

Name : Mr. KSHITISH CHANDRA MONDAL (57 /M)

Date : 23/09/2022

Address : 147, NETAJI SUBHASH ROAD, PS-NEW BARRACKPORE, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001389081

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH157702



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

### Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal; Dysuria/burning micturition -  
no; - thin stream

### Central nervous system

Numbness of the - feet, lower limbs; Tremors - yes

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error, reading

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Past medical history - nil significant



### Surgical history

Cataract surgery - 2022 June



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate

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- brisk walk

### Family history

Father - has expired  
Cause - natural cause  
Mother - has expired  
Cause - natural cause  
Brothers - 1  
Diabetes - brother  
Hypertension - father, brother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 166  
Weight - 82.2  
BMI - 29.83  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 94  
Rhythm - Regular  
Systolic(mm of Hg) - 142  
Diastolic(mm of Hg) - 94  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

Printed By : SHARMISTHA MALLIK

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.4	g/dl	●	13.0-17.0
RBC COUNT	4.67	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	43.5	%	●	41-53
MCV	93.2	fl	●	83-101
MCH	30.9	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	7500	/cu mm	●	4000-10000
Platelet Count	1.38 *	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC	Nil	/hpf
Pus Cells	Occasional	/hpf
Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	67	U/L	●	53-128
AST (SGOT) - SERUM	35	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.5 *	mg/dL	●	0.0-1.0

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### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	168	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM	118	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.7 *	g/dL	●	1.8-3.6

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	7-64

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.4	µg/dL	●	5.1-14.1

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	101 *	mg/dL	●	70-99

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	110	mg/dL	●	0-150

### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	90	mg/dL	●	70-140

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	8.5 *	µIU/mL	●	0.270-4.200

### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.0	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.8	mg/dL	●	3.5-7.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

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### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.2	ng/mL	●	0.00-6.50

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.5	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2:1.0			1.0-2.0

### ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-I fatty liver.
- \* Cyst in the right kidney.
- \* Prostatomegaly.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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