

PATIENT NAME : MR SANAL KUMAR S	REF. DOCTOR :	SELF
CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED	ACCESSION NO : 4182WA014448	AGE/SEX : 39 Years Male
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI,	PATIENT ID : MRSAM3101844182 CLIENT PATIENT ID:	DRAWN : RECEIVED : 31/01/2023 09:00:54
SOUTH DELHI 110030 8800465156	ABHA NO :	REPORTED :01/02/2023 12:06:33
Test Report Status <u>Preliminary</u>	Results Biological	Reference Interval Units

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

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REPORT GIVEN



DR NISHA UNNI, MBBS,MD (RD),DNB (Reg.No:50162) Consultant Radiologist

PERFORMED AT : DDRC SRL DIAGNOSTICS ASTER SQUARE BUILDING, ULLOOR, MEDICAL COLLEGE P.O TRIVANDRUM, 695011 KERALA, INDIA Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480 Email : customercare.ddrc@srl.in







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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT		
TREADMILL TEST		
TREADMILL TEST	REPORT GIVEN	
PHYSICAL EXAMINATION		
PHYSICAL EXAMINATION	REPORT GIVEN	

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT ECG WITH REPORT REPORT Report given USG ABDOMEN AND PELVIS REPORT Report given CHEST X-RAY WITH REPORT REPORT Report given

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Н	AEMATOLOGY - CBC		
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TM	I		
BLOOD COUNTS, EDTA WHOLE BLOOD			
HEMOGLOBIN	17.8 High	13.0 - 17.0	g/dL
METHOD : SPECTROPHOTOMETRIC			
RED BLOOD CELL COUNT METHOD : IMPEDANCE VARIATION	5.47	4.5 - 5.5	mil/µL
WHITE BLOOD CELL COUNT	4.66	4.0 - 10.0	thou/µL
PLATELET COUNT METHOD : IMPEDANCE VARIATION	218	150 - 410	thou/µL
RBC AND PLATELET INDICES			
HEMATOCRIT METHOD : CALCULATED PARAMETER	52.0 High	40 - 50	%
MEAN CORPUSCULAR VOL	95.1	83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD : CALCULATED PARAMETER	32.5 High	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	13.4	12.0 - 18.0	%
MENTZER INDEX	17.4		
MEAN PLATELET VOLUME	7.0	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT			
SEGMENTED NEUTROPHILS	50	40 - 80	%
LYMPHOCYTES	40	20 - 40	%
MONOCYTES	5	2 - 10	%
EOSINOPHILS	5	1 - 6	%
BASOPHILS	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	2.33	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	1.86	1 - 3	thou/µL
ABSOLUTE MONOCYTE COUNT	0.23	0.20 - 1.00	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.23	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.00		thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.3		

Naishal

DR.VAISHALI RAJAN, MBBS DCP (Pathology) (Reg No - TCC 27150) HOD - HAEMATOLOGY

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ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD 2

SEDIMENTATION RATE (ESR)

0 - 14

mm at 1 hr

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
SUGAR URINE - FASTING		
SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION** :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

TEST INTERPRETATION Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

REFERENCE

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT''S TEST

SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST

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Test Report Status **Preliminary** Results

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IMMUNOHAEMATOLOGY MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT ABO GROUP & RH TYPE, EDTA WHOLE BLOOD ABO GROUP TYPE O RH TYPE POSITIVE METHOD : COLUMN AGGLUTINATION TECHOLOGY

Interpretation(s) ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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MEDIWHEEL HEALTH CHEKUP BELOW 4	<u>0(M)TMT</u>		
CREATININE, SERUM			
CREATININE	1.04	18 - 60 yrs : 0.9 - 1.3	mg/dL
GLUCOSE FASTING, FLUORIDE PLASMA			
GLUCOSE, FASTING, PLASMA	87	Diabetes Mellitus : > or = 12 Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	26. mg/dL
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.4	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	7.4	Adults : 3.4-7	mg/dL

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BABU K MATHEW **HOD -BIOCHEMISTRY**

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)T BUN/CREAT RATIO	MT		
BUN/CREAT RATIO	10.6		
GLUCOSE, POST-PRANDIAL, PLASMA			
GLUCOSE, POST-PRANDIAL, PLASMA	81	Diabetes Mellitus : Impaired Glucose Prediabetes : 140 Hypoglycemia : <	- 199.
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA BLOOD	WHOLE		
GLYCOSYLATED HEMOGLOBIN (HBA1C)	4.6	Normal 5.6%. Non-diabetic level Diabetic Glycemic control g	: >6.5%
		More stringent goa General goal Less stringent goa	ıl : < 6.5 %. : < 7%. l : < 8%.
		Glycemic targets in If eGFR > 60 : < 7 If eGFR < 60 : 7 -	'%.
MEAN PLASMA GLUCOSE LIVER FUNCTION TEST WITH GGT	85.3		mg/dL
BILIRUBIN, TOTAL	0.89	General Range : <	1.1 mg/dL
BILIRUBIN, DIRECT	0.31	General Range : <	0.3 mg/dL
BILIRUBIN, INDIRECT	0.58	0.00 - 0.60	mg/dL
TOTAL PROTEIN	7.4	Ambulatory : 6.4 - Recumbant : 6 - 7	.8
ALBUMIN	4.8	20-60yrs : 3.5 - 5	.2 g/dL
GLOBULIN	2.6	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.8	General Range : 1	.1 - 2.5 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	36	Adults : < 40	U/L

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ALANINE AMINOTRANSFERASE (ALT/SGPT)	55	Adults :	< 45	U/L
ALKALINE PHOSPHATASE	80	Adult(<6	0yrs):40 -130	0 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) BLOOD UREA NITROGEN (BUN), SERUM	47	Adult (Ma	ale): < 60	U/L
BLOOD UREA NITROGEN	11	Adult(<6	0 yrs) : 6 to 20	mg/dL

Interpretation(s) CREATININE, SERUM-Higher than normal level may be due to:

 Blockage in the urinary tract Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
Loss of body fluid (dehydration)

Muscle problems, such as breakdown of muscle fibers
Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

 Myasthenia Gravis Muscular dystrophy

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

NOTE:

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus,

glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom"""s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome

Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2.Diagnosing diabetes.

3.Identifying patients at increased risk for diabetes (prediabetes). The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for

well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.
 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

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BABU K MATHEW HOD -BIOCHEMISTRY



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HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days. II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

U.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b. Heterozygous state detected (D10 is corrected for HbS & HbC trait.) c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

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BIOCHEMISTRY - LIPID				
MEDIWHEEL HEALTH CHEKUP BELOW 40(N	<u>1)TMT</u>			
LIPID PROFILE, SERUM				
CHOLESTEROL	252 High	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL	
TRIGLYCERIDES	170 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL	
HDL CHOLESTEROL	45	General range : 40-60	mg/dL	
DIRECT LDL CHOLESTEROL	188 High	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL	
NON HDL CHOLESTEROL	207 High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL	
VERY LOW DENSITY LIPOPROTEIN	34.0	Desirable value : 10 - 35	mg/dL	
CHOL/HDL RATIO	5.6 High	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk		
LDL/HDL RATIO	4.2 High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk		
Interpretation(s)		2		

Interpretation(s)

1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.

2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated

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BABU K MATHEW HOD -BIOCHEMISTRY



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View Report

View Details

Patient Ref. No. 66600003221159

PERFORMED AT : DDRC SRL DIAGNOSTICS ASTER SQUARE BUILDING, ULLOOR, MEDICAL COLLEGE P.O TRIVANDRUM, 695011 KERALA, INDIA Tel : 93334 93334, Fax : CIN - U85190MH2006PTC161480 Email : customercare.ddrc@srl.in

PATIENT NAME : MR SANAL KUMAR S	REF. DOCTOR :	SELF
CODE/NAME & ADDRESS :CA00010147 -	ACCESSION NO : 4182WA014448	AGE/SEX : 39 Years Male
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,	PATIENT ID : MRSAM3101844182	DRAWN :
DELHI,	CLIENT PATIENT ID:	RECEIVED : 31/01/2023 09:00:54
,	ABHA NO :	REPORTED :01/02/2023 12:06:33
8800465156		
Test Report Status Preliminary	Results	i

apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.

3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL

4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.

