

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of SARATH KUMAR on 8/4/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	



Dr. _____
Medical Officer
The Apollo Clinic,

This certificate is not meant for medico-legal purposes

3542

MEDICAL FORM

Name : SARATH KUMAR
Date : 8/11/2023

Age : 37M Sex Male
ID :

Physical Examination

Height (C m s): 125cm
Weight(KG): 87kg

Pulse Rate: 80 Min Regular/Abnormal
B P: 110/80 mm of Hg
Skin: Open Lesions:
Nails:
Oral Hygiene :

Personal History

Smoking : Yes/No
Alcoholism : Yes/No
Diabetes : Yes/No
Hypertension : Yes/No
Allergy : Yes/No

Complaints if any no complaints
Family History nil significant
Complaints if any no complaints

Systematic Examination - (Abnormality - if any please explain)

- CVS - Yes/No
- CNS - Yes/No
- GI Tract - Yes/No
- Abdomen - Yes/No
- Respiratory Tract - Yes/No



Diagnosis (If any)

RECOMMENDATIONS / IMPRESSION:

As per impression

Communicable & Contagious Diseases
Eg: TB, STD, MRSA etc.,

Not present

PHYSICIAN SIGNATURE STAMP

08-04-2023 08:38:31 AM

ID: 8

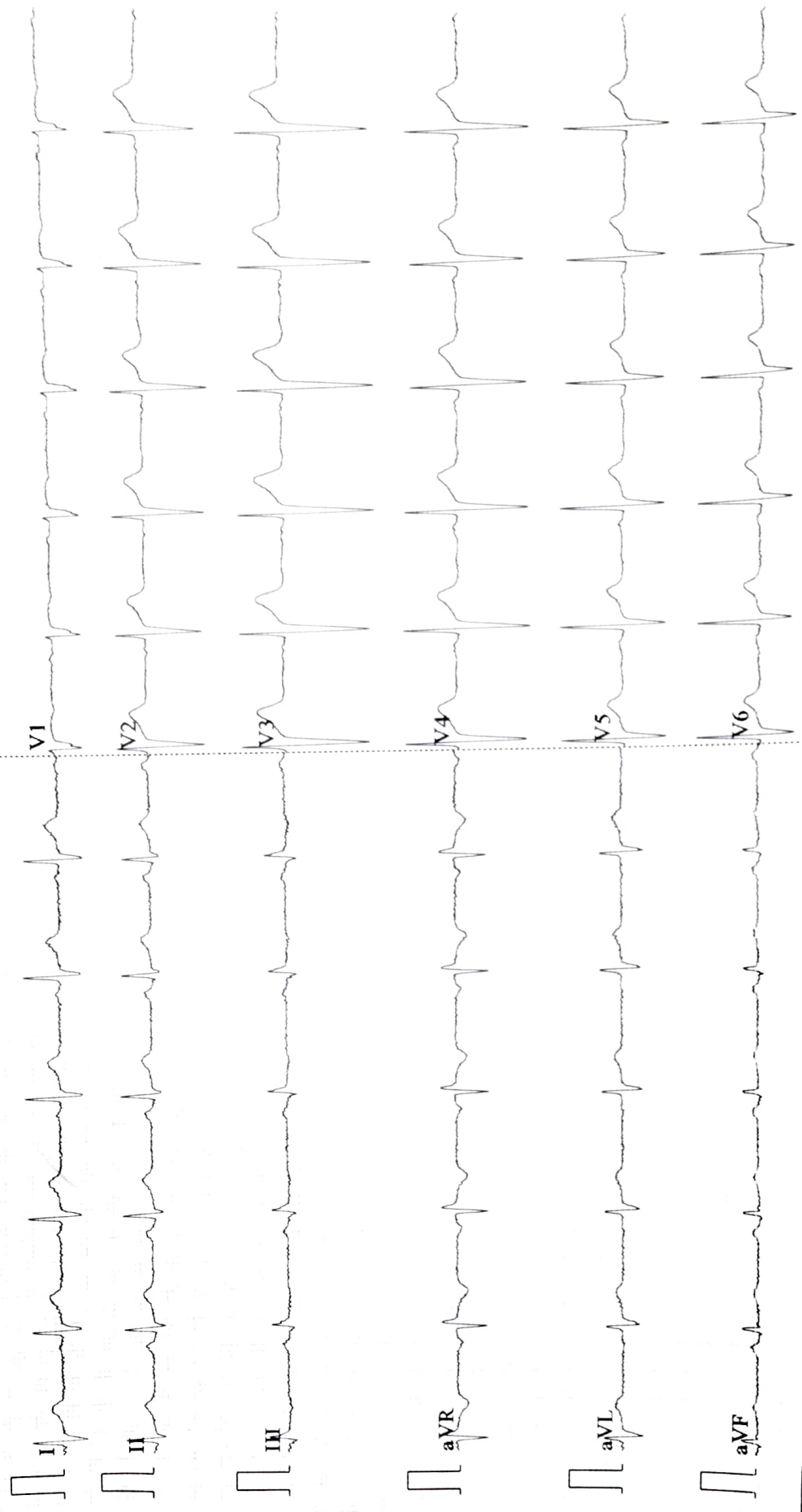
M.SARATHKUMAR
Male 35Years

Diagnosis Information:
Sinus Rhythm
Prolonged P-wave



HR : 72 bpm
P : 114 ms
PR : 164 ms
QRS : 94 ms
QT/QTc : 371/407 ms
P/QRS/T : 63/60/22 °
RV5/SV1 : 1.131/0.539 mV

Report Confirmed by:



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. M SARATH KUMAR
EC NO.	89607
DESIGNATION	BRANCH HEAD
PLACE OF WORK	BADVEL
BIRTHDATE	15-05-1988
