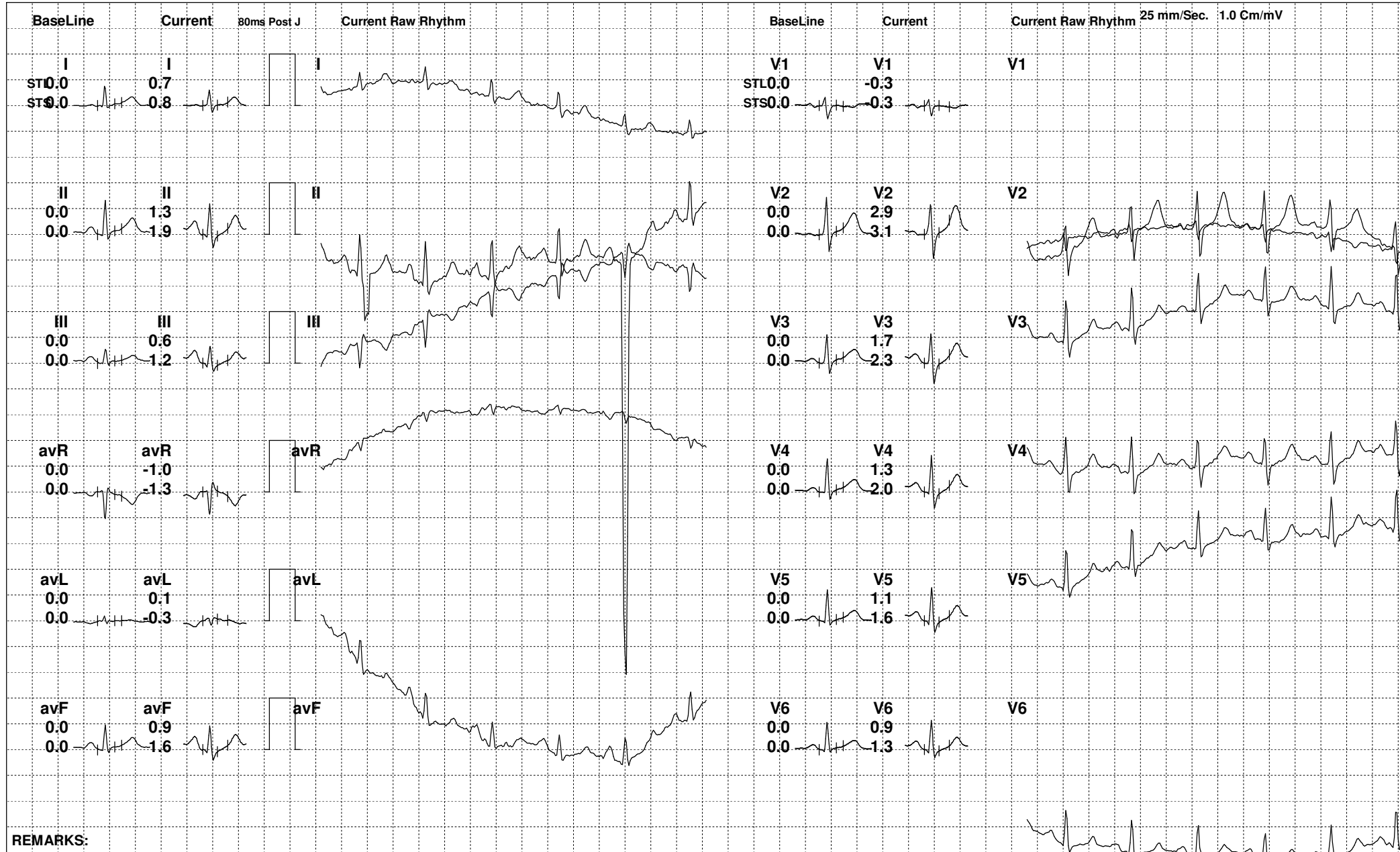
REMARKS:



184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 1.0/ 120 bpm 64% of THR BP: 136/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:06 0.0 mph, 0.0%



REMARKS:





184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM METS: 1.0/ 120 bpm 64% of THR BP: 136/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:06 0.0 mph, 0.0%



REMARKS:







184 / NAVEEN KUMAR MISHRA / 34 Yrs / M

Date: 14-Apr-2023 02:56:50 PM