5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction.Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category			
Extreme risk group	A.CAD with > 1 feature of high risk group		
	B. CAD with > 1 feature of Very high risk $g < or = 50 \text{ mg/dl}$ or polyvascular disease	group or recurrent ACS (within 1 year) despite LDL-C	
Very High Risk	1. Established ASCVD 2. Diabetes with 2 Familial Homozygous Hypercholesterolemi	major risk factors or evidence of end organ damage 3. a	
High Risk	organ damage. 3. CKD stage 3B or 4. 4. L	abetes with 1 major risk factor or no evidence of end DL >190 mg/dl 5. Extreme of a single risk factor. 6. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid	
Moderate Risk	2 major ASCVD risk factors		
Low Risk	0-1 major ASCVD risk factors		
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk Fa	actors	
1. Age $>$ or $=$ 45 year	e > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use		
2. Family history of p	premature ASCVD 4. High blood pressure		
5. Low HDL			

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" td=""><td>>OR = 50</td><td>>OR = 80</td></or>	>OR = 50	>OR = 80
Extreme Risk Group Category B	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>> 30</td><td>>60</td></or></td></or>	<or 60<="" =="" td=""><td>> 30</td><td>>60</td></or>	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR=100

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BABU K MATHEW HOD -BIOCHEMISTRY

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PATIENT NAME : MR SANAL KUMAR S	REF. DOCTOR :	SELF
CODE/NAME & ADDRESS : CA00010147 -	ACCESSION NO : 4182WA014448	AGE/SEX : 39 Years Male
	PATIENT ID : MRSAM3101844182	DRAWN :
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI,	CLIENT PATIENT ID:	RECEIVED : 31/01/2023 09:00:54
SOUTH DELHI 110030	ABHA NO :	REPORTED :01/02/2023 12:06:33
8800465156		

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Results

Units

Moderate Risk	<100	<130	>OR=100	>OR=130	
Low Risk	<100	<130	>OR=130*	>OR=160	

*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

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CODE/NAME & ADDRESS : CA00010147 -	ACCESSION NO : 4182WA014448	AGE/SEX : 39 Years Male
	PATIENT ID : MRSAM3101844182	DRAWN :
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Test Report Status <u>Preliminary</u>	Results	Units

	SPECIALISED CHEMISTRY -	HORMONE	
MEDIWHEEL HEALTH CHEKUP BELO	<u>V 40(M)TMT</u>		
THYROID PANEL, SERUM			
Т3	99.15	80 - 200	ng/dL
Τ4	6.51	5.1 - 14.1	µg/dl
TSH 3RD GENERATION	1.580	21-50 yrs : 0.4 - 4.2	µIU/mL
Interpretation(s)			

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions	
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)	
					Post Thyroidectomy (4) Post Radio-Iodine treatment	
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid	
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto	
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinica	
					inflammation, drugs like amphetamines, Iodine containing drug and	
					dopamine antagonist e.g. domperidone and other physiological reasons.	
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism	
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre	
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid	
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4	
-					replacement therapy (7) First trimester of Pregnancy	
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism	
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor	
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent	
					treatment for Hyperthyroidism	
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness	
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies	

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association duriing pregnancy and Postpartum, 2011.

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BABU K MATHEW

HOD -BIOCHEMISTRY

litha Jadar

DR. ASTHA YADAV, MD Biochemistry (Reg No - DMC/R/20690) CONSULTANT BIOCHEMIST

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PATIENT NAME : MR SANAL KUMAR S	REF. DOCTOR : S	SELF
CODE/NAME & ADDRESS : CA00010147 -	ACCESSION NO : 4182WA014448	AGE/SEX : 39 Years Male
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NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4. TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

Bellunaum

BABU K MATHEW HOD -BIOCHEMISTRY

Artha Jadar

DR. ASTHA YADAV, MD Biochemistry (Reg No - DMC/R/20690) CONSULTANT BIOCHEMIST

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CODE/NAME & ADDRESS : CA00010147 -ACCESSION NO : 4182WA014448AGE/SEX : 39 YearsMaleMEDIWHEEL ARCOFEMI HEALTHCARE LIMITEDPATIENT ID: MRSAM3101844182DRAWN:F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,PATIENT ID: MRSAM3101844182DRAWN:	
DELHI, CLIENT PATIENT ID: RECEIVED : 31/01/2023 09:00 SOUTH DELHI 110030 ABHA NO : REPORTED :01/02/2023 12:06 8800465156 Image: Source of the second se	

Test Report Status Preliminary

Results

Units

<u>M)TMT</u>		
YELLOWISH		
CLEAR		
5.0	4.7 - 7.5	
1.020	1.003 - 1.035	
NEGATIVE	NOT DETECTED	
NOT DETECTED	NOT DETECTED	
NORMAL	NORMAL	
NEGATIVE	NOT DETECTED	
NOT DETECTED	NOT DETECTED	/HPF
0-1	0-5	/HPF
0-1	0-5	/HPF
NEGATIVE		
NEGATIVE		
NIL		
	YELLOWISH CLEAR 5.0 1.020 NEGATIVE NEGATIVE NEGATIVE NOT DETECTED NORMAL NEGATIVE NOT DETECTED 0-1 0-1 NEGATIVE NEGATIVE NEGATIVE	YELLOWISH CLEAR 5.0 4.7 - 7.5 1.020 1.003 - 1.035 NEGATIVE NOT DETECTED NEGATIVE NOT DETECTED NEGATIVE NOT DETECTED NOT DETECTED NOT DETECTED NORMAL NORMAL NEGATIVE NOT DETECTED O-1 0-5 O-1 0-5 NEGATIVE NEGATIVE

METHOD : AUTOMATED ANALYSER, MICROSCOPY

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease

Naishal

DR.VAISHALI RAJAN, MBBS DCP (Pathology) (Reg No - TCC 27150) HOD - HAEMATOLOGY

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Test Report Status **Preliminary** Results

Units

Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

Naishal

DR.VAISHALI RAJAN, MBBS DCP (Pathology) (Reg No - TCC 27150) HOD - HAEMATOLOGY

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PATIENT NAME : MR SANAL KUMAR S	REF. DOCTOR :	SELF
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	PATIENT ID : MRSAM3101844182	DRAWN :
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8800465156		
Test Report Status <u>Preliminary</u>	Results	Units

,	
CLINICAL F	PATH - STOOL ANALYSIS
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT	RESULT PENDING
PHYSICAL EXAMINATION, STOOL	RESULT PENDING
CHEMICAL EXAMINATION, STOOL	RESULT PENDING
MICROSCOPIC EXAMINATION, STOOL	RESULT PENDING





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Ahalia Foundation (Eye Hospital

Rv's Arcade, Near Ulloor Bridge, Medical College (P.O), Thiruvananthapuram 695011 ph: 0471-2449970, 71, 9496396702 E-mail: tvm@afeh.org www.afeh.org