PROPOSED DATE OF HEALTH CHECKUP	31-03-2023
BOOKING REFERENCE NO.	22M89607100055374E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **30-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Patient Name : Mr. M SARATH KUMAR
 UHID/MR No. : FTIR 0000213447
 Visit Date : 08-04-2023 07:48
 Sample Collected on : 08-04-2023 08:39
 Ref Doctor : SELF
 Emp/Auth/TPA ID : 89607/22M89607100055374E
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FTIROPV178485
 Reported on : 08-04-2023 10:43
 Specimen : Whole Blood (Edta)
 Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HAEMOGRAM			
HAEMOGLOBIN Method: Non Cyanide,Sls Based	14.0	13-17 gm/dl	gm/dl
RBC COUNT Method: Electrical Impedence	5.1	4.5 - 5.5	Million/Cumm.
HEMATOCRIT(PCV) Method: Cumulative Pulse	42	40 - 50	%
MCV Method: Calculated	81*	83 - 101	fl
MCH Method: Calculated	27	27 - 32	pg
MCHC Method: Calculated	33.2	31.5 - 34.5	gm/dl
PLATELET COUNT Method: Electrical Impedence	3.2	1.5 - 4.0	Lakhs/c.mm
TOTAL WBC COUNT Method: Electrical Impedence	9600	4 - 10	thousand/cumm
NEUTROPHIL Method: Microscopy	56	40 - 80	%
LYMPHOCYTE Method: Microscopy	40	20 - 40	%
MONOCYTE Method: Microscopy	02	2 - 10	%
EOSINOPHIL Method: Microscopy	02	1 - 6	%
BASOPHIL Method: Microscopy	00	< 1 - 2	%
ESR Method: Westergren's Method	10	M 10 F 12	mm/hr

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
TPT005



Dr. Md.KHADER FAHEEM.N
M. D ,PATHOLOGY
Pathologist

Licensee: Tirupati Tirumala Family Health Care (P) Ltd.

