

Name : Mrs. KAMINEE KAUSHAL (40 /F)

Date : 28/10/2023

Address : FLAT NO 302, SHEETAL VATIKA APARTMENT, ROAD NO 6, INDRAPURI,, PATNA,
PATNA, BIHAR, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002238273

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH185697



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Heart
disease
Thyroid disease - hypothyroidism;
Medication - regular; -
THYROCare 50



DRUG ALLERGY

NO KNOWN ALLERGY

:28/10/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 21/10/23; Periods - regular;
No of Children - 1; Last child birth - 1 year;
Deliveries - LSCS

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses
for - refractive error

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Caesarian section - yes



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Brothers - 3
Diabetes - father, mother
Hypertension - mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 155

Weight - 56
BMI - 23.31
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 104
Diastolic(mm of Hg) - 72
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Central nervous system

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6p LE:6/6p
BCVA:RE:N6p LE:N6p
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE:*To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|------------------------------|----------------|-------|------------|
| Hemoglobin | 12.3 | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.82 * | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 37.9 | % | ● | 36-46 |
| MCV | 78.8 * | fl | ● | 83-101 |
| MCH | 25.5 * | pg | ● | 27-32 |
| MCHC | 32.4 | % | ● | 31.5-34.5 |
| RDW | 14.4 * | % | ● | 11.8-14.0 |
| WBC Count | 4900 | /cu mm | ● | 4000-10000 |
| Platelet Count | 2.81 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 64.3 | % | ● | 40-80 |
| Lymphocytes | 20.3 | % | ● | 20-40 |
| Monocytes | 5.9 | % | ● | 2-10 |
| Eosinophils | 8.8 * | % | ● | 01-06 |
| Basophils | 0.7 * | % | ● | 0-0 |
| RBC: | Microcytic Hypochromic RBCs. | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 15 | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Turbid | | | |
| Specific Gravity | 1.025 | | | |
| pH: | 5.5 | | | |
| Albumin: | Trace | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Occasional/hpf | | | |
| Pus Cells | 10-15 | /hpf | | |
| Epithelial Cells | 10-15 | | | |

Casts: Not Found
 Crystals: Not Found
 NOTE : - Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | O | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 18 | U/L | ● | 0-35 |
| ALBUMIN - SERUM | 4.6 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 112 * | U/L | ● | 33-98 |
| AST (SGOT) - SERUM | 20 | U/L | ● | 0-35 |
| BILIRUBIN TOTAL - SERUM | 1.0 | mg/dL | ● | 0.3-1.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 178 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 1.0 | mg/dL | ● | 0.6-1.1 |

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 9 | U/L | ● | 0-38 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 93 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 105 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.0 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 41 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 120 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 17 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.8 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.2 | g/dL | ● | 1.8-3.6 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 0.67 * | ng/ml | ● | 0.87-1.78 |
| TOTAL T4: THYROXINE - SERUM | 11.00 | µg/dL | ● | 5.48-14.28 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 75 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 3.6 | µIU/mL | ● | 0.380-5.330 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 5.2 | mg/dL | ● | 2.4-5.7 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 9.7 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.4 | | ● | 1.0-2.0 |

BUN/CREATININE RATIO

| Test Name | Result | Unit | Level | Range |
|----------------------|--------|------|-------|-------|
| BUN/CREATININE RATIO | 10.2 | | | |

PAP SMEAR /CERVICAL SMEAR

Ref No:

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AG01.C2307775

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,
Reactive cellular changes associated with inflammation
(includes typical repair)

ECG

SINUS RHYTHM.

LOW VOLTAGE "QRS" & T WAVES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS INCONCLUSIVE FOR
PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* No significant abnormality noted.

Dr. ARJUN ROY

DNB RESIDENT

In consultation with

X-RAY CHEST PA

Chest skiagram does not reveal any significant
abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.JHUMA BAGCHI
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515