Thiruvananthapuram

31-01-2023

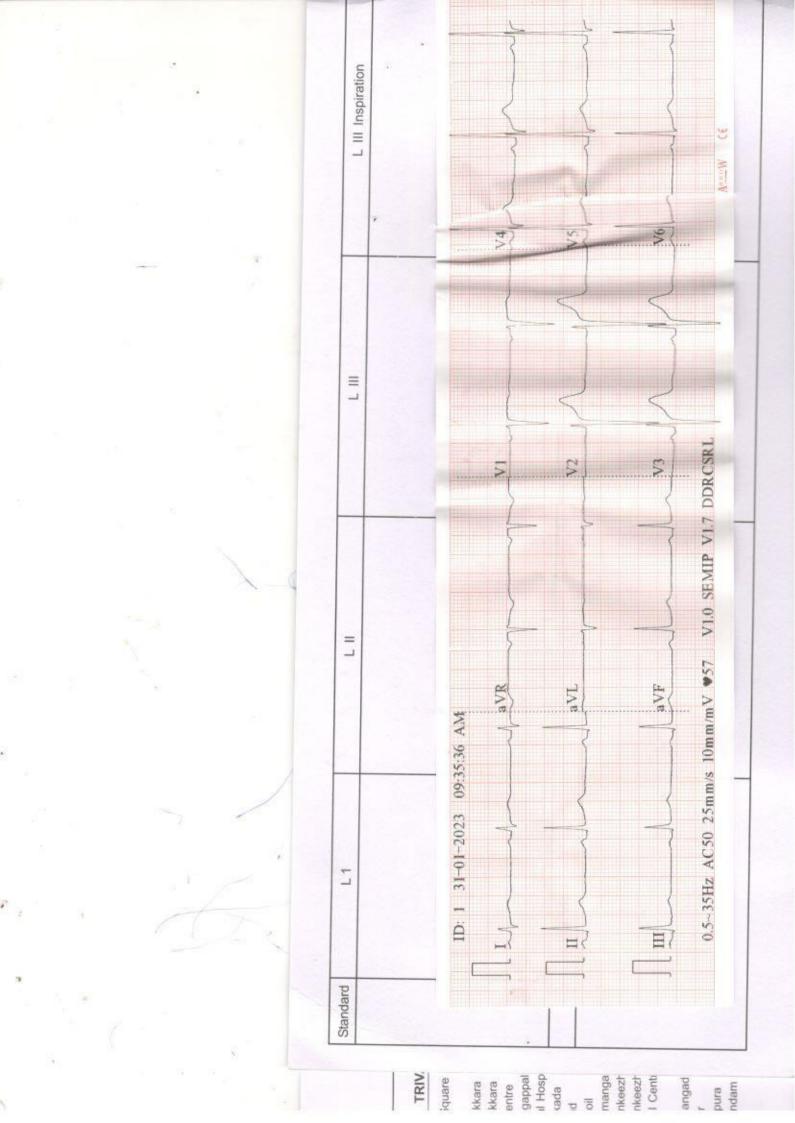
MEDICAL REPORT

Reg. No: 44013 TCMC Consultant\Ophthalmologist

Ahalia Foundation Eye Hospital









MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

Mr./Mrs./Ms. Stand Cum of S (Mole/Scar/any other (specify location)): 99/m Gender: F/M (Passport/Election Card/PAN Card/Driving Licence/Company ID)
1

a. Height	b. WeightK. (Kgs)	c. Girth of Al	odomen
d. Pulse Rate (/Min)	e. Blood Pressure:	Systolic	Diastolic
	1" Reading	120	08
	2 nd Reading	NA HIS AUGUERT TH	the on spinst for used

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	Contraction of the second		4
Mother			
Brother(s)	and		
Sister(s)	21 L.	and when a second	OUTDOM REVIE & MEDICA28. FIT of LIN

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol	mast
bane spinteril out the common spice to a	a alter encoderation and	· source that I have examined the	. in

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details.
- b. Have you undergone/been advised any surgical procedure?

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System?
- · Any disorders of Respiratory system?
- Any Cardiac or Circulatory Disorders?
- · Enlarged glands or any form of Cancer/Tumour?
- Any Musculoskeletal disorder?

- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital?
- d. Have you lost or gained weight in past 12 months?/ Y/N
- Any disorder of Gastrointestinal System?
- Unexplained recurrent or persistent fever, and/or weight loss
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports
- Are you presently taking medication of any kind?/

DDRC SRL Diagnostics Private Limited

YDN

YDX

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Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 231822, web: www.ddrcsrl.com

CIN : U85190MH2006PTC161480 (Refer to " CONDITIONS OF REPORTING " Overleaf) Any disorders of Urinary System?

FOR FEMALE CANDIDATES ONLY

- a. Is there any history of diseases of breast/genital organs? Y/N
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)
 Y/N
- c. Do you suspect any disease of Uterus, Cervix or ' Ovaries? Y/N

CONFIDENTAIL COMMENTS FROM MEDICAL EXAMINER

- > Was the examinee co-operative?
- Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to his/her job?
- > Are there any points on which you suggest further information be obtained?
- Based on your clinical impression, please provide your suggestions and recommendations below;

> Do you think he/she is MEDICALLY FIT or UNFIT for e ployment.

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above adividual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner

Seal of Medical Examiner

Name & Seal of DDRC SRL Branch

Date & Time

DDRC SRL Diagnostics Private Limited

3101 2025

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Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

- Any disorder of the Eyes, Ears Nose, Throat or Mouth & Skin
- d. Do you have any history of miscarriage/ abortion or MTP
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

YAN

f. Are you now pregnant? If yes, how many months? Y/N

Dr. SERIN LOPEZ, MBBS MSJICAL OFFICER DDRC SRL Diagnostics Ltd.

Aster Square, Medical College P.O. Reg. No. 17656



NAME : MR SANAL KUMAR S

AGE:39/M

DATE:31/01/2023

CHEST X-RAY REPORT

CHEST X-RAY PA VIEW

: Trachea central No cardiomegaly Normal vascularity No parenchymal lesion. Costophrenic and cardiophrenic angles clear

IMPRESSION

: Normal Chest Xray

ELECTRO CARDIOGRAM

NSR:68/minute No evidence of ischaemia.

IMPRESSION

: Normal Ecg.

NED CALCOLLEGE

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DR SERIN-LOPEZ. MBBS MEDICAL OFFICER DDRC SRL Diagnostics Ltd. Aster Square, Medical College P.O., TVM Reg. No. 77656

DR SERIN LOPEZ MBBS Reg No 77656 DDRC SRL DIAGNOSTICS LTD

Company name: BOB

Diagnostic Services RADIOLOGY DIVISION

Acc no:4182WA014448	Name:Mr. Sanal Kumar S	Age: 39 y	Sex: Male	Date: 31.01.23	
	US SCAN WHO				1
LIVER is normal in s	size (13.6 cm). Margins are r	egular. Hepa	tic parenchy	ma shows increas	ed
echogenicity. No foo	al lesions seen. No dilatation	of intrahepati	c biliary radicle	es. CBD is not dilate	he
Portal vein is normal i	n caliber (11.4 mm).		5	in the not dilute	·u.
GALL BLADDER is o	listended and lumen clear. No	calculi / poly	p noted. Wall t	hickness is normal t	No
pericholecystic fluid se	een.	1 71		noncess is normal.	10
SPLEEN is normal in	size (11.3 cm) and parenchym	al echotextur	e No focal les	ion soon	
PANCREAS Head an	d part of body visualized, appe	ears normal in	size and nam		
Pancreatic duct is not	dilated.	are norman	i size and pare	encrymai echotextu	re.
RIGHT KIDNEY is no	ormal in size (10.6 x 4.1 cm) and shows	normal para	a shumal and a state	
Cortico medullary diff	erentiation is maintained. Pa	renchymal t	hicknoss is a	icriymal echotextur	e.
focus with shadowing	suggestive of renal calculi se	en No dilot	nickness is no	ormal. No echogen	iC
Ureter is not dilated. P	erinephric spaces are normal.	in no ullata	ation of pelvic	alyceal system seer	1 .
	al in size (10.7 x 4.4 cm) and	abour a series			
medullary differentiation	in is maintained. Paranahuma	snows norma	ll parenchyma	echotexture. Cortic	0
shadowing overesting	n is maintained. Parenchyma	i thickness is	s normal. No e	echogenic focus wit	h

shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

PARAAORTIC AREA (upper part visualised) No retroperitoneal lymphadenopathy or mass seen. URINARY BLADDER is partially distended, normal in wall thickness, lumen clear.

PROSTATE is normal in size (vol - 12.3 cc) Parenchymal calcification noted.

No ascites or pleural effusion.

CONCLUSION:-

Grade II / III fatty liver - Suggest LFT correlation. Þ

Dr. Misha Unni MD , DNB (RD) Consultant radiologist.

Thanks, your feedback will be appreciated.

Please bring relevant investigation reports during all visits).

ecause of technical and technological limitations complete accuracy cannot be assured on imaging.

uggested correlation with clinical findings and other relevant investigations consultations , and if required repeat naging recommended in the event of controversities.

(For appointments please contact 9496005190 between 9 am - 5.30 pm).