GST: 37AACCT4921G1ZE
 Address: # 19-9-29/2A, Tiruchanur Road,
 Sankarambadi Circle, Tirupati 517 501.
 Online Appointments : www.apolloclinic.com
 Email : tirupati@theapolloclinik.com, tirupatiapolloclinik@gmail.com

TO BOOK AN APPOINTMENT Page 1 of

9491 13 9025

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 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FTIROPV178485
 Reported on : 08-04-2023 12:44
 Specimen : Serum
 Pres Doctor :

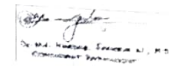
DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM. Method: SZAZ	39	10-50U/L	U/L
GLUCOSE - (FASTING) GLUCOSE - (FASTING) Method: GOD-PAP	86	70-110	mg/dl
GLUCOSE - (POST PRANDIAL) GLUCOSE - (POST PRANDIAL) Method: GOD-PAP	115	70-140	mg/dl
URINE GLUCOSE(FASTING) URINE GLUCOSE(FASTING)	NIL		
URINE GLUCOSE(POST PRANDIAL) URINE GLUCOSE(POST PRANDIAL)	NIL		

End of the report

Results are to be correlated clinically

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Age / Gender : 35Y/Male
 OP Visit No : FTIROPV178485
 Reported on : 08-04-2023 10:45
 Specimen : Serum
 Pres Doctor :

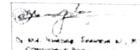
DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
Urea	33	13 - 43	mg/dl
Creatinine	1.2	0.7 - 1.3	mg/dl
Unc Acid	8.8*	3.4 - 7.0	mg/dl
Cholesterol	182	Upto 200	mg/dl
Sodium(Na)	141	130 - 145	meq/L
Potassium(K)	4.0	3.5 - 5.5	meq/L
Calcium:	9.0	8.4 - 10.2	mg/dl
Chloride(Cl)	100	90 - 100	meq/l

End of the report

Results are to be correlated clinically


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Age / Gender : 35Y/Male
OP Visit No : FTIROPV178485
Reported on : 08-04-2023 10:44
Specimen : EDTA Blood
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
BLOOD GROUP AND RH TYPE	" B " POSITIVE		

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIPID PROFILE TEST (PACKAGE)			
Triglyceride Method: GPO-PAP	108	50-200	mg/dl
Ratio of Cholesterol/HDL Method: Calculated	3.9	0-4.5%	%
Cholesterol Method: Enzymatic	182	0-200mg/dl	mg/dl
HDL Method: Enzymatic	46	40 - 60	mg/dl
LDL Method: Calculated	115	<100 mg/dl	mg/dl
VLDL Method: Calculated	21	<40	mg/dl

End of the report

Results are to be correlated clinically


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DEPARTMENT OF LABORATORY MEDICINE

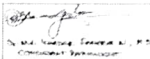
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BLOOD GROUP AND RH TYPE			
BLOOD GROUP AND RH TYPE	" B " POSITIVE		

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIPID PROFILE TEST (PACKAGE)			
Triglyceride	108	50-200	mg/dl
Method: GPO-PAP			
Ratio of Cholesterol/HDL	3.9	0-4.5%	%
Method: Calculated			
Cholesterol	182	0-200mg/dl	mg/dl
Method: Enzymatic			
HDL	46	40 - 60	mg/dl
Method: Enzymatic			
LDL	115	<100 mg/dl	mg/dl
Method: Calculated			
VLDL	21	<40	mg/dl
Method: Calculated			

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
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 Pathologist

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Age / Gender : 35Y/Male
 OP Visit No : FTIROPV178485
 Reported on : 08-04-2023 10:44
 Specimen : Serum
 Pres Doctor :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL Method: Daizo	0.6	0.1 - 1.2	mg/dL
BILIRUBIN - DIRECT Method: Diazo with DPD	0.2	Adult & Children : < 0.2	mg/dL
BILIRUBIN - INDIRECT Method: Calculated	0.4	0.1 - 1.0	mg/dL
SGOT /AST Method: IFCC WITHOUT P5P	19	Men : up to 35 U/L	U/L
ALBUMIN: Method: BCG	4.0	3.5 - 5.2	gm/dL
SGPT/ALT Method: IFCC WITHOUT P5P	42*	Up to 41	U/L
GLOBULIN :- Method: Calculated	3.5	2.0 - 3.5	gm/dL
A/G Method: Calculated	1.1	1.0 - 2.0	
TOTAL-PROTIEN Method: Biuret	7.5	6.4-8.2 gm/dl	gm/dL
ALKA-PHOS Method: IFCC	95		U/L