DDRC SR L Diagnostics Private Limited

Aster Square, Medical College P.O., Trivandrum - 695 011. Ph: 0471 - 2551125. e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam, Kerala - 682 036. Web: www.ddrcsrl.com















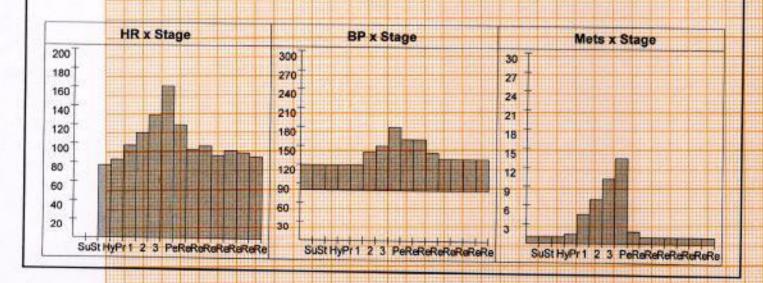
Page 1 of 1

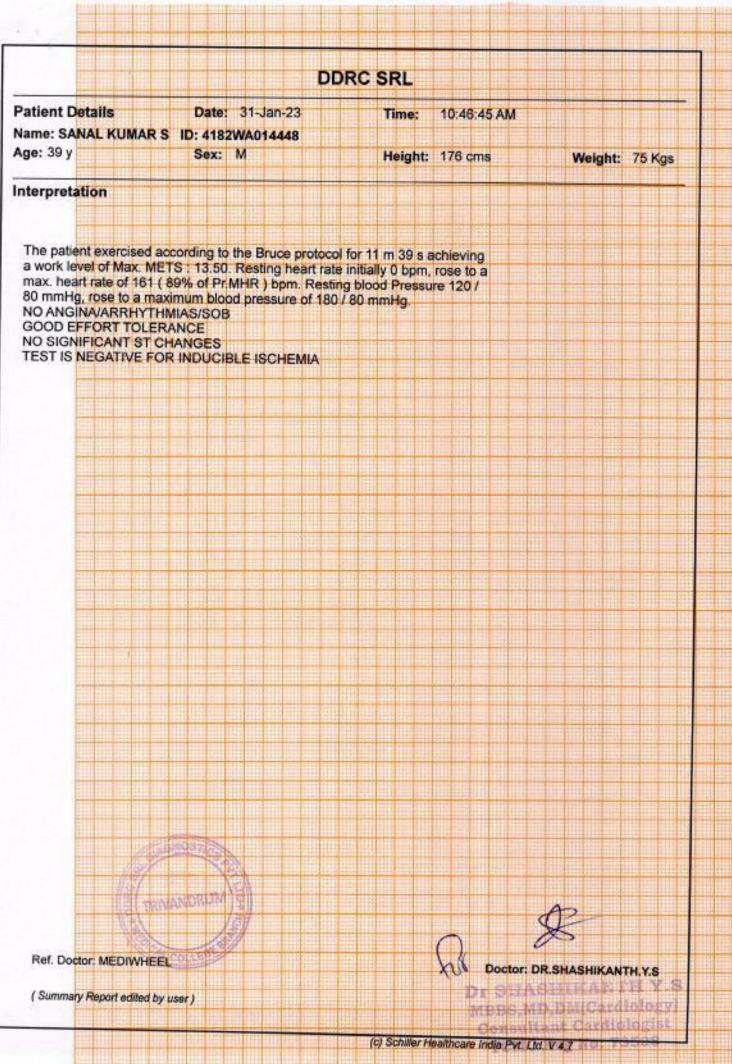
	D	DRC SRL	
Patient Details	Date: 31-Jan-23	Time: 10:46:45 AM	
Name: SANAL KUMAR	the sealer open coups again fried fable state than to		
Age: 39 y	Sex: M	Height: 176 cms	Weight: 75 Kgs
Clinical History: NIL			
Medications: NIL			
Test Details			

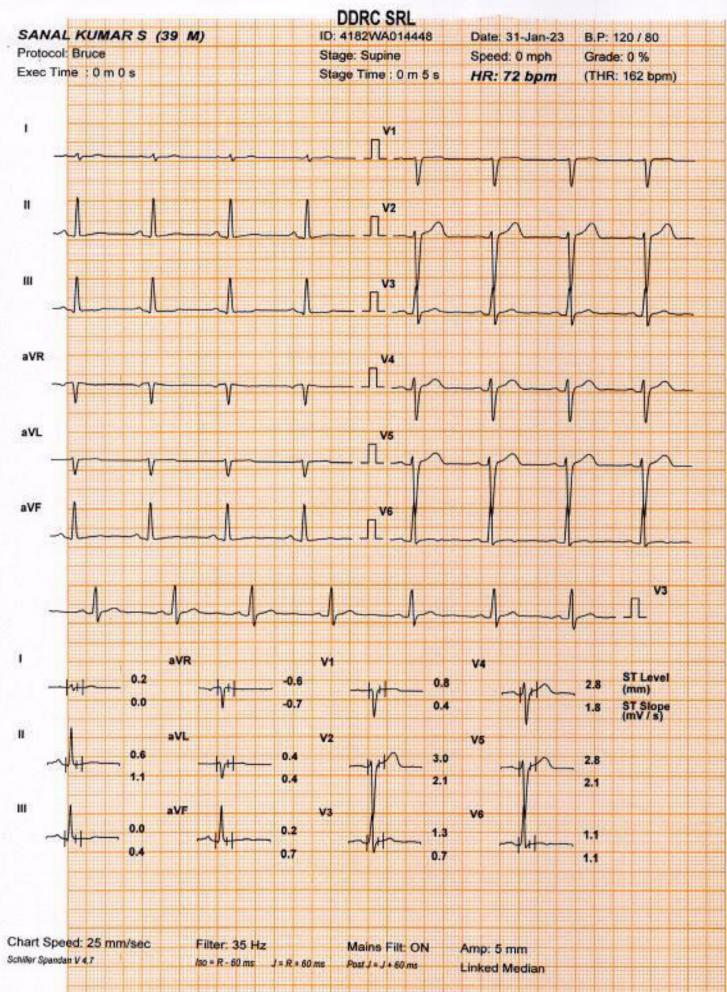
Protocol: Bruce	Pr.MHR: 181 bpm	THR: 162 (90 % of Pr.MHR) bpm
Total Exec. Time: 11 m 39 s	Max. HR: 161 (89% of Pr.MHR)bpm	Max. Mets: 13.50
Max. BP: 180 / 80 mmHg	Max. BP x HR: 28980 mmHg/min	Min. BP x HR: 6160 mmHg/min
Test Termination Criteria: THR	ATTAINED	

Protocol Details

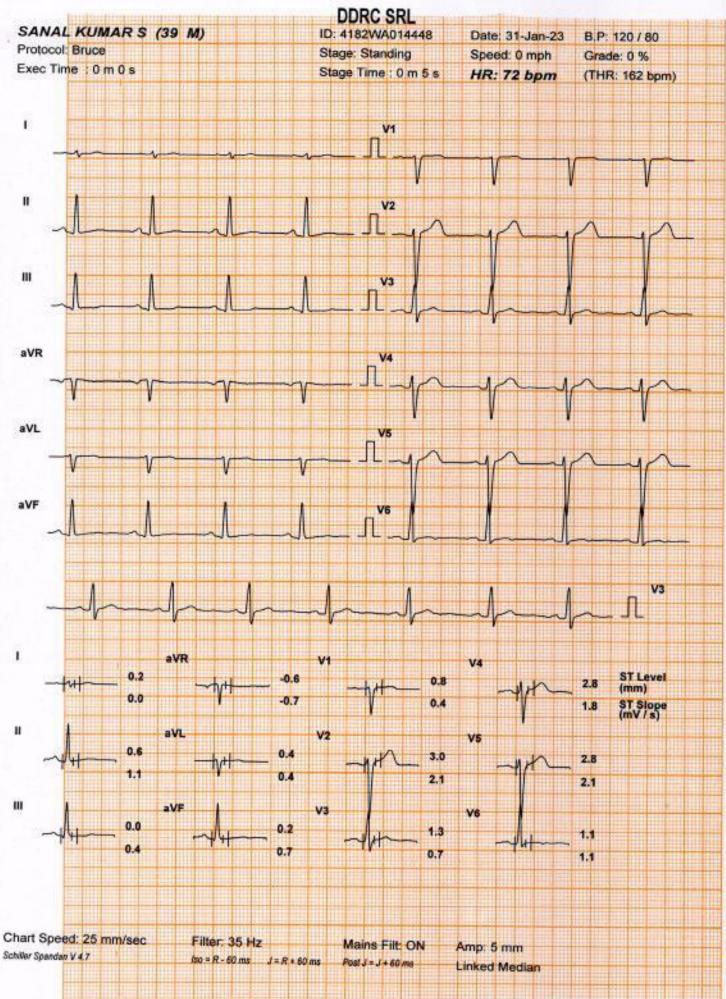
Stage Name	Stage Time	Mets	Speed	Grade	Heart	Max. BP	Max. ST	Max. ST
	(min : sec)	(mph)	(%)	Rate (bpm)	(mm/Hg)	Level (mm)	Slope (mV/s)	
Supine	0:11	1.0	0	0	0	120/80	0.001	0.00 11
Standing	0:0	1.0	0	0	0	120/80	0.001	0.00 11
Hyperventilation	0:16	1.0	0	0	77	120/80	-0.64 aVR	2.48 V5
1	3:0	4.6	1.7	10	98	120/80	-0.85 aVR	3.18 V5
2	3:0	7.0	2.5	12	111	140/80	-1.49	3,54 V5
3	3:0	10.2	3.4	14	130	150/80	-1.70 111	4.95 V4
Peak Ex	2:39	13.5	4.2	16	161	180/80	-2.97 V1	5.66 V2
Recovery(1)	1:0	1.8	1	0	120	160/80	-2.97 aVR	5.66 V6
Recovery(2)	1:0	1.0	0	0	94	160/80	-1.70 aVR	5.66 V2
Recovery(3)	1:0	1.0	0	0	98	140/80	-0.64 aVR	4.95 V5
Recovery(4)	1:0	1.0	0	0	88	130/80	-0.64 III	3.18 V5
Recovery(5)	1:0	1.0	0	0	93	130/80	-1.06	2.48 V5
Recovery(6)	1:0	1.0	0	0	91	130/80	-0.85 III	2.48 V5
Recovery(7)	0:36	1.0	0	0	87	130/80	-1.49 III	3.18 V2