End of the report

Results are to be correlated clinically


 Lab Technician / Technologist
 TPT005


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 Ref Doctor : SELF
 Emp/Auth/TPA ID : 89607/22M89607100055374E
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 35Y/Male
 OP Visit No : FTIROPV178485
 Reported on : 08-04-2023 10:46
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

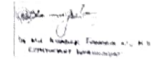
Sample Type: Urine

Test	Result
Urine Routine And Microscopy	
PHYSICAL EXAMINATION:	
Volume of urine	20 Millilitre
Colour	YELLOW
Specific Gravity	1.015
Deposit	
Appearance	
pH	
Chemical Examination	
Protein	TRACE
Sugar	NIL
Ketone Bodies	
Bile Salts	NEGATIVE
Bile Pigments	NEGATIVE
Urobilinogen	(< mg/dl)
Microscopic Examination	
Pus Cell	4 - 6/HPF
Red Blood Cells	NIL
Epithelial Cells	3 - 5/HPF
Cast	NIL
Crystals	NIL

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 TPT005



Dr. Md. KHADER FAHEEM.N
 M. D ,PATHOLOGY
 Pathologist

Patient Name : Mr. M SARATH KUMAR
Age/Sex : 35 Y/M
Pres Doctor :
Ref by : SELF

MR No : FTIR.0000213447
Visit No : FTIROPV178485
Bill Date : 08-04-2023 07:48
Report Date : 08-04-2023 11:53

X-RAY CHEST PA VIEW

The lungs are clear.

Heart size is normal.

Pleural spaces are clear.

Bilateral costophrenic angles are clear.

Bony thorax and soft tissues are unremarkable.

IMPRESSION:

No significant abnormality detected.



Technician



Dr. Rajendra
MD

Patient Name : Mr. M SARATH KUMAR
Age/Sex : 35 Y/M
Pres Doctor :
Ref.by : SELF

MR No : FTIR.0000213447
Visit No : FTIROPV178485
Bill Date : 08-04-2023 07:48
Report Date : 08-04-2023 11:43

ULTRA SOUND WHOLE ABDOMEN (Male)

LIVER: Liver is normal in size and echo pattern. It measures **14.7 cm** parenchymal echo is increased.

No focal intra-hepatic lesion detected

Intra-hepatic biliary radicals are not dilated. Portal vein is normal in caliber (**11mm**)

GALL BLADDER: 10 mm size calculus noted.

Common bile duct is not dilated (**3mm**)

PANCREAS: Head and body appears normal in size and echo pattern.

SPLEEN: Spleen is normal in size & echopattern. It measures **9.3 cm**

KIDNEYS: Both Kidneys are normal in position size and outline.

Cortico-medullary differentiation of both kidneys is maintained.

Central sinus echoes are compact. No calculi or hydronephrosis.

Right kidney measures : 9.2 x 3.5 cm

Left kidney measures : 10.0 x 4.2 cm

Visualized parts of retro-peritoneum do not reveal any lymphadenopathy

No significant free fluid is detected.

URINARY BLADDER: Urinary bladder is normal in wall thickness with clear contents
No significant intra or extra luminal mass seen.

PROSTATE: Prostate is normal in size and echo-pattern.

VOLUME: 18 ml

IMPRESSION: 1. Grade-II fatty liver.

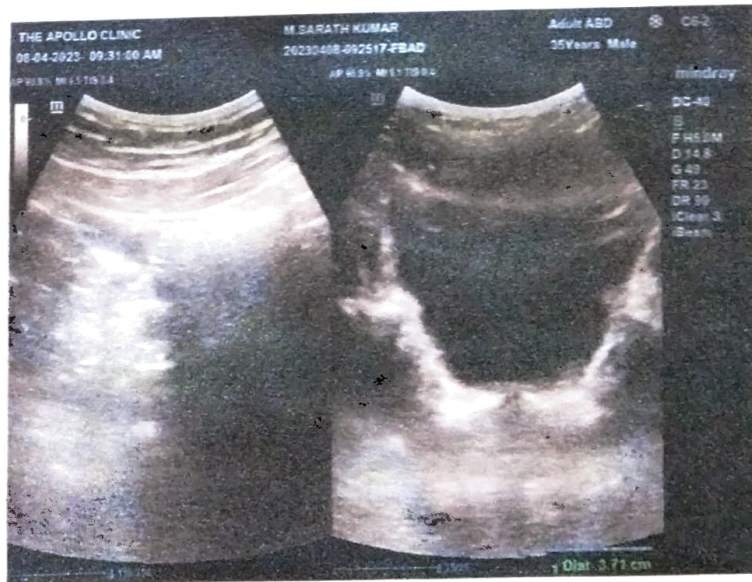
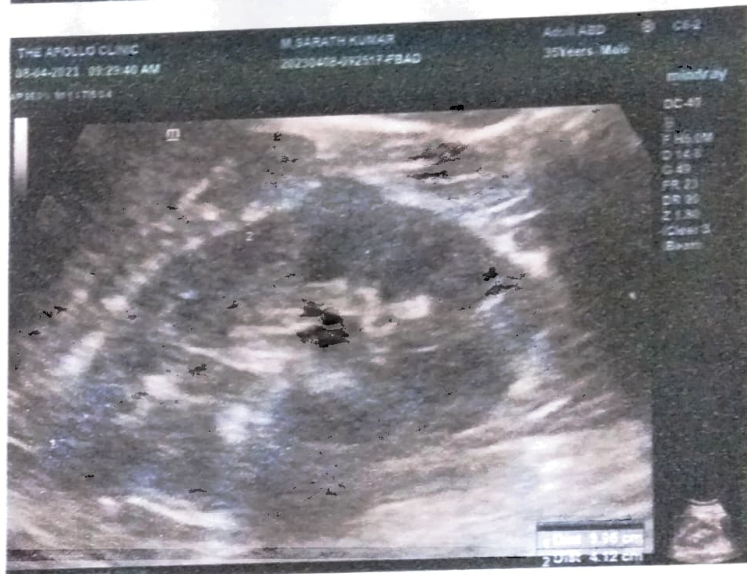
2. GB calculus.



Technician



Dr. Rajendra
MD



OPHTHAMOLOGY FORM

Name: M. Sarath Kumar
 Age: 35/m
 Sex:
 Ref By: for check - 2
 History: +10 PY

08/01/2023

PRESENT COMPLAINTS :

VISION D.V:	RIGHT EYE	LEFT EYE
WITHOUT GLASS:	6/6	6/6
REFLECTION:	Plano	Plano
WITH GLASS:	OG	OG
N.V:		
ON EXAMINATION:	normal	normal
LIDS :		
CONJUNCTIVE :	normal	normal
A.C :	nscl	nscl
PUPIL :		
LENS :	clear	clear
TENSION :	normal	normal
FUNDUS EXAM :		
IMPRESSION :	(N)	(N)
COLOUR VISION :		
ADVICE:		



[Signature]

OPHTHAMOLOGIST

M.sarathkumar,

Gender Male
Ethnicity Asian

Height 68 in
Weight 89 lb BMI 13.5

ID: 213447 Age: 34 (5/15/1988)

FVL (ex/in)

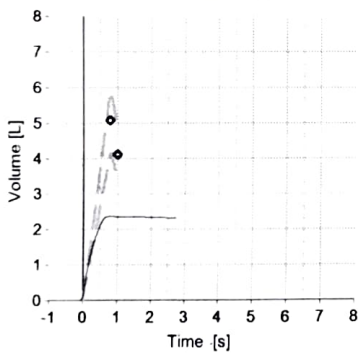
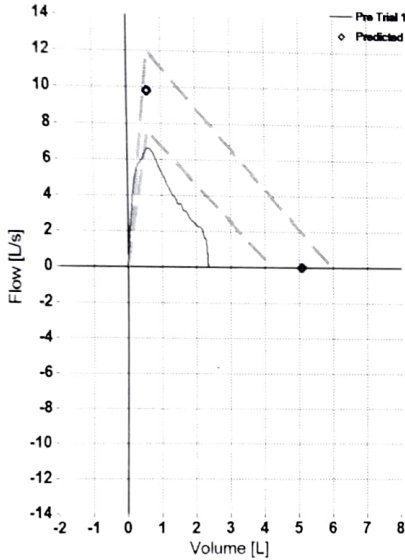
Your FEV1 / Predicted: 57%