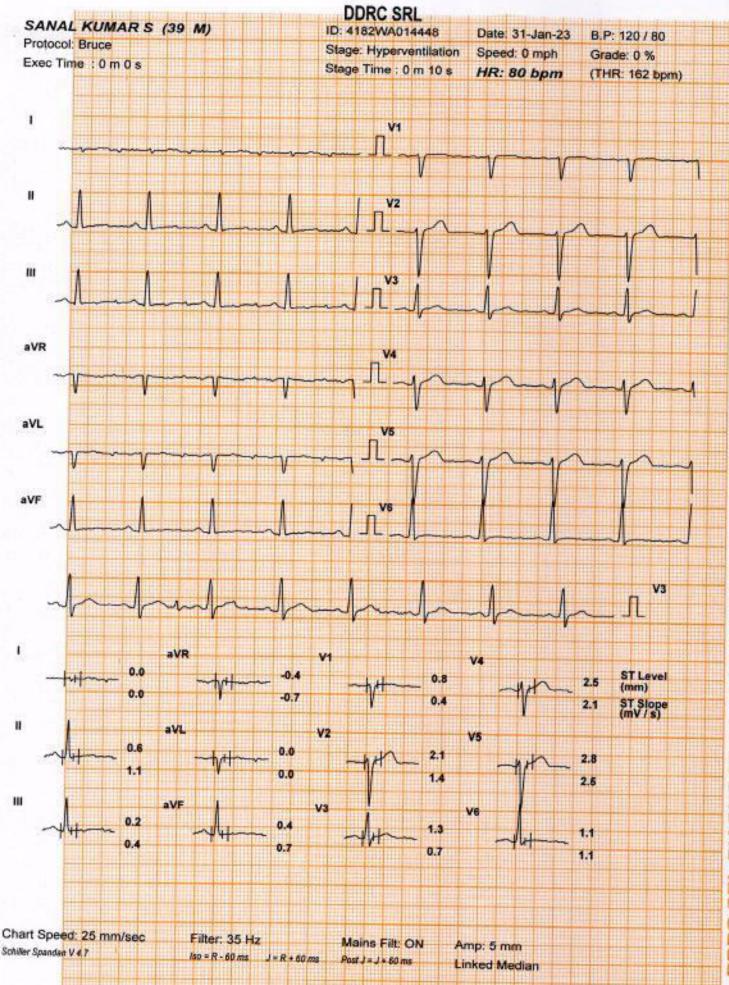


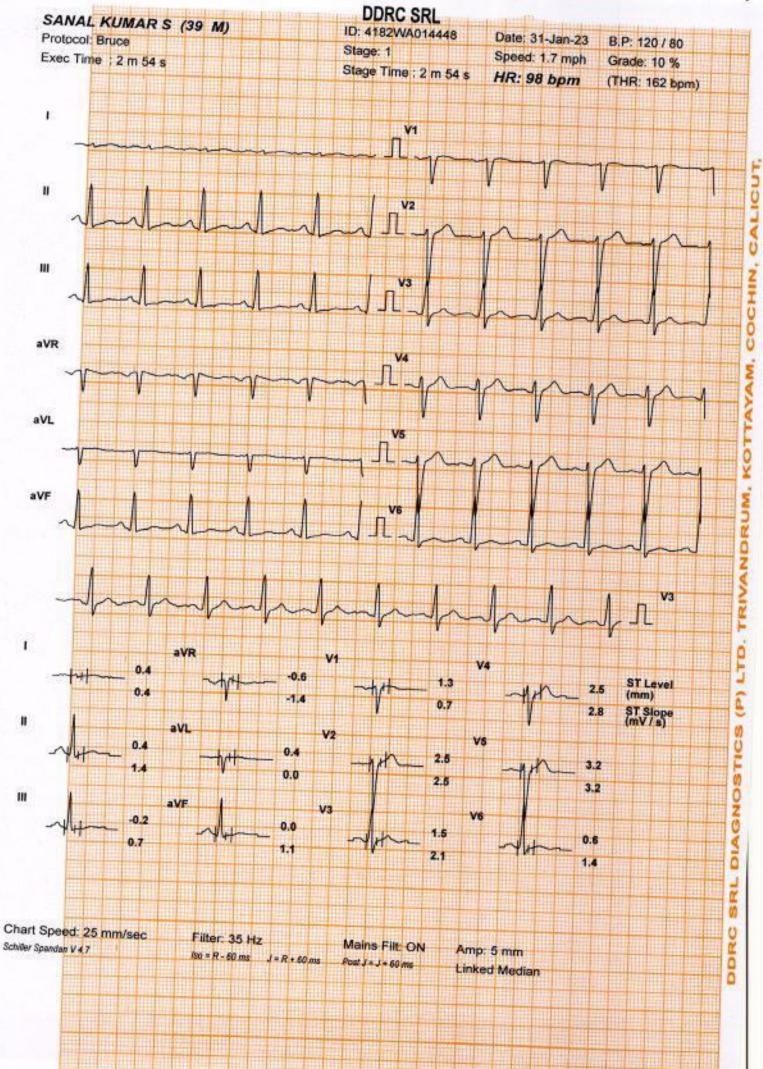




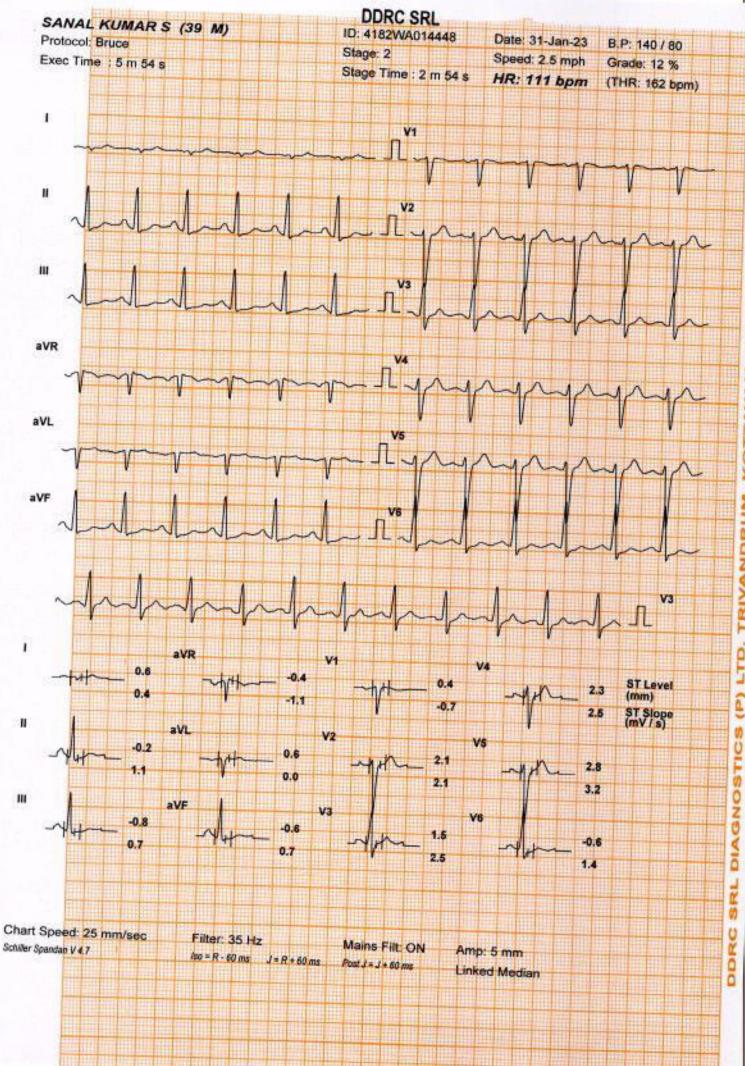
SRL DIAGNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT, DDRC



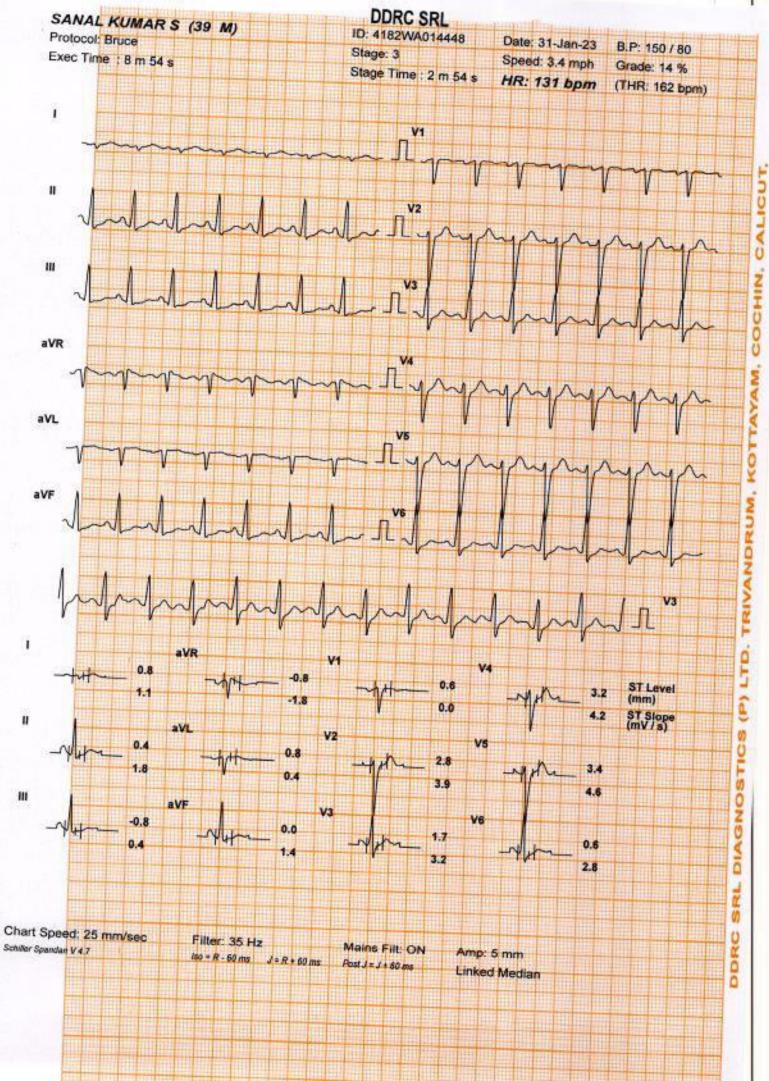


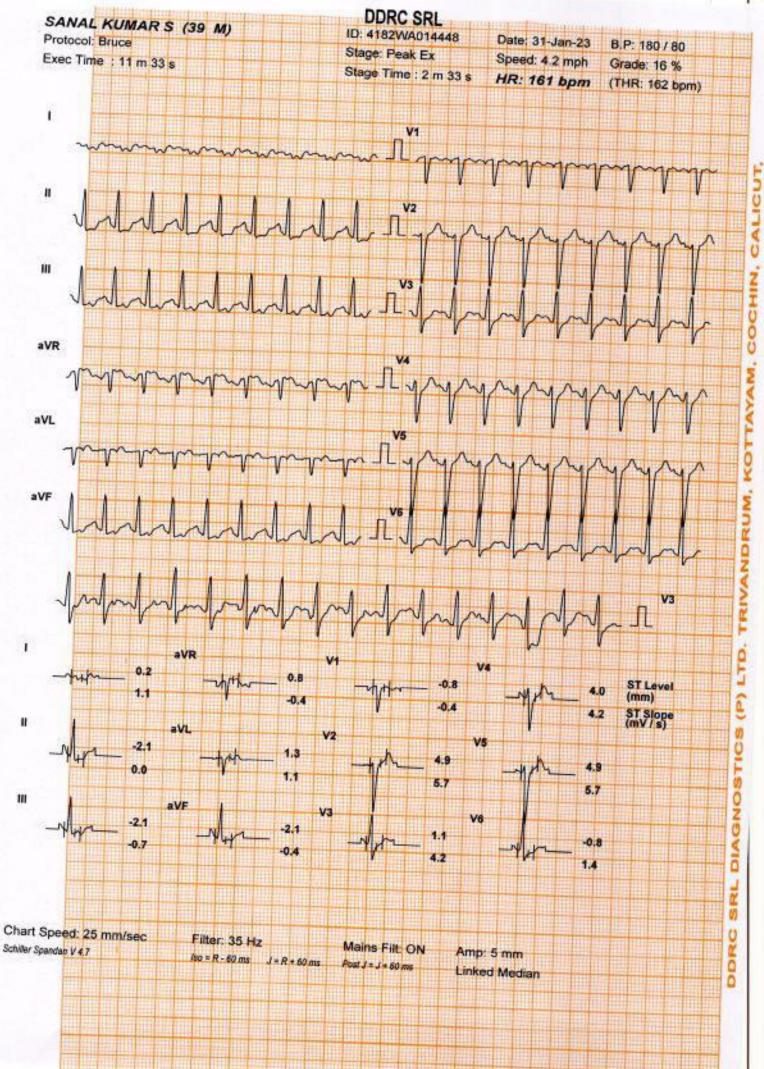


KOTTAYAM

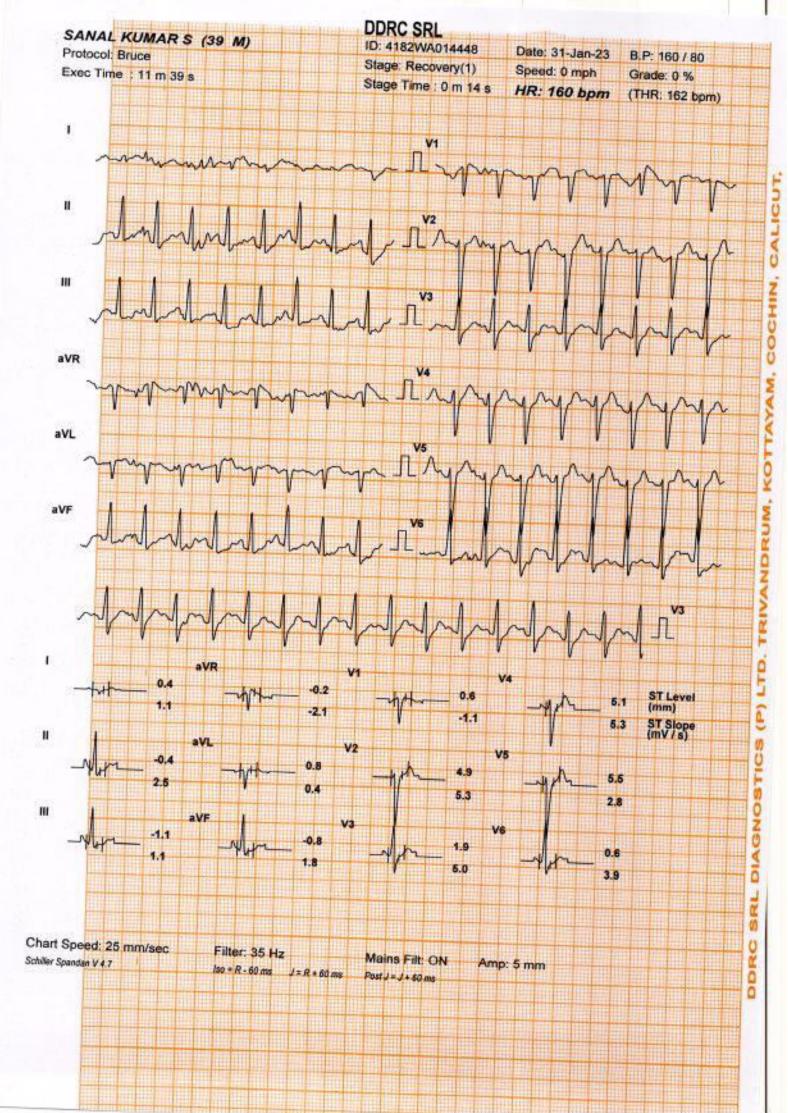


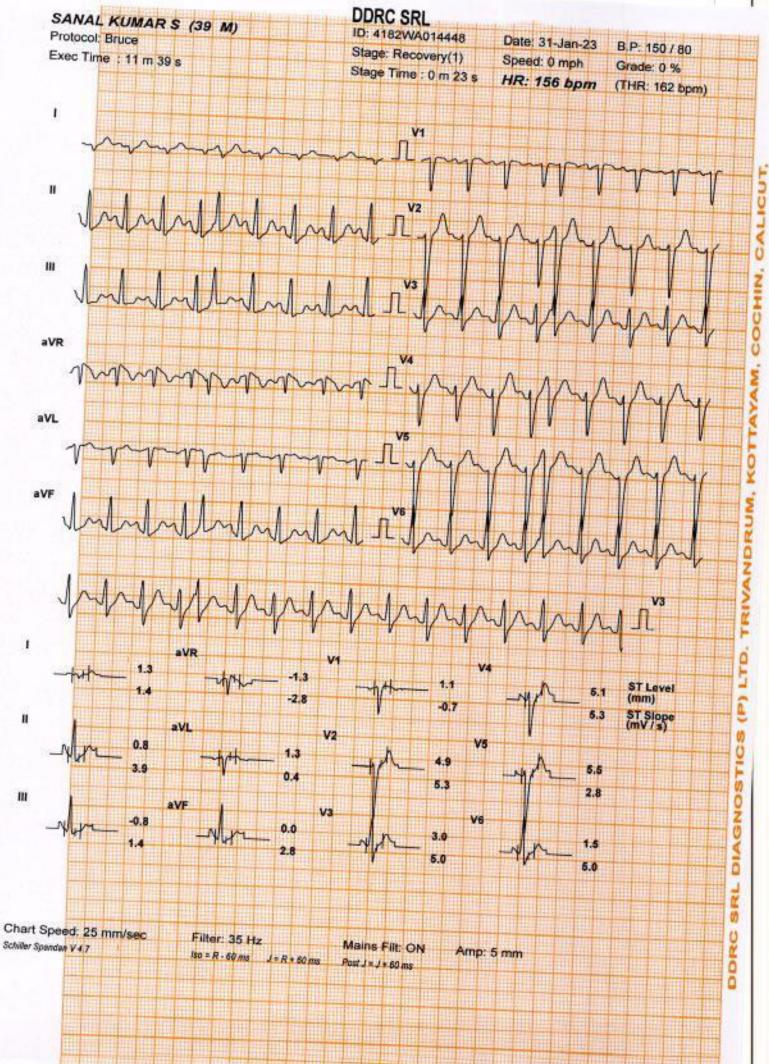
COCHIN, CALICUT, KOTTAYAM z 5 TRIVANDR (P) LTD.

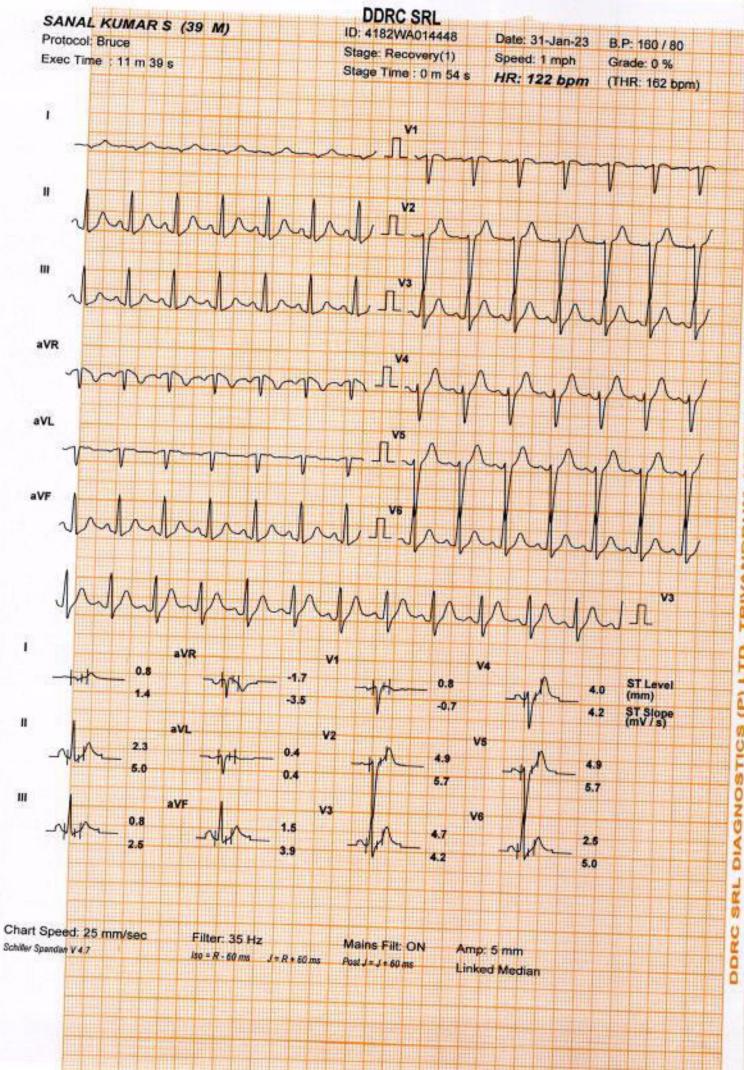




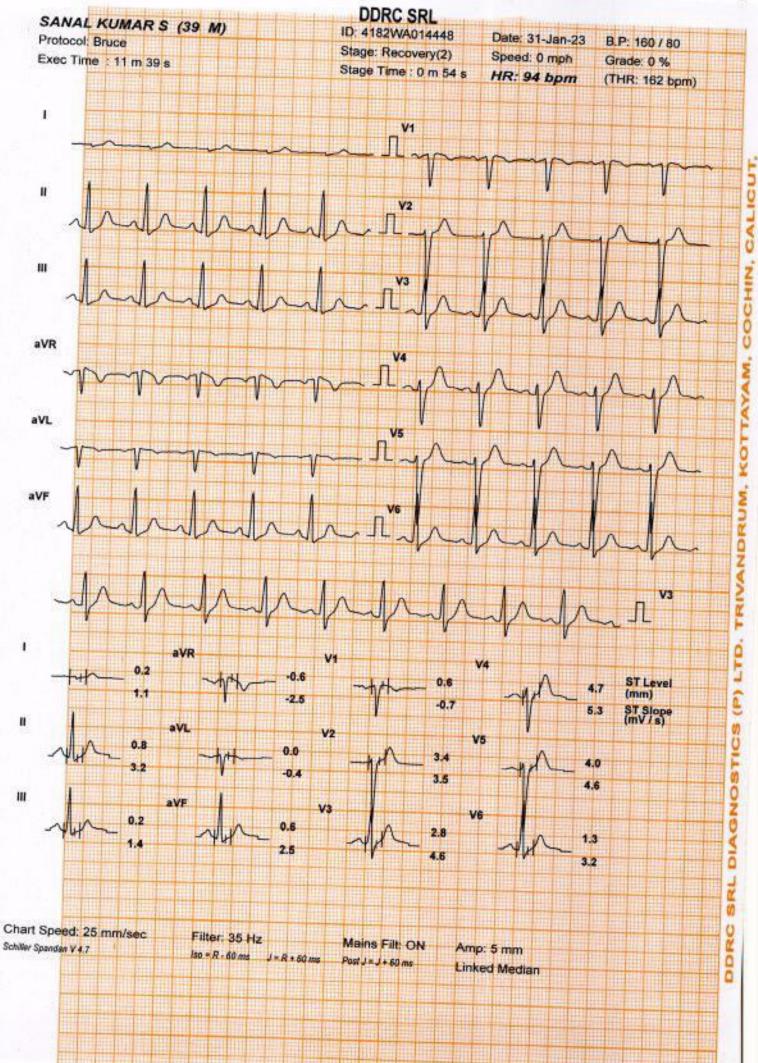
COCHIN,





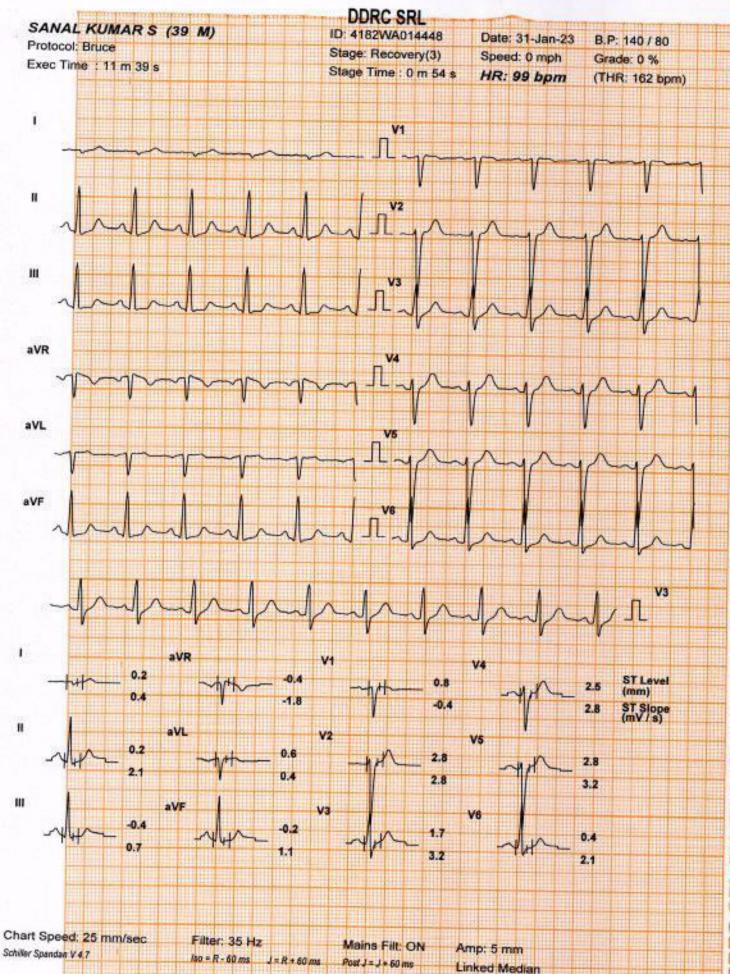


COCHIN, CALIGUT, AVAM. 0 Ľ -٥ 4 SOL I

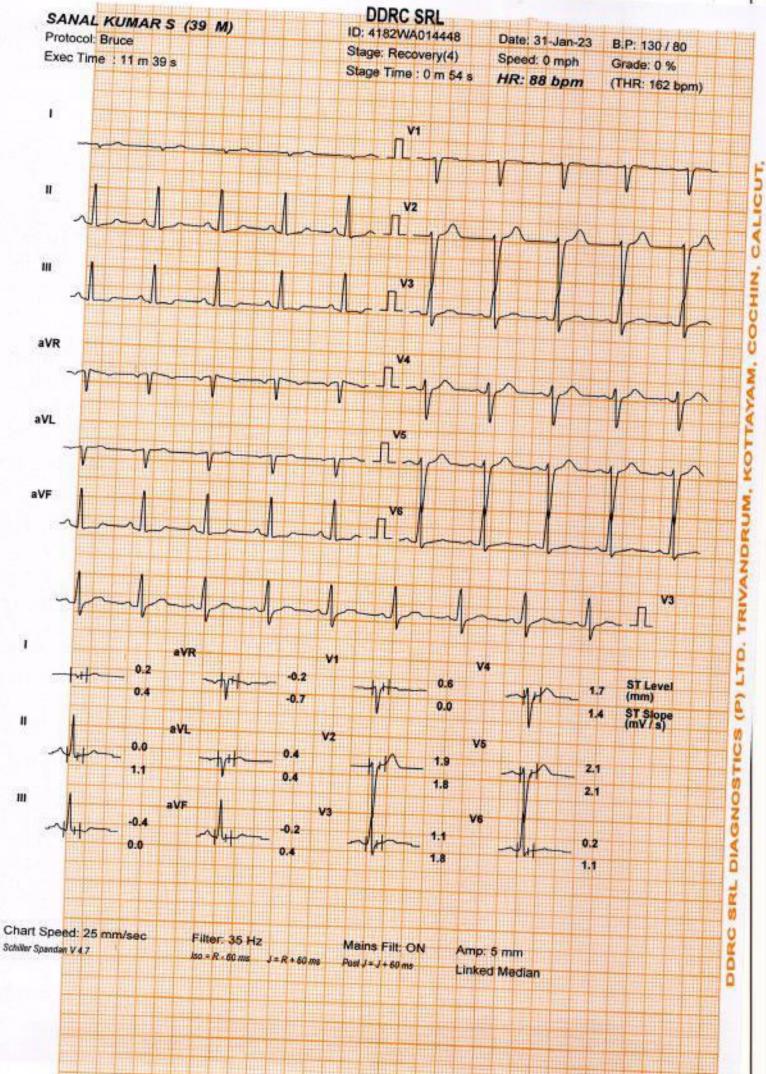


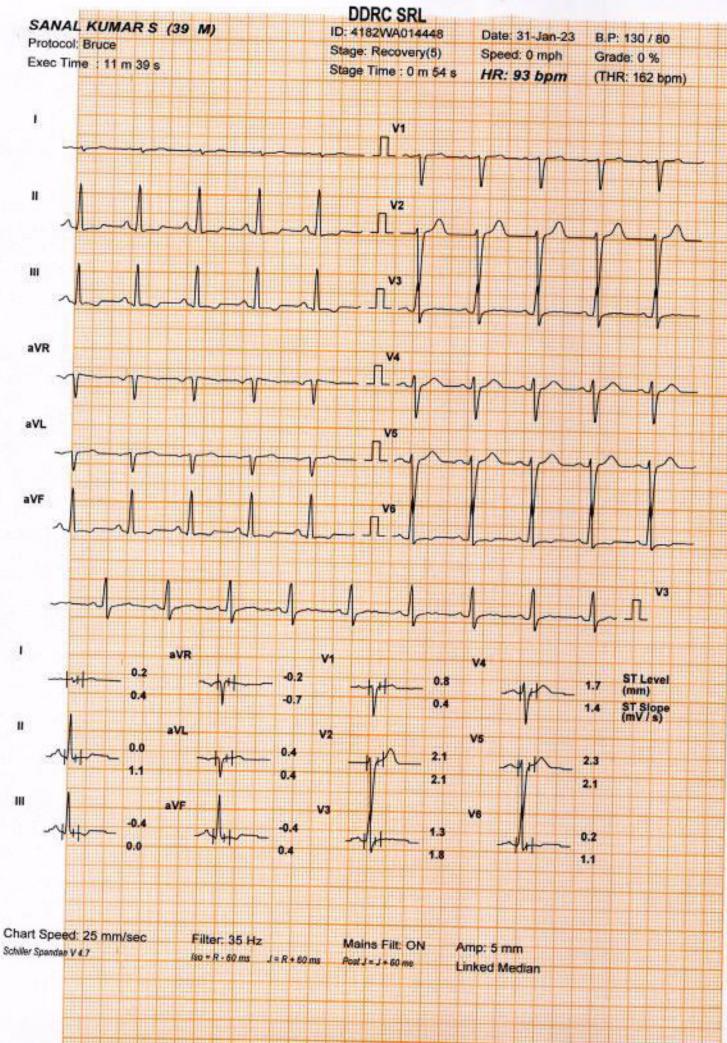
Q

COCHIN, Z



TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT, DIAGNOSTICS (P) LTD. SRL DDRC





COCHIN, CALICUT GNOSTICS (P) LTD. TRIVANDRUM, KOTTAYAM, N O SRL DDRC