Test Date 4/8/2023 8:55:26 AM Interpretation GOLD(2008)/Hardie Value Selection Best Value
Post Time Predicted NHANES III * 1.00 BTPS (IN/EX) 1.12/1.02

Parameter	Pred	LLN	Pre			%Pred
			Best	Trial-1		
FVC [L]	5.08	4.20	2.35*	2.35*		46
FEV1 [L]	4.12	3.37	2.35*	2.35*		57
FEV1/FVC	0.810	0.713	1.000	1.000		123
FEF25-75% [L/s]	4.09	2.58	4.34	4.34		106
PEF [L/s]	9.81	7.62	6.64*	6.64*		68
FET [s]	-	-	0.8	0.8		-
FIVC [L]	5.08	4.20	0.32*	0.32*		6
PIF [L/s]	-	-	0.10	0.10		-

Session Quality Pre F
System Interpretation Pre No interpretation, not enough acceptable maneuvers

Caution Poor session quality. Interpret with care
* Indicates below LLN or significant post change



Licensee: Tirupati Tirumala Family Health Care (P) Ltd.

GST: 37AAC0149211G1Z5 on PC [1.8.0.14] (en) / PC Sensor [2.0.0.0] SN 225517
Address: # 19-9-29/2A, Tiruchanur Road,
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Online Appointments : www.apolloclinic.com
Email : tirupati@theapolloclinic.com, tirupatiapolloclinic@gmail.com

TO BOOK AN APPOINTMENT 1/1

 **9491 13 9025**

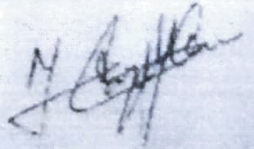


बैंक ऑफ़ बड़ौदा
Bank of Baroda



नाम एम्. शरत कुमार
Name M. Sarath Kumar
EC No. 089607

जारीकर्ता प्राधिकारी
Issuing Authority


धारक के हस्ताक्षर
Signature of Holder

Patient Name	: Mr. M SARATH KUMAR	Age / Gender	: 35 Y / M
UHID/MR No.	: FTIR.0000213447	OP Visit No	: FTIROPV178485
Visit Date	: 08-04-2023 07:48	Reported on	: 08-04-2023 10:46
Sample Collected on	: 08-04-2023 08:39	Specimen	: Urine
Ref Doctor	: SELF	Doctor:	:
Emp/Auth/TPA ID	: 89607/22M89607100055374E		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

Sample Type: Urine

Test	Result
	<u>Urine Routine And Microscopy</u>

PHYSICAL EXAMINATION:

Volume of urine	20 Millilitre
Colour	YELLOW
Specific Gravity	1.015
Deposit	
Appearance	
pH	

Chemical Examination

Protein	TRACE
Sugar	NIL
Ketone Bodies	
Bile Salts	NEGATIVE
Bile Pigments	NEGATIVE
Urobilinogen	(< mg/dl)

Microscopic Examination

Pus Cell	4 - 6/HPF
Red Blood Cells	NIL
Epithelial Cells	3 - 5/HPF
Cast	NIL
Crystals	NIL

End of the report

Results are to be correlated clinically

Lab Technician / Technologist.
TPT005



Dr. Md. KHADER FAHEEM.N
M. D ,PATHOLOGY
Pathologist

Dr. Md.KHADER FAHEEM.N
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Age / Gender : 35 Y / M

UHID/MR No. : FTIR.0000213447

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Reported on : 08-04-2023 10:45

Sample Collected on : 08-04-2023 08:39

Specimen : Serum

Ref Doctor : SELF

Doctor: :

Emp/Auth/TPA ID : 89607/22M89607100055374E

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF LABORATORY MEDICINE

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KFT - RENAL PROFILE-SERUM			
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Results are to be correlated clinically

Lab Technician / Technologist.
TPT005



Dr. Md.KHADER FAHEEM.N
M. D ,PATHOLOGY
Pathologist

Patient Name : Mr. M SARATH KUMAR

Age / Gender : 35 Y / M

UHID/MR No. : FTIR.0000213447

OP Visit No : FTIROPV178485

Visit Date : 08-04-2023 07:48

Reported on : 08-04-2023 10:44

Sample Collected on : 08-04-2023 08:39

Specimen : EDTA Blood

Ref Doctor : SELF

Doctor: :

Emp/Auth/TPA ID : 89607/22M89607100055374E

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
BLOOD GROUP AND RH TYPE			
BLOOD GROUP AND RH TYPE	" B " POSITIVE		

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
LIPID PROFILE TEST (PACKAGE)			
Triglyceride Method: GPO-PAP	108	50-200	mg/dl
Ratio of Cholesterol/HDL Method: Calculated	3.9	0-4.5%	%
Cholesterol Method: Enzymatic	182	0-200mg/dl	mg/dl
HDL Method: Enzymatic	46	40 - 60	mg/dl
LDL Method: Calculated	115	<100 mg/dl	mg/dl
VLDL Method: Calculated	21	<40	mg/dl

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DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL Method: Daizo	0.6	0.1 - 1.2	mg/dL
BILIRUBIN - DIRECT Method: Diazo with DPD	0.2	Adult & Children : < 0.2	mg/dL
BILIRUBIN - INDIRECT Method: Calculated	0.4	0.1 - 1.0	mg/dL
SGOT /AST Method: IFCC WITHOUT P5P	19	Men : up to 35 U/L	U/L
ALBUMIN: Method: BCG	4.0	3.5 - 5.2	gm/dL
SGPT/ALT Method: IFCC WITHOUT P5P	42*	Up to 41	U/L
GLOBULIN :- Method: Calculated	3.5	2.0 - 3.5	gm/dL
A/G Method: Calculated	1.1	1.0 - 2.0	
TOTAL-PROTIEN Method: Biuret	7.5	6.4-8.2 gm/dl	gm/dL
ALKA-PHOS Method: IFCC	95		U/L

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UHID/MR No.	: FTIR.0000213447	OP Visit No	: FTIROPV178485
Visit Date	: 08-04-2023 07:48	Reported on	: 08-04-2023 10:43
Sample Collected on	: 08-04-2023 08:39	Specimen	: Whole Blood (Edta)
Ref Doctor	: SELF	Doctor:	:
Emp/Auth/TPA ID	: 89607/22M89607100055374E		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		

DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
HAEMOGRAM			
HAEMOGLOBIN Method: Non Cyanide,Sls Based	14.0	13-17 gm/dl	gm/dl
RBC COUNT Method: Electrical Impedence	5.1	4.5 - 5.5	Million/Cumm.
HEMATOCRIT(PCV) Method: Cumulative Pulse	42	40 - 50	%
MCV Method: Calculated	81*	83 - 101	fl
MCH Method: Calculated	27	27 - 32	pg
MCHC Method: Calculated	33.2	31.5 - 34.5	gm/dl
PLATELET COUNT Method: Electrical Impedence	3.2	1.5 - 4.0	Lakhs/c.mm
TOTAL WBC COUNT Method: Electrical Impedence	9600	4 - 10	thousand/cumm
NEUTROPHIL Method: Microscopy	56	40 - 80	%
LYMPHOCYTE Method: Microscopy	40	20 - 40	%
MONOCYTE Method: Microscopy	02	2 - 10	%
EOSINOPHIL Method: Microscopy	02	1 - 6	%
BASOPHIL Method: Microscopy	00	< 1 - 2	%
ESR Method: Westergren's Method	10	M 10 F 12	mm/hr

